

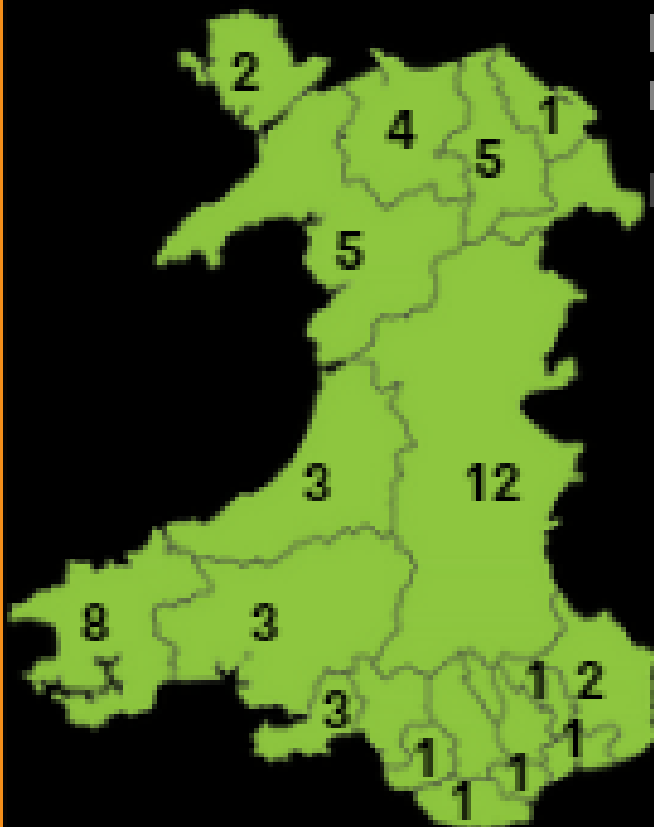


## Our Main Objectives:

- To support people in the agricultural sector in Wales with poor mental health.
- To raise awareness of mental health.
- To educate and inform people about mental health.
- To provide support not only to those dealing with poor mental health, but also their families, friends and colleagues.



- **19 new Regional Champions**
- **8 new Share the Load volunteers**
- **1 new Trustee**



## Regional Champions

Numbers based in each county

### Role of the Regional Champion:

- Raise Awareness at shows
- Deliver talks
- Represent us at events & in the media
- Be a liaison point for their community
- Spot opportunities for us to link up
- Thank our supporters



## DPJ Family Fun Day



This was one of the first opportunities for us to get together face to face since the start of the pandemic, It was great to be able to catch up and have a lovely day in each others company. We also learnt a bit more about large scale pig farming which is something that was less familiar to those of us who farm sheep or cows.



Thank you Dan for having us over on your farm.  
October 18th 2021



### Training

- Samaritans
- Suicide and Language
- Bereavement Awareness
- Suicide Prevention
- Presentation Skills
- Personal Development
- Supervision

### Media Opportunities

- Radio Cymru
- Prynhawn Da
- Heno
- Y Tir
- Radio 1



## Work in Education

- Student Champions
- Work with schools
- Training for colleges
- Training for Swansea University Medical students
- Work with Aberystwyth University Nursing School

**FUW**

**Pont  
Hafren**

**YFC**

**Horizon  
Farmwell**

**Clwyd  
Mind**

**NHS**

**NFU**

**WG Farm  
Support  
Group**

**TTM2**

**PAWS**

**LIT**

**WG**

**Bereavement  
Forum**



## Partnerships & Collaboration







Tomos talking about his struggles with mental - May 2021



Ffion explaining about the DPJ Foundation - May 2021



Tomos & Gethin on 'Wyt ti'n iawn?' S4C Hansh - July 2021

## TV coverage

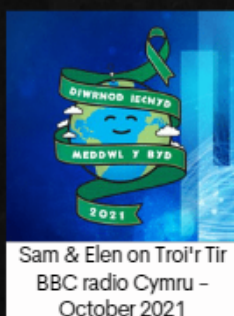


Elen on Ffermio talking about Gofala Am Dy Ben - Feb 21



Emma & Andrew sharing their story of poor mental health. Farmers Guardian's Strive to Thrive series - Sep 2021

## Radio coverage



## Podcast





# The Wales Coastal Path Challenge

A virtual challenge, open to individuals and teams to run or walk the length of the Wales Coast Path - 870 miles within 3 months.

The first day of the challenge was on the 26th of April and closing on 18th July.

*Raised funds of £2,067*

## 2021 Show's

With covid restrictions, many shows didn't go ahead. But we managed to attend a few. Thank you to the volunteers for coming along.

- Aug - Pembrokeshire County Show 2021
- Aug - Welsh National Sheep Dog Trials in Tywyn
- Sep - Open Farm Day at Talsarn, Llanddeusant
- Sep - Usk Show
- Nov - Anglesey Winter Fair
- Nov - Builth Winter Fair





# Donors and Grants

We have been extremely fortunate to continue to receive support from the Agricultural Community across Wales and further afield. There are too many donors to mention by name, but we are extremely grateful to them all, whether they have donated £2 or £20,000.

We have also received support in kind, for example sponsorship of an advert on the rear page of the Royal Welsh Show catalogue by Boom Cymru.



# Diolch!!!





## New Grants Secured



## Support after bereavement

3 year funding to support those bereaved in agriculture.

- Counselling through Share the Load.
- Developing our postvention services.
- Bereavement and grief training
- Resources for children and young people including a series of picture books.
- Small emergency fund.



Ariennir gan  
**Lywodraeth Cymru**  
Funded by  
**Welsh Government**

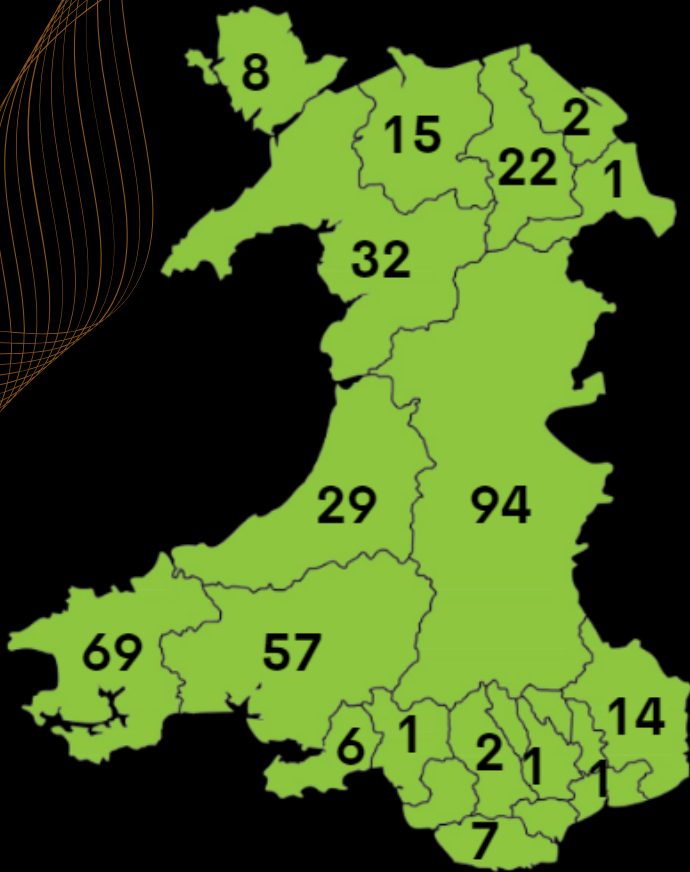


## THE HYWEL DAVIES LORRY

Outreach service for farmers in mart

- We have been awarded funding by the Hywel Davies Memorial Trust to purchase and fit out a lorry in Pembrokeshire.





## Share the Load referrals to counselling by county

For the period 1 March 2021 – 30 November 2022  
(plus one unknown location)

# SHARE THE LOAD

Rapid access to a professional and caring service

- 194 people supported with counselling 1 April 2021–31 March 2022
- 168 people supported from 1 April 2022 to 30 November 2022



I can not thank you enough, from the very prompt reply to my 1st email to speedy action of providing me with a counsellor and the amazing support both yourselves and the counsellor gave me. You saved my life and I am forever thankful of this. You do a fantastic job, and don't get the recognition you deserve.

This service helped me through a bad time in my life, I felt supported and that I did matter. At the end of my counselling I was reassured that if I needed to, I could return. It would be a huge loss if this service was not available their response time is wonderful!!

I have recommended DPJ to a friend who recently suffers from depression and anxiety in the hope that he will get the help he needs. Thank you for your support

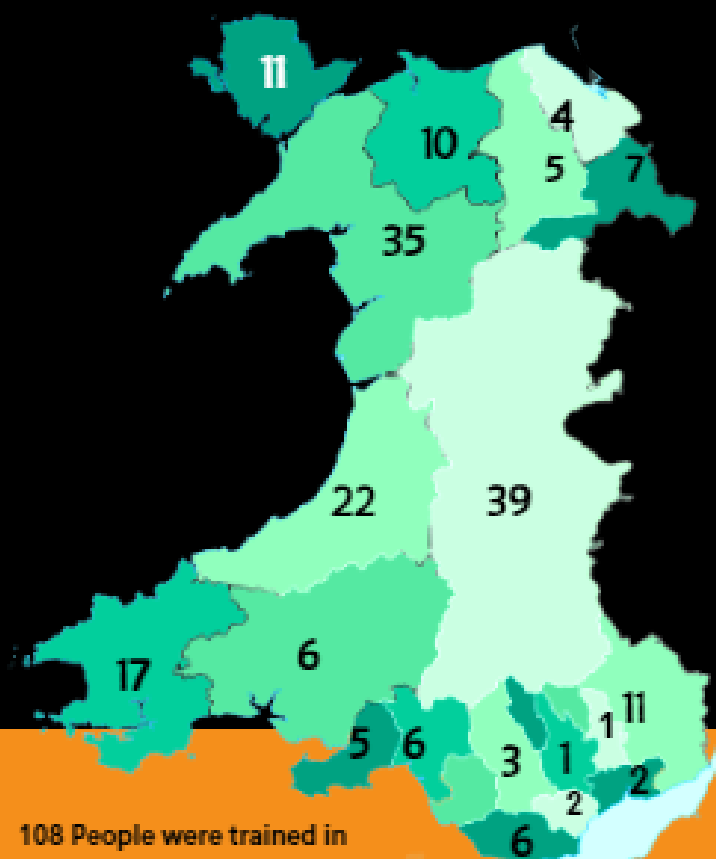




# Numbers of people trained



## Training by County 2021-2022



108 People were trained in Welsh Companies





## A horizontal sequence of five illustrations representing different life stages. From left to right: a person in a blue graduation cap and gown; a man in a yellow shirt and green pants feeding two chickens; a young child in a red shirt and blue pants; an elderly woman with white hair sitting in a green armchair; and a woman with dark hair and glasses wearing a white lab coat with a stethoscope. The background is a solid black color.





**1 April 2021- 31 March 2022**



useful  
good  
brilliant  
fantastic  
great  
essential  
helpful  
insightful  
inspiring  
educational  
enlightening  
eye-opening  
engaging  
interesting  
valuable  
empowering  
beneficial

**96%**

of people rated  
their mental health  
awareness as 8/10  
or above.

**78%**

rated themselves 5/5  
feeling better  
prepared to  
support someone.

**91%**

rated the training  
5/5.

**99%**

recommend the  
training to  
others.

**"Kay was a great trainer, very informative and empathetic. This day really lifted my spirits and I hope to now move forward and not feel ashamed of my anxiety. I also feel I can now be more open about my mental health"**

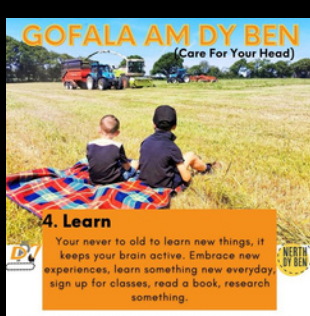
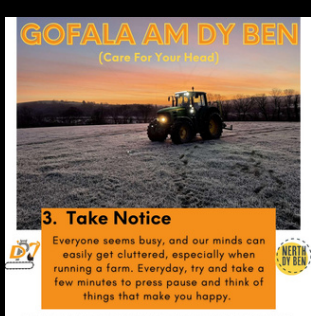
**"It was unbelievable that the course was on Wednesday as this morning, completely left of field I had a call from a relative to say that her sibling had attempted the worst earlier in the week, it took my breath. I've since been passing on contacts to DPJ, RAB and financial and advisory contacts and going to visit tomorrow although it isn't public knowledge, but it has shaken us I have to say, so hoping that between the syche team and all of the above that we have it under some semblance of control. Many thanks for Wednesday, I never for one moment thought the training would come into play so soon"**

**"Really enjoyed the training - it was very informative and improved my understanding of mental health issues in agriculture, which are of relevance to my work as well as hobbies/activities in my free time. I feel very fortunate to have been able to complete the course free of charge. Two added bonuses was 1) being able to complete the course virtually and therefore scheduling the rest of the days tasks around the training, and 2) being able to share ideas/experiences and completing the course through the medium of Welsh.**

**Diolch yn fawr iawn DPJ ac Iwan."**



# Some of our social media activity



## #GofalaAmDyBen

Starting on Monday 14th of February 2022 until Sunday 20th of February we launched our first "Gofala Am Dy Ben" week campaign, to raise awareness of mental health in agriculture. We we're encouraging people to contribute by sharing the message about taking care of our head.

- Hannah Wright video - 26 likes, 6 comments, 8 shares.
- Elen's post - 77 likes, 1 share
- Osian's video - 341 likes, 43 comments, 108 shares
- Abi Reader post - 154 likes, 5 comments, 10 shares
- Wick & District YFC / Hannah Cae Cogau / Ioan Humphreys

PR Coverage and shares

Ffermio S4C, PAVO, Denbighshire Freepress, FarmingUK, Nerth Dy Ben, Wales YFC, Eryri YFC,





Some of our

# TOP POSTS across all platforms



Market day  
16th Feb 2021

- 2,507 people reached
- 173 likes
- 2 comments
- 2 shares



Thank you pembsshow  
8th March 2021

- 3,488 people reached
- 230 likes
- 1 comment
- 0 shares



Newest team member  
11th August 2021

- 16,972 people reached
- 3,129 engagements
- 487 likes
- 66 comments
- 16 shares



18th February 2021

- 23,741 people reached
- 5,207 engagements
- 341 likes
- 43 comments
- 108 shares



#InternationalWomensDay  
Emma British Empire Medal  
8th March 2021

- 12,030 people reached
- 1,236 engagements
- 438 likes
- 21 comments
- 14 shares



Dan's video  
22nd October 2021

- 26,023 people reached
- 4,702 engagements
- 278 likes
- 32 comments
- 147 shares



Suicide Prevention Day  
10th September 2021

- 7,598 impressions
- 139 total engagements
- 31 likes
- 4 comment
- 23 shares

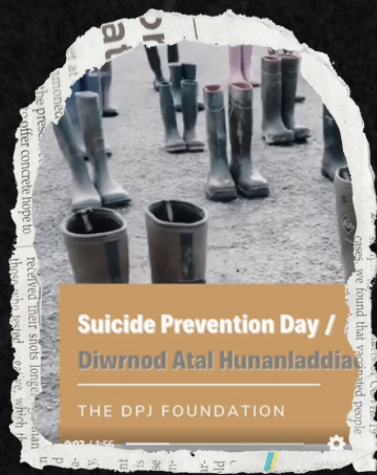


16th May 2021

- 15,700 impressions
- 46 total engagements
- 11 likes
- 0 comment
- 6 shares



10/09/2021



# Suicide Prevention Day Video

Facebook - 24,175 people reached (136 likes / 213 shares)

## World Mental Health Day 2021

Facebook - 24,175 people reached (136 likes / 213 shares)

Kate / Corinna / Annie / Jen (Harper Adams) / Aled Roberts (NFU) / Emma O'Sullivan / Tamzyn / Rob Taylor / Connor / Alwen / Elen



## Diwrnod Iechyd Meddwl Y byd

Facebook - 6,020 people reached (54 likes / 37 shares)

Elen / Connor / Caryl Haf (YFC) / Tamzyn / Alaw Llwyd / Alwen / Aled Roberts (NFU)



## 4 years of #ShareTheLoad

Instagram - 113 views

Facebook - 7,069 people reached (51 likes / 20 shares)

Elen / Connor / Caryl Haf (YFC) / Tamzyn / Alaw Llwyd / Alwen / Aled Roberts (NFU)



UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED  
31 MARCH 2022  
  
FOR  
  
THE DPJ FOUNDATION

Bevan Buckland LLP  
Chartered Accountants  
45 High Street  
Haverfordwest  
Pembrokeshire  
SA61 2BP

**THE DPJ FOUNDATION**

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FOR THE YEAR ENDED 31 MARCH 2022**

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<b>Statement of Financial Position</b>	<b>7</b>
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**THE DPJ FOUNDATION**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2022**

The trustees present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

## **OBJECTIVES AND ACTIVITIES**

### **Objectives and aims**

The principal activities of the charity are to provide support to those in the rural communities of Wales, especially men in agriculture and to raise awareness of mental health issues with a view to removing the stigma of mental health and encouraging those suffering with poor mental health to seek help. It does this through spreading awareness of Mental Health, educating people through Mental Health Awareness Training which provides a first aid for mental health and providing practical support to those in the sector through the 'Share the Load' counselling referral service. The Charity has continued its strategic planning process which remains ongoing. The Charity confirms it has referred to the guidance contained in the Charities Commission general guidance on public benefit when reviewing the charity's aims and objectives in planning future activities.

## **ACHIEVEMENT AND PERFORMANCE**

There are three main strands to the Charity's services:

- Share the Load
- Mental Health Awareness Training
- Awareness Raising and Stigma Busting

### **Share the Load**

Share the Load is a 24/7 confidential call and text line that is staffed by trained volunteers. We have a team of 35 Share the Load volunteers in total, although not all are currently actively volunteering. It provides a listening service as well as operating as a counselling referral service. Over the course of the financial year, we recruited an additional 9 volunteers to the Share the Load service, again focussing on increasing the number of Welsh speakers.

For the period of the financial year (April to March) supported 194 people with access to fully funded counselling and handled over 136 additional text contacts and calls. A further 140 people have been given access to counselling since April 2022. Additional counsellors were recruited from across Wales and counselling was provided in a range of formats including face to face, by telephone, online and by text. Face to face counselling included outreach where the client is met at their home or place of work. Services were provided to people within 16 of the 22 Welsh local authority areas.

During this year it became clear that there were gaps for support provision following suicide (postvention) and also that our Share the Load service was supporting many people who were dealing with grief. As such we applied for and were awarded funding from the Welsh Government to deliver more services around bereavement and grief.

### **Mental Health Awareness Training**

We deliver Mental Health Awareness Training that is designed to give the agricultural community the ability to support each other and be confident in spotting the signs of poor mental health and signposting onwards. The training also encompasses suicide awareness (as agriculture carries one of the highest rates of suicide). Our Mental Health Awareness Training is our own bespoke training package which we deliver exclusively.

Training was adapted to be delivered online and we have started to adapt the core training to explore add-ons that can add value for organisations. Training has been delivered in English and Welsh.

Training was offered free of charge to the general community to book thanks to grant funding from the Welsh Government and trustees took the decision to retain the free offering when funding came to an end. We also deliver commissioned training for organisations and this year have delivered training to organisations including Dyfed Powys Police, Menter a Busnes, veterinary groups, an Estate and agricultural consultants.

**THE DPJ FOUNDATION**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2022**

We have also delivered the FCN and NFYFC collaboration Rural+ and delivered training within schools and agricultural college settings.

Through funding from Powys Teaching Health Board, we were able to pilot a range of wellbeing sessions in the Powys area which allowed delegates to learn techniques to improve their own wellbeing.

**Awareness Raising and beating the stigma**

Each of our activities feeds into this overarching theme of raising awareness of mental health issues and tackling the stigma that remains surrounding poor mental health. We resumed face to face shows and attendance at markets and events during this year, both through volunteers and staff.

Our Regional Champions play a vital role in being the representatives of the charity in their areas and we would be unable to sustain the level of our awareness raising activities or fundraising without their extremely valuable contributions. We have 42 Regional Champions across the whole of Wales

We have continued to create and share daily messages on social media and have increased our reach by starting a new LinkedIn account during this year. During the course of the financial year we increased our followers across all platforms to 14,850 on Facebook, 2,880, on Twitter, 4,670 on Instagram and 450 on LinkedIn which suggests that we were reaching additional audiences. These have continued to grow.

We delivered talks to a variety of groups ranging from young farmers and agricultural college students to agri-businesses, to other third sector groups and networks who may be able to refer to us or add value to the charity's services. We have also spoken at conferences and seminars for other organisations.

The "Wearing is Caring" clothing proved popular once again as a means of raising awareness of the DPJ Foundation in the community and reminding potential service users of our messaging. During the course of the year, trustees considered the purpose of the clothing range and decided that it was intended to raise awareness of mental health and thus challenging the stigma rather than to generate income (although covering costs).

We again participated as a lead partner in Ag Mental Health Week in October which generated coverage in the media and social media and included Emma our Chair of Trustees speaking at an online session. We also benefited from the fitness challenge #Run1000 which again provided a focus in January for wellbeing.

Building on this, we ran our own challenge the Wales Coastal Path Challenge that concluded in the Spring of 2021. This generated funds of £2,607.68.

Once again, we used bale stickers to allow farmers to show their support for the charity and to remind people of our Share the Load service. We received feedback that these were effective in leading those who were not previously aware of the charity to look us up.

**FINANCIAL REVIEW**

**Financial Review**

Total funding received during the year was £271,422 (2021 £224,091) of which £44,743 (2021 £43,567) was restricted and resources expended during the year amounted to £185,294 (2021 £130,001) of which £54,281 was restricted (2021 £29,161) resulting in reserves of £341,827 (2021 £255,699) of which £3,564 (2021 £14,653) are restricted.

**Principal funding sources**

The charity has received grant funding from the Welsh Government that was awarded in previous financial years, new funding from the Welsh Government Bereavement Support Fund, the final funding from the Coronavirus Mental Health Response Fund and the Community Foundation in Wales on behalf of the Ashley Family Foundation, also the Powys Teaching Health Board where the DPJ Foundation submitted a bid on behalf of the Powys Agricultural Welfare Support Group, Simon Gibson Charitable Trust, the Margaret Owen Trust, the Frank Homfrey Charitable Trust, the Betty Lawes Foundation, First Give and the Guy Howland Jackson Trust. We are very grateful to each of these supporters.

The charity has benefited from significant support from individuals and organisations across Wales, through fundraising activities that they have undertaken and donations. This community fundraising has enabled the foundation to develop its services and reach more people. The trustees are very grateful to all organisations and individuals for their generosity.

The charity has also undertaken its own fundraising activities namely the Wales Coastal Path Challenge and the Winter Ball as well as participating in Run1000.

**Reserves policy**

The Board of Trustees has set out the charity's reserves policy to allow the trustees to have strong financial controls over the organisation and meet its legal obligations. The trustees have set the current reserves policy to retain a contingency to safeguard the Share the Load service for a year (to allow service users to continue their counselling).

**THE DPJ FOUNDATION**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is a Charitable Incorporated Organisation with a Constitution dated 2nd May 2017 as its governing document. It is governed by a Board of Trustees who meet bi-monthly. The trustees are appointed to serve for a period of three years and are appointed on the basis of their skills, experience and knowledge. Trustees are able to serve for up to three consecutive terms (and must have an interval of at least one year before being reappointed). A scheme of delegation is in place and day-to-day responsibility for the provision of the services rests with the Charity Manager.

**Names of Charity Trustees who managed the Charity throughout this financial year:**

- Emma O'Sullivan - Chair (since 22 March 2021)
- Tom Rees
- Maralene Griffiths (Vice Chair since 22 March 2021)
- Robert Gwynfor Thomas
- Emma James
- Sian Davies (Secretary)
- Gethin Bickerton
- Iwan Meirion Lloyd Williams (Treasurer since 22 March 2021)
- Natalie D'Ivry (appointed 15 September 2021)
- Catherine Griffiths (resigned 04/07/2021)

Most trustees are already familiar with the work of the charity. New trustees are invited and encouraged to attend an information session to familiarise themselves with the charity and the context within which it operates and covers. An Induction Pack for Trustees is distributed which covers:

- The obligations of Trustees
- The CIO Constitution
- The previous Annual Accounts

**Name of Staff Members in the charity throughout this financial year**

The trustees identified that for the charity to achieve its objectives, it was necessary to recruit paid staff.

- Kate Miles - Charity Manager
- Kay Helyar - Training Manager
- Elen Williams - Marketing, Engagement and Administration Assistant since 02/08/2021

The DPJ Foundation also works with a sessional administrator, Kathryn Lee, who offers her services on a self-employed basis to administer the Share the Load service and to provide some financial administration as well as contracting with around 50 professional counsellors across Wales who deliver counselling services on behalf of the DPJ Foundation.

**Risk management**

The Board of Trustees has conducted a review of the major risks to which the charity is exposed. A risk register is in place and is updated annually with review throughout the year. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces. Procedures are in place to ensure compliance with the health and safety of staff, volunteers, clients and visitors and safeguarding of individuals and information. There are a range of procedures which the charity implements to mitigate potential risks.

**Covid-19**

In light of the global Coronavirus pandemic, The DPJ Foundation made several adjustments to its working practices. Face-to-face meetings were suspended when required, homeworking for staff was implemented and the majority of the organisation's training and engagement services moved online. Counselling was largely moved online or to telephone counselling with some face-to-face counselling taking place in risk assessed, outdoor situations whilst the Covid-19 risk was high. Governance of the organisation was uninterrupted, with all scheduled Trustee meetings taking place online. All face-to-face activities now have resumed, however, hybrid working has been retained, in particular for volunteer meetings and training delivery. Counselling has largely returned to face-to-face.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity number**

1173063



THE DPJ FOUNDATION  
REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2022

Principal address

Units 2 & 3, Rural Business Dev. Centre  
Carmarthen Livestock Market  
Llysonnen Road  
Carmarthen  
Carmarthenshire  
SA33 5DR

Trustees

E R James  
C P Griffiths (resigned 4.7.21)  
S Davies  
E O'Sullivan  
G Bickerton  
M Griffiths  
R G Thomas  
I M L Williams  
T Rees  
N D'Ivry (appointed 4.7.21)

Independent Examiner

Bevan Buckland LLP  
Chartered Accountants  
45 High Street  
Haverfordwest  
Pembrokeshire  
SA61 2BP

Approved by order of the board of trustees on .....12/12/2022..... and signed on its behalf by:



.....  
E O'Sullivan - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
THE DPJ FOUNDATION**

**Independent examiner's report to the trustees of The DPJ Foundation**

I report to the charity trustees on my examination of the accounts of The DPJ Foundation (the Trust) for the year ended 31 March 2022.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ICAEW which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



ALUN EVANS  
ICAEW  
Bevan Buckland LLP  
Chartered Accountants  
45 High Street  
Haverfordwest  
Pembrokeshire  
SA61 2BP

Date: 11.1.2023



THE DPJ FOUNDATION

STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		218,079	2	218,081	224,091
<b>Charitable activities</b>					
Grants		8,600	44,741	53,341	-
<b>Total</b>		<u>226,679</u>	<u>44,743</u>	<u>271,422</u>	<u>224,091</u>
<b>EXPENDITURE ON</b>					
Raising funds		2,106	-	2,106	3,921
<b>Charitable activities</b>					
Mental health awareness		128,907	54,281	183,188	126,080
<b>Total</b>		<u>131,013</u>	<u>54,281</u>	<u>185,294</u>	<u>130,001</u>
<b>NET INCOME/(EXPENDITURE)</b>		95,666	(9,538)	86,128	94,090
Transfers between funds	8	1,551	(1,551)	-	-
<b>Net movement in funds</b>		97,217	(11,089)	86,128	94,090
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		241,046	14,653	255,699	161,609
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>338,263</u>	<u>3,564</u>	<u>341,827</u>	<u>255,699</u>

The notes form part of these financial statements

THE DPJ FOUNDATION  
STATEMENT OF FINANCIAL POSITION  
31 MARCH 2022

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	4	1,737	-	1,737	1,323
<b>CURRENT ASSETS</b>					
Stocks	5	6,574	-	6,574	3,800
Debtors	6	3,164	-	3,164	3,200
Cash at bank		336,073	3,563	339,636	251,265
		<u>345,811</u>	<u>3,563</u>	<u>349,374</u>	<u>258,265</u>
<b>CREDITORS</b>					
Amounts falling due within one year	7	(9,284)	-	(9,284)	(3,889)
<b>NET CURRENT ASSETS</b>		<u>336,527</u>	<u>3,563</u>	<u>340,090</u>	<u>254,376</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>338,264</u>	<u>3,563</u>	<u>341,827</u>	<u>255,699</u>
<b>NET ASSETS</b>		<u>338,264</u>	<u>3,563</u>	<u>341,827</u>	<u>255,699</u>
<b>FUNDS</b>	8				
Unrestricted funds				338,264	241,046
Restricted funds				<u>3,563</u>	<u>14,653</u>
<b>TOTAL FUNDS</b>				<u>341,827</u>	<u>255,699</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 12/12/2022 and were signed on its behalf by:

*E O'Sullivan*

E O'Sullivan - Trustee

The notes form part of these financial statements



**THE DPJ FOUNDATION**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment        -    25% straight line

**Stocks**

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

**Taxation**

The charity is exempt from tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Pension costs and other post-retirement benefits**

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

THE DPJ FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2022

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	180,524	43,567	224,091
<b>EXPENDITURE ON</b>			
Raising funds	3,484	437	3,921
<b>Charitable activities</b>			
Mental health awareness	97,356	28,724	126,080
<b>Total</b>	100,840	29,161	130,001
<b>NET INCOME</b>	79,684	14,406	94,090
Transfers between funds	(248)	248	-
Net movement in funds	79,436	14,654	94,090
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	161,609	-	161,609
<b>TOTAL FUNDS CARRIED FORWARD</b>	241,045	14,654	255,699



THE DPJ FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2022

4. TANGIBLE FIXED ASSETS

	Computer equipment £
<b>COST</b>	
At 1 April 2021	1,764
Additions	1,140
	<u>2,904</u>
At 31 March 2022	
<b>DEPRECIATION</b>	
At 1 April 2021	441
Charge for year	726
	<u>1,167</u>
At 31 March 2022	
<b>NET BOOK VALUE</b>	
At 31 March 2022	<u>1,737</u>
At 31 March 2021	<u>1,323</u>

5. STOCKS

	2022	2021
	£	£
Stocks	<u>6,574</u>	<u>3,800</u>

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Grants receivable	3,064	3,200
Prepayments	100	-
	<u>3,164</u>	<u>3,200</u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Trade creditors	5,553	3,889
Taxation and social security	3,071	-
Other creditors	660	-
	<u>9,284</u>	<u>3,889</u>

THE DPJ FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2022

8. MOVEMENT IN FUNDS

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
<b>Unrestricted funds</b>				
General fund	182,846	95,667	1,551	280,064
Designated	58,200	-	-	58,200
	<u>241,046</u>	<u>95,667</u>	<u>1,551</u>	<u>338,264</u>
<b>Restricted funds</b>				
Rural+ project	8,784	(5,421)	-	3,363
Cyngor Cymuned Glantwymyn	200	-	-	200
Coronavirus Mental Health Response	2,473	(2,737)	264	-
Community Foundation Wales	3,196	(3,783)	587	-
Powys Project	-	(14)	14	-
Welsh Government Bereavement Fund	-	(10)	10	-
Welsh Government Agricultural Fund	-	2,426	(2,426)	-
	<u>14,653</u>	<u>(9,539)</u>	<u>(1,551)</u>	<u>3,563</u>
<b>TOTAL FUNDS</b>	<u>255,699</u>	<u>86,128</u>	<u>-</u>	<u>341,827</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	226,679	(131,012)	95,667
<b>Restricted funds</b>			
Rural+ project	-	(5,421)	(5,421)
Coronavirus Mental Health Response	-	(2,737)	(2,737)
Community Foundation Wales	-	(3,783)	(3,783)
Powys Project	1,456	(1,470)	(14)
Welsh Government Bereavement Fund	19,416	(19,426)	(10)
Welsh Government Agricultural Fund	23,871	(21,445)	2,426
	<u>44,743</u>	<u>(54,282)</u>	<u>(9,539)</u>
<b>TOTAL FUNDS</b>	<u>271,422</u>	<u>(185,294)</u>	<u>86,128</u>



THE DPJ FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2022

8. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
<b>Unrestricted funds</b>				
General fund	161,609	79,685	(58,448)	182,846
Designated	-	-	58,200	58,200
	<u>161,609</u>	<u>79,685</u>	<u>(248)</u>	<u>241,046</u>
<b>Restricted funds</b>				
Rural+ project	-	8,784	-	8,784
Cyngor Cymuned Glantwymyn	-	200	-	200
Coronavirus Mental Health Response	-	2,473	-	2,473
Community Foundation Wales	-	3,196	-	3,196
Powys Project	-	(248)	248	-
	<u>-</u>	<u>14,405</u>	<u>248</u>	<u>14,653</u>
<b>TOTAL FUNDS</b>	<u>161,609</u>	<u>94,090</u>	<u>-</u>	<u>255,699</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	180,524	(100,839)	79,685
<b>Restricted funds</b>			
Rural+ project	10,750	(1,966)	8,784
Cyngor Cymuned Glantwymyn	200	-	200
Coronavirus Mental Health Response	20,001	(17,528)	2,473
Community Foundation Wales	9,141	(5,945)	3,196
Powys Project	3,475	(3,723)	(248)
	<u>43,567</u>	<u>(29,162)</u>	<u>14,405</u>
<b>TOTAL FUNDS</b>	<u>224,091</u>	<u>(130,001)</u>	<u>94,090</u>

THE DPJ FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2022

8. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
<b>Unrestricted funds</b>				
General fund	161,609	175,352	(56,897)	280,064
Designated	-	-	58,200	58,200
	<u>161,609</u>	<u>175,352</u>	<u>1,303</u>	<u>338,264</u>
<b>Restricted funds</b>				
Rural+ project	-	3,363	-	3,363
Cyngor Cymuned Glantwymyn	-	200	-	200
Coronavirus Mental Health Response	-	(264)	264	-
Community Foundation Wales	-	(587)	587	-
Powys Project	-	(262)	262	-
Welsh Government Bereavement Fund	-	(10)	10	-
Welsh Government Agricultural Fund	-	2,426	(2,426)	-
	<u>-</u>	<u>4,866</u>	<u>(1,303)</u>	<u>3,563</u>
<b>TOTAL FUNDS</b>	<u>161,609</u>	<u>180,218</u>	<u>-</u>	<u>341,827</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	407,203	(231,851)	175,352
<b>Restricted funds</b>			
Rural+ project	10,750	(7,387)	3,363
Cyngor Cymuned Glantwymyn	200	-	200
Coronavirus Mental Health Response	20,001	(20,265)	(264)
Community Foundation Wales	9,141	(9,728)	(587)
Powys Project	4,931	(5,193)	(262)
Welsh Government Bereavement Fund	19,416	(19,426)	(10)
Welsh Government Agricultural Fund	23,871	(21,445)	2,426
	<u>88,310</u>	<u>(83,444)</u>	<u>4,866</u>
<b>TOTAL FUNDS</b>	<u>495,513</u>	<u>(315,295)</u>	<u>180,218</u>



**THE DPJ FOUNDATION**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2022**

**9. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2022.

**THE DPJ FOUNDATION**  
**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31 MARCH 2022**

	2022 £	2021 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Fund raising	218,081	161,071
Grants	-	63,020
	<u>218,081</u>	<u>224,091</u>
<b>Charitable activities</b>		
Grants	53,341	-
	<u>53,341</u>	<u>-</u>
<b>Total incoming resources</b>	<u>271,422</u>	<u>224,091</u>
<b>EXPENDITURE</b>		
<b>Raising donations and legacies</b>		
Merchandise	2,106	3,921
<b>Charitable activities</b>		
Wages	56,495	41,437
Social security	504	-
Pensions	2,068	2,187
Postage and stationery	1,470	2,906
Promotions and advertising	13,700	10,960
Training, staff and volunteer expenses	4,599	7,239
Counselling	59,838	45,706
Winter ball	7,173	-
Event costs	3,453	-
Office hire and general costs	6,360	3,769
Repairs and renewals	1,936	138
Heat and light	1,165	588
Computer costs	228	2,666
Translation costs	186	-
Travelling	7,499	-
Author/Illustrator	5,250	-
Depreciation of computer equipment	726	441
	<u>172,650</u>	<u>118,037</u>
<b>Support costs</b>		
<b>Management</b>		
Insurance	1,019	596
Telephone	1,784	903
Professional fees	7,359	4,619
Sundries	376	1,925
	<u>10,538</u>	<u>8,043</u>
<b>Total resources expended</b>	<u>185,294</u>	<u>130,001</u>
<b>Net income</b>	<u>86,128</u>	<u>94,090</u>

This page does not form part of the statutory financial statements

The DPJ Foundation  
Fixed Assets  
Year Ended 31 March 2022

	Date of Acquisition	Cost B Fwd £	Adds £	Disps £	Cost C Fwd £	Dep'n B Fwd £	Charge For Year £	On Disposals £	Dep'n C Fwd £	NBV 2022 £	NBV 2021 £
25% SL											
Computer Equipment											
IT equipment	30/07/2020	1,763.91	-	-	1,763.91	441.00	441.00	-	882.00	881.91	1,322.91
Laptop & Equipment	30/07/2021	-	741.48	-	741.48	-	185.00	-	185.00	556.48	-
Laptop	01/02/2022	-	399.00	-	399.00	-	100.00	-	100.00	299.00	-
		<u>1,763.91</u>	<u>1,140.48</u>	<u>-</u>	<u>2,904.39</u>	<u>441.00</u>	<u>726.00</u>	<u>-</u>	<u>1,167.00</u>	<u>1,737.39</u>	<u>1,322.91</u>
TOTALS											
Non-depreciating		-	-	-	-	-	-	-	-	-	-
Depreciating		<u>1,763.91</u>	<u>1,140.48</u>	<u>-</u>	<u>2,904.39</u>	<u>441.00</u>	<u>726.00</u>	<u>-</u>	<u>1,167.00</u>	<u>1,737.39</u>	<u>1,322.91</u>
		<u>1,763.91</u>	<u>1,140.48</u>	<u>-</u>	<u>2,904.39</u>	<u>441.00</u>	<u>726.00</u>	<u>-</u>	<u>1,167.00</u>	<u>1,737.39</u>	<u>1,322.91</u>



