

# MANCHECK

England & Wales · Charity number 1172911

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2017-05-08

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 7 The Martins  
London  
England  
SE26 6HL

**Phone** 07930417916

**Website** [www.mancheck.org](http://www.mancheck.org)

## Activities

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**Objects:** TO PROMOTE AND PROTECT GOOD HEALTH BY RAISING AWARENESS OF PROSTATE CANCER AND ASSOCIATED UROLOGICAL DISORDERS THROUGH THE PROVISION OF INFORMATION, EVENTS AND LECTURES DESIGNED TO ASSIST WITH SYMPTOM AWARENESS, SCREENING, TREATMENT AND CURE.

**Activities:** Mancheck raises awareness in men and the wider community of prostate cancer and associated urological disorders through the provision of information, events and lectures. Mancheck assists men and GP doctors with symptom awareness, screening and treatment risk-benefit choices, screening, and the cure outcomes that are possible.

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Other Defined Groups

## Geography

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- Throughout England And Wales

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-05		£0	£0	-
2024-04-05		£0	£204	-
2023-04-05		£0	£94	-
2022-04-05	£1,012		£112	-
2021-04-05	£0		£192	-

## Trustees

Name	Role	Appointed
STEPHEN BUCKLE	Chair	2017-02-01
JONATHAN SALMON		2017-01-27

**MANCHECK**

England & Wales - Charity number 1172911

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# Accounts

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## **Trustees' Eighth Annual Report & Accounts** for the period 6<sup>th</sup> April 2024 to 5<sup>th</sup> April 2025

### **Charity name: MANCHECK**

A Charitable Incorporated Organisation (CIO), date of incorporation 8th May 2017

**Charity registration number: 1172911**

### **Objectives and Activities**

To promote and protect good health by raising awareness of prostate cancer symptoms, screening, diagnosis, treatment and cure through the provision of online information and screening events.

### **Summary of the main activities during the period**

The **Mancheck.org** website informs men of symptom awareness and screening.

### **Public Benefit**

The Trustees are confident that the work undertaken by Mancheck CIO during the period was for the public benefit and in accordance with CHARITIES SORP (FRS102).

No grants or social investment were made.

### **Performance**

Increased awareness of prostate cancer issues to men and the wider community in England & Wales, through the **Mancheck.org** website.



### **Financial Review**

The Trustees have approved the accounts and are confident that the charity will have sufficient funds to proceed with carrying out its aims in **year nine 2025 to 2026 and year ten 2026-2027**. Sufficient minimum reserves are held to meet all future liabilities.

**Funds held at bank on 5th April 2025: £5,226** (5th April 2024 £5,226)

**Bankers: NatWest, Clitheroe, Lancashire BB7 2DN**

**Funds held as custodian trustees on behalf of others:** None held.

**Structure, Governance and Management** The MANCHECK governing document is based on the Charity Commission 'Foundation' model constitution in accordance with The Charities Act 2011; The Charitable Incorporated Organisations (General) Regulations 2012; The Charitable Incorporated Organisations (Insolvency and Dissolution) Regulations 2012.

Trustees' recruitment, selection and subsequent induction is carried out in accordance with the recommendations set out in the Charity Commission guide CC30 (updated 3rd May 2018). There are no constitutional provisions allowing election to post; no trustees are appointed by external bodies. The charity had no paid employees during the period. The Trustees do not receive remuneration and received no expenses during this period.

### **Reference & Administrative details**

Charity name: MANCHECK  
Registration number: 1172911  
Principal address: 7 The Martins, London, SE26 6HL

**Trustees who manage the charity:** Stephen Buckle, Jonathan Salmon

**Declarations:** The Trustees declare that they have approved the trustees' report above.

**Signed on behalf of all the charity's Trustees**

**Mr. Stephen Buckle**

Position: Trustee & CEO

Date: 9<sup>th</sup> January 2026

## MANCHECK C.I.O.

Charity No.1172911

Date of Incorporation 8th May 2017

Annual accounts for the period 6th April 2024 to 5th April 2025

### Statement of Financial Activities

	Unrestricted funds	Restricted income funds	TOTAL funds	Prior Year to 5.4.2024
<b>Income</b>				
Donations, & cash	0	0	0	0
Fundraising events	0	0	0	0
<b>Total</b>	0	0	0	0
<b>All Resources Expended</b>				
Charitable activities [website]	0	0	0	204
Fundraising	0	0	0	0
Operating	0	0	0	0
<b>Total</b>	0	0	0	204
Net Income	0	0	0	[204]
<b>Net movement in funds</b>	0	0	0	[204]

### **Reconciliation of Funds**

<b>Total funds at bank brought forward from previous year</b>	<b>£5,226</b>
<b>Total funds carried forward, at bank on 5.4.2025</b>	<b>£5,226</b>

## Balance Sheet

	Unrestricted funds	Restricted income funds	TOTAL funds	Prior Year to 5.4.2024
<b>FIXED ASSETS</b>				
<i>Total tangible fixed assets</i>	0		0	0
<b>CURRENT ASSETS</b>				
Stocks, fundraising sale items	0		0	0
Cash at bank and in hand	5,226		5,226	5,226
<i>Total current assets</i>	5,226		5,226	5,226
Creditors: falling due within 1 year	0		0	0
<i>Net current assets</i>	5,226		5,226	5,226
<i>TOTAL assets less current liabilities</i>	5,226		5,226	5,226
Creditors: falling due after one year	0		0	0
Provision for liabilities	0		0	0
<b>TOTAL NET ASSETS</b>	5,226		5,226	5,226
<b><u>FUNDS &amp; ASSETS of the Charity</u></b>				
Restricted funds		0	0	0
Unrestricted funds, at bank	5,226	0	5,226	5,226
Revaluation reserve, all assets	0	0	0	0
<b>TOTAL FUNDS</b>	<b>5,226</b>	<b>0</b>	<b>5,226</b>	<b>5,226</b>



## **Notes to the accounts**

### **Basis of accounting:**

- These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.
- The charity constitutes a public benefit entity as defined by FRS 102.

### **Signed on behalf of the charity's Trustees**

A handwritten signature in black ink that reads "Stephen Buckle". The signature is written in a cursive style with some overlapping letters.

### **Mr. Stephen Buckle**

Position: Trustee & CEO

Date of Approval 9<sup>th</sup> January 2026

**MANCHECK**

England & Wales - Charity number 1172911

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# Accounts

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# Trustees' Seventh Annual Report & Accounts

## for the period 6<sup>th</sup> April 2023 to 5<sup>th</sup> April 2024

**Charity name: MANCHECK**

A Charitable Incorporated Organisation (CIO), date of incorporation 8<sup>th</sup> May 2017

**Charity registration number: 1172911**

### Objectives and Activities

To promote and protect good health by raising awareness of prostate cancer symptoms, screening, diagnosis, treatment and cure through the provision of online information and screening events.

### Summary of the main activities during the period

- a) The Mancheck.org website informing men of symptom awareness and screening.
- b) Ongoing collaboration with other small charities that specialise in live PSA screening events.  
[see note below\*]

### Covid 19\*

During January 2019 The Trustees became aware of a flu pandemic, possibly originating in China. All plans to participate in activities involving person-to-person contact were cancelled thereafter. However, the Mancheck.org website continues to inform men of prostate cancer risks and options available to them. In 2024 Mancheck is looking to re-engage with the smaller charities that hold PSA screening events.

### Public Benefit

The Trustees are confident that the work undertaken by Mancheck CIO during the period was for the public benefit and in accordance with CHARITIES SORP (FRS102). No grants or social investment were made.

### Performance

Increased awareness of prostate cancer issues to men and the wider community in England & Wales, through the Mancheck.org website.

## Financial Review

The Trustees have approved the accounts and are confident that the charity will have sufficient funds to proceed with carrying out its aims in **year eight 2024-2025**.

Sufficient minimum reserves are held to meet all future liabilities.

**Funds held at bank on 5<sup>th</sup> April 2024: £5,226** (5<sup>th</sup> April 2023 £5,430)

**Bankers: NatWest, Clitheroe, Lancashire BB7 2DN**

**Funds held as custodian trustees on behalf of others:** None held.

## Structure, Governance and Management

The MANCHECK governing document is based on the Charity Commission 'Foundation' model constitution in accordance with The Charities Act 2011;

The Charitable Incorporated Organisations (General) Regulations 2012;

The Charitable Incorporated Organisations (Insolvency and Dissolution) Regulations 2012.

Trustees recruitment, selection and subsequent induction is carried out in accordance with the recommendations set out in the Charity Commission guide CC30 (updated 3<sup>rd</sup> May 2018). There are no constitutional provisions allowing election to post; no trustees are appointed by external bodies.

The charity had no paid employees during the period. The Trustees do not receive remuneration.

## Reference & Administrative details

Charity name: MANCHECK  
Registration number: 1172911  
Principal address: 7 The Martins, London, SE26 6HL

## Trustees who manage the charity:

Stephen Buckle, Jonathan Salmon

## Declarations

**The trustees declare that they have approved the trustees' report above.**

**Signed on behalf of all the charity's Trustees**



**Mr. Stephen E. Buckle**

Position: Trustee & CEO, 6<sup>th</sup> April 2024

# MANCHECK C.I.O.

Charity No.1172911 Date of Incorporation 8<sup>th</sup> May 2017

Annual accounts for the period 6<sup>th</sup> April 2023 to 5<sup>th</sup> April 2024

## Statement of Financial Activities

	Unrestricted funds	Restricted income funds	TOTAL funds	Prior Year to 5.4.2023
<b><u>Income</u></b>				
Donations, & cash	0	0	0	0
Fundraising events	0	0	0	0
<b><i>Total</i></b>	0	0	0	0
<b>All Resources Expended</b>				
<b>Charitable activities [website]</b>	<b>204</b>		<b>204</b>	<b>94</b>
Fundraising	0		0	0
Operating	0		0	0
<b><i>Total</i></b>	204		204	94
Net Income	[204]		[204]	[94]
<b><i>Net movement in funds</i></b>	[204]		[204]	[94]
<b><i>Reconciliation of Funds</i></b>				
<b>Total funds at bank brought forward from previous year</b>			<b>5,430</b>	
<b>Total funds carried forward, at bank on 5.4.2024</b>			<b>5,226</b>	

## Balance Sheet

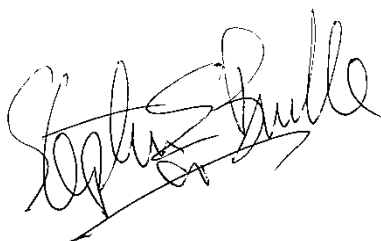
	Unrestricted funds	Restricted income funds	TOTAL funds	Prior Year to 5.4.2023
<b>FIXED ASSETS</b>				
<i>Total tangible fixed assets</i>	0		0	0
<b>CURRENT ASSETS</b>				
Stocks, fundraising sale items	0		0	0
Cash at bank and in hand	5,226		5,226	5,430
<i>Total current assets</i>	5,226		5,226	5,430
Creditors: falling due within 1 year	0		0	0
<i>Net current assets</i>	5,226		5,226	5,430
<i>TOTAL assets less current liabilities</i>	5,226		5,226	5,430
Creditors: falling due after one year	0		0	0
Provision for liabilities	0		0	0
<b>TOTAL NET ASSETS</b>	5,226		5,226	5,430
<b><u>FUNDS &amp; ASSETS of the Charity</u></b>				
Restricted funds	0	0	0	0
Unrestricted funds, at bank	5,226		5,226	5,430
Revaluation reserve, all assets	0		0	0
<b>TOTAL FUNDS</b>	<b>5,226</b>	<b>0</b>	<b>5,226</b>	<b>5,430</b>

## **Notes to the accounts**

### **Basis of accounting:**

- These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.
- The charity constitutes a public benefit entity as defined by FRS 102.

### **Signed on behalf of the charity's Trustees**

A handwritten signature in black ink, appearing to read 'Stephen E. Buckle', written in a cursive style.

**Mr. Stephen E. Buckle**

Position: Trustee & CEO

Date of Approval 6<sup>th</sup> April 2024

**MANCHECK**

England & Wales - Charity number 1172911

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# Accounts

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# Trustees' Sixth Annual Report & Accounts

## for the period 6<sup>th</sup> April 2022 to 5<sup>th</sup> April 2023

**Charity name: MANCHECK**

A Charitable Incorporated Organisation (CIO), date of incorporation 8<sup>th</sup> May 2017

**Charity registration number: 1172911**

### Objectives and Activities

To promote and protect good health by raising awareness of prostate cancer symptoms, screening, diagnosis, treatment and cure through the provision of online information and screening events.

#### Summary of the main activities during the period

- a) The Mancheck.org website informing men of symptom awareness and screening.
- b) Ongoing collaboration with other small charities that specialise in live PSA screening events.  
[see note below]

### Covid 19

During January 2019 The Trustees became aware of a flu pandemic, possibly originating in China. All plans to participate in activities involving person-to-person contact were cancelled thereafter. However, the Mancheck.org website continues to inform men of prostate cancer risks and options available to them. During 2023 to 2024 Mancheck is looking to re-engage with charities that hold PSA screening events.

### Public Benefit

The Trustees are confident that the work undertaken by Mancheck CIO during the period was for the public benefit and in accordance with CHARITIES SORP (FRS102). No grants or social investment were made.

### Performance

Increased awareness of prostate cancer issues to men and the wider community in England & Wales, through the Mancheck.org website.

## Financial Review

The Trustees have approved the accounts and are confident that the charity will have sufficient funds to proceed with carrying out its aims in **year seven 2023-2024**.

Sufficient minimum reserves are held to meet all future liabilities.

**Funds held at bank on 5<sup>th</sup> April 2023: £5,430** (5<sup>th</sup> April 2022 £5,524)

**Bankers: NatWest, Clitheroe, Lancashire BB7 2DN**

**Funds held as custodian trustees on behalf of others:** None held.

## Structure, Governance and Management

The MANCHECK governing document is based on the Charity Commission 'Foundation' model constitution in accordance with The Charities Act 2011;

The Charitable Incorporated Organisations (General) Regulations 2012;

The Charitable Incorporated Organisations (Insolvency and Dissolution) Regulations 2012.

Trustees recruitment, selection and subsequent induction is carried out in accordance with the recommendations set out in the Charity Commission guide CC30 (updated 3<sup>rd</sup> May 2018). There are no constitutional provisions allowing election to post; no trustees are appointed by external bodies.

The charity had no paid employees during the period. The Trustees do not receive remuneration.

## Reference & Administrative details

Charity name: MANCHECK  
Registration number: 1172911  
Principal address: 7 The Martins, London, SE26 6HL

## Trustees who manage the charity:

Stephen Buckle, Jonathan Salmon

## Declarations

**The trustees declare that they have approved the trustees' report above.**

**Signed on behalf of all the charity's Trustees**



**Mr. Stephen E. Buckle**

Position: Trustee & CEO, 24<sup>th</sup> January 2024

# MANCHECK C.I.O.

Charity No.1172911 Date of Incorporation 8<sup>th</sup> May 2017

Annual accounts for the period 6<sup>th</sup> April 2022 to 5<sup>th</sup> April 2023

## Statement of Financial Activities

	Unrestricted funds	Restricted income funds	TOTAL funds	Prior Year to 5.4.2022
<b><u>Income</u></b>				
Donations, & cash	0	0	0	1012
Fundraising events	0	0	0	0
<b>Total</b>	0	0	0	0
<b>All Resources Expended</b>				
<b>Charitable activities [website]</b>	<b>94</b>		<b>94</b>	<b>93</b>
Fundraising	0		0	0
Operating	0		0	19
<b>Total</b>	<b>94</b>		<b>94</b>	<b>112</b>
Net Income	[94]		[94]	900
<b>Net movement in funds</b>	<b>[94]</b>		<b>[94]</b>	<b>900</b>
<b>Reconciliation of Funds</b>				
<b>Total funds at bank brought forward from previous year</b>			<b>5,524</b>	
<b>Total funds carried forward, at bank on 5.4.2023</b>			<b>5,430</b>	

## **Balance Sheet**

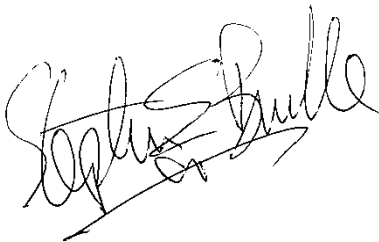
	<b>Unrestricted funds</b>	<b>Restricted income funds</b>	<b>TOTAL funds</b>	<b>Prior Year to 5.4.2022</b>
<b>FIXED ASSETS</b>				
<i>Total tangible fixed assets</i>	0		0	0
<b>CURRENT ASSETS</b>				
Stocks, fundraising sale items	0		0	0
Cash at bank and in hand	5,430		5,430	5,524
<i>Total current assets</i>	5,430		5,430	5,524
Creditors: falling due within 1 year	0		0	0
<i>Net current assets</i>	5,430		5,430	5,524
<i>TOTAL assets less current liabilities</i>	5,430			5,524
Creditors: falling due after one year	0		0	0
Provision for liabilities	0		0	0
<b>TOTAL NET ASSETS</b>	55,430		5,430	5,524
<b><u>FUNDS &amp; ASSETS of the Charity</u></b>				
Restricted funds	0	0	0	0
Unrestricted funds, at bank	5,430		5,430	5,524
Revaluation reserve, all assets	0		0	0
<b>TOTAL FUNDS</b>	<b>5,430</b>	<b>0</b>	<b>5,430</b>	<b>5,524</b>

## **Notes to the accounts**

### **Basis of accounting:**

- These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.
- The charity constitutes a public benefit entity as defined by FRS 102.

### **Signed on behalf of the charity's Trustees**

A handwritten signature in black ink, appearing to read 'Stephen E. Buckle', written in a cursive style.

**Mr. Stephen E. Buckle**

Position: Trustee & CEO

Date of Approval 24<sup>th</sup> January 2024

**MANCHECK**

England & Wales - Charity number 1172911

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# Accounts

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## **Trustees' Fifth Annual Report & Accounts** for the period 6<sup>th</sup> April 2021 to 5<sup>th</sup> April 2022

**Charity name: MANCHECK**

A Charitable Incorporated Organisation (CIO), date of incorporation 8<sup>th</sup> May 2017

**Charity registration number: 1172911**

### **Objectives and Activities**

To promote and protect good health by raising awareness of prostate cancer and associated urological disorders through the provision of online information and events designed to assist with symptom awareness, screening, treatment and cure.

### **Summary of the main activities during the period**

- a) The Mancheck.org website informing men of symptom awareness and screening.
- b) [see note below]  
Ongoing collaboration with other small charities that specialise in live PSA screening events.

### **Covid 19**

**During January 2019 The Trustees became aware of evidence of a serious flu virus, possibly originating in China. All plans to participate in activities involving person-to-person contact were cancelled thereafter. However, the Mancheck.org website continues to inform men of prostate cancer risks and options available to them.**

### **Public Benefit**

The Trustees are confident that the work undertaken by Mancheck CIO during the period was for the public benefit and in accordance with CHARITIES SORP (FRS102). No grants or social investment were through made.

### **Performance**

Increased awareness of prostate cancer issues to men and the wider community in England & Wales, through the Mancheck.org website.

## Financial Review

The Trustees have approved the accounts and are confident that the charity will have sufficient funds to proceed with carrying out its aims in **year six 2022-2023**.

Sufficient minimum reserves are held to meet all future liabilities.

**Funds held at bank on 5<sup>th</sup> April 2022: £5,524** (5<sup>th</sup> April 2021 £4,624)

**Bankers: NatWest, Clitheroe, Lancashire BB7 2DN**

**Funds held as custodian trustees on behalf of others:** None held.

## Structure, Governance and Management

The MANCHECK governing document is based on the Charity Commission 'Foundation' model constitution in accordance with The Charities Act 2011;

The Charitable Incorporated Organisations (General) Regulations 2012;

The Charitable Incorporated Organisations (Insolvency and Dissolution) Regulations 2012.

Trustees recruitment, selection and subsequent induction is carried out in accordance with the recommendations set out in the Charity Commission guide CC30 (updated 3<sup>rd</sup> May 2018). There are no constitutional provisions allowing election to post; no trustees are appointed by external bodies.

The charity had no paid employees during the period. The Trustees do not receive remuneration.

## Reference & Administrative details

Charity name: MANCHECK  
Registration number: 1172911  
Principal address: 7 The Martins, London, SE26 6HL

## Trustees who manage the charity:

Stephen Buckle, Jonathan Salmon

## Declarations

**The trustees declare that they have approved the trustees' report above.**

**Signed on behalf of all the charity's Trustees**



**Mr. Stephen E. Buckle**

Position: Trustee & CEO, 3<sup>rd</sup> January 2023

# MANCHECK C.I.O.

Charity No.1172911 Date of Incorporation 8<sup>th</sup> May 2017

Annual accounts for the period 6<sup>th</sup> April 2021 to 5<sup>th</sup> April 2022

## Statement of Financial Activities

	Unrestricted funds	Restricted income funds	TOTAL funds	Prior Year to 2021
<b><u>Income</u></b>				
Donations, & cash	1012	0	1012	0
Fundraising events	0	0	0	0
<b><i>Total</i></b>	0	0	0	0
<b>All Resources Expended</b>				
<b>Charitable activities [website]</b>	<b>93</b>		<b>93</b>	<b>74</b>
Fundraising	0		0	0
Operating	19		19	118
<b><i>Total</i></b>	112		112	192
Net Income	900		900	[192]
<b><i>Net movement in funds</i></b>	900		900	[192]
<b><i>Reconciliation of Funds</i></b>				
<b>Total funds at bank brought forward from previous year</b>			<b>4,624</b>	
<b>Total funds carried forward, at bank 5.4.2022</b>			<b>5,524</b>	

## Balance Sheet

	Unrestricted funds	Restricted income funds	TOTAL funds	Prior Year to 2021
<b>FIXED ASSETS</b>				
<i>Total tangible fixed assets</i>	0		0	0
<b>CURRENT ASSETS</b>				
Stocks, fundraising sale items	0		0	0
Cash at bank and in hand	5,524		5,524	4,624
<i>Total current assets</i>	5,524		5,524	4,624
Creditors: falling due within 1 year	0		0	0
<i>Net current assets</i>	5,524		5,524	4,624
<i>TOTAL assets less current liabilities</i>	5,524			4,624
Creditors: falling due after one year	0		0	0
Provision for liabilities	0		0	0
<b>TOTAL NET ASSETS</b>	5,524		5,524	4,624
<b><u>FUNDS &amp; ASSETS of the Charity</u></b>				
Restricted funds	0	0	0	0
Unrestricted funds, at bank	5,524		5,524	4,624
Revaluation reserve, all assets	0		0	0
<b>TOTAL FUNDS</b>	<b>5,524</b>	<b>0</b>	<b>5,524</b>	<b>4,624</b>

## Notes to the accounts

### **Tangible Assets (Non Cash):**

- Trustee donation of £1,000 for disposal of redundant tangible & fundraising assets and other extraordinary items [book value £100]: received at bank in this accounting period 2021 to 2022. Disposal and value written down to zero in previous year accounts.

### **Basis of accounting:**

- These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.
- The charity constitutes a public benefit entity as defined by FRS 102.

### **Signed on behalf of the charity's Trustees**

A handwritten signature in black ink, appearing to read 'Stephen E. Buckle', written in a cursive style.

**Mr. Stephen E. Buckle**

Position: Trustee & CEO

Date of Approval 3<sup>rd</sup> January 2023

**MANCHECK**

England & Wales - Charity number 1172911

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# Accounts

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# Trustees' Fourth Annual Report & Accounts

## for the period 6<sup>th</sup> April 2020 to 5<sup>th</sup> April 2021

**Charity name: MANCHECK**

A Charitable Incorporated Organisation (CIO), date of incorporation 8<sup>th</sup> May 2017

**Charity registration number: 1172911**

### Objectives and Activities

To promote and protect good health by raising awareness of prostate cancer and associated urological disorders through the provision of information, events and lectures designed to assist with symptom awareness, screening, treatment and cure.

### Summary of the main activities during the period

- a) The Mancheck.org website informing men of symptom awareness and screening.
- b) [see note below]  
Ongoing collaboration with other small charities that specialise in live PSA screening events.

### Covid 19

**During January 2019 The Trustees became aware of evidence of a serious flu virus, possibly originating in China. All plans to participate in activities involving person-to-person contact were cancelled thereafter. However, the website still continues to inform men of prostate cancer risks and options available to them.**

### Public Benefit

The Trustees are confident that the work undertaken by Mancheck CIO during the period was for the public benefit and in accordance with CHARITIES SORP (FRS102). No grants or social investment were through made.

### Performance

Increased awareness of prostate cancer issues to men and the wider community in England & Wales, through the Mancheck.org website that has an increasing visitor count.

## Financial Review

The Trustees have approved the accounts and are confident that the charity will have sufficient funds to proceed with carrying out its aims in year four. Sufficient minimum reserves are held to meet all future liabilities. Additional year-on-year reserves held are based on a maximum of the latest accounting period's unrestricted funds raised for charitable work.

**Funds held at bank on 5<sup>th</sup> April 2021: £4,624.49**

**Bankers: NatWest, Clitheroe, Lancashire BB7 2DN**

**Funds held as custodian trustees on behalf of others:** None held.

## Structure, Governance and Management

The MANCHECK governing document is based on the Charity Commission 'Foundation' model constitution in accordance with The Charities Act 2011;

The Charitable Incorporated Organisations (General) Regulations 2012;

The Charitable Incorporated Organisations (Insolvency and Dissolution) Regulations 2012.

Trustees recruitment, selection and subsequent induction is carried out in accordance with the recommendations set out in the Charity Commission guide CC30 (updated 3<sup>rd</sup> May 2018). There are no constitutional provisions allowing election to post; no trustees are appointed by external bodies.

The charity had no paid employees during the period. The Trustees do not receive remuneration.

## Reference & Administrative details

Charity name: MANCHECK  
Registration number: 1172911  
Principal address: 7 The Martins, London, SE26 6HL

## Trustees who manage the charity:

Stephen Buckle, Jonathan Salmon

## Declarations

**The trustees declare that they have approved the trustees' report above.**

**Signed on behalf of all the charity's Trustees**



**Mr. Stephen E. Buckle**

Position: Trustee & CEO, 31<sup>st</sup> January 2021

# MANCHECK C.I.O.

Charity No.1172911 Date of Incorporation 8<sup>th</sup> May 2017

Annual accounts for the period 6<sup>th</sup> April 2020 to 5<sup>th</sup> April 2021

## Statement of Financial Activities

	Unrestricted funds	Restricted income funds	TOTAL funds	Prior Year 2020
<b><u>Income</u></b>				
Donations, cash	0	0	0	0
Fundraising events	0	0	0	2,235
<b>Total</b>	0	0	0	2,235
<b>All Resources Expended</b>				
<b>Charitable activities [website]</b>	<b>74</b>		<b>74</b>	<b>100</b>
Fundraising	0		0	0
Operating	118		118	592
<b>Total</b>	192		192	692
Net Income	[192]		[192]	1,543
<b>Net movement in funds</b>	[192]		[192]	1,543
<b>Reconciliation of Funds</b>				
<b>Total funds at bank brought forward from previous year</b>			<b>4,816</b>	
<b>Total funds carried forward, at bank 5.4.2021</b>			<b>4,624</b>	

## Balance Sheet

	Unrestricted funds	Restricted income funds	TOTAL funds	Prior Year 2019
<b>FIXED ASSETS</b>				
<i>Total tangible fixed assets</i>	0		0	50
<b>CURRENT ASSETS</b>				
Stocks, fundraising sale items	0		0	50
Cash at bank and in hand	4,624		4,624	4,816
<i>Total current assets</i>	4,674		4,624	4,866
Creditors: falling due within 1 year	0		0	0
<i>Net current assets</i>	4,624		4,624	4,866
<i>TOTAL assets less current liabilities</i>	4,624			4,916
Creditors: falling due after one year	0		0	0
Provision for liabilities	0		0	0
<b>TOTAL NET ASSETS</b>	4,624		4,624	4,916
<b><u>FUNDS &amp; ASSETS of the Charity</u></b>				
Restricted funds	0	0	0	0
Unrestricted funds, at bank	4,624		4,624	4,816
Revaluation reserve, all assets	0		0	100
<b>TOTAL FUNDS</b>	<b>4,624</b>	<b>0</b>	<b>4,624</b>	<b>4,916</b>

## **Notes to the accounts**

- Trustee donation of £1,000 for disposal of remaining tangible & fundraising assets [book value £100] and other extraordinary items: received at bank in accounting period 2021 to 2022.

### **Basis of accounting:**

- These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

- The charity constitutes a public benefit entity as defined by FRS 102.

### **Signed on behalf of all the charity's Trustees**

A handwritten signature in black ink, appearing to read 'Stephen E. Buckle', written in a cursive style.

**Mr. Stephen E. Buckle**

Position: Trustee & CEO

Date of Approval 31<sup>st</sup> January 2022