



Trustees' Sixth Annual Report & Accounts

for the period 6th April 2022 to 5th April 2023

Charity name: MANCHECK

A Charitable Incorporated Organisation (CIO), date of incorporation 8th May 2017

Charity registration number: 1172911

Objectives and Activities

To promote and protect good health by raising awareness of prostate cancer symptoms, screening, diagnosis, treatment and cure through the provision of online information and screening events.

Summary of the main activities during the period

- a) The Mancheck.org website informing men of symptom awareness and screening.
- b) Ongoing collaboration with other small charities that specialise in live PSA screening events.
[see note below]

Covid 19

During January 2019 The Trustees became aware of a flu pandemic, possibly originating in China. All plans to participate in activities involving person-to-person contact were cancelled thereafter. However, the Mancheck.org website continues to inform men of prostate cancer risks and options available to them. During 2023 to 2024 Mancheck is looking to re-engage with charities that hold PSA screening events.

Public Benefit

The Trustees are confident that the work undertaken by Mancheck CIO during the period was for the public benefit and in accordance with CHARITIES SORP (FRS102). No grants or social investment were made.

Performance

Increased awareness of prostate cancer issues to men and the wider community in England & Wales, through the Mancheck.org website.

Financial Review

The Trustees have approved the accounts and are confident that the charity will have sufficient funds to proceed with carrying out its aims in **year seven 2023-2024**.

Sufficient minimum reserves are held to meet all future liabilities.

Funds held at bank on 5th April 2023: £5,430 (5th April 2022 £5,524)

Bankers: NatWest, Clitheroe, Lancashire BB7 2DN

Funds held as custodian trustees on behalf of others: None held.

Structure, Governance and Management

The MANCHECK governing document is based on the Charity Commission 'Foundation' model constitution in accordance with The Charities Act 2011;

The Charitable Incorporated Organisations (General) Regulations 2012;

The Charitable Incorporated Organisations (Insolvency and Dissolution) Regulations 2012.

Trustees recruitment, selection and subsequent induction is carried out in accordance with the recommendations set out in the Charity Commission guide CC30 (updated 3rd May 2018). There are no constitutional provisions allowing election to post; no trustees are appointed by external bodies.

The charity had no paid employees during the period. The Trustees do not receive remuneration.

Reference & Administrative details

Charity name: MANCHECK
Registration number: 1172911
Principal address: 7 The Martins, London, SE26 6HL

Trustees who manage the charity:

Stephen Buckle, Jonathan Salmon

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of all the charity's Trustees



Mr. Stephen E. Buckle

Position: Trustee & CEO, 24th January 2024

MANCHECK C.I.O.

Charity No.1172911 Date of Incorporation 8th May 2017

Annual accounts for the period 6th April 2022 to 5th April 2023

Statement of Financial Activities

	Unrestricted funds	Restricted income funds	TOTAL funds	Prior Year to 5.4.2022
<u>Income</u>				
Donations, & cash	0	0	0	1012
Fundraising events	0	0	0	0
<i>Total</i>	0	0	0	0
 All Resources Expended				
Charitable activities [website]	94		94	93
Fundraising	0		0	0
Operating	0		0	19
<i>Total</i>	94		94	112
 Net Income	[94]		[94]	900
 <i>Net movement in funds</i>	[94]		[94]	900

Reconciliation of Funds

Total funds at bank brought forward from previous year	5,524
Total funds carried forward, at bank on 5.4.2023	5,430

Balance Sheet

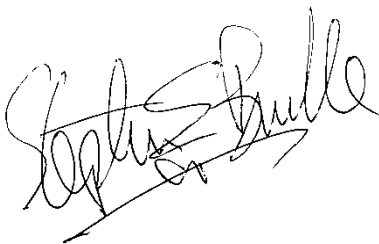
	Unrestricted funds	Restricted income funds	TOTAL funds	Prior Year to 5.4.2022
FIXED ASSETS				
<i>Total tangible fixed assets</i>	0		0	0
CURRENT ASSETS				
Stocks, fundraising sale items	0		0	0
Cash at bank and in hand	5,430		5,430	5,524
<i>Total current assets</i>	5,430		5,430	5,524
Creditors: falling due within 1 year	0		0	0
<i>Net current assets</i>	5,430		5,430	5,524
<i>TOTAL assets less current liabilities</i>	5,430			5,524
Creditors: falling due after one year	0		0	0
Provision for liabilities	0		0	0
TOTAL NET ASSETS	55,430		5,430	5,524
<u>FUNDS & ASSETS of the Charity</u>				
Restricted funds	0	0	0	0
Unrestricted funds, at bank	5,430		5,430	5,524
Revaluation reserve, all assets	0		0	0
TOTAL FUNDS	5,430	0	5,430	5,524

Notes to the accounts

Basis of accounting:

- These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.
- The charity constitutes a public benefit entity as defined by FRS 102.

Signed on behalf of the charity's Trustees

A handwritten signature in black ink, appearing to read 'Stephen E. Buckle', with a stylized flourish at the end.

Mr. Stephen E. Buckle

Position: Trustee & CEO

Date of Approval 24th January 2024