



Euston Foodbank
28 Phoenix Road (off Eversholt St)
Near the east side of Euston Station
London NW1 1TA
info@euston.foodbank.org.uk
www.euston.foodbank.org.uk

Annual General Meeting
6pm Tuesday 19 November 2024 (in person)
28 Phoenix Road NW1 1TA

Agenda

We began with contributions from three of our clients, who attended the meeting.

1. Apologies: Tessa Bennett
2. Minutes of the 2023 AGM: agreed
3. Report of 2023/2024: approved
4. Accounts to 31 March 2024: approved
5. Appointment of two of the six volunteers to Management Committee:
Chris Powell and Natan Bram: re-elected
6. Co-option of Dorothea Hackman freeing up St Pancras trustee place: agreed
7. Election of Officers: Chair – Dorothea Hackman, Treasurer – Jeremy Trood,
Secretary – Victoria Bombas
8. Policy to ban clients who are aggressive – referred to Management
Committee after excellent discussion of issues: racist and misogynist abuse in
particular are unacceptable, but clients can have bad days.
9. Any Other Business notified to the chair at the beginning of the meeting.

Minutes of the Annual General Meeting 11am Monday 29 November 2023

Present: Dorothea Hackman, Jeremy Trood, Chris Powell, Natan Bram, Julia Sahin,
Aude Firman, Victoria Bombas, Patrick Brough

1. Apologies accepted from: Tessa Bennet who replaces Linda Gilson.
Sincere thanks to Linda for her support.
2. Election of Officers: Chair – Dorothea Hackman, Treasurer – Jeremy Trood,
Secretary – Victoria Bombas
3. Minutes of the 2022 AGM were agreed
4. Accounts to 31 March 2023 were approved
5. Report of 2022/2023 was approved
6. Two of the six volunteers were elected: Victoria Bombas and Patrick Brough
7. It was agreed to request payment from corporate volunteer teams who do not
otherwise donate.
8. It was agreed to apply for funding to develop the playground areas.

Charity number 1172880
Chair: Dorothea Hackman, St Pancras Parish Church
Secretary: Victoria Bombas
Treasurer: Canon Jeremy Trood, St Aloysius RC Church Somers Town

Euston Foodbank – front quadrangle planters/seating ideas – Summer/Autumn 2024



The wisteria and willow tree are deciduous, expect the leaves to fall



Seating and pergola suggestion, seats face two ways, recycled pallet wood

What about the backyard? We were thinking planters, seating and pergolas there too.



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Euston Foodbank Trustees Report 2023/2024 Financial Year

The founding Trustees are:

Chair: Dorothea Hackman, St Pancras Parish Church
Treasurer: Fr Jeremy Trood, St Aloysius RC Church
Deacon Tessa Bennett, Kings Cross Methodists from August 2021
3 vacancies: Baptist, United Reform, Old St Pancras.

Six elected trustees from amongst the volunteers (3 year term):

Chris Powell & Natan Bram 2024
Julia Sahin & Aude Firmin 2025
Victoria Bombas & Patrick Brough 2026

Employees

Manager: Helena Aksentijevic Co-ordinator: Deseline Djaiyep

Trustees have met quarterly, to oversee and progress Euston Foodbank business and remained in email and internet contact. We have in 2024 a grant from the Trussell Trust which will mean two further 0.5 posts will be appointed for 2025.

There have been improvements greening the front quadrangle, with plants from St James's Piccadilly Royal Chelsea Flower Show particularly a willow and a wisteria. Grants from Mace constructors and High Speed Two Meanwhile money from the treasury have paid for bespoke outdoor furniture from recycled pallet wood made by Wood of Recycled Delight.

Euston Foodbank (EFB) supports a rolling number of over 400 households a week and still distributes the majority of food parcels in the borough of Camden. It is the third largest in the Trussell Trust. 60,000 parcels were distributed 2023/2024.

The main reason people attend foodbanks is low income, 56%, with benefit changes and delays the next most common reason at 20%. There has been some movement from single homeless 15% to more children in bigger families from estates and refugee hotels. Half our clients are still homeless people.

We have around 40 volunteers for our 4 weekly sessions and have held training recruitment events to keep their numbers up. Heartfelt thanks go to them, our donors – both food and funds - and our volunteer drivers, and trustees. We could not function without you all.

The impending energy and cost of living crisis on top of poverty from the austerity economy measures in the context of the climate and ecological disaster continue to increase the need for foodbank support in our community. So although we would like to see the need for foodbanks phased out, we do not think this will be soon.

Signed: Chair: Dorothea Hackman Treasurer: Jeremy Trood



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Although demand has continued to increase due to austerity, cost of living and the energy crisis and life is even grimmer for millions in our country, we have been able to step up in what continues to be a hostile environment. Just this last month anti-social behaviour rocketed in a longitudinal park created by cutting off Phoenix Road, and the other week overnight, double yellow lines were painted around every street outside the foodbank making deliveries challenging, not only for us but also Food for All UK on our premises.

Trussell Trust Emergency Parcels distributed April 2023-March 2024

	Adults	Children	total	Percentage
United Kingdom	1,977,308	1,144,096	3,121,404	
London	292,332	162,418	454,750	15% of national
Camden Borough	44,531	22,245	66,776	14% of London
Euston Foodbank	38,294	19,284	57,578	85% of Camden

People supported by Euston Foodbank

Euston Foodbank is still providing the majority of emergency parcels in Camden, as reported in the Trussell Trust statistics. We are one of many emergency food initiatives relied upon by the government, but we still hope foodbanks will become unnecessary. There has been a 44% increase in people seeking support from Euston Foodbank since the previous year.

Financial year	Vouchers	Adults	children	total	Percentage increase
2023/2024	18,164	38,294	19,284	57,578	44%
2022/2023	13,634	24,627	15,389	40,061	Nearly double
2021/2022	9,927	16,517	8,070	24,587	13%
2020/2021	11,362	16,315	5,254	21,569	285% lockdown
2019/2020	4,445	5,549	1,365	6,914	steady

Incoming stock 2023/2024

Although food distribution was greater than incoming stock, we had a modest cushion of donated stock to cover the shortfall. However, this highlights that it is increasingly hard to get donations of stock and the money to buy supplies.

Our biggest support is Foodbank Aid who donated over a third of our incoming stock. If we use the Trussell Trust multiplier of £2.37 per kilo, their donation in kind is £257,647, and it is hard to imagine how we would manage without them.

Financial year	Stock in kg	Stock out kg	purchased	other FBs
2023/2024	330,255	366,679	42,699	1,563
2022/2023	283,766	272,879	80,491	15,754
2021/2022	134,870	219,096	17,312	48,136
2020/2021	271,522	229,905	6,945	73,476
2019/2020	89,492	69,707	2,851	8,968

Charity number 1172880

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Households supported by Euston Foodbank by Camden Wards

The continuing increase is clear over the years, and for this year for the Borough of Camden is 31%. If we take just the constituency of Holborn and St Pancras (so NOT the wards in the west and north: Belsize, Fortune Green, Frognal, Gospel Oak, Hampstead Town, Highgate, South Hampstead, Swiss Cottage and West Hampstead) the increase since the previous year is 94%, from 12,901 in 2022/23 to 25,085 in 2023/24.

WARD	2017/18	2018/19	2019/20	2020/21	2021/22	2022/23	2023/24
Belsize	142	176	13	453	522	145	234
Bloomsbury	187	251	179	471	792	1120	1890
CamT w PH	120	205	183	666	513	1024	865
Cantelowes	154	219	183	475	298		
Camden Sq							816
FortuneGreen	52	28	35	16	15	107	140
FrognalFJ	31	36	6	111	7	43	64
Gospel Oak	130	99	89	431	730	478	1268
HampsteadT	117	52	51	60	16	303	29
Haverstock	229	137	150	674	696	1686	2455
Highgate	126	82	2	115	165	289	617
HolbornCovG	169	250	243	429	253	356	1063
KentishTnorth	115	59	76	525	1014	1643	437
KT South							2100
Kilburn	97	90	52	209	126	296	1866
KingsCross	197	363	354	700	1374	1762	2818
NFA	632	810	2,169	10,236	12,308	16,174	10718
Primrose Hill							1223
RegentsPark	541	662	384	1,070	1,144	2234	3872
StPancrasST	587	590	689	1,616	1687	3076	7546
South Hampstead							365
SwissC	43	80	28	26	19		
WestH	38	37	51	54	63	151	105
CAMDEN TOTAL	3,707	4,226	4,937	18,337	21,742	30,887	40,491
outborough						9,174	16,646

Outborough wards with over 1000 clients: Arsenal, Barnsbury, Caledonian, Clerkenwell, St Peters Cricklade, and Tollington. These six wards border our catchment area. There have been ward and constituency boundary changes which we have included in the table as some wards with no entry for 2023/24 and others with their first entry.

Charity number 1172880

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Food bank name:
Euston

Parcel overview

	2018/19	2023/24	% change 5yrs	2022/23	2023/24	% change 1 yr
Parcels for adults	4,437	38,294	763%	24,673	38,294	55%
Parcels for children	1,257	19,284	1434%	15,389	19,284	25%
Total parcels	5,694	57,578	911%	40,062	57,578	44%

Household type - number of parcels for different households and % change from previous years

	2018/19	2023/24	% change	2022/23	2023/24	% change
Household with children	2,300	38,360	1568%	26,830	38,360	43%
Household without children	3,394	19,218	466%	13,232	19,218	45%
Household with three or more children	813	20,940	2476%	18,144	20,940	15%
Household without three or more children	4,881	36,638	651%	21,918	36,638	67%
Household with someone of state pension age	189	6,462	3319%	1,815	6,462	256%
Household without someone of state pension age	4,902	49,127	902%	33,685	49,127	46%

Household type - % of parcels for different households

	2018/19	2023/23	2023/24
With/ Without children			
Household with children	40%	67%	67%
Household without children	60%	33%	33%
With/ Without three or more children			
Household with three or more children	14%	45%	36%
Household without three or more children	86%	55%	64%
With/ Without someone of state pension age			
Household with someone of state pension age	4%	5%	12%
Household without someone of state pension age	96%	95%	88%

Age - number and of parcels for different age categories and % change from previous years

	2018/19	2023/24	% change
20-24	2023/23	2023/24	% change

Source of income

	Count	% of voucher s
Earning, no benefits	82	1%
Earning and benefits	198	1%
Benefits, not earning	13,383	83%
Income but no or insufficient access to it	139	1%
No income	2,250	14%

Data not captured 2,102 12%

Reason for Referral

	Count	% of voucher s
Financial - earnings related		
Change in work hours	29	0%
Unemployment following permanent work	220	2%
Unemployment following temporary work	37	0%
Delay in or awaiting other income	83	1%
Financial - benefits related		
Benefit delay	159	2%
Benefit deduction due to overpayment or benefit advance	32	0%
Benefit reduction due to change in eligibility	30	0%
Benefit reduction due to sanction	28	0%
Awaiting first benefit payment for less than a month	30	0%
Awaiting first benefit payment for more than a month	10	0%
Financial - debts, costs and expenses		
Priority debt	227	2%
Non-priority debt	77	1%
Cost of dependants has increased	1096	11%
Rising cost of essentials	5786	60%
Other unexpected expense	855	9%
Personal circumstances		
Insecurely housed	254	3%
No access to financial support due to immigration status	370	4%

	Count	Value	Percentage	Count	Value	Percentage	
Children	0 - 4 years	305	3150	933%	2727	3150	16%
	5 - 11 years	543	7498	1281%	6223	7498	20%
	12 - 16 years	273	8158	2888%	5005	8158	63%
	Children with unspecified age	136	478	251%	1434	478	-67%
Adults	17 - 24 years	341	6773	1886%	3576	6773	89%
	25 - 64 years	3524	26708	658%	17946	26708	49%
	Over 65 years	98	3373	3342%	939	3373	259%
	Adults with unspecified age	474	1440	204%	2212	1440	-35%

Age - % of parcels for different age categories

	2018/19	2022/23	2023/24	
Children	0 - 4 years	6%	7%	6%
	5 - 11 years	11%	17%	13%
	12 - 16 years	5%	14%	15%
Adults	17 - 24 years	7%	10%	12%
	25 - 64 years	69%	49%	48%
	Over 65 years	2%	3%	6%

Health	Loss of support from friends or family	63	1%
	Change in relationship status	5	0%
	Domestic abuse	22	0%
Ongoing impact of existing mental or physical health condition	Change in dependents	15	0%
	New physical or mental health condition or issue	58	1%
	Change in existing mental or physical health condition	443	5%
Other	None applicable	2547	27%
	Data not captured	8557	47%

Reason for needing more than 3 vouchers in the last 6 months

	Count	%
Awaiting first benefit payment	12	0%
Benefit delay or sanction	32	1%
Debt	3354	74%
Domestic abuse	5	0%
Drug or alcohol dependency	9	0%
Homelessness	68	2%
Long term health condition	67	1%
Long term unemployment	47	1%
No access to financial support due to immigration status	48	1%
Other	21	0%
Other - low income	841	19%

ACCOUNTS TO THE 31 MARCH 2024

INCOME

	2024	2023
Corporate Donations	£ 155,543.22	£238,992.47
Gift Aided Donations	£ 240.00	£240.00
Non-Gift Aided Donations	£ 64,784.18	£ 53,019.87
Bank Interest	£1,774.81	£ 1,025.80
Total Income	£ 222,342.21	£ 293,278.14

EXPENDITURE

Rent	£ 12,000.00	£ 15,607.85
Salary Costs	£ 90,643.95	£ 82,848.35
Building Works	£ 34,218.00	£ 140,896.80
Utilities	£ 15,812.45	£ 15,407.78
Administration	£ 2,331.63	£ 8,977.10
Additional Food	£ 56,199.65	£ 145,744.64
Transport	£ 7,093.85	£ 5,629.92
Trussell Trust Membership	£ 310.32	£ 360.00
Equipment	£ 5,672.93	£ 10,756.82
Garden	£ 2,598.66	£ -
Total Expenditure	£ 226,881.44	£ 426,229.26

SURPLUS INCOME OVER EXPENDITURE -£ **4,539.23** -£ 132,951.12

ASSETS

CAF Gold Account at 1 April 2023	£91,434.60	£130,547.63
CAF Current Account at 1 April 2023	£41,920.98	£135,759.07
	£133,355.58	£266,306.70
Surplus Income over Expenditure	-£4,539.23	-£132,951.12
CAF GOLD ACCOUNT at 31 March 2024	£73,088.42	£91,434.60
CAF Current Account at 31 March 2024	£55,727.93	£41,920.98
Total	£128,816.35	£133,355.58

Donations over £1000 2023-2024

G Research	£ 88,797
Watches of Switzerland	£ 25,000
Mishcon De Reya	£ 5,000
Mace Foundation	£4,800
J Murphy	£ 4,000
BMJ	£3,200
Nick James	£3,005
Retail Me Not	£2,982
Attic Storage	£2,970
Food and Drink Fed	£2,500
Robert Latham	£2,000
Uni Music Operation	£1765
Shopper Media	£1500
Eon Next	£1,250
Liontree	£1,300
Alvarez and Marsal	£1,022
Castlelake	£1,000

Note: the accounts include expenditure for 2023/2024 not completed by financial year end so not reflected in bank balances at 31st March 2024.

Independent examiner's report to the trustees of Euston Food Bank

I report to the trustees on my examination of the accounts of the Euston Food Bank (the Trust) for the year ended 31st March 2024.

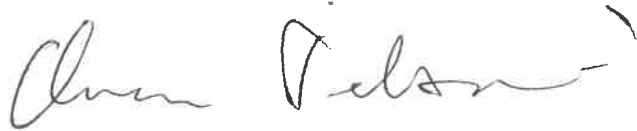
As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Claudia Trettenbrein

77 Grove Green Road

London E11 4EG

22/08/2024



Managers' report 2024

Headline figures

Financial Year	Adults	Children	Total
2020-2021	16,315	5,254	21,569
2021-2022	16,517	8,070	24,587
2022-2023	24,627	15,389	40,061
2023-2024	28,295	19,284	57,579
Apr 2024-Nov 2024	26,526	10,062	37,128

We are open four times a week, and feed over one thousand clients per week. Last year 2023-2024 we fed a record 57,000 people. This year, the figure is likely to exceed 60,000.

This is the limit of people we can feed, and we have started to have to turn clients away when our numbers exceed 100 on Thursdays, Saturdays and Sundays, and exceeds 160 on Tuesdays. This is regrettable, but it does mean that we are able to regularly feed over 1,000 people a week, without running out of essential foodstuffs.

Our clients remain a diverse group of people, we have a large number of street homeless and refugees in hostels without cooking facilities. We also have a significant number of elderly people who are using our services. We also have local families with several children.

Logistics

We are currently supported by Food Bank Aid, who give us approx. 2 tonnes of food a week, accounting for £250,000 of food.
We are also supported by Felix 800kg per week and City Harvest 1 tonne of food per week.

City Harvest give us a lot of fruit and veg and some ready meals, meat and dairy products, and Foodbank aid give us some Fruit and veg and a lot of ambient food, so our clients get a more balanced diet. We also spend approximately £8,000-£10,000 per week on food.

We have also been using Felix’s multibank, but we are unsure if it is expedient to continue to do so.

Volunteers

Volunteers are the lifeblood of Euston Foodbank. We have around 50 volunteers, who cover the four sessions. Training of new volunteers takes place every 6-8 weeks, to ensure we always have enough people to run a session, - we need a minimum of 10 people.

Corporate Support

In line with other Charities, we made a decision to charge for our corporate volunteers. This has worked well, with only a few companies not able to pay the fee. We waive the fee for educational establishments such as Maria Fidelis school, Kings College, UCL. And

companies who have given us large or regular donations in the past – Watches of Switzerland, G-Research, BMJ.

We have two companies, Trade desk and Wasserman music, who come and do an evening session once a month. – Trade Desk support us with donations, and Wasserman Music have donated £5000.

This seems to be working well, we have built up a small but constant stream of funding, nearly enough to pay for our outgoings on food.

We realised that applying for funding is a significant role in itself, and we are planning to employ a part time fundraiser as well as a part-time social media/sessions co-ordinator due to a large grant from the Trussell Trust.



Supporting clients

In addition to having access to food, our clients have access to different types of support while they are at the foodbank:

Citizens Advice twice a month

Age Concern once a month

Clothes Bank – once a week on different days

Health professionals doing vaccinations, blood pressure height and weight checks.

Doctors with Vaxi-Taxi health – Two doctors, a Dentist and a Psychiatrist with other health support.

Digital literacy.

Dietitians from UCL prepared food from what is available in foodbank and gave clients (and Volunteers!) tasty snacks.

Cancer Screening advice for older clients.

Project with British Museum and Mosaic artist, where clients made a mosaic which is on site

