



Trustees' Fifth Annual Report & Accounts

for the period 6th April 2021 to 5th April 2022

Charity name: MANCHECK

A Charitable Incorporated Organisation (CIO), date of incorporation 8th May 2017

Charity registration number: 1172911

Objectives and Activities

To promote and protect good health by raising awareness of prostate cancer and associated urological disorders through the provision of online information and events designed to assist with symptom awareness, screening, treatment and cure.

Summary of the main activities during the period

- a) The Mancheck.org website informing men of symptom awareness and screening.
- b) [see note below]
Ongoing collaboration with other small charities that specialise in live PSA screening events.

Covid 19

During January 2019 The Trustees became aware of evidence of a serious flu virus, possibly originating in China. All plans to participate in activities involving person-to-person contact were cancelled thereafter. However, the Mancheck.org website continues to inform men of prostate cancer risks and options available to them.

Public Benefit

The Trustees are confident that the work undertaken by Mancheck CIO during the period was for the public benefit and in accordance with CHARITIES SORP (FRS102). No grants or social investment were through made.

Performance

Increased awareness of prostate cancer issues to men and the wider community in England & Wales, through the Mancheck.org website.

Financial Review

The Trustees have approved the accounts and are confident that the charity will have sufficient funds to proceed with carrying out its aims in **year six 2022-2023**.

Sufficient minimum reserves are held to meet all future liabilities.

Funds held at bank on 5th April 2022: £5,524 (5th April 2021 £4,624)

Bankers: NatWest, Clitheroe, Lancashire BB7 2DN

Funds held as custodian trustees on behalf of others: None held.

Structure, Governance and Management

The MANCHECK governing document is based on the Charity Commission 'Foundation' model constitution in accordance with The Charities Act 2011;

The Charitable Incorporated Organisations (General) Regulations 2012;

The Charitable Incorporated Organisations (Insolvency and Dissolution) Regulations 2012.

Trustees recruitment, selection and subsequent induction is carried out in accordance with the recommendations set out in the Charity Commission guide CC30 (updated 3rd May 2018). There are no constitutional provisions allowing election to post; no trustees are appointed by external bodies.

The charity had no paid employees during the period. The Trustees do not receive remuneration.

Reference & Administrative details

Charity name: MANCHECK
Registration number: 1172911
Principal address: 7 The Martins, London, SE26 6HL

Trustees who manage the charity:

Stephen Buckle, Jonathan Salmon

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of all the charity's Trustees



Mr. Stephen E. Buckle

Position: Trustee & CEO, 3rd January 2023

MANCHECK C.I.O.

Charity No.1172911 Date of Incorporation 8th May 2017

Annual accounts for the period 6th April 2021 to 5th April 2022

Statement of Financial Activities

	Unrestricted funds	Restricted income funds	TOTAL funds	Prior Year to 2021
<u>Income</u>				
Donations, & cash	1012	0	1012	0
Fundraising events	0	0	0	0
<i>Total</i>	0	0	0	0
 All Resources Expended				
Charitable activities [website]	93		93	74
Fundraising	0		0	0
Operating	19		19	118
<i>Total</i>	112		112	192
 Net Income	900		900	[192]
 <i>Net movement in funds</i>	900		900	[192]
 <i>Reconciliation of Funds</i>				
Total funds at bank brought forward from previous year			4,624	
Total funds carried forward, at bank 5.4.2022			5,524	

Balance Sheet

	Unrestricted funds	Restricted income funds	TOTAL funds	Prior Year to 2021
FIXED ASSETS				
<i>Total tangible fixed assets</i>	0		0	0
CURRENT ASSETS				
Stocks, fundraising sale items	0		0	0
Cash at bank and in hand	5,524		5,524	4,624
<i>Total current assets</i>	5,524		5,524	4,624
Creditors: falling due within 1 year	0		0	0
<i>Net current assets</i>	5,524		5,524	4,624
<i>TOTAL assets less current liabilities</i>	5,524			4,624
Creditors: falling due after one year	0		0	0
Provision for liabilities	0		0	0
TOTAL NET ASSETS	5,524		5,524	4,624
<u>FUNDS & ASSETS of the Charity</u>				
Restricted funds	0	0	0	0
Unrestricted funds, at bank	5,524		5,524	4,624
Revaluation reserve, all assets	0		0	0
TOTAL FUNDS	5,524	0	5,524	4,624

Notes to the accounts

Tangible Assets (Non Cash):

- Trustee donation of £1,000 for disposal of redundant tangible & fundraising assets and other extraordinary items [book value £100]: received at bank in this accounting period 2021 to 2022. Disposal and value written down to zero in previous year accounts.

Basis of accounting:

- These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.
- The charity constitutes a public benefit entity as defined by FRS 102.

Signed on behalf of the charity's Trustees

A handwritten signature in blue ink, appearing to read 'Stephen E. Buckle', with a stylized flourish at the end.

Mr. Stephen E. Buckle

Position: Trustee & CEO

Date of Approval 3rd January 2023