



Heart for Africa: Report of the Trustees and Accounts for the period 1 September 2024 - 31 August 2025

Legal and Administrative Information

Charity Name:	Heart for Africa
Charity registration number:	1173027
Website:	www.heartforafrica.co.uk
Facebook:	www.facebook.com/heartforafricauk/
Instagram:	www.instagram.com/heartforafricauk/
Registered office:	236 Tyntyla Road The Old Ystrad Labour Club Ystrad, Pentre Rhondda Cynon Taf CF41 7SG
Trustees during the Period:	Mr Lawrie Davies (Chair of Trustees) Dr Fiona Davies Mrs Lauren Smith Mr Ian Smith
Bankers:	Barclays Bank
Accountants:	Curtis Bowden & Thomas (Xeinadin Group Limited) 101 Dunraven Street Tonypandy Rhondda Cynon Taf CF40 1AR

Heart for Africa is a Charitable Incorporated Organisation (CIO) governed by its Constitution dated 12 May 2017. The CIO may have a minimum of three and a maximum of twelve trustees. New trustees are appointed by the current trustees. In the event of Heart for Africa being wound up, the trustees have no liability to contribute to its assets and no personal responsibility for settling any debts and liabilities. This Annual Report and Accounts cover the charity's seventh accounting period, from 1 September 2024 to 31 August 2025.

Overview

Heart for Africa came out of the hearts of several people who had visited East Africa with one of our partner charities, Sporting Marvels (UK Reg'd Charity No. 1101562), across several trips between 2005 - 2017. After Sporting Marvels' February 2017 trip, there was a strong desire to have more of a year-round impact in Tanzania/East Africa as opposed to just ten days every two years. The trips, mostly for sixth formers ("All-Star Leaders"), see many of the young people that Sporting Marvels works with visit orphanages, schools, churches, groups, and communities linked to Sporting Marvels through longstanding partnerships. Each subsequent trip attracted an increased level of donations (in cash and kind) from the Rhondda community, and Sporting Marvels personnel felt strongly that they wished to help with the practicalities of setting up a structure more suited to making an ongoing impact, one that had a strategic focus on projects that would produce sustainable benefit. This prompted the formation of Heart for Africa, with Lawrie Davies (Managing Director of Sporting Marvels, one of Heart for Africa's most committed monthly supporters) as the first Chair of Trustees. Lawrie's second term as Chair ended in May 2024, and he was unanimously re-elected for a further three years.

Heart for Africa currently works in the city of Arusha and its surrounding communities. We have a small team of five Community Coordinators (*pictured, right*) who support the charity around their day-to-day jobs and activities; they help the trustees identify needs, and act as a liaison and an accountability mechanism between the CIO and its beneficiaries. As respected and trusted leaders within their communities/groups, we support and empower them to use their leadership and influence to help us make a difference in the lives of those who look to them. Rev Stephen Owino (*second from right*) leads this small team, and he has been a trusted friend and partner to Sporting Marvels for nearly 20 years. Each of our Community Coordinators is supported with a small monthly financial gift which enables them to give some of their time each month to assisting their communities, whilst creating stronger accountability to the goals and reporting needs of the charity.



Heart for Africa's work has two main strands:

- Promoting education of young people, through support for orphans, street children and other children and young people in need, to enable them to attend school/college, and school visits by young people on Sporting Marvels trips.
- Prevention or relief of poverty, by providing grants, items and services to individuals and communities in need, with a focus on long-term sustainability/impact. These include goats, chickens, food, transport, educational materials and other items. Since our regular trips to Arusha have restarted following the COVID pandemic, much of this giving takes place during or following the trips. In decisions of which orphanages, schools, churches, groups and communities to visit/support, Heart for Africa is guided by our Community Coordinators who have relevant local knowledge.

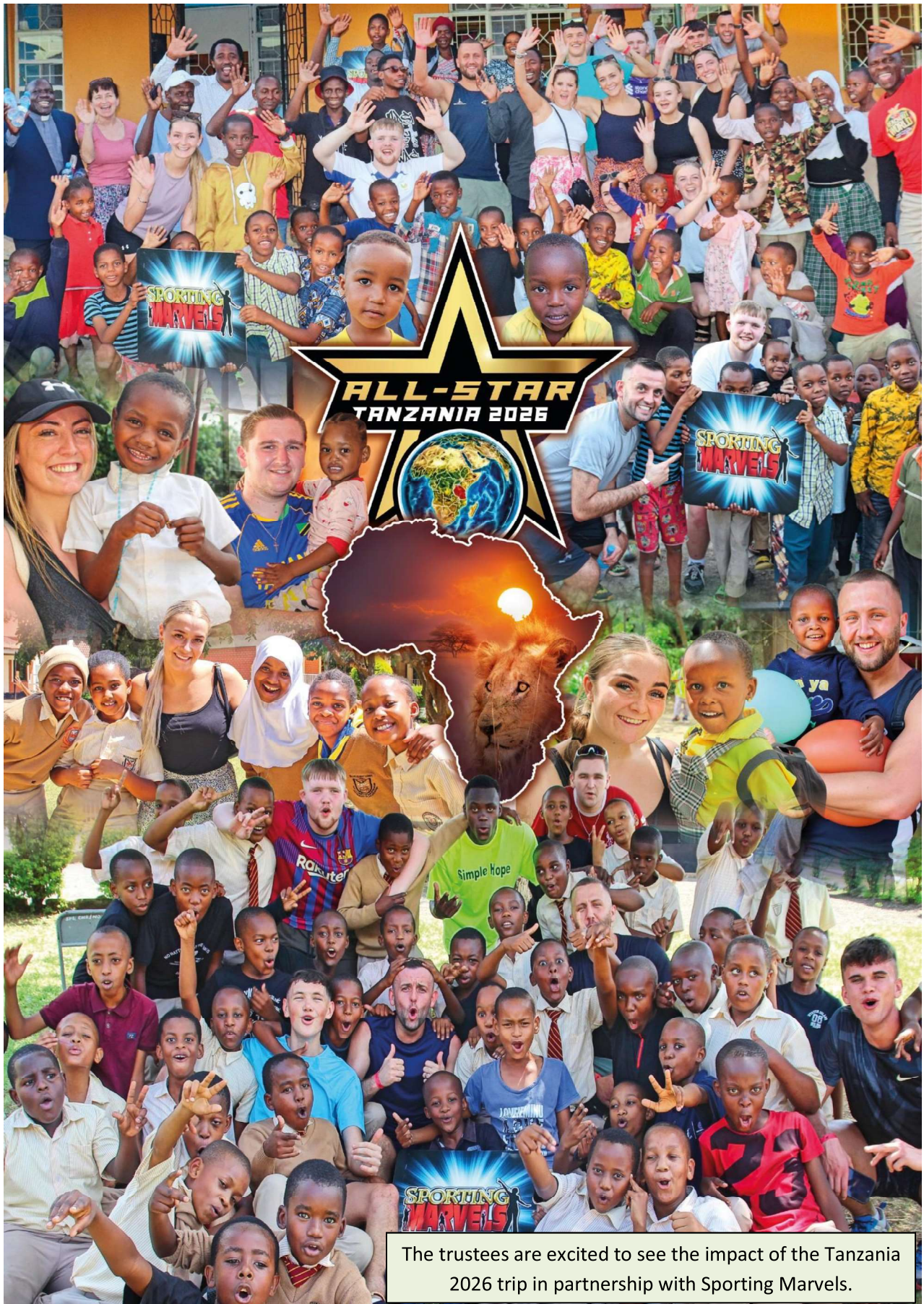


Heart for Africa raises money through individual and organisational donations, sponsorship, events, and grant applications. It is grateful for ongoing support from Sporting Marvels and our partner church, Dream Centre Wales, also based in Rhondda. Many young people associated with Sporting Marvels, Dream Centre Wales and Rhondda Netball (with which Heart for Africa shares office premises) have supported Heart for Africa through sponsored events, which are key in raising money to bless the various beneficiaries on our All-Star trips. In April 2025, our main sponsored event was '2-2-24' during which each participant ran 2 miles every 2 hours for 24 hours. Thanks to the inspirational leadership of Liam Jones and the commitment of our supporters, this event raised £4000. We have distributed change collection boxes to a few local businesses such as newsagents, fish & chip shops, pubs etc, who place them on their counters, as well as to several individual supporters. Primary school fundraising in Sporting Marvels' partner schools takes place annually, linked to the Sporting Marvels lesson which features Heart for Africa, with the pupils being encouraged to 'run/walk a mile for Africa' and bring in a £1 donation - a few individuals/schools have gone further by seeking sponsorship or running a small event such as a tabletop sale. In 2025, this activity took place in June and was focused on purchasing a cow for Huruma Orphanage. No grant applications were made during the year under review, as money from sponsorship and donations covered all core costs and key commitments, and no proposals were made for new specific projects, which are more likely to attract grant funding.



Regular monthly income from standing orders and recurring card payments decreased by 15% from the previous year, mainly due to some donors who had signed up following the February 2024 trip not continuing their regular donations. Efforts will be made following the 2026 trip, which shows signs of being the biggest ever, to sign up more regular donors. The decrease, however, was offset by a 15% increase in income from sponsorship and other fundraising. Discounting Gift Aid, income in 2024/25 increased by 4% over 2023/24. Our Gift Aid claim for 2024/25 was submitted late due to an oversight, so Gift Aid for 2024/25 will appear in the 2025/26 accounts.

The trustees are pleased that Heart for Africa maintained a level of income that was sufficient to cover the monthly support for our Community Coordinators throughout the year under review, our ongoing commitments toward educational needs, and some leeway for discretionary giving in response to specific needs. With preparations being made for another trip in February 2026, 2025/26 fundraising will focus on events associated with the trip and signing up new monthly donors from participants who see first-hand the impact of our giving.



The trustees are excited to see the impact of the Tanzania 2026 trip in partnership with Sporting Marvels.

Achievements and Performance

Heart for Africa's main achievements throughout the year were as follows:

1) Heart for Africa's sister charity Sporting Marvels uses Heart for Africa in their primary school lessons as an example of how we can help others less fortunate than ourselves. The focus of 2024's annual fundraising activity organised around this lesson, as reported last year, was to raise funds to buy a cow for Matonyok Orphanage (*below, left*). Our Regional Director Steve Owino worked with the orphanage leadership to find a suitable cow, which was formally gifted to the orphanage in January 2025 (*below, middle*). Literally hours after the donation ceremony, the cow produced a healthy female calf (*below, right*). Over 50 children at Matonyok School and Orphanage are now benefiting from fresh milk and a good source of protein daily.



Encouraged by the impact made at Matonyok, the Mighty Marvels 'Mile for Africa' took place again in June 2025. 13 of Sporting Marvels' 22 partner primary schools engaged with the activity, raising a total of £1,144. Although this was a little over £400 down on the previous year, it was still sufficient to cover the purchase of a cow for Huruma Orphanage, who have been building new accommodation for their livestock. Steve Owino is again working with the orphanage leadership for a cow to be identified and brought to Huruma when the cowshed is completed.

2) Our work with Moriah Women's Group (started as the 'Empowering Women in Muriet' project) continues, under the leadership of our Community Coordinator Mary Owino. Economic conditions worsened during the



year under review, due to inflation, price fluctuations, and climate change, meaning that profits from the supported businesses were minimal. The women running piggeries have been unable to afford increasing costs of feed, and have switched to breeding goats and/or poultry. Nevertheless, the group was able to support 4 more women in starting in business during the year, to support 2 children with educational costs, and to assist a recovered alcoholic within their community in getting back on his feet. Heart for Africa donated an additional £200 to the group in June 2025 to assist them through this difficult period.



3) The charity has continued to sponsor Anjela and Dennis, supported by Green Path for Community Success (GP-COSU), and Patience, one of three daughters of a widow known to Mary Owino, in their schooling. We also continue to sponsor Purity in her university studies in International Relations and Diplomacy, in which she is doing well.

A total of £1893 was given in educational support during the year under review.



4) At Easter, the Sporting Marvels team, supported by many of the young people that they work with or who attend Dream Centre Wales Church, raised money for Heart for Africa through their '2-2-24' event (each participant ran 2 miles every 2 hours for 24 hours). Liam Jones, our Fundraising Coordinator, excelled himself in encouraging support for this event, and the total raised was £4,000.



5) Heart for Africa produced a 2025 calendar, using photographs from the 2024 Tanzania trip. This was given free to regular supporters and Rhondda schools, and sold to others to raise funds.

Personnel and Operations

Heart for Africa has two part-time members of staff to ensure the charity remains active and committed to achieving its aims and raising the requisite level of funds. Dr Fiona Davies (Operations Manager) works approximately one day per fortnight and is responsible for grant applications & reports, liaison with Community Coordinators and beneficiaries in Tanzania, and oversight of administration and finance. She continues to perform this role unpaid as part of her commitment as a trustee of the charity. Liam Jones supports her as Fundraising Coordinator, responsible for shop collection boxes and for organising local fundraising and sponsored events (an average of 1-2 hours per week). He was paid £75 per month during the year under review and the return on this investment was excellent based on the income Liam drove towards Heart For Africa, particularly through his leadership of the April 2025 2-2-24' fundraiser. Responsibility for social media is shared between these two key individuals.

Heart for Africa can also call on many volunteers from the charity Sporting Marvels, and some of the school pupils they work with, to support local events and promote the CIO and its activities within their own social circles. All trustees also play an active voluntary role in the running of the charity.

Premises

Since its formation, Heart for Africa has received free office space where required as a gesture of goodwill from its sister charity Sporting Marvels.

Public Benefit



The trustees confirm they have referred to the Charity Commission's guidance on Public Benefit when setting and reviewing the CIO's aims, objectives, and strategy. The trustees are satisfied that the CIO meets the public benefit requirement through its activities.

Payments to Trustees

No trustee has received any payment in cash or kind from the CIO and all trustees are themselves regular monthly donors.

Reserves

The CIO's core costs are primarily the support of one part-time member of staff (£75pm) and support payments to our Community Coordinators in Arusha, as well as regular payments for accounting services, IT, and insurance. At the financial year end on 31 August 2025, reserves were equivalent to seven months core costs.

Financial Review

The financial position of the CIO at 31 August 2025 and at the date of this report is considered satisfactory. The trustees are pleased that the increased income levels seen in 2023/24 have largely been sustained, and hope that these will be maintained or increased as the charity prepares for its 2026 Tanzania trip, which has already generated significant interest. We are grateful for the support from so many personnel from our sister charity, Sporting Marvels; its partner church, Dream Centre Wales; the Rhondda Netball Foundation; and the young people these organisations work with. Our Fundraising Coordinator Liam Jones is a valuable asset to the charity in inspiring and motivating this support.

The trustees are also extremely pleased that, as in the previous year, over 80% of income received by the charity has been spent on charitable support in Tanzania.

The trustees consider that the charity is able to continue to operate as a going concern. The trustees' annual report was approved on 8th June 2026 and signed on behalf of the Board of Trustees by:

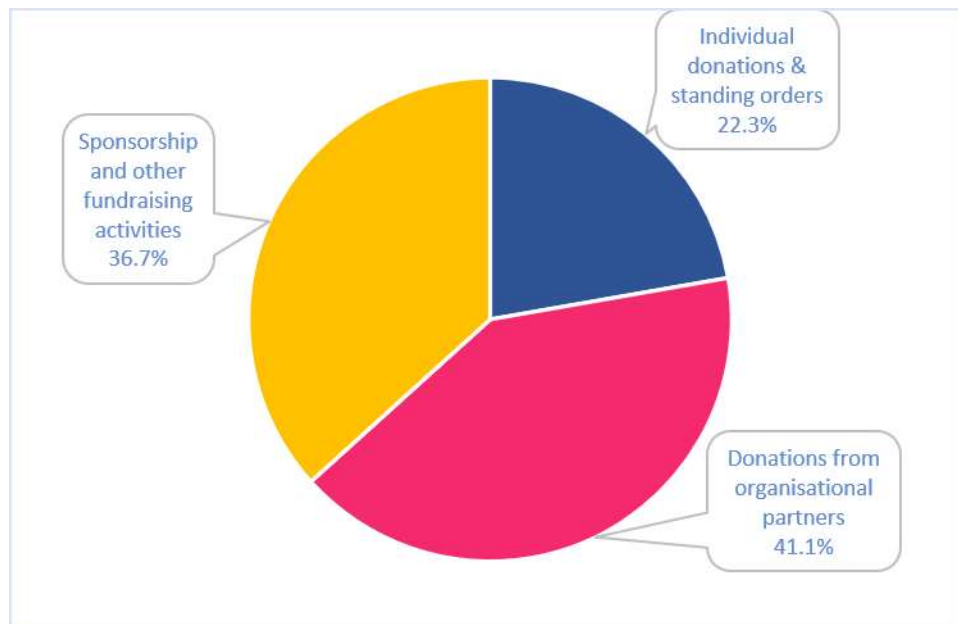
A handwritten signature in black ink, appearing to read 'Lawrie R. Davies'.

Lawrie R. Davies, LLB
Chair of Trustees
8 June 2026

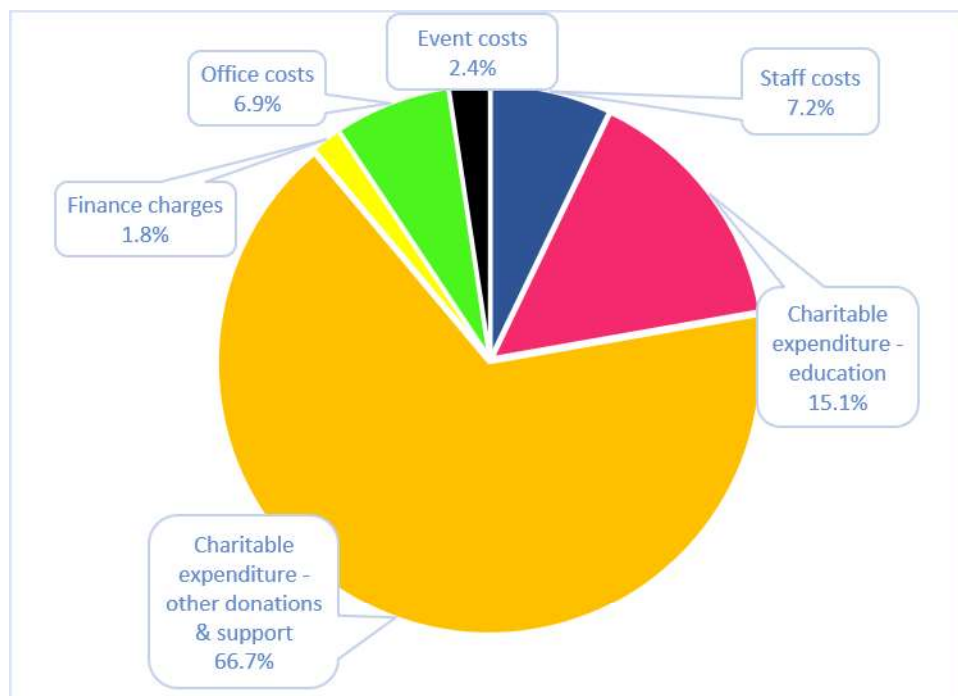
A handwritten signature in black ink, appearing to read 'Dr Fiona M Davies'.

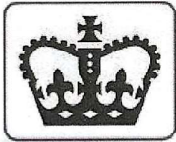
Dr Fiona M Davies
Trustee & Unpaid Operations Manager
8 June 2026

INCOME 2024/25



EXPENDITURE 2024/25





CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Heart for Africa

**On accounts for the year
ended**

31 August 2025

**Charity no
(if any)** 1173027

Set out on pages

1-2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/08/2025.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date: 30/03/2026

Name:

Stephen John Smith

**Relevant professional
qualification(s) or body
(if any):**

ACCA

Address:

Curtis Bowden & Thomas

101 Dunraven Street

Tonypandy CF40 1AR

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Heart for Africa

No (if any)

Receipts and payments accounts

CC16a

For the period
from

Period start date
01.09.24

To

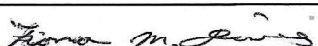
Period end date
31.08.25

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donated funds:-	-	-	-	-	-
Individual donations and standing orders	2,954	-	-	2,954	3,476
Trusts, foundation, Church and other entities	5,450	-	-	5,450	5,100
Sponsorship	4,652	-	-	4,652	2,530
Fundraising activities	219	-	-	219	1,703
Gift Aid	-	-	-	-	1,334
Internal transfers	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	13,275	-	-	13,275	14,143
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	13,275	-	-	13,275	14,143
A3 Payments					
Staff costs including admin/website	900	-	-	900	750
Charitable gifts	10,268	-	-	10,268	11,111
Finance charges	225	-	-	225	267
Office costs	869	-	-	869	863
Events costs	303	-	-	303	445
Internal transfers	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	12,565	-	-	12,565	13,436
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	12,565	-	-	12,565	13,436
Net of receipts/(payments)	710	-	-	710	707
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	3,341	-	-	3,341	-
Cash funds this year end	4,051	-	-	4,051	707

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank account	4,051	-	-
		-	-	-
		-	-	-
	Total cash funds	4,051	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets			Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities		Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
		FIONA M. DAVIES	27/5/26