

# HEY KIDS TYPE 1 DIABETES CHILDREN AND FAMILY SUPPORT GROUP

England & Wales · Charity number 1173065

## Details

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**Other names** HEY KIDS

**Status** Registered

**Legal form** CIO

**Registered** 2017-05-17

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 16A Etherington Drive  
Hull  
HU6 7JU

**Phone** 07739 232433

**Email** [contact@heykids.org.uk](mailto:contact@heykids.org.uk)

**Website** [heykids.org.uk](http://heykids.org.uk)

## Activities

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**Objects:** THE OBJECTS OF THE CIO ARE:TO RELIEVE THE NEEDS OF CHILDREN AND YOUNG ADULTS WHO SUFFER FROM TYPE 1 DIABETES LIVING IN KINGSTON UPON HULL AND EAST RIDING OF YORKSHIRE BY:(A) PROVIDING SUPPORT FOR CHILDREN, YOUNG ADULTS, PARENTS, FAMILIES, CARERS AND FRIENDS OF CHILDREN WITH TYPE 1 DIABETES.(B) RAISING AWARENESS AND PROVIDE EDUCATION ABOUT TYPE 1 DIABETES IN THE PUBLIC EYE.(C) ASSISTING RESEARCH INTO BOTH A CURE FOR AND IMPROVING TREATMENT OF TYPE 1 DIABETES BOTH FINANCIALLY AND EMPIRICALLY.(D) PROVIDING SUPPORT TO AND ASSIST THE MEDICAL PROFESSION.(E) WORKING WITH OTHER CHARITIES INVOLVED WITH TYPE 1 DIABETES.

**Activities:** Support meetings are held each month with guest speakers relating to living with or managing the treatment of Type 1 Diabetes. Awareness, fundraising and activity events are held throughout the year.In order to provide support to families who may not be able to attend regular meetings activity events are provided to encourage families to get together and talk about managing Type 1 Diabetes.

## Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Disability
- **Who:** Children/young People

## Geography

- East Riding Of Yorkshire
- Kingston Upon Hull City

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£1,445	£4,059	-	-
2024-03-31	£1,089	£3,619	-	-
2023-03-31	£0	£4,638	-	-
2022-03-31	£43	£3,321	-	-
2021-03-31	£5,868	£730	-	-

## Trustees

Name	Role	Appointed
<b>Suzanne Mckeown</b>	Chair	2017-07-01
Ellie Jordan		2023-03-30
Jane Scolah		2017-07-01
Joanne Corbett		2017-07-01
Natalie Battle		2019-05-21
Paul Clare		2024-01-17
Rachel Cook		2017-10-17
Susanne Clare		2019-05-21
Suzannah Wright		2022-06-07

**HEY KIDS TYPE 1 DIABETES CHILDREN AND FAMILY SUPPORT GROUP**

England & Wales - Charity number 1173065

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# Accounts

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**Hey Kids Type One Diabetes Children and Family Support Group**

**Accounts**

**1st April 2024 - 31st March 2025**

**Hey Kids Profit and Loss**  
**1st April 2024 - 31st March 2025**

Starting Balance on Account as of 1/4/2024: £15,172

**Income**

- Donations and Legacies: £119
- Fundraising: £1280
- Other Trading activities: £46

**Total Income: £1445**

**Charitable Spend**

- Charity Activities: £3258
- Venue Hire for Regular Meet Ups: £0
- Governance costs(accounts): £360
- Admin/Insurance: £441

**Total Expenditure: £4059**

Cash Funds as of 31/3/2025: £12558

## **Trustees Report 2024-2025**

### **HEY Kids Type One Diabetes Children and Family Support Group - Trustees Report By Rachel Cook (Treasurer)**

#### **Objectives**

This Charity has been set-up and run by Parents and Carers of Children with Type 1 Diabetes, to offer support, advice and friendship to families affected. All Trustees are volunteers who have a child with Type 1 Diabetes, who give their time freely. They benefit from the charity on the same basis as a non-Trustee member. We hold monthly support meetings and events for members and regularly ask if any of the members would like to be a Trustee to help run the group. The Trustees would also consider applications from non-members if they have a strong interest in supporting the charity or the condition (such as a medical professional) and can bring a new skill as a trustee.

Of the Trustees, some Trustees have no specific job role and will volunteer to carry out duties, some Trustees have specific roles: Chair, Vice Chairs, Secretary, Treasurer and Safeguarding Officers.

The Charity's objectives are to relieve the needs of children and young adults who suffer from type 1 diabetes living in Kingston upon Hull and East Riding of Yorkshire by:

- (a) providing support for children, young adults, parents, families, carers and friends of children with type 1 diabetes.
- (b) raising awareness and providing education about type 1 diabetes in the public eye.
- (c) assisting research into both a cure for and improving treatment of type 1 diabetes both financially and empirically.
- (d) providing support to and assist the medical profession.
- (e) working with other charities involved with type 1 diabetes.

#### **Public Benefit:**

The below achievements detail how we have carried out our charitable purposes for the public benefit. The Trustees have complied with their duty to have due regard to the commission's public benefit guidance where this is relevant and continued to provide events of similar nature to the previous period to ensure the services offered achieve its purposes.

#### **Achievements:**

With support from the hospital diabetes team, we have asked families with a child with Type 1 Diabetes to become members of our group to meet with other families experiencing the same challenges of managing the condition. Membership is open to the families until their child is twenty five as many young adults require support from their families to manage their condition. Over fifty families are currently members. We are regularly gaining new, newly diagnosed families but continue to connect with families who have been diagnosed for some time. As children age and develop, the support they need changes regularly with different difficulties being encountered along the way both for the type one children and their families too. Our web-site and social media channels are regularly updated to encourage more members to join and so that supporters of the charity can see details of recent and upcoming activities.

Support meetings are currently held monthly. We alternate between holding the support meeting at David Lloyd Gym and running an organised activity with the families.

The regular support meeting at the gym involves the children doing organised sports activities with the DL staff whilst the parents meet to support each other, discuss a relevant topic, listen to a guest speaker relating to living with or managing the treatment of Type 1 Diabetes.

Awareness, fundraising and activity events are held throughout the year. We provide a variety of events to appeal to our wide range of members to make sure there is something for everybody to get involved with. Children seeing other children living successfully with Type 1 Diabetes is really important and encouraging for them and their families. We have continued to gain newly diagnosed families throughout the year.

**Our activities over this year have included:**

- Christmas Party at Little Haven Farm, a community farm which is run by one of our families followed by a buffet at the pub.
- A cinema trip where we hired out a whole cinema screen to watch Paddington in Peru.
- Easter Egg Hunt at Little Haven Farm
- Summer BBQ and Car Treasure Hunt
- Go Karting and Mini Golf

**Awareness & working with other charities:**

Although we have not run any big awareness events this year, families have been encouraged to support the work of other diabetes charities online such as Diabetes UK and JDRF with various initiatives that pop up throughout the year.

Some of our group members got involved with the Diabetes Online Camp provided by Over the Wall Camp which involved a weekend of fun activities to complete at home as a family whilst online with other type one families.

Our web-site is in the process of being updated to promote the group, awareness of the condition and useful information for the families.

The diabetes clinic at the local hospital is also being a lot more proactive in promoting the group to families of newly diagnosed children.

**Supporting the Medical Profession:**

Having guest speakers at our meetings improves the knowledge of families to manage Type 1 Diabetes and we hope to get more of these in the diary for next year. Several of our group members are in frequent communication with the diabetes nurses to keep communication open between the charity and the team and to enable us to support newly diagnosed families.

**Fundraising:**

In June 2024 we carried out a Clay Pigeon Shoot fundraiser in memory of Paul Peacock.

Investments: Grants received in advance, donations and any other surplus funds that may be available are invested in the charities Barclays bank account.

We often receive Gifts from Paypal Giving.

We received several kind donations throughout the year to which we are very grateful of.

**Reserves:**

The Trustees have established the level of reserves that the Charity should have in order to continue operating for another year is a minimum of £2000. This does not allow funding for any additional activity events, but would ensure the group could run support meetings, therefore it is

desirable to have more funds held so that funded activity events can be organised for the following year.

**Forward Planning for 2025-2026:**

Future events planned for the coming year, chosen based on popularity of previous events and requests from members, additional events aimed to engage older children/young adults:

- Easter Baking with Cook Stars
- BBQ and Car Treasure Hunt
- Cinema Afternoon
- Clay Pigeon Shoot Fundraiser
- Educational Farm visit to the Milk Well for yummy milkshakes and look behind the scenes.
- Halloween Horse Riding
- Christmas Baking Party

We always try and plan to get one of the diabetes nurses in at least once a year to visit the group to help maintain the relationship between the diabetes team and the support group.

We are delighted that the charity continues to remain in a healthy position financially so we can continue to support the many families and young people on our records.



Receipts and payments accounts

CC16a

For the period  
from

To

**Section A Receipts and payments**

	Unrestricted funds		Restricted funds	Endowment funds	Total funds	Last year
	to the nearest	£	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>						
Donations and Legacies		119	-	-	119	1,089
Fundraising		1,280	-	-	1,280	-
Other Trading Activities		46	-	-	46	-
		-0	-	-	-	-
		-0	-	-	-	-
		-0	-	-	-	-
		-0	-	-	-	-
<b>Sub total (Gross income for AR)</b>		<b>1,445</b>	<b>-</b>	<b>-</b>	<b>1,445</b>	<b>1,089</b>
<b>A2 Asset and investment sales, (see table).</b>						
		-0	-0	-0	-	-
		-0	-0	-0	-	-0
<b>Sub total</b>		<b>-0</b>	<b>-0</b>	<b>-0</b>	<b>-</b>	<b>-0</b>
<b>Total receipts</b>		<b>1,445</b>	<b>-0</b>	<b>-0</b>	<b>1,445</b>	<b>1,089</b>
<b>A3 Payments</b>						
Direct Charitable Expenditure		3,258	-	-	3,258	2,223
Governance Costs		360	-	-	360	720
Admin/Insurance		441	-	-	441	676
		-0	-	-	-	-
		-0	-	-	-	-
		-0	-	-	-	-
		-0	-	-	-	-
<b>Sub total</b>		<b>4,059</b>	<b>-</b>	<b>-</b>	<b>4,059</b>	<b>3,619</b>
<b>A4 Asset and investment purchases, (see table)</b>						
		-0	-0	-0	-	-
		-0	-0	-0	-	-
<b>Sub total</b>		<b>-0</b>	<b>-0</b>	<b>-0</b>	<b>-</b>	<b>-0</b>
<b>Total payments</b>		<b>4,059</b>	<b>-0</b>	<b>-0</b>	<b>4,059</b>	<b>3,619</b>
<b>Net of receipts/(payments)</b>		<b>- 2,614</b>	<b>-</b>	<b>-</b>	<b>- 2,614</b>	<b>- 2,530</b>
<b>A5 Transfers between funds</b>		<b>-0</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>		<b>15,172</b>	<b>-</b>	<b>-</b>	<b>15,172</b>	<b>-</b>
<b>Cash funds this year end</b>		<b>12,558</b>	<b>-</b>	<b>-</b>	<b>12,558</b>	<b>- 2,530</b>

**Section B Statement of assets and liabilities at the end of the period**

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		-	-	-
		-	-	-





**Section A**

**Independent Examiner's Report**

**Report to the trustees/  
members of**

Charity Name: Hey Kids Type 1 Diabetes Children and Family Support Group

**On accounts for the year  
ended**

31st March 2025

**Charity no  
(if any)**

1173065

**Set out on pages**

(If more than one page, please include the page numbers in individual sheets.)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

**Responsibilities and  
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below \*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

**Signed:**

*[Signature]*

**Date:**

25/11/2025

**Name:**

Miss Sophie Holmes

**Relevant professional  
qualification(s) or body  
(if any):**

ACA FCCA

**Address:**

18/19 Albion Street

Hull

HU1 3TG

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

**HEY KIDS TYPE 1 DIABETES CHILDREN AND FAMILY SUPPORT GROUP**

England & Wales - Charity number 1173065

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# Accounts

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Section A

Independent Examiner's Report

Report to the trustees

Charity Name

Hey Kids Type 1 Diabetes Children and Family Support Group

On accounts for the year  
ended

31<sup>st</sup> March 2024

Charity no  
(if any)

1173065

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/03/2024**.

Responsibilities and  
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

*S. Holmes*

Date:

13/11/2024

Name:

Miss Sophie Holmes

Relevant professional  
qualification(s) or body  
(if any):

ACA FCCA

Address:

18/19 Albion Street

# Trustees Report 2023-2024

HEY Kids Type One Diabetes Children and Family Support Group - Trustees Report

## Objectives

This Charity has been set-up and run by Parents and Carers of Children with Type 1 Diabetes, to offer support, advice and friendship to families affected. All Trustees are volunteers who have a child with Type 1 Diabetes, who give their time freely. They benefit from the charity on the same basis as a non-Trustee member. We hold monthly support meetings for members and regularly ask if any of the members would like to be a Trustee to help run the group. The Trustees would also consider applications from non-members if they have a strong interest in supporting the charity or the condition (such as a medical professional) and can bring a new skill as a trustee. Of the Trustees, some Trustees have no specific job role and will volunteer to carry out duties, some Trustees have specific roles: Chair, Vice Chairs, Secretary, Treasurer and Safeguarding Officers

The Charity's objectives are to relieve the needs of children and young adults who suffer from type 1 diabetes living in Kingston upon Hull and East Riding of Yorkshire by:

- (a) providing support for children, young adults, parents, families, carers and friends of children with type 1 diabetes.
- (b) raising awareness and provide education about type 1 diabetes in the public eye.
- (c) assisting research into both a cure for and improving treatment of type 1 diabetes both financially and empirically.
- (d) providing support to and assist the medical profession.
- (e) working with other charities involved with type 1 diabetes.

## Public Benefit:

The below achievements detail how we have carried out our charitable purposes for the public benefit. The Trustees have complied with their duty to have due regard to the commission's public benefit guidance where this is relevant and continued to provide events of similar nature to the previous period to ensure the services offered achieve its purposes.

## Achievements:

With support from the hospital diabetes team we have asked families with a child with Type 1 Diabetes to become members of our group to meet with other families experiencing the same challenges of managing the condition. Membership is open to the families until their child is twenty five as many young adults require support from their families to manage their condition. Over fifty families are currently members. We are regularly gaining new, newly diagnosed families but continue to connect with families who have been diagnosed for some time. As children age and develop, the support they need changes regularly with different difficulties being encountered along the way both for the type one children and their families too. Our web- site is regularly updated to encourage more members to join and so that supporters of the charity can see details of recent activities.

Support meetings are currently held monthly. We alternate between holding the support meeting at David Lloyd Gym and running an organised activity with the families. The regular support meeting at the gym involves the children doing organised sports activities with the DL staff whilst the parents meet to support each other,

Grants received in advance, donations and any other surplus funds that may be available are invested in the charities Barclays bank account. We often receive Gifts from Paypal Giving. We received several kind donations throughout the year to which we are very grateful of.

#### *Reserves:*

The Trustees have established the level of reserves that the Charity should have in order to continue operating for another year is a minimum of £2000. This does not allow funding for any additional activity events, but would ensure the group could run support meetings, therefore it is desirable to have more funds held so that funded activity events can be organised for the following year.

#### **Forward Planning for 2024-2025:**

Future events planned for the coming year, chosen based on popularity of previous events and requests from members, additional events aimed to engage older children/young adults:

- Bubble Rush Run - fundraiser
- BBQ and Car Treasure Hunt
- Cinema Afternoon
- Go Karting and Mini Golf
- Christmas on the Farm with Reindeer
- Pottery Painting
- Clay Pigeon Shoot Fundraiser
- Easter Egg Hunt and Farm Visit

We always try and plan to get one of the diabetes nurses in at least once a year to visit the group to help maintain the relationship between the diabetes team and the support group.



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Hey Kids Type 1 Children and Family Support Group

**Receipts and payments accounts**

CC16a

For the period  
from

01/04/2023

To

31/3/24

**Section A Receipts and payments**

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations and Legacies	1,089	-	-	1,089	-
Other Trading Activities	-0	-	-	-	-
	-0	-	-	-	-
	-0	-	-	-	-
	-0	-	-	-	-
	-0	-	-	-	-
	-0	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>1,089</b>	<b>-</b>	<b>-</b>	<b>1,089</b>	<b>-</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-0	-0	-0	-	-
	-0	-0	-0	-	-0
<b>Sub total</b>	<b>-0</b>	<b>-0</b>	<b>-0</b>	<b>-</b>	<b>-0</b>
<b>Total receipts</b>	<b>1,089</b>	<b>-0</b>	<b>-0</b>	<b>1,089</b>	<b>-0</b>
<b>A3 Payments</b>					
Fundraising	-0	-	-	-	-
Direct Charitable Expenditure	2,223	-	-	2,223	3,647
Governance Costs	720	-	-	720	360
Admin	676	-	-	676	631
	-0	-	-	-	-
	-0	-	-	-	-
	-0	-	-	-	-
	-0	-	-	-	-
<b>Sub total</b>	<b>3,619</b>	<b>-</b>	<b>-</b>	<b>3,619</b>	<b>4,638</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-0	-0	-0	-	-
	-0	-0	-0	-	-
<b>Sub total</b>	<b>-0</b>	<b>-0</b>	<b>-0</b>	<b>-</b>	<b>-0</b>
<b>Total payments</b>	<b>3,619</b>	<b>-0</b>	<b>-0</b>	<b>3,619</b>	<b>4,638</b>
<b>Net of receipts/(payments)</b>	<b>- 2,530</b>	<b>-</b>	<b>-</b>	<b>- 2,530</b>	<b>- 4,638</b>
<b>A5 Transfers between funds</b>	<b>-0</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>17,702</b>	<b>-</b>	<b>-</b>	<b>17,702</b>	<b>22,340</b>
<b>Cash funds this year end</b>	<b>15,172</b>	<b>-</b>	<b>-</b>	<b>15,172</b>	<b>17,702</b>

**Section B Statement of assets and liabilities at the end of the period**

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		-	-	-
		-	-	-
		-	-	-

		Total cash funds	15,172	-	-
		(agree balances with receipts and payments account(s))			
			Unrestricted funds	Restricted funds	Endowment funds
	Details		to nearest £	to nearest £	to nearest £
B2 Other monetary assets			-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
	Details		Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets				-	-
				-	-
				-	-
				-	-
				-	-
	Details		Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use				-	-
				-	-
				-	-
				-	-
				-	-
	Details		Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities				-	
				-	
				-	
				-	
				-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval		
	<i>S.Mc</i>	S. MCKEOWN	7/11/24		
	<i>R Cook</i>	R COOK	7/11/24		

**HEY KIDS TYPE 1 DIABETES CHILDREN AND FAMILY SUPPORT GROUP**

England & Wales - Charity number 1173065

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# Accounts

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CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name  
HEY Kids Type 1 Children and Family Support Group

No (if any)

CC16a

### Receipts and payments accounts

For the period  
from

Period start date  
4/1/22

To

Period end date  
3/31/23

#### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations and Legacies	-0	-	-	-	-
Other Trading Activities	-0	-	-	-	43
	-0	-	-	-	-
	-0	-	-	-	-
	-0	-	-	-	-
	-0	-	-	-	-
	-0	-	-	-	-
	-0	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>-0</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>43</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-0	-0	-0	-	-
	-0	-0	-0	-	-0
<b>Sub total</b>	<b>-0</b>	<b>-0</b>	<b>-0</b>	<b>-</b>	<b>-0</b>
<b>Total receipts</b>	<b>-0</b>	<b>-0</b>	<b>-0</b>	<b>-</b>	<b>43</b>
<b>A3 Payments</b>					
Fundraising	-0	-	-	-	-
Direct Charitable Expenditure	3,647	-	-	3,647	2,190
Governance Costs	360	-	-	360	360
Admin	631	-	-	631	771
	-0	-	-	-	-
	-0	-	-	-	-
	-0	-	-	-	-
	-0	-	-	-	-
<b>Sub total</b>	<b>4,638</b>	<b>-</b>	<b>-</b>	<b>4,638</b>	<b>3,321</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-0	-0	-0	-	-
	-0	-0	-0	-	-
<b>Sub total</b>	<b>-0</b>	<b>-0</b>	<b>-0</b>	<b>-</b>	<b>-0</b>
<b>Total payments</b>	<b>4,638</b>	<b>-0</b>	<b>-0</b>	<b>4,638</b>	<b>3,321</b>
<b>Net of receipts/(payments)</b>	<b>- 4,638</b>	<b>-</b>	<b>-</b>	<b>- 4,638</b>	<b>- 3,278</b>
A5 Transfers between funds	-0	-	-	-	-
A6 Cash funds last year end	22,340	-	-	22,340	25,618
<b>Cash funds this year end</b>	<b>17,702</b>	<b>-</b>	<b>-</b>	<b>17,702</b>	<b>22,340</b>

#### Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		-	-	-
		-	-	-
		-	-	-



**HEY KIDS TYPE 1 DIABETES CHILDREN AND FAMILY SUPPORT GROUP**

England & Wales - Charity number 1173065

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# Accounts

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Section A Independent Examiner's Report

Report to the trustees/ members of	Charity Name Hey Kids Type 1 Diabetes Children and Family Support		
On accounts for the year ended	31 <sup>st</sup> March 2022	Charity no (if any)	1173065
Set out on pages	<small>(remember to include the page numbers of additional sheets)</small>		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/03/2022**.

**Responsibilities and basis of report**  
As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

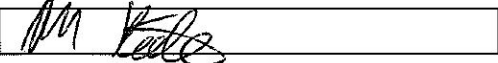
**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (~~other than that disclosed below~~ \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:  Date: 13/1/23

Name: Mr Andrew Steele

Relevant professional qualification(s) or body: ICAEW

(if any):

Address:

**Section B Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



CHARITY COMMISSION  
FOR ENGLAND AND WALES

HEY Kids Type 1 Children and Family Support Group

**Receipts and payments accounts**

CC16a

For the period  
from

4/1/21

To

3/31/22

**Section A Receipts and payments**

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
Donations and Legacies	0	-	-	0	79
Other Trading Activities	43	-	-	43	5,769
	-0	-	-	-	-
	-0	-	-	-	-
	-0	-	-	-	-
	-0	-	-	-	-
	-0	-	-	-	-
<b>Sub total(Gross income for AR)</b>	<b>43</b>	<b>-</b>	<b>-</b>	<b>43</b>	<b>5,868</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-0	-0	-0	-	-0
	-0	-0	-0	-	-0
<b>Sub total</b>	<b>-0</b>	<b>-0</b>	<b>-0</b>	<b>-</b>	<b>-0</b>
<b>Total receipts</b>	<b>43</b>	<b>-0</b>	<b>-0</b>	<b>43</b>	<b>5,868</b>
<b>A3 Payments</b>					
Fundraising	-0	-	-	-	-
Direct Charitable Expenditure	2,190	-	-	2,190	-
Governance Costs	360	-	-	360	360
Admin	771	-	-	771	370
	-0	-	-	-	-
	-0	-	-	-	-
	-0	-	-	-	-
	-0	-	-	-	-
<b>Sub total</b>	<b>3,321</b>	<b>-</b>	<b>-</b>	<b>3,321</b>	<b>730</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-0	-0	-0	-	-
	-0	-0	-0	-	-
<b>Sub total</b>	<b>-0</b>	<b>-0</b>	<b>-0</b>	<b>-</b>	<b>-0</b>
<b>Total payments</b>	<b>3,321</b>	<b>-0</b>	<b>-0</b>	<b>3,321</b>	<b>730</b>
<b>Net of receipts/(payments)</b>	<b>3,278</b>	<b>-</b>	<b>-</b>	<b>3,278</b>	<b>5,138</b>
A5 Transfers between funds	-0	-	-	-	-
A6 Cash funds last year end	25,619	-	-	25,619	20,480
<b>Cash funds this year end</b>	<b>22,340</b>	<b>-</b>	<b>-</b>	<b>22,340</b>	<b>25,618</b>

**Section B Statement of assets and liabilities at the end of the period**

Categories	Details	Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>22,340</b>	<b>-</b>	<b>-</b>

		(agree balances with receipts and payments account(s))		
		Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
<b>B2 Other monetary assets</b>	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name		Date of approval
	<i>S.M</i>	SUZANNE MCKEOWN		28/9/22
	<i>Rachel Cook</i>	RACHEL COOK		28/9/22

# Trustees Report 2021-2022

HEY Kids Type One Diabetes Children and Family Support Group

## Objectives

The Charity has been set-up and run by Parents and Carers of Children with Type 1 Diabetes, to offer support, advice and friendship to families affected. All Trustees are volunteers who have a child with Type 1 Diabetes, who give their time freely. They benefit from the charity on the same basis as a non-Trustee member. We hold monthly support meetings for members and regularly ask if any of the members would like to be a Trustee to help run the group. The Trustees would also consider applications from non-members if they have a strong interest in supporting the charity or the condition (such as a medical professional) and can bring a new skill as a trustee. Of the Trustees, some Trustees have no specific job role and will volunteer to carry out duties, some Trustees have specific roles: Chair, two Vice Chairs, Secretary, Treasurer and two Safeguarding Officers.

The Charity's objectives are to relieve the needs of children and young adults who suffer from type 1 diabetes living in Kingston upon Hull and East Riding of Yorkshire by:

- (a) providing support for children, young adults, parents, families, carers and friends of children with type 1 diabetes.
- (b) raising awareness and provide education about type 1 diabetes in the public eye.
- (c) assisting research into both a cure for and improving treatment of type 1 diabetes both financially and empirically.
- (d) providing support to and assist the medical profession.
- (e) working with other charities involved with type 1 diabetes.

## Public Benefit:

The below achievements detail how we have carried out our charitable purposes for the public benefit. The Trustees have complied with their duty to have due regard to the commission's public benefit guidance where this is relevant and continued to provide events of similar nature to the previous period to ensure the services offered achieve its purposes.

## Achievements:

With support from the hospital diabetes team we have asked families with a child with Type 1 Diabetes to become members of our group to meet with other families experiencing the same challenges of managing the condition. Membership is open to the families until their child is twenty five as many young adults require support from their families to manage their condition. Over fifty families are currently members. We are regularly gaining new, newly diagnosed families but continue to connect with families who have been diagnosed for some time. As children age and develop, the support they need changes regularly with different difficulties being encountered along the way both for the type one children and their families too. Our web-site is regularly updated to encourage more members to join and so that supporters of the charity can see details of recent activities.

Support meetings are normally held each month with guest speakers relating to living with or managing the treatment of Type 1 Diabetes. Awareness, fundraising and activity events are held throughout the year. These meetings were put on hold during the Covid-19 pandemic and did not resume on a monthly basis until Oct 2021. Before this we continued to connect with our members remotely and meeting with families on more of a one to one basis to give support

where needed. We were all very happy to resume our monthly support meetings in October and it was great to see so many new faces from newly diagnosed families through the pandemic.

Meeting activities have been limited this year but have included:

**Seasonal activities:** Easter Egg Decorating and Christmas bowling party

**Other charities support:** Diabetes UK and JDRF

**Mental Health: Let's Talk, Time to Listen**

Following on from the Covid pandemic and the huge impact it has had on mental health especially amongst young people we funded:

3 X 4 week Creative Group Therapy Sessions for children of similar ages with Time to Listen. This involved things like art, crafts, games and video creation.

These courses were aimed at the individuals with type one but also their siblings who are also affected massively in the home by the condition to give them an outlet to talk about their emotions and express themselves creatively.

Several of our young people needing further support also then completed 4-6 weeks of private one to one follow up sessions with a creative therapist. We received amazing feedback from all of these sessions and feel they have played a really valuable role in helping our families during this difficult year.

**Guest Speakers**

We were visited by a Medtrum Rep - a new company offering insulin pumps. This was aimed to educate the families on some of the new technology and to raise the awareness of new things coming over the next year that may be available to make their lives easier for managing type one.

Awareness & working with other charities:

We have been unable to partake in any of our usual organised fund raising events due to Covid restrictions but families have been encouraged to support the work of other diabetes charities online such as Diabetes UK and JDRF with various initiatives that pop up throughout the year.

A local worker from Biffa raised awareness and funds for the charity and came to one of the meetings to present a donation to us.

Web-site continues to be updated to promote the group, awareness of the condition and useful information for the families.

Activity events:

In order to provide support to families who may not be able to attend regular meetings other activity events are provided to encourage families to get together and talk about managing Type 1 Diabetes and give relief.

As well as the events listed in the awareness section above, further activity events included:

Park Picnic Meet ups

Theatre Trip - Ed Gamble, Comedian with Type 1 Diabetes

Christmas Bowling Party

### Supporting the medical profession:

Having guest speakers at our meetings improves the knowledge of families to manage Type 1 Diabetes and we hope to get more of these in the diary for next year.

A trustee from the group attends the Hull & East Riding Diabetes Network board meetings

### Financial:

#### Funding:

Various small amounts were raised by families and by donations.

We were unable to do our usual clay shoot fundraiser but hope to resume this again next year.

#### Investments:

Grants received in advance, donations and any other surplus funds that may be available are invested in the charities Barclays bank account.

#### Reserves:

The Trustees have established the level of reserves that the Charity should have in order to continue operating for another year is a minimum of £2000. This does not allow funding for any additional activity events, but would ensure the group could run support meetings, therefore it is desirable to have more funds held so that funded activity events can be organised for the following year.

### Forward Planning:

Future events chosen based on popularity of previous events and requests from members, additional events aimed to engage older children/young adults:

Trampolining

Let Loose Activity Centre.

Welton Waters - watersports

Pottery Painting

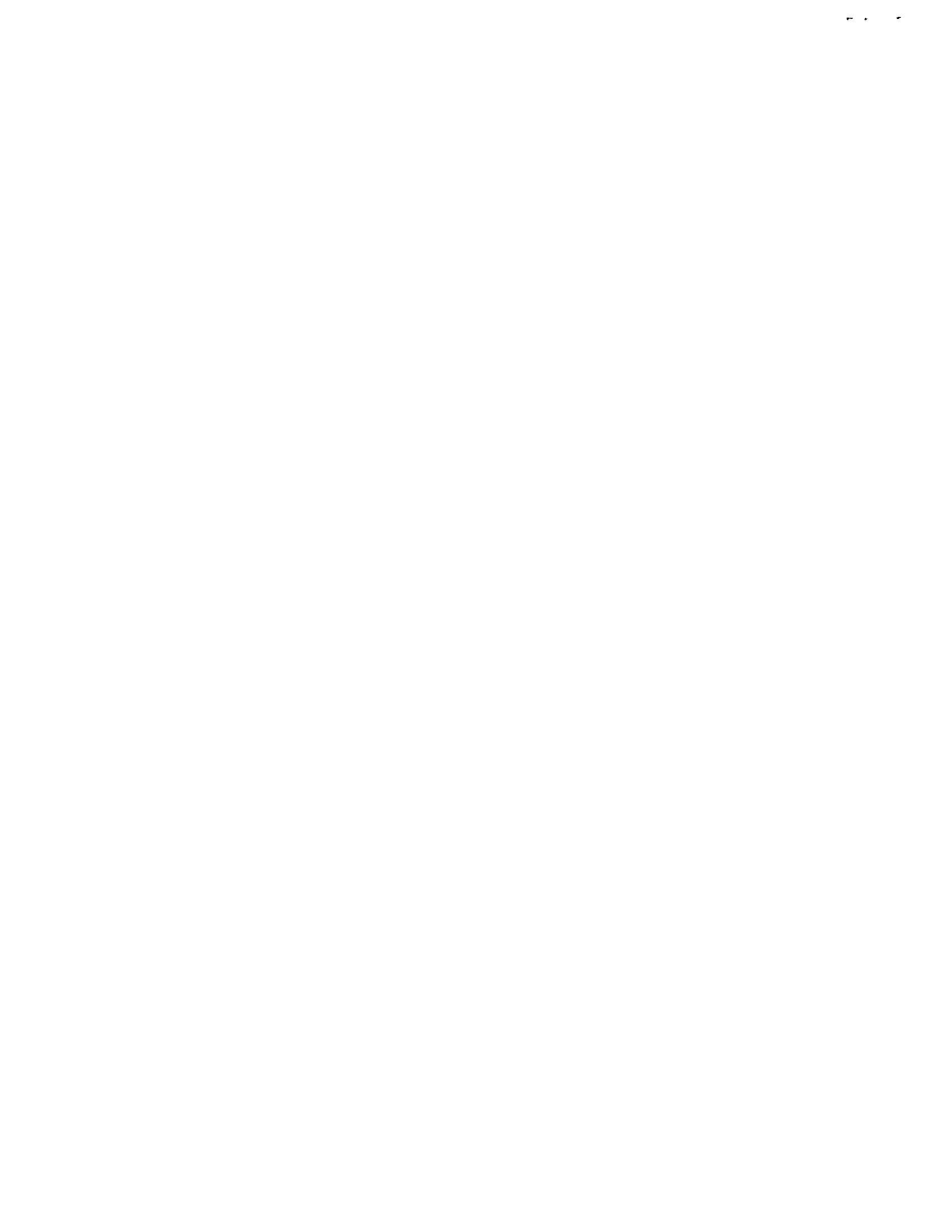
Christmas Bowling Party

Clay Shoot Fundraiser

Easter Egg Hunt and Farm Visit

We plan to get the diabetes nurses in to visit the group next year to help maintain the relationship between the diabetes team and the support group.

Since the Global Pandemic, Coronavirus disease (COVID-19), declared by The World Health Organisation on the 11th March 2020, the committee continue to monitor the government guidance and have resumed activities when it is has been safe to do so. We always continue to provide essential services and provide a point of contact for members and newly diagnosed via the phone line, website and facebook pages which are regularly updated.



**HEY KIDS TYPE 1 DIABETES CHILDREN AND FAMILY SUPPORT GROUP**

England & Wales - Charity number 1173065

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# Accounts

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**Section A**

**Independent Examiner's Report**

**Report to the trustees/  
members of**

Charity Name

Hey Kids Type 1 Diabetes Children and Family Support

**On accounts for the year  
ended**

31<sup>st</sup> March 2021

**Charity no  
(if any)**

1173065

**Set out on pages**

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/03/2021**.

**Responsibilities and  
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

**Signed:**

**Date:**

30/11/21

**Name:**

Mr Andrew Steele

**Relevant professional  
qualification(s) or body**

ICAEW

(if any):

**Address:** 18/19 Albion Street  
Hull  
HU1 3TG

**Section B Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

## **Objectives**

The Charity has been set-up and run by Parents and Carers of Children with Type 1 Diabetes, to offer support, advice and friendship to families affected. All Trustees are volunteers who have a child with Type 1 Diabetes, who give their time freely. They benefit from the charity on the same basis as a non-Trustee member. We hold monthly support meetings for members and regularly ask if any of the members would like to be a Trustee to help run the group. The Trustees would also consider applications from non-members if they have a strong interest in supporting the charity or the condition (such as a medical professional) and can bring a new skill as a trustee. Of the Trustees, some Trustees have no specific job role and will volunteer to carry out duties, some Trustees have specific roles: Chair, two Vice Chairs, Secretary, Treasurer and two Safeguarding Officers.

The Charity's objectives are to relieve the needs of children and young adults who suffer from type 1 diabetes living in Kingston upon Hull and East Riding of Yorkshire by:

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- (c) assisting research into both a cure for and improving treatment of type 1 diabetes both financially and empirically.
- (d) providing support to and assist the medical profession.
- (e) working with other charities involved with type 1 diabetes.

## **Public Benefit:**

The below achievements detail how we have carried out our charitable purposes for the public benefit. The Trustees have complied with their duty to have due regard to the commission's public benefit guidance where this is relevant and continued to provide events of similar nature to the previous period to ensure the services offered achieve its purposes.

## **Achievements:**

With support from the hospital diabetes team we have asked families with a child with Type 1 Diabetes to become members of our group to meet with other families experiencing the same challenges of managing the condition. Membership is open to the families until their child is twenty five as many young adults require support from their families to manage their condition. Fifty five families are members with newly diagnosed families usually being the new members although we are still connecting with families who have been diagnosed for some time and as their child ages they need support with different difficulties they encounter. Our web-site is regularly updated to encourage more members to join and so that supporters of the charity can see details of recent activities.

Support meetings are held each month with guest speakers relating to living with or managing the treatment of Type 1 Diabetes. Awareness, fundraising and activity events are held throughout the year.

Meeting activities/guests included:

Due to Covid-Restrictions no activities have been planned for this year.

Awareness & working with other charities:

NA due to Covid-restrictions.

Activity events:

In order to provide support to families who may not be able to attend regular meetings activity events are provided to encourage families to get together and talk about managing Type 1 Diabetes and give relief.

Due to the restrictions of Covid neither regular meetings or organised activities can take place.

Supporting the medical profession:

Having guest speakers at our meetings improves the knowledge of families to manage Type 1 Diabetes.

A trustee from the group attends the Hull & East Riding Diabetes Network board meetings.

**Financial:**

Funding:

Various small amounts were raised by families and by donations

A clay shoot in February 2020 just before lockdown was the largest fundraiser raising over £5,000, with many families and their friends volunteering to assist the success of this event. Much of the prize money and donations was received throughout April to July 2020 following the shoot in the February.

Investments:

Grants received in advance, donations and any other surplus funds that may be available are invested on one Barclays bank account.

Reserves:

The Trustees have established the level of reserves that the Charity should have in order to continue operating for another year is a minimum of £2000. This does not allow funding for any additional activity events, but would ensure the group could run support meetings, therefore it is desirable to have more funds held so that funded activity events can be organised for the following year.

**Forward Planning:**

Due to Covid, future planning of the activities in the group is very difficult. If restrictions allow, the groups regular meetings will resume in Autumn 2021.

Future events tentatively chosen based on popularity of previous events and requests from members, these additional events are aimed to engage older children/young adults (these are all subject to Covid-restrictions lifting):

Trampolining

Escape Rooms

Welton Waters

Christmas Bowling Party

Clay Shoot Fundraiser

Due to the ongoing Global Pandemic, Coronavirus disease (COVID-19), declared by The World Health Organisation on the 11th March 2020, all regular support group meetings and the above events are postponed. The committee continue to monitor the government guidance and will resume activities when it is safe to do so. Essential services will continue to provide a point of contact for members and newly diagnosed via the phone line, website and facebook pages.



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name  
HEY Kids Type 1 Children and Family Support Group

No (if any)

**Receipts and payments accounts**

CC16a

For the period from 4/1/20 To 3/31/21

**Section A Receipts and payments**

	Unrestricted funds		Restricted funds		Endowment funds		Total funds		Last year	
	to the nearest	£	to the nearest	£	to the nearest	£	to the nearest	£	to the nearest	£
<b>A1 Receipts</b>										
Donations and Legacies		79		-		-		79		1,472
Other Trading Activities		5,789		-		-		5,789		5,775
		-0		-		-		-		-
		-0		-		-		-		-
		-0		-		-		-		-
		-0		-		-		-		-
		-0		-		-		-		-
<b>Sub total(Gross income for AR)</b>		<b>5,868</b>		<b>-</b>		<b>-</b>		<b>5,868</b>		<b>7,247</b>
<b>A2 Asset and investment sales, (see table).</b>										
		-0		-0		-0		-		-
		-0		-0		-0		-		-0
<b>Sub total</b>		<b>-0</b>		<b>-0</b>		<b>-0</b>		<b>-</b>		<b>-0</b>
<b>Total receipts</b>		<b>5,868</b>		<b>-0</b>		<b>-0</b>		<b>5,868</b>		<b>7,247</b>
<b>A3 Payments</b>										
Fundraising		-0		-		-		-		-
Direct Charitable Expenditure		-0		-		-		-		4,723
Governance Costs		360		-		-		360		360
Admin		370		-		-		370		625
		-0		-		-		-		-
		-0		-		-		-		-
		-0		-		-		-		-
		-0		-		-		-		-
<b>Sub total</b>		<b>730</b>		<b>-</b>		<b>-</b>		<b>730</b>		<b>5,708</b>
<b>A4 Asset and investment purchases, (see table)</b>										
		-0		-0		-0		-		-
		-0		-0		-0		-		-
<b>Sub total</b>		<b>-0</b>		<b>-0</b>		<b>-0</b>		<b>-</b>		<b>-0</b>
<b>Total payments</b>		<b>730</b>		<b>-0</b>		<b>-0</b>		<b>730</b>		<b>5,708</b>
<b>Net of receipts/(payments)</b>		<b>5,138</b>		<b>-</b>		<b>-</b>		<b>5,138</b>		<b>1,539</b>
<b>A5 Transfers between funds</b>		<b>-0</b>		<b>-</b>		<b>-</b>		<b>-</b>		<b>-</b>
<b>A6 Cash funds last year end</b>		<b>20,480</b>		<b>-</b>		<b>-</b>		<b>20,480</b>		<b>18,941</b>
<b>Cash funds this year end</b>		<b>25,618</b>		<b>-</b>		<b>-</b>		<b>25,618</b>		<b>20,480</b>

**Section B Statement of assets and liabilities at the end of the period**

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		-	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>25,618</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))			

		Unrestricted funds	Restricted funds	Endowment funds
	Details	to nearest £	to nearest £	to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	<i>Rachel Cook</i>	RACHEL COOK	22/11/2021	
	<i>S. McKeown</i>	SUZANNE MCKEOWN	22/11/2021	