

THUMHARA CENTRE C.I.O.

REPORT & FINANCIAL STATEMENTS

YEAR ENDED 31ST MARCH 2022

REG. CHARITY NO. 1173013

G D O'HEHIR & CO LTD
CHARTERED CERTIFIED ACCOUNTANTS
SUITE 2, SM BUSINESS CENTRE
BARNFIELD ROAD
SPENNYMOOR
COUNTY DURHAM
DL16 6EA

THUMHARA CENTRE C.I.O.

YEAR ENDED 31ST March 2022

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THUMHARA CENTRE C.I.O

Key Management Personnel and Trustees

Chief Executive: - Shagufta Akhtar

Trustees: - Peter Middleton

Inaan Ul Haq Basit

Shabana Gahlib

Address: - The Robert Atkinson Centre
Thorntree Road
Thornaby
TS17 8AP

THUMHARA CENTRE C.I.O

Report of the Trustees for the year-ending 31st March 2022

The trustees are pleased to present their annual report together with the financial statements of the charity for the year ending 31st March 2022.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association and Accounting and Reporting by Charities' Statement of Recommended Practice applicable to preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (effective 1st January 2015)

Structure Governance and Management

Thumhara Centre is a charitable incorporated organisation (C.I.O.) governed by its constitution dated 9th May 2017. It is registered with the Charity Commission.

The C.I.O. shall have a Board of Trustees comprising at least three persons. New trustees may be recruited to the Board at any time by the Trustees. The Trustees may from time to time elect such officers as they see fit.

The only voting members are the Trustees. Decisions at any meetings shall be decided by a majority of votes; each Trustee having one vote on any matter to be decided. In the case of an equality of votes, the chair of the meeting shall have a second or casting vote.

None of the trustees receive remuneration or other benefit from their work with the charity. A Trustee must declare the nature and extent of any interest which he or she has in a proposed transaction or arrangement entered into by the C.I.O. which has not previously been declared.

The Trustees have implemented a robust system which has all the policies and procedures up to date and regularly reviewed and dated covering; -

- Safeguarding
- Risk Assessments
- Health & Safety
- Whistle Blowing
- General Data Protection Regulation
- HR Policies
- Quality Care Systems

The Trustees have implemented a grant making policy which consists of three criteria: -

- Grant Making Principles
- Grant Making Criteria
- Grant Making Process

The C.I.O. has the relevant qualified volunteers to carry out all the relevant charity activities.

The C.I.O. has the relevant bi-lingual staff in place to carry out the charity's activities. All staff are DBS checked and clearance is granted before they come into contact with vulnerable adults.

Our Purposes and Activities

The objects of the C.I.O. are -

- The relief of sickness and the preservation of health among people residing permanently or temporarily in Tees Valley.
- To advance the education of the public in all areas relating to mental health.

During the year the C.I.O carried out the following activities in relation to its objects; -

- Implemented education to promote well-being
- Endorsed safeguarding for vulnerable adults
- Identified people from the BMEA community who did not engage with the wider community
- Sought to prevent isolation and loneliness
- Held culturally sensitive group sessions to reduce isolation
- Organised cultural events to promote equality and diversity
- Worked alongside local authority and other organisations to implement its goals.

Achievements and Performance

During the year a series of events were held to raise awareness about the services offered by the Centre. These included -

- Cooking with Little Sprouts
- Knitting blankets
- Organised walks for men near the River Tees Barrage
- Weekend trips to nearby cities to counteract isolation issues
- Memorial prayer/readings
- Pre-wedding social gathering to benefit the community
- Social gathering to celebrate the end of Ramadam
- Fundraising events towards the purchase of a minibus

All were well attended and successful.

Financial Review

The Trustees are responsible for preparing a Trustees' Annual Report and Financial Statements in accordance with applicable law and United Kingdom Accounting Standards.

The Trustees are required to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing the financial statements the Trustees are required to; -

- Select suitable accounting policies and apply them consistently
- Observe the methods and principles in the Charities SORP.
- Make judgements and estimates that are reasonable and prudent.
- State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- Prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping proper accounting records that disclose, with reasonable accuracy at any time, the financial position of the charity. They are responsible for safeguarding the assets of the charity and taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included in the charity's website.

By order of the Board of Trustees



.....
Peter Middleton

Chair

23/12/2022

Date

THUMHARA CENTRE C.I.O

Statement of financial ActivitiesFor the year ending 31st March 2022

| | | | | 31/03/2022 | 31/03/2021 |
|--|-----------------------|---------------------|--------------------|----------------|----------------|
| | Unrestricted Funds | Restricted Funds | Endowment Funds | Total Funds | Total Funds |
| | £ | £ | £ | £ | £ |
| <u>Income and Endowments from: -</u> | | | | | |
| Donations | - | - | - | - | - |
| Charitable Activities | - | 545,654 | - | 545,654 | 423,172 |
| Other Trading Activities | - | - | - | - | - |
| Investments | - | - | - | - | - |
| Other | - | 4,732 | - | 4,732 | 6,755 |
| <u>Total</u> | - | 550,386 | - | 550,386 | 429,927 |
| <u>Expenditure on:</u> | | | | | |
| Raising Funds | - | - | - | - | - |
| Charitable Activities | - | 559,028 | - | 559,028 | 366,614 |
| Other | - | - | - | - | - |
| <u>Total</u> | - | 559,028 | - | 559,028 | 366,614 |
| Net Income/(Expenditure) | - | (8,642) | - | (8,642) | 63,313 |
| Transfer between Funds | - | - | - | - | - |
| Other recognised gains/(losses) | - | - | - | - | - |
| Gains/(losses) on revaluation of fixed assets | - | - | - | - | - |
| Gains/(losses) on defined benefit pension schemes | - | - | - | - | - |
| <u>Net Movement of Funds</u> | - | (8,642) | - | (8,642) | 63,313 |
| <u>Reconciliation of Funds</u> | | | | | |
| Total Funds b/f | - | 142,648 | - | 142,648 | 79,335 |
| Total Funds c/f | - | 134,006 | - | 134,006 | 142,648 |

The Statement of Financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

THUMHARA CENTRE C.I.O.

Balance Sheet as at 31st March 2022

| | <u>31/03/2021</u> | <u>31/03/2022</u> | |
|--|-------------------|-------------------|--------|
| | <u>£</u> | <u>£</u> | |
| <u>Fixed Assets</u> | | | |
| Intangible Assets | - | - | |
| Tangible Assets | 36,602 | 27,781 | |
| Heritage Assets | - | - | |
| Investments | - | - | |
| Total Fixed Assets | 36,602 | 27,781 | |
| <u>Current Assets</u> | | | |
| Stocks | - | - | |
| Debtors | 67,109 | 75,009 | |
| Investments | - | - | |
| Cash at hand & in bank | 111,852 | 107,105 | note 1 |
| Total Current Assets | 178,961 | 182,114 | |
| Liabilities: amounts within 1year | 22,915 | 26,827 | note 2 |
| <u>Net Current Assets/(Liabilities)</u> | 156,046 | 155,287 | |
| Creditors: Amounts falling due after more than 1 year | 50,000 | 49,062 | |
| Provisions for Liabilities | - | - | |
| <u>Net Assets/(Liabilities) excluding pension asset liability</u> | 142,648 | 134,006 | |
| Defined benefit pension | - | - | |
| <u>Total Net Assets/(Liabilities)</u> | 142,648 | 134,006 | |



Signed

.....

Name

Peter
Middleton

Chair of Trustees on behalf of the Trustees

23/12/2022

Approved by the Trustees on

.....

THUMHARA CENTRE C.I.O.

The Funds of the Charity

| | | <u>31/03/2021</u> | <u>31/03/2022</u> | |
|---------------|------------------------------------|-------------------|--------------------|---------------|
| | | £ | £ | |
| Note 1 | Restricted Income funds | | | |
| | Santander a/c No1 | 32,216 | 27,871 | |
| | Santander a/c No2 | 63,311 | 53,796 | |
| | Santander a/c No3 | 16,325 | 25,438 | |
| | Unrestricted Funds | - | - | |
| | Endowment Funds | - | - | |
| | Revaluation Reserve | - | - | |
| | Pension Reserve | - | - | |
| | Total Restricted Funds | 111,852 | 107,105 | |
| | Total Unrestricted Funds | - | - | |
| | Total Charity Funds | 111,852 | 107,105 | |
| Note 2 | Liabilities: amounts within 1 year | | | |
| | PAYE/NIC | -326 | 900 | |
| | Trade Creditors | 23,241 | 25,927 | |
| | | <u>22,915</u> | <u>26,827</u> | |
| Note 3 | Tangible Fixed Assets | Motor Vehicles | Computer Equipment | Total |
| | Cost | 44,300 | 2,777 | 47,077 |
| | Additions | - | 743 | 743 |
| | As at 31 March 2022 | <u>44,300</u> | <u>3,520</u> | <u>47,820</u> |
| | Depreciation | 9,920 | 555 | 10,475 |
| | Charge for year | 8,860 | 704 | 9,564 |
| | As at 31 March 2022 | <u>18,780</u> | <u>1,259</u> | <u>20,039</u> |
| | Net Book Value | | | |
| | As at 1 April 2021 | <u>34,380</u> | <u>2,222</u> | <u>36,602</u> |
| | As at 31 March 2022 | <u>25,520</u> | <u>2,261</u> | <u>27,781</u> |

THUMHARA CENTRE C.I.O.

Receipts and Payments Accountfor the year ending 31st March 2022

| | <u>31/03/2021</u> | <u>31/03/2022</u> |
|--|-----------------------|-----------------------|
| | <u>£</u> | <u>£</u> |
| <u>Receipts</u> | | |
| Restricted Fund | 423,172 | 545,654 |
| Unrestricted Fund | - | - |
| <u>Total Receipts</u> | <u>423,172</u> | <u>545,654</u> |
| <u>Payments</u> | | |
| Accountancy | 1,380 | 2,148 |
| Advertising | 428 | 600 |
| Bank Charges | -73 | - |
| Catering & Food | - | - |
| Rates | - | 4,476 |
| Donations | - | 780 |
| Insurance | 1,481 | 2,590 |
| Other Services | 1,239 | 5,798 |
| Postage & Stationary | 110 | - |
| Professional Fees | 8,112 | 224 |
| Room Hire & Facilities | 117,773 | 190,608 |
| Software Support | 1,954 | 2,221 |
| Subcontractors | 12,849 | 12,478 |
| Subscriptions | 8,282 | 5,543 |
| Sundry Expenses | 200 | - |
| Bank Loan Interest | - | 942 |
| Travel and Transport | - | 7,265 |
| Wages & National Insurance | 196,709 | 309,059 |
| Depreciation | 9,415 | 9,564 |
| <u>Total Payments</u> | <u>359,859</u> | <u>554,296</u> |
| <u>Net excess of Receipts over Payments</u> | <u>63,313</u> | <u>(8,642)</u> |

THUMHARA CENTRE C.I.O.

Notes to the Accounts

1. Accounting Policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows: -

- **Basis of preparation**
The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015.) Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.
- **Income Recognition Policy**
Items of income are recognised and included in the accounts when all of the following criteria are met; -
 - The charity has entitlement to the funds
 - Any performance conditions attached to the item of income have been met or are fully within the control of the charity
 - There is sufficient certainty that receipt of the income is considered probable, and
 - The amount can be measured reliably and has been received by the charity.
- **Fund Accounting**
Unrestricted funds are available to spend on activities that further any of the purposes of the charity.
Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.
- **Expenditure and irrecoverable VAT**
Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party and payment has been made.
- **Cash at bank and in hand**
Cash at bank and in hand includes actual cash held and amounts on deposit accounts held at the charity's bank.

2. Legal Status of the Charity

The charity is a Charitable Incorporated Organisation (C.I.O). In the event of the charity being wound up, the members of the C.I.O. have no liability to contribute to its assets and no personal responsibilities for its debts and liabilities.

3. Tangible Fixed Assets

Individual fixed assets costing £1000 or more are capitalised at cost and are depreciated over their estimated useful economic life on a straight-line basis as follows: -

| | |
|----------------|---------|
| Motor Vehicles | 20%p.a. |
|----------------|---------|

THUMHARA CENTRE C.I.O.

Independent Examiner's Report

To the Trustees of Thumhara Centre C.I.O. on the accounts for the year-ended 31/03/2022 set out in pages 1-10.

Respective Responsibilities of trustees and examiners

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under S.144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to; -

- Examine the accounts under S.145 of the charities Act
- To follow the procedure laid down in the general Directions given by the Charity Commission (under S.145 (5)(b) of the Charities Act, and
- To state whether particular matters have come to my attention.

Basis of Independent Examiner's Statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts provide a "true and fair" view and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect; -

- Accounting records were not kept in accordance with S.130 of the Charities Act or
- The accounts do not accord with the accounting records.

I have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



23/12/2022

Signed

Date

P W O'Hehir FCCA
G D O'Hehir & Co Ltd
SM Business Centre
Spennymoor
DL16 6EL



Issuer G. D. O'Hehir & Co Ltd

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| Sun, 25th Dec 2022 21:24:06 UTC | Mr Peter Middleton - Signer (7030c72d7552fe86ff34211f7f3e1062) |

Audit history log

| Date | Action |
|---------------------------------|--|
| Sun, 25th Dec 2022 21:25:27 UTC | Mr Peter Middleton viewed the envelope. (109.151.97.255) |
| Sun, 25th Dec 2022 21:24:54 UTC | Mr Peter Middleton viewed the envelope. (109.151.97.255) |
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| Sun, 25th Dec 2022 21:24:08 UTC | Mr Peter Middleton viewed the envelope. (109.151.97.255) |
| Sun, 25th Dec 2022 21:24:06 UTC | The envelope has been signed by all parties. (109.151.97.255) |
| Sun, 25th Dec 2022 21:24:06 UTC | Mr Peter Middleton signed the envelope. (109.151.97.255) |
| Sun, 25th Dec 2022 21:14:10 UTC | Mr Peter Middleton viewed the envelope. (109.151.97.255) |
| Sun, 25th Dec 2022 21:12:27 UTC | Mr Peter Middleton viewed the envelope. (109.151.97.255) |
| Sun, 25th Dec 2022 21:09:43 UTC | Mr Peter Middleton viewed the envelope. (109.151.97.255) |
| Sun, 25th Dec 2022 21:05:29 UTC | Mr Peter Middleton viewed the envelope. (109.151.97.255) |
| Fri, 23rd Dec 2022 12:11:07 UTC | Document emailed to party email (18.132.42.237) |
| Fri, 23rd Dec 2022 12:10:57 UTC | Sent the envelope to Mr Peter Middleton for signing. (3.10.225.165) |
| Fri, 23rd Dec 2022 12:10:57 UTC | Envelope has been set to automatically remind the active signer every 7 day(s). (3.10.225.165) |
| Fri, 23rd Dec 2022 12:10:57 UTC | Mr Peter Middleton has been assigned to this envelope. (3.10.225.165) |
| Fri, 23rd Dec 2022 12:10:57 UTC | Envelope generated. (3.10.225.165) |
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| Fri, 23rd Dec 2022 12:10:57 UTC | Document generated with fingerprint cc9f58bc12a7c4ecb88e5a06cc2b89f9. (3.10.225.165) |
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