



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name

Hey Kids Type 1 Diabetes Children and Family Support

On accounts for the year
ended

31st March 2022

Charity no
(if any)

1173065

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/03/2022**.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (~~other than that disclosed below~~ *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

13/1/23

Name:

Mr Andrew Steele

Relevant professional
qualification(s) or body

ICAEW

(if any):

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Address:

18/19 Albion Street

Hull

HU1 3TG

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

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CHARITY COMMISSION
FOR ENGLAND AND WALES

HEY Kids Type 1 Children and Family Support Group

Receipts and payments accounts

CC16a

For the period
from

4/1/21

To

3/31/22

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations and Legacies	0	-	-	0	79
Other Trading Activities	43	-	-	43	5,769
	-0	-	-	-	-
	-0	-	-	-	-
	-0	-	-	-	-
	-0	-	-	-	-
	-0	-	-	-	-
	-0	-	-	-	-
Sub total (Gross income for AR)	43	-	-	43	5,868
A2 Asset and investment sales, (see table).					
	-0	-0	-0	-	-
	-0	-0	-0	-	-0
Sub total	-0	-0	-0	-	-0
Total receipts	43	-0	-0	43	5,868
A3 Payments					
Fundraising	-0	-	-	-	-
Direct Charitable Expenditure	2,190	-	-	2,190	-
Governance Costs	360	-	-	360	360
Admin	771	-	-	771	370
	-0	-	-	-	-
	-0	-	-	-	-
	-0	-	-	-	-
	-0	-	-	-	-
	-0	-	-	-	-
Sub total	3,321	-	-	3,321	730
A4 Asset and investment purchases, (see table)					
	-0	-0	-0	-	-
	-0	-0	-0	-	-
Sub total	-0	-0	-0	-	-0
Total payments	3,321	-0	-0	3,321	730
Net of receipts/(payments)	3,278	-	-	3,278	5,138
A5 Transfers between funds	-0	-	-	-	-
A6 Cash funds last year end	25,619	-	-	25,619	20,460
Cash funds this year end	22,340	-	-	22,340	25,618

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	22,340	-	-

	(agree balances with receipts and payments account(s))			
		Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
B2 Other monetary assets	Details			
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	S.M.	SUZANNE MCKEOWN	28/9/22	
	Rachel Cook	RACHEL COOK	28/9/22	

Trustees Report 2021-2022

HEY Kids Type One Diabetes Children and Family Support Group

Objectives

The Charity has been set-up and run by Parents and Carers of Children with Type 1 Diabetes, to offer support, advice and friendship to families affected. All Trustees are volunteers who have a child with Type 1 Diabetes, who give their time freely. They benefit from the charity on the same basis as a non-Trustee member. We hold monthly support meetings for members and regularly ask if any of the members would like to be a Trustee to help run the group. The Trustees would also consider applications from non-members if they have a strong interest in supporting the charity or the condition (such as a medical professional) and can bring a new skill as a trustee. Of the Trustees, some Trustees have no specific job role and will volunteer to carry out duties, some Trustees have specific roles: Chair, two Vice Chairs, Secretary, Treasurer and two Safeguarding Officers.

The Charity's objectives are to relieve the needs of children and young adults who suffer from type 1 diabetes living in Kingston upon Hull and East Riding of Yorkshire by:

- (a) providing support for children, young adults, parents, families, carers and friends of children with type 1 diabetes.
- (b) raising awareness and provide education about type 1 diabetes in the public eye.
- (c) assisting research into both a cure for and improving treatment of type 1 diabetes both financially and empirically.
- (d) providing support to and assist the medical profession.
- (e) working with other charities involved with type 1 diabetes.

Public Benefit:

The below achievements detail how we have carried out our charitable purposes for the public benefit. The Trustees have complied with their duty to have due regard to the commission's public benefit guidance where this is relevant and continued to provide events of similar nature to the previous period to ensure the services offered achieve its purposes.

Achievements:

With support from the hospital diabetes team we have asked families with a child with Type 1 Diabetes to become members of our group to meet with other families experiencing the same challenges of managing the condition. Membership is open to the families until their child is twenty five as many young adults require support from their families to manage their condition. Over fifty families are currently members. We are regularly gaining new, newly diagnosed families but continue to connect with families who have been diagnosed for some time. As children age and develop, the support they need changes regularly with different difficulties being encountered along the way both for the type one children and their families too. Our web-site is regularly updated to encourage more members to join and so that supporters of the charity can see details of recent activities.

Support meetings are normally held each month with guest speakers relating to living with or managing the treatment of Type 1 Diabetes. Awareness, fundraising and activity events are held throughout the year. These meetings were put on hold during the Covid-19 pandemic and did not resume on a monthly basis until Oct 2021. Before this we continued to connect with our members remotely and meeting with families on more of a one to one basis to give support

where needed. We were all very happy to resume our monthly support meetings in October and it was great to see so many new faces from newly diagnosed families through the pandemic.

Meeting activities have been limited this year but have included:

Seasonal activities: Easter Egg Decorating and Christmas bowling party

Other charities support: Diabetes UK and JDRF

Mental Health: Let's Talk, Time to Listen

Following on from the Covid pandemic and the huge impact it has had on mental health especially amongst young people we funded:

3 X 4 week Creative Group Therapy Sessions for children of similar ages with Time to Listen. This involved things like art, crafts, games and video creation.

These courses were aimed at the individuals with type one but also their siblings who are also affected massively in the home by the condition to give them an outlet to talk about their emotions and express themselves creatively.

Several of our young people needing further support also then completed 4-6 weeks of private one to one follow up sessions with a creative therapist. We received amazing feedback from all of these sessions and feel they have played a really valuable role in helping our families during this difficult year.

Guest Speakers

We were visited by a Medtrum Rep - a new company offering insulin pumps. This was aimed to educate the families on some of the new technology and to raise the awareness of new things coming over the next year that may be available to make their lives easier for managing type one.

Awareness & working with other charities:

We have been unable to partake in any of our usual organised fund raising events due to Covid restrictions but families have been encouraged to support the work of other diabetes charities online such as Diabetes UK and JDRF with various initiatives that pop up throughout the year.

A local worker from Biffa raised awareness and funds for the charity and came to one of the meetings to present a donation to us.

Web-site continues to be updated to promote the group, awareness of the condition and useful information for the families.

Activity events:

In order to provide support to families who may not be able to attend regular meetings other activity events are provided to encourage families to get together and talk about managing Type 1 Diabetes and give relief.

As well as the events listed in the awareness section above, further activity events included:

Park Picnic Meet ups

Theatre Trip - Ed Gamble, Comedian with Type 1 Diabetes

Christmas Bowling Party

Supporting the medical profession:

Having guest speakers at our meetings improves the knowledge of families to manage Type 1 Diabetes and we hope to get more of these in the diary for next year.

A trustee from the group attends the Hull & East Riding Diabetes Network board meetings

Financial:

Funding:

Various small amounts were raised by families and by donations.

We were unable to do our usual clay shoot fundraiser but hope to resume this again next year.

Investments:

Grants received in advance, donations and any other surplus funds that may be available are invested in the charities Barclays bank account.

Reserves:

The Trustees have established the level of reserves that the Charity should have in order to continue operating for another year is a minimum of £2000. This does not allow funding for any additional activity events, but would ensure the group could run support meetings, therefore it is desirable to have more funds held so that funded activity events can be organised for the following year.

Forward Planning:

Future events chosen based on popularity of previous events and requests from members, additional events aimed to engage older children/young adults:

Trampolining

Let Loose Activity Centre.

Welton Waters - watersports

Pottery Painting

Christmas Bowling Party

Clay Shoot Fundraiser

Easter Egg Hunt and Farm Visit

We plan to get the diabetes nurses in to visit the group next year to help maintain the relationship between the diabetes team and the support group.

Since the Global Pandemic, Coronavirus disease (COVID-19), declared by The World Health Organisation on the 11th March 2020, the committee continue to monitor the government guidance and have resumed activities when it is has been safe to do so. We always continue to provide essential services and provide a point of contact for members and newly diagnosed via the phone line, website and facebook pages which are regularly updated.

