

REGISTERED COMPANY NUMBER: CE010251 (England and Wales)
REGISTERED CHARITY NUMBER: 1172878

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023
FOR
SOLVA CARE**

L M Griffiths & Co Limited
Chartered Certified Accountants
1&2 Merlins Court
Winch Lane
Haverfordwest
Pembrokeshire
SA61 1SB

SOLVA CARE

CONTENTS OF THE FINANCIAL STATEMENTS for the Year Ended 31 March 2023

	Page
Chair's Report	1
Report of the Trustees	2 to 10
Independent Examiner's Report	11
Statement of Financial Activities	12
Balance Sheet	13
Notes to the Financial Statements	14 to 19
Detailed Statement of Financial Activities	20 to 21

SOLVA CARE

CHAIR'S REPORT for the Year Ended 31 March 2023

Having joined Solva Care as a trustee in 2018, I have seen the Charity develop progressively to meet the needs of our community. We are very proud and grateful that according to our 2022 survey, the vast majority of residents are happy with the services we offer. This report summarises some of our work over the past year and focusses on our attempts to move forward with the original idea to provide a domiciliary care service within Solva.

Although this is our 6th Annual Report, it is my first foreword. Mollie Roach stepped down in February 2022 remaining as a very active member of the trustee board, for which we are all very grateful.

Whilst Solva Care's main activities are highlighted here, the full range of projects led by Together for Change (TfC) is not included but can be found on their website https://www.tfc-pembrokeshire.org/en_gb/

Our research portfolio has gone from strength to strength due to the hard work of Sue Denman and the RME team. We are proud to have a national and international profile.

Our profile and reputation together with the enthusiasm and dedication of our volunteers, staff and trustees have enabled Solva Care to develop new ideas to support wellbeing as well as becoming an active partner in negotiations regarding the continuation of general practitioner services in Solva.

On a more challenging note, is the knowledge that our five-year funding from the National Lottery comes to an end in March 2024. This grant has paid for the hire of premises, activities, and outings as well as our part time coordinator, activities assistant, clerk, and volunteer expenses. It has enabled us to offer a free service to all. Trustees are working hard to seek ways of securing further funding and still hope one day to be fully sustainable. We will update residents regularly via the village newsletter to keep everyone informed of our progress. Please wish us luck and support our efforts.

Best wishes to all.
Barbara Bale
Chair, Solva Care
Board of Trustees

SOLVA CARE

REPORT OF THE TRUSTEES for the Year Ended 31 March 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Executive summary

With the Covid years hopefully behind us, we set about 2022 to progress fully with our core activities and to go back to our residents to see what else we needed to do. The long-standing impacts of the pandemic remain, and we sought to see how people felt they had been affected and how we could help. This report looks at our goals and achievements over the past year, and how we can work together to support those in our community who would like support, by maintaining connections with our local GP surgery, local social workers and third sector organisations. However, this year we did see changes to our local GP service due to the retirement of our general practitioner. Solva Community's involvement working with the Health Board supported a way forward which is documented elsewhere, and the current arrangements as a managed practice by the local health board appear to be successful. We continue to learn, to record the lessons learned from our endeavours, and to apply the learning to improve what we do in the future to build and maintain resilience and sustainability.

We are now in the fourth year of our Five-Year Strategic Plan, in which we set out six strategic objectives that we will continue to progress and review. These include continuing to deliver and extend our volunteering service and providing ongoing and new activities for individuals and groups, to maintain and enhance health and well-being. During the year we have been able to extend our programme and continue to forge constructive working relationships with other organisations to benefit our community and share our learning. This report also outlines our continued commitment to research and evaluation and our approach to seeking ways of ensuring our financial security and sustainability as a small charity in the future.

This report continues to highlight the outcomes and learning from the Together for Change Programme of research alongside an ongoing commitment to work towards a holistic local care service. During the year we embarked on a project to establish a domiciliary care service in partnership with an established provider.

The report also outlines the activities we have provided and the benefits we think they bring. Our work is both rewarding and appreciated with some of the comments from our villagers included. In Spring 2022 we surveyed local people in Solva to ensure that we are continuing to provide what is needed and wanted to the best of our ability.

As stated earlier, we do not work alone and intend to continue to work with and learn from others, outlining in the final section some thoughts for our major focus in the next year prior to the cessation of our lottery funding.

SOLVA CARE

REPORT OF THE TRUSTEES for the Year Ended 31 March 2023

OBJECTIVES AND ACTIVITIES

Objectives and aims

Solva Care is a community initiative focusing on providing specially designed social care support. The Pilot Project was originally set up by Solva Community Council in June 2015 and became a registered charity on 4 May 2017, offering friendly, local support to meet the expressed needs of residents in the parish of Solva. It is now a well-developed support system, which is run by a Trustee Board, a part-time Co-ordinator, a Clerk, and an Activities assistant, with the help of local volunteers.

Our aims are to maintain and improve the health and wellbeing of older people and others who need it in the village. We want them to have choices, be independent, feel well and play a part in village life. We connect people to add to neighbourliness and encourage friendships so that no one falls through the net. We also organise physical, cultural, and other activities, which are open to all. We try not to label or segregate people and we encourage the generations to come together and mix.

The Co-ordinator currently works with over forty-five local volunteers, who are all DBS checked and have signed a confidentiality agreement. They are insured and provided with induction training. Most volunteers are retired people who are still active in the community but have time to spare to assist their fellow villagers. We also have a few young volunteers. Our volunteer numbers have gradually increased over the years and most remain involved in the charity. Continuity has been maintained and relationships are strong.

Together, as a community, we have set up an operational co-ordinated volunteer service that underpins the work of statutory health and social care services in our area. Solva Care aim to fill gaps between services from local authorities, paid care services, family, and friends. We still maintain close links with Solva Community Council, with a representative on our Board of Trustees.

Volunteers

Through our volunteers we support people with a variety of things such as collecting prescriptions, pop in visits, short respite for family carers, dog walking, shopping, signposting and transport to the surgery, bank/post office, shops, village events etc. The Co-ordinator provides the link between the volunteers, people we support and a variety of other organisations.

In the period 1 April 2022 to 31 March 2023, 41 volunteers gave 2591 hours of support to more than 40 People in Solva. Included in this figure is 458 hours spent helping at events organised by us. Trustees spent over 50 hours per month on admin, meetings, and training.

SOLVA CARE

REPORT OF THE TRUSTEES for the Year Ended 31 March 2023

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Throughout the year we have continued to maintain and improve our core activities. The following section provides an overview of our day-to-day activities during 2022/23, followed by an update on our other short-, medium- and long-term goals.

Short Term Goals

Maintaining and improving our core work

We have continued to support people in the parish with a variety of things, which enables them to stay living in their own homes, even if they do not have family living nearby. Examples of support: picking up prescriptions, befriending, dog walking, shopping, short respite for those caring for a family member, signposting, transport, and support to access statutory & other services. This makes it possible for people to take part in community life and attend events they would not be able to get to without our support. We continue to run events, outings/trips, projects, and training for our volunteers as outlined below. During 2022 we revised and updated our leaflet together with invitation cards to our events.

In May 2022, collaborating with local artists and Solva Community Council we coordinated another Mosaics project to create a memorial to people who passed away during Covid. Designs were chosen by family or friends of those to be commemorated and they were made by local people attending mosaics classes in the village hall, with separate classes offered for young people and families. The memorial has since been erected on the village green with an opening ceremony held in August 2022, and photos of the finished designs were sent to relatives living away.

Also in May, we hosted Sinfonia Cymru in the Memorial Hall. Four cello players entertained with tangoes, music by Gershwin etc. The concert was free but the 45+ people who attended gave generous donations, Solva Care paid for the rental of the hall, provided the musicians with a meal, and offered refreshments to all after the concert.

Once again, we ran the Mouse Trail over the summer with 50+ mice dotted around Solva and Whitchurch. Free maps were printed and placed at the local store and shop. There were also links on our website and Facebook page. The trail ended on 31 October. 142 maps in total were printed.

For the Queen's Jubilee in June 2022, Solva Care Friday Club hosted a cream tea, open to all. Over fifty people attended for tea/coffee, scones, and cakes. An afternoon tea was also kindly offered by two residents in their garden in July. Fifteen people came including two part-time (summer) volunteers from Canada, who helped serving.

In December 2022 we organised Sparkling Solva for the fourth year running with 27 Advent Calendar Windows festively lit up, including the Football Club, with decorations made by Friday Club attendees. Maps were available in the local shops for people to take. This was followed by an evening with mulled wine and mince pies in the Memorial Hall.

Throughout the year we hold our Friday Club, which was initially set up for people with dementia and their carers. Now everyone is welcome, and we have about 10-12 who attend every week. Almost half now come from outside of Solva. We provide light exercise and offer talks, craft sessions, bingo etc. Music by the Ukulele band is always popular and a representative from the Pembrokeshire Coast National Park has come regularly to do a talk. We seek publicity when we can and there was an article in the Western Telegraph in December about the visit to Friday Club by the Therapy Hounds: Greyhound Rescue Wales therapy hounds visit Solva Care club | Western Telegraph

We also arrange for organisations to come to the weekly coffee morning with helpful information, e.g., Age Cymru and Frame.

In May 2022 we arranged an outing to the Scrimpology Museum in Llangwm. Ten people went - a mix of volunteers and people we support. The proprietor did a talk on how technology had developed over the ages, with the help of items he had collected over many years. We then had to guess what a few obscure items had been used for.

In September 2022, Friday Club attendees went on an outing to Scolton Manor, where there were guided tours of the house and walled garden, followed by refreshments in the café. Twelve people attended, travelling on the Bws y Bobl minibus, driven by a volunteer. In November 2022 we had another outing to the Green Shed Café, Haverfordwest, for lunch and a bit of shopping in the Frame charity shop. Fifteen came along on Bws y Bobl, again driven by a Solva Care volunteer.

SOLVA CARE

REPORT OF THE TRUSTEES for the Year Ended 31 March 2023

We also have a Solva Pop-up Shop, started by one of our trustees and run with the help of volunteers. The aim is to reduce waste and to fundraise for Solva Care. It is held twice a month on a Sunday afternoon at the Solva Football Hub and on a Thursday morning in connection with the coffee morning. The shop has raised several thousand pounds since it started in May 2021.

The Solva Care AGM was held in Solva Memorial Hall in September 2022 with thirty people attending, including trustees and employees.

We arrange get-togethers for the volunteers once or twice a year to thank them for all that they do. In the spring of 2022, we organised a quiz in a local village pub with the help of people from Shalom in St Davids.

Where possible we try and work collectively for residents e.g. to coordinate the installation of solar panels. The co-ordinator met up with two volunteers in early April 2022 to explore whether we could do something on a village, or part of the village, basis. Several people were looking into installing solar panels and there are grants available for community projects, to help people with electricity costs. The Community Council are now looking at how to take this project forward.

We also try to meet the needs of our volunteers. In November 2022 eight volunteers and the co-ordinator received First Aid training. The training was free and provided by ReallyPro.

We also provided training in 'Difficult conversations' (e.g., end of life) provided by Shalom, in January 2023. Six volunteers/trustees attended along with our coordinator and activities organiser. Shalom has offered regular sessions for volunteers, and there is also a possibility of providing this in-house in the future.

Medium Term Goals

Domiciliary Care - Based on our knowledge of ongoing local need, early in 2022 we applied for funding to develop a pilot project to continue with our intention of setting up a domiciliary care service. As we were unsuccessful, we actively sought alternatives including working with existing providers. Following the results of our survey which indicated support to continue to explore the idea, a discussion was held with Neyland CIC in June 2022. It was agreed that we would start a small pilot in Solva and the surrounding area, working through Neyland. In November 2023, an Enhancing Pembrokeshire Grant was secured to fund a part time member of staff to lead an exploration into the development of a Solva Domiciliary Care service alongside a Solva Volunteering service.

An informal partnership arrangement was formed with the Community Interest Care (CIC) in Neyland to deliver domiciliary care services in Solva, St Davids and the surrounding area. We were to support the recruitment of potential staff through the CIC and provide knowledge exchange and support for CIC to set up a volunteer care service using the Solva Care Toolkit.

Recruitment for staff in the first half of 2023 proved difficult, however overseas recruitment is now alleviating the skills shortage and CIC may be able to deliver services on the peninsula from September 2023. We will endeavour to help with locating accommodation on a commercial basis for any newly recruited staff.

We remain committed to supporting the CIC to develop volunteer care in the South of the county and in return CIC have committed to using the 'not for profit' status of delivering care to Solva and the surrounds to support the core costs of running Solva Care.

Lottery Funding - As our lottery funding will cease March 2024, it was agreed in June 2022 that we needed to undertake a piece of work to identify minimal core costs to maintain a basic service to our residents. This helped to inform the level of funding that we should be continuing to apply for (in the absence of being able to extend our work), and also the level of funding we would need to maintain Solva Care for a further 6 months to implement closure plans. As a result, a reserve funding policy was developed along with an exit strategy. To date we are hoping not to use either as we aim to continue to apply for funding from various sources trying to build on our successes to date and expand our working arrangements.

SOLVA CARE

REPORT OF THE TRUSTEES for the Year Ended 31 March 2023

However, in acknowledging the timeline of our funding, we have established a working group to consider the risk of having to implement an exit strategy, alongside developing a new 5-year strategy from 2024. We are exploring new ways for extending our services and in securing ongoing funding. Having learnt the great value in working with other areas and agencies in seeking specific funding grants for research purposes, we will be focussing on new ways for Solva Care to continue to be innovative in our support of older and vulnerable people.

SOLVA CARE

REPORT OF THE TRUSTEES for the Year Ended 31 March 2023

ACHIEVEMENT AND PERFORMANCE

Other Short-term goals

1.1 Village Survey

We continually work to find ways to build on what we do and to support Solva and other communities in defining and meeting their own needs at a local level. To this end, as planned, our village survey was circulated in April/May 2022, asking residents what more we could do to meet the community's needs. The table below summarises some of the key features of our community and the results.

General

320 questionnaires were delivered, and 263 were completed & returned.

42% of our population are over 65. Fortunately, most of them are well and happy.

90% of those responding own a car. Some 25 households do not have transport.

75% of people were confident using IT and 7% would welcome some help.

78% exercise regularly, 21% do not exercise at all - usually by reason of disability or age.

36 people use a variety of mobility aids to help them get about.

Covid

43% had not been affected at all by Covid, 40% had felt some effect and 16% had been affected a lot.

People had felt isolated, there were medical problems and families had been unable to meet up.

Moving on post Covid was felt to be important - getting back to normal, offering more social events, looking outward, being positive, getting back to seeing the doctor, helping those who had lost confidence were among the points made.

Care (Note: there were problems about defining 'care')

28 people completed the Care Section. 23 households said they receive personal care. Responders were selective and added brief statements 'My neighbour does my shopping and washes my hair.' 'We look after each other.'

Care needed/offered: Preparing/ eating food - 22. Washing bathing/ using the toilet - 10. Dressing and undressing -11. Reading/communicating - 9. Managing medicines/ treatments - 21. Making decisions about money - 14. Engaging with other people - 9.

Solva Care

275 responses, most households felt that the Solva Community benefitted from Solva Care (some households did more than one response).

Generally, help is needed with small repairs, general maintenance, heavy lifting, and garden upkeep.

There were many suggestions about other support activities that might be offered. E.g., cooking activities, nutrition info, book club, craft club, fitness program and another community info event.

On the question of Solva Care providing domiciliary care, 257 people responded and 71% said yes, it would be a good idea.

1.2 Satisfaction - how we attempt to demonstrate our impact

We know that people are less isolated, lonely, and able to keep living in their own homes. They can attend events, make new friends, and socialise. We have had data from Hywel Dda showing that hospital admissions of people in the village have gone down since Solva Care started. We are also able to provide support for people coming out of hospital. We collect all feedback and regularly evaluate events that we arrange, e.g., Friday Club.

1.3 Working with others including CardiCare

Our peer to peer support collaborations included CardiCare - a joint project with Rural Health and Care Wales - in which Solva Care provided mentorship to help start up a similar support group in Cardiganshire, using our tool kit. The toolkit was found to be a good, adaptable framework for a community to use.

In June 2022, the CardiCare team visited Solva Care and Friday Club. Twelve members a mix of volunteers, people they support and employees - attended for discussions and refreshments before attending Friday Club with the Ukelele Pirates.

This was later reciprocated with members of Solva Care visiting CardiCare in Aberporth. We were shown the community fridge, clothes exchange, vegetable garden, coffee morning and their Friday Club. We met the 'Mouse Man of Aberporth,' who inspired our own Mouse trail, and saw some of the mice. The visit ended with refreshments and music by their Ukelele Pirates. In October 2022, the co-ordinator and a trustee attended the end of project celebration of CardiCare in Aberporth.

SOLVA CARE

REPORT OF THE TRUSTEES for the Year Ended 31 March 2023

ACHIEVEMENT AND PERFORMANCE

The CardiCare project showed how this type of mentorship project can result in two way - learning for both organisations. It can act as a catalyst for new ideas to be introduced and tested.

In addition, as part of our ongoing activities we collaborate with local community groups and events. For example, we bring people to and from the weekly luncheon club and coffee mornings, as well as help them with volunteers when needed. This year we worked with the energy project Heat to inform people about energy cost changes and how to get support. During the winter of 2022/23, we collaborated with Solva Community Council to support their warm rooms initiative. Our co-ordinator and volunteers organised events for people to attend to keep warm and we put hats, scarves, gloves etc in the 'cwtch corner' by the local shop for people to help themselves. With the help of Solva Community Cinema we arranged a monthly film matinée in the Memorial Hall as part of this initiative.

We have also been working with our neighbouring village, St Davids, and their Food Hub. This year we delivered mini-stollen cakes for the Christmas Day meal in Solva and St Davids and delivered blankets, to be passed on to a local family.

A joint project between St Davids & Solva Art Group and Solva Care was a 2023 calendar, with scenes of Solva drawn by local artists. Available from the end of July 2022, we sold our quota of 250 calendars, with help from local shops. The Art group sold another 250 in St Davids. We were invited to attend the opening of their art exhibition in St Davids City Hall in August 2022, which was also the launch of the Solva Care/Art Group Calendar. All proceeds less costs went to Solva Care.

In June 2022, our co-ordinator took part in the project Inspiring Primary Futures at Roch School, aimed at giving young people insight into different types of jobs. The first 45-minute session took place at the morning assembly, where the junior school children played a version of twenty questions with the four visiting adults, aiming to guess what their jobs were. The second visit was a more detailed Q&A session with one class in a classroom, where they broke into groups with the adults circulating. We liaise with the local schools and offer volunteering opportunities for students. Currently we have a young volunteer, doing his Welsh Baccalaureate, who helps at Friday Club.

We liaise with West Wales Walking for Wellbeing, encouraging people to join the walks with one of our volunteers helping with the walks.

We have supported a newly started Macular Degeneration Support Group from when it started in June 2022 and paid the cost of renting the Football Club on Wednesday mornings every other week.

From mid-October 2022, our co-ordinator was able to resume using a room at Solva Surgery one morning a week, where people can drop in and Solva Care can keep close contacts with the surgery. Members of Solva Care were also part of the Action Group formed to help to 'Save Solva Surgery.' The surgery is now a managed practice and Solva Care engages in plans for exploring long term solutions.

1.4 Together for Change (TfC)

We are continuing to develop our programme of research through our organisation -known as Together for Change (TfC). TfC received funding from the National Lottery Community Funding Wales in September 2020 with a second phase of funding awarded in September 2022, for three years. TfC has continued to work with, and for, the benefit of communities of place and alongside individuals, groups, and organisations, which want to further that aim. Up to date developments are shared with the Trustees to benefit the Charity.

TfC is engaged in the development of the Integrated Communities Networks in Pembrokeshire. The team is helping Solva Care to present a case for being an integral part of the proposed Peninsula Wellbeing Hub. TfC launched its new website https://www.tfcpenbrokeshire.org/en_gb/ on 29th June 2023 where up to date information about its projects can be found.

SOLVA CARE

REPORT OF THE TRUSTEES for the Year Ended 31 March 2023

FINANCIAL REVIEW

Financial position

The end of the period saw financial reserves standing at £102,594 (2022 - £97,657).

Reserves policy

It is the trustees intention to try to maintain reserves at a level equivalent to around four months expenditure.

FUTURE PLANS

Long Term Goals (set for 2022/23)

Our long-term goals set for 2022/23 remain the same for 2023/4 and beyond. We continue to find ways to support Solva and other communities in defining and meeting their own needs at local level. We aim to continue to have a presence and influence both locally and nationally by demonstrating the differences that we know Solva Care can make.

Looking to the future - Goals for 2023/2024

- Securing ongoing funding is our major focus this year. A small team has been set up to consider ways of raising funds with the aim of one day becoming sustainable. Our ideas include social activities e.g., fêtes, fashion evening with preloved clothes, live music events etc.
 - Sponsorship - we are asking local active members of the community to undertake special events to gain sponsorship in aid of Solva Care.
 - Grant applications - as suitable, working with others as required.
 - Domiciliary Care - we will continue with our current plans in the hope of providing statutory care alongside our voluntary service, supporting in a not-for-profit way.
 - Establishment of a Health, Social Care and Wellbeing hub. This is seen as a long-term vision with Hywel Dda Health Board as a further extension of their managed GP practice in the village.
- During the next year we will keep our residents informed of our progress and seek their support.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

CE010251 (England and Wales)

Registered Charity number

1172878

Registered office

Little Valley
Wiston
Haverfordwest
Pembrokeshire
SA62 4PJ

SOLVA CARE

REPORT OF THE TRUSTEES for the Year Ended 31 March 2023

Trustees

Mrs M Roach
Mrs S Denman
Dr B Bale Chair
Mrs S Young
J C Higgins
Rev E M Morgan
Dr J Holland
Mrs S Burns
J Griffin
Ms M McKenzie
Ms S Chichlowska

Company Secretary

B D Payne

Independent Examiner

Paul Murray
L M Griffiths & Co Limited
Chartered Certified Accountants
1&2 Merlins Court
Winch Lane
Haverfordwest
Pembrokeshire
SA61 1SB

CONCLUSION

Solva Care was set up with and for the people of Solva parish. The demographics of the village will inevitably change overtime, but we remain exceedingly fortunate to have a wealth of willing and able volunteers to continue our mission to meet the expressed needs of our residents. This year we will have up to date information from our survey about what we should continue to do and what we can do more of to promote the health and wellbeing of our residents.

We continue to be grateful to local people for their fundraising efforts - the money is put to effective use and the community support is very encouraging. However, our work needs a more permanent funding basis, and we continue to negotiate with the County Council, the Local University Health Board and at Regional and National level. We continue to have a strong media presence which helps our informal methods to ensure a wider audience as well as local people know what we do.

Approved by order of the board of trustees on 4 September 2023 and signed on its behalf by:



J C Higgins - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
SOLVA CARE**

Independent examiner's report to the trustees of Solva Care ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Paul Murray
The Association of Chartered Certified Accountants

L M Griffiths & Co Limited
Chartered Certified Accountants
1&2 Merlins Court
Winch Lane
Haverfordwest
Pembrokeshire
SA61 1SB

Date: 4/9/23.....

SOLVA CARE

STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31 March 2023

	Notes	Unrestricted fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		<u>9,742</u>	<u>222,413</u>	<u>232,155</u>	<u>127,248</u>
EXPENDITURE ON					
Charitable activities					
Charitable costs		<u>9,639</u>	<u>217,579</u>	<u>227,218</u>	<u>165,976</u>
NET INCOME/(EXPENDITURE)		<u>103</u>	<u>4,834</u>	<u>4,937</u>	<u>(38,728)</u>
Transfers between funds	6	<u>43</u>	<u>(43)</u>	<u>-</u>	<u>-</u>
Net movement in funds		<u>146</u>	<u>4,791</u>	<u>4,937</u>	<u>(38,728)</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>28,258</u>	<u>69,399</u>	<u>97,657</u>	<u>136,385</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>28,404</u></u>	<u><u>74,190</u></u>	<u><u>102,594</u></u>	<u><u>97,657</u></u>

The notes form part of these financial statements

SOLVA CARE

BALANCE SHEET 31 March 2023

	Notes	Unrestricted fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
CURRENT ASSETS					
Cash at bank		28,405	79,912	108,317	101,635
CREDITORS					
Amounts falling due within one year	5	-	(5,723)	(5,723)	(3,978)
NET CURRENT ASSETS		<u>28,405</u>	<u>74,189</u>	<u>102,594</u>	<u>97,657</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>28,405</u>	<u>74,189</u>	<u>102,594</u>	<u>97,657</u>
NET ASSETS		<u>28,405</u>	<u>74,189</u>	<u>102,594</u>	<u>97,657</u>
FUNDS	6				
Unrestricted funds				28,405	28,258
Restricted funds				74,189	69,399
TOTAL FUNDS				<u>102,594</u>	<u>97,657</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

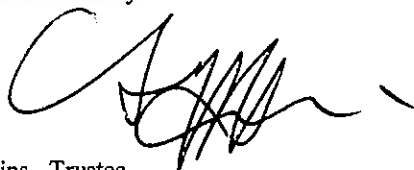
The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 4 September 2023 and were signed on its behalf by:



J C Higgins - Trustee

The notes form part of these financial statements

SOLVA CARE

NOTES TO THE FINANCIAL STATEMENTS for the Year Ended 31 March 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. TRUSTEES' REMUNERATION AND BENEFITS

Mrs S Denman, trustee, carried out consultancy work for the charity during the year in relation to the Together For Change project. During the year, Mrs S Denman invoiced £28,085

SOLVA CARE

NOTES TO THE FINANCIAL STATEMENTS - continued for the Year Ended 31 March 2023

2. TRUSTEES' REMUNERATION AND BENEFITS - continued

Trustees' expenses

Trustee expenses of £233 were paid during the period ended 31 March 2022 (2022 - £816).

3. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2023	2022
Co-ordinator	1	1
Administrative	1	1
P&IP development assistant	-	1
Activities assistant	1	1
TfC project co-ordinator	1	1
TfC Community researcher	1	-
TfC anchor	1	-
	<u>6</u>	<u>5</u>

No employees received emoluments in excess of £60,000.

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	<u>24,722</u>	<u>102,526</u>	<u>127,248</u>
EXPENDITURE ON			
Charitable activities			
Charitable costs	<u>12,474</u>	<u>153,502</u>	<u>165,976</u>
NET INCOME/(EXPENDITURE)	<u>12,248</u>	<u>(50,976)</u>	<u>(38,728)</u>
Transfers between funds	<u>32</u>	<u>(32)</u>	<u>-</u>
Net movement in funds	<u>12,280</u>	<u>(51,008)</u>	<u>(38,728)</u>
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>15,978</u>	<u>120,407</u>	<u>136,385</u>
TOTAL FUNDS CARRIED FORWARD	<u><u>28,258</u></u>	<u><u>69,399</u></u>	<u><u>97,657</u></u>

SOLVA CARE

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2023

5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Social security and other taxes	3,715	2,631
Other creditors	568	326
Accrued expenses	1,440	1,021
	<u>5,723</u>	<u>3,978</u>

6. MOVEMENT IN FUNDS

	At 1.4.22	Net movement in funds	Transfers between funds	At 31.3.23
	£	£	£	£
Unrestricted funds				
Solva Care General fund	28,258	104	43	28,405
Restricted funds				
Lottery Community Fund - 10332343	2,578	4,701	1,378	8,657
Lottery Dissemination Project	27,558	(11,795)	(15,763)	-
Lottery COVID-19 Together For Change	13,678	(12,158)	(1,520)	-
Together for Change reserve	10,440	10,253	11,683	32,376
4WARDS Project	15,145	(15,107)	(38)	-
Together For Change 2 - 20189048	-	24,939	4,217	29,156
TfC Social Care Wales	-	4,000	-	4,000
	<u>69,399</u>	<u>4,833</u>	<u>(43)</u>	<u>74,189</u>
TOTAL FUNDS	<u>97,657</u>	<u>4,937</u>	<u>-</u>	<u>102,594</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Solva Care General fund	9,742	(9,638)	104
Restricted funds			
Lottery Community Fund - 10332343	56,209	(51,508)	4,701
Lottery Dissemination Project	-	(11,795)	(11,795)
Lottery COVID-19 Together For Change	-	(12,158)	(12,158)
Together for Change reserve	17,222	(6,969)	10,253
4WARDS Project	30,558	(45,665)	(15,107)
Together For Change 2 - 20189048	104,424	(79,485)	24,939
TfC UKCRF Evaluation	10,000	(10,000)	-
TfC Social Care Wales	4,000	-	4,000
	<u>222,413</u>	<u>(217,580)</u>	<u>4,833</u>
TOTAL FUNDS	<u>232,155</u>	<u>(227,218)</u>	<u>4,937</u>

SOLVA CARE

NOTES TO THE FINANCIAL STATEMENTS - continued for the Year Ended 31 March 2023

6. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
Unrestricted funds				
Solva Care General fund	13,278	14,959	21	28,258
Local Grants for Third Sector Organisations	700	(700)	-	-
Siop Solfach & Mens Shed	2,000	(2,011)	11	-
	<u>15,978</u>	<u>12,248</u>	<u>32</u>	<u>28,258</u>
Restricted funds				
Nesta Grant	20	-	(20)	-
Lottery Community Fund - 10332343	10,663	(20,843)	12,758	2,578
Lottery Dissemination Project	27,736	(178)	-	27,558
Lottery COVID-19 Together For Change	77,275	(50,827)	(12,770)	13,678
Volunteering For Pembrokeshire Grant	4,713	(4,713)	-	-
Together for Change reserve	-	10,440	-	10,440
4WARDS Project	-	15,145	-	15,145
	<u>120,407</u>	<u>(50,976)</u>	<u>(32)</u>	<u>69,399</u>
TOTAL FUNDS	<u>136,385</u>	<u>(38,728)</u>	<u>-</u>	<u>97,657</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Solva Care General fund	24,722	(9,763)	14,959
Local Grants for Third Sector Organisations	-	(700)	(700)
Siop Solfach & Mens Shed	-	(2,011)	(2,011)
	<u>24,722</u>	<u>(12,474)</u>	<u>12,248</u>
Restricted funds			
Lottery Community Fund - 10332343	55,287	(76,130)	(20,843)
Lottery Dissemination Project	-	(178)	(178)
Lottery COVID-19 Together For Change	1	(50,828)	(50,827)
Volunteering For Pembrokeshire Grant	6,240	(10,953)	(4,713)
Together for Change reserve	10,440	-	10,440
4WARDS Project	30,558	(15,413)	15,145
	<u>102,526</u>	<u>(153,502)</u>	<u>(50,976)</u>
TOTAL FUNDS	<u>127,248</u>	<u>(165,976)</u>	<u>(38,728)</u>

SOLVA CARE

NOTES TO THE FINANCIAL STATEMENTS - continued for the Year Ended 31 March 2023

6. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
Unrestricted funds				
Solva Care General fund	13,278	15,063	64	28,405
Restricted funds				
Lottery Community Fund - 10332343	10,663	(16,142)	14,136	8,657
Lottery Dissemination Project	27,736	(11,973)	(15,763)	-
Lottery COVID-19 Together For Change	77,275	(62,985)	(14,290)	-
Together for Change reserve	-	20,693	11,683	32,376
4WARDS Project	-	38	(38)	-
Together For Change 2 - 20189048	-	24,939	4,217	29,156
TfC Social Care Wales	-	4,000	-	4,000
	<u>115,674</u>	<u>(41,430)</u>	<u>(55)</u>	<u>74,189</u>
TOTAL FUNDS	<u>136,385</u>	<u>(33,791)</u>	<u>-</u>	<u>102,594</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Solva Care General fund	34,464	(19,401)	15,063
Restricted funds			
Lottery Community Fund - 10332343	111,496	(127,638)	(16,142)
Lottery Dissemination Project	-	(11,973)	(11,973)
Lottery COVID-19 Together For Change	1	(62,986)	(62,985)
Together for Change reserve	27,662	(6,969)	20,693
4WARDS Project	61,116	(61,078)	38
Together For Change 2 - 20189048	104,424	(79,485)	24,939
TfC UKCRF Evaluation	10,000	(10,000)	-
TfC Social Care Wales	4,000	-	4,000
	<u>318,699</u>	<u>(360,129)</u>	<u>(41,430)</u>
TOTAL FUNDS	<u>359,403</u>	<u>(393,194)</u>	<u>(33,791)</u>

SOLVA CARE

NOTES TO THE FINANCIAL STATEMENTS - continued for the Year Ended 31 March 2023

7. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

8. SEGMENT ANALYSIS

	Solva Care £	Together for Change £	Total £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	65,949	166,204	232,153
Total			
EXPENDITURE ON			
Charitable costs	61,146	166,070	227,216
NET INCOME	4,803	134	4,937
Transfers between funds	1,421	(1,421)	-
Net movement in funds	6,224	(1,287)	4,937
RECONCILIATION OF FUNDS			
Total funds brought forward	30,836	66,821	97,657
TOTAL FUNDS CARRIED FORWARD	37,060	65,534	102,594

SOLVA CARE

DETAILED STATEMENT OF FINANCIAL ACTIVITIES for the Year Ended 31 March 2023

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	8,954	3,244
Donated services and facilities	789	-
Hywel Dda Health Board	4,948	6,590
Leader	-	11,033
Lottery Community Fund	160,631	55,288
Enhancing Pembrokeshire	-	8,695
Volunteering for Pembrokeshire	-	6,240
UKCRF (4WARDS Project)	40,558	30,558
Lottery (People and Places)	12,275	5,600
Social Care Wales	4,000	-
	<hr/> 232,155	<hr/> 127,248
Total incoming resources	232,155	127,248
EXPENDITURE		
Charitable activities		
Wages	105,692	83,220
Social security	3,645	-
Pensions	1,863	1,396
Insurance	199	285
Marketing and communications	5,972	2,583
Manager travel and expenses	7,225	4,562
Room hire	6,281	2,501
Training and courses	87	208
Trustee and volunteer expenses	-	816
Project workers cost	61,150	42,238
Pop up shop	-	2,011
	<hr/> 192,114	<hr/> 139,820
Support costs		
Other		
Wages	26,435	17,419
Computer costs	1,351	3,719
Professional fees	5,796	2,784
Memberships and subscriptions	82	187
Christmas lunch	-	252
Solva Care Donation Fund	-	775
	<hr/> 33,664	<hr/> 25,136

This page does not form part of the statutory financial statements

SOLVA CARE

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31 March 2023**

	2023 £	2022 £
Other		
Governance costs		
Accountancy fees	1,440	1,020
Total resources expended	227,218	165,976
Net income/(expenditure)	4,937	(38,728)

This page does not form part of the statutory financial statements