

THE DPJ FOUNDATION

England & Wales · Charity number 1173063

Details

Status Registered

Legal form CIO

Registered 2017-05-16

Register [View on the Charity Commission register](#)

Contact

Address Units 2 & 3
Rural Business Development Centre
Llysonnen Road
Carmarthen
Carmarthenshire
SA33 5DR

Phone 07984 169652

Email kate@thedpjfoundation.co.uk

Website www.thedpjfoundation.co.uk

Activities

Objects: TO RELIEVE SICKNESS AND PROMOTE AND PROTECT GOOD MENTAL HEALTH OF MEN IN WALES, PARTICULARLY THOSE LIVING IN RURAL AREAS AND WHO ARE WORKING IN AGRICULTURE BY THE PROVISION OF INFORMATION, ADVICE AND SUPPORT AND TO RAISE AWARENESS OF MENTAL HEALTH ISSUES WITH A VIEW TO REMOVING THE STIGMA OF MENTAL HEALTH AND ENCOURAGING THOSE SUFFERING WITH POOR MENTAL HEALTH TO SEE HELP.

Activities: The DPJ Foundation provides support to those in the rural communities of Wales, especially men in agriculture. It does this through spreading awareness of Mental health, educating people through Mental Health First Aid and providing practical support to those in the sector through the 'Share the Load' counselling referral service.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Other Defined Groups, The General Public/mankind

Geography

- Throughout Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£268,171	£327,956	-	-
2024-03-31	£390,828	£277,401	-	-
2023-03-31	£651,100	£255,123	£737,804	4
2022-03-31	£271,422	£185,294	-	-
2021-03-31	£224,091	£130,001	-	-

Trustees

Name	Role	Appointed
Anna Sullivan		2025-07-14
Emma James		2019-06-01
Emma Sian O'Sullivan		2020-09-28
Gareth Owen		2025-07-14
Gethin David Bickerton		2021-01-18
Iwan Meirion Lloyd Williams		2021-01-18
Maralene Griffiths		2020-07-29
Natalie Louise De Richard D'Ivry		2021-09-15
Sheena Horner		2025-07-14
Tom Rees		2019-06-01

THE DPJ FOUNDATION

England & Wales - Charity number 1173063

Accounts

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025
FOR
THE DPJ FOUNDATION**

Bevan Buckland LLP
Chartered Accountants
45 High Street
Haverfordwest
Pembrokeshire
SA61 2BP

THE DPJ FOUNDATION

**CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

	Page
Report of the Trustees	1 to 5
Independent Examiner's Report	6
Statement of Financial Activities	7
Statement of Financial Position	8
Statement of Cash Flows	9
Notes to the Statement of Cash Flows	10
Notes to the Financial Statements	11 to 18
Detailed Statement of Financial Activities	19 to 20

THE DPJ FOUNDATION
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The principal activities of the charity are to provide support to those in the rural communities of Wales, especially men in agriculture and to raise awareness of mental health issues with a view to removing the stigma of mental health and encouraging those suffering with poor mental health to seek help. It does this through spreading awareness of Mental Health, educating people through Mental Health Awareness Training which provides a first aid for mental health and providing emotional support to those in the sector through the 'Share the Load' counselling referral service. As a result of analysing the nature of calls through the Share the Load counselling service, it was clear that bereavement and grief are areas which impact the mental health of people making contact with the service and so the Charity has undertaken work in this area to also raise awareness. Alongside this, evidence shows that poor physical health has an impact on mental health and this is something borne out by calls to the service as well as through the Charity's postvention service. The Charity confirms it has referred to the guidance contained in the Charities Commission for England and Wales general guidance on public benefit when reviewing the charity's aims and objectives in planning future activities.

Volunteers

We are very fortunate to be supported by 88 volunteers including trustees, who provide significant benefit to the charity.

ACHIEVEMENTS AND PERFORMANCE

There are three main strands to the Charity's services:

- **Support:** Share the Load and Postvention
- **Raising Awareness through Training:** Mental Health Awareness and Bereavement & Grief Awareness Training
- **Challenging Stigma:** Awareness Raising and Stigma Busting

Share the Load

Share the Load is a 24/7 confidential call and text line that is staffed by trained volunteers. We have a team of 30 Share the Load volunteers in total, although not all are currently actively volunteering. It provides a listening service as well as operating as a counselling referral service.

For the period of the financial year (April to March) we supported 266 people with access to fully funded counselling (50 of whom had previously accessed support). A further 209 people have been given access to counselling since April 2025. Additional counsellors were recruited from across Wales and counselling was provided in a range of formats including face to face, by telephone, online and by text. Face to face counselling included outreach where the client is met at their home or place of work. We also delivered EMDR counselling to clients who were impacted by trauma, particularly following bereavement by suicide. Services were provided to people within 20 of the 22 Welsh local authority areas.

During this year, the charity further developed its postvention service, a proactive support service offered to people who have been affected by suicide. This was taken up by a number of individuals and families across the country and continues to develop in partnership with other agencies including the Powys Teaching Health Board, Ponthafren, Enfys Alice partners across North Wales and other third sector organisations.

The Hywel Davies Lorry which is a mobile health hub based on a livestock lorry and which made its first outing on 13 December 2023. The lorry, which has a team of volunteers and a self employed Registered Nurse who is a former volunteer attended markets, shows and other events to raise awareness of the DPJ Foundation and also to offer various health checks including blood pressure, blood sugar, blood oxygen and BMI. During the financial year, the lorry made 56 visits, seeing a total of 1,177 people, some a number of times. A significant development during this financial year is that we saw an increase in the numbers of people seeking mental health support (81 people in the final three months of the financial year compared to 23 in the same period the previous year). This was the hope with this project and the statistics appear to support this aim of building trust so that people will get help for their mental health.

At the end of the financial year we explored taking part in an SBRI funded project with Tend VR, a research project studying the use of virtual reality technology to deliver mindfulness based cognitive therapy to people working in agriculture. This project is currently ongoing.

THE DPJ FOUNDATION
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025

Mental Health Awareness Training

The DPJ Foundation's Mental Health Awareness in Agriculture training has continued to be delivered in person and virtually throughout this period. We have held online training in Mental Health Awareness in Agriculture free of charge every month with consistently good attendance. The sessions help attendees to learn how they can support others in their rural and agricultural communities by showing how to spot the signs of someone with poor mental health, provide meaningful support, and encourage them to access help, as well as how to look after their own mental health. The sessions include a section on suicide prevention as agriculture has high rates of suicide and offer ample opportunity for discussion and signposting, in English and in Welsh. Our Mental Health Awareness Training is our own bespoke training package which we deliver exclusively.

Our regular training is designed to support anyone farming, their family, those living in the rural community, or those providing support or services to the farming community in Wales. During the Financial Year we received funding from Welsh Government to enable us to continue to offer the training free of charge and were also commissioned to deliver bespoke Mental Health Awareness in Agriculture training to organisations such as farm animal veterinary practices and livestock breeding organisations. Every attendee is invited to access follow-up support through our Share The Load line, should they need a 'second opinion' whilst utilising their learning. They also receive a follow-up email with useful resources and signposting options.

During the financial year of 2024-2025, The DPJ Foundation delivered 18 mental health awareness sessions to 265 individuals. Most of this training was undertaken by the Charity Manager alongside other work commitments, due to staffing changes and included a lecture for Aberystwyth University nursing students. Our new Training Officer joined in March 2025 and since 1st April 2025, we have delivered 18 mental health awareness sessions, plus a lecture for Aberystwyth University Student Nurses training a total of 278 individuals in total. During the full period of this report, this included training under the FAW/FUW collaboration, training for foresters in collaboration with Confor and training for agricultural advisors. 3 volunteers assisted with delivery at training sessions.

A modular version of our Mental Health in Agriculture training has been developed as a 2-part session and was piloted with volunteers in May 2025.

Bereavement and Grief Awareness Training

This training which we developed thanks to Welsh Government provides an overview of bereavement, grief and the impact that grief can have on emotion, behaviours and mental health. It helps improve bereavement literacy and suggests how to help someone practically and emotionally after a bereavement. We delivered Bereavement and Grief Awareness training sessions thanks to funding from the Welsh Government's Bereavement Support Fund. There were 17 sessions delivered, training a total of 132 people. Since April 2025 under a new round of this funding, a further 9 sessions have taken place and 102 people have been trained. 3 volunteers have either delivered or co-delivered this training. Online training has proved more popular than face-to-face, but a number of face to face sessions have taken place.

Suicide Bereavement Training

During the Financial Year, our Charity Manager attended Train the Trainer training for new accredited training commissioned by the NHS Performance and Improvement team designed to equip people who encounter those bereaved or affected by suicide to respond in an appropriately compassionate and trauma-informed way. This training was not ready to be delivered until after 1st April 2025, but since then, 5 sessions of Unit 1: Understanding the Impact of Suicide or Suspected Suicide have been delivered during 2025 to a total of 37 people.

Other Training

Stress and Burnout training was delivered during the financial year 2024/25 and this has been built upon and developed further since then. Two sessions were delivered of this training in Autumn 2025 to 58 people.

Further training associated with mental health will be developed during 2026 and we will also welcome an initial cohort of medical students on placement in early 2026 as part of their training as rural doctors.

Awareness Raising and Stigma Busting

Each of our activities feeds into this overarching theme of raising awareness of mental health issues and tackling the stigma that remains surrounding poor mental health. The Hywel Davies Lorry has been a positive addition to our offer in being able to reach more people and getting around stigma.

We have continued to expand our Regional Champion base and now have champions in most areas of Wales, although some key areas for growth, including South-East Wales and Ceredigion, remain challenging to develop a volunteer presence within. Our Regional Champions play a vital role in being the representatives of the charity in their areas and we would be unable to sustain the level of our awareness raising activities or fundraising without their extremely valuable contributions. Through our staff and Regional Champions we were able to attend shows and community events during most weekends throughout the summer as well as more widely throughout the year. These provide a vital opportunity to reach members of our community that we otherwise may miss. We had 59 Regional Champions across the whole of Wales during the financial year, rising since to 64.

THE DPJ FOUNDATION
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025

During the financial year, we attended in excess of 167 events across Wales to raise awareness and a further 159 events since. This is through a mixture of Regional Champion volunteers and staff.

We have continued to create and share daily messages on social media and have increased our reach by starting a new LinkedIn account during this year. During the course of the financial year we again increased our followers by over 2,200 followers across the main platforms to 37,842; 20,318 on Facebook, 3,571 on X, 7,290 on Instagram, 1,318 on LinkedIn 4,204 on Snapchat, 52 on Youtube and 1,089 on TikTok. The policy of regular social media posts, including awareness messaging, daily supportive prompts, service promotion, and community stories has sustained high engagement rates (likes, shares, comments) on key platforms relative to sector benchmarks for other charities and agricultural organisations, showing that followers are actively interacting with content and spreading key messages across their networks.

We delivered talks mainly face to face but with some online to a variety of groups ranging from young farmers and agricultural college students to grassland groups and agri-businesses, to other third sector groups, networks and public sector who may be able to refer to us or add value to the charity's services. We delivered a session on the mental health needs of those within the agricultural sector for the Royal College of Psychiatrists in Wales in Autumn 2025. 13 attended the online session, but the session recording has now been made available to all 600+ members across Wales. We visited a number of schools and agricultural colleges across the country to speak about our work, mental wellbeing and to raise awareness of the support available, delivering in both English and Welsh. We attended shows, fresher's fayres, fundraising events and supported events run by other charities in order to raise awareness.

We ensured that our bereavement picture books that were funded by the Welsh Government Bereavement Support Fund, The Dan Y Bont series, were delivered to every primary school across Wales. This was 422 Welsh medium and 807 English medium schools, totalling 1,229 schools have received the books, which means that just under 303,000 children have access to the books as well as sharing copies with other organisations and individuals.

We have also spoken at conferences and seminars for other organisations.

We appeared across various media channels including TV news and current affairs shows, radio in English and Welsh and in the print and online media. This was through volunteers and staff members and all contributed to raise awareness of the charity's work and challenge the stigma surrounding mental health in agriculture.

We scaled back our promotion of The "Wearing is Caring" clothing to allow staff to focus on other aspects of awareness raising and the Etsy shop has been closed. The clothing line has been created as a means of raising awareness of the DPJ Foundation in the community and reminding potential service users of our messaging and does not generate a profit once costs are considered. As such other ways of raising awareness continued to be prioritised.

FINANCIAL REVIEW

Financial Review

Total funding received during the year was £268,171 (2024 £390,868) of which £16,707 (2024 £19,271) was restricted and resources expended during the year amounted to £327,956 (2024 £277,401) of which £55,245 was restricted (2024 £33,613) resulting in reserves of £791,446 (2024 £851,231) of which £231,187 (2024 £267,159) are restricted.

Principal funding sources

The charity has received grant funding from the Welsh Government from their Bereavement Support Fund and during the year applied for and secured a new round of three-year funding. Other grants were from Community Foundation Wales, the Mary Hornfrey Charitable Trust, the Simon Gibson. We are very grateful to each of these supporters.

The charity has continued to benefit from significant support from individuals and organisations across Wales, through fundraising activities that they have undertaken and donations. Significant donations and funds raised included £14,000 from the estate of the Late O M Williams, £10,560 from Cneifio Cylch, over £8,300 from Bute Energy as a result of being their charity of the year, over £6,100 from Matthew Williams over £5,800 from Meirion Evans and his shearing record, £5,760 from Landsker Business Solutions through their charity of the year, over £4,600 from the Dolgellau Barmouth Tractor run, over £4,000 from Simon John's Kilimanjaro hike, over £4,000 from Archie's Tractor Run. We wish to acknowledge and thank all who have donated or fundraised for the charity. This community fundraising has enabled the foundation to develop its services and reach more people. The trustees are very grateful to all organisations and individuals for their generosity and support.

Reserves policy

The Board of Trustees has set out the charity's reserves policy to allow the trustees to have strong financial controls over the organisation and meet its legal obligations. The current reserves policy remains to retain a contingency to safeguard the Share the Load service for a year (to allow service users to continue their counselling).

THE DPJ FOUNDATION
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is a Charitable Incorporated Organisation with a Constitution dated 2nd May 2017 as its governing document. It is governed by a Board of Trustees who meet bi-monthly. The trustees are appointed to serve for a period of three years and are appointed on the basis of their skills, experience and knowledge. Trustees are able to serve for up to three consecutive terms (and must have an interval of at least one year before being reappointed). A scheme of delegation is in place and day-to-day responsibility for the provision of the services rests with the Charity Manager.

Names of Charity Trustees who managed the Charity throughout this financial year:

- Emma O'Sullivan - Chair
- Tom Rees
- Maralene Griffiths
- Emma James
- Gethin Bickerton
- Iwan Meirion Lloyd Williams
- Natalie De Richard D'Ivry
- Robert Gwynfor Thomas -resigned 15 April 2025
- Sheena Horner - appointed 14 July 2025
- Anna Sullivan - appointed 14 July 2025
- Gareth Owen - appointed 14 July 2025

New trustees have undergone an induction process and all trustees are familiar with the work of the charity.

Name of Staff Members in the charity throughout this financial year

The trustees have delegated day to day management and delivery of the charity's work to the staff team, led by the Charity Manager. During this year there were a number of changes within the staff team, albeit remaining as volunteers or supporters of the charity. These roles were revised, with the Training Manager role replaced with a Training Officer and the Marketing function outsourced.

- Kate Miles - Charity Manager
- Elizabeth Gibbon - Team Coordinator (Part Time)
- Elen Lewis - Training Manager left 11 November 2024
- Mali Thomas - Marketing and Engagement Assistant left 18 February 2025
- Fiona Evans - Volunteer and Events Coordinator resigned and leaving 5 March 2026
- Nia Bowen - Training Officer - Appointed 10 March 2025
- Annie James - Projects Worker - Appointed 1 December 2025

The DPJ Foundation also works with a sessional administrator, Kathryn Lee, who offers her services on a self-employed basis to administer the Share the Load service and to provide some financial administration. We work with a paid Registered Nurse, Emma Morgans who provides her services as a self-employed Nurse on the Hywel Davies Lorry as well as contracting with around 90 professional counsellors across Wales who deliver counselling services on behalf of the DPJ Foundation. Following the resignation of the Marketing and Engagement Assistant, the decision was taken to engage the services of a social media freelancer Leah Meirion Davies who began working with us from 1 May 2025.

Risk management

The Board of Trustees has conducted a review of the major risks to which the charity is exposed. A risk register is in place with review of risks throughout the year. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces. Procedures are in place to ensure compliance with the health and safety of staff, volunteers, clients and visitors and safeguarding of individuals and information. There are a range of procedures which the charity implements to mitigate potential risks.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1173063

Principal address

Units 2 & 3, Rural Business Dev. Centre
Carmarthen Livestock Market
Llysonnen Road
Carmarthen
Carmarthenshire
SA33 5DR

THE DPJ FOUNDATION
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025

Trustees

E R James
E O'Sullivan
G Bickerton
M Griffiths
R G Thomas
I M L Williams
T Rees
N D'Ivry

Independent Examiner

Bevan Buckland LLP
Chartered Accountants
45 High Street
Haverfordwest
Pembrokeshire
SA61 2BP

Approved by order of the board of trustees on 29 January 2026 and signed on its behalf by:



.....
E O'Sullivan - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
THE DPJ FOUNDATION**

Independent examiner's report to the trustees of The DPJ Foundation

I report to the charity trustees on my examination of the accounts of The DPJ Foundation (the Trust) for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Alun Evans

Alun Evans FCA

Bevan Buckland LLP
Chartered Accountants
45 High Street
Haverfordwest
Pembrokeshire
SA61 2BP

Date: 29.1.2026

THE DPJ FOUNDATION

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025**

	Notes	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds as restated £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	223,511	-	223,511	344,167
Charitable activities					
Mental health awareness	4	26,790	16,707	43,497	23,186
Other trading activities	3	1,163	-	1,163	23,475
Total		<u>251,464</u>	<u>16,707</u>	<u>268,171</u>	<u>390,828</u>
EXPENDITURE ON					
Raising funds	5	1,033	-	1,033	5,936
Charitable activities					
Mental health awareness	6	271,678	55,245	326,923	271,465
Total		<u>272,711</u>	<u>55,245</u>	<u>327,956</u>	<u>277,401</u>
NET INCOME/(EXPENDITURE)		(21,247)	(38,538)	(59,785)	113,427
RECONCILIATION OF FUNDS					
Total funds brought forward		581,506	289,725	851,231	737,804
TOTAL FUNDS CARRIED FORWARD		<u><u>560,259</u></u>	<u><u>231,187</u></u>	<u><u>791,446</u></u>	<u><u>851,231</u></u>

The notes form part of these financial statements

THE DPJ FOUNDATION
STATEMENT OF FINANCIAL POSITION
31 MARCH 2025

	Notes	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds as restated £
FIXED ASSETS					
Tangible assets	13	11,452	60,697	72,149	85,727
CURRENT ASSETS					
Stocks	14	10,822	-	10,822	14,616
Debtors	15	2,519	-	2,519	4,447
Cash at bank		542,853	170,490	713,343	749,967
		<u>556,194</u>	<u>170,490</u>	<u>726,684</u>	<u>769,030</u>
CREDITORS					
Amounts falling due within one year	16	(7,387)	-	(7,387)	(3,526)
NET CURRENT ASSETS		<u>548,807</u>	<u>170,490</u>	<u>719,297</u>	<u>765,504</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>560,259</u>	<u>231,187</u>	<u>791,446</u>	<u>851,231</u>
NET ASSETS		<u><u>560,259</u></u>	<u><u>231,187</u></u>	<u><u>791,446</u></u>	<u><u>851,231</u></u>
FUNDS	18				
Unrestricted funds				560,259	581,506
Restricted funds				231,187	269,725
TOTAL FUNDS				<u><u>791,446</u></u>	<u><u>851,231</u></u>

The financial statements were approved by the Board of Trustees and authorised for issue on ~~29 January 2026~~ and were signed on its behalf by:



 E O'Sullivan - Trustee

THE DPJ FOUNDATION
STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2025

	Notes	2025 £	2024 as restated £
Cash flows from operating activities			
Cash generated from operations	1	(36,624)	117,139
Net cash (used in)/provided by operating activities		<u>(36,624)</u>	<u>117,139</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		-	(84,728)
Net cash provided by/(used in) investing activities		<u>-</u>	<u>(84,728)</u>
Change in cash and cash equivalents in the reporting period			
Cash and cash equivalents at the beginning of the reporting period		<u>749,967</u>	<u>717,556</u>
Cash and cash equivalents at the end of the reporting period		<u><u>713,343</u></u>	<u><u>749,967</u></u>

The notes form part of these financial statements

THE DPJ FOUNDATION

NOTES TO THE STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2025

1. RECONCILIATION OF NET (EXPENDITURE)/INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2025	2024
	£	as restated £
Net (expenditure)/income for the reporting period (as per the Statement of Financial Activities)	(59,785)	113,427
Adjustments for:		
Depreciation charges	13,578	16,233
Decrease/(increase) in stocks	3,794	(6,914)
Decrease/(increase) in debtors	1,928	(2,631)
Increase/(decrease) in creditors	3,861	(2,976)
Net cash (used in)/provided by operations	<u>(36,624)</u>	<u>117,139</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.24	Cash flow	At 31.3.25
	£	£	£
Net cash			
Cash at bank	749,967	(36,624)	713,343
	<u>749,967</u>	<u>(36,624)</u>	<u>713,343</u>
Total	<u>749,967</u>	<u>(36,624)</u>	<u>713,343</u>

The notes form part of these financial statements

THE DPJ FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

Income is recognised when the Charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Where income has related expenditure, the income and related expenditure are reported gross in the Statement of Financial Activities.

Donations and grants are recognised when receivable. In the event that a donation is subject to fulfilling performance conditions before the Charity is entitled to the funds, the income is deferred and not recognised until it is probable that the those conditions will be fulfilled in the reporting period.

Interest on deposits held is included when receivable and the amount can be measured reliably by the Charity which is normally upon notification of the interest paid or by the bank.

Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the Charity has been notified of the executor's intention to make a distribution.

Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of the resources.

Support costs are made up of administration and management and finance costs.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 15% reducing balance
Computer equipment	- 25% straight line

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The company is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore meets the definition of a charitable company for UK corporation tax purposes.

Fund accounting

Unrestricted funds are incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. Expenditure which meets these criteria is charged to the fund, together with a fair allocation of management and support costs.

Designated funds are funds earmarked by the trustees for a particular purposes. They are not restricted and make up the unrestricted reserves.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

THE DPJ FOUNDATION

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

1. ACCOUNTING POLICIES - continued

Volunteers

The value of services provided by volunteers is not incorporated into these financial statements. Further detail of their contribution is provided in the Trustees report.

Debtors

Trade and other debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid net of any discounts due. Accrued income is included at best estimate of the amounts receivable at the balance sheet date.

Cash and cash equivalents

Cash and cash equivalents comprise cash in hand and demand deposits that are readily convertible to a known amount of cash and are subject to an insignificant risk to changes in value.

Creditors

Creditors are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Going concern

The trustees have considered the financial performance of the Charity for the foreseeable future, in particular, the next 12 to 18 months and are confident that the Charity is a going concern.

Operating leases

Operating leases are recognised over the period of which the lease falls due. Benefits received and receivable are recognised on a straight line basis over the period of the lease.

2. DONATIONS AND LEGACIES

	2025	2024 as restated
	£	£
Donations received	209,511	304,167
Legacy income	14,000	40,000
	<u>223,511</u>	<u>344,167</u>

3. OTHER TRADING ACTIVITIES

	2025	2024 as restated
	£	£
Merchandise	545	1,187
Fundraising	-	15,238
Training income	618	6,965
Miscellaneous income	-	85
	<u>1,163</u>	<u>23,475</u>

THE DPJ FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

4. INCOME FROM CHARITABLE ACTIVITIES

		2025	2024 as restated
Grants	Activity	£	£
	Mental health awareness	43,497	23,186

5. RAISING FUNDS

Raising donations and legacies

		2025	2024 as restated
		£	£
Winter ball fundraiser		-	3,982
Merchandise for resale		73	1,294
General fundraising expenses		960	660
		1,033	5,936

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 7) £	Totals £
Mental health awareness	324,177	2,746	326,923

7. SUPPORT COSTS

	Management £	Finance £	Totals £
Mental health awareness	2,742	4	2,746

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

9. STAFF COSTS

	2025	2024 as restated
	£	£
Wages and salaries	100,304	91,486
Social security costs	3,194	3,070
Other pension costs	2,872	4,066
	106,370	98,622

The average monthly number of employees during the year was as follows:

	2025	2024 as restated
Charity Manager	1	1
Training Manager	1	1
Marketing, Engagement & Admin. Assistant	1	1
Team Co-ordinator	1	1
	4	4

THE DPJ FOUNDATION

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

9. STAFF COSTS - continued

No employees received emoluments in excess of £60,000.

The total key management personnel remuneration benefits during the year were £32,336 (2024 £31,218).

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds	Restricted funds	Total funds as restated £
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	344,167	-	344,167
Charitable activities			
Mental health awareness	4,000	19,186	23,186
Other trading activities	23,390	85	23,475
Total	<u>371,557</u>	<u>19,271</u>	<u>390,828</u>
EXPENDITURE ON			
Raising funds	5,936	-	5,936
Charitable activities			
Mental health awareness	237,852	33,613	271,465
Total	<u>243,788</u>	<u>33,613</u>	<u>277,401</u>
NET INCOME/(EXPENDITURE)	127,769	(14,342)	113,427
RECONCILIATION OF FUNDS			
Total funds brought forward	453,737	284,067	737,804
TOTAL FUNDS CARRIED FORWARD	<u>581,506</u>	<u>269,725</u>	<u>851,231</u>

11. PRIOR YEAR ADJUSTMENT

Grant received in the year ended 31 March 2024 totalling £2,566 was included in counselling income in error. This grant was restricted in nature and the prior period adjustment reflects the restatement of grant income and counselling income by this amount. The restricted reserves have also increased by this amount to reflect the change in accounting treatment and the general reserves have reduced by this amount accordingly.

12. NET INCOME/(EXPENDITURE)

	2025	2024
	£	£
Independent examiners remuneration (inc VAT)	2,135	2,034
Other services- payroll bureau (Including VAT)	802	802
Depreciation of owned assets	13,578	16,233
	<u>16,515</u>	<u>19,069</u>

THE DPJ FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

13. TANGIBLE FIXED ASSETS

	Plant and machinery £	Computer equipment £	Totals £
COST			
At 1 April 2024 and 31 March 2025	101,062	5,869	106,931
DEPRECIATION			
At 1 April 2024	17,386	3,818	21,204
Charge for year	12,552	1,026	13,578
At 31 March 2025	29,938	4,844	34,782
NET BOOK VALUE			
At 31 March 2025	71,124	1,025	72,149
At 31 March 2024	83,676	2,051	85,727

14. STOCKS

	2025 £	2024 as restated £
Stocks	10,822	14,616

15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 as restated £
Accounts receivable	2,047	4,113
Prepayments	472	334
	2,519	4,447

16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 as restated £
Other creditors	7,387	3,526

17. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2025 £	2024 as restated £
Within one year	7,515	9,100
Between one and five years	3,757	3,966
	11,272	13,066

THE DPJ FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

18. MOVEMENT IN FUNDS

	At 1.4.24 £	Net movement in funds £	At 31.3.25 £
Unrestricted funds			
General fund	514,006	(21,247)	492,759
Designated	67,500	-	67,500
	<u>581,506</u>	<u>(21,247)</u>	<u>560,259</u>
Restricted funds			
Rural+ project	2,543	-	2,543
Hywel Davies Residuary Trust	264,616	(37,339)	227,277
Powys Teaching Health Board	2,566	(1,199)	1,367
	<u>269,725</u>	<u>(38,538)</u>	<u>231,187</u>
TOTAL FUNDS	<u>851,231</u>	<u>(59,785)</u>	<u>791,446</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	251,464	(272,711)	(21,247)
Restricted funds			
Welsh Government Bereavement Fund	15,407	(15,407)	-
Hywel Davies Residuary Trust	-	(37,339)	(37,339)
Christian Centre for Rural Wales	500	(500)	-
Powys Teaching Health Board	-	(1,199)	(1,199)
Welsh Government Training grant	800	(800)	-
	<u>16,707</u>	<u>(55,245)</u>	<u>(38,538)</u>
TOTAL FUNDS	<u>268,171</u>	<u>(327,956)</u>	<u>(59,785)</u>

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
Unrestricted funds				
General fund	395,537	127,769	(9,300)	514,006
Designated	58,200	-	9,300	67,500
	<u>453,737</u>	<u>127,769</u>	<u>-</u>	<u>581,506</u>
Restricted funds				
Rural+ project	2,458	85	-	2,543
Cyngor Cymuned Glantwymyn	200	(200)	-	-
Hywel Davies Residuary Trust	281,409	(16,793)	-	264,616
Powys Teaching Health Board	-	2,566	-	2,566
	<u>284,067</u>	<u>(14,342)</u>	<u>-</u>	<u>269,725</u>
TOTAL FUNDS	<u>737,804</u>	<u>113,427</u>	<u>-</u>	<u>851,231</u>

THE DPJ FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

18. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	371,557	(243,788)	127,769
Restricted funds			
Rural+ project	85	-	85
Cyngor Cymuned Glantwymyn	-	(200)	(200)
Welsh Government Bereavement Fund	16,620	(16,620)	-
Hywel Davies Residuary Trust	-	(16,793)	(16,793)
Powys Teaching Health Board	2,566	-	2,566
	<u>19,271</u>	<u>(33,613)</u>	<u>(14,342)</u>
TOTAL FUNDS	<u>390,828</u>	<u>(277,401)</u>	<u>113,427</u>

Purpose of restricted funds

Hywel Davies Residuary Trust

This charitable trust was set up for the benefit of charity's operating wholly or partly for the benefit of those affected by mental health issues in Pembrokeshire. The grant awarded to the DPJ Foundation in 2023/24 was for the Hywel Davies Lorry Project which is a dedicated space for the rural community of South West Wales and it provides a safe haven for farmers to share their struggles and receive support.

Welsh Government Bereavement Fund

This grant has been awarded to fund counselling for bereavement (including volunteer training and support costs, running costs and delivering a helpline) and to develop and deliver training around bereavement as well as create children's picture books.

Rural+Project

This fund is a joint project with FCN and NFYFC and was awarded to develop and deliver training suitable for young farmers clubs and agricultural colleges around mental wellbeing.

Designated funds

	2025	2024
Share the Load service reserve	52,500	52,500
Staff redundancy reserve	15,000	15,000
	<u>67,500</u>	<u>67,500</u>

Purpose of designated funds

Share the Load service reserve

This fund is to allow the charity to operate the Share the Load helpline for 1 year so that those using the charity's counselling and support services would not be adversely affected should charitable funding cease.

Staff redundancy reserve

This reserve has been established to meet the charity's legal obligations towards staff should it cease to operate.

THE DPJ FOUNDATION

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

19. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

THE DPJ FOUNDATION
DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025

	2025	2024
	£	as restated £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations received	209,511	304,167
Legacy income	14,000	40,000
	<hr/>	<hr/>
	223,511	344,167
Other trading activities		
Merchandise	545	1,187
Fundraising	-	15,238
Training income	618	6,965
Miscellaneous income	-	85
	<hr/>	<hr/>
	1,163	23,475
Charitable activities		
Grants	43,497	23,186
	<hr/>	<hr/>
Total incoming resources	268,171	390,828
EXPENDITURE		
Raising donations and legacies		
Winter ball fundraiser	-	3,982
Merchandise for resale	73	1,294
General fundraising expenses	960	660
	<hr/>	<hr/>
	1,033	5,936
Charitable activities		
Wages and salaries	100,304	91,486
Social security costs	3,194	3,070
Employers pension contributions	2,872	4,066
Insurance	1,244	1,184
Telephone	3,610	2,409
Postage & sundry office costs	7,683	3,832
Advertising and promotions	15,841	11,119
Staff training and welfare	2,258	1,557
Counselling	117,558	95,523
Volunteering costs	2,703	1,133
Administrator fees	8,836	6,700
Event costs	-	2,484
Premises rent and room hire	4,355	3,967
Repairs and renewals	-	80
Subscriptions	576	1,532
Translation costs	-	976
Staff travel expenses	9,093	8,143
Bereavement publications	2,742	9,391
H Davies truck running costs	26,531	4,104
Postvention project	1,199	-
Depreciation of tangible fixed assets	13,578	16,233
	<hr/>	<hr/>
	324,177	268,989
Support costs		
Management		
Professional fees	2,742	2,400

This page does not form part of the statutory financial statements

THE DPJ FOUNDATION
DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025

	2025	2024
	£	as restated £
Management		
Finance		
Stripe and PayPal charges	4	76
Total resources expended	<u>327,956</u>	<u>277,401</u>
Net (expenditure)/income	<u>(59,785)</u>	<u>113,427</u>

This page does not form part of the statutory financial statements

THE DPJ FOUNDATION
FIXED ASSET REGISTER
YEAR ENDED 31 March 2025

Plant and machinery

	Date of Acquisition	Cost B Fwd £	Adds £	Disps £	Cost C Fwd £	Dep'n B Fwd £	Charge For Year £	On Disposals £	Dep'n C Fwd £	NBV 31.03.25 £	NBV 31.03.24 £	
15%RB												
Show Equipment	01.04.22	756.00			756.00	209.79	81.93		291.72	464.28	546.21	
6 x pavement Signs	29.04.22	252.00			252.00	69.93	27.31		97.24	154.76	182.07	
6 x Selfie Frames	29.04.22	1,432.80			1,432.80	397.60	155.28		552.88	879.92	1,035.20	
12 x Flags	29.04.22	496.80			496.80	137.86	53.84		191.70	305.10	358.94	
6 x Flag bases	29.04.22	2,991.60			2,991.60	830.17	324.21		1,154.38	1,837.22	2,161.43	
3 X Branded Gazebos Square	29.04.22	4,323.60			4,323.60	1,199.80	468.57		1,668.37	2,655.23	3,123.80	
3 X Branded Gazebos Rectangular	19.04.22	5,493.60			5,493.60	1,524.47	595.37		2,119.84	3,373.76	3,969.13	
6 x Exhibition Signs in black Box	19.04.22	694.80			694.80	192.81	75.30		268.11	426.69	501.99	
Show Equipment	18.05.22	871.20			871.20	241.76	94.42		336.18	535.02	629.44	
10 x Banners	25.11.22	154.19			154.19	42.79	16.71		59.50	94.69	111.40	
Amazon Trolleys	31.03.24	73,995.13			73,995.13	11,099.27	9,434.38		20,533.65	53,461.48	62,895.86	
HD truck refurbishment	31.03.24	9,600.00			9,600.00	1,440.00	1,224.00		2,664.00	6,936.00	8,160.00	
HD truck												
		101,061.72	0.00	0.00	101,061.72	17,386.25	12,551.32	0.00	29,937.57	71,124.15	83,675.47	

Office Equipment

	Date of Acquisition	Cost B Fwd £	Adds £	Disps £	Cost C Fwd £	Dep'n B Fwd £	Charge For Year £	On Disposals £	Dep'n C Fwd £	NBV 31.03.25 £	NBV 31.03.24 £	
25%SL												
IT Equipment	30.07.20	1,763.91			1,763.91	1,763.91	0.00		1,763.91	0.00	0.00	
Laptop and Equip	30.07.21	741.48			741.48	555.00	186.48		741.48	0.00	186.48	
Laptop and	01.02.22	399.00			399.00	300.00	99.00		399.00	0.00	99.00	
Lap top	29.03.23	499.00			499.00	249.50	124.75		374.25	124.75	249.50	
Presentation Equip	31.03.23	833.24			833.24	416.62	208.31		624.93	208.31	416.62	
Laptop	10.01.23	499.00			499.00	249.50	124.75		374.25	124.75	249.50	
Google pixel tablet - truck	06.12.23	599.00			599.00	149.75	149.75		299.50	299.50	449.25	
Currys I phone	22.05.23	369.00			369.00	92.25	92.25		184.50	184.50	276.75	
Monitor screen	01.02.24	113.99			113.99	28.50	28.50		57.00	56.99	85.49	
External storage	13.03.24	49.99			49.99	12.50	12.50		25.00	24.99	37.49	
		5,867.61	0.00	0.00	5,867.61	3,817.53	1,026.29	0.00	4,843.82	1,023.80	2,050.08	

TOTALS

		106,929.33	0.00	0.00	106,929.33	21,203.78	13,577.61	0.00	34,781.39	72,147.94	85,725.55
Restricted Assets		84,194.13	0.00	0.00	84,194.13	12,689.02	10,808.13	0.00	23,497.15	60,696.98	71,505.11
Unrestricted Assets		22,735.20	0.00	0.00	22,735.20	8,514.76	2,769.48	0.00	11,284.24	11,450.96	14,220.44
		106,929.33	0.00	0.00	106,929.33	21,203.78	13,577.61	0.00	34,781.39	72,147.94	85,725.55

THE DPJ FOUNDATION

England & Wales - Charity number 1173063

Accounts

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024
FOR
THE DPJ FOUNDATION

Bevan Buckland LLP
Chartered Accountants
45 High Street
Haverfordwest
Pembrokeshire
SA61 2BP

THE DPJ FOUNDATION

CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

	Page
Report of the Trustees	1 to 5
Independent Examiner's Report	6
Statement of Financial Activities	7
Statement of Financial Position	8
Statement of Cash Flows	9
Notes to the Statement of Cash Flows	10
Notes to the Financial Statements	11 to 17
Detailed Statement of Financial Activities	18 to 19

THE DPJ FOUNDATION
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024

The trustees present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The principal activities of the charity are to provide support to those in the rural communities of Wales, especially men in agriculture and to raise awareness of mental health issues with a view to removing the stigma of mental health and encouraging those suffering with poor mental health to seek help. It does this through spreading awareness of Mental Health, educating people through Mental Health Awareness Training which provides a first aid for mental health and providing practical support to those in the sector through the 'Share the Load' counselling referral service. As a result of analysing the nature of calls through the Share the Load counselling service, it was clear that bereavement and grief are areas which impact the mental health of people making contact with the service and so the Charity has undertaken work in this area to also raise awareness. The Charity confirms it has referred to the guidance contained in the Charities Commission general guidance on public benefit when reviewing the charity's aims and objectives in planning future activities.

Volunteers

We are very fortunate to be supported by 85 volunteers including trustees, who provide significant benefit to the charity.

ACHIEVEMENT AND PERFORMANCE

There are three main strands to the Charity's services:

- **Support:** Share the Load
- **Raising Awareness through Training:** Mental Health Awareness and Bereavement & Grief Awareness Training
- **Challenging Stigma:** Awareness Raising and Stigma Busting

Share the Load

Share the Load is a 24/7 confidential call and text line that is staffed by trained volunteers. We have a team of 37 Share the Load volunteers in total, although not all are currently actively volunteering. It provides a listening service as well as operating as a counselling referral service.

For the period of the financial year (April to March) we supported 257 people with access to fully funded counselling (36 of whom had previously accessed support). A further 277 people have been given access to counselling since April 2024. Additional counsellors were recruited from across Wales and counselling was provided in a range of formats including face to face, by telephone, online and by text. Face to face counselling included outreach where the client is met at their home or place of work. We also delivered EMDR counselling to clients who were impacted by trauma, particularly following bereavement by suicide. Services were provided to people within 16 of the 22 Welsh local authority areas.

During this year, the charity further developed its postvention service, a proactive support service offered to people who have been affected by suicide. This was taken up by a number of individuals and families across the country and continues to develop in partnership with other agencies including the Powys Teaching Health Board, Enfys Alice partners across North Wales, the NALS service and other third sector organisations.

The Hywel Davies Lorry which is a mobile health hub based on a livestock lorry made its first outing on 13 December 2023. The lorry, which has a team of volunteers and a self employed Registered Nurse who is a former volunteer attended markets, shows and other events to raise awareness of the DPJ Foundation and also to offer various health checks including blood pressure, blood sugar, blood oxygen and BMI. During the course of the first complete year of operation, the lorry made 57 visits, seeing a total of 1,155 people, some a number of times. 613 of these people were given physical health advice, 620 given mental health advice, information or support. Three people were advised to attend hospital and we know that as a result of getting their health check on the lorry, some people have been able to obtain lifesaving medical support that they otherwise would not have sought.

Mental Health Awareness Training

We deliver Mental Health Awareness Training that is designed to give the agricultural community the ability to support each other and be confident in spotting the signs of poor mental health and signposting onwards. The training also encompasses suicide awareness (as agriculture carries one of the highest rates of suicide). Our Mental Health Awareness Training is our own bespoke training package which we deliver exclusively.

THE DPJ FOUNDATION
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024

Training was adapted to be delivered online and we have started to adapt the core training to explore add-ons that can add value for organisations.

Training was offered free of charge to the general community, a decision we made to ensure that we are reaching as many as possible to raise mental health literacy levels. We also deliver commissioned training for organisations.

Training has been delivered in English and Welsh, with 27 sessions delivered during the financial year 2023-24 and a further 10 sessions since. During the year 2023-24 we trained 416 people with a further 116 people receiving training since. 4 volunteers assisted with delivery at training sessions.

We worked with the Livestock Auctioneer's Association to develop a module on Mental Health Awareness for their Martsafe training sessions which are delivered to livestock market staff across the country.

We also worked with the Football Association of Wales and the Farmers Union of Wales to develop a training for football clubs to upskill committee members, coaches and players to spot the signs that someone may be struggling and a session was delivered to FAW staff.

Bereavement and Grief Awareness Training

We delivered Bereavement and Grief Awareness training sessions thanks to funding from the Welsh Government's Bereavement Support Fund, and we successfully secured an extension from 2024-25. There were 29 sessions delivered, training a total of 177 people. Since April 2024 a further 5 sessions have taken place and 42 people have been trained. 5 volunteers have either delivered or co-delivered this training. Online training has proved more popular than face-to-face.

The training was delivered in both English and Welsh and courses delivered daytime and evening. The content covered:

- an overview of bereavement and grief;
- some models of grief;
- the impact that grief can have on emotions, behaviours and mental health;
- the additional complexities of bereavement in farming and bereavement by sudden death or suicide;
- bereavement literacy including what to say and what to avoid saying;
- how to provide practical support and what information and support services are available in the community for signposting.

Awareness Raising and Stigma Busting

Each of our activities feeds into this overarching theme of raising awareness of mental health issues and tackling the stigma that remains surrounding poor mental health. The Hywel Davies Lorry has been a positive addition to our offer in being able to reach more people, and getting around stigma.

We have continued to expand our Regional Champion base and now have champions in most areas of Wales, although we have identified some key areas for growth, including South East Wales and Ceredigion. Our Regional Champions play a vital role in being the representatives of the charity in their areas and we would be unable to sustain the level of our awareness raising activities or fundraising without their extremely valuable contributions. Through our staff and Regional Champions we were able to attend shows and community events during most weekends throughout the summer as well as more widely throughout the year. These provide a vital opportunity to reach members of our community that we otherwise may miss. We have 56 Regional Champions across the whole of Wales.

We have continued to create and share daily messages on social media and have increased our reach by starting a new LinkedIn account during this year. During the course of the financial year we increased our followers by over 6,287 followers across the main platforms to 35,629; 19,574 on Facebook, 3,569 on X, 6,918 on Instagram, 1,122 on LinkedIn, 3,571 on Snapchat, 38 on Youtube and 837 on TikTok which suggests that we were reaching additional audiences and these have continued to grow.

We delivered talks mainly face to face but with some online to a variety of groups ranging from young farmers and agricultural college students to grassland groups and agri-businesses, to other third sector groups and networks who may be able to refer to us or add value to the charity's services. We created and delivered a lecture to nursing students at Aberystwyth University around suicide awareness and prevention. We visited a number of schools across the country to speak about our work, mental wellbeing and to raise awareness of the support available. We attended shows, fresher's fayres, fundraising events and supported events run by other charities in order to raise awareness.

We launched our Bereavement picture books into schools on Mental Health Awareness Day 2023 which saw a number of our volunteers visiting schools across the country to deliver assemblies around the stress bucket, feelings and loss. We have also spoken at conferences and seminars for other organisations.

THE DPJ FOUNDATION
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024

We appeared across various media channels including TV news and current affairs shows, radio in English and Welsh and in the print and online media. This was through volunteers and staff members and all contributed to raise awareness of the charity's work and challenge the stigma surrounding mental health in agriculture.

We scaled back our promotion of The "Wearing is Caring" clothing to allow staff to focus on other aspects of awareness raising and the Etsy shop has been on hold. The clothing line has been created as a means of raising awareness of the DPJ Foundation in the community and reminding potential service users of our messaging and does not generate a profit once costs are considered. As such other ways of raising awareness were prioritised.

FINANCIAL REVIEW

Financial Review

Total funding received during the year was £390,828 (2023 £651,100) of which £16,705 (2023 £310,246) was restricted and resources expended during the year amounted to £277,401 (2023 £255,123) of which £33,613 was restricted (2023 £29,856) resulting in reserves of £851,231 (2023 £737,804) of which £267,159 (2023 £284,067) are restricted.

Principal funding sources

The charity has received grant funding from the Welsh Government from their Bereavement Support Fund that is three-year funding and during the year applied for and secured a one year extension. Other grants were from Community Foundation Wales and the Mary Homfrey Charitable Trust. We are very grateful to each of these supporters.

The charity held a fundraising ball which generated a surplus of £1,222.

The charity has continued to benefit from significant support from individuals and organisations across Wales, through fundraising activities that they have undertaken and donations. Significant donations included over £74,000 from the Row4Gaz fundraising, £50,000 from the FUW following us being their charity of the year during Glyn Roberts' tenure as President, £40,000 from the estate of the Late O M Williams, £10,000 from Ffermwyr Llyn ac Eifionydd, £10,000 from Dinas Mawddwy YFC, over £6,000 from Hafren Vets, £5,630 from Brecknock YFC and £5,000 from Cor Aelwyd Dyffryn Clwyd. We wish to acknowledge and thank all who have donated or fundraised for the charity. This community fundraising has enabled the foundation to develop its services and reach more people. The trustees are very grateful to all organisations and individuals for their generosity and support.

Reserves policy

The Board of Trustees has set out the charity's reserves policy to allow the trustees to have strong financial controls over the organisation and meet its legal obligations. The current reserves policy remains to retain a contingency to safeguard the Share the Load service for a year (to allow service users to continue their counselling).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is a Charitable Incorporated Organisation with a Constitution dated 2nd May 2017 as its governing document. It is governed by a Board of Trustees who meet bi-monthly. The trustees are appointed to serve for a period of three years and are appointed on the basis of their skills, experience and knowledge. Trustees are able to serve for up to three consecutive terms (and must have an interval of at least one year before being reappointed). A scheme of delegation is in place and day-to-day responsibility for the provision of the services rests with the Charity Manager.

Names of Charity Trustees who managed the Charity throughout this financial year:

- Emma O'Sullivan - Chair
- Tom Rees
- Maralene Griffiths
- Robert Gwynfor Thomas
- Emma James
- Gethin Bickerton
- Iwan Meirion Lloyd Williams
- Natalie D'Ivry

All trustees have been in place throughout this period and are familiar with the work of the charity.

THE DPJ FOUNDATION
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024

Name of Staff Members in the charity throughout this financial year

The trustees have delegated day to day management and delivery of the charity's work to the staff team, led by the Charity Manager. During this year there were a number of changes within the staff team that saw the Training Manager retire and other staff members leave for new roles, albeit returning as volunteers or supporters of the charity. These roles were replaced.

- Kate Miles - Charity Manager
- Kay Helyar - Training Manager left 28 March 2024
- Elen Williams - Marketing, Engagement and Administration Assistant (Maternity leave until November 2023) left 29 February 2024
- Elizabeth Gibbon - Team Coordinator (Part Time)
- Kathleen Taylor-John - Marketing, Engagement and Administration Assistant (Maternity Cover initially) started 11 January 2023 left 19 March 2024

The DPJ Foundation also works with a sessional administrator, Kathryn Lee, who offers her services on a self-employed basis to administer the Share the Load service and to provide some financial administration. We work with a paid Registered Nurse, Emma Morgans who provides her services as a self-employed Nurse on the Hywel Davies Lorry as well as contracting with around 80 professional counsellors across Wales who deliver counselling services on behalf of the DPJ Foundation.

Recruitment was carried out and new staff were appointment commencing April and May 2024.

- Fiona Evans - Volunteer and Events Coordinator
- Mali Thomas - Marketing and Engagement Assistant
- Elen Lewis - Training Manager (subsequently left October 2024)

A new role of Training Officer has been advertised and will be appointed in the month.

The DPJ Foundation also works with a sessional administrator, Kathryn Lee, who offers her services on a self-employed basis to administer the Share the Load service and to provide some financial administration as well as contracting with around 50 professional counsellors across Wales who deliver counselling services on behalf of the DPJ Foundation.

Risk management

The Board of Trustees has conducted a review of the major risks to which the charity is exposed. A risk register is in place with review of risks throughout the year. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces. Procedures are in place to ensure compliance with the health and safety of staff, volunteers, clients and visitors and safeguarding of individuals and information. There are a range of procedures which the charity implements to mitigate potential risks.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number
1173063

Principal address
Units 2 & 3, Rural Business Dev. Centre
Carmarthen Livestock Market
Llysonnen Road
Carmarthen
Carmarthenshire
SA33 5DR

Trustees

E R James
E O'Sullivan
G Bickerton
M Griffiths
R G Thomas
I M L Williams
T Rees
N D'Ivry

THE DPJ FOUNDATION
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner
Bevan Buckland LLP
Chartered Accountants
45 High Street
Haverfordwest
Pembrokeshire
SA61 2BP

Approved by order of the board of trustees on 28/01/2025 and signed on its behalf by:

E O'Sullivan

.....
E O'Sullivan - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
THE DPJ FOUNDATION**

Independent examiner's report to the trustees of The DPJ Foundation

I report to the charity trustees on my examination of the accounts of The DPJ Foundation (the Trust) for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Alun Evans

ALUN EVANS FCA

Bevan Buckland LLP
Chartered Accountants
45 High Street
Haverfordwest
Pembrokeshire
SA61 2BP

Date: 29.1.2025

THE DPJ FOUNDATION

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	344,167	-	344,167	249,270
Charitable activities Grants	4	4,000	16,620	20,620	320,736
Other trading activities	3	25,956	85	26,041	81,094
Total		<u>374,123</u>	<u>16,705</u>	<u>390,828</u>	<u>651,100</u>
EXPENDITURE ON					
Raising funds	5	5,936	-	5,936	28,290
Charitable activities Mental health awareness	6	237,852	33,613	271,465	226,833
Total		<u>243,788</u>	<u>33,613</u>	<u>277,401</u>	<u>255,123</u>
NET INCOME/(EXPENDITURE)		130,335	(16,908)	113,427	395,977
RECONCILIATION OF FUNDS					
Total funds brought forward		453,737	284,067	737,804	341,827
TOTAL FUNDS CARRIED FORWARD		<u><u>584,072</u></u>	<u><u>267,159</u></u>	<u><u>851,231</u></u>	<u><u>737,804</u></u>

The notes form part of these financial statements

THE DPJ FOUNDATION
STATEMENT OF FINANCIAL POSITION
31 MARCH 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
FIXED ASSETS					
Tangible assets	11	14,222	71,505	85,727	17,232
CURRENT ASSETS					
Stocks	12	14,616	-	14,616	7,702
Debtors	13	4,447	-	4,447	1,816
Cash at bank		554,313	195,654	749,967	717,556
		<u>573,376</u>	<u>195,654</u>	<u>769,030</u>	<u>727,074</u>
CREDITORS					
Amounts falling due within one year	14	(3,526)	-	(3,526)	(6,502)
NET CURRENT ASSETS		<u>569,850</u>	<u>195,654</u>	<u>765,504</u>	<u>720,572</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		584,072	267,159	851,231	737,804
NET ASSETS		<u>584,072</u>	<u>267,159</u>	<u>851,231</u>	<u>737,804</u>
FUNDS	16				
Unrestricted funds				584,072	453,737
Restricted funds				267,159	284,067
TOTAL FUNDS				<u>851,231</u>	<u>737,804</u>

The financial statements were approved by the Board of Trustees and authorised for issue on28/01/2025..... and were signed on its behalf by:


.....
E O'Sullivan - Trustee

THE DPJ FOUNDATION
STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2024

	Notes	2024 £	2023 £
Cash flows from operating activities			
Cash generated from operations	1	117,139	397,219
Net cash provided by operating activities		<u>117,139</u>	<u>397,219</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		(84,728)	(19,299)
Net cash used in investing activities		<u>(84,728)</u>	<u>(19,299)</u>
Change in cash and cash equivalents in the reporting period			
Cash and cash equivalents at the beginning of the reporting period		32,411	377,920
Cash and cash equivalents at the end of the reporting period		<u>717,556</u>	<u>339,636</u>
Cash and cash equivalents at the end of the reporting period		<u>749,967</u>	<u>717,556</u>

The notes form part of these financial statements

THE DPJ FOUNDATION

NOTES TO THE STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2024

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES			
		2024	2023
		£	£
Net income for the reporting period (as per the Statement of Financial Activities)		113,427	395,977
Adjustments for:			
Depreciation charges		16,233	3,804
Increase in stocks		(6,914)	(1,128)
(Increase)/decrease in debtors		(2,631)	1,348
Decrease in creditors		(2,976)	(2,782)
Net cash provided by operations		<u>117,139</u>	<u>397,219</u>
2. ANALYSIS OF CHANGES IN NET FUNDS			
	At 1.4.23	Cash flow	At 31.3.24
	£	£	£
Net cash			
Cash at bank	717,556	32,411	749,967
	<u>717,556</u>	<u>32,411</u>	<u>749,967</u>
Total	<u>717,556</u>	<u>32,411</u>	<u>749,967</u>

THE DPJ FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

Income is recognised when the Charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Where income has related expenditure, the income and related expenditure are reported gross in the Statement of Financial Activities.

Donations, grants and gifts are recognised when received.

Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the Charity has been notified of the executor's intention to make a distribution.

Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of the resources.

Support costs are made up of administration and management and finance costs.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 15% reducing balance
Computer equipment	- 25% straight line

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds - these are the funds which can be used in accordance with the Charity's charitable objectives at the discretion of the Trustees.

Designated funds - these funds are set aside by the Trustees out of unrestricted funds for specific purposes.

Restricted funds - these are funds received for undertaking an activity specified by the donor.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Going concern

The Trustees consider that there are no material uncertainties about the DPJ Foundation's ability to continue as a going concern.

Volunteers

The value of services provided by volunteers is not incorporated into these financial statements. Further detail of their contribution is provided in the Trustees report.

THE DPJ FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

1. ACCOUNTING POLICIES - continued

Debtors

Accounts receivable and other debtors are recognised at the settlement amount. Prepayments are valued at the amount prepaid net of any discounts due. Accrued income is included at the best estimate of the amounts receivable at the balance sheet date.

Cash and cash equivalents

Cash at bank comprises of bank balances only.

Creditors

Creditors are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount.

Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Operating leases

Operating leases are recognised over the period of which the lease falls due. Benefits received and receivable are recognised on a straight line basis over the period of the lease.

2. DONATIONS AND LEGACIES

	2024	2023
	£	£
Donations received	304,167	249,270
Legacy income	40,000	-
	<u>344,167</u>	<u>249,270</u>

3. OTHER TRADING ACTIVITIES

	2024	2023
	£	£
Merchandise	1,187	2,495
Fundraising	15,238	51,377
Training income	9,531	13,399
Tractor raffle income	-	13,675
Miscellaneous income	85	148
	<u>26,041</u>	<u>81,094</u>

4. INCOME FROM CHARITABLE ACTIVITIES

		2024	2023
		£	£
Grants	Activity Grants	<u>20,620</u>	<u>320,736</u>

THE DPJ FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

5. RAISING FUNDS

Raising donations and legacies

	2024	2023
	£	£
Winter ball fundraiser	3,982	6,755
Tractor raffle expenses	-	6,114
Merchandise for resale	1,294	156
Merchandise for marketing	-	15,265
General fundraising expenses	660	-
	<u>5,936</u>	<u>28,290</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 7)	Totals
	£	£	£
Mental health awareness	<u>263,621</u>	<u>7,844</u>	<u>271,465</u>

7. SUPPORT COSTS

	Management	Finance	Totals
	£	£	£
Mental health awareness	<u>7,768</u>	<u>76</u>	<u>7,844</u>

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

9. STAFF COSTS

	2024	2023
	£	£
Wages and salaries	98,186	80,117
Social security costs	3,070	1,811
Other pension costs	4,066	2,911
	<u>105,322</u>	<u>84,839</u>

The average monthly number of employees during the year was as follows:

	2024	2023
Charity Manager	1	1
Training Manager	1	1
Marketing, Engagement & Admin. Assistant	1	1
Team Co-ordinator	1	1
	<u>4</u>	<u>4</u>

No employees received emoluments in excess of £60,000.

THE DPJ FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	249,270	-	249,270
Charitable activities			
Grants	10,490	310,246	320,736
Other trading activities	81,094	-	81,094
Total	<u>340,854</u>	<u>310,246</u>	<u>651,100</u>
EXPENDITURE ON			
Raising funds	28,290	-	28,290
Charitable activities			
Mental health awareness	196,977	29,856	226,833
Total	<u>225,267</u>	<u>29,856</u>	<u>255,123</u>
NET INCOME	115,587	280,390	395,977
Transfers between funds	(114)	114	-
Net movement in funds	<u>115,473</u>	<u>280,504</u>	<u>395,977</u>
RECONCILIATION OF FUNDS			
Total funds brought forward	338,264	3,563	341,827
TOTAL FUNDS CARRIED FORWARD	<u><u>453,737</u></u>	<u><u>284,067</u></u>	<u><u>737,804</u></u>

11. TANGIBLE FIXED ASSETS

	Plant and machinery £	Computer equipment £	Totals £
COST			
At 1 April 2023	17,467	4,736	22,203
Additions	83,595	1,133	84,728
At 31 March 2024	<u>101,062</u>	<u>5,869</u>	<u>106,931</u>
DEPRECIATION			
At 1 April 2023	2,620	2,351	4,971
Charge for year	14,766	1,467	16,233
At 31 March 2024	<u>17,386</u>	<u>3,818</u>	<u>21,204</u>
NET BOOK VALUE			
At 31 March 2024	<u>83,676</u>	<u>2,051</u>	<u>85,727</u>
At 31 March 2023	<u>14,847</u>	<u>2,385</u>	<u>17,232</u>

THE DPJ FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

12. STOCKS				
			2024	2023
			£	£
Stocks			14,616	7,702
			<u> </u>	<u> </u>
13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR				
			2024	2023
			£	£
Accounts receivable			4,113	-
Prepayments			334	1,816
			<u> </u>	<u> </u>
			4,447	1,816
			<u> </u>	<u> </u>
14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR				
			2024	2023
			£	£
Other creditors			3,526	6,502
			<u> </u>	<u> </u>
15. LEASING AGREEMENTS				
Minimum lease payments under non-cancellable operating leases fall due as follows:				
			2024	2023
			£	£
Within one year			9,100	2,800
Between one and five years			3,966	9,100
			<u> </u>	<u> </u>
			13,066	11,900
			<u> </u>	<u> </u>
16. MOVEMENT IN FUNDS				
	At 1.4.23	Net	Transfers	At
	£	movement	between	31.3.24
		in funds	funds	£
		£	£	
Unrestricted funds				
General fund	395,537	130,335	(9,300)	516,572
Designated	58,200	-	9,300	67,500
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
	453,737	130,335	-	584,072
Restricted funds				
Rural+ project	2,458	85	-	2,543
Cyngor Cymuned Glantwymyn	200	(200)	-	-
Hywel Davies Residuary Trust	281,409	(16,793)	-	264,616
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
	284,067	(16,908)	-	267,159
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u> </u>	<u> </u>	<u> </u>	<u> </u>
	737,804	113,427	-	851,231
	<u> </u>	<u> </u>	<u> </u>	<u> </u>

THE DPJ FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

16. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	374,123	(243,788)	130,335
Restricted funds			
Rural+ project	85	-	85
Cyngor Cymuned Glantwymyn	-	(200)	(200)
Welsh Government Bereavement Fund	16,620	(16,620)	-
Hywel Davies Residuary Trust	-	(16,793)	(16,793)
	<u>16,705</u>	<u>(33,613)</u>	<u>(16,908)</u>
TOTAL FUNDS	<u>390,828</u>	<u>(277,401)</u>	<u>113,427</u>

Comparatives for movement in funds

	At 1.4.22 £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
Unrestricted funds				
General fund	280,064	115,587	(114)	395,537
Designated	58,200	-	-	58,200
	<u>338,264</u>	<u>115,587</u>	<u>(114)</u>	<u>453,737</u>
Restricted funds				
Rural+ project	3,363	(905)	-	2,458
Cyngor Cymuned Glantwymyn	200	-	-	200
National Grid	-	(114)	114	-
Hywel Davies Residuary Trust	-	281,409	-	281,409
	<u>3,563</u>	<u>280,390</u>	<u>114</u>	<u>284,067</u>
TOTAL FUNDS	<u>341,827</u>	<u>395,977</u>	<u>-</u>	<u>737,804</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	340,854	(225,267)	115,587
Restricted funds			
Rural+ project	-	(905)	(905)
Welsh Government Bereavement Fund	14,600	(14,600)	-
National Grid	1,429	(1,543)	(114)
Dwyriw Grant	85	(85)	-
Hywel Davies Residuary Trust	294,132	(12,723)	281,409
	<u>310,246</u>	<u>(29,856)</u>	<u>280,390</u>
TOTAL FUNDS	<u>651,100</u>	<u>(255,123)</u>	<u>395,977</u>

THE DPJ FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

16. MOVEMENT IN FUNDS - continued

Purpose of restricted funds

Hywel Davies Residuary Trust

This charitable trust was set up for the benefit of charity's operating wholly or partly for the benefit of those affected by mental health issues in Pembrokeshire. The grant awarded to the DPJ Foundation in 2023/24 was for the Hywel Davies Lorry Project which is a dedicated space for the rural community of South West Wales and it provides a safe haven for farmers to share their struggles and receive support.

Welsh Government Bereavement Fund

This grant has been awarded to fund counselling for bereavement (including volunteer training and support costs, running costs and delivering a helpline) and to develop and deliver training around bereavement as well as create children's picture books.

Rural+Project

This fund is a joint project with FCN and NFYFC and was awarded to develop and deliver training suitable for young farmers clubs and agricultural colleges around mental wellbeing.

Cyngor Gymuned Glantwymyn

This fund represents a donation made with the restriction that it was to be used for the benefit of people from the community of Glantwymyn.

Designated funds

	2024	2023
Share the Load service reserve	52,500	52,500
Staff redundancy reserve	15,000	5,700
	67,500	58,200

Purpose of designated funds

Share the Load service reserve

This fund is to allow the charity to operate the Share the Load helpline for 1 year so that those using the charity's counselling and support services would not be adversely affected should charitable funding cease.

Staff redundancy reserve

This reserve has been established to meet the charity's legal obligations towards staff should it cease to operate.

17. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2024.

18. INDEPENDENT EXAMINERS REMUNERATION

	2024	2023
Independent examiners remuneration	1,800	1,800
Other services - payroll bureau	600	490
	2,400	2,290

THE DPJ FOUNDATION

England & Wales - Charity number 1173063

Accounts

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023
FOR
THE DPJ FOUNDATION**

Bevan Buckland LLP
Chartered Accountants
45 High Street
Haverfordwest
Pembrokeshire
SA61 2BP

THE DPJ FOUNDATION

**CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

	Page
Report of the Trustees	1 to 4
Independent Examiner's Report	5
Statement of Financial Activities	6
Statement of Financial Position	7
Statement of Cash Flows	8
Notes to the Statement of Cash Flows	9
Notes to the Financial Statements	10 to 15
Detailed Statement of Financial Activities	16 to 17

THE DPJ FOUNDATION
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The principal activities of the charity are to provide support to those in the rural communities of Wales, especially men in agriculture and to raise awareness of mental health issues with a view to removing the stigma of mental health and encouraging those suffering with poor mental health to seek help. It does this through spreading awareness of Mental Health, educating people through Mental Health Awareness Training which provides a first aid for mental health and providing practical support to those in the sector through the 'Share the Load' counselling referral service. The Charity has commenced a strategic planning process which is ongoing. The Charity confirms it has referred to the guidance contained in the Charities Commission general guidance on public benefit when reviewing the charity's aims and objectives in planning future activities.

ACHIEVEMENT AND PERFORMANCE

There are three main strands to the Charity's services:

- Share the Load
- Mental Health Awareness and Bereavement & Grief Awareness Training
- Awareness Raising and Stigma Busting

Share the Load

Share the Load is a 24/7 confidential call and text line that is staffed by trained volunteers. We have a team of 37 Share the Load volunteers in total, although not all are currently actively volunteering. It provides a listening service as well as operating as a counselling referral service.

For the period of the financial year (April to March) supported 272 people with access to fully funded counselling (40 of whom had previously accessed support). A further 195 people have been given access to counselling since April 2023. Additional counsellors were recruited from across Wales and counselling was provided in a range of formats including face to face, by telephone, online and by text. Face to face counselling included outreach where the client is met at their home or place of work. We also delivered EMDR counselling to clients who were impacted by trauma, particularly following bereavement by suicide. Services were provided to people within 16 of the 22 Welsh local authority areas.

During this year, the charity further developed its postvention service, a proactive support service offered to people who have been affected by suicide. This was taken up by a number of individuals and families across the country and continues to develop in partnership with other agencies including the Powys Teaching Health Board, Dyfed Powys Police and other third sector organisations.

Mental Health Awareness Training

We deliver Mental Health Awareness Training that is designed to give the agricultural community the ability to support each other and be confident in spotting the signs of poor mental health and signposting onwards. The training also encompasses suicide awareness (as agriculture carries one of the highest rates of suicide). Our Mental Health Awareness Training is our own bespoke training package which we deliver exclusively.

Training was adapted to be delivered online and we have started to adapt the core training to explore add-ons that can add value for organisations.

Training was offered free of charge to the general community, a decision we made to ensure that we are reaching as many as possible to raise mental health literacy levels. We also deliver commissioned training for organisations.

Training has also been delivered in England and Welsh, with 61 sessions delivered during the financial year 2022/23 and a further 20 sessions since. During the year 2022-23 we trained 552 people with a further 243 people receiving training since. 8 volunteers assisted with delivery at training sessions.

Bereavement and Grief Awareness Training

We began the delivery of the newly developed Bereavement and Grief training sessions during this financial year. This training was developed and delivered thanks to funding from the Welsh Government's Bereavement Support Fund. There were 15 sessions delivered, training a total of 149 people (141 who were connected to Wales). Since April 2023 a further 18 sessions have taken place and 123 people have been trained (of whom 112 live or work in Wales). 5 volunteers have either delivered or co-delivered this training. On line training has proved more popular than face-to-face.

This training has been well received with 70% of delegates rating it 5 out of 5 for increasing their confidence in talking to those who are bereaved and 67% rating it 5 out of 5 for increasing their understanding of bereavement and grief.

There has been a wide range of people from different walks of life attending, including those who are in professions such as nursing and the church who would be expected to have considerable training and experience in this area. The training has highlighted the number of people attending who have been affected by suicide in their lives.

THE DPJ FOUNDATION
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023

Awareness Raising and beating the stigma

Each of our activities feeds into this overarching theme of raising awareness of mental health issues and tackling the stigma that remains surrounding poor mental health. We have continued to expand our Regional Champion base and now have champions in most areas of Wales, although we have identified some key areas for growth.

Our Regional Champions play a vital role in being the representatives of the charity in their areas and we would be unable to sustain the level of our awareness raising activities or fundraising without their extremely valuable contributions. Through our staff and Regional Champions we were able to attend shows and community events during most weekends throughout the summer as well as more widely throughout the year. These provide a vital opportunity to reach members of our community that we otherwise may miss. We have 56 Regional Champions across the whole of Wales.

During this year, we relocated our office base to Carmarthen Livestock Market. This was to increase our public presence and profile amongst the agricultural community in the area.

We have continued to create and share daily messages on social media and have increased our reach by starting a new LinkedIn account during the year. During the course of the financial year, we increased our followers by over 12,242 across the main platforms to 29,342; 18,735 on Facebook, 3,563 on Twitter, 6,143 on Instagram and 901 on LinkedIn which suggests that we were reaching additional audiences. We also achieved followings of 3,550 on Snapchat, 27 on Youtube and 357 on a newly established TikTok. These have continued to grow.

We delivered talks mainly face to face but with some online to a variety of groups ranging from young farmers and agricultural college students to grassland groups and agri-businesses, to other third sector groups and networks who may be able to refer to us or add value to the charity's services. We created and delivered teaching to medical students at Swansea University around suicide awareness and prevention. We have also spoke at conferences and seminars for other organisations including the National Suicide and Self Harm Prevention Conference.

We appeared across various media channels including TV news and current affairs shows, radio in England and Welsh and in the print and online media. This was through volunteers and staff members and all contributed to raise awareness of the charity's work and challenge the stigma surrounding mental health in agriculture.

We scaled back our promotion of the "Wearing is Caring" clothing to allow staff to focus on other aspects of awareness raising. The clothing line has been created as a means of raising awareness of the DPJ Foundation in the community and reminding potential service users of our messaging and does not generate a profit once costs are considered. As such other ways of raising awareness were prioritised.

We celebrated the 5 year anniversary of our Share the Load service with an event held at Wilhome Farm Barn with the venue and food kindly sponsored by the Williams family of Wilhome. We also participated in Ag Mental Health Week in October and the fitness challenge #Run1000 which again provided a focus in January for wellbeing.

Once again, we obtained bale stickers to allow farmers to show their support for the charity and to remind people of our Share the Load Service.

FINANCIAL REVIEW

Financial Review

Total funding received during the year was £651,100 (2022 £271,422) of which £310,246 (2022 £44,743) was restricted and resources expended during the year amounted to £255,123 (2022 £185,294) of which £29,856 was restricted (2022 £54,281) resulting in reserves of £737,804(2022 £341,827) of which £284,067 (2022 £3,564) are restricted.

Principal funding sources

The charity has received grant funding from the Welsh Government from their Bereavement Support Fund that was awarded the previous financial year and is three-year funding, the G C Gibson Charitable Trust, National Grid Community Matters, the Betty Lawes Foundation and the Simon Gibson Charitable Trust. The most significant grant sum was received from the Hywel Davies Trust to develop the lorry project delivering mobile health and wellbeing checks for the agricultural community which was a three-year grant paid up front. We are very grateful to each of these supporters.

The charity held a fundraising ball and dinner which collectively generated a surplus of £1,980.64. We also held a raffle of a vintage tractor which generated a surplus of £7,560.58.

The charity has continued to benefit from significant support from individuals and organisations across Wales, through fundraising activities that they have undertaken and donations. Significant fundraising donations included £21,520 donated by friends and family of Sam Davies following the sale of a cow and calf by Ryan Morris, £19,120.20 from Cnewr Estate, £13,000 from Charlies Stores, £10,000 from Bettws Banger Racing, £9,860.50 from NFU Mutual Agencies, £8,067 from a charity event held following the wedding of Ffion and Tom and £6,671 from South Caernarfon Creameries. We wish to acknowledge and thank all who have donated or fundraised for the charity. This community fundraising has enabled the foundation to develop its services and reach more people. The trustees are very grateful to all organisations and individuals for their generosity.

THE DPJ FOUNDATION
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023

FINANCIAL REVIEW

Reserves policy

The Board of Trustees has set out the charity's reserves policy to allow the trustees to have strong financial controls over the organisation and meet its legal obligations. The current reserves policy remains to retain a contingency to safeguard the Share the Load service for a year (to allow service users to continue their counselling).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is a Charitable Incorporated Organisation with a Constitution dated 2nd May 2017 as its governing document. It is governed by a Board of Trustees who meet bi-monthly. The trustees are appointed to serve for a period of three years and are appointed on the basis of their skills, experience and knowledge. Trustees are able to serve for up to three consecutive terms (and must have an interval of at least one year before being reappointed). A scheme of delegation is in place and day-to-day responsibility for the provision of the services rests with the Charity Manager.

Names of Charity Trustees who managed the Charity throughout this financial year:

- Emma O'Sullivan - Chair
- Tom Rees
- Maralene Griffiths
- Robert Gwynfor Thomas
- Emma James
- Gethin Bickerton
- Iwan Meirion Lloyd Williams
- Natalie D'Ivry
- Sian Davies - Secretary (resigned)

Most trustees are already familiar with the work of the charity. New trustees are invited and encouraged to attend an information session to familiarise themselves with the charity and the context within which it operates and covers. An Induction Pack for Trustees is distributed which covers:

- The obligations of Trustees
- The CIO Constitution
- The previous Annual Accounts

Name of Staff Members in the charity throughout this financial year

The trustees identified that for the charity to achieve its objectives, it was necessary to recruit paid staff.

- Kate Miles - Charity Manager
- Kay Helyar - Training Manager
- Elen Williams - Marketing, Engagement and Administration Assistant (Maternity Leave from January 2023-November 2023)
- Elizabeth Gibbon - Team Co-ordinator (Part Time) started 11 January 2023
- Kathleen Taylor-John - Marketing, Engagement and Administration Assistant (Maternity Cover initially) started 11 January 2023

The DPJ Foundation also works with a sessional administrator, Kathryn Lee, who offers her services on a self-employed basis to administer the Share the Load service and to provide some financial administration as well as contracting with around 50 professional counsellors across Wales who deliver counselling services on behalf of the DPJ Foundation.

Risk management

The Board of Trustees has conducted a review of the major risks to which the charity is exposed. A risk register is in place with review of risks throughout the year. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces. Procedures are in place to ensure compliance with the health and safety of staff, volunteers, clients and visitors and safeguarding of individuals and information. There are a range of procedures which the charity implements to mitigate potential risks.

Covid-19

In light of the global Coronavirus pandemic, The DPJ Foundation made several adjustments to its working practices. Face-to-face meetings were suspended, homeworking for staff was implemented and the majority of the organisation's training and engagement services moved online. Counselling was largely moved online or to telephone counselling with some face-to-face counselling taking place in risk assessed, outdoor situations. Governance of the organisation was uninterrupted, with all scheduled Trustee meetings taking place online. In addition to delivering programmes of live online events for the agricultural community, online volunteer wellbeing events were introduced to allow volunteers to meet one another informally. All face-to-face activities have resumed, however, hybrid working has been retained, in particular for volunteer meetings.

THE DPJ FOUNDATION
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number
1173063

Principal address

Units 2 & 3, Rural Business Dev. Centre
Carmarthen Livestock Market
Llysonnen Road
Carmarthen
Carmarthenshire
SA33 5DR

Trustees

E R James
S Davies (resigned 12.12.22)
E O'Sullivan
G Bickerton
M Griffiths
R G Thomas
I M L Williams
T Rees
N D'Ivry

Independent Examiner

Bevan Buckland LLP
Chartered Accountants
45 High Street
Haverfordwest
Pembrokeshire
SA61 2BP

30th January 2024

Approved by order of the board of trustees on and signed on its behalf by:



.....
E O'Sullivan - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
THE DPJ FOUNDATION**

Independent examiner's report to the trustees of The DPJ Foundation

I report to the charity trustees on my examination of the accounts of The DPJ Foundation (the Trust) for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



ALUN EVANS FCA

Bevan Buckland LLP
Chartered Accountants
45 High Street
Haverfordwest
Pembrokeshire
SA61 2BP

Date:30 January 2024.....

THE DPJ FOUNDATION

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	249,270	-	249,270	218,081
Charitable activities					
Grants	4	10,490	310,246	320,736	53,341
Other trading activities	3	81,094	-	81,094	-
Total		<u>340,854</u>	<u>310,246</u>	<u>651,100</u>	<u>271,422</u>
EXPENDITURE ON					
Raising funds	5	28,290	-	28,290	9,279
Charitable activities					
Mental health awareness	6	196,977	29,856	226,833	176,015
Total		<u>225,267</u>	<u>29,856</u>	<u>255,123</u>	<u>185,294</u>
NET INCOME					
Transfers between funds	16	115,587 (114)	280,390 114	395,977 -	86,128 -
Net movement in funds		<u>115,473</u>	<u>280,504</u>	<u>395,977</u>	<u>86,128</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		338,264	3,563	341,827	255,699
TOTAL FUNDS CARRIED FORWARD		<u><u>453,737</u></u>	<u><u>284,067</u></u>	<u><u>737,804</u></u>	<u><u>341,827</u></u>

THE DPJ FOUNDATION
STATEMENT OF FINANCIAL POSITION
31 MARCH 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
FIXED ASSETS					
Tangible assets	11	17,232	-	17,232	1,737
CURRENT ASSETS					
Stocks	12	7,702	-	7,702	6,574
Debtors	13	1,816	-	1,816	3,164
Cash at bank		433,489	284,067	717,556	339,636
		<u>443,007</u>	<u>284,067</u>	<u>727,074</u>	<u>349,374</u>
CREDITORS					
Amounts falling due within one year	14	(6,502)	-	(6,502)	(9,284)
NET CURRENT ASSETS		<u>436,505</u>	<u>284,067</u>	<u>720,572</u>	<u>340,090</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>453,737</u>	<u>284,067</u>	<u>737,804</u>	<u>341,827</u>
NET ASSETS		<u>453,737</u>	<u>284,067</u>	<u>737,804</u>	<u>341,827</u>
FUNDS	16				
Unrestricted funds				453,737	338,264
Restricted funds				<u>284,067</u>	<u>3,563</u>
TOTAL FUNDS				<u>737,804</u>	<u>341,827</u>

The financial statements were approved by the Board of Trustees and authorised for issue on ...30th January 2024..... and were signed on its behalf by:

E O'Sullivan

.....
E O'Sullivan - Trustee

THE DPJ FOUNDATION
STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2023

	Notes	2023 £	2022 £
Cash flows from operating activities			
Cash generated from operations	1	397,219	89,511
Net cash provided by operating activities		<u>397,219</u>	<u>89,511</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		(19,299)	(1,140)
Net cash used in investing activities		<u>(19,299)</u>	<u>(1,140)</u>
Change in cash and cash equivalents in the reporting period			
		377,920	88,371
Cash and cash equivalents at the beginning of the reporting period		<u>339,636</u>	<u>251,265</u>
Cash and cash equivalents at the end of the reporting period		<u><u>717,556</u></u>	<u><u>339,636</u></u>

The notes form part of these financial statements

THE DPJ FOUNDATION

NOTES TO THE STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2023

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES	2023	2022	
	£	£	
Net income for the reporting period (as per the Statement of Financial Activities)	395,977	86,128	
Adjustments for:			
Depreciation charges	3,804	726	
Increase in stocks	(1,128)	(2,774)	
Decrease in debtors	1,348	36	
(Decrease)/increase in creditors	(2,782)	5,395	
Net cash provided by operations	<u>397,219</u>	<u>89,511</u>	
2. ANALYSIS OF CHANGES IN NET FUNDS	At 1.4.22	Cash flow	At 31.3.23
	£	£	£
Net cash			
Cash at bank	339,636	377,920	717,556
	<u>339,636</u>	<u>377,920</u>	<u>717,556</u>
Total	<u>339,636</u>	<u>377,920</u>	<u>717,556</u>

THE DPJ FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 15% reducing balance
Computer equipment	- 25% straight line

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. DONATIONS AND LEGACIES

	2023	2022
	£	£
Donations Received	<u>249,270</u>	<u>218,081</u>

THE DPJ FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

3. OTHER TRADING ACTIVITIES

	2023	2022
	£	£
Merchandise	2,495	-
Fundraising	51,377	-
Training Income	13,399	-
Tractor Raffle Income	13,675	-
Miscellaneous Income	148	-
	<u>81,094</u>	<u>-</u>

4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2023	2022
	Grants	£	£
Grants		<u>320,736</u>	<u>53,341</u>

5. RAISING FUNDS

Raising donations and legacies

	2023	2022
	£	£
Winter ball Fundraiser	6,755	7,173
Tractor Raffle Expenses	6,114	-
Merchandise for Resale	156	2,106
Merchandise for Marketing	15,265	-
	<u>28,290</u>	<u>9,279</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 7)	Totals
	£	£	£
Mental health awareness	<u>214,662</u>	<u>12,171</u>	<u>226,833</u>

7. SUPPORT COSTS

	Management	Finance	Totals
	£	£	£
Mental health awareness	<u>11,930</u>	<u>241</u>	<u>12,171</u>

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

THE DPJ FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

9. STAFF COSTS

	2023	2022
	£	£
Wages and salaries	80,117	56,495
Social security costs	1,811	504
Other pension costs	2,911	2,068
	<u>84,839</u>	<u>59,067</u>

The average monthly number of employees during the year was as follows:

	2023	2022
Charity Manager	1	1
Training Manager	1	1
Marketing, Engagement & Admin. Assistant	1	1
Team Co-ordinator	1	1
	<u>4</u>	<u>4</u>

No employees received emoluments in excess of £60,000.

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds	Restricted funds	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	218,079	2	218,081
Charitable activities			
Grants	8,600	44,741	53,341
Total	<u>226,679</u>	<u>44,743</u>	<u>271,422</u>
EXPENDITURE ON			
Raising funds	2,106	7,173	9,279
Charitable activities			
Mental health awareness	128,907	47,108	176,015
Total	<u>131,013</u>	<u>54,281</u>	<u>185,294</u>
NET INCOME/(EXPENDITURE)	95,666	(9,538)	86,128
Transfers between funds	1,551	(1,551)	-
Net movement in funds	97,217	(11,089)	86,128
RECONCILIATION OF FUNDS			
Total funds brought forward	241,046	14,653	255,699
TOTAL FUNDS CARRIED FORWARD	<u>338,263</u>	<u>3,564</u>	<u>341,827</u>

THE DPJ FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

11. TANGIBLE FIXED ASSETS

	Plant and machinery £	Computer equipment £	Totals £
COST			
At 1 April 2022	-	2,904	2,904
Additions	17,467	1,832	19,299
At 31 March 2023	<u>17,467</u>	<u>4,736</u>	<u>22,203</u>
DEPRECIATION			
At 1 April 2022	-	1,167	1,167
Charge for year	2,620	1,184	3,804
At 31 March 2023	<u>2,620</u>	<u>2,351</u>	<u>4,971</u>
NET BOOK VALUE			
At 31 March 2023	<u>14,847</u>	<u>2,385</u>	<u>17,232</u>
At 31 March 2022	<u>-</u>	<u>1,737</u>	<u>1,737</u>

12. STOCKS

	2023 £	2022 £
Stocks	<u>7,702</u>	<u>6,574</u>

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Grants receivable	-	3,064
Prepayments	1,816	100
	<u>1,816</u>	<u>3,164</u>

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade creditors	-	5,553
Taxation and social security	-	3,071
Other creditors	6,502	660
	<u>6,502</u>	<u>9,284</u>

15. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2023 £	2022 £
Within one year	2,800	-
Between one and five years	9,100	-
	<u>11,900</u>	<u>-</u>

THE DPJ FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

16. MOVEMENT IN FUNDS

	At 1.4.22 £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
Unrestricted funds				
General fund	280,064	115,587	(114)	395,537
Designated	58,200	-	-	58,200
	<u>338,264</u>	<u>115,587</u>	<u>(114)</u>	<u>453,737</u>
Restricted funds				
Rural+ project	3,363	(905)	-	2,458
Cyngor Cymuned Glantwymyn	200	-	-	200
National Grid	-	(114)	114	-
Hywel Davies Residuary Trust	-	281,409	-	281,409
	<u>3,563</u>	<u>280,390</u>	<u>114</u>	<u>284,067</u>
TOTAL FUNDS	<u>341,827</u>	<u>395,977</u>	<u>-</u>	<u>737,804</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	340,854	(225,267)	115,587
Restricted funds			
Rural+ project	-	(905)	(905)
Welsh Government Bereavement Fund	14,600	(14,600)	-
National Grid	1,429	(1,543)	(114)
Dwyrw Grant	85	(85)	-
Hywel Davies Residuary Trust	294,132	(12,723)	281,409
	<u>310,246</u>	<u>(29,856)</u>	<u>280,390</u>
TOTAL FUNDS	<u>651,100</u>	<u>(255,123)</u>	<u>395,977</u>

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
Unrestricted funds				
General fund	182,846	95,667	1,551	280,064
Designated	58,200	-	-	58,200
	<u>241,046</u>	<u>95,667</u>	<u>1,551</u>	<u>338,264</u>
Restricted funds				
Rural+ project	8,784	(5,421)	-	3,363
Cyngor Cymuned Glantwymyn	200	-	-	200
Coronavirus Mental Health Response	2,473	(2,737)	264	-
Community Foundation Wales	3,196	(3,783)	587	-
Powys Project	-	(14)	14	-
Welsh Government Bereavement Fund	-	(10)	10	-
Welsh Government Agricultural Fund	-	2,426	(2,426)	-
	<u>14,653</u>	<u>(9,539)</u>	<u>(1,551)</u>	<u>3,563</u>
TOTAL FUNDS	<u>255,699</u>	<u>86,128</u>	<u>-</u>	<u>341,827</u>

THE DPJ FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

16. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	226,679	(131,012)	95,667
Restricted funds			
Rural+ project	-	(5,421)	(5,421)
Coronavirus Mental Health Response	-	(2,737)	(2,737)
Community Foundation Wales	-	(3,783)	(3,783)
Powys Project	1,456	(1,470)	(14)
Welsh Government Bereavement Fund	19,416	(19,426)	(10)
Welsh Government Agricultural Fund	23,871	(21,445)	2,426
	<u>44,743</u>	<u>(54,282)</u>	<u>(9,539)</u>
TOTAL FUNDS	<u>271,422</u>	<u>(185,294)</u>	<u>86,128</u>

17. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

18. INDEPENDENT EXAMINERS REMUNERATION

	2023	2022
Independent Examiners Remuneration	1,300	1,074
Other Services - Accounts Preparation	500	480
	<u>1,800</u>	<u>1,554</u>

THE DPJ FOUNDATION
DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations Received	249,270	218,081
Other trading activities		
Merchandise	2,495	-
Fundraising	51,377	-
Training Income	13,399	-
Tractor Raffle Income	13,675	-
Miscellaneous Income	148	-
	<hr/>	<hr/>
	81,094	-
Charitable activities		
Grants	320,736	53,341
	<hr/>	<hr/>
Total incoming resources	651,100	271,422
EXPENDITURE		
Raising donations and legacies		
Winter ball Fundraiser	6,755	7,173
Tractor Raffle Expenses	6,114	-
Merchandise for Resale	156	2,106
Merchandise for Marketing	15,265	-
	<hr/>	<hr/>
	28,290	9,279
Charitable activities		
Wages	80,117	56,495
Social security	1,811	504
Pensions	2,911	2,068
Postage and stationery	1,652	1,470
Promotions and advertising	4,434	13,700
Training, staff and volunteer expenses	2,164	4,599
Counselling	100,701	59,838
Event costs	1,549	3,453
Office hire and general costs	4,605	6,360
Repairs and renewals	166	1,936
Heat and light	469	1,165
Computer costs	-	228
Translation costs	81	186
Travelling	10,198	7,499
Author/Illustrator	-	5,250
Depreciation of fixed assets	3,804	726
	<hr/>	<hr/>
	214,662	165,477
Support costs		
Management		
Insurance	1,046	1,019
Telephone	2,340	1,784
Professional fees	4,069	7,359
Sundries	4,475	376
	<hr/>	<hr/>
	11,930	10,538

This page does not form part of the statutory financial statements

THE DPJ FOUNDATION
DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

	2023 £	2022 £
Management Finance		
Stripe and Paypal charges	241	-
Total resources expended	<u>255,123</u>	<u>185,294</u>
Net income	<u><u>395,977</u></u>	<u><u>86,128</u></u>

THE DPJ FOUNDATION

England & Wales - Charity number 1173063

Accounts



SHARE THE LOAD
MAE SIARAD YN HELPU
TALKING HELPS

0800 5874262

TEXT: 07860 048799

#RHANNWCHYBAICH

WWW.THEDPJFOUNDATION.CO.UK



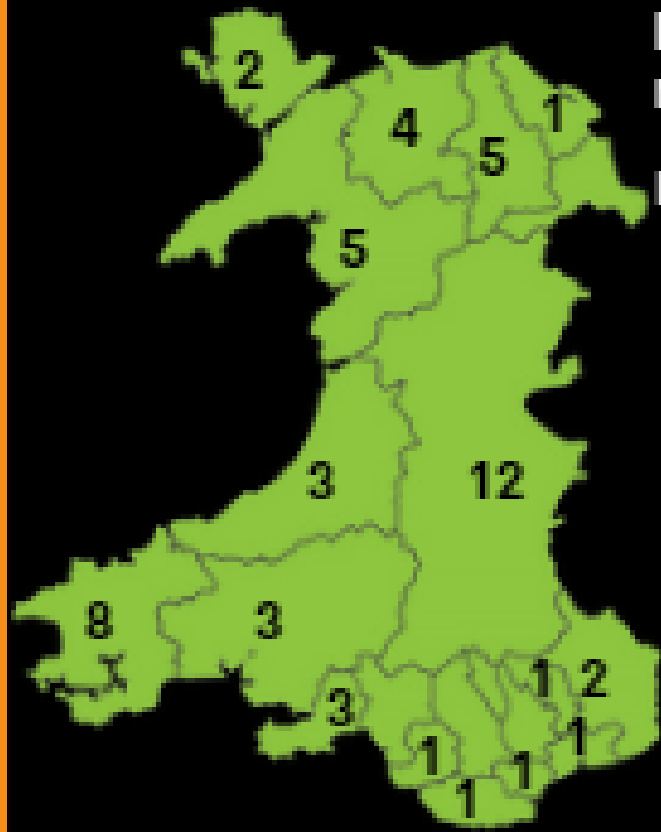
THE DPJ FOUNDATION

Our Main Objectives:

- To support people in the agricultural sector in Wales with poor mental health.
- To raise awareness of mental health.
- To educate and inform people about mental health.
- To provide support not only to those dealing with poor mental health, but also their families, friends and colleagues.



- 19 new Regional Champions
- 8 new Share the Load volunteers
- 1 new Trustee

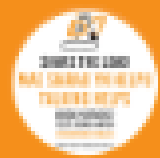


Regional Champions

Numbers based in each county

Role of the Regional Champion:

- Raise Awareness at shows
- Deliver talks
- Represent us at events & in the media
- Be a liaison point for their community
- Spot opportunities for us to link up
- Thank our supporters



DPJ Family Fun Day



This was one of the first opportunities for us to get together face to face since the start of the pandemic, It was great to be able to catch up and have a lovely day in each others company. We also learnt a bit more about large scale pig farming which is something that was less familiar to those of us who farm sheep or cows.

Thank you Dan for having us over on your farm.
October 18th 2021



Training

- Samaritans
- Suicide and Language
- Bereavement Awareness
- Suicide Prevention
- Presentation Skills
- Personal Development
- Supervision

Media Opportunities

- Radio Cymru
- Prynhawn Da
- Heno
- Y Tir
- Radio 1



Work in Education

- Student Champions
- Work with schools
- Training for colleges
- Training for Swansea University Medical students
- Work with Aberystwyth University Nursing School

FUW

**Pont
Hafren**

YFC

**Horizon
Farmwell**

**Clwyd
Mind**

NHS

NFU

**WG Farm
Support
Group**

TTM2

PAWS

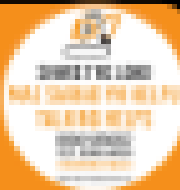
LIT

WG

**Bereavement
Forum**



Partnerships & Collaboration





Tomos talking about his struggles with mental - May 2021



Ffion explaining about the DPJ Foundation - May 2021



Tomos & Gethin on 'Wyt ti'n iawn?' S4C HANSH - July 2021

TV coverage

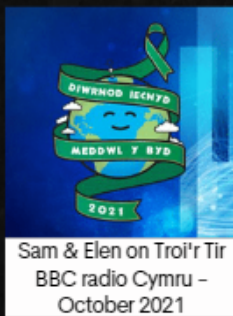


Elen on Ffermio talking about Gofala Am Dy Ben - Feb 21

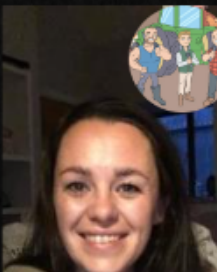


Emma & Andrew sharing their story of poor mental health. Farmers Guardian's Strive to Thrive series - Sep 2021

Radio coverage



Podcast



Ewe-Turn - June 2021



BASIS podcast on Mental Health January 2022



Mel from Ffermio talking to Kate & Elen about what's important to her and about her own mental health - March 22

The Wales Coastal Path Challenge

A virtual challenge, open to individuals and teams to run or walk the length of the Wales Coast Path - 870 miles within 3 months.

The first day of the challenge was on the 26th of April and closing on 18th July.

Raised funds of £2,067

2021 Show's

With covid restrictions, many shows didn't go ahead. But we managed to attend a few. Thank you to the volunteers for coming along.

- Aug - Pembrokeshire County Show 2021
- Aug - Welsh National Sheep Dog Trials in Tywyn
- Sep - Open Farm Day at Talsarn, Llanddeusant
- Sep - Usk Show
- Nov - Anglesey Winter Fair
- Nov - Bwlth Winter Fair



Donors and Grants

We have been extremely fortunate to continue to receive support from the Agricultural Community across Wales and further afield. There are too many donors to mention by name, but we are extremely grateful to them all, whether they have donated £2 or £20,000.

We have also received support in kind, for example sponsorship of an advert on the rear page of the Royal Welsh Show catalogue by Boom Cymru.



Diolch!!!



New Grants Secured



Support after bereavement

3 year funding to support those bereaved in agriculture.

- Counselling through Share the Load.
- Developing our postvention services.
- Bereavement and grief training
- Resources for children and young people including a series of picture books.
- Small emergency fund.



Ariennir gan
Lywodraeth Cymru
Funded by
Welsh Government

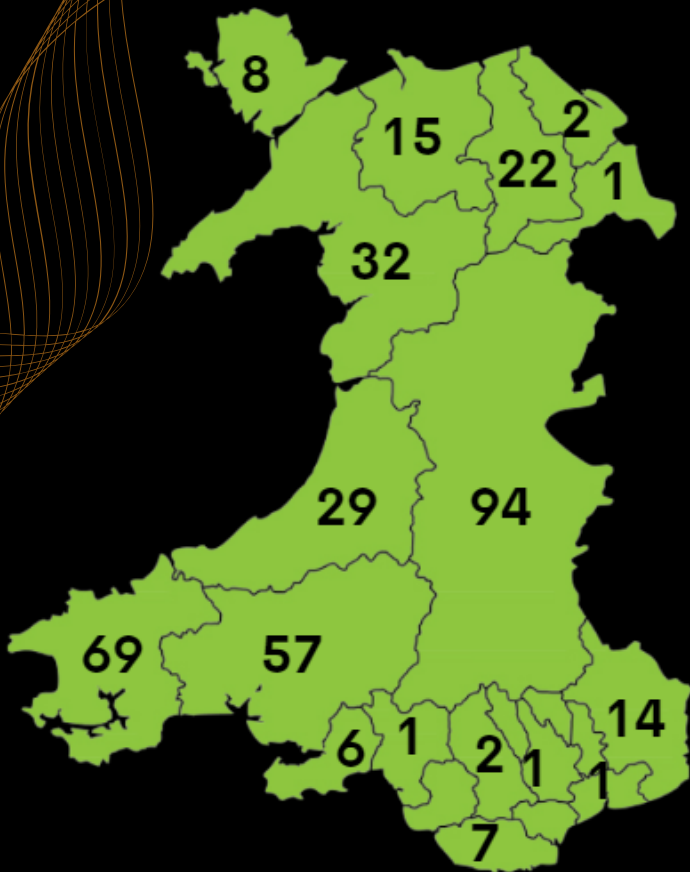


THE HYWEL DAVIES LORRY

Outreach service for farmers in mart

- We have been awarded funding by the Hywel Davies Memorial Trust to purchase and fit out a lorry in Pembrokeshire.





Share the Load referrals to counselling by county

For the period 1 March 2021 – 30 November 2022
(plus one unknown location)

SHARE THE LOAD

Rapid access to a professional and caring service

- 194 people supported with counselling 1 April 2021–31 March 2022
- 168 people supported from 1 April 2022 to 30 November 2022



I can not thank you enough, from the very prompt reply to my 1st email to speedy action of providing me with a counsellor and the amazing support both yourselves and the counsellor gave me. You saved my life and I am forever thankful of this. You do a fantastic job, and don't get the recognition you deserve.

This service helped me through a bad time in my life, I felt supported and that I did matter. At the end of my counselling I was reassured that if I needed to, I could return. It would be a huge loss if this service was not available their response time is wonderful!!

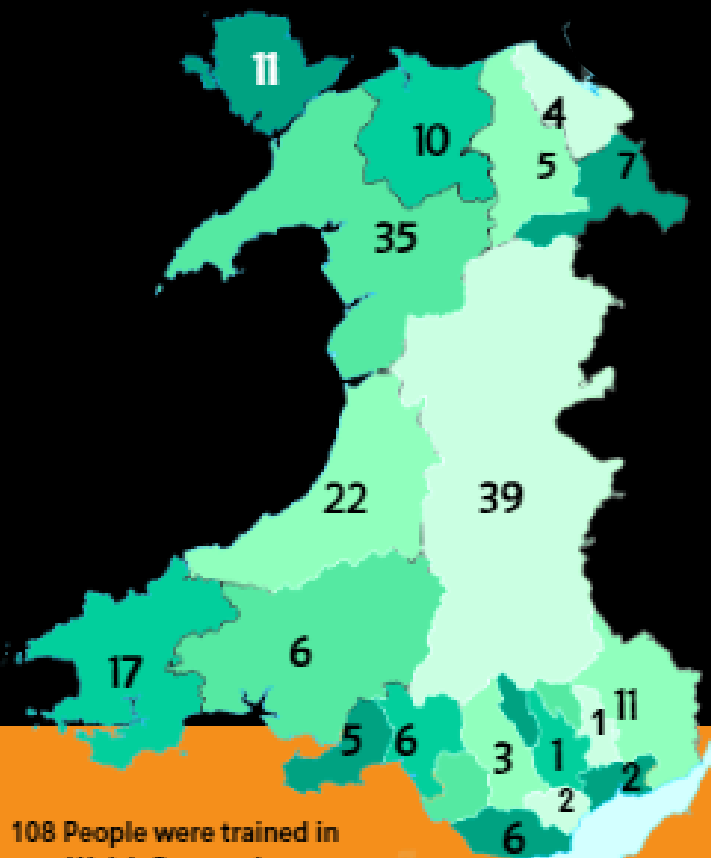
I have recommended DPJ to a friend who recently suffers from depression and anxiety in the hope that he will get the help he needs. Thank you for your support



Numbers of people trained

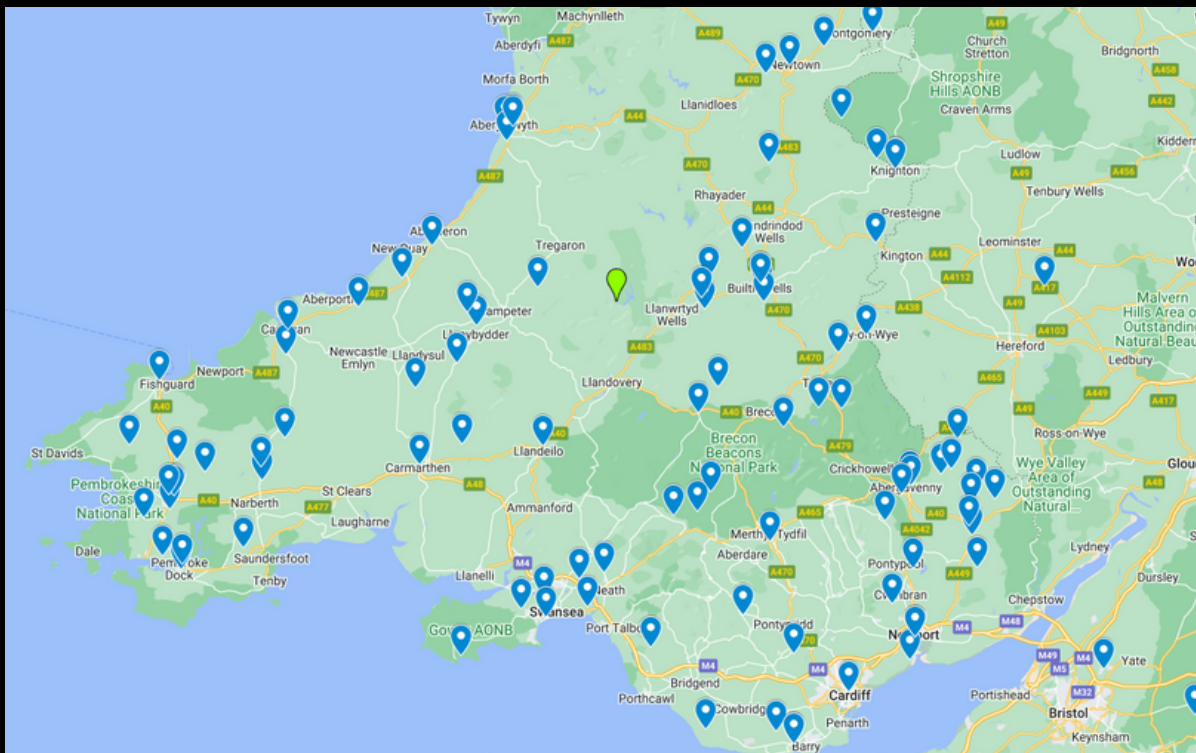
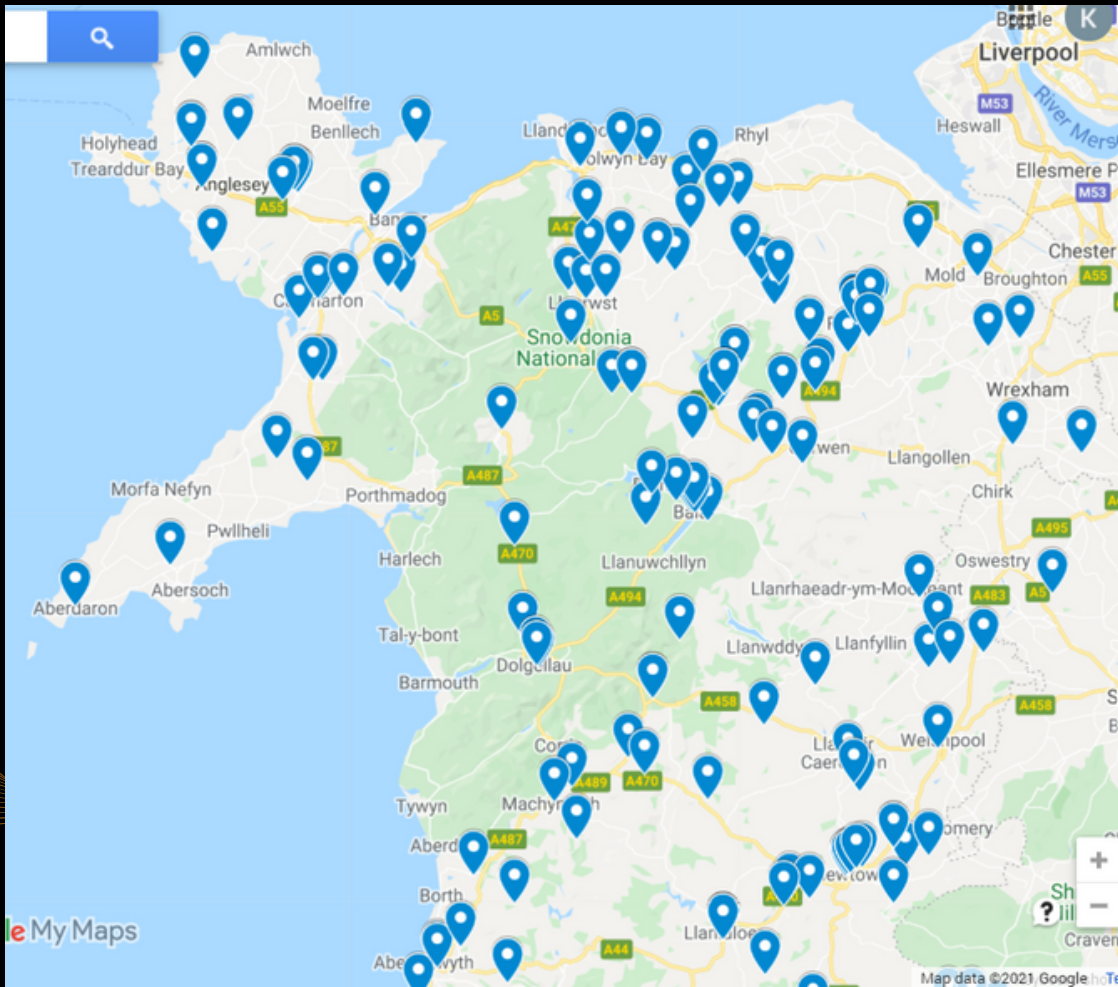


Training by County 2021-2022



108 People were trained in Welsh Companies





Locations of those trained 1 April 2021 to 31 March 2022.

1 April 2021- 31 March 2022



96%
of people rated
their mental health
awareness as 8/10
or above.

78%
rated themselves 5/5
feeling better
prepared to
support someone.

91%
rated the training
5/5.

99%
recommend the
training to
others.

"Kay was a great trainer, very informative and empathetic. This day really lifted my spirits and I hope to now move forward and not feel ashamed of my anxiety. I also feel I can now be more open about my mental health"

"It was unbelievable that the course was on Wednesday as this morning, completely left of field I had a call from a relative to say that her sibling had attempted the worst earlier in the week, it took my breath. I've since been passing on contacts to DPJ, RABI and financial and advisory contacts and going to visit tomorrow although it isn't public knowledge, but it has shaken us I have to say, so hoping that between the syche team and all of the above that we have it under some semblance of control. Many thanks for Wednesday, I never for one moment thought the training would come into play so soon"

"Really enjoyed the training - it was very informative and improved my understanding of mental health issues in agriculture, which are of relevance to my work as well as hobbies/activities in my free time. I feel very fortunate to have been able to complete the course free of charge. Two added bonuses was 1) being able to complete the course virtually and therefore scheduling the rest of the days tasks around the training, and 2) being able to share ideas/experiences and completing the course through the medium of Welsh.

Diolch yn fawr iawn DPJ ac Iwan."

24 DAYS OF ELF CARE CHALLENGES

Take part in our 24 days of Elf Care Challenges this December. Everyday there is different simple challenge. Make sure you share this with your friends and family by tagging them and us on social media.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1. Set a goal for yourself that you can achieve before Christmas day.	6. Buy yourself a gift and wrap it up. Open it at a time when you're feeling low. (Post a picture of your wrapped up gift)	11. What do you do to chill out? Let us know by posting a picture or an emoji!	16. Write a letter of gratitude or a card to a friend/family.	21. Think of 5 things that you are grateful for and share them with others, in pictures or just words.	26. Write a letter to yourself with all the good things that have happened to you in the past year, open it when you've had one of them hard days.	31. Do a random act of kindness (e.g. buy someone a coffee or let someone go ahead of you in a queue). Tell us what you have done.
2. Think of the best piece of advice you've ever heard and share it with others.	7. Singing makes you feel better so sign a song (no matter how good or bad a singer you are) and if you're brave enough, share a video.	12. Give something to your local food bank, charity shop or donate money to a charity.	17. Cook your favourite meal and share a picture and the recipe / video instructions.	22. Do something that makes you feel great and tell us what that is.	27. Wear something Christmassy, or even dress up your pet. Take a picture and share it with us.	32. Laughing is good for you. Share your favourite joke. Let's fill social media with laughter.
3. Get dirty! Bristle the link between the bacteria found in dirt and serotonin (a hormone that influences wellbeing). Post a picture of you getting muddy.	8. Let it go! Forgive someone who has done something to you, let go of resentment and move forward.	13. Doing something for someone else (for free) can make you healthier. Get involved in your community, your YFC, with a charity like the DJF Foundation or with a sports club.	18. Give a hug and pass it on. If you can, hug someone, anyone and tag someone that you want to pass that hug onto.	23. Treat yourself – whether it's to your favourite cake, to a new pair of boots or your favourite tipple, give yourself a treat and show us what it is that you're doing.	28. Make a Christmas Wish, Santa is on his way.	33. Merry Christmas

READY SET RUN 1000!

www.run1000.org/teams-2022

TIME TO TALK

3RD OF FEBRUARY 2022

However you do it, start a conversation about mental health.

www.thedjffoundation.co.uk



INTERNATIONAL MENS DAY

November 19

Some of our social media activity

GOFALA AM DY BEN
(Care For Your Head)

1. Contact

Have a chat with someone can make a real difference in your day. Even when your busy, try make it a priority to spend time with others.

TO TALK: 0800 387 4262 TEXT: 07660 048779 OPEN: 24/7

GOFALA AM DY BEN
(Care For Your Head)

2. Give

Doing something for someone else can make you healthier. Be there for someone who is struggling or lend a hand to someone. Get involved in your community, your YFC or with a charity like the DJF Foundation.

TO TALK: 0800 387 4262 TEXT: 07660 048779 OPEN: 24/7

GOFALA AM DY BEN
(Care For Your Head)

3. Take Notice

Everyone seems busy, and our minds can easily get cluttered, especially when running a farm. Everyday, try and take a few minutes to press pause and think of things that make you happy.

TO TALK: 0800 387 4262 TEXT: 07660 048779 OPEN: 24/7

GOFALA AM DY BEN
(Care For Your Head)

4. Learn

Your never too old to learn new things, it keeps your brain active. Embrace new experiences, learn something new everyday sign up for classes, read a book, research something.

TO TALK: 0800 387 4262 TEXT: 07660 048779 OPEN: 24/7

GOFALA AM DY BEN
(Care For Your Head)

5. Keeping the body moving

Regular exercise is good for the body. But exercise is also one of the most effective ways to improve your mental health. Make physical activity a habit every day. It can be as simple as having a 30 minute walk around the stock.

TO TALK: 0800 387 4262 TEXT: 07660 048779 OPEN: 24/7

Gofala Am Dy Ben

Dydd Llun 14eg o CHWFFRUR- Dydd Sul 20AIN o CHWFFRUR

NERTH DY BEN

#GofalaAmDyBen

Starting on Monday 14th of February 2022 until Sunday 20th of February we launched our first "Gofala Am Dy Ben" week campaign, to raise awareness of mental health in agriculture. We we're encouraging people to contribute by sharing the message about taking care of our head.

- Hannah Wright video - 26 likes, 6 comments, 8 shares.
- Elen's post - 77 likes, 1 share
- Osian's video - 341 likes, 43 comments, 108 shares
- Abi Reader post - 154 likes, 5 comments, 10 shares
- Wick & District YFC / Hannah Cae Cogau / Ioan Humphreys



PR Coverage and shares

Ffermio S4C, PAVO, Denbighshire Freepress, FarmingUK, Nerth Dy Ben, Wales YFC, Eryri YFC,

Some of our

TOP POSTS across all platforms



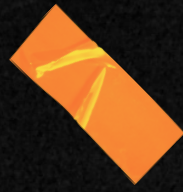
Market day
16th Feb 2021

- 2,507 people reached
- 173 likes
- 2 comments
- 2 shares



Thank you pembsshow
8th March 2021

- 3,488 people reached
- 230 likes
- 1 comment
- 0 shares



Newest team member
11th August 2021

- 16,972 people reached
- 3,129 engagements
- 487 likes
- 66 comments
- 16 shares



18th February 2021

- 23,741 people reached
- 5,207 engagements
- 341 likes
- 43 comments
- 108 shares



Dan's video
22nd October 2021

- 26,023 people reached
- 4,702 engagements
- 278 likes
- 32 comments
- 147 shares



#InternationalWomensDay
Emma British Empire Medal
8th March 2021

- 12,030 people reached
- 1,236 engagements
- 438 likes
- 21 comments
- 14 shares



Suicide Prevention Day
10th September 2021

- 7,598 impressions
- 139 total engagements
- 31 likes
- 4 comment
- 23 shares



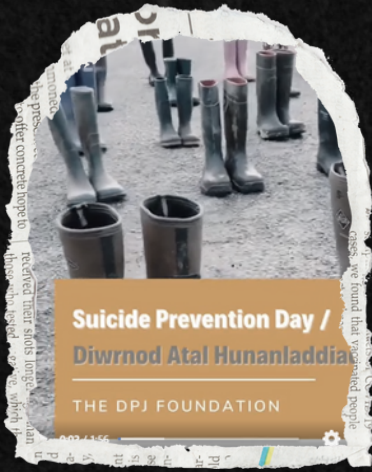
16th May 2021

- 15,700 impressions
- 46 total engagements
- 11 likes
- 0 comment
- 6 shares

10/09/2021

Suicide Prevention Day Video

Facebook - 24,175 people reached (136 likes / 213 shares)



World Mental Health Day 2021

Facebook - 24,175 people reached (136 likes / 213 shares)

Kate / Corinna / Annie / Jen (Harper Adams) / Aled Roberts (NFU) / Emma O'Sullivan / Tamzyn / Rob Taylor / Connor / Alwen / Elen



Diwrnod Iechyd Meddwl Y byd

Facebook - 6,020 people reached (54 likes / 37 shares)

Elen / Connor / Caryl Haf (YFC) / Tamzyn / Alaw Llwyd / Alwen / Aled Roberts (NFU)

4 years of #ShareTheLoad

Instagram - 113 views

Facebook - 7,069 people reached (51 likes / 20 shares)

Elen / Connor / Caryl Haf (YFC) / Tamzyn / Alaw Llwyd / Alwen / Aled Roberts (NFU)



REGISTERED CHARITY NUMBER: 1173063

**UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31 MARCH 2022**

FOR

THE DPJ FOUNDATION

Bevan Buckland LLP
Chartered Accountants
45 High Street
Haverfordwest
Pembrokeshire
SA61 2BP

THE DPJ FOUNDATION

CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

	Page
Report of the Trustees	1 to 4
Independent Examiner's Report	5
Statement of Financial Activities	6
Statement of Financial Position	7
Notes to the Financial Statements	8 to 14
Detailed Statement of Financial Activities	15

THE DPJ FOUNDATION
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022

The trustees present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The principal activities of the charity are to provide support to those in the rural communities of Wales, especially men in agriculture and to raise awareness of mental health issues with a view to removing the stigma of mental health and encouraging those suffering with poor mental health to seek help. It does this through spreading awareness of Mental Health, educating people through Mental Health Awareness Training which provides a first aid for mental health and providing practical support to those in the sector through the 'Share the Load' counselling referral service. The Charity has continued its strategic planning process which remains ongoing. The Charity confirms it has referred to the guidance contained in the Charities Commission general guidance on public benefit when reviewing the charity's aims and objectives in planning future activities.

ACHIEVEMENT AND PERFORMANCE

There are three main strands to the Charity's services:

- Share the Load
- Mental Health Awareness Training
- Awareness Raising and Stigma Busting

Share the Load

Share the Load is a 24/7 confidential call and text line that is staffed by trained volunteers. We have a team of 35 Share the Load volunteers in total, although not all are currently actively volunteering. It provides a listening service as well as operating as a counselling referral service. Over the course of the financial year, we recruited an additional 9 volunteers to the Share the Load service, again focussing on increasing the number of Welsh speakers.

For the period of the financial year (April to March) supported 194 people with access to fully funded counselling and handled over 136 additional text contacts and calls. A further 140 people have been given access to counselling since April 2022. Additional counsellors were recruited from across Wales and counselling was provided in a range of formats including face to face, by telephone, online and by text. Face to face counselling included outreach where the client is met at their home or place of work. Services were provided to people within 16 of the 22 Welsh local authority areas.

During this year it became clear that there were gaps for support provision following suicide (postvention) and also that our Share the Load service was supporting many people who were dealing with grief. As such we applied for and were awarded funding from the Welsh Government to deliver more services around bereavement and grief.

Mental Health Awareness Training

We deliver Mental Health Awareness Training that is designed to give the agricultural community the ability to support each other and be confident in spotting the signs of poor mental health and signposting onwards. The training also encompasses suicide awareness (as agriculture carries one of the highest rates of suicide). Our Mental Health Awareness Training is our own bespoke training package which we deliver exclusively.

Training was adapted to be delivered online and we have started to adapt the core training to explore add-ons that can add value for organisations. Training has been delivered in English and Welsh.

Training was offered free of charge to the general community to book thanks to grant funding from the Welsh Government and trustees took the decision to retain the free offering when funding came to an end. We also deliver commissioned training for organisations and this year have delivered training to organisations including Dyfed Powys Police, Menter a Busnes, veterinary groups, an Estate and agricultural consultants.

THE DPJ FOUNDATION
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022

We have also delivered the FCN and NFYFC collaboration Rural+ and delivered training within schools and agricultural college settings.

Through funding from Powys Teaching Health Board, we were able to pilot a range of wellbeing sessions in the Powys area which allowed delegates to learn techniques to improve their own wellbeing.

Awareness Raising and beating the stigma

Each of our activities feeds into this overarching theme of raising awareness of mental health issues and tackling the stigma that remains surrounding poor mental health. We resumed face to face shows and attendance at markets and events during this year, both through volunteers and staff.

Our Regional Champions play a vital role in being the representatives of the charity in their areas and we would be unable to sustain the level of our awareness raising activities or fundraising without their extremely valuable contributions. We have 42 Regional Champions across the whole of Wales

We have continued to create and share daily messages on social media and have increased our reach by starting a new LinkedIn account during this year. During the course of the financial year we increased our followers across all platforms to 14,850 on Facebook, 2,880, on Twitter, 4,670 on Instagram and 450 on LinkedIn which suggests that we were reaching additional audiences. These have continued to grow.

We delivered talks to a variety of groups ranging from young farmers and agricultural college students to agri-businesses, to other third sector groups and networks who may be able to refer to us or add value to the charity's services. We have also spoken at conferences and seminars for other organisations.

The "Wearing is Caring" clothing proved popular once again as a means of raising awareness of the DPJ Foundation in the community and reminding potential service users of our messaging. During the course of the year, trustees considered the purpose of the clothing range and decided that it was intended to raise awareness of mental health and thus challenging the stigma rather than to generate income (although covering costs).

We again participated as a lead partner in Ag Mental Health Week in October which generated coverage in the media and social media and included Emma our Chair of Trustees speaking at an online session. We also benefited from the fitness challenge #Run1000 which again provided a focus in January for wellbeing.

Building on this, we ran our own challenge the Wales Coastal Path Challenge that concluded in the Spring of 2021. This generated funds of £2,607.68.

Once again, we used bale stickers to allow farmers to show their support for the charity and to remind people of our Share the Load service. We received feedback that these were effective in leading those who were not previously aware of the charity to look us up.

FINANCIAL REVIEW

Financial Review

Total funding received during the year was £271,422 (2021 £224,091) of which £44,743 (2021 £43,567) was restricted and resources expended during the year amounted to £185,294 (2021 £130,001) of which £54,281 was restricted (2021 £29,161) resulting in reserves of £341,827 (2021 £255,699) of which £3,564 (2021 £14,653) are restricted.

Principal funding sources

The charity has received grant funding from the Welsh Government that was awarded in previous financial years, new funding from the Welsh Government Bereavement Support Fund, the final funding from the Coronavirus Mental Health Response Fund and the Community Foundation in Wales on behalf of the Ashley Family Foundation, also the Powys Teaching Health Board where the DPJ Foundation submitted a bid on behalf of the Powys Agricultural Welfare Support Group, Simon Gibson Charitable Trust, the Margaret Owen Trust, the Frank Homfrey Charitable Trust, the Betty Lawes Foundation, First Give and the Guy Howland Jackson Trust. We are very grateful to each of these supporters.

The charity has benefited from significant support from individuals and organisations across Wales, through fundraising activities that they have undertaken and donations. This community fundraising has enabled the foundation to develop its services and reach more people. The trustees are very grateful to all organisations and individuals for their generosity.

The charity has also undertaken its own fundraising activities namely the Wales Coastal Path Challenge and the Winter Ball as well as participating in Run1000.

Reserves policy

The Board of Trustees has set out the charity's reserves policy to allow the trustees to have strong financial controls over the organisation and meet its legal obligations. The trustees have set the current reserves policy to retain a contingency to safeguard the Share the Load service for a year (to allow service users to continue their counselling).

THE DPJ FOUNDATION
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is a Charitable Incorporated Organisation with a Constitution dated 2nd May 2017 as its governing document. It is governed by a Board of Trustees who meet bi-monthly. The trustees are appointed to serve for a period of three years and are appointed on the basis of their skills, experience and knowledge. Trustees are able to serve for up to three consecutive terms (and must have an interval of at least one year before being reappointed). A scheme of delegation is in place and day-to-day responsibility for the provision of the services rests with the Charity Manager.

Names of Charity Trustees who managed the Charity throughout this financial year:

- Emma O'Sullivan - Chair (since 22 March 2021)
- Tom Rees
- Maralene Griffiths (Vice Chair since 22 March 2021)
- Robert Gwynfor Thomas
- Emma James
- Sian Davies (Secretary)
- Gethin Bickerton
- Iwan Meirion Lloyd Williams (Treasurer since 22 March 2021)
- Natalie D'Ivry (appointed 15 September 2021)
- Catherine Griffiths (resigned 04/07/2021)

Most trustees are already familiar with the work of the charity. New trustees are invited and encouraged to attend an information session to familiarise themselves with the charity and the context within which it operates and covers. An Induction Pack for Trustees is distributed which covers:

- The obligations of Trustees
- The CIO Constitution
- The previous Annual Accounts

Name of Staff Members in the charity throughout this financial year

The trustees identified that for the charity to achieve its objectives, it was necessary to recruit paid staff.

- Kate Miles - Charity Manager
- Kay Helyar - Training Manager
- Elen Williams - Marketing, Engagement and Administration Assistant since 02/08/2021

The DPJ Foundation also works with a sessional administrator, Kathryn Lee, who offers her services on a self-employed basis to administer the Share the Load service and to provide some financial administration as well as contracting with around 50 professional counsellors across Wales who deliver counselling services on behalf of the DPJ Foundation.

Risk management

The Board of Trustees has conducted a review of the major risks to which the charity is exposed. A risk register is in place and is updated annually with review throughout the year. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces. Procedures are in place to ensure compliance with the health and safety of staff, volunteers, clients and visitors and safeguarding of individuals and information. There are a range of procedures which the charity implements to mitigate potential risks.

Covid-19

In light of the global Coronavirus pandemic, The DPJ Foundation made several adjustments to its working practices. Face-to-face meetings were suspended when required, homeworking for staff was implemented and the majority of the organisation's training and engagement services moved online. Counselling was largely moved online or to telephone counselling with some face-to-face counselling taking place in risk assessed, outdoor situations whilst the Covid-19 risk was high. Governance of the organisation was uninterrupted, with all scheduled Trustee meetings taking place online. All face-to-face activities now have resumed, however, hybrid working has been retained, in particular for volunteer meetings and training delivery. Counselling has largely returned to face-to-face.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1173063

THE DPJ FOUNDATION
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022

Principal address

Units 2 & 3, Rural Business Dev. Centre
Carmarthen Livestock Market
Llysonnen Road
Carmarthen
Carmarthenshire
SA33 5DR

Trustees

E R James
C P Griffiths (resigned 4.7.21)
S Davies
E O'Sullivan
G Bickerton
M Griffiths
R G Thomas
I M L Williams
T Rees
N D'Ivry (appointed 4.7.21)

Independent Examiner

Bevan Buckland LLP
Chartered Accountants
45 High Street
Haverfordwest
Pembrokeshire
SA61 2BP

Approved by order of the board of trustees on12/12/2022..... and signed on its behalf by:



.....
E O'Sullivan - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
THE DPJ FOUNDATION**

Independent examiner's report to the trustees of The DPJ Foundation

I report to the charity trustees on my examination of the accounts of The DPJ Foundation (the Trust) for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ICAEW which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



ALUN EVANS
ICAEW
Bevan Buckland LLP
Chartered Accountants
45 High Street
Haverfordwest
Pembrokeshire
SA61 2BP

Date: 11.1.2023

THE DPJ FOUNDATION

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		218,079	2	218,081	224,091
Charitable activities					
Grants		8,600	44,741	53,341	-
Total		<u>226,679</u>	<u>44,743</u>	<u>271,422</u>	<u>224,091</u>
EXPENDITURE ON					
Raising funds		2,106	-	2,106	3,921
Charitable activities					
Mental health awareness		128,907	54,281	183,188	126,080
Total		<u>131,013</u>	<u>54,281</u>	<u>185,294</u>	<u>130,001</u>
NET INCOME/(EXPENDITURE)		95,666	(9,538)	86,128	94,090
Transfers between funds	8	1,551	(1,551)	-	-
Net movement in funds		97,217	(11,089)	86,128	94,090
RECONCILIATION OF FUNDS					
Total funds brought forward		241,046	14,653	255,699	161,609
TOTAL FUNDS CARRIED FORWARD		<u><u>338,263</u></u>	<u><u>3,564</u></u>	<u><u>341,827</u></u>	<u><u>255,699</u></u>

The notes form part of these financial statements

THE DPJ FOUNDATION
STATEMENT OF FINANCIAL POSITION
31 MARCH 2022

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
FIXED ASSETS					
Tangible assets	4	1,737	-	1,737	1,323
CURRENT ASSETS					
Stocks	5	6,574	-	6,574	3,800
Debtors	6	3,164	-	3,164	3,200
Cash at bank		336,073	3,563	339,636	251,265
		<u>345,811</u>	<u>3,563</u>	<u>349,374</u>	<u>258,265</u>
CREDITORS					
Amounts falling due within one year	7	(9,284)	-	(9,284)	(3,889)
NET CURRENT ASSETS					
		<u>336,527</u>	<u>3,563</u>	<u>340,090</u>	<u>254,376</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>338,264</u>	<u>3,563</u>	<u>341,827</u>	<u>255,699</u>
NET ASSETS					
		<u><u>338,264</u></u>	<u><u>3,563</u></u>	<u><u>341,827</u></u>	<u><u>255,699</u></u>
FUNDS					
Unrestricted funds	8			338,264	241,046
Restricted funds				3,563	14,653
TOTAL FUNDS					
				<u><u>341,827</u></u>	<u><u>255,699</u></u>

The financial statements were approved by the Board of Trustees and authorised for issue on12/12/2022..... and were signed on its behalf by:

E O'Sullivan

.....
E O'Sullivan - Trustee

The notes form part of these financial statements

THE DPJ FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 25% straight line

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

THE DPJ FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	180,524	43,567	224,091
EXPENDITURE ON			
Raising funds	3,484	437	3,921
Charitable activities			
Mental health awareness	97,356	28,724	126,080
Total	100,840	29,161	130,001
NET INCOME	79,684	14,406	94,090
Transfers between funds	(248)	248	-
Net movement in funds	79,436	14,654	94,090
RECONCILIATION OF FUNDS			
Total funds brought forward	161,609	-	161,609
TOTAL FUNDS CARRIED FORWARD	241,045	14,654	255,699

THE DPJ FOUNDATION
NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

4. TANGIBLE FIXED ASSETS

		Computer equipment £
COST		
At 1 April 2021		1,764
Additions		1,140
		<u>2,904</u>
At 31 March 2022		<u>2,904</u>
DEPRECIATION		
At 1 April 2021		441
Charge for year		726
		<u>1,167</u>
At 31 March 2022		<u>1,167</u>
NET BOOK VALUE		
At 31 March 2022		<u>1,737</u>
At 31 March 2021		<u>1,323</u>

5. STOCKS

	2022	2021
	£	£
Stocks	6,574	3,800
	<u>6,574</u>	<u>3,800</u>

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Grants receivable	3,064	3,200
Prepayments	100	-
	<u>3,164</u>	<u>3,200</u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Trade creditors	5,553	3,889
Taxation and social security	3,071	-
Other creditors	660	-
	<u>9,284</u>	<u>3,889</u>

THE DPJ FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

8. MOVEMENT IN FUNDS

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
Unrestricted funds				
General fund	182,846	95,667	1,551	280,064
Designated	58,200	-	-	58,200
	<u>241,046</u>	<u>95,667</u>	<u>1,551</u>	<u>338,264</u>
Restricted funds				
Rural+ project	8,784	(5,421)	-	3,363
Cyngor Cymuned Glantwymyn	200	-	-	200
Coronavirus Mental Health Response	2,473	(2,737)	264	-
Community Foundation Wales	3,196	(3,783)	587	-
Powys Project	-	(14)	14	-
Welsh Government Bereavement Fund	-	(10)	10	-
Welsh Government Agricultural Fund	-	2,426	(2,426)	-
	<u>14,653</u>	<u>(9,539)</u>	<u>(1,551)</u>	<u>3,563</u>
TOTAL FUNDS	<u>255,699</u>	<u>86,128</u>	<u>-</u>	<u>341,827</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	226,679	(131,012)	95,667
Restricted funds			
Rural+ project	-	(5,421)	(5,421)
Coronavirus Mental Health Response	-	(2,737)	(2,737)
Community Foundation Wales	-	(3,783)	(3,783)
Powys Project	1,456	(1,470)	(14)
Welsh Government Bereavement Fund	19,416	(19,426)	(10)
Welsh Government Agricultural Fund	23,871	(21,445)	2,426
	<u>44,743</u>	<u>(54,282)</u>	<u>(9,539)</u>
TOTAL FUNDS	<u>271,422</u>	<u>(185,294)</u>	<u>86,128</u>

THE DPJ FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

8. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
Unrestricted funds				
General fund	161,609	79,685	(58,448)	182,846
Designated	-	-	58,200	58,200
	<u>161,609</u>	<u>79,685</u>	<u>(248)</u>	<u>241,046</u>
Restricted funds				
Rural+ project	-	8,784	-	8,784
Cyngor Cymuned Glantwymyn	-	200	-	200
Coronavirus Mental Health Response	-	2,473	-	2,473
Community Foundation Wales	-	3,196	-	3,196
Powys Project	-	(248)	248	-
	<u>-</u>	<u>14,405</u>	<u>248</u>	<u>14,653</u>
TOTAL FUNDS	<u>161,609</u>	<u>94,090</u>	<u>-</u>	<u>255,699</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	180,524	(100,839)	79,685
Restricted funds			
Rural+ project	10,750	(1,966)	8,784
Cyngor Cymuned Glantwymyn	200	-	200
Coronavirus Mental Health Response	20,001	(17,528)	2,473
Community Foundation Wales	9,141	(5,945)	3,196
Powys Project	3,475	(3,723)	(248)
	<u>43,567</u>	<u>(29,162)</u>	<u>14,405</u>
TOTAL FUNDS	<u>224,091</u>	<u>(130,001)</u>	<u>94,090</u>

THE DPJ FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

8. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
Unrestricted funds				
General fund	161,609	175,352	(56,897)	280,064
Designated	-	-	58,200	58,200
	<u>161,609</u>	<u>175,352</u>	<u>1,303</u>	<u>338,264</u>
Restricted funds				
Rural+ project	-	3,363	-	3,363
Cyngor Cymuned Glantwymyn	-	200	-	200
Coronavirus Mental Health Response	-	(264)	264	-
Community Foundation Wales	-	(587)	587	-
Powys Project	-	(262)	262	-
Welsh Government Bereavement Fund	-	(10)	10	-
Welsh Government Agricultural Fund	-	2,426	(2,426)	-
	<u>-</u>	<u>4,866</u>	<u>(1,303)</u>	<u>3,563</u>
TOTAL FUNDS	<u>161,609</u>	<u>180,218</u>	<u>-</u>	<u>341,827</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	407,203	(231,851)	175,352
Restricted funds			
Rural+ project	10,750	(7,387)	3,363
Cyngor Cymuned Glantwymyn	200	-	200
Coronavirus Mental Health Response	20,001	(20,265)	(264)
Community Foundation Wales	9,141	(9,728)	(587)
Powys Project	4,931	(5,193)	(262)
Welsh Government Bereavement Fund	19,416	(19,426)	(10)
Welsh Government Agricultural Fund	23,871	(21,445)	2,426
	<u>88,310</u>	<u>(83,444)</u>	<u>4,866</u>
TOTAL FUNDS	<u>495,513</u>	<u>(315,295)</u>	<u>180,218</u>

THE DPJ FOUNDATION
NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2022.

THE DPJ FOUNDATION
DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Fund raising	218,081	161,071
Grants	-	63,020
	<hr/>	<hr/>
	218,081	224,091
Charitable activities		
Grants	53,341	-
	<hr/>	<hr/>
Total incoming resources	271,422	224,091
EXPENDITURE		
Raising donations and legacies		
Merchandise	2,106	3,921
Charitable activities		
Wages	56,495	41,437
Social security	504	-
Pensions	2,068	2,187
Postage and stationery	1,470	2,906
Promotions and advertising	13,700	10,960
Training, staff and volunteer expenses	4,599	7,239
Counselling	59,838	45,706
Winter ball	7,173	-
Event costs	3,453	-
Office hire and general costs	6,360	3,769
Repairs and renewals	1,936	138
Heat and light	1,165	588
Computer costs	228	2,666
Translation costs	186	-
Travelling	7,499	-
Author/Illustrator	5,250	-
Depreciation of computer equipment	726	441
	<hr/>	<hr/>
	172,650	118,037
Support costs		
Management		
Insurance	1,019	596
Telephone	1,784	903
Professional fees	7,359	4,619
Sundries	376	1,925
	<hr/>	<hr/>
	10,538	8,043
Total resources expended	<hr/>	<hr/>
	185,294	130,001
Net income	<hr/> <hr/>	<hr/> <hr/>
	86,128	94,090

This page does not form part of the statutory financial statements

The DPJ Foundation
 Fixed Assets
 Year Ended 31 March 2022

	Date of Acquisition	Cost B Fwd £	Adds £	Disps £	Cost C Fwd £	Dep'n B Fwd £	Charge For Year £	On Disposals £	Dep'n C Fwd £	NBV 2022 £	NBV 2021 £	
25% SL												
Computer Equipment												
IT equipment	30/07/2020	1,763.91	-	-	1,763.91	441.00	441.00	-	882.00	881.91	1,322.91	
Laptop & Equipment	30/07/2021	-	741.48	-	741.48	-	185.00	-	185.00	556.48	-	
Laptop	01/02/2022	-	399.00	-	399.00	-	100.00	-	100.00	299.00	-	
		<u>1,763.91</u>	<u>1,140.48</u>	<u>-</u>	<u>2,904.39</u>	<u>441.00</u>	<u>726.00</u>	<u>-</u>	<u>1,167.00</u>	<u>1,737.39</u>	<u>1,322.91</u>	
TOTALS												
Non-depreciating		-	-	-	-	-	-	-	-	-	-	
Depreciating		<u>1,763.91</u>	<u>1,140.48</u>	<u>-</u>	<u>2,904.39</u>	<u>441.00</u>	<u>726.00</u>	<u>-</u>	<u>1,167.00</u>	<u>1,737.39</u>	<u>1,322.91</u>	

THE DPJ FOUNDATION

England & Wales - Charity number 1173063

Accounts

REGISTERED CHARITY NUMBER: 1173063

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021
FOR
THE DPJ FOUNDATION**

Bevan Buckland LLP
Chartered Accountants
45 High Street
Haverfordwest
Pembrokeshire
SA61 2BP

THE DPJ FOUNDATION

**CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

	Page
Report of the Trustees	1 to 5
Independent Examiner's Report	6
Statement of Financial Activities	7
Statement of Financial Position	8
Notes to the Financial Statements	9 to 14
Detailed Statement of Financial Activities	15

THE DPJ FOUNDATION
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021

The trustees present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The principal activities of the charity are to provide support to those in the rural communities of Wales, especially men in agriculture and to raise awareness of mental health issues with a view to removing the stigma of mental health and encouraging those suffering with poor mental health to seek help. It does this through spreading awareness of Mental Health, educating people through Mental Health Awareness Training which provides a first aid for mental health and providing practical support to those in the sector through the 'Share the Load' counselling referral service. The Charity has commenced a strategic planning process which is ongoing. The Charity confirms it has referred to the guidance contained in the Charities Commission general guidance on public benefit when reviewing the charity's aims and objectives in planning future activities.

ACHIEVEMENT AND PERFORMANCE

There are three main strands to the Charity's services:

- Share the Load
- Mental Health Awareness Training
- Awareness Raising and Stigma Busting

Share the Load

Share the Load is a 24/7 confidential call and text line that is staffed by trained volunteers. We have a team of 35 Share the Load volunteers in total, although not all are currently actively volunteering. It provides a listening service as well as operating as a counselling referral service. Over the course of the financial year, we recruited an additional 11 volunteers to the Share the Load service, with a focus on increasing the number of Welsh speakers.

For the period of the financial year (April to March) supported 155 people with access to fully funded counselling and handled over 185 calls. A further 74 people have been given access to counselling since April 2021. Additional counsellors were recruited from across Wales and counselling was provided in a range of formats including face to face, by telephone, online and by text. Face to face counselling included outreach where the client is met at their home or place of work. Services were provided to people within 16 of the 22 Welsh local authority areas.

Mental Health Awareness Training

We deliver Mental Health Awareness Training that is designed to give the agricultural community the ability to support each other and be confident in spotting the signs of poor mental health and signposting onwards. The training also encompasses suicide awareness (as agriculture carries one of the highest rates of suicide). Our Mental Health Awareness Training is our own bespoke training package which we deliver exclusively, having decided that Mental Health First Aid (a licenced proprietary product) was not fit for our purposes.

Training was adapted to be delivered online and we have started to adapt the core training to explore add-ons that can add value for organisations. This year, we also translated the training for delivery in Welsh and delivered a number of Welsh language sessions.

Training is offered free of charge to the general community to book thanks to grant funding from the Welsh Government and previously by the Coronavirus Mental Health Response Fund. We also deliver commissioned training for organisations and this year have delivered training to organisations including Dyfed Powys Police, Farming Connect, veterinary groups, agricultural consultants, Co-op farmers.

THE DPJ FOUNDATION
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021

We have also collaborated with FCN and NFYFC to develop a new training module for Young Farmers Clubs and agricultural colleges called Rural+. This has been co-developed by young people and will be delivered by volunteers.

Through funding from Powys Teaching Health Board, we were able to pilot a range of wellbeing sessions in the Powys area which allowed delegates to learn techniques to improve their own wellbeing.

Awareness Raising and beating the stigma

Each of our activities feeds into this overarching theme of raising awareness of mental health issues and tackling the stigma that remains surrounding poor mental health. We have been impeded in reaching the diverse audiences that we usually would through the lack of any agricultural shows and the prohibition on us attending livestock markets (due to Covid-19 rules). However, we have used this opportunity to bring our Regional Champion volunteers from across Wales together virtually and they have continued to do what they have been able to which has ranged from writing articles and appearing on television or radio to attending online sessions to talk about their lived experience. We have expanded our Regional Champion base and now have champions in most areas of Wales.

Our Regional Champions play a vital role in being the representatives of the charity in their areas and we would be unable to sustain the level of our awareness raising activities or fundraising without their extremely valuable contributions. We have 42 Regional Champions across the whole of Wales.

We have continued to create and share daily messages on social media and have increased our reach by starting a new LinkedIn account during this year. During the course of the financial year we increased our followers by over 3,000 across all platforms to 14,850 on Facebook, 2,880 on Twitter, 4,670 on Instagram and 450 on LinkedIn which suggests that we were reaching additional audiences. These have continued to grow.

We delivered talks (mainly online) to a variety of groups ranging from young farmers and agricultural college students to agri-businesses, to other third sector groups and networks who may be able to refer to us or add value to the charity's services. We have also spoken at conferences and seminars for other organisations.

We ran a hugely popular engagement campaign encouraging people to knit bobble hats to send to us, combining the wellbeing activity of knitting with doing good. The "Knit a Bobble for that Wobble" campaign resulted in a huge number of knitted hats being donated to the charity that we were then able to sell.

The "Wearing is Caring" clothing proved popular once again as a means of raising awareness of the DPJ Foundation in the community and reminding potential service users of our messaging and we continue to develop this.

We participated as a lead partner in the inaugural Ag Mental Health Week in October which generated strong coverage in the media and social media and also in a fitness challenge #Run1000 which again provided a focus in January for wellbeing.

We developed a playlist for Dydd Miwsig Cymru of feelgood and uplifting songs and also have developed a podcast playlist. This is ahead of developing our own podcast series that we have started to scope and also a song that we have discussed with a potential creative collaborator.

Once again, we obtained bale stickers to allow farmers to show their support for the charity and to remind people of our Share the Load service. We received feedback that these were effective in leading those who were not previously aware of the charity to look us up. Thanks to funding from the Coronavirus Mental Health Response Fund, we were able to obtain additional materials that we could send out to farmers directly, including a direct mail letter and coasters.

FINANCIAL REVIEW

Financial Review

Total funding received during the year was £224,091 (2020 £206,913) of which £43,567 (2020 nil) was restricted and resources expended during the year amounted to £130,001 (2020 £116,812) of which £29,161 was restricted (2020 nil) resulting in reserves of £255,699 (2020 £161,609) of which £14,654 (2020 nil) are restricted.

THE DPJ FOUNDATION
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021

FINANCIAL REVIEW

Principal funding sources

The charity has received grant funding from the Welsh Government that was awarded the previous financial year, the Coronavirus Mental Health Response Fund, the Community Foundation in Wales on behalf of the Ashley Family Foundation, the Westminster Foundation via FCN, the G C Gibson Charitable Trust, Powys Teaching Health Board, CKs Making a Difference Locally and the Simon Gibson Charitable Trust. We are very grateful to each of these supporters.

However, the charity has benefited from significant support from individuals and organisations across Wales, through fundraising activities that they have undertaken and donations. This community fundraising has enabled the foundation to develop its services and reach more people. The trustees are very grateful to all organisations and individuals for their generosity.

Reserves policy

The Board of Trustees has set out the charity's reserves policy to allow the trustees to have strong financial controls over the organisation and meet its legal obligations. The trustees are currently undertaking a strategic planning exercise and it is anticipated that the outcomes of this will lead a change in the reserves policy. However, the current reserves policy remains to retain a contingency to safeguard the Share the Load service for a year (to allow service users to continue their counselling).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is a Charitable Incorporated Organisation with a Constitution dated 2nd May 2017 as its governing document. It is governed by a Board of Trustees who meet monthly. The trustees are appointed to serve for a period of three years and are appointed on the basis of their skills, experience and knowledge. Trustees are able to serve for up to three consecutive terms (and must have an interval of at least one year before being reappointed). A scheme of delegation is in place and day-to-day responsibility for the provision of the services rests with the Charity Manager.

Names of Charity Trustees who managed the Charity throughout this financial year:

- Emma James - Chair (until 22 March 2021)
- Tom Rees
- Maralene Griffiths (appointed 29 July 2020; held the role of Vice Chair since 22 March 2021)
- Robert Gwynfor Thomas (appointed 29 July 2020)
- Emma Picton-Jones (appointed 28 September 2020; held the role of Chair since 22 March 2021)
- Sian Davies (appointed 18 January 2021; held the role of Secretary since 22 March 2021)
- Gethin Bickerton (appointed 18 January 2021)
- Iwan Meirion Lloyd Williams (appointed 18 January 2021; held the role of Treasurer since 22 March 2021)
- Catherine Griffiths (resigned 04/07/2021)
- Lindzi Gwilt (resigned 31/12/2020)
- Tegryn Jones (resigned 20/08/2020)
- Marc Jones (resigned 20/08/2020, held the role of Treasurer until 20/08/2020)
- Nia Jones (resigned 16/04/2020)

THE DPJ FOUNDATION
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021

Following a trustee skills audit, a trustee recruitment campaign was undertaken to diversify the skillset and geographical range of the trustee board. This resulted in 5 new trustees joining the board. The founder of the Foundation, Emma Picton-Jones, rejoined the board of trustees upon leaving employment with the charity.

Most trustees are already familiar with the work of the charity. New trustees are invited and encouraged to attend an information session to familiarise themselves with the charity and the context within which it operates and covers. An Induction Pack for Trustees is distributed which covers:

- The obligations of Trustees
- The CIO Constitution
- The previous Annual Accounts

Name of Staff Members in the charity throughout this financial year

The trustees identified that for the charity to achieve its objectives, it was necessary to recruit paid staff.

- Emma Picton Jones - Training and Development Manager - until 01/09/2020
- Kate Miles - Charity Manager - from 01/08/2020
- Kay Helyar - Training Manager - from 01/08/2020

The DPJ Foundation also works with a sessional administrator, Kathryn Lee, who offers her services on a self-employed basis to administer the Share the Load service and to provide some financial administration as well as contracting with around 50 professional counsellors across Wales who deliver counselling services on behalf of the DPJ Foundation.

The Charity has also appointed Elen Williams as Marketing, Engagement and Administration Assistant and she has worked for the charity since 02/08/2021.

Risk management

The Board of Trustees has conducted a review of the major risks to which the charity is exposed. A risk register is in place and is updated annually with review throughout the year. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces. Procedures are in place to ensure compliance with the health and safety of staff, volunteers, clients and visitors and safeguarding of individuals and information. There are a range of procedures which the charity implements to mitigate potential risks.

Covid-19

In light of the global Coronavirus pandemic, The DPJ Foundation made several adjustments to its working practices. Face-to-face meetings were suspended, homeworking for staff was implemented and the majority of the organisation's training and engagement services moved online. Counselling was largely moved online or to telephone counselling with some face-to-face counselling taking place in risk assessed, outdoor situations. Governance of the organisation was uninterrupted, with all scheduled Trustee meetings taking place online. In addition to delivering programmes of live online events for the agricultural community, online volunteer wellbeing events were introduced to allow volunteers to meet one another informally.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1173063

Principal address

Ground Floor Rear Office
5 Dark Street
Haverfordwest
Pembrokeshire
SA61 2DS

THE DPJ FOUNDATION
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021

Trustees

T D Jones Trustee (resigned 20.8.20)
M A Jones (resigned 20.8.20)
N H Jones (resigned 16.4.20)
E R James
L Gwilt (resigned 31.12.20)
C P Griffiths (resigned 4.7.21)
S Davies (appointed 18.1.21)
E Picton-Jones (appointed 28.9.20)
G Bickerton (appointed 18.1.21)
M Griffiths (appointed 29.7.20)
R G Thomas (appointed 29.7.20)
I M L Williams (appointed 18.1.21)
T Rees

Independent Examiner

Bevan Buckland LLP
Chartered Accountants
45 High Street
Haverfordwest
Pembrokeshire
SA61 2BP

Approved by order of the board of trustees on 25th October 2021 and signed on its behalf by:

Epicton Jones

.....
E Picton-Jones - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
THE DPJ FOUNDATION**

Independent examiner's report to the trustees of The DPJ Foundation

I report to the charity trustees on my examination of the accounts of The DPJ Foundation (the Trust) for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Alun Evans

ALUN EVANS
ICAEW
Bevan Buckland LLP
Chartered Accountants
45 High Street
Haverfordwest
Pembrokeshire
SA61 2BP

Date: *16 December 2021*

THE DPJ FOUNDATION
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		180,524	43,567	224,091	206,913
EXPENDITURE ON					
Raising funds		3,484	437	3,921	-
Charitable activities					
Mental health awareness		97,356	28,724	126,080	116,812
Total		<u>100,840</u>	<u>29,161</u>	<u>130,001</u>	<u>116,812</u>
NET INCOME					
		79,684	14,406	94,090	90,101
Transfers between funds	8	<u>(248)</u>	<u>248</u>	<u>-</u>	<u>-</u>
Net movement in funds		79,436	14,654	94,090	90,101
RECONCILIATION OF FUNDS					
Total funds brought forward		161,609	-	161,609	71,508
TOTAL FUNDS CARRIED FORWARD		<u><u>241,045</u></u>	<u><u>14,654</u></u>	<u><u>255,699</u></u>	<u><u>161,609</u></u>

The notes form part of these financial statements

THE DPJ FOUNDATION
STATEMENT OF FINANCIAL POSITION
31 MARCH 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
FIXED ASSETS					
Tangible assets	4	1,323	-	1,323	-
CURRENT ASSETS					
Stocks	5	3,800	-	3,800	-
Debtors	6	3,200	-	3,200	-
Cash at bank		236,612	14,653	251,265	161,609
		<u>243,612</u>	<u>14,653</u>	<u>258,265</u>	<u>161,609</u>
CREDITORS					
Amounts falling due within one year	7	(3,889)	-	(3,889)	-
NET CURRENT ASSETS					
		<u>239,723</u>	<u>14,653</u>	<u>254,376</u>	<u>161,609</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>241,046</u>	<u>14,653</u>	<u>255,699</u>	<u>161,609</u>
NET ASSETS					
		<u>241,046</u>	<u>14,653</u>	<u>255,699</u>	<u>161,609</u>
FUNDS					
Unrestricted funds	8			241,046	161,609
Restricted funds				14,653	-
TOTAL FUNDS					
				<u>255,699</u>	<u>161,609</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 25th October 2021 and were signed on its behalf by:



.....
E Picton-Jones - Trustee

THE DPJ FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

THE DPJ FOUNDATION

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021**

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2021 nor for the year ended 31 March 2020.

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	206,913	-	206,913
 EXPENDITURE ON			
Charitable activities			
Mental health awareness	116,812	-	116,812
 NET INCOME	90,101	-	90,101
 RECONCILIATION OF FUNDS			
Total funds brought forward	71,508	-	71,508
 TOTAL FUNDS CARRIED FORWARD	161,609	-	161,609

4. TANGIBLE FIXED ASSETS

COST	Computer equipment £
Additions	1,764
 DEPRECIATION	
Charge for year	441
 NET BOOK VALUE	
At 31 March 2021	1,323
At 31 March 2020	-

THE DPJ FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

5. STOCKS

	2021	2020
	£	£
Stocks	3,800	-
	<u> </u>	<u> </u>

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Grants receivable	3,200	-
	<u> </u>	<u> </u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Trade creditors	3,889	-
	<u> </u>	<u> </u>

8. MOVEMENT IN FUNDS

	At 1.4.20	Net	Transfers	At
	£	movement	between	31.3.21
		in funds	funds	£
		£	£	
Unrestricted funds				
General fund	161,609	79,685	(58,448)	182,846
Designated	-	-	58,200	58,200
	<u>161,609</u>	<u>79,685</u>	<u>(248)</u>	<u>241,046</u>
Restricted funds				
Rural+ project	-	8,784	-	8,784
Cyngor Cymuned Glantwymyn	-	200	-	200
Coronavirus Mental Health Response	-	2,473	-	2,473
Community Foundation Wales	-	3,196	-	3,196
Powys Project	-	(248)	248	-
	<u>-</u>	<u>14,405</u>	<u>248</u>	<u>14,653</u>
TOTAL FUNDS	<u>161,609</u>	<u>94,090</u>	<u>-</u>	<u>255,699</u>

THE DPJ FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

8. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	180,524	(100,839)	79,685
Restricted funds			
Rural+ project	10,750	(1,966)	8,784
Cyngor Cymuned Glantwymyn	200	-	200
Coronavirus Mental Health Response	20,001	(17,528)	2,473
Community Foundation Wales	9,141	(5,945)	3,196
Powys Project	3,475	(3,723)	(248)
	<u>43,567</u>	<u>(29,162)</u>	<u>14,405</u>
TOTAL FUNDS	<u>224,091</u>	<u>(130,001)</u>	<u>94,090</u>

Comparatives for movement in funds

	At 1.4.19 £	Net movement in funds £	At 31.3.20 £
Unrestricted funds			
General fund	71,508	90,101	161,609
TOTAL FUNDS	<u>71,508</u>	<u>90,101</u>	<u>161,609</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	206,913	(116,812)	90,101
TOTAL FUNDS	<u>206,913</u>	<u>(116,812)</u>	<u>90,101</u>

THE DPJ FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

8. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
Unrestricted funds				
General fund	71,508	169,786	(58,448)	182,846
Designated	-	-	58,200	58,200
	<u>71,508</u>	<u>169,786</u>	<u>(248)</u>	<u>241,046</u>
Restricted funds				
Rural+ project	-	8,784	-	8,784
Cyngor Cymuned Glantwymyn	-	200	-	200
Coronavirus Mental Health Response	-	2,473	-	2,473
Community Foundation Wales	-	3,196	-	3,196
Powys Project	-	(248)	248	-
	<u>-</u>	<u>14,405</u>	<u>248</u>	<u>14,653</u>
TOTAL FUNDS	<u>71,508</u>	<u>184,191</u>	<u>-</u>	<u>255,699</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	387,437	(217,651)	169,786
Restricted funds			
Rural+ project	10,750	(1,966)	8,784
Cyngor Cymuned Glantwymyn	200	-	200
Coronavirus Mental Health Response	20,001	(17,528)	2,473
Community Foundation Wales	9,141	(5,945)	3,196
Powys Project	3,475	(3,723)	(248)
	<u>43,567</u>	<u>(29,162)</u>	<u>14,405</u>
TOTAL FUNDS	<u>431,004</u>	<u>(246,813)</u>	<u>184,191</u>

THE DPJ FOUNDATION

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021**

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2021.

THE DPJ FOUNDATION

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2021

	2021 £	2020 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Fund raising	161,071	185,258
Raffle	-	16,686
Winter ball	-	4,969
Grants	63,020	-
	<u>224,091</u>	<u>206,913</u>
Total incoming resources	224,091	206,913
EXPENDITURE		
Raising donations and legacies		
Merchandise	3,921	-
Charitable activities		
Wages	41,437	17,903
Pensions	2,187	-
Postage and stationery	2,906	5,548
Promotions and advertising	10,960	35,364
Training, staff and volunteer expenses	7,239	10,173
Counselling	45,706	31,509
Winter ball	-	4,929
Event costs	-	1,959
Office hire and general costs	3,769	3,250
Repairs and renewals	138	-
Heat and light	588	-
Computer costs	2,666	1,125
Depreciation of computer equipment	441	-
	<u>118,037</u>	<u>111,760</u>
Support costs		
Management		
Insurance	596	458
Telephone	903	699
Professional fees	4,619	-
Sundries	1,925	3,895
	<u>8,043</u>	<u>5,052</u>
Total resources expended	<u>130,001</u>	<u>116,812</u>
Net income	<u>94,090</u>	<u>90,101</u>

This page does not form part of the statutory financial statements

The DPJ Foundation
 Fixed Assets
 Year Ended 31 March 2021

	Date of Acquisition	Cost B Fwd £	Adds £	Disps £	Cost C Fwd £	Dep'n B Fwd £	Charge For Year £	On Disposals £	Dep'n C Fwd £	NBV 2021 £
Computer Equipment										
IT equipment	30/07/2020	-	1,763.91	-	1,763.91	-	441.00	-	441.00	1,322.91
		-	1,763.91	-	1,763.91	-	441.00	-	441.00	1,322.91
TOTALS		-	1,763.91	-	1,763.91	-	441.00	-	441.00	1,322.91
Non-depreciating		-	-	-	-	-	-	-	-	-
Depreciating		-	1,763.91	-	1,763.91	-	441.00	-	441.00	1,322.91
		-	1,763.91	-	1,763.91	-	441.00	-	441.00	1,322.91

25% SL