



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day	Month	Year		Day	Month	Year
	09	05	2020		08	05	2021

Section A Reference and administration details

Charity name	Maybe Southwest
Other names charity is known by	Maybe
Registered charity number (if any)	1172904
Charity's principal address	Inwoods Abbots Leigh Road Bristol Postcode BS8 3QA

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Tanya Beachus			
2	Marie-Claire Fitzpatrick			
3	Stuart Scorgie	Chair		
4	Michael Bennett		09/05/19 to 24/08/20	
5	Simon Mortlock		20/11/20 to date	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Dr Sarah Anne Pitt - Director

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Foundation Model Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	First Charity Trustees were selected by the director according to their skills and suitability. Future Trustees to be selected and agreed by present Trustees, with the support of the Director. All trustees to be enhanced DBS checked, to sign the Trustee Eligibility Declaration, the Charity Trustee Briefing and the Declaration for Fit and

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The relief of sickness and preservation of good health by providing psychotherapy services for members of the public who are experiencing mental health needs not met by statutory services and are unable to access therapy due to insufficient financial means.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Maybe Southwest Charity meets these objectives by:

Assessing recipients psychological needs. Assessments are carried out by a qualified psychologist and are free of charge to the recipient.

Raising funds to pay for the services of self-employed psychotherapists who meet the criteria of the charity; including enhanced DBS checks, insurance, membership of a professional body, sufficient qualifications and experience, or under the supervision of an appropriate training body.

Allocating recipients to a suitable therapist for an agreed length of time, to be reviewed and extended if funding is available.

Organising and running therapeutic art groups for adults and children. Groups to be facilitated by self-employed, appropriately trained therapists.

Section D Achievements and performance

Summary of the main achievements of the charity during the year

Maybe Southwest has now been operating in Bristol for nearly two years and has been able to offer support to over 60 recipients carrying out over 800 therapeutic sessions over the last 12 months, with the assistance of 10 professional Psychotherapists and Art Therapists, and a Student Counselling Psychologist.

Clients from a range of socio-economic backgrounds, including those who are homeless have received support. Mental health issues addressed include complex trauma, child abuse, domestic violence, anxiety, depression, personality disorders and dissociative disorders.

Recipients have expressed their gratitude and feedback has shown that recipients have felt their experience of MAYBE to be caring and positive.

Section E Financial review

Brief statement of the charity's policy on reserves

At the end of this financial year MAYBE has over £20,000 funds remaining, £8000 of which have already been allocated to recipients in Bristol. Further recipients are waiting for allocation amounting to the predicted sum for the coming year of a further £16,000 if appropriate funding can be achieved. However, allocation to recipients will not be made until funding is confirmed and Maybe Southwest will retain £2000 reserve to ensure continuity of care for clients already receiving therapy who may require longer treatment than expected.

Further financial review details (Optional information)

- Future plans

MAYBE is slowly expanding in Bristol. At present the charity continues to recruit therapists to work with the charity, to increase the number of therapist hours available.

The recent allocation of a Community Lottery Fund Grant, alongside the reserves donated over the course of the last two years supports this expansion. Continued more sustainable sources of funding will continue to be sought over the year ahead.

We are now offering a Voluntary Student Therapist placement and hope to offer two further placements during this financial year should suitable applicants apply.

Section F Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	S.A. Pitt	
Full name(s)	Dr Sarah Anne Pitt	
Position (eg Secretary, Chair, etc)	Director	
Date	20/05/2021	

Maybe Southwest Accounts - 9th May 2020 to 8th May 2021

Date	Details	Out	In	Total Out	Total In
19/05/2021	Carried over		£10,649.07		
19/05/2021	CP13		£20.00		
19/05/2021	AG28		£10.00	£11,223.00	£21,176.33
19-May	LuH4,5		£20.00	Remaining funds	£20,602.40
20-May	CP14		£20.00		
31-May	FF 21-26		£30.00		
01-Jun	M.Pitt		£100.00		
01-Jun	P.Simms		£50.00		
02-Jun	RP16		£15.00		
03-Jun	CP15		£20.00		
08-Jun	LeH4,5		£20.00		
11-Jun	RP17		£15.00		
12-Jun	AG29		£10.00		
12-Jan	LuH6-9		£40.00		
12-Jun	AR1		£4.00		
12-Jun	LB pay	£125.00			
12-Jun	LD pay	£100.00			
12-Jun	CB pay	£5.00			
16-Jun	RH16-22		£150.00		
16-Jun	RP18		£15.00		
25-Jun	RP19		£15.00		
30-Jun	Art Group,Th		£80.00		
01-Jul	M.Pitt		£100.00		
01-Jul	P.Simms		£50.00		
02-Jul	JG20		£5.00		
02-Jul	JG21		£5.00		
02-Jul	AR2,3		£8.00		
02-Jul	MB1		£5.00		
02-Jul	LuH10		£10.00		
02-Jul	RP20		£15.00		
03-Jul	LB pay	£100.00			
03-Jul	CB pay	£145.00			
03-Jul	LD pay	£50.00			
06-Jul	FF 29-29		£15.00		
10-Jul	LK1		£20.00		
10-Jul	MB2		£5.00		
10-Jul	AR4		£4.00		
10-Jul	LuH11		£10.00		
10-Jul	DL pay	£20.00			
14-Jul	RP21		£15.00		
17-Jul	LK2		£20.00		
21-Jul	RP22		£15.00		
24-Jul	MB3,4		£10.00		
24-Jul	AR5,6		£8.00		
24-Jul	NS1-4		£40.00		
24-Jul	DJ1		£10.00		
24-Jul	LuH12,13		£20.00		

24-Jul JH1,2	£10.00
24-Jul LK3	£20.00
30-Jul LR1	£20.00
31-Jul LK4	£20.00
31-Jul BH assessment	£120.00
03-Aug M.Pitt	£100.00
03-Aug P.Simms	£50.00
03-Aug CA1-3	£150.00
03-Aug AB8	£5.00
04-Aug DL pay	£160.00
04-Aug CB pay	£150.00
04-Aug LB pay	£150.00
04-Aug CS pay	£100.00
04-Aug RK pay	£175.00
04-Aug EM pay	£132.00
05-Aug LR2	£20.00
06-Aug DJ2,3	£20.00
06-Aug MB5,6	£10.00
06-Aug AR7,8	£8.00
06-Aug LR1,2x	£40.00
06-Aug LC1+2	£20.00
06-Aug CH1-4	£50.00
06-Aug NS5	£20.00
06-Aug RP23	£15.00
10-Aug CA4	£50.00
11-Aug AB9	£5.00
13-Aug RP24	£15.00
13-Aug Art Group, Im	£80.00
17-Aug CA5	£50.00
17-Aug AB10	£5.00
21-Aug DJ4-6	£30.00
21-Aug MB7,8	£10.00
21-Aug AR9,10	£8.00
21-Aug LR3x	£40.00
21-Aug LC3	£5.00
21-Aug LuH14,15	£20.00
21-Aug LC4+5	£20.00
24-Aug CA6	£50.00
24-Aug AB11	£5.00
25-Aug SK1	£13.00
26-Aug LR3	£20.00
31-Aug AB12	£5.00
01-Sep M.Pitt	£100.00
01-Sep CA7	£50.00
01-Sep P.Simms	£50.00
03-Sep LR4	£20.00
07-Sep CA8	£50.00
07-Sep AB13	£5.00
07-Sep LuH16,17	£20.00
07-Sep RG1-3	£15.00

07-Sep LR4,5x		£40.00
07-Sep JH3-6		£20.00
07-Sep DJ7,8		£20.00
07-Sep LC6		£10.00
07-Sep CH5-9		£50.00
08-Sep SK2-6		£91.00
09-Sep LR5		£20.00
10-Sep RK pay	£225.00	
10-Sep DL pay	£80.00	
10-Sep CS pay	£275.00	
10-Sep CB pay	£145.00	
10-Sep EM pay	£242.00	
10-Sep M.Simms		£250.00
14-Sep CA9		£50.00
14-Sep SK7		£13.00
17-Sep LR6x		£20.00
20-Sep SK8		£13.00
21-Sep AB14		£5.00
24-Sep LR7x		£20.00
28-Sep LC7		£10.00
28-Sep MB9-11		£15.00
28-Sep BB1-4		£60.00
28-Sep AB15		£5.00
29-Sep AR11-13		£12.00
29-Sep LR6-8		£60.00
29-Sep DJ9-11		£30.00
29-Sep Art Group		£10.00
29-Sep LC8+9		£40.00
29-Sep LuH18		£10.00
29-Sep Art Studio		£10.00
30-Sep NJ1		£6.00
30-Sep PM1		£10.00
30-Sep LR8x		£20.00
01-Oct M.Pitt		£100.00
01-Oct P.Simms		£50.00
01-Oct SK9		£13.00
04-Oct L.Turner		£50.00
05-Oct D.Poulton		£6.00
07-Oct PM2		£10.00
09-Oct LD pay	£75.00	
09-Oct DL pay	£60.00	
09-Oct CS pay	£175.00	
09-Oct EM pay	£198.00	
09-Oct RK pay	£250.00	
09-Oct CB pay	£205.00	
09-Oct LR9x		£20.00
12-Oct AB16		£5.00
14-Oct LR10x		£20.00
14-Oct LK5-7		£30.00
15-Oct PM3		£10.00

19-Oct Crowd fund donation:	£2,759.00
19-Oct AB17	£5.00
21-Oct PM4	£10.00
23-Oct LR9-11	£60.00
23-Oct JD2+3	£40.00
23-Oct LC10+11	£40.00
23-Oct JD1	£20.00
23-Oct JH7+8	£10.00
23-Oct LC12	£20.00
23-Oct RC1	£20.00
23-Oct DJ12-14	£30.00
23-Oct MB12-14	£15.00
23-Oct AR14-17	£16.00
23-Oct BB5-9	£65.00
23-Oct Open studio	£16.00
23-Oct Tanya Beachus	£10.00
28-Oct LK8	£10.00
28-Oct LR12	£20.00
29-Oct LK9	£10.00
02-Nov M.Pitt	£100.00
02-Nov P.Simms	£50.00
02-Nov AB18	£5.00
03-Nov PM5	£10.00
04-Nov LR10+11	£40.00
06-Nov DP Pay	£200.00
06-Nov RK pay	£475.00
06-Nov CB pay	£165.00
06-Nov Lottery Community Fi	£8,400.00
06-Nov CS pay	£625.00
09-Nov SK10-15	£78.00
10-Nov PM6	£10.00
11-Nov PM7	£10.00
11-Nov BB10	£20.00
11-Nov LR11x+12x	£40.00
16-Nov Amazon	£7.23
17-Nov BB11	£20.00
18-Nov JD4	£60.00
18-Nov PM8	£10.00
20-Nov NS5+6	£40.00
25-Nov LR12+13	£40.00
30-Nov DJ15-18	£40.00
30-Nov LC13-16	£80.00
30-Nov LR1+2	£20.00
30-Nov ??1+2	£70.00
30-Nov LR13+14	£40.00
30-Nov MB15-18	£20.00
30-Nov AR18-20	£12.00
30-Nov BB12+13	£40.00
01-Dec M. Pitt	£100.00
01-Dec P.Simms	£50.00

01-Dec BB14		£20.00
02-Dec LR13x+14x		£40.00
08-Dec BB15		£20.00
09-Dec Mike Davis		£30.00
09-Dec LR15		£20.00
10-Dec RC2-5		£100.00
11-Dec CB pay	£165.00	
11-Dec RK pay	£350.00	
11-Dec EM pay	£176.00	
11-Dec CS pay	£325.00	
15-Dec BB16		£20.00
15-Dec DP Pay	£140.00	
17-Dec LR16		£20.00
22-Dec SK16-21		£78.00
23-Dec Sarah MacCall		£50.00
29-Dec Crowd fund donation:		£30.00
01-Jan C. Hoffman SON		£60.00
04-Jan M.Pitt		£100.00
04-Jan P.Simms		£50.00
05-Jan BB17		£20.00
05-Jan CB pay	£135.00	
05-Jan RK pay	£225.00	
05-Jan CS pay	£300.00	
06-Jan MS1		£20.00
08-Jan EM pay	£88.00	
12-Jan SB1		£20.00
19-Jan CH assess extra		£50.00
19-Jan SB2		£20.00
19-Jan IL1-3		£135.00
21-Jan RC6-10		£100.00
26-Jan SB3		£20.00
01-Feb M.Pitt		£100.00
01-Feb P.Simms		£50.00
01-Feb BB18+19		£40.00
02-Feb SB4		£20.00
03-Feb AR21-24		£16.00
03-Feb LR15x+16x		£40.00
03-Feb MB19+20		£10.00
03-Feb BP1-4		£40.00
03-Feb LR3-8		£60.00
03-Feb LC17-20		£80.00
03-Feb LC21		£20.00
05-Feb NS7+8		£40.00
07-Feb IL4+5		£90.00
08-Feb CS pay	£400.00	
08-Feb RK pay	£300.00	
08-Feb EM pay	£198.00	
08-Feb CB pay	£80.00	
08-Feb DL pay	£60.00	
08-Feb LT pay	£280.00	

08-Feb HB pay	£50.00	
09-Feb LL1		£15.00
10-Feb SB5		£20.00
10-Feb BB20		£20.00
11-Feb Amazon Smile		£7.37
11-Feb TG1-2		£15.00
15-Feb IL6		£45.00
16-Feb LL2		£15.00
17-Feb IL7		£45.00
17-Feb SB6		£20.00
18-Feb BB21		£20.00
19-Feb TG3		£8.00
23-Feb IL8		£45.00
23-Feb LL3		£15.00
24-Feb RLE1		£20.00
24-Feb MS2		£20.00
01-Mar M.Pitt		£100.00
01-Mar P.Simms		£50.00
02-Mar SK22-29		£104.00
02-Mar LL4		£15.00
03-Mar IL9		£45.00
03-Mar MS3		£20.00
04-Mar RLE2		£15.00
04-Mar RC11-14		£80.00
08-Mar HMRC Gift Aid		£330.74
08-Mar MK1-4		£40.00
08-Mar BB22		£20.00
08-Mar LL5		£15.00
08-Mar EM pay	£264.00	
08-Mar LT pay	£180.00	
08-Mar HB pay	£75.00	
08-Mar DL pay	£80.00	
08-Mar CB pay	£145.00	
08-Mar CS pay	£400.00	
08-Mar RK pay	£225.00	
10-Mar LF1		£6.00
10-Mar RLE3		£15.00
12-Mar IL10		£45.00
12-Mar MS4		£20.00
14-Mar AC1		£6.00
15-Mar LL6		£15.00
16-Mar Cho1-5		£50.00
16-Mar LF2		£6.00
16-Mar AC2		£6.00
17-Mar BB23		£20.00
18-Mar RLE4		£15.00
18-Mar MS5		£20.00
19-Mar DM1		£10.00
22-Mar NS9+10		£40.00
23-Mar LF3		£6.00

24-Mar IL11		£45.00
25-Mar Cheque		£41.49
25-Mar MS6		£20.00
26-Mar DM2		£10.00
29-Mar NG1-4		£40.00
29-Mar NH1		£20.00
30-Mar IL12		£45.00
30-Mar LF4		£6.00
31-Mar Julian House		£200.00
01-Apr M.Pitt		£100.00
01-Apr P.Simms		£50.00
01-Apr TG4-6		£24.50
02-Apr MS7		£20.00
05-Apr IL13		£45.00
06-Apr DM3		£10.00
06-Apr AC3		£6.00
06-Apr MK5-8		£20.00
09-Apr DM4		£10.00
12-Apr LL7		£15.00
13-Apr BB24		£40.00
13-Apr LF5		£6.00
13-Apr DL pay	£100.00	
13-Apr LT pay	£440.00	
13-Apr CS pay	£375.00	
13-Apr RK pay	£300.00	
13-Apr CB pay	£110.00	
13-Apr HB pay	£450.00	
15-Apr IL14		£45.00
16-Apr DM5		£10.00
16-Apr AC4		£6.00
16-Apr MS8		£20.00
20-Apr LL8		£15.00
20-Apr BB25		£20.00
20-Apr LF6		£6.00
20-Apr AC5		£6.00
20-Apr JH9+10		£10.00
22-Apr JJ studio hire		£15.00
22-Apr NS11+12		£40.00
22-Apr MB21-25		£25.00
22-Apr JB1+2		£10.00
22-Apr LR9-14		£60.00
22-Apr CHo6		£15.00
22-Apr DM6		£10.00
23-Apr MS9		£20.00
23-Apr IL15		£45.00
24-Apr ML1		£20.00
26-Apr LL9		£15.00
26-Apr NG5-8		£40.00
27-Apr SH1		£10.00
27-Apr SH2		£10.00

27-Apr LF7	£6.00
28-Apr JH11	£5.00
28-Apr AC6	£7.00
28-Apr ES1-10	£100.00
29-Apr MS10	£20.00
30-Apr DM7	£10.00
30-Apr RC15-18	£60.00
04-May M.Pitt	£100.00
04-May P.Simms	£50.00
04-May JJ studio hire	£15.00
05-May AC7	£6.00
05-May JJ studio hire	£15.00
05-May LF8	£6.00
06-May MK9-12	£40.00
07-May IL16-17	£90.00
07-May DM8	£10.00
07-May MS11	£20.00
08-May JH12	£10.00