

**Hey Kids Type One Diabetes Children and Family Support Group**

**Accounts**  
**1st April 2024 - 31st March 2025**

**Hey Kids Profit and Loss**  
**1st April 2024 - 31st March 2025**

Starting Balance on Account as of 1/4/2024: £15,172

**Income**

- Donations and Legacies: £119
- Fundraising: £1280
- Other Trading activities: £46

**Total Income: £1445**

**Charitable Spend**

- Charity Activities: £3258
- Venue Hire for Regular Meet Ups: £0
- Governance costs(accounts): £360
- Admin/Insurance: £441

**Total Expenditure: £4059**

Cash Funds as of 31/3/2025: £12558

# **Trustees Report 2024-2025**

## **HEY Kids Type One Diabetes Children and Family Support Group - Trustees Report By Rachel Cook (Treasurer)**

### **Objectives**

This Charity has been set-up and run by Parents and Carers of Children with Type 1 Diabetes, to offer support, advice and friendship to families affected. All Trustees are volunteers who have a child with Type 1 Diabetes, who give their time freely. They benefit from the charity on the same basis as a non-Trustee member. We hold monthly support meetings and events for members and regularly ask if any of the members would like to be a Trustee to help run the group. The Trustees would also consider applications from non-members if they have a strong interest in supporting the charity or the condition (such as a medical professional) and can bring a new skill as a trustee.

Of the Trustees, some Trustees have no specific job role and will volunteer to carry out duties, some Trustees have specific roles: Chair, Vice Chairs, Secretary, Treasurer and Safeguarding Officers.

The Charity's objectives are to relieve the needs of children and young adults who suffer from type 1 diabetes living in Kingston upon Hull and East Riding of Yorkshire by:

- (a) providing support for children, young adults, parents, families, carers and friends of children with type 1 diabetes.
- (b) raising awareness and providing education about type 1 diabetes in the public eye.
- (c) assisting research into both a cure for and improving treatment of type 1 diabetes both financially and empirically.
- (d) providing support to and assist the medical profession.
- (e) working with other charities involved with type 1 diabetes.

### **Public Benefit:**

The below achievements detail how we have carried out our charitable purposes for the public benefit. The Trustees have complied with their duty to have due regard to the commission's public benefit guidance where this is relevant and continued to provide events of similar nature to the previous period to ensure the services offered achieve its purposes.

### **Achievements:**

With support from the hospital diabetes team, we have asked families with a child with Type 1 Diabetes to become members of our group to meet with other families experiencing the same challenges of managing the condition. Membership is open to the families until their child is twenty five as many young adults require support from their families to manage their condition. Over fifty families are currently members. We are regularly gaining new, newly diagnosed families but continue to connect with families who have been diagnosed for some time. As children age and develop, the support they need changes regularly with different difficulties being encountered along the way both for the type one children and their families too. Our web-site and social media channels are regularly updated to encourage more members to join and so that supporters of the charity can see details of recent and upcoming activities.

Support meetings are currently held monthly. We alternate between holding the support meeting at David Lloyd Gym and running an organised activity with the families.

The regular support meeting at the gym involves the children doing organised sports activities with the DL staff whilst the parents meet to support each other, discuss a relevant topic, listen to a guest speaker relating to living with or managing the treatment of Type 1 Diabetes.

Awareness, fundraising and activity events are held throughout the year. We provide a variety of events to appeal to our wide range of members to make sure there is something for everybody to get involved with. Children seeing other children living successfully with Type 1 Diabetes is really important and encouraging for them and their families. We have continued to gain newly diagnosed families throughout the year.

**Our activities over this year have included:**

- Christmas Party at Little Haven Farm, a community farm which is run by one of our families followed by a buffet at the pub.
- A cinema trip where we hired out a whole cinema screen to watch Paddington in Peru.
- Easter Egg Hunt at Little Haven Farm
- Summer BBQ and Car Treasure Hunt
- Go Karting and Mini Golf

**Awareness & working with other charities:**

Although we have not run any big awareness events this year, families have been encouraged to support the work of other diabetes charities online such as Diabetes UK and JDRF with various initiatives that pop up throughout the year.

Some of our group members got involved with the Diabetes Online Camp provided by Over the Wall Camp which involved a weekend of fun activities to complete at home as a family whilst online with other type one families.

Our web-site is in the process of being updated to promote the group, awareness of the condition and useful information for the families.

The diabetes clinic at the local hospital is also being a lot more proactive in promoting the group to families of newly diagnosed children.

**Supporting the Medical Profession:**

Having guest speakers at our meetings improves the knowledge of families to manage Type 1 Diabetes and we hope to get more of these in the diary for next year. Several of our group members are in frequent communication with the diabetes nurses to keep communication open between the charity and the team and to enable us to support newly diagnosed families.

**Fundraising:**

In June 2024 we carried out a Clay Pigeon Shoot fundraiser in memory of Paul Peacock.

Investments: Grants received in advance, donations and any other surplus funds that may be available are invested in the charities Barclays bank account.

We often receive Gifts from Paypal Giving.

We received several kind donations throughout the year to which we are very grateful of.

**Reserves:**

The Trustees have established the level of reserves that the Charity should have in order to continue operating for another year is a minimum of £2000. This does not allow funding for any additional activity events, but would ensure the group could run support meetings, therefore it is

desirable to have more funds held so that funded activity events can be organised for the following year.

**Forward Planning for 2025-2026:**

Future events planned for the coming year, chosen based on popularity of previous events and requests from members, additional events aimed to engage older children/young adults:

- Easter Baking with Cook Stars
- BBQ and Car Treasure Hunt
- Cinema Afternoon
- Clay Pigeon Shoot Fundraiser
- Educational Farm visit to the Milk Well for yummy milkshakes and look behind the scenes.
- Halloween Horse Riding
- Christmas Baking Party

We always try and plan to get one of the diabetes nurses in at least once a year to visit the group to help maintain the relationship between the diabetes team and the support group.

We are delighted that the charity continues to remain in a healthy position financially so we can continue to support the many families and young people on our records.



CHARITY COMMISSION  
FOR ENGLAND AND WALES

## Receipts and payments accounts

CC16a

For the period  
from

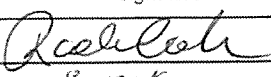
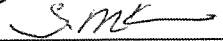
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### Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
Donations and Legacies	119	-	-	119	1,089
Fundraising	1,280	-	-	1,280	-
Other Trading Activities	46	-	-	46	-
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>1,445</b>	<b>-</b>	<b>-</b>	<b>1,445</b>	<b>1,089</b>
<b>A2 Asset and investment sales, (see table).</b>					
	- 0	- 0	- 0	-	-
	- 0	- 0	- 0	-	- 0
<b>Sub total</b>	<b>- 0</b>	<b>- 0</b>	<b>- 0</b>	<b>-</b>	<b>- 0</b>
<b>Total receipts</b>	<b>1,445</b>	<b>- 0</b>	<b>- 0</b>	<b>1,445</b>	<b>1,089</b>
<b>A3 Payments</b>					
Direct Charitable Expenditure	3,258	-	-	3,258	2,223
Governance Costs	360	-	-	360	720
Admin/Insurance	441	-	-	441	676
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
<b>Sub total</b>	<b>4,059</b>	<b>-</b>	<b>-</b>	<b>4,059</b>	<b>3,619</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	- 0	- 0	- 0	-	-
	- 0	- 0	- 0	-	-
<b>Sub total</b>	<b>- 0</b>	<b>- 0</b>	<b>- 0</b>	<b>-</b>	<b>- 0</b>
<b>Total payments</b>	<b>4,059</b>	<b>- 0</b>	<b>- 0</b>	<b>4,059</b>	<b>3,619</b>
<b>Net of receipts/(payments)</b>	<b>- 2,614</b>	<b>-</b>	<b>-</b>	<b>- 2,614</b>	<b>- 2,530</b>
<b>A5 Transfers between funds</b>	<b>- 0</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>15,172</b>	<b>-</b>	<b>-</b>	<b>15,172</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>12,558</b>	<b>-</b>	<b>-</b>	<b>12,558</b>	<b>- 2,530</b>

### Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
<b>B1 Cash funds</b>		-	-	-
		-	-	-

		-	-	-
	<b>Total cash funds</b>	-	-	-
	(agree balances with receipts and payments account(s))			
		<b>Unrestricted funds</b>	<b>Restricted funds</b>	<b>Endowment funds</b>
	<b>Details</b>	<b>to nearest £</b>	<b>to nearest £</b>	<b>to nearest £</b>
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
	<b>Details</b>	<b>Fund to which asset belongs</b>	<b>Cost (optional)</b>	<b>Current value (optional)</b>
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
	<b>Details</b>	<b>Fund to which asset belongs</b>	<b>Cost (optional)</b>	<b>Current value (optional)</b>
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
	<b>Details</b>	<b>Fund to which liability relates</b>	<b>Amount due (optional)</b>	<b>When due (optional)</b>
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		R. COOL	21/11/25	
		S. MCKEOWN	20/11/25	



Section A

Independent Examiner's Report

Report to the trustees/  
members of

Charity Name:

Hey Kids Type 1 Diabetes Children and Family Support Group

On accounts for the year  
ended

31st March 2025

Charity no  
(if any)

1173065

Set out on pages

remember to include the page numbers in additional sheets

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

Responsibilities and  
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

Signed:

Date:

25/11/2025

Name:

Miss Sophie Holmes

Relevant professional  
qualification(s) or body  
(if any):

ACA FCCA

Address:

18/19 Albion Street

Hull

HU1 3TG



Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**