

THUMHARA CENTRE C.I.O.

REPORT & FINANCIAL STATEMENTS

YEAR ENDED 31ST MARCH 2023

REG. CHARITY NO. 1173013

G D O'HEHIR & CO LTD
CHARTERED CERTIFIED ACCOUNTANTS
SUITE 2, SM BUSINESS CENTRE
BARNFIELD ROAD
SPENNYMOOR
COUNTY DURHAM
DL16 6EA

THUMHARA CENTRE C.I.O.

YEAR ENDED 31ST March 2023

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THUMHARA CENTRE C.I.O

Key Management Personnel and Trustees

Chief Executive: - Shagufta Akhtar

Trustees: - Peter Middleton

Inaan Ul Haq Basit

Shabana Gahlib

Address: - The Robert Atkinson Centre
Thorntree Road
Thornaby
TS17 8AP

THUMHARA CENTRE C.I.O

Report of the Trustees for the year-ending 31st March 2023

THUMHARA CENTRE C.I.O.

Report of the Trustees for the year-ending 31st March 2023

The trustees are pleased to present their annual report together with the financial statements of the charity for the year ending 31st March 2023. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association and Accounting and Reporting by Charities' Statement of Recommended Practice applicable to preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (effective 1st January 2015)

Structure Governance and Management

Thumhara Centre is a charitable incorporated organisation (C.I.O.) governed by its constitution dated 9th May 2017. It is registered with the Charity Commission.

The C.I.O. shall have a Board of Trustees comprising at least three persons. New trustees may be recruited to the Board at any time by the Trustees. The Trustees may from time to time elect such officers as they see fit. The only voting members are the Trustees. Decisions at any meetings shall be decided by a majority of votes; each Trustee having one vote on any matter to be decided. In the case of an equality of votes, the chair of the meeting shall have a second or casting vote. None of the trustees receive remuneration or other benefit from their work with the charity. A must declare the nature and extent of any interest which he or she has in a proposed transaction or arrangement entered into by the C.I.O. which has not previously been declared. The Trustees have implemented a robust system which has all the policies and procedures up to date and regularly reviewed and dated covering; -

- Safeguarding
- Risk Assessments
- Health & Safety
- Whistle Blowing
- General Data Protection Regulation
- HR Policies
- Quality Care Systems

The Trustees have implemented a grant making policy which consists of three criteria: -

- Grant Making Principles
- Grant Making Criteria
- Grant Making Process

THUMHARA CENTRE C.I.O.

The C.I.O. has the relevant qualified volunteers to carry out all the relevant charity activities. The C.I.O. has the relevant bi-lingual staff in place to carry out the charity's activities. All staff are DBS checked and clearance is granted before they come into contact with vulnerable adults.

Our Purposes and Activities

The objects of the C.I.O. are -

- The relief of sickness and the preservation of health among people residing permanently or temporarily in Tees Valley.
- To advance the education of the public in all areas relating to mental health.

During the year the C.I.O carried out the following activities in relation to its objects; -

- In the past year we directly supported 30 elderly women and 5 men from the BAME community living all across Teesside. It was a similar programme to the previous year.

The programme focused on:

- Delivering learning to promote well-being
- safeguarding strategies for vulnerable adults
- Promoting access to our programme by all vulnerable adult members of the BAME who did not engage with the wider community.
- We also worked hard to sustain engagement from those who are already participating in our programmes.
- Preventing isolation and loneliness by encouraging attendance to group activities and getting involved.
- embedding diversity in all our programmes so that we appreciate diversity of all participants which in turn enabled a positive attitude towards participation.
- Organising cultural events to promote equality and diversity.
- Partnership working with the local authorities and other organisations to increase chances of positive impact.

Achievements and Performance

Although the community faces a lot of unique challenges ranging from , isolation, lack of money as the cost of living has escalated the organisation achieved a lot.

We had publicity days to make sure our community is aware about our local offer and we did this through the following programmes and many others:

- Our hardwork as an organisation was recognised at the November 2022 BAME awards we were recognised as the Community Organisation of the year and our Director was shortlisted for the Women of the year Awards
- 85% of our participants have reported feeling better since they started attending our programme.
- Improved mental Health and 100% positive feed.
- Cooking with Little Sprouts programme.
- Knitting blankets
- ➤ Organised walks for men near the River Tees Barrage
- ➤ Weekend trips to nearby cities to counteract isolation issues
- ➤ Pre-wedding social gathering to benefit the community
- ➤ Social gathering to celebrate the end of Ramadam

The Trustees are responsible for keeping proper accounting records that disclose, with reasonable accuracy at any time, the financial position of the charity. They are responsible for safeguarding the assets of the charity and taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included in the charity's website.

By order of the Board of Trustees



Peter Middleton

Chair

09 Feb 2024

Date

THUMHARA CENTRE C.I.O

Statement of financial ActivitiesFor the year ending 31st March 2023

				31/03/2023	31/03/2022
	Unrestricted Funds	Restricted Funds	Endowment Funds	Total Funds	Total Funds
	£	£	£	£	£
<u>Income and Endowments from: -</u>					
Donations	-	-	-	-	-
Charitable Activities	-	695,815	-	695,815	545,654
Other Trading Activities	-	-	-	-	-
Investments	-	-	-	-	-
Other	-	-	-	-	4,732
<u>Total</u>	-	695,815	-	695,815	550,386
<u>Expenditure on;</u>					
Raising Funds	-	-	-	-	-
Charitable Activities	-	645,305	-	645,305	559,028
Other	-	-	-	-	-
<u>Total</u>	-	645,305	-	645,305	559,028
Net Income/(Expenditure)	-	50,510	-	50,510	(8,642)
Transfer between Funds	-	-	-	-	-
Other recognised gains/(losses)	-	-	-	-	-
Gains/(losses) on revaluation of fixed assets	-	-	-	-	-
Gains/(losses) on defined benefit pension schemes	-	-	-	-	-
<u>Net Movement of Funds</u>	-	50,510	-	50,510	8,642
<u>Reconciliation of Funds</u>					
Total Funds b/f	-	134,006	-	134,006	142,648
Total Funds c/f	-	184,516	-	184,516	134,006

The Statement of Financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

THUMHARA CENTRE C.I.O.

Balance Sheet as at 31st March 2023

	<u>31/03/2022</u>	<u>31/03/2023</u>	
	<u>£</u>	<u>£</u>	
<u>Fixed Assets</u>			
Intangible Assets	-	-	
Tangible Assets	27,781	23,886	
Heritage Assets	-	-	
Investments	-	-	
Total Fixed Assets	27,781	23,886	
<u>Current Assets</u>			
Stocks	-	-	
Debtors	75,009	109,869	
Investments	-	-	
Cash at hand & in bank	107,105	129,236	note 1
Total Current Assets	182,114	239,105	
Liabilities: amounts within 1year	26,827	30,072	note 2
<u>Net Current Assets/(Liabilities)</u>	155,287	209,033	
Creditors: Amounts falling due after more than 1 year	49,062	48,403	
Provisions for Liabilities	-	-	
<u>Net Assets/(Liabilities) excluding pension asset liability</u>	134,006	184,516	
Defined benefit pension	-	-	
<u>Total Net Assets/(Liabilities)</u>	134,006	184,516	



Signed

.....

Name

Peter
Middleton

Chair of Trustees on behalf of the Trustees

09 Feb 2024

Approved by the Trustees on

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THUMHARA CENTRE C.I.O.

The Funds of the Charity

		<u>31/03/2022</u>	<u>31/03/2023</u>	
		£	£	
Note 1	Restricted Income funds			
	Santander a/c No1	27,871	48,296	
	Santander a/c No2	53,796	71,730	
	Santander a/c No3	25,438	9,210	
	Unrestricted Funds	-	-	
	Endowment Funds	-	-	
	Revaluation Reserve	-	-	
	Pension Reserve	-	-	
	Total Restricted Funds	107,105	129,236	
	Total Unrestricted Funds	-	-	
	Total Charity Funds	107,105	129,236	
Note 2	Liabilities: amounts within 1 year			
	PAYE/NIC	900	580	
	Trade Creditors	25,927	29,492	
		26,827	30,072	
Note 3	Tangible Fixed Assets	Motor Vehicles	Computer Equipment	Total
	Cost	44,300	3,520	47,820
	Additions	3,700	3,386	7,086
	As at 31 March 2022	48,000	6,906	54,906
	Depreciation	18,780	1,259	20,039
	Charge for year	9,600	1,381	10,981
	As at 31 March 2022	28,380	2,640	31,020
	Net Book Value			
	As at 1 April 2022	25,520	2,261	27,781
	As at 31 March 2023	19,620	4,266	23,886

THUMHARA CENTRE C.I.O.

Receipts and Payments Accountfor the year ending 31st March 2023

	<u>31/03/2022</u>	<u>31/03/2023</u>
	<u>£</u>	<u>£</u>
<u>Receipts</u>		
Restricted Fund	545,654	695,815
Unrestricted Fund	-	-
<u>Total Receipts</u>	<u>545,654</u>	<u>695,815</u>
 <u>Payments</u>		
Accountancy	2,148	2,194
Advertising	600	778
Telephone	-	616
Catering & Food	-	-
Rates	4,476	6,242
Donations	780	-
Insurance	2,590	6,266
Other Services	5,798	11,160
Postage & Stationary	-	-
Professional Fees	224	6,431
Room Hire & Facilities	190,608	212,459
Software Support	2,221	1,092
Subcontractors	12,478	23,664
Subscriptions	5,543	11,255
Sundry Expenses	-	-
Bank Loan Interest	942	1,082
Travel and Transport	7,265	4,375
Wages & National Insurance	309,059	346,710
Depreciation	9,564	10,981
<u>Total Payments</u>	<u>554,296</u>	<u>645,305</u>
 <u>Net excess of Receipts over Payments</u>	<u>(8,642)</u>	<u>50,510</u>

THUMHARA CENTRE C.I.O.

Notes to the Accounts

1. Accounting Policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows: -

- **Basis of preparation**
The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015.) Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.
- **Income Recognition Policy**
Items of income are recognised and included in the accounts when all of the following criteria are met; -
 - The charity has entitlement to the funds
 - Any performance conditions attached to the item of income have been met or are fully within the control of the charity
 - There is sufficient certainty that receipt of the income is considered probable, and
 - The amount can be measured reliably and has been received by the charity.
- **Fund Accounting**
Unrestricted funds are available to spend on activities that further any of the purposes of the charity.
Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.
- **Expenditure and irrecoverable VAT**
Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party and payment has been made.
- **Cash at bank and in hand**
Cash at bank and in hand includes actual cash held and amounts on deposit accounts held at the charity's bank.

2. Legal Status of the Charity

The charity is a Charitable Incorporated Organisation (C.I.O). In the event of the charity being wound up, the members of the C.I.O. have no liability to contribute to its assets and no personal responsibilities for its debts and liabilities.

3. Tangible Fixed Assets

Individual fixed assets costing £1000 or more are capitalised at cost and are depreciated over their estimated useful economic life on a straight-line basis as follows: -

Motor Vehicles	20%p.a.
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THUMHARA CENTRE C.I.O.

Independent Examiner's Report

To the Trustees of Thumhara Centre C.I.O. on the accounts for the year-ended 31/03/2023 set out in pages 1-10.

Respective Responsibilities of trustees and examiners

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under S.144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to; -

- Examine the accounts under S.145 of the charities Act
- To follow the procedure laid down in the general Directions given by the Charity Commission (under S.145 (5)(b) of the Charities Act, and
- To state whether particular matters have come to my attention.

Basis of Independent Examiner's Statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts provide a "true and fair" view and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect; -

- Accounting records were not kept in accordance with S.130 of the Charities Act or
- The accounts do not accord with the accounting records.

I have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed 

Date 09/02/2024

P W O'Hehir FCCA
G D O'Hehir & Co Ltd
SM Business Centre
Spennymoor
DL16 6EL



Issuer G. D. O'Hehir & Co Ltd

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Fri, 9th Feb 2024 8:00:33 UTC	Mr Peter Middleton - Signer (c3af7a394dead1f0be7005c271f20983)

Audit history log

Date	Action
Fri, 9th Feb 2024 20:37:11 UTC	Mr Peter Middleton viewed the envelope (217.44.21.49)
Fri, 9th Feb 2024 8:00:34 UTC	Mr Peter Middleton viewed the envelope (217.44.21.49)
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Fri, 9th Feb 2024 7:42:25 UTC	Mr Peter Middleton viewed the envelope (217.44.21.49)
Fri, 2nd Feb 2024 11:50:03 UTC	Document emailed to party email (35.177.108.250)
Fri, 2nd Feb 2024 11:50:02 UTC	Sent Mr Peter Middleton a reminder to sign the document. ()
Fri, 26th Jan 2024 11:49:08 UTC	Document emailed to party email (13.40.81.12)
Fri, 26th Jan 2024 11:49:03 UTC	Sent Mr Peter Middleton a reminder to sign the document. ()
Fri, 19th Jan 2024 11:48:22 UTC	Sent Mr Peter Middleton a reminder to sign the document. (18.133.63.166)
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Thu, 11th Jan 2024 16:59:04 UTC	Document emailed to party email (3.8.139.177)
Thu, 11th Jan 2024 16:59:03 UTC	Sent Mr Peter Middleton a reminder to sign the document. ()
Thu, 4th Jan 2024 16:58:08 UTC	Document emailed to party email (18.134.164.107)
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Thu, 28th Dec 2023 16:57:05 UTC	Document emailed to party email (18.170.64.216)
Thu, 28th Dec 2023 16:57:04 UTC	Sent Mr Peter Middleton a reminder to sign the document. ()
Thu, 21st Dec 2023 16:56:32 UTC	Document emailed to party email (3.9.178.223)
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Thu, 21st Dec 2023 16:56:23 UTC	Envelope has been set to automatically remind the active signer every 7 day(s). (18.171.143.16)

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