

KNOW THYSELF FOUNDATION LTD

England & Wales · Charity number 1173075

Details

Status Registered

Legal form Charitable company

Company number [09802714](#)

Registered 2017-05-17

Register [View on the Charity Commission register](#)

Contact

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Website <https://www.knowthyself.foundation/>

Activities

Objects: THE ADVANCEMENT OF EDUCATION, BOTH WITHIN THE UK AND OVERSEAS, IN THE ART AND SCIENCE OF MEDITATION IN ACCORDANCE WITH THE TEACHINGS OF SWAMI PARAMANANDA BY THE PROVISION OF TRAINING COURSES, CONFERENCES, SEMINARS AND THE DISTRIBUTION OF RELATED INFORMATION.

Activities: The advancement of education in the art and science of meditation in accordance with the teachings of Swami Paramananda by the provision of training courses, conferences, seminars and the distribution of related information.

Classification

- **How:** Provides Advocacy/advice/information
- **What:** Education/training
- **Who:** The General Public/mankind

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2024-09-30	£2,736	£5,281	-	-
2023-09-30	£3,235	£5,699	-	-
2022-09-30	£2,703	£2,173	-	-
2021-09-30	£7,110	£1,541	-	-
2020-09-30	£5,808	£3,084	-	-

Trustees

Name	Role	Appointed
ASHWIN LUXIMON		2016-06-29
SAMANTA SEETHARAMDOO		2015-09-30
SHERANDA SEETHARAMDOO		2015-11-08