



Trustees' Fourth Annual Report & Accounts

for the period 6th April 2020 to 5th April 2021

Charity name: MANCHECK

A Charitable Incorporated Organisation (CIO), date of incorporation 8th May 2017

Charity registration number: 1172911

Objectives and Activities

To promote and protect good health by raising awareness of prostate cancer and associated urological disorders through the provision of information, events and lectures designed to assist with symptom awareness, screening, treatment and cure.

Summary of the main activities during the period

- a) The Mancheck.org website informing men of symptom awareness and screening.
- b) [see note below]
Ongoing collaboration with other small charities that specialise in live PSA screening events.

Covid 19

During January 2019 The Trustees became aware of evidence of a serious flu virus, possibly originating in China. All plans to participate in activities involving person-to-person contact were cancelled thereafter. However, the website still continues to inform men of prostate cancer risks and options available to them.

Public Benefit

The Trustees are confident that the work undertaken by Mancheck CIO during the period was for the public benefit and in accordance with CHARITIES SORP (FRS102). No grants or social investment were through made.

Performance

Increased awareness of prostate cancer issues to men and the wider community in England & Wales, through the Mancheck.org website that has an increasing visitor count.

Financial Review

The Trustees have approved the accounts and are confident that the charity will have sufficient funds to proceed with carrying out its aims in year four. Sufficient minimum reserves are held to meet all future liabilities. Additional year-on-year reserves held are based on a maximum of the latest accounting period's unrestricted funds raised for charitable work.

Funds held at bank on 5th April 2021: £4,624.49

Bankers: NatWest, Clitheroe, Lancashire BB7 2DN

Funds held as custodian trustees on behalf of others: None held.

Structure, Governance and Management

The MANCHECK governing document is based on the Charity Commission 'Foundation' model constitution in accordance with The Charities Act 2011;

The Charitable Incorporated Organisations (General) Regulations 2012;

The Charitable Incorporated Organisations (Insolvency and Dissolution) Regulations 2012.

Trustees recruitment, selection and subsequent induction is carried out in accordance with the recommendations set out in the Charity Commission guide CC30 (updated 3rd May 2018). There are no constitutional provisions allowing election to post; no trustees are appointed by external bodies.

The charity had no paid employees during the period. The Trustees do not receive remuneration.

Reference & Administrative details

Charity name: MANCHECK
Registration number: 1172911
Principal address: 7 The Martins, London, SE26 6HL

Trustees who manage the charity:

Stephen Buckle, Jonathan Salmon

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of all the charity's Trustees



Mr. Stephen E. Buckle

Position: Trustee & CEO, 31st January 2021

MANCHECK C.I.O.

Charity No.1172911 Date of Incorporation 8th May 2017

Annual accounts for the period 6th April 2020 to 5th April 2021

Statement of Financial Activities

	Unrestricted funds	Restricted income funds	TOTAL funds	Prior Year 2020
<u>Income</u>				
Donations, cash	0	0	0	0
Fundraising events	0	0	0	2,235
Total	0	0	0	2,235
 All Resources Expended				
Charitable activities [website]	74		74	100
Fundraising	0		0	0
Operating	118		118	592
Total	192		192	692
 Net Income	[192]		[192]	1,543
 Net movement in funds	[192]		[192]	1,543

Reconciliation of Funds

Total funds at bank brought forward from previous year	4,816
Total funds carried forward, at bank 5.4.2021	4,624

Balance Sheet

	Unrestricted funds	Restricted income funds	TOTAL funds	Prior Year 2019
FIXED ASSETS				
<i>Total tangible fixed assets</i>	0		0	50
CURRENT ASSETS				
Stocks, fundraising sale items	0		0	50
Cash at bank and in hand	4,624		4,624	4,816
<i>Total current assets</i>	4,674		4,624	4,866
Creditors: falling due within 1 year	0		0	0
<i>Net current assets</i>	4,624		4,624	4,866
<i>TOTAL assets less current liabilities</i>	4,624			4,916
Creditors: falling due after one year	0		0	0
Provision for liabilities	0		0	0
TOTAL NET ASSETS	4,624		4,624	4,916
<u>FUNDS & ASSETS of the Charity</u>				
Restricted funds	0	0	0	0
Unrestricted funds, at bank	4,624		4,624	4,816
Revaluation reserve, all assets	0		0	100
TOTAL FUNDS	4,624	0	4,624	4,916

Notes to the accounts

- Trustee donation of £1,000 for disposal of remaining tangible & fundraising assets [book value £100] and other extraordinary items: received at bank in accounting period 2021 to 2022.

Basis of accounting:

- These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.
- The charity constitutes a public benefit entity as defined by FRS 102.

Signed on behalf of all the charity's Trustees

A handwritten signature in black ink, appearing to read 'Stephen E. Buckle', with a stylized flourish at the end.

Mr. Stephen E. Buckle

Position: Trustee & CEO

Date of Approval 31st January 2022