

HEART FOR AFRICA

England & Wales · Charity number 1173027

Details

Status Registered

Legal form CIO

Registered 2017-05-12

Register [View on the Charity Commission register](#)

Contact

Address 236 Tyntyla Road
The Old Ystrad Labour Club
Ystrad
Pentre
Rhondda

Phone 01443 716956

Email admin@heartforafrica.co.uk

Website www.heartforafrica.co.uk

Activities

Objects: FOR THE PUBLIC BENEFIT TO PROMOTE THE EDUCATION OF YOUNG PEOPLE IN EAST AFRICA, PRIMARILY BUT NOT EXCLUSIVELY THE ARUSHA REGION, TANZANIA IN SUCH WAYS AS THE CHARITY TRUSTEES THINK FIT, INCLUDING BY PROVIDING AND ASSISTING IN THE PROVISION OF FACILITIES FOR EDUCATION AT THE SCHOOLS.THE PREVENTION OR RELIEF OF POVERTY EAST AFRICA, PRIMARILY BUT NOT EXCLUSIVELY THE ARUSHA REGION, TANZANIA BY PROVIDING: GRANTS, ITEMS AND SERVICES TO INDIVIDUALS IN NEED AND/OR CHARITIES, OR OTHER ORGANISATIONS WORKING TO PREVENT OR RELIEVE POVERTY.

Activities: Education of young people in East Africa, primarily in Arusha Region, Tanzania, by providing and assisting in the provision of facilities for education in schools.The prevention or relief of poverty in East Africa, primarily in Arusha Region, Tanzania, by providing grants, items and services to individuals in need and/or charities, or other organisations working to prevent or relieve poverty.

Classification

- **How:** Provides Other Finance, Provides Services, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Prevention Or Relief Of Poverty, Overseas Aid/famine Relief, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People

Geography

- Tanzania
- Rhondda Cynon Taff

Finances

Period end	Income	Expenditure	Assets	Employees
2025-08-31	£13,275	£12,565	-	-
2024-08-31	£14,143	£13,436	-	-
2023-08-31	£7,637	£10,765	-	-
2022-08-31	£26,094	£21,283	-	-
2021-08-31	£20,976	£21,331	-	-
2020-08-31	£10,210	£11,098	-	-

Trustees

Name	Role	Appointed
Lawrie Richard Davies	Chair	2017-05-12
Dr Fiona Margaret Davies		2017-05-12
Ian Smith		2017-05-12
Lauren Louise Smith		2017-05-12

HEART FOR AFRICA

England & Wales - Charity number 1173027

Accounts



Heart for Africa: Report of the Trustees and Accounts for the period 1 September 2024 - 31 August 2025

Legal and Administrative Information

Charity Name:	Heart for Africa
Charity registration number:	1173027
Website:	www.heartforafrica.co.uk
Facebook:	www.facebook.com/heartforafricauk/
Instagram:	www.instagram.com/heartforafricauk/
Registered office:	236 Tyntyla Road The Old Ystrad Labour Club Ystrad, Pentre Rhondda Cynon Taf CF41 7SG
Trustees during the Period:	Mr Lawrie Davies (Chair of Trustees) Dr Fiona Davies Mrs Lauren Smith Mr Ian Smith
Bankers:	Barclays Bank
Accountants:	Curtis Bowden & Thomas (Xeina Group Limited) 101 Dunraven Street Tonypandy Rhondda Cynon Taf CF40 1AR

Heart for Africa is a Charitable Incorporated Organisation (CIO) governed by its Constitution dated 12 May 2017. The CIO may have a minimum of three and a maximum of twelve trustees. New trustees are appointed by the current trustees. In the event of Heart for Africa being wound up, the trustees have no liability to contribute to its assets and no personal responsibility for settling any debts and liabilities. This Annual Report and Accounts cover the charity's seventh accounting period, from 1 September 2024 to 31 August 2025.

Overview

Heart for Africa came out of the hearts of several people who had visited East Africa with one of our partner charities, Sporting Marvels (UK Reg'd Charity No. 1101562), across several trips between 2005 - 2017. After Sporting Marvels' February 2017 trip, there was a strong desire to have more of a year-round impact in Tanzania/East Africa as opposed to just ten days every two years. The trips, mostly for sixth formers ("All-Star Leaders"), see many of the young people that Sporting Marvels works with visit orphanages, schools, churches, groups, and communities linked to Sporting Marvels through longstanding partnerships. Each subsequent trip attracted an increased level of donations (in cash and kind) from the Rhondda community, and Sporting Marvels personnel felt strongly that they wished to help with the practicalities of setting up a structure more suited to making an ongoing impact, one that had a strategic focus on projects that would produce sustainable benefit. This prompted the formation of Heart for Africa, with Lawrie Davies (Managing Director of Sporting Marvels, one of Heart for Africa's most committed monthly supporters) as the first Chair of Trustees. Lawrie's second term as Chair ended in May 2024, and he was unanimously re-elected for a further three years.

Heart for Africa currently works in the city of Arusha and its surrounding communities. We have a small team of five Community Coordinators (*pictured, right*) who support the charity around their day-to-day jobs and activities; they help the trustees identify needs, and act as a liaison and an accountability mechanism between the CIO and its beneficiaries. As respected and trusted leaders within their communities/groups, we support and empower them to use their leadership and influence to help us make a difference in the lives of those who look to them. Rev Stephen Owino (*second from right*) leads this small team, and he has been a trusted friend and partner to Sporting Marvels for nearly 20 years. Each of our Community Coordinators is supported with a small monthly financial gift which enables them to give some of their time each month to assisting their communities, whilst creating stronger accountability to the goals and reporting needs of the charity.



Heart for Africa's work has two main strands:

- Promoting education of young people, through support for orphans, street children and other children and young people in need, to enable them to attend school/college, and school visits by young people on Sporting Marvels trips.
- Prevention or relief of poverty, by providing grants, items and services to individuals and communities in need, with a focus on long-term sustainability/impact. These include goats, chickens, food, transport, educational materials and other items. Since our regular trips to Arusha have restarted following the COVID pandemic, much of this giving takes place during or following the trips. In decisions of which orphanages, schools, churches, groups and communities to visit/support, Heart for Africa is guided by our Community Coordinators who have relevant local knowledge.

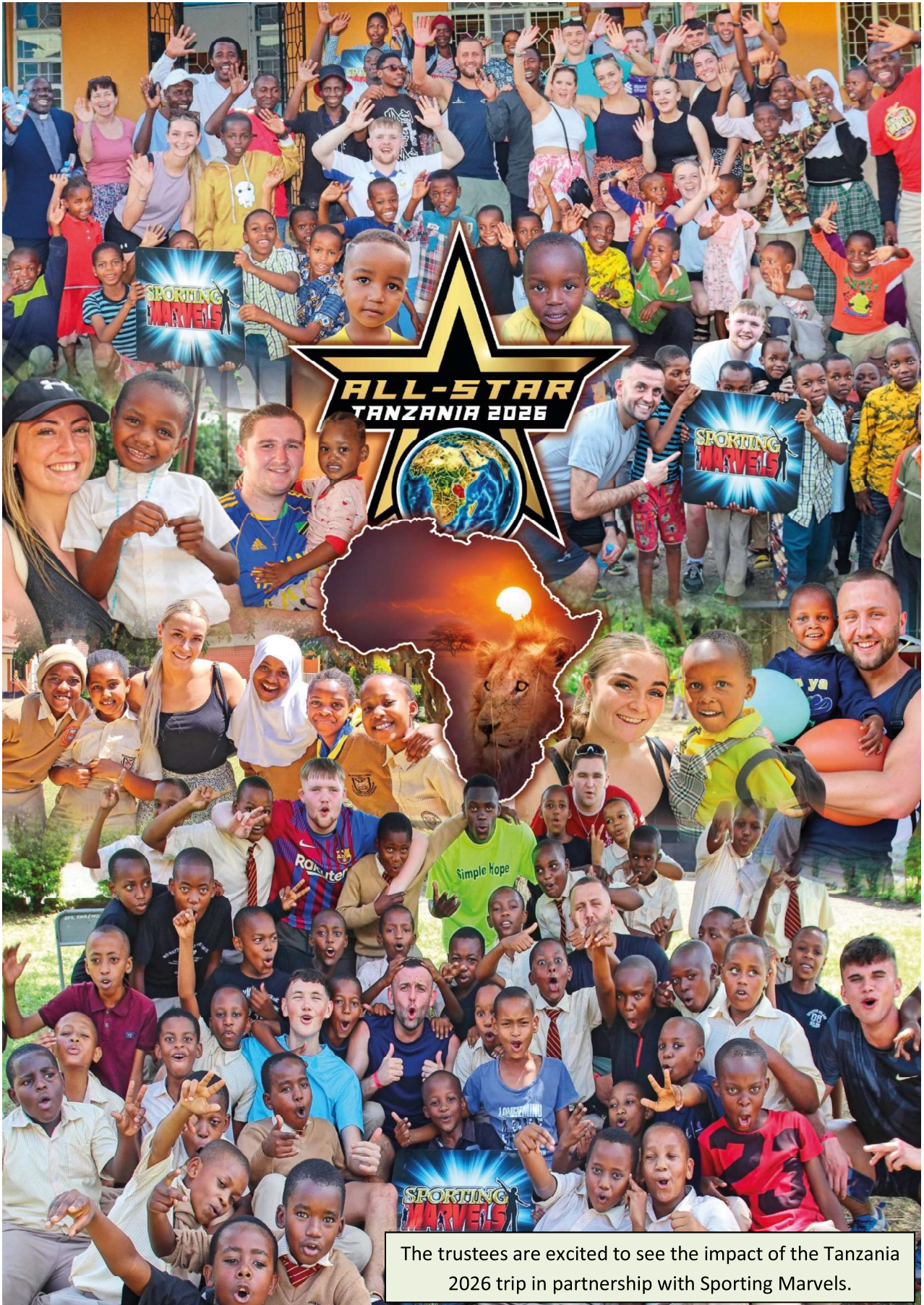


Heart for Africa raises money through individual and organisational donations, sponsorship, events, and grant applications. It is grateful for ongoing support from Sporting Marvels and our partner church, Dream Centre Wales, also based in Rhondda. Many young people associated with Sporting Marvels, Dream Centre Wales and Rhondda Netball (with which Heart for Africa shares office premises) have supported Heart for Africa through sponsored events, which are key in raising money to bless the various beneficiaries on our All-Star trips. In April 2025, our main sponsored event was '2-2-24' during which each participant ran 2 miles every 2 hours for 24 hours. Thanks to the inspirational leadership of Liam Jones and the commitment of our supporters, this event raised £4000. We have distributed change collection boxes to a few local businesses such as newsagents, fish & chip shops, pubs etc, who place them on their counters, as well as to several individual supporters. Primary school fundraising in Sporting Marvels' partner schools takes place annually, linked to the Sporting Marvels lesson which features Heart for Africa, with the pupils being encouraged to 'run/walk a mile for Africa' and bring in a £1 donation - a few individuals/schools have gone further by seeking sponsorship or running a small event such as a tabletop sale. In 2025, this activity took place in June and was focused on purchasing a cow for Huruma Orphanage. No grant applications were made during the year under review, as money from sponsorship and donations covered all core costs and key commitments, and no proposals were made for new specific projects, which are more likely to attract grant funding.



Regular monthly income from standing orders and recurring card payments decreased by 15% from the previous year, mainly due to some donors who had signed up following the February 2024 trip not continuing their regular donations. Efforts will be made following the 2026 trip, which shows signs of being the biggest ever, to sign up more regular donors. The decrease, however, was offset by a 15% increase in income from sponsorship and other fundraising. Discounting Gift Aid, income in 2024/25 increased by 4% over 2023/24. Our Gift Aid claim for 2024/25 was submitted late due to an oversight, so Gift Aid for 2024/25 will appear in the 2025/26 accounts.

The trustees are pleased that Heart for Africa maintained a level of income that was sufficient to cover the monthly support for our Community Coordinators throughout the year under review, our ongoing commitments toward educational needs, and some leeway for discretionary giving in response to specific needs. With preparations being made for another trip in February 2026, 2025/26 fundraising will focus on events associated with the trip and signing up new monthly donors from participants who see first-hand the impact of our giving.



The trustees are excited to see the impact of the Tanzania 2026 trip in partnership with Sporting Marvels.

Achievements and Performance

Heart for Africa's main achievements throughout the year were as follows:

1) Heart for Africa's sister charity Sporting Marvels uses Heart for Africa in their primary school lessons as an example of how we can help others less fortunate than ourselves. The focus of 2024's annual fundraising activity organised around this lesson, as reported last year, was to raise funds to buy a cow for Matonyok Orphanage (*below, left*). Our Regional Director Steve Owino worked with the orphanage leadership to find a suitable cow, which was formally gifted to the orphanage in January 2025 (*below, middle*). Literally hours after the donation ceremony, the cow produced a healthy female calf (*below, right*). Over 50 children at Matonyok School and Orphanage are now benefiting from fresh milk and a good source of protein daily.



Encouraged by the impact made at Matonyok, the Mighty Marvels 'Mile for Africa' took place again in June 2025. 13 of Sporting Marvels' 22 partner primary schools engaged with the activity, raising a total of £1,144. Although this was a little over £400 down on the previous year, it was still sufficient to cover the purchase of a cow for Huruma Orphanage, who have been building new accommodation for their livestock. Steve Owino is again working with the orphanage leadership for a cow to be identified and brought to Huruma when the cowshed is completed.

2) Our work with Moriah Women's Group (started as the 'Empowering Women in Muriet' project) continues, under the leadership of our Community Coordinator Mary Owino. Economic conditions worsened during the year under review, due to inflation, price fluctuations, and climate change, meaning that profits from the supported businesses were minimal. The women running piggeries have been unable to afford increasing costs of feed, and have switched to breeding goats and/or poultry. Nevertheless, the group was able to support 4 more women in starting in business during the year, to support 2 children with educational costs, and to assist a recovered alcoholic within their community in getting back on his feet. Heart for Africa donated an additional £200 to the group in June 2025 to assist them through this difficult period.



3) The charity has continued to sponsor Anjela and Dennis, supported by Green Path for Community Success (GP-COSU), and Patience, one of three daughters of a widow known to Mary Owino, in their schooling. We also continue to sponsor Purity in her university studies in International Relations and Diplomacy, in which she is doing well.

A total of £1893 was given in educational support during the year under review.



4) At Easter, the Sporting Marvels team, supported by many of the young people that they work with or who attend Dream Centre Wales Church, raised money for Heart for Africa through their '2-2-24' event (each participant ran 2 miles every 2 hours for 24 hours). Liam Jones, our Fundraising Coordinator, excelled himself in encouraging support for this event, and the total raised was £4,000.



5) Heart for Africa produced a 2025 calendar, using photographs from the 2024 Tanzania trip. This was given free to regular supporters and Rhondda schools, and sold to others to raise funds.

Personnel and Operations

Heart for Africa has two part-time members of staff to ensure the charity remains active and committed to achieving its aims and raising the requisite level of funds. Dr Fiona Davies (Operations Manager) works approximately one day per fortnight and is responsible for grant applications & reports, liaison with Community Coordinators and beneficiaries in Tanzania, and oversight of administration and finance. She continues to perform this role unpaid as part of her commitment as a trustee of the charity. Liam Jones supports her as Fundraising Coordinator, responsible for shop collection boxes and for organising local fundraising and sponsored events (an average of 1-2 hours per week). He was paid £75 per month during the year under review and the return on this investment was excellent based on the income Liam drove towards Heart For Africa, particularly through his leadership of the April 2025 2-2-24' fundraiser. Responsibility for social media is shared between these two key individuals.

Heart for Africa can also call on many volunteers from the charity Sporting Marvels, and some of the school pupils they work with, to support local events and promote the CIO and its activities within their own social circles. All trustees also play an active voluntary role in the running of the charity.

Premises

Since its formation, Heart for Africa has received free office space where required as a gesture of goodwill from its sister charity Sporting Marvels.

Public Benefit



The trustees confirm they have referred to the Charity Commission's guidance on Public Benefit when setting and reviewing the CIO's aims, objectives, and strategy. The trustees are satisfied that the CIO meets the public benefit requirement through its activities.

Payments to Trustees

No trustee has received any payment in cash or kind from the CIO and all trustees are themselves regular monthly donors.

Reserves

The CIO's core costs are primarily the support of one part-time member of staff (£75pm) and support payments to our Community Coordinators in Arusha, as well as regular payments for accounting services, IT, and insurance. At the financial year end on 31 August 2025, reserves were equivalent to seven months core costs.

Financial Review

The financial position of the CIO at 31 August 2025 and at the date of this report is considered satisfactory. The trustees are pleased that the increased income levels seen in 2023/24 have largely been sustained, and hope that these will be maintained or increased as the charity prepares for its 2026 Tanzania trip, which has already generated significant interest. We are grateful for the support from so many personnel from our sister charity, Sporting Marvels; its partner church, Dream Centre Wales; the Rhondda Netball Foundation; and the young people these organisations work with. Our Fundraising Coordinator Liam Jones is a valuable asset to the charity in inspiring and motivating this support.

The trustees are also extremely pleased that, as in the previous year, over 80% of income received by the charity has been spent on charitable support in Tanzania.

The trustees consider that the charity is able to continue to operate as a going concern. The trustees' annual report was approved on 8th June 2026 and signed on behalf of the Board of Trustees by:

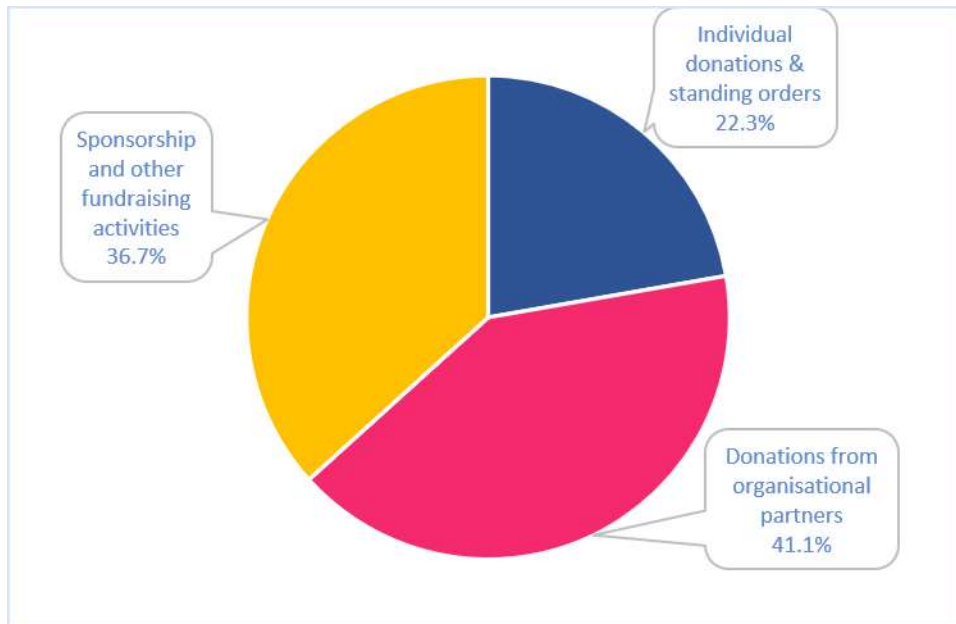
A handwritten signature in black ink, appearing to read 'Lawrie R. Davies'.

Lawrie R. Davies, LLB
Chair of Trustees
8 June 2026

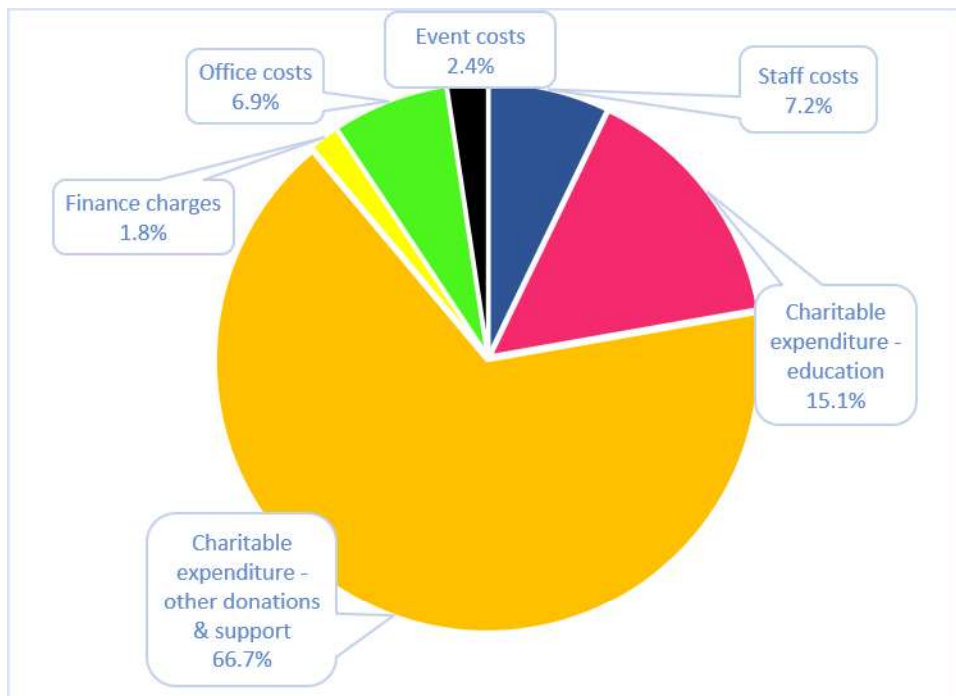
A handwritten signature in black ink, appearing to read 'Fiona M Davies'.

Dr Fiona M Davies
Trustee & Unpaid Operations Manager
8 June 2026

INCOME 2024/25



EXPENDITURE 2024/25





Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Heart for Africa

**On accounts for the year
ended**

31 August 2025

**Charity no
(if any)**

1173027

Set out on pages

1-2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/08/2025.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

30/03/2026

Name:

Stephen John Smith

**Relevant professional
qualification(s) or body
(if any):**

ACCA

Address:

Curtis Bowden & Thomas

101 Dunraven Street

Tonypandy CF40 1AR

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

A large, empty rectangular box with a thin black border, occupying the central portion of the page. It is intended for the user to provide details as requested in the text to the left.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Heart for Africa No (if any)

Receipts and payments accounts

CC16a

For the period from 01.09.24 To 31.08.25

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donated funds:-	-	-	-	-	-
Individual donations and standing orders	2,954	-	-	2,954	3,476
Trusts, foundation, Church and other entities	5,450	-	-	5,450	5,100
Sponsorship	4,652	-	-	4,652	2,530
Fundraising activities	219	-	-	219	1,703
Gift Aid	-	-	-	-	1,334
Internal transfers	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	13,275	-	-	13,275	14,143
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	13,275	-	-	13,275	14,143
A3 Payments					
Staff costs including admin/website	900	-	-	900	750
Charitable gifts	10,268	-	-	10,268	11,111
Finance charges	225	-	-	225	267
Office costs	869	-	-	869	863
Events costs	303	-	-	303	445
Internal transfers	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	12,565	-	-	12,565	13,436
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	12,565	-	-	12,565	13,436
Net of receipts/(payments)	710	-	-	710	707
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	3,341	-	-	3,341	-
Cash funds this year end	4,051	-	-	4,051	707

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank account	4,051	-	-
		-	-	-
		-	-	-
	Total cash funds	4,051	-	-

(agree balances with receipts and payments account(s))

OK OK OK

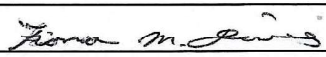
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	FIONA M. DAVIES	27/5/26

HEART FOR AFRICA

England & Wales - Charity number 1173027

Accounts



Heart for Africa: Report of the Trustees and Accounts for the period 1 September 2023 - 31 August 2024

Legal and Administrative Information

Charity Name:	Heart for Africa
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Website:	www.heartforafrica.co.uk
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Overview

Heart for Africa came out of the hearts of several people who had visited East Africa with one of our partner charities, Sporting Marvels (UK Reg'd Charity No. 1101562), across several trips between 2005 - 2017. After Sporting Marvels' February 2017 trip, there was a strong desire to have more of a year-round impact in Tanzania/East Africa as opposed to just ten days every two years. The trips, mostly for sixth formers ("All-Star Leaders"), see many of the young people that Sporting Marvels works with visit orphanages, schools, churches, groups, and communities linked to Sporting Marvels through longstanding partnerships. Each subsequent trip attracted an increased level of donations (in cash and kind) from the Rhondda community, and Sporting Marvels personnel felt strongly that they wished to help with the practicalities of setting up a structure more suited to making an ongoing impact, one that had a strategic focus on projects that would produce sustainable benefit. This prompted the formation of Heart for Africa, with Lawrie Davies (Managing Director of Sporting Marvels, one of Heart for Africa's most committed monthly supporters) as the first Chair of Trustees. Lawrie's second term as Chair ended in May 2024, and he was unanimously re-elected for a further three years. We were also very pleased in February 2024 to be able to restart the biennial trips, following a break due to the effects of the COVID pandemic - more details of the trip will follow.

Heart for Africa currently works in the city of Arusha and its surrounding communities. We have a small team of five Community Coordinators (*pictured, right*) who support the charity around their day-to-day jobs and activities; they help the trustees identify needs, and act as a liaison and an accountability mechanism between the CIO and its beneficiaries. As respected and trusted leaders within their communities/groups, we support and empower them to use their leadership and influence to help us make a difference in the lives of those who look to them. Rev Stephen Owino (*second from right*) leads this small team, and he has been a trusted friend and partner to Sporting Marvels for nearly 20 years. Each of our Community Coordinators is supported with a small monthly financial gift which enables them to give some of their time each month to assisting their communities, whilst creating stronger accountability to the goals and reporting needs of the charity.



Heart for Africa's work has two main strands:

- Promoting education of young people, through support for orphans, street children and other children and young people in need, to enable them to attend school/college, and school visits by young people on Sporting Marvels trips.
- Prevention or relief of poverty, by providing grants, items and services to individuals and communities in need, with a focus on long-term sustainability/impact. These include goats, chickens, food, transport and educational materials. Heart for Africa aims to undertake one major project every 1-2 years depending on the size/impact. Potential projects are identified by our Community Coordinators and considered by the trustees, giving due regard to the likely benefits and any potential issues/risks.



Heart for Africa raises money through individual and organisational donations, sponsorship, events, and grant applications. It is grateful for ongoing support from Sporting Marvels and our partner church, Dream Centre Wales, also based in Rhondda. Many young people associated with Sporting Marvels, Dream Centre Wales and Rhondda Netball (with which Heart for Africa shares office premises) have supported Heart for Africa through sponsored events, and these were key in raising money prior to our All-Star trip to Tanzania in February 2024. Following the trip, the fundraising focus was on our '24 Sports in 24 Hours' event at Easter, in which all the Sporting Marvels workers and a large number of All-Star Leaders and other pupils participated. We have distributed change collection boxes to a few local businesses such as newsagents, fish & chip shops, pubs etc, who place them on their counters, as well as to several individual supporters. Primary school fundraising in Sporting Marvels' partner schools takes place annually, linked to the Sporting Marvels lesson which features Heart for Africa, with the pupils being encouraged to 'run/walk a mile for Africa' and bring in a £1 donation – a few individuals/schools have gone further by seeking sponsorship or running a small event such as a tabletop sale. In 2024, this activity was focused on purchasing a cow for Matonyok Orphanage, and was brought forward to just after the Whitsun half-term. The change of date, and the efforts made by a small number of individual pupils in raising sponsorship, led to a 95% increase in the amount raised which thrilled the trustees. No grant funding was received in the year under review, but we have found over the years that grant funding is more likely to be forthcoming for a specific project rather than supporting educational or core costs.



Regular monthly income from standing orders and recurring card payments more than doubled from the previous year. This was due partly to having a full year of donations from those who had signed up to give regularly during the previous financial year, and also to the February 2024 trip which encouraged some participants who were not currently giving to Heart for Africa, to sign up as regular donors. Along with a greater number of larger one-off donations, this has led to an overall increase of 51% in income from 'Individual donations and standing orders'.

Despite the lack of grant income, the increased income from donations, sponsorship, and other fundraising activities resulted in an 85% rise in income compared to the previous financial year, which enabled Heart for Africa to cover the monthly support for our Community Coordinators throughout the year under review, our ongoing commitments toward educational needs, and a greater level of giving to orphanages, schools and communities on our February 2024 trip than on any previous trip. The trustees are pleased with the charity's financial performance, especially the increase in support from our local Rhondda community through our various fundraising efforts as our supporters and events create greater awareness of the charity and its impact.

Achievements and Performance

Heart for Africa's main achievements throughout the year were as follows:

1) After a 5-year break due to the COVID pandemic, a Sporting Marvels/All Star Leaders trip took place in February 2024. The team of 15 included all Heart for Africa's trustees, 8 Sporting Marvels workers, and 3 current or former All-Star Leaders; for 8 of the team, it was their first visit to Tanzania. Prior to the trip, a sponsored event organised by Rhondda Netball raised over £1000; this was supplemented by additional sponsorship from a run done by trustee, Fiona Davies, and donations of money as well as items such as clothing, toys, and sports equipment. Financial donations were particularly important on this trip as we were unable to persuade the airline to allow each team member an extra case filled with charitable donations as had happened on previous trips, so donations of clothes, toys etc, formed part of each person's standard baggage allowance. Thanks to the efforts made prior to the trip, we were able to give more, and bless more people, than on any previous trip.



The team made the most of their 9 days in Tanzania, running a sports day for 2 schools (see picture, left) and visiting 7 orphanages, 2 schools and 2 churches - one of these visits being a celebration day at the 'official' opening of the church and community centre that we helped the Mateves community to build (picture, below). This event was attended by several members of the Moriah Women's Group, with whom we have been working since 2021, as well as other

beneficiaries of Heart for Africa's support. The team also had time for a safari day in Lake Manyara National Park, as well as visits to hot springs and Meserani Snake Park! They gave away goats and chickens (bought with the money raised by Rhondda primary school children in summer 2023 through Sporting Marvels' 'Mighty Marvels Mile for Africa'), as well as gifts of food, clothing, toys, sports equipment and money. The itinerary was expertly organised by our Operations Director in Tanzania, Rev Steve Owino, who accompanied the team on all their visits. He was assisted by Edwin, a leader in one of the local church communities, Edwin's son Bright and the rest of our Tanzania team. A video of the trip highlights can be viewed at <https://www.youtube.com/watch?v=CdpOT21Z7ul>.



Some brief comments from trip members testify to the impact it had on participants, as well as on beneficiaries:

'Seeing the children so happy, not just in the sports day but every day, was so special and that most definitely impacted me. Going to Africa made me realise how lucky I am and was a huge eye opener for me.' Millie, former All-Star Leader and first-time trip participant.

'What impacted me most was the stories I heard, and hearing children in the orphanages speak so positively about themselves and their future when they have nothing! I will always want to go back to Tanzania at any opportunity I have!' Connah, Sporting Marvels worker (3rd trip)

'It was one of the best trips I've ever been on. It impacted me so much and I came home with a different mindset, to be sooo grateful for the things I do have!' Taylor, Sporting Marvels worker and first-time trip participant.

'What impacted me the most was to be more grateful for everything I've got – it was a real eye opener to see how blessed we are!' Jayden, former All-Star Leader and first-time trip participant.

'The gratitude and love you grow for the country and the joy you see out there will impact how you view life forever. It changes your perspective of life in every way.' Kieran, Sporting Marvels worker (2nd trip)

2) Our work with Moriah Women's Group (started as the 'Empowering Women in Muriet' project) continues, under the leadership of our Community Coordinator Mary Owino. The project has now expanded to include 15 women (from an initial core of 5) who have been supported to set up or expand their small businesses. During the year under review, the group was able to register as an official micro-finance organisation. A number of the group are pictured (*right*) at the Mateves Church & Community Centre opening. Also, liaising with the charity Legs for Africa which enables the reuse of prosthetics, Heart for Africa was able to pay for an artificial leg for one group member's husband, who had lost his leg in a fire at the age of 5. It was great to see the couple, with their new baby, at the Mateves celebration on the February trip!



3) The charity has continued to sponsor two primary school children, Anjela and Dennis, supported by Green Path for Community Success (GP-COSU), the NGO run by Elirehema Wegard who served as one of our Community Co-ordinators for 3 years. The team visited GP-COSU in February and were able to meet Anjela and Dennis in person (*picture, left*). New Paradiso Orphanage's Cornelius Andrew, whom we supported through secondary school, is now studying to become a medical technician and no longer requires our support. In his place, we have taken on the educational sponsorship of Patience, one of three daughters of a widow known to Mary Owino, and she is currently doing well in secondary school.



On the team's visit to Bethlehem Center for Children (*picture, right*), we met three of the four young women whom we supported through their secondary school years. Dorcas and Angela have completed their college courses; Dorcas is now working in the hospitality field, while Angela runs her own business making and selling baked goods. At the time of our visit, Glory was looking after her baby but also intends to return to college. Purity, whom the charity sponsored through her college course, graduated in November 2023 while her brother Melchizedek successfully passed his resit exam and entered his final diploma year. The team met both these young people, and their father, at the Mateves celebration event. Purity was offered a university place, but unfortunately was unable to get a government grant - impressed by her dedication to her studies and desire to make a difference in Tanzanian politics, one of our trustees has increased her monthly donation to Heart for Africa to enable the charity to support Purity through university. So, in 2024 the charity sponsored Purity





through her first year of university and Melchizedek through his final diploma year, which he has now passed - we hope that he will be successful in gaining a government grant for further study.

A total of £3611 was given in educational support during the year under review.

4) At Easter, the Sporting Marvels team raised money for Heart for Africa through their '24 Sports in 24 Hours' event. This was well organised by Liam Jones, our Fundraising Coordinator, and supported by many of the young people that Sporting Marvels works with, raising over £1300 in total.



5) Heart for Africa's sister charity Sporting Marvels uses Heart for Africa in their primary school lessons as an example of how we can help others less fortunate than ourselves. The focus of 2024's annual fundraising activity organised around this lesson, was to raise funds to buy a cow for Matonyok Orphanage (*below*), one of those visited on the February trip. The team were impressed with the care given to the various livestock already kept at the orphanage, and saw the difference that having a cow would make, with a regular supply of milk for the 50+ orphanage children. As planned, the activity was held



slightly earlier in the year - children ran/walked a mile for Heart for Africa and brought in £1 or some small change as a donation, while some schools also topped up what had been raised. With an earlier date, three more primary schools participated than in 2023. Eleven individuals, from a total of 5 schools, went beyond expectations by raising substantial sponsorship, with one pupil raising £300 - these efforts contributed to a 95% increase in the money raised

over 2023, a total of £1560. Top fundraisers were recognised at a Sporting Marvels end of term event. At the end of the year under review, Steve Owino was working with the Matonyok Orphanage leadership to source a suitable cow.

6) Heart for Africa produced a 2024 calendar, using photographs from previous Tanzania trips. This was given free to regular supporters and Rhondda schools, and sold to others to raise funds. We are very glad to have some fresh photos from the 2024 trip to use for our 2025 & 2026 calendars!



Personnel and Operations

Heart for Africa has two part-time members of staff to ensure the charity remains active and committed to achieving its aims and raising the requisite level of funds. Dr Fiona Davies (Operations Manager) works approximately one day per fortnight and is responsible for grant applications & reports, liaison with Community Coordinators and beneficiaries in Tanzania, and oversight of administration and finance. She continues to perform this role unpaid as part of her commitment as a trustee of the charity. Liam Jones supports her as Fundraising Coordinator, responsible for shop collection boxes and for organising local fundraising and sponsored events (an average of 1-2 hours per week). He was paid £75 per month during the year under review. Responsibility for social media is shared between these two key individuals.

Heart for Africa can also call on many volunteers from the charity Sporting Marvels, and some of the school pupils they work with, to support local events and promote the CIO and its activities within their own social circles. All trustees also play an active voluntary role in the running of the charity.



Premises

Since its formation, Heart for Africa has received free office space where required as a gesture of goodwill from its sister charity Sporting Marvels.

Public Benefit

The trustees confirm they have referred to the Charity Commission's guidance on Public Benefit when setting and reviewing the CIO's aims, objectives, and strategy. The trustees are satisfied that the CIO meets the public benefit requirement through its activities.

Payments to Trustees

No trustee has received any payment in cash or kind from the CIO and all trustees are themselves regular monthly donors.

Reserves

The CIO's core costs are primarily the support of one part-time member of staff (£75pm) and support payments to our Community Coordinators in Arusha, as well as regular payments for accounting services, IT, and insurance. At the financial year end on 31 August 2024, reserves were equivalent to five months core costs.

Financial Review

The financial position of the CIO at 31 August 2024 and at the date of this report is considered satisfactory. The trustees have been very pleased with the increases in regular income and in fundraising from schools and the local community – much credit is due here to the support and enthusiasm of personnel from our sister charity, Sporting Marvels, and the young people they work with, and to our Fundraising Co-ordinator Liam Jones for his organisational and motivational efforts.

The trustees consider that the charity is able to continue to operate as a going concern. The trustees' annual report was approved on 7th April 2025 and signed on behalf of the Board of Trustees by:

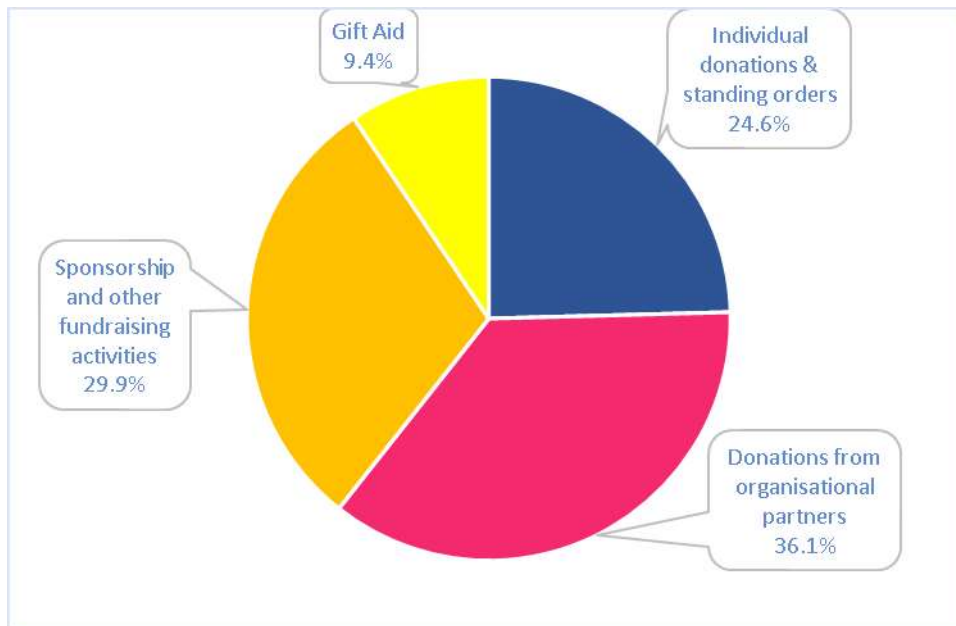
A handwritten signature in blue ink, appearing to read "Lawrie R. Davies".

Lawrie R. Davies, LLB
Chair of Trustees
7 April 2025

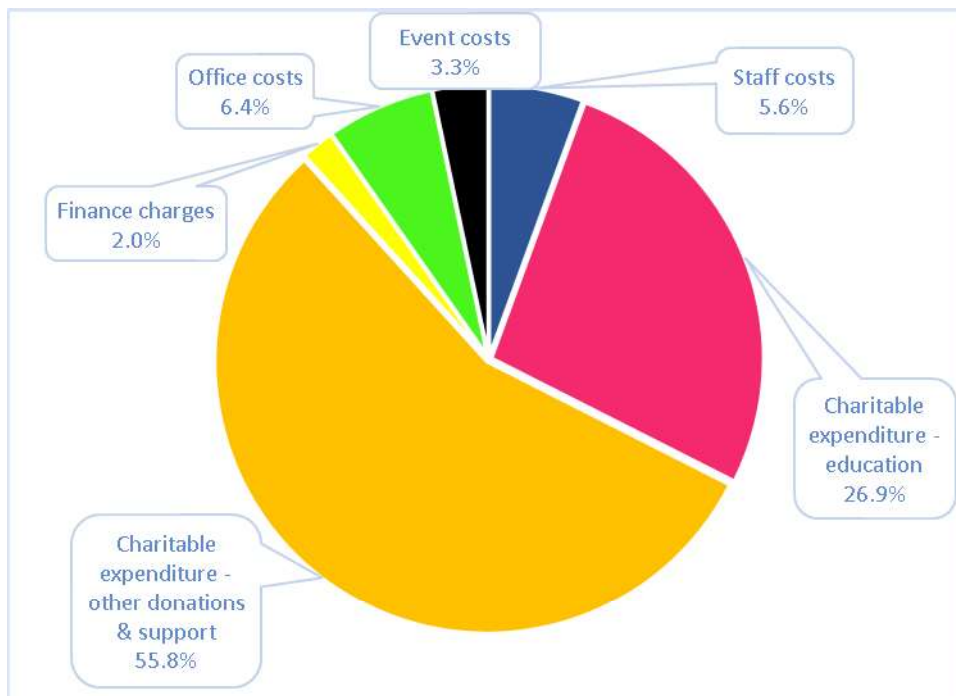
A handwritten signature in blue ink, appearing to read "Dr Fiona M Davies".

Dr Fiona M Davies
Trustee & Unpaid Operations Manager
7 April 2025

INCOME 2023/24



EXPENDITURE 2023/24





Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Heart for Africa

**On accounts for the year
ended**

31 August 2024

**Charity no
(if any)**

1173027

Set out on pages

1-2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD / MM / YYYY.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (~~other than that disclosed below*~~) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date:

17.03.25

Name:

Stephen John Smith

**Relevant professional
qualification(s) or body
(if any):**

ACCA

Address:

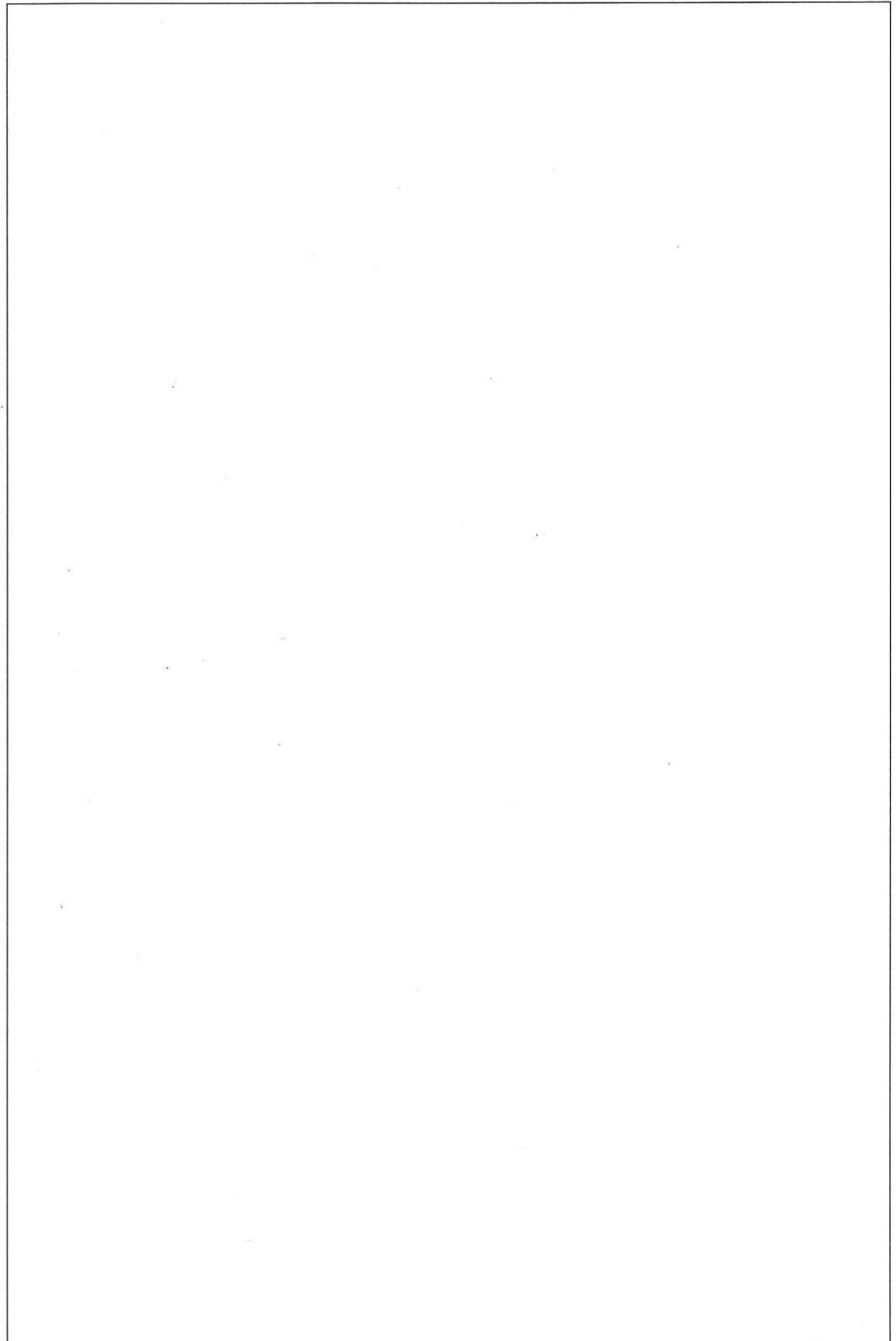
Curtis Bowden & Thomas

101 Dunraven Street

Tonypandy CF40 1AR

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.





CHARITY COMMISSION
FOR ENGLAND AND WALES

Heart or Africa	No (if any)
-----------------	-------------

Receipts and payments accounts

CC16a

For the period from	Period start date 01.09.23	To	Period end date 31.08.24
---------------------	-------------------------------	----	-----------------------------

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donated Funds:-	-	-	-	-	-
Individual donations and standing orders	3,476	-	-	3,476	2,308
Trusts, foundation, Church and other entities	5,100	-	-	5,100	3,518
Sponsorship	2,530	-	-	2,530	-
Fundraising activities	1,703	-	-	1,703	1,170
Gift Aid	1,334	-	-	1,334	641
Internal transfers	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	14,143	-	-	14,143	7,637
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	14,143	-	-	14,143	7,637
A3 Payments					
Staff costs including admin/website	750	-	-	750	720
Charitable gifts	11,111	-	-	11,111	8,545
Finance charges	267	-	-	267	241
Office costs	863	-	-	863	855
Events costs	445	-	-	445	404
Internal transfers	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	13,436	-	-	13,436	10,765
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	13,436	-	-	13,436	10,765
Net of receipts/(payments)	707	-	-	707	3,128
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	2,634	-	-	2,634	5,765
Cash funds this year end	3,341	-	-	3,341	2,637

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank account	3,341	-	-
		-	-	-
		-	-	-
	Total cash funds	3,341	-	-
(agree balances with receipts and payments account(s))		OK	OK	OK

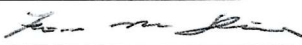

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	FIONA DAVIES	31/3/25
	LAWRIE DAVIES	31/03/25

HEART FOR AFRICA

England & Wales - Charity number 1173027

Accounts



Heart for Africa: Report of the Trustees and Accounts for the period 1 September 2022 - 31 August 2023

Legal and Administrative Information

Charity Name:	Heart for Africa
Charity registration number:	1173027
Website:	www.heartforafrica.co.uk
Facebook:	www.facebook.com/heartforafricauk/
Instagram:	www.instagram.com/heartforafricauk/
Registered office:	236 Tyntyla Road The Old Ystrad Labour Club Ystrad, Pentre Rhondda Cynon Taf CF41 7SG
Trustees during the Period:	Mr Lawrie Davies (Chair of Trustees) Dr Fiona Davies Mrs Lauren Smith Mr Ian Smith
Bankers:	Barclays Bank
Accountants:	Curtis Bowden & Thomas 101 Dunraven Street Tonypandy Rhondda Cynon Taf CF40 1AR

Heart for Africa is a Charitable Incorporated Organisation (CIO) governed by its Constitution dated 12 May 2017. The charity may have a minimum of three and a maximum of twelve trustees. New trustees are appointed by the current trustees. In the event of Heart for Africa being wound up, the trustees have no liability to contribute to its assets and no personal responsibility for settling any debts and liabilities. This Annual Report and Accounts cover the charity's sixth accounting period, from 1 September 2022 to 31 August 2023.

Overview

Heart for Africa came out of the hearts of several people who had visited East Africa with one of our partner charities, Sporting Marvels (UK Reg'd Charity No. 1101562), across several trips between 2005 - 2017. After Sporting Marvels' February 2017 trip, there was a strong desire to have more of a year-round impact in Tanzania/East Africa as opposed to just ten days every two years. The trips, mostly for sixth formers ("All-Star Leaders"), see many of the young people that Sporting Marvels works with visit orphanages, schools, churches, groups, and communities linked to Sporting Marvels through longstanding partnerships. Each subsequent trip attracted an increased level of donations (in cash and kind) from the Rhondda community, and Sporting Marvels personnel felt strongly that they wished to help with the practicalities of setting up a structure more suited to making an ongoing impact, one that had a strategic focus on projects that would produce sustainable benefit. This prompted the formation of Heart for Africa, with Lawrie Davies (Managing Director of Sporting Marvels, one of Heart for Africa's most committed monthly supporters) as the first Chair of Trustees. Lawrie's four-year term as Chair ended in May 2021, and he was unanimously re-elected for a further three years.

Heart for Africa currently works in the city of Arusha and its surrounding communities. We have a small team of five Community Coordinators (*pictured, right*) who support the charity around their day-to-day jobs and activities; they help the trustees identify needs, and act as a liaison and an accountability mechanism between the charity and its beneficiaries. As respected and trusted leaders within their communities/groups, we support and empower them to use their leadership and influence to help us make a difference in the lives of those who look to them. Rev Stephen Owino, who leads this small team, has been a trusted friend and partner to Sporting Marvels for over 15 years. Each of our Community Coordinators is supported with a small monthly financial gift which enables them to give some of their time each month to assisting their communities, whilst creating stronger accountability to the goals and reporting needs of the charity.



Heart for Africa's work has two main strands:

- Promoting education of young people, through support for orphans, street children and other children and young people in need, to enable them to attend school/college, and school visits by young people on Sporting Marvels trips.
- Prevention or relief of poverty, by providing grants, items and services to individuals and communities in need with a focus on long-term sustainability/impact. These include goats, chickens, food, transport and educational materials. Heart for Africa aims to undertake one major project every 1-2 years depending on the size/impact. Potential projects are identified by our Community Coordinators and considered by the trustees, giving due regard to the likely benefits and any potential issues/risks.



Heart for Africa raises money through individual and organisational donations, sponsorship, events, and grant applications. It is grateful for ongoing support from Sporting Marvels and our partner church, Dream Centre Wales, also based in Rhondda. Many young people associated with Sporting Marvels, Dream Centre Wales and Rhondda Netball (with which Heart for Africa shares office premises) have supported Heart for Africa through sponsored events and filling change collection boxes. A few local businesses such as newsagents, fish & chip shops, pubs etc, also support us by placing change collection boxes on their counters. Primary school fundraising in Sporting Marvels' partner schools takes place annually, linked to the Sporting Marvels lesson which features Heart for Africa, with the pupils being encouraged to 'run/walk a mile for Africa' and bring in a £1 donation - a few individuals/schools have gone further by seeking sponsorship or running a small event such as a tabletop sale. The 2023 activity raised a similar amount in total to the previous year, and our fundraising income was supplemented by money from cash collection boxes and calendar sales. No grant funding has been received in the year under review; although several applications were made to support educational expenditure, none were successful. The trustees feel that future grant funding applications should be focused on projects rather than ongoing educational fees for some of the young people Heart for Africa has looked to support through its partner orphanages.

Regular monthly income from standing orders and recurring card payments has slightly increased from last year, mainly due to additional Sporting Marvels personnel signing up as regular givers. However, fewer large one-off donations were made, so the income from 'Individual donations and standing orders' shows an overall decrease of 17%. The trustees have determined that a major effort will be made at the time of the next Tanzania trip, scheduled for February 2024, to attract new regular givers, and a number of sponsored activities are also being planned prior to the trip.

Despite the lack of grant income, the surplus from the £10,000 of unrestricted funding received in the previous financial year (2021/22), coupled with the smaller amounts raised from individual donations and fundraising, has enabled Heart for Africa to cover core needs in Tanzania and the monthly gifts to our Community Coordinators throughout the year under review, as well as our commitments toward educational needs. We have also been able to arrange for the husband of one of the women involved in our current project to receive a prosthetic leg, through the charity Legs4Africa which recycles prosthetics. Heart for Africa will cover the associated clinic and accommodation costs for the leg fitting, which is due to take place in October 2023.

Achievements and Performance

Heart for Africa's main achievements throughout the year were as follows:

1.) Heart for Africa's 2021/22 major project 'Empowering Women in Muriet' continues, working with Moriah Women's Group under the leadership of our Community Coordinator Mary Owino. The five women who were initially supported in their small businesses, and the three who joined the project during 2021/22, are returning 30% of their business profits into the group fund, which has enabled a further four women to be supported to start small businesses. A wider range of businesses is now being supported - they include chicken and pig rearing; crop farming; the sale of food crops (rice, maize, fruit, vegetables), flour, and cooking oils; and a small restaurant. Although some of the women have faced challenges, Mary's excellent leadership and advice and the supportive group environment has helped them to surmount these and continue in business. During the year under review, the group was also able to finance the building of a simple house for a local pastor, his wife and ten children, who had been evicted from their rented accommodation. They also paid for a Maasai girl (Toto) to attend boarding school - Toto had fled from an arranged marriage to a much older man and been taken in by a local family, but they were exploiting her as a domestic servant and not letting her attend school. Toto was very happy to be able to continue her education in a safe environment.



2.) The community hall / church built for the village of Mateves (our previous project) continues to be well-used by the community, with our Community Coordinator Pastor Mary Massawe leading Sunday services and other meetings there. An official opening ceremony is planned for the time of our 2024 Tanzania trip.

3.) The charity has continued to sponsor two primary school children, Anjela and Dennis (*left*) supported by Green Path for Community Success (GP-COSU), the NGO run by Elirehema Wegard who served as one of our Community Coordinators for 3 years. New Paradiso Orphanage's Cornelius Andrew (*right, with Mary Owino, at his Form Four graduation*), whom we have supported through secondary school, passed his national (GCSE-equivalent) examination with the highest possible grade and intends to apply for college, to study a medical technician course.



Of the four young women from Bethlehem Center for Children we have supported, one (Dorcias) is nearing the end of her college course, with excellent results. The other three have had to drop out of school/college due to becoming pregnant, but all would like to continue their education when the time is right. Heart for Africa is prepared to continue their support. The charity also continued to support Purity and Melchizedek, the motherless daughter and son of a pastor well known to Steve Owino, on their diploma courses; Purity

has successfully passed all her courses and will graduate in November 2023, while Melchizedek is required to resit one examination before he can enter his final diploma year.

A total of £1,840 was given in educational support during the year under review.

4.) Heart for Africa's sister charity Sporting Marvels uses Heart for Africa in their primary school lessons as an example of how we can help others less fortunate than ourselves. An annual fundraising activity was again organised around this lesson, with children running/walking a mile for Heart for Africa and being asked to bring in £1 or some small change as a donation. Some pupils went beyond this by raising sponsorship, while some schools also made donations and/or organised additional fundraising activities. The total raised was similar to the previous year, just over £800 - for 2024 it is planned to hold the activity slightly earlier in the year to avoid clashes with school trips and other activities which led to some schools declining to take part.

5.) Heart for Africa produced a 2023 calendar, using photographs from previous Tanzania trips. This was given free to regular supporters and Rhondda schools, and sold to others to raise funds.



Personnel and Operations

Heart for Africa has two part-time members of staff to ensure the charity remains active and committed to achieving its aims and raising the requisite level of funds. Dr Fiona Davies (Operations Manager, unpaid) works approximately one day per fortnight and is responsible for grant applications & reports, liaison with Community Coordinators and beneficiaries in Tanzania, and oversight of administration and finance. She continues to perform this role at no cost to the charity as part of her commitment as a trustee of the charity. Liam Jones supports her as Fundraising Coordinator, responsible for shop collection boxes and for organising local fundraising and sponsored events (an average of 1-2 hours per week). He was paid £75 per month during the year under review. Responsibility for social media is shared between Fiona & Liam.

Heart for Africa can also call on many volunteers from Sporting Marvels, and some of the school pupils they work with, to support local events and promote the charity and its activities within their own social circles. All trustees also play an active voluntary role in the running of the charity.

Premises

Since its formation, Heart for Africa has received free office space where required as a gesture of goodwill from its sister charity Sporting Marvels.

Public Benefit

The trustees confirm that they have referred to the Charity Commission's guidance on Public Benefit when setting and reviewing the charity's aims, objectives, and strategy. The trustees are satisfied that the charity meets the public benefit requirement through its activities.

Payments to Trustees

No trustee has received any payment in cash or kind from the charity and all trustees are themselves regular monthly donors.

Reserves

The charity's core costs are primarily the support of one part-time member of staff (£75pm) and support payments to our Community Coordinators in Arusha, as well as a monthly liability insurance payment. At the financial year end on 31 August 2023, reserves were equivalent to four months core costs.

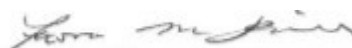
Financial Review

The financial position of the charity at 31 August 2023 and at the date of this report is considered satisfactory. Income was severely reduced compared to the previous year due to the absence of grant income; the charity will continue to make grant applications for core costs and educational costs, but will also be discussing future possible projects with the Tanzania team - many trusts and foundations prefer to donate toward specific projects than toward core or ongoing costs. The charity aims to increase regular donations further through increasing knowledge of the charity and its work among both new and previous participants on Sporting Marvels trips, and plans awareness-increasing social media activity linked to the next Tanzania trip and associated fundraising activities.

The trustees consider that the charity is able to continue to operate as a going concern. The trustees' annual report was approved on 3rd June 2024 and signed on behalf of the Board of Trustees by:

A handwritten signature in black ink, appearing to read "Lawrie R. Davies".

Lawrie R. Davies, LLB
Chair of Trustees
3 June 2024

A handwritten signature in black ink, appearing to read "Fiona M Davies".

Dr Fiona M Davies
Trustee & Unpaid Operations Manager
3 June 2024



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Heart for Africa

**On accounts for the year
ended**

31 August 2023

**Charity no
(if any)**

1173027

Set out on pages

1-2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/08/2023.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (~~other than that disclosed below~~*) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

29 May 2024

Name:

Stephen John Smith

**Relevant professional
qualification(s) or body
(if any):**

ACCA

Address:

Curtis Bowden & Thomas

101 Dunraven Street

Tonypandy CF40 1AR

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Heart for Africa

No (if any)

Receipts and payments accounts

CC16a

For the period from	Period start date 01-Sep-22	To	Period end date 31-Aug-23
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donated Funds:-	-	-	-	-	-
Individual donations and standing orders	2,308	-	-	2,308	2,766
Trusts, foundation, Church and other entities	3,518	-	-	3,518	19,854
Sponsorship	-	-	-	-	540
Fundraising activities	1,170	-	-	1,170	1,046
Gift Aid	641	-	-	641	874
Internal transfers	-	-	-	-	1,014
	-	-	-	-	-
Sub total (Gross income for AR)	7,637	-	-	7,637	26,094
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	7,637	-	-	7,637	26,094
A3 Payments					
Staff costs including admin/website	720	-	-	720	660
Charitable gifts	8,545	-	-	8,545	18,135
Finance charges	241	-	-	241	427
Office costs	855	-	-	855	779
Event costs	404	-	-	404	269
Internal transfers	-	-	-	-	1,014
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	10,765	-	-	10,765	21,284
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	10,765	-	-	10,765	21,284
Net of receipts/(payments)	- 3,128	-	-	- 3,128	4,810
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	5,762	3	-	5,765	955
Cash funds this year end	2,634	3	-	2,637	5,765

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank accounts	2,634	3	-
		-	-	-
		-	-	-
	Total cash funds	2,634	3	-

(agree balances with receipts and payments account(s))

	OK	OK	OK
Unrestricted funds to nearest £	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £

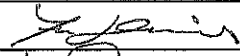
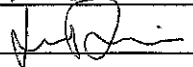
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-

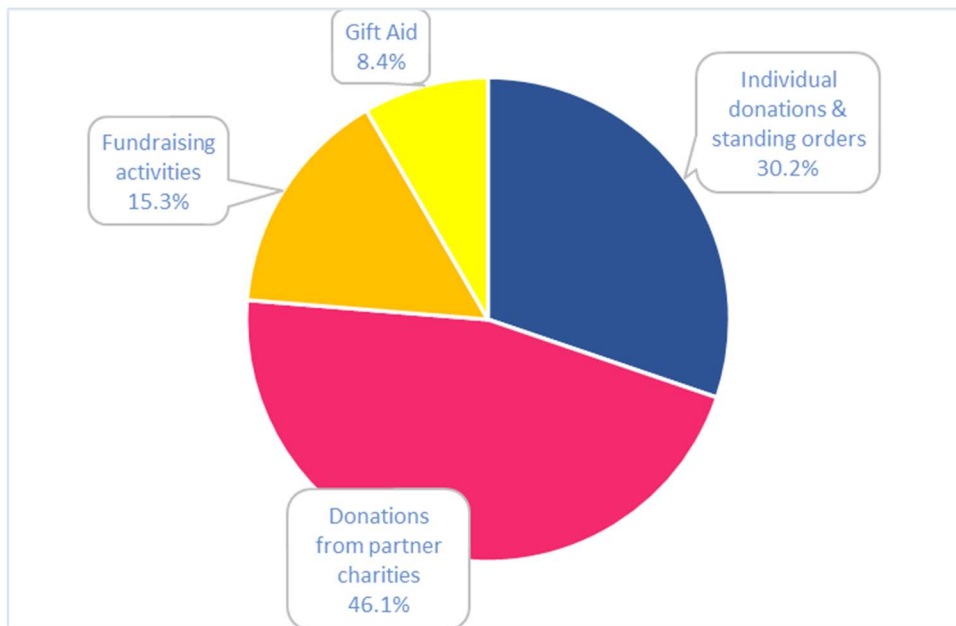
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	

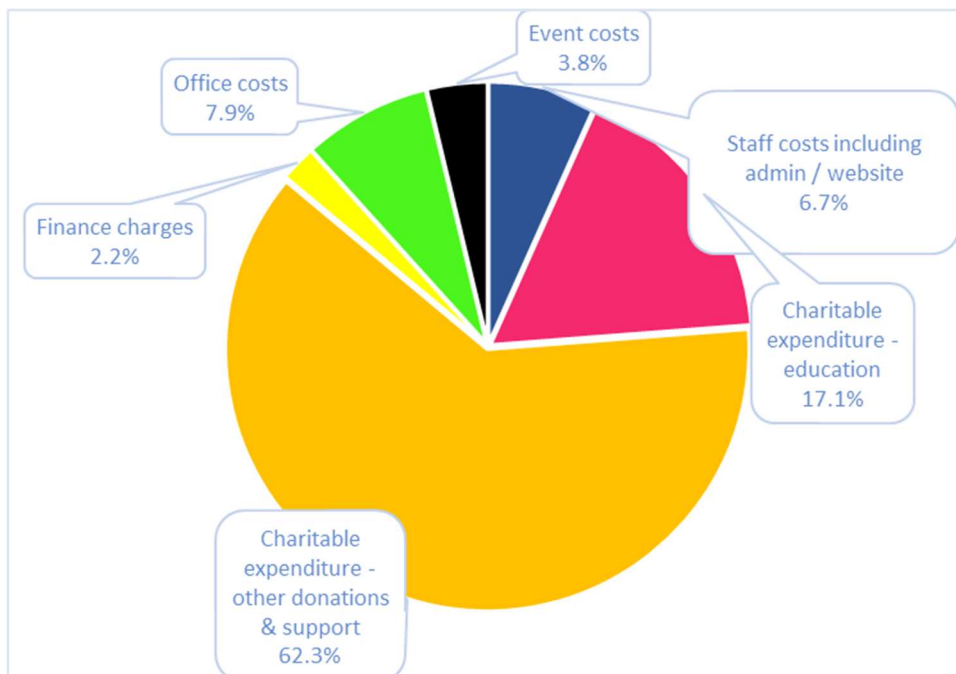
Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	FIONA DAVIES	31/5/24
	LAWRIE DAVIES	31/05/24

Income 2022/23



Expenditure 2022/23



HEART FOR AFRICA

England & Wales - Charity number 1173027

Accounts



Heart for Africa: Report of the Trustees and Accounts for the period 1 September 2021 - 31 August 2022

Legal and Administrative Information

Charity Name:	Heart for Africa
Charity registration number:	1173027
Website:	www.heartforafrica.co.uk
Facebook:	www.facebook.com/heartforafricauk/
Instagram:	www.instagram.com/heartforafricauk/
Registered office (<i>from 1 Sept 2022</i>):	236 Tyntyla Road The Old Ystrad Labour Club Ystrad, Pentre Rhondda Cynon Taf CF41 7SG
Registered office (<i>to 31 Aug 2022</i>):	Central Offices Top Road Gelli Ind Est, Gelli Rhondda Cynon Taf CF41 7UW
Trustees during the Period:	Mr Lawrie Davies (Chair of Trustees) Dr Fiona Davies Mrs Lauren Smith Mr Ian Smith
Bankers:	Barclays Bank
Accountants:	Curtis Bowden & Thomas 101 Dunraven Street Tonypandy Rhondda Cynon Taf CF40 1AR

Heart for Africa is a Charitable Incorporated Organisation (CIO) governed by its Constitution dated 12 May 2017. The CIO may have a minimum of three and a maximum of twelve trustees. New trustees are appointed by the current trustees. In the event of Heart for Africa being wound up, the trustees have no liability to contribute to its assets and no personal responsibility for settling any debts and liabilities. This Annual Report and Accounts cover the charity's fifth accounting period, from 1 September 2021 to 31 August 2022.

Overview

Heart for Africa came out of the hearts of several people who had visited East Africa with one of our partner charities, Sporting Marvels (UK Reg'd Charity No. 1101562), across several trips between 2005 - 2017. After Sporting Marvels' February 2017 trip, there was a strong desire to have more of a year-round impact in Tanzania/East Africa as opposed to just ten days every two years. The trips, mostly for sixth formers ("All-Star Leaders"), see many of the young people that Sporting Marvels works with visit orphanages, schools, churches, groups, and communities linked to Sporting Marvels through longstanding partnerships. Each subsequent trip attracted an increased level of donations (in cash and kind) from the Rhondda community, and Sporting Marvels personnel felt strongly that they wished to help with the practicalities of setting up a structure more suited to making an ongoing impact, one that had a strategic focus on projects that would produce sustainable benefit. This prompted the formation of Heart for Africa, with Lawrie Davies (Managing Director of Sporting Marvels, one of Heart for Africa's most committed monthly supporters) as the first Chair of Trustees. Lawrie's four-year term as Chair ended in May 2021, and he was unanimously re-elected for a further three years.

Heart for Africa currently works in the city of Arusha and its surrounding communities. We have a small team of five Community Coordinators (*pictured, right*) who support the charity around their day-to-day jobs and activities; they help the trustees identify needs, and act as a liaison and an accountability mechanism between the CIO and its beneficiaries. As respected and trusted leaders within their communities/groups, we support and empower them to use their leadership and influence to help us make a difference in the lives of those who look to them. Rev Stephen Owino, who leads this small team, has been a trusted friend and partner to Sporting Marvels for over 15 years. Each of our Community Coordinators is supported with a small monthly financial gift which enables them to give some of their time each month to assisting their communities, whilst creating stronger accountability to the goals and reporting needs of the charity.



The year under review has seen changes in our team of Community Coordinators. Elirehema Wegard left the team by mutual consent, after three years of valued service, and has been replaced by Pastor Absalom J Nassary, who pastors a church in the Engo-Sheraton area of Arusha. We were then saddened in June 2022 to hear of the passing of Pastor Onesiphorus Massawe, who had been part of the team since the charity was set up and who was the driving force behind our second major project, the building of a church and community hall for the village of Mateves. His wife, Pastor Mary Massawe, has taken over leadership of his church and has also taken Onesiphorus' place as one of our Community Coordinators, enabling us to maintain a strong connection with Mateves so that Heart For Africa can continue to report on the sustainable benefits of our second major project.



Heart for Africa's work has two main strands:

- Promoting education of young people, through support for orphans, street children and other children and young people in need, to enable them to attend school/college, and school visits by young people on Sporting Marvels trips.
- Prevention or relief of poverty, by providing grants, items and services to individuals and communities in need with a focus on long-term sustainability/impact. These include goats, chickens, mosquito nets, food, and transport. Heart for Africa aims to undertake one major project every 1-2 years depending on the size/impact. Potential projects are identified by our Community Coordinators and considered by the trustees, giving due regard to the likely benefits and any potential issues/risks.

Heart for Africa raises money through individual and organisational donations, sponsorship, events, and grant applications. It is grateful for ongoing support from Sporting Marvels and our partner church, Dream Centre Wales, also based in Rhondda. Many young people associated with Sporting Marvels, Dream Centre Wales and Rhondda Netball (with which Heart for Africa shares office premises) have supported Heart for Africa through sponsored events and filling change collection boxes. Some local businesses such as newsagents, fish & chip shops, pubs etc, have also agreed to support us by placing change collection boxes on their counters; this source of income was sparse during the periods of COVID-19 lockdown, but has now revived with two businesses in particular contributing on a regular basis. A sponsored virtual run/walk event was held in November 2021, while primary school fundraising took place in June 2022, linked to the Sporting Marvels lesson which features Heart for Africa. Heart for Africa is also extremely grateful to Heb Ffin and The Forrester Family Trust for unrestricted grants received during the year under review, while the grant made in August 2021 from the Wales and Africa Grant Scheme toward our major project 'Empowering Women in Muriet' (*see next section*) is also included in this year's accounts as the payment was not received until 1st September 2021.

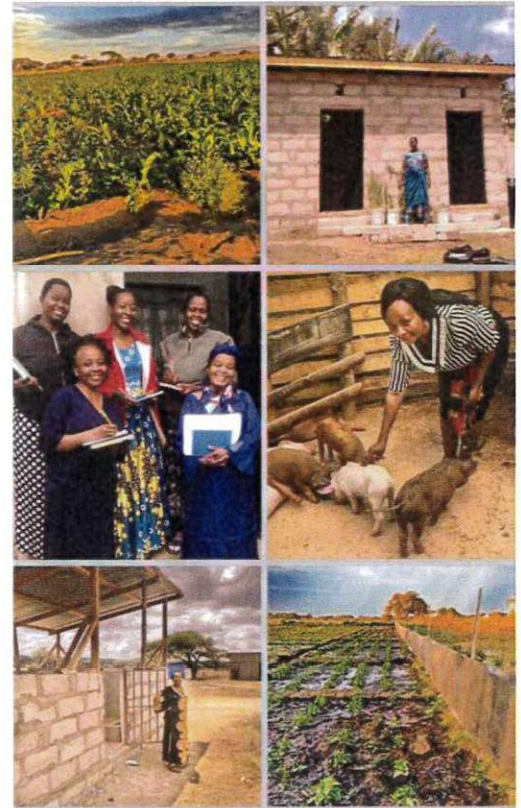
Income from individual donations and standing orders, which increased slightly in 2020/21, has been maintained at a similar level, although one or two standing order givers - with COVID-19 having impacted the amount we've travelled to Tanzania in recent years - have cancelled their contributions. The trustees have decided that a major effort will be made at the time of the next Tanzania trip which is scheduled for February 2024, to attract new regular givers. However, the £10,000 of unrestricted funding, coupled with the smaller amounts raised from individual donations, fundraising and sponsorship activities, has enabled Heart for Africa to cover core needs in Tanzania and the monthly gifts to our Community Coordinators throughout the year under review, as well as slightly increasing our commitments toward educational needs and supplementing project funding.

Achievements and Performance

Heart for Africa's main achievements throughout the year were as follows:

1) Heart for Africa's 2021/22 major project 'Empowering Women in Muriet' commenced in August 2021. It seeks to help four women from the Moriah Women's Group led by our Community Coordinator Mary Owino, as well as Mary herself, to upscale their small businesses focused around chicken and pig rearing, farming and the sale of food crops, and a community shop and cafe. 30% of each woman's profits is returned to the Group, to be reinvested in other women's start-up businesses or upscaling, or to meet community needs such as children's educational expenses.

Despite significant increases in the prices of building/fencing materials due to the pandemic, which necessitated Heart for Africa supplementing our £13,000 grant funding with £2,250 from unrestricted funds, the project has progressed well over the year; all the supported women are now returning a percentage of their profits into the group fund, which has enabled three other women to be supported in their small businesses. An unexpected benefit was that the well Mary dug to provide water for her farm, has met the needs of the local Maasai community (around 20 families) for a local source of water - previously they were travelling a few miles with their donkeys each morning to find water.



2) Sewing classes continue in the community hall / church built for the village of Mateves (our previous project), while the hall is also used regularly for church services and by other community groups such as one for pre-school children.

3) The charity is pleased to have not only maintained our previous level of educational support, but

increased it by sponsoring two children, Anjela and Dennis (*left*) supported by Green Path for Community Success (GP-COSU), the NGO run by Elirehema Wegard who served as one of our Community Coordinators for 3 years. GP-COSU supports some of the most vulnerable children and families in Arusha by providing children with meals before and after school, ensuring they attend school, and giving additional social support to families.



The charity continued to support Cornelius Andrew (*right*), from New Paradiso Orphanage, with his secondary school fees; he continues to do well and is now in Form Four. As this is an important year with GCSE-equivalent examinations, he is required to board at the school.



Heart for Africa also continues to support four young women from Bethlehem Center for Children with a contribution toward their educational expenses; two of these are now in sixth form while two are undertaking college courses. Thanks to a financial commitment made by one of Heart for Africa's Trustees specifically for this purpose, the charity has continued to donate college fees for the



motherless son and daughter of a pastor well known to Steve Owino, so that they could fulfil the potential they had shown at secondary school. Both are progressing well on their diploma courses.

A total of £3,800 was given in educational support during the year under review.

4) Following the success of the 2020 'November Challenge', Heart for Africa organised a team challenge around one of our trustees' endeavours to run/walk from North to South Wales following the 'Lon Las Cymru' route. Four teams of supporters, including one made up of staff from a local primary school, attempted to run/walk the route distance (250 miles) over the October 2021 half-term period. The challenge was promoted as a friendly competition on our social media; all teams completed the distance and over £1,000 was raised for the charity.

5) Heart for Africa's sister charity Sporting Marvels uses Heart for Africa in their primary school lessons as an example of how we can help others less fortunate than ourselves. In June 2022 a fundraising activity was organised around this lesson, with children running/walking a mile for Heart for Africa and being asked to bring in £1 or some small change as a donation. Some pupils went beyond this by raising sponsorship, while some schools also made donations and one organised additional fundraising activities. The total raised was over £800; this will continue as an annual fundraising activity in the hope of generating over £1200 per year as a minimum from 2022/23 onwards.



6) The charity was pleased that restrictions on gatherings had been relaxed by December 2021, enabling the annual 'Africa Evening' to be held. The attendance of around 70 people included many young people interested in our next trip to Tanzania, their parents, and other supporters. The audience was updated on Heart for Africa's activities and plans for the February 2023 Sporting Marvels/Heart for Africa trip (unfortunately now postponed to February 2024 after inflation and exchange rate issues in Sep 2023 had a huge impact on potential costs); the level of interest in this trip was the highest so far.

7) Heart for Africa produced a 2022 calendar, using photographs from previous Tanzania trips. This was given free to regular supporters and Rhondda schools, and sold to others to raise funds.





Personnel and Operations

Heart for Africa has two part-time members of staff to ensure the charity remains active and committed to achieving its aims and raising the requisite level of funds. Dr Fiona Davies (Operations Manager) works one day per week and is responsible for grant applications & reports, liaison with Community Coordinators and beneficiaries in Tanzania, sponsorship activities, and oversight of administration and finance. She continues to perform this role unpaid as part of her commitment as a Trustee of the charity. Lucy Jones has continued as Fundraising Coordinator, responsible for shop collection boxes and other local fundraising (an average of 1-2 hours per week) and is paid £60 per month. Responsibility for events and social media is shared between the two staff members.

Heart for Africa can also call on many volunteers from the charity Sporting Marvels, and some of the school pupils they work with, to support local events and promote the CIO and its activities within their own social circles. All Trustees also play an active voluntary role in the running of the charity.

Premises

Since its formation, Heart for Africa has received free office space where required as a gesture of goodwill from its sister charity Sporting Marvels. In May 2022, with their current rented premises on Gelli Industrial Estate no longer being large enough to house Sporting Marvels and charities who sub-let from Sporting Marvels, the charity took out a long-term lease on The Old Ystrad Labour Club which had to cease trading following a fall in revenues after COVID-19. All four charities, including Heart for Africa, moved into the new premises at the very end of the year under review.

Public Benefit

The trustees confirm that they have referred to the Charity Commission's guidance on Public Benefit when setting and reviewing the CIO's aims, objectives, and strategy. The trustees are satisfied that the CIO meets the public benefit requirement through its activities.

Payments to Trustees

No trustee has received any payment in cash or kind from the CIO and all trustees are themselves regular monthly donors.

Reserves

The CIO's core costs are primarily the support of one part-time member of staff (£60pm) and support payments to our Community Coordinators in Arusha, as well as a monthly insurance payment. At the financial year end on 31 August 2022, reserves were equivalent to eight months core costs. This was primarily due to the two unrestricted grants totalling £10,000 received during the year under review; as such grants are unlikely to recur regularly, the Trustees have been prudent in their use.



Recovery from COVID-19

The COVID-19 pandemic has had less impact in the year under review than in the previous year on Heart for Africa's activities in Wales, and the trustees are optimistic that fundraising in Wales should match or exceed pre-pandemic levels in the upcoming financial year. However, the impact was felt in Tanzania as prices of building and fencing materials, as well as of animal feed, rose significantly, which affected our major project and meant that the charity needed to supplement the grants given toward this project with £2,250 from unrestricted funds. Tourism has not yet returned to pre-pandemic levels in Tanzania, which continues to affect GP-COSU (run by our former Community Coordinator, Elirehema Wegard), as a large percentage of their income came through Elirehema's tourism industry contacts and from visitor donations. Heart for Africa are grateful to the generous trust who supported GP-COSU for a second year with a donation of £600, which Heart for Africa matched with £500 from unrestricted funds during the year under review.

Financial Review

The financial position of the CIO at 31 August 2022 and at the date of this report is considered satisfactory. The charity is particularly grateful to Heb Ffin and The Forrester Family Trust who have made unrestricted grants during 2021/22. Almost 80% of income during the year under review has come from Trusts, Foundations, and our partner charities, with only 11% coming from individual donations and standing orders. In order to become less reliant on grant income, the charity aims to increase regular donations further through increasing knowledge of the charity and its work among previous participants on Sporting Marvels trips, and plans awareness-increasing social media activity linked to the next Tanzania trip. The charity was also encouraged by Sporting Marvels' partner primary schools' response to the summer term fundraising activity, and believes that as this becomes a regular annual activity, the overall funds raised will increase.

The Trustees consider that the charity is able to continue to operate as a going concern. The Trustees' annual report was approved on 3 April 2023 and signed on behalf of the Board of Trustees by:

A blue ink signature of Lawrie R. Davies, LLB, consisting of a large, stylized initial 'L' followed by a cursive name.

Lawrie R. Davies, LLB
Chair of Trustees
3 April 2023

A blue ink signature of Dr Fiona M Davies, written in a cursive style.

Dr Fiona M Davies
Trustee & Unpaid Operations Manager
3 April 2023



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name

HEART FOR AFRICA

**On accounts for the year
ended**

31 AUGUST 2022

**Charity no
(if any)**

1173027

Set out on pages

1-2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 / 08 / 2022.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (~~other than that disclosed below~~) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

26-01-23

Name:

STEPHEN JOHN SMITH FCCA

**Relevant professional
qualification(s) or body
(if any):**

FCCA

Address:

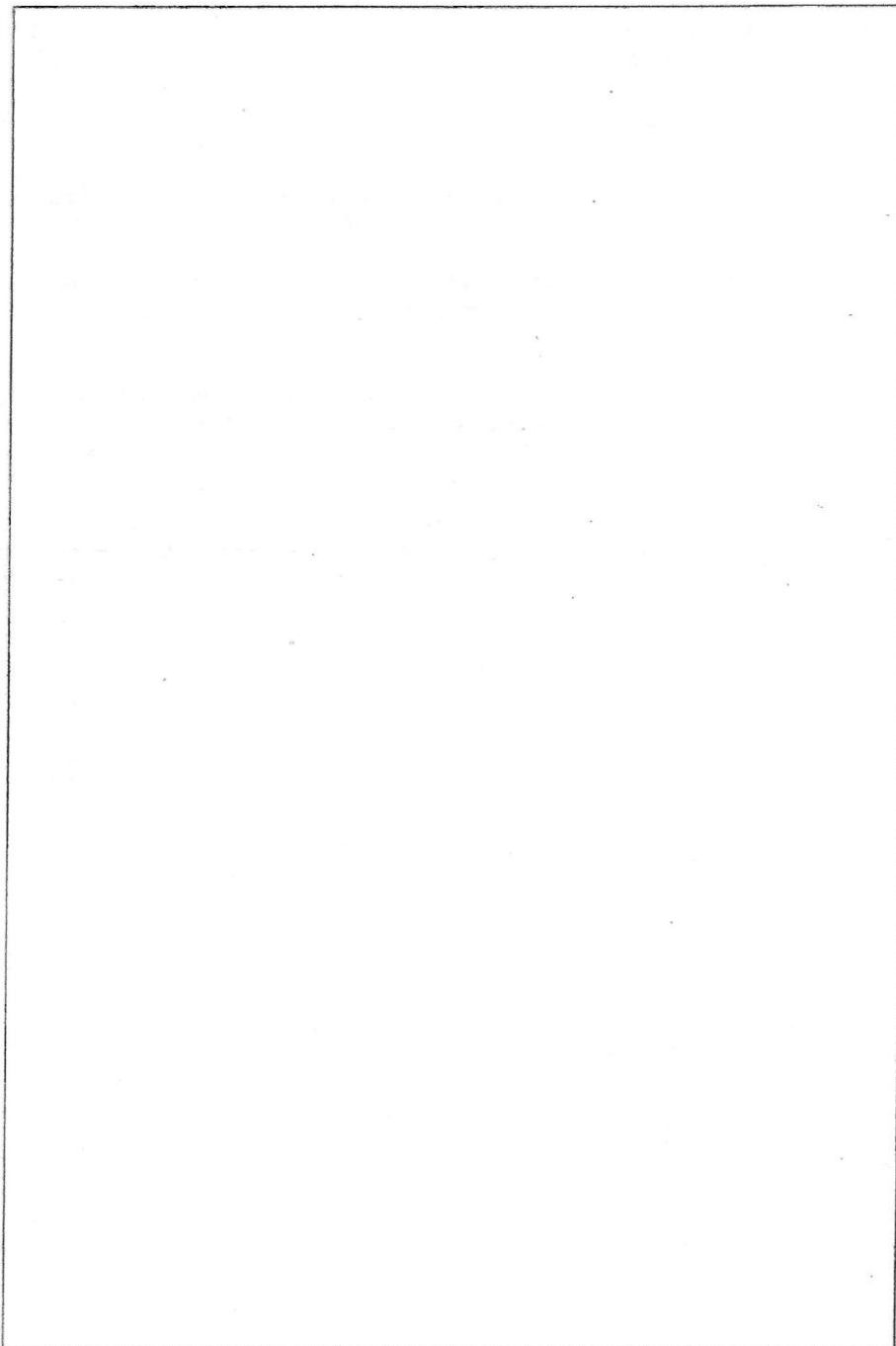
CURTIS BOWDEN & THOMAS

101 BURNHVEN STREET

PONYFANDY CF40 1AR

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.





CHARITY COMMISSION
FOR ENGLAND AND WALES

Heart for Africa

No (if any)

Receipts and payments accounts

CC16a

For the period from	Period start date 01-Sep-21	To	Period end date 31-Aug-22
---------------------	--------------------------------	----	------------------------------

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donated Funds:-	-	-	-	-	-
Individual donations and standing orders	2,766	-	-	2,766	2,685
Trusts, foundation, Church and other entities	14,254	5,600	-	19,854	11,700
Sponsorship	540	-	-	540	3,180
Fundraising activities	1,013	33	-	1,046	560
Gift Aid	873	-	-	873	2,098
Internal transfers	909	105	-	1,014	752
	-	-	-	-	-
Sub total (Gross income for AR)	20,356	5,738	-	26,094	20,975
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	20,356	5,738	-	26,094	20,975
A3 Payments					
Staff costs including admin/website	660	-	-	660	780
Charitable gifts	13,259	4,876	-	18,135	18,407
Finance charges	427	-	-	427	390
Office costs	779	-	-	779	706
Event costs	269	-	-	269	296
Internal transfers	105	909	-	1,014	752
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	15,498	5,785	-	21,283	21,331
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	15,498	5,785	-	21,283	21,331
Net of receipts/(payments)	4,857	- 47	-	4,810	356
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	905	50	-	955	1,311
Cash funds this year end	5,762	3	-	5,765	955

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank accounts	5,762	3	-
		-	-	-
		-	-	-
	Total cash funds	5,762	3	-

(agree balances with receipts and payments account(s))

OK

OK

OK


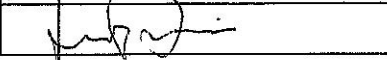
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

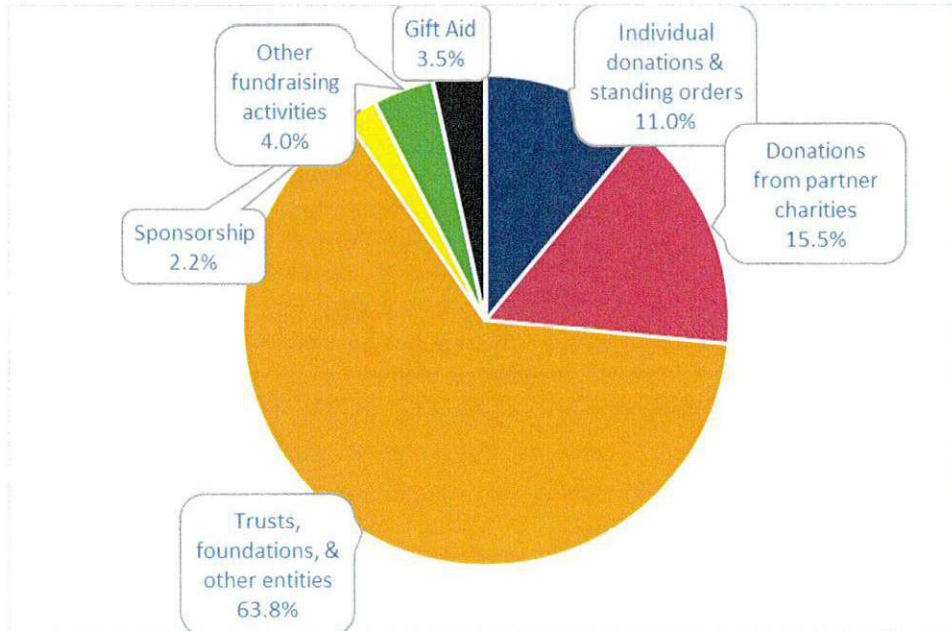
Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

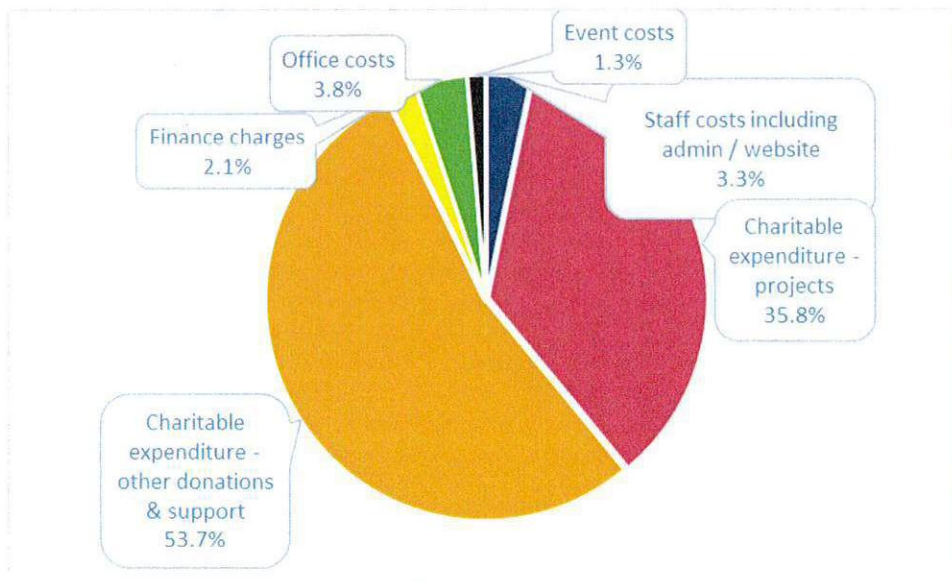
Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	FIONA DAVIES	6/2/23
	LAWRIE DAVIES	6/2/23

Income 2021/22



Expenditure 2021/22



HEART FOR AFRICA

England & Wales - Charity number 1173027

Accounts



Heart for Africa: Report of the Trustees and Accounts for the period 1 September 2020 - 31 August 2021

Legal and Administrative Information

Charity Name:	Heart for Africa
Charity registration number:	1173027
Website:	www.heartforafrica.co.uk
Facebook:	www.facebook.com/heartforafricauk/
Instagram:	www.instagram.com/heartforafricauk/
Registered office:	Central Offices Top Road Gelli Ind Est, Gelli Rhondda Cynon Taf CF41 7UW
Trustees during the Period:	Mr Lawrie Davies (Chair of Trustees) Dr Fiona Davies Mrs Lauren Smith Mr Ian Smith
Bankers:	Barclays Bank
Accountants:	Curtis Bowden & Thomas 101 Dunraven Street Tonypandy Rhondda Cynon Taf CF40 1AR

Heart for Africa is a Charitable Incorporated Organisation (CIO) governed by its Constitution dated 12th May 2017.

Heart for Africa may have a minimum of three and a maximum of twelve trustees. New trustees are appointed by the current trustees. In the event of Heart for Africa being wound up, the trustees have no liability to contribute to its assets and no personal responsibility for settling any debts and liabilities.

This Annual Report and Accounts cover the charity's fourth accounting period, from 1 September 2020 to 31 August 2021.

Overview

Heart for Africa came out of the hearts of several people who had visited East Africa with one of our partner charities, Sporting Marvels (UK Reg'd Charity No. 1101562), across several trips between 2005 - 2017. After Sporting Marvels' February 2017 trip there was a strong desire to have more of a year-round impact in Tanzania/East Africa as opposed to just ten days every two years. The trips, mostly for sixth formers ("All-Star Leaders"), see the young people that Sporting Marvels works with visit orphanages, schools, churches and communities linked to Sporting Marvels through longstanding partnerships. Each subsequent trip attracted an increased level of donations (in cash and kind) from the Rhondda community, and Sporting Marvels personnel felt strongly that they wished to help with the practicalities of setting up a structure more suited to making an ongoing impact, one that had a strategic focus on projects that would produce sustainable benefit. This prompted the formation of Heart for Africa, with Lawrie Davies (Managing Director of Sporting Marvels, one of Heart for Africa's most committed monthly supporters) as the first Chair of Trustees. Lawrie's four-year term as Chair ended in May 2021, and he was unanimously re-elected for a further three years.

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- Promoting education of young people, through support for orphans, street children and other children and young people in need, to enable them to attend school/college, and school visits by young people on Sporting Marvels trips.
- Prevention or relief of poverty, by providing grants, items and services to individuals and communities in need with a focus on long-term sustainability/impact. These include goats, chickens, mosquito nets, food and transport. Heart for Africa aims to undertake one major project each year – potential projects are identified by the Community Coordinators and considered by the trustees, giving due regard to the likely benefits and any potential risks.

Heart for Africa raises money through individual and organisational donations, sponsorship, events and grant applications. It is grateful for ongoing support from Sporting Marvels and our partner church, Dream Centre Wales, also based in Rhondda. Many young people associated with Sporting Marvels, Dream Centre Wales and Rhondda Netball (with which Heart for Africa shares office premises) have supported Heart for Africa through sponsored events and filling change collection boxes. Some local businesses such as newsagents,

fish & chip shops, pubs, etc have also agreed to support us by placing change collection boxes on their counters; this source of income was sparse during the periods of COVID-19 lockdown, but has revived slightly as regulations have been relaxed. A very successful fundraising event, the 'November Challenge' was run in November 2020, as well as an Easter Raffle in 2021 – these not only raised funds but brought Heart for Africa's work to the attention of new people within the Rhondda community. Income from individual donations and standing orders has also increased slightly over the last year. Together, these sources of funding have ensured that Heart for Africa has been able to cover core costs, the monthly gifts to our Community Coordinators, and our commitments toward educational needs, whilst being able to make small additional donations for specific purposes.

Heart for Africa was also successful in attracting grant funding from three sources for our third major project, 'Empowering Women in Muriet', which started in August 2021 – see next section.

Achievements and Performance

Heart for Africa's main achievements throughout the year were as follows:

- Heart for Africa's next major project 'Empowering Women in Muriet' is now fully funded, thanks to The Peter Stebbings Memorial Charity (£5,000), the Allan and Nesta Ferguson Charitable Trust (£3,000), and the Wales for Africa Grants Scheme (£5,000 – grant received September 2021 so not included in the current accounts). The project, which commenced in August 2021, seeks to help four women from the Moriah Women's Group led by our Community Coordinator Mary Owino, as well as Mary herself (*see picture, right*), to upscale their small businesses focused around chicken and pig rearing, the sale of food crops, and a community shop. This group already used money from the profits of their businesses to help young people in the community to access education and training, and to meet urgent community needs. The women whose businesses are planned for upscaling have pledged to return 30% of their profits to the Group, to be reinvested in other women's start-up businesses or upscaling, or to meet community needs such as children's educational expenses.



- Classes recommenced in the community hall / church built for the village of Mateves (our previous project). Craft training classes in making Masai traditional jewellery restarted in early 2021 and ran until the summer, when most of those attending became involved in seasonal agricultural work. These classes will run again in early 2022. Sewing classes were also started, with an experienced



instructor, and these have attracted several women in the community. The sewing group, as well as making items for their own families, are making garments for sale in order that the instructor can continue to be paid for her instruction, following the initial classes funded by





the project budget. Heart for Africa donated £150 to enable another (overlock) sewing machine to be purchased, and the group hope that through increased sales they will soon be able to raise enough money to also buy a machine that can do embroidery. The hall/church has been fitted with more substantial doors and with glass in the windows, and is now connected to an electricity supply.

- Heart for Africa continued to support Cornelius Andrew, from New Paradiso Orphanage, with his secondary school fees. At the end of his second year at Edmund Rice Secondary School in Arusha, Cornelius' results put him in Division 1, the highest classification. The charity also supported four girls from another orphanage, Bethlehem Center for Children, with their secondary schooling by donating toward uniforms, shoes, books, meals, and additional lessons. Thanks to a financial commitment made by one of Heart for Africa's Trustees specifically for this purpose, the charity was also able to donate college fees for the motherless son and daughter of a pastor well known to Steve Owino, so that they could fulfil the potential they had shown at secondary school (in the event, the son was not required to pay fees for his foundation year as he received a basketball scholarship, a fact that would not have been known if he had not applied to college). Both have passed their foundation year and are ready to enrol on their diploma courses in autumn 2021.



- The charity held a very successful fundraising event in November 2021, the 'November Challenge'. Each trustee and volunteer, and several other supporters, signed up to run/walk a specific number of miles during November, toward a team target of 1500 miles – individual targets ranged from one mile a day to the challenge of adding a mile each day until running 30 miles on November 30th. The



challenge was prominent on our social media and participants attracted substantial sponsorship; a local rugby club also got involved and raised over £700. The total raised was £3,128 excluding Gift Aid which brought the total to over £3,500. As well as covering many of Heart for Africa's regular outgoings, this income enabled the charity to donate to help our partner Elirehema Wegard at Green Path for Community Success with core costs; a donation was also made to the CHISWEA Street Children's Centre, where our Community Coordinator Francesco Panga is based, to enable them to refurbish and update their kitchen.

- As the November Challenge was so close to Christmas, it was decided to hold an Easter Prize Draw rather than a Christmas one. This raised £268, a 42% increase on the amount raised through the previous year's Christmas Draw.





- Heart for Africa produced a 2021 calendar, using photographs from previous Tanzania trips. This was given free to regular supporters and Rhondda schools, and sold to others to raise funds.

- A supporter newsletter was produced and sent to all supporters by post and/or email in autumn 2020. As the annual 'Africa Evening' could not be held due to COVID-19 restrictions, this ensured that supporters were kept updated on the charity's activities.



Personnel and Operations

Heart for Africa has two part-time members of staff to ensure the charity remains active and committed to achieving its aims and raising the requisite level of funds. Dr Fiona Davies (Operations Manager) works one day per week and is responsible for grant applications & reports, liaison with Community Coordinators and beneficiaries in Tanzania, sponsorship activities, and oversight of administration and finance. She continues to perform this role unpaid as part of her commitment as a Trustee of the charity. Lucy Jones has continued as Fundraising Coordinator, responsible for shop collection boxes and other local fundraising (an average of 1-2 hours per week) and is paid £60 per month. Responsibility for events and social media is shared between the two staff members.

Heart for Africa can also call on many volunteers from the charity Sporting Marvels, and some of the school pupils they work with, to support local events and promote the CIO and its activities within their own social circles. All Trustees also play an active voluntary role in the running of the charity.

Public Benefit

The trustees confirm that they have referred to the Charity Commission's guidance on Public Benefit when setting and reviewing the CIO's aims, objectives and strategy. The trustees are satisfied that the CIO meets the public benefit requirement through its activities.

Payments to Trustees

No trustee has received any payment in cash or kind from the CIO and all trustees are themselves regular monthly donors.

Reserves

The CIO's core costs are primarily the support of part-time staff and support payments to our Community Coordinators in Arusha, as well as a monthly insurance payment. At the financial year end on 31st August 2021, reserves were equivalent to around one and a half months core costs. Ideally the trustees would wish for reserves at least 3 months core costs, but they prioritise supporting partner organisations, such as GP-COSU (see next page), in their time of need, over maintaining higher levels of reserves.



COVID-19 Impact

Throughout this financial year, the COVID-19 pandemic continued to have a detrimental effect on Heart for Africa's ability to raise money through events, school activities and cash collection boxes, while the 2020 annual 'Africa Evening' could not be held due to restrictions on social gatherings. However, many grant funders have now reopened their general (non-COVID) funding.

Green Path for Community Success (GP-COSU), run by our Community Coordinator Elirehema Wegard, continues to see decreased donation income due to the downturn in tourism (as Elirehema was formerly a tour guide, a large percentage of income came through his industry contacts and from visitor donations). Heart for Africa made applications to a number of trusts for funding for GP-COSU, and are grateful to the one generous trust who made a donation of £500, which Heart for Africa has matched with £500 from unrestricted funds during the financial year. Elirehema is being proactive in seeking other funding sources, including cultivating a piece of land close to GP-COSU's premises to grow and sell vegetables.

Tanzania has released little official information about the extent of COVID-19's impact within the country. However, the new President is in favour of vaccinations and has signed Tanzania up to COVAX, though only a tiny percentage of citizens are vaccinated so far. International flights have now resumed to Tanzania, but due to the uncertainty of the situation, the additional precautions required, and the costs of complying with the required tests, it was decided that the 2021 Sporting Marvels/Heart for Africa All-Star trip should be postponed again to February 2023, which effectively means that the 2021 and 2023 trips will be merged.

Financial Review

The financial position of the CIO at 31 August 2021 and at the date of this report is considered satisfactory. The charity is particularly pleased with the success of the November Challenge fundraising activity, and is very grateful to the three funders (The Peter Stebbings Memorial Charity, the Allan and Nesta Ferguson Charitable Trust, and the Wales for Africa Grants Scheme) who have enabled our next major project to go ahead during 2021/22. Regular donations in the form of standing orders/recurring card payments have increased by 40%, which is encouraging, although the increase does not offset the drop in individual donations which were particularly high in the previous financial year (2019/20). The charity aims to increase regular donations further through increasing awareness of the charity and its work among previous participants on Sporting Marvels trips. Building on the success of the November Challenge, the charity intends to undertake a regular autumn sponsored activity; it will also build on its links with schools through Sporting Marvels to involve them in a summer-term sponsored activity, as well as in collecting donations in cash and kind prior to All-Star trips.

The Trustees consider that the charity is able to continue to operate as a going concern. The Trustees' annual report was approved on 5 January 2022 and signed on behalf of the Board of Trustees by:

A handwritten signature in black ink, appearing to be "Lawrie R. Davies".

Lawrie R. Davies, LLB
Chair of Trustees
January 2022

A handwritten signature in black ink, appearing to be "Fiona M Davies".

Dr Fiona M Davies
Trustee & Operations Manager
January 2022



CHARITY COMMISSION
FOR ENGLAND AND WALES

Heart for Africa

No (if any)

Receipts and payments accounts

CC16a

For the period from	Period start date 01-Sep-20	To	Period end date 31-Aug-21
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donated funds:-	-	-	-	-	-
Individual donations and standing orders	2,685	-	-	2,685	5,472
Trusts, foundation, Churches and other entities	3,200	8,500 *	-	11,700	3,498
Sponsorship	3,180	-	-	3,180	34
Fundraising activities	560	-	-	560	652
Gift Aid	2,098	-	-	2,098	554
Internal transfers	-	752	-	752	-
	-	-	-	-	-
Sub total (Gross income for AR)	11,724	9,252	-	20,976	10,210
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	11,724	9,252	-	20,976	10,210
A3 Payments					
Staff costs including admin/website	780	-	-	780	1,390
Charitable gifts	9,200	9,207	-	18,407	8,260
Finance charges	390	-	-	390	293
Office costs	706	-	-	706	668
Event costs	296	-	-	296	403
Misc	-	-	-	-	84
Internal transfers	752	-	-	752	-
	-	-	-	-	-
Sub total	12,124	9,207	-	21,331	11,098
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	12,124	9,207	-	21,331	11,098
Net of receipts/(payments)	- 401	45	-	356	- 888
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	1,306	5	-	1,311	2,199
Cash funds this year end	905	50	-	955	1,311

***Details of restricted funding:**

The Peter Stebbings Memorial Charity - £5,000 (Muriet Project)
The Allan & Nesta Ferguson Charitable Trust - £3,000 (Muriet Project)
Other - £500 (Support for partner organisation GP-COSU)

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank account	905	50	-
		-	-	-
		-	-	-
	Total cash funds	905	50	-
(agree balances with receipts and payments account(s))		OK	OK	OK

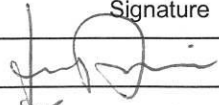

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

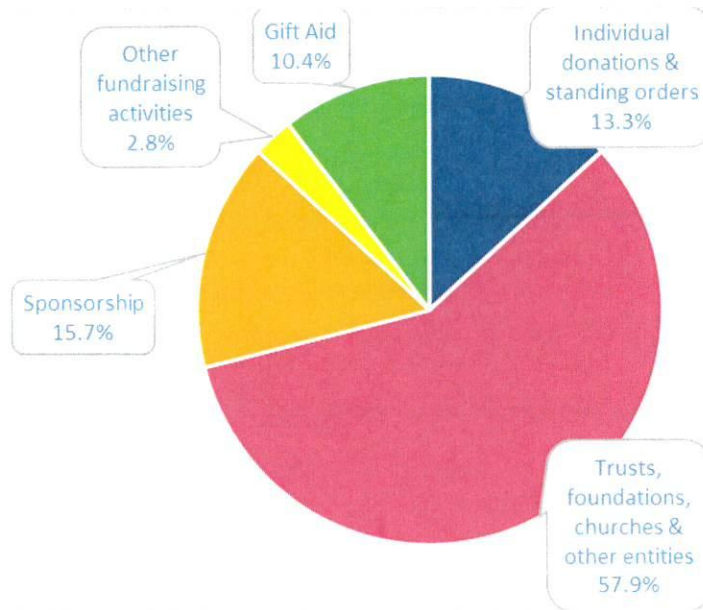
Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

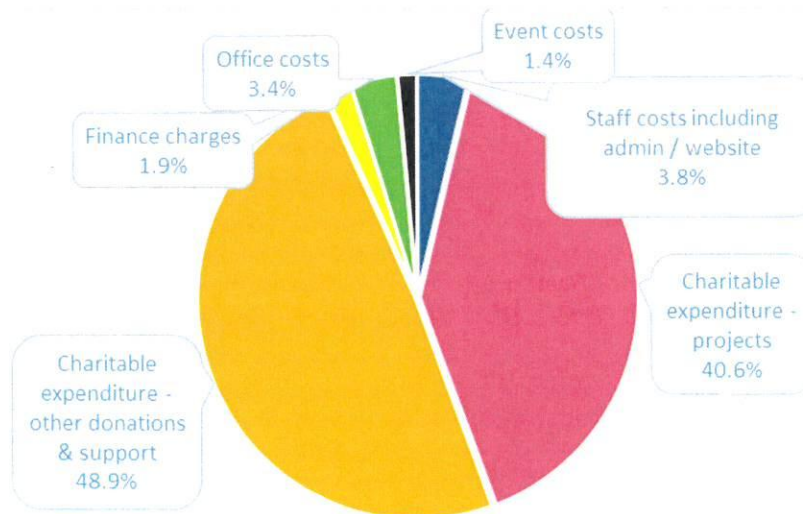
Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	LAURIE DAVIES	5/1/22
	FLONA DAVIES	5/1/22

Income 2020/21



Expenditure 2020/21



HEART FOR AFRICA

England & Wales - Charity number 1173027

Accounts



Heart for Africa: Report of the Trustees and Accounts for the period 1st September 2019 - 31st August 2020

Legal and Administrative Information

Charity Name:	Heart for Africa
Charity registration number:	1173027
Website:	www.heartforafrica.co.uk
Facebook:	www.facebook.com/heartforafricauk/
Instagram:	www.instagram.com/heartforafricauk/
Registered office:	Central Offices Top Road Gelli Ind Est, Gelli Rhondda Cynon Taf CF41 7UW
Trustees during the Period:	Mr Lawrie Davies (Chair of Trustees) Mrs Lauren Smith Mr Ian Smith Dr Fiona Davies
Bankers:	Barclays Bank
Accountants:	Curtis Bowden & Thomas 101 Dunraven Street Tonypandy Rhondda Cynon Taf CF40 1AR

Heart for Africa is a Charitable Incorporated Organisation (CIO) governed by its Constitution dated 12th May 2017.

Heart for Africa may have a minimum of three and a maximum of twelve trustees. New trustees are appointed by the current trustees. In the event of Heart for Africa being wound up, the trustees have no liability to contribute to its assets and no personal responsibility for settling any debts and liabilities.

This Annual Report and Accounts cover the charity's third accounting period, from 1st September 2019 to 31st August 2020.

Overview

Heart for Africa came out of the hearts of several people who had visited East Africa with one of our partner charities, Sporting Marvels (No. 1101562), across several trips between 2005 – 2017. After Sporting Marvels' February 2017 trip there was a strong desire to have more of a year-round impact in Tanzania/East Africa as opposed to just ten days every two years. The trips, mostly for sixth formers ("All-Star Leaders"), see the young people that Sporting Marvels works with visit orphanages, schools, churches and communities linked to Sporting Marvels through longstanding partnerships. Each subsequent trip has attracted an increased level of donations (in cash and kind) from the Rhondda community, and Sporting Marvels personnel felt strongly that they wished to help with the practicalities of setting up a structure more suited to provide ongoing support, one that had a strategic focus on projects that would produce sustainable benefit. This prompted the formation of Heart for Africa, with Lawrie Davies (Managing Director of Sporting Marvels, one of Heart for Africa's most committed monthly supporters) as the first Chair of Trustees.

Heart for Africa currently works in the city of Arusha and its surrounding communities. We have a small team of five Community Coordinators (*pictured, right*) who support the charity around their day-to-day jobs and activities; they help the trustees identify needs and act as a liaison and an accountability mechanism between the CIO and its beneficiaries. As respected and trusted leaders within their communities/groups, we support and empower them to use their leadership and influence to help us make a difference in the lives of those who



look to them. Rev. Stephen Owino, who leads this small team, has been a trusted friend and partner to Sporting Marvels for over 10 years. Each of the Community Coordinators is supported with a small monthly financial gift which enables them to give some of their time each month to assisting their communities whilst creating stronger accountability to the goals and reporting needs of the charity.

Heart for Africa's work has two main strands:

- Promoting education of young people, through support for orphans, street children and other children and young people in need, to enable them to attend school/college, and school visits by young people on Sporting Marvels trips.
- Prevention or relief of poverty, by providing grants, items and services to individuals and communities in need with a focus on long-term sustainability/impact. These include goats, chickens, mosquito nets, food and transport. Heart for Africa aims to undertake one major project each year – potential projects are identified by the Community Coordinators and considered by the trustees, giving due regard to the likely benefits and any potential risks.

Heart for Africa raises money through individual and organisational donations, sponsorship, events and grant applications. It is grateful for ongoing support from Sporting Marvels and our partner church, Dream Centre Wales, also based in Rhondda. Many young people associated with Sporting Marvels, Dream Centre Wales and Rhondda Netball (with which Heart for Africa shares office premises) have supported Heart for Africa through sponsored events and filling change collection boxes. Some local businesses such as newsagents, fish & chip shops, pubs, etc have also agreed to support us by placing change collection boxes on their

counters, although this source of income has dwindled almost to nothing since the COVID-19 pandemic reduced the use of cash for daily transactions. The pandemic also hit sponsorship/events income, as during the period March-August 2020 there were no organised events of the type that the charity had used previously to raise income (e.g. parkrun, Bounce Run, Kilimanjaro climbs). With schools closed, planned activity in June 2020 around the Sporting Marvels lesson which features Heart for Africa's work also could not take place. However, despite the impact of COVID-19, Heart for Africa was able to increase its income from individual donations and standing orders, partly through new regular donors signing up but also through a large one-off donation from a new donor. Thus, despite the pandemic, Heart for Africa has been able to cover the monthly gifts to our Community Coordinators, commitments toward educational needs, and support payments for various work undertaken.

Achievements and Performance

Heart for Africa's main achievements throughout the year were as follows:

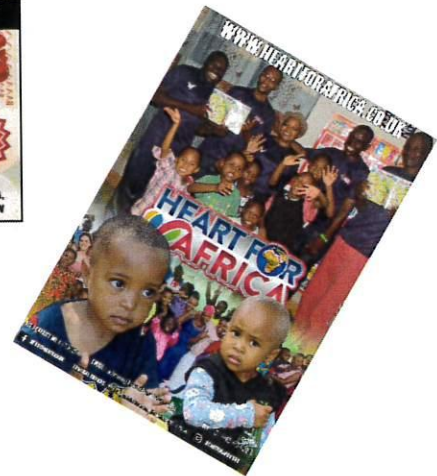
- Heart for Africa's major project for 2019, the construction of a community hall / church for the village of Mateves, was completed to the originally specified standard in November 2019. This building (*pictured*) is now used for the church services of Ambassadors Church, seminars, women's meetings, and children's programmes. Several simple community empowerment programmes have also been planned, training women (including several widows), youths and some orphans in skills such as making Maasai cultural handicrafts, making local cooking stoves, making soap for household use, baking of bread, etc and to empower the leaders. The first of these, a class in making Maasai handicrafts, started at the beginning of 2020 but was forced to close due to COVID-19 restrictions on gatherings, and was not able to restart during the 2019/20 financial year.



The Mateves community would also like the hall / church improved to a better standard so that, when larger gatherings are again allowed, it could serve as a venue for conferences. Requested improvements are floor tiles, glass for the windows, painting, and water and electricity connections, which in total will cost around £2,500.

- The charity continued to support four children from Bethlehem Orphanage, three with their secondary schooling and one at Arusha's Institute of Accounting, by donating toward uniforms, shoes, books, meals, and additional lessons.
- Heart for Africa also continued to support Cornelius Andrew, from New Paradiso Orphanage, with his secondary school fees. Cornelius has made good progress in his first year at Edmund Rice Secondary School in Arusha, achieving A grades in 9 of his 12 subjects.

- The Heart for Africa Annual Supporters' Evening was held at Rhondda College, Llwynypia, in November 2019. As well as a presentation of the charity's recent achievements, it included an information session from our travel partner Experience East Africa for those interested in a Tanzania trip in 2022 (originally scheduled for 2021 but postponed due to COVID-19) – primarily sixth-formers on Sporting Marvels All-Star Leadership Programme, and their parents, but also some who were interested in a Kilimanjaro climb. A representative from the British Council also gave a presentation to interested teachers regarding the Connecting Classrooms Programme which links schools in different countries. The Trustees have decided that, rather than the charity continuing to attempt to set up school partnerships directly between schools in Rhondda and Arusha, any partnerships should be initiated by schools themselves within the framework of Connecting Classrooms, which gives schools more support and structure than Heart for Africa can provide.
- The charity held a Christmas Prize Draw, with tickets being primarily sold through Facebook and personal contacts. This raised a total of £189.



- The charity produced a 2020 calendar, using photographs from 2019 trips to Tanzania. This was given free to regular supporters and Rhondda schools, and sold to others to raise funds. A third newsletter was being finalised as the financial year ended, ready to send to supporters in September.
- Heart for Africa's next major project was agreed by the Trustees. "Empowering Women in Muriet" seeks to help four women (initially) from the Moriah Women's Group led by our Community Co-ordinator Mary Owino, to upscale their small businesses. This group already use money from the profits of their businesses to help young people in the community to access education and training, and to meet urgent community needs. The women whose businesses are planned for upscaling have pledged to return at least 25% of their profits to the Group, to be reinvested in other women's start-up businesses or upscaling, or to meet community needs. Pre-submission discussions of the proposal with the administrators of the Wales for Africa Grants Scheme (run by the Welsh Government) were promising; however, a few days after its submission in March 2020, the Scheme decided that all resources should be diverted to COVID-specific projects. It will be possible to resubmit the proposal for consideration in March 2021; other potential funders are also being approached.



Personnel and Operations

Heart for Africa has two part-time members of staff to ensure the charity remains active and committed to achieving its aims and raising the requisite level of funds. Dr Fiona Davies (Operations Manager) works one day per week and is responsible for grant applications & reports, liaison with Community Coordinators and beneficiaries in Tanzania, sponsorship activities, and oversight of administration and finance. Up to 31st March she was given £100 per month for this commitment, but since April 2020 she has performed this role unpaid as part of her commitment as a Trustee of the charity and will continue on this basis indefinitely. In January 2020, Lucy Jones took over from Taylor Moore as Fundraising Coordinator, responsible for shop collection boxes and other local fundraising (0.5 days per week). Responsibility for events and social media is shared with Dr Davies and this role is remunerated at £60 per month.

Heart for Africa can also call on many volunteers from charity Sporting Marvels, and some of the school pupils they work with, to support local events and promote the CIO and its activities within their own social circles.

All Trustees play an active voluntary role in the running of the charity.

Public Benefit

The trustees confirm that they have referred to the Charity Commission's guidance on Public Benefit when setting and reviewing the CIO's aims, objectives and strategy. The trustees are satisfied that the CIO meets the public benefit requirement through its activities.

Payments to Trustees

Dr Fiona Davies received payments totalling £700 (£100 per month from September 2019 to March 2020) from the CIO throughout the accounting period for her role as Operations Manager. The other trustees agree unanimously that Dr Davies continues to be uniquely placed to do this work, due to her administrative expertise, knowledge of Tanzania, experience in sponsorship and making grant applications, and the strong relationships she has developed since the charity started with partners and beneficiaries in Tanzania. These payments are allowed under section 6(2) of Heart for Africa's constitution, and are agreed by the Charity Commission as long as they do not exceed £300/month. However, in April 2020, concerned about the charity's loss of income due to the pandemic, Dr Davies proposed that she should work voluntarily, and this was accepted by the other Trustees. No other trustee has received any payment in cash or kind from the CIO and all trustees are themselves monthly standing order donors.

Reserves

The charity aims to have reserves equivalent to six months of the CIO's core costs (primarily the support of part-time staff and support payments to our Community Coordinators in Arusha). At the financial year end on 31st August 2020, reserves were equivalent to around 2 months core costs. However, at the time of completing this report, the charity has achieved the desired level of reserves, primarily due to the success of our 'November Challenge' fundraising activity which will be covered more fully in next year's Trustees' Report.

Effects of COVID-19

As mentioned, the COVID-19 pandemic has had a detrimental effect on Heart for Africa's ability to raise money through events, sponsorship, school activities and cash collection boxes. It has also affected potential grant income as many funders diverted funding to work directly related to tackling/preventing COVID-19; one consequence is that the charity's 2020 major project, "Empowering Women in Muriet", has not yet got off the ground. Also, the Tanzania trip due to take place in February 2021 has been postponed until February 2022. As such, the "Empowering Women in Muriet" project is now the charity's major project for 2021.

Tanzania has released little official information about the extent of COVID-19 within the country. However, none of our Community Coordinators or those close to them have contracted COVID-19. Green Path for Community Success (GP-COSU), run by our Community Coordinator Elirehema Wegard, has seen a significant drop in income due to the downturn in tourism (as Elirehema was formerly a tour guide, a large percentage of income came through his industry contacts and from visitor donations). Heart for Africa donated £300 to GP-COSU in June 2020 and continues to apply to potential funders on their behalf.



Visit to GP-COSU, 2019 trip

Financial review

The financial position of the CIO at 31 August 2020 and at the date of this report is considered satisfactory. While income received from trusts and foundations in 2019/20 was much lower than previous years, and fundraising income was reduced as previously explained, the increase of 145% in income from individual donations and standing orders has enabled Heart for Africa to continue to meet its core commitments throughout this difficult pandemic period. The 27% increase in standing orders is particularly welcome as this is ongoing regular income the charity should be able to rely on long into the future. The Trustees have planned fundraising activities for 2020/21 which are compliant with COVID-19 restrictions, and we continue to raise awareness of Heart for Africa within the Rhondda community, particularly with the reorganised trip for February 2022 in mind.

The Trustees consider that the CIO is able to continue to operate as a going concern. The Trustees' annual report was approved on 18th January 2021 and signed on behalf of the Board of Trustees by:

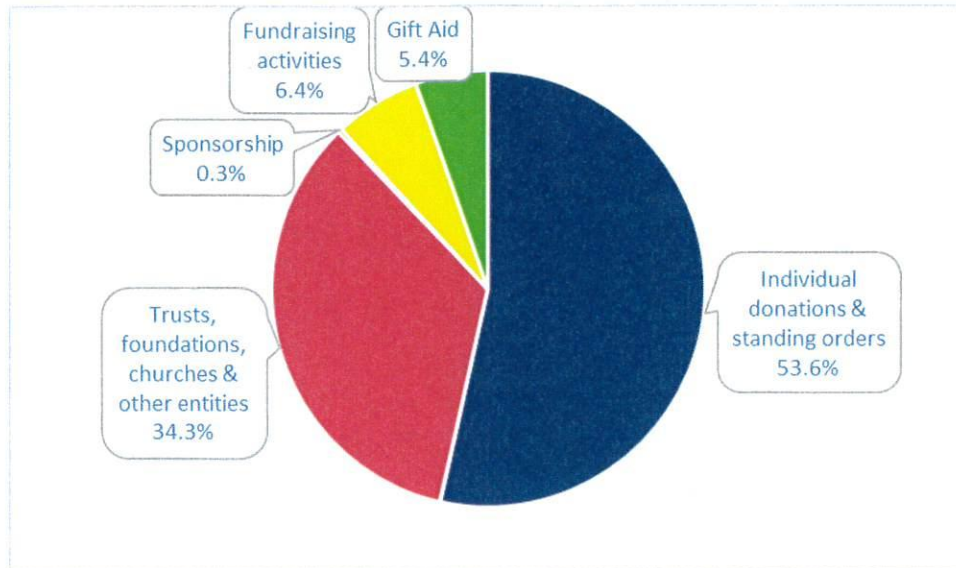


Lawrie R. Davies, LLB
Chair of Trustees
18th January 2021

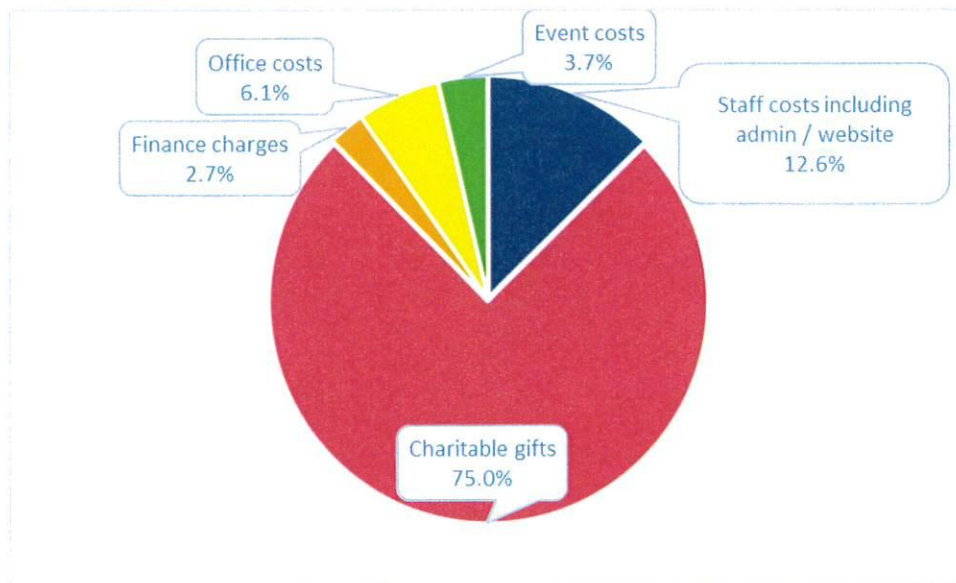


Dr Fiona M Davies
Trustee & Operations Manager
18th January 2021

Income 2019/20



Expenditure 2019/20





CHARITY COMMISSION
FOR ENGLAND AND WALES

Heart for Africa

1173027

Receipts and payments accounts

CC16a

For the period from	Period start date 01-Sep-19	To	Period end date 31-Aug-20
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donated funds:-	-	-	-	-	-
Individual donations and standing orders	5,457	15	-	5,472	2,229
Trusts, foundations, Churches and other entities	3,498	-	-	3,498	11,117
Sponsorship	34	-	-	34	3,886
Fundraising activities	652	-	-	652	1,627
Gift Aid	554	-	-	554	714
Misc	-	-	-	-	82
Sub total (Gross income for AR)	10,195	15	-	10,210	19,655
A2 Asset and Investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	10,195	15	-	10,210	19,655
A3 Payments					
Staff costs including admin/website	1,390	-	-	1,390	2,220
Charitable gifts	7,750	510	-	8,260	21,554
Finance charges	293	-	-	293	236
Office costs	668	-	-	668	505
Event costs	403	-	-	403	725
Misc	84	-	-	84	246
	-	-	-	-	-
	-	-	-	-	-
Sub total	10,588	510	-	11,098	25,486
A4 Asset and Investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	10,588	510	-	11,098	25,486
Net of receipts/(payments)	- 393	- 495	-	- 888	- 5,831
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	1,699	500	-	2,199	8,030
Cash funds this year end	1,306	5	-	1,311	2,199

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank account	1,306	5	-
		-	-	-
		-	-	-
	Total cash funds	1,306	5	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

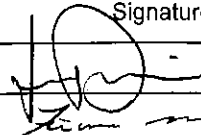
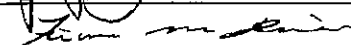
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	LAWRIE DAVIES	26/11/20
	FIONA DAVIES	26/11/20