

REGISTERED COMPANY NUMBER: CE010251 (England and Wales)
REGISTERED CHARITY NUMBER: 1172878

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021
FOR
SOLVA CARE**

L M Griffiths & Co Limited
Chartered Certified Accountants
1&2 Merlins Court
Winch Lane
Haverfordwest
Pembrokeshire
SA61 1SB

SOLVA CARE

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SOLVA CARE

CHAIR'S REPORT for the Year Ended 31 March 2021

This is our fifth Annual Report, covering what we now think of as 'the year of Covid'. Last year, the plans we made for the coming year concerned working more closely with domiciliary care workers, trying to create a more integrated care system, and working towards a preventative care programme, to keep people healthier for longer. We also wanted to pursue our aim of the development of a domiciliary care service to run alongside the volunteer service. All this alongside our day-to-day work, responding to the needs of local people and working together in a mutually beneficial programme of care.

We have got very good at finding 'covid proof' ways of continuing our work. Working with the community, we have continued to offer support and our regular volunteers have been joined by many others, all willing to help. We have been flexible in our approach and have been able to respond to all requests for assistance. We are also making plans for our post-covid period, when people will be out and about more, but some may still be reluctant to put themselves at risk. We are therefore devising ways of assisting people to meet up and join in with others whilst still staying safe.

Covid-19 has affected everyone, and we have worked closely with Solva Community Council, meeting on a weekly basis, to extend our support to the whole community. This joint approach worked well, and we want to find ways to build on it and to support Solva and other communities in defining and meeting their own needs at a local level. We have made use of the top up funding we received from the lottery to make progress in working with other rural communities which are seeking to develop their own projects. Together for Change held several well-attended online events in June and November 2020 exploring what can be done to support other community projects that started up during the pandemic. Our work still needs a more permanent funding basis, and we continue to negotiate with the County Council, the Local University Health Board and at Regional and National level.

Every year, I thank everyone who has helped - our Co-ordinator, our volunteers, our Trustees, the Community Council, the Surgery, the Bayview Stores, and the whole community. It works because we all work together. We have been able to make a real difference to people's lives and wellbeing and we all feel better for it. I say it every year and mean it every year. Thank you.

Mollie Roach
Chair
Board of Trustees

SOLVA CARE

REPORT OF THE TRUSTEES for the Year Ended 31 March 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Executive summary

As a result of the COVID - 19 pandemic 2020/21 has been a year like no other. Whilst some of our plans for the year had to be curtailed, this report sets out what we have been able to achieve during our fifth and most challenging year of operation, and more importantly, what we hope to achieve in the next phase, (Covid allowing). Above all, Solva Care has continued to be a community project - we have worked together to care for those in our community who needed support as far as restrictions have allowed, maintaining connections with our local GP surgery, local social workers and third sector organisations. We have continued to learn, to record the lessons learned, and to apply the learning to improve what we do in the future to build and maintain resilience and sustainability.

The Strategy of Solva Care for 2019-2024 set out six strategic objectives which we have continued to progress and review during 2020/21. These include continuing to deliver and extend our volunteering service and providing ongoing and new activities for individuals, as far as was possible, to maintain and enhance health and well-being. We describe in this report how we have been able to extend our programme and forge constructive working relationships with other organisations to benefit our community and share our learning. The report outlines our commitment to research and evaluation and our approach to seeking ways of ensuring our financial security and sustainability as a charity in the future.

In particular, the report highlights the outcomes and learning from the Together for Change Project alongside an ongoing commitment to work towards a local care service through Direct Payments (the PIP Project - Prevention Integration Partnership). Having benefitted from support to develop our online Toolkit, this has now been made available as an edited paper version, which we have distributed in hard copy to share and support other communities working to provide local services matched to the needs of their community. We also hosted a virtual discussion on the merits and uses of the Toolkit following circulation.

The report outlines the activities we have been able to provide and the benefits we think they bring. Our work is both rewarding and appreciated with some of the comments from our villagers included. When the time is right (post Covid-19 restrictions) we intend to survey people in Solva to ensure that we are continuing to provide what is needed and wanted to the best of our ability.

As stated earlier, we do not work alone and intend to continue to work with and learn from others, outlining in the final section some thoughts for our short, medium- and longer-term areas for development.

SOLVA CARE

REPORT OF THE TRUSTEES for the Year Ended 31 March 2021

OBJECTIVES AND ACTIVITIES

Objectives and aims

Solva Care is a community initiative focusing on providing specially designed social care support. It was originally set up by Solva Community Council as a pilot project in June 2015 and became a registered charity on 4 May 2017, offering friendly, local support to those who need it in the parish of Solva. It is a well-developed support system, which is run by a trustee board and a part-time co-ordinator and activities assistant, with the help of local volunteers. In addition, we employ 2 researchers specifically to deliver on our funded research projects.

Our aims are to maintain and improve the health and wellbeing of older people and others who need it. We want them to have choices, be independent, feel well and play a part in village life. We connect people to add to neighbourliness and encourage friendships so that no one falls through the net. We also organise physical, cultural, and other activities, which are open to all.

We currently work with 50 local volunteers, some of whom volunteered for the first time in response to the pandemic. Volunteers are DBS checked, and sign a confidentiality agreement. They are insured and provided with induction training. Most volunteers are retired people who are still active in the community but have got some time to spare to assist their fellow villagers. We also have some young volunteers.

Together, as a community, we have set up an operational co-ordinated volunteer service that underpins the work of statutory health and social care services in our area. Solva Care is filling the gaps in the provision of services from local authorities, paid care services, family, and friends. We still maintain close links with Solva Community Council, which is represented on our Board of Trustees. To meet the specific needs and coordinate our response to support of the community throughout the pandemic, a new task and finish group was established at the start of the first lock-down 23 March 2020, bringing together key voluntary groups, including Solva Care, with Solva Community Council. The group was called SNAKE (Solva Neighbourhood Action and Knowledge for Emergencies) and continued to meet until March 2021.

Volunteers

Through our volunteers we support people with a variety of things such as shopping, collecting prescriptions, pop in visits, short respite for family carers, dog walking, signposting and transport to the surgery, bank/post office, shops, village events etc. The Co-ordinator provides the link between the volunteers, people we support and a variety of other organisations.

In the period 1 April 2020 to 31 March 2021, 40 volunteers (plus 51 extra volunteers during lockdown) gave 1255 hours of support to over 60 People in Solva. Included in this figure is 118 hours spent helping at events organised by us. Trustees spent over 140 hours per month on admin and meetings. Although some volunteers were shielding, they helped in other ways, for instance by making phone calls and baking.

During the last 12 months, Covid 19 has affected the support we have been able to give. For a large part of the year, we had to stop all face-to-face support, cancel outings and activities and the planned Volunteer Day. Instead, we came up with other ideas to reassure people that they had not been forgotten, such as deliveries of afternoon tea, Valentine's cards cookies and story-writing groups.

SOLVA CARE

REPORT OF THE TRUSTEES for the Year Ended 31 March 2021

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Due to the pandemic, we had to suspend much of our support and activities for months at the time. Instead, we had to come up with other ways of connecting people. At the start of the first lock-down we set up a blog 'Solva Stories, where people could share photos, stories, poems, recipes etc. We nominated people for a Cwtch box, for instance people who had recently had a bereavement, been ill or lived alone. We provided an Outdoor library, in a plastic storage unit on the Green, with donated books and DVDs. For VE Day on the 8th of May, we encouraged people to have tea in their front gardens and to decorate their houses with bunting. We also asked the volunteers as well as the people we support to phone each other.

In the summer, we devised a Mouse Trail, by asking people in the village to paint a mouse on a slab or stone and display it by their house or in their window. We had maps made by local volunteers that were available online and in local shops. The map, which was free of charge, included a quiz for children as well. As soon as we were able to meet outside, we arranged visits in people's gardens and walks. In August we delivered Afternoon Tea to thirty of our older people.

During the periods we were allowed to meet inside we arranged our weekly Friday Club in the football clubhouse - although for smaller numbers - with face masks, open windows, and hand gel. There were two hours of gentle exercise, craft, quizzes, talks and other activities. Local people mostly gave their time for free. We have continued to devote the first half of our weekly Friday Club to gentle exercise, provided by a local Qigong teacher, to maintain and improve people's balance, strength, and movement. We also help promote and refer people to the West Wales Walking for Wellbeing weekly walks. In addition, we provided people we support with exercise sheets to do at home and encouraged those who could, to use online facilities for yoga and other exercise. We also started IT Support sessions to help people get online.

In November we treated people to a Fish & Chips delivery in cooperation with the Solva Luncheon Club. In December 2020 we again organised our Living Advent Calendar event 'Sparkling Solva', where 31 households in the village undertook to decorate an Advent Window on a specific date. We had to cancel our planned outdoor event on the village green, unfortunately, due to bad weather. We also delivered Christmas cards and mince pies to the people we support as well as Christmas cards to all volunteers.

In February 2021 we arranged a Fish & Chips take away for volunteers to thank them for all their support. We delivered Valentine's cards and cookies and for St Davids Day Cawl & daffodils. We started to give birthday cards to all volunteers and organised online Writing for wellbeing sessions run by a local writer and psychotherapist. We asked those who were not online to write a story on the theme 'Living/Moving to/Growing up in Solva', which we copied and passed around so that everyone could read the others' stories.

The extension to our Leader project until September 2022 has enabled the project lead to continue to work with those delivering hands-on domiciliary care in Solva, so that between us, we can deliver seamless, user focused continuity of care. We have continued to maintain our local services register, so that the people we support can quickly find reliable local trades people - gardeners, cleaners, maintenance workers etc. and involve our young people in the Project.

PIP continues to maintain a register of local people who work as Carers and to look at ways of supporting those carers. Above all, Solva Care want to concentrate on responding to individual need, to stay local and focus on keeping our whole community viable and sustainable.

The Toolkit Dissemination Project has been developed by Solva Care and partner organisation PAVS and PLANED into a wider initiative to build on the positive effects of the pandemic. Called Together for Change, a programme of work has been agreed with community groups, and third and public sector organisations that will centre on supporting and sustaining local community groups. Solva Care is hosting Together for Change. Three workstreams are being focused on: a shared vision for community development, building and using research evidence, and providing support for community groups through shared learning and partnerships working. Together for Change hosted three popular masterclasses for community groups on making podcasts, using social media and film making. More sessions are planned. A hard copy of the Solva Care toolkit was sent to all Community and Town Councils in Pembrokeshire and is currently being evaluated. See website for the detail of the considerable achievements Together for Change www.tfcembrokeshire.org

SOLVA CARE

REPORT OF THE TRUSTEES for the Year Ended 31 March 2021

The Cardi Care pilot project, a cooperation with Rural Health and Care Wales, that will investigate whether our tool kit can be used by other rural communities as a basis of emulating and duplicating our community care model, was disrupted by the pandemic but it is hoped that work can resume soon.

SOLVA CARE

REPORT OF THE TRUSTEES for the Year Ended 31 March 2021

ACHIEVEMENT AND PERFORMANCE

What benefits have been achieved?

Solva Care firmly believe that evaluation of all our events and activities is essential to ensure that we are meeting the needs of our people and can change/adapt accordingly. Below is feedback from some of our events and activities.

The Mouse trail:

We enjoyed being part of it, thank you. Customers who had collected maps from us came back and reported that they'd loved doing the trail and especially appreciated discovering more of the village. Look forward to whatever next.

Thank you... We had fun doing this and our 2 nieces really enjoyed being a part of it. Looking forward to the next one!

Thank you so much for organising it, really enjoyed seeing them around the village. Many thanks.'

We helped a family, who live away, when their mother in Solva passed away: distributed plants and items from her house and passed clothes on to Shalom . Cooker, crockery, and cutlery went to the football clubhouse. We found a place for the family to stay when they came down for the funeral during lock-down and a new home for the dog. The son kindly recorded a short video about this for The not Welsh Charity Awards, which they put on Twitter and Facebook. The daughter nominated Solva Care co-ordinator Lena Dixon for Good Housekeeping's National treasure (Dec. 2020 issue).

We helped set up for Christmas lunch in Solva Memorial Hall and organised deliveries of food to people electing to have their lunch at home.

'Just a note to say a very, very big thank you for my Christmas lunch.... It was indeed delightful and good to eat! Please thank all who were involved.'

'Thank you for the wonderful food you delivered to my gran... today. She was very grateful... and she thoroughly enjoyed it.'

Feedback from Mince pie, cake & Christmas card delivery to people we support:

'Many thanks for the mince pie and cake. What a lovely treat'

'Thank you for all your help in 2020'.

A nice surprise! One lovely mince pie & a piece of chocolate cake.....I felt quite overwhelmed by the kind gesture & now I look forward to enjoying eating my very nice surprise at Christmas.

We inspired Manorbier to do their own Advent window trail.
<https://www.westerntelegraph.co.uk/news/18955388.manorbiers-magical-advent-calendar-sparkling-surprise-around-every-corner/>

We contributed to St Davids food hub's Christmas food & treat boxes delivered to 47 households on the St Davids peninsula.

'We are so very grateful for your kind offer to donate goodies and treats for the Xmas boxes... thank everyone at Solva Care for this generosity.'

We invited feedback from the online Writing for Wellbeing sessions via a questionnaire:

I have definitely taken more notice of the detail in the world around me and tried to use words to describe what I see.

I loved the positivity of the sessions, the beautiful poetry and the writing prompts, but what I liked most was seeing smiling faces every Wednesday afternoon.

I felt relaxed and in a good mood afterwards. If I had had a particularly busy day, it made me feel refreshed after.

SOLVA CARE

REPORT OF THE TRUSTEES for the Year Ended 31 March 2021

ACHIEVEMENT AND PERFORMANCE

There being no pressure to share or otherwise contribute meant I could relax and not worry about what I was writing. It was nice to have the space to notice my own reactions to the exercises and poems that you read out and consider them privately.

What we have learned this year and how we are changing to meet future needs

We are confident that Solva Care's structure with a Co-ordinator and volunteers enables us to initiate different things that may then take on a life of their own. The activities bring people together and increase a sense of community, involvement, and confidence. The result of this can be seen in the response to the Covid-19 crisis. When we were able to, we ran our usual activities and during lock-down we came up with alternatives.

The importance of effective communication between trustees and employees to enable the sharing of documents and specially to comply with the new Data Protection regulations led us to a review to ensure an appropriate computer system. We therefore decided to set up a Microsoft Teams System (part of Microsoft Office 365), although the implementation was interrupted by Covid-19.

How we attempt to demonstrate our impact

We evaluate and invite feedback from activities and projects organised or facilitated by Solva Care. In addition, there have been two questionnaires to the community to find out what people think about Solva Care, the first one in 2013 and the second one in 2016. We had prepared a third survey but decided to postpone it due to the pandemic.

The research project, funded by Innovate to Save UK concerning Direct Payments was used as an exemplar of research, carried out within a third sector organisation. It was held up as an example of how research could inform the way health and social care services could be delivered 'or not' in the context of a working setting. The example has helped shaped why it could be necessary for NHS research and development to potentially engage in research outside of the health sector. Engaging in collaborative research could help understand the impact and influence of national policy and strategy on health service use and delivery, in bringing health and social care closer to the community.

The importance of working with others

Throughout the Covid 19 pandemic and lock-down we have worked closely with Solva Community Council to co-ordinate information and support in the village. We have also been working on a Path Project in Solva together with Solva Community Council - to make parts of the village more accessible for everyone. This project is still ongoing but was halted due to Covid-19.

We continue to stay in close contact with the local surgery, holding a drop-in session for two hours every Friday morning. This service has been suspended during Covid, but we look forward to starting up again as soon as possible. We are part of the Solva Community Land Trust to ensure that the new £3 million housing development meets the needs of older people and to help keep our younger people in the village.

We joined the PCSN (Pembrokeshire Community Support Network) in 2020, to link and network with other communities in the county. In connection with Together for Change, we are working closely with PLANED and PAVS. Although the Cardi Care project has suffered delay, there are signs that this will be back on track in the second half of 2021. In the summer of 2020 trustees, volunteers and staff of Solva Care were interviewed by a PHD student as part of a study to Explore and compare cases of innovation in the organisation and delivery of social care services.

FINANCIAL REVIEW

Financial position

The end of the period saw financial reserves standing at £136,385 (2020 - £22,483).

Reserves policy

It is the trustees intention to try to maintain reserves at a level equivalent to around four months expenditure.

SOLVA CARE

REPORT OF THE TRUSTEES for the Year Ended 31 March 2021

FUTURE PLANS

Short term: we are looking at whether we can do more and do it better. Covid-19 has meant that we are supporting more people and more people are willing to help. We have started to contact people we are already supporting and asking what more we can do and whether there are things they may need to make the present situation easier. We are also resuming some indoor activities and plan more as restrictions ease.

Medium term: as lock-down is relaxed, people will be out and about more. However, many of those we support may still be reluctant to put themselves at risk. We are therefore devising ways of assisting them to meet up and join in with others whilst still staying safe. We are looking at whether we could work more closely with our local surgery, Social Services, Withybush Hospital, to make things easier for Solva people.

Longer Term: as Covid-19 has affected our whole community, we have worked with Solva Community Council to extend our support to the whole community. Old and young, those who are fit and healthy and those who are not or who are ill. This joint approach is working well, so for the longer term we will be considering a more joined-up approach - both here in Solva and further afield.

The local community response has been the most directly effective in meeting the needs of the communities. We should not let local initiatives slip away as the crisis lessens. We want to find ways to build on it and to support Solva and other communities in defining and meeting their own needs at a local level. We wish to do more to influence planning at county, regional and national level to make community projects such as Solva Care sustainable long term.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

CE010251 (England and Wales)

Registered Charity number

1172878

Registered office

Little Valley
Wiston
Haverfordwest
Pembrokeshire
SA62 4PJ

SOLVA CARE

REPORT OF THE TRUSTEES for the Year Ended 31 March 2021

Trustees

Mrs M Roach Chair
Ms F Barker Vice chair (resigned 1.5.21)
Mrs S Denman
Dr B Bale
Ms C A Jones (resigned 1.3.21)
Mrs S Young
J C Higgins
Mrs W M Wright (deceased 1.3.21)
Rev E M Morgan
Dr J Holland
Mrs S Burns

Company Secretary

B D Payne

Independent Examiner

Paul Murray
ACCA
L M Griffiths & Co Limited
Chartered Certified Accountants
1&2 Merlins Court
Winch Lane
Haverfordwest
Pembrokeshire
SA61 1SB

CONCLUSION

Although Solva Care has National Lottery funding until 2023, we still lack security regarding long term funding. We are doubly grateful to local people for their fundraising efforts - the money is put to effective use and the community support is very encouraging. However, our work needs a more permanent funding basis, and we continue to negotiate with the County Council, the Local University Health Board and at Regional and National level. We plan ahead and during early 2021 Trustees held an extra ordinary meeting to review and update the 2019/24 strategy document to take into account both local and national changes and what we have learned from the pandemic. We will shortly be doing another Community Survey in order to keep up to date with changes in our own community. The strategy document will reflect these changes and our response to them.

Approved by order of the board of trustees on 3 September 2021 and signed on its behalf by:



J C Higgins - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SOLVA CARE

Independent examiner's report to the trustees of Solva Care ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Paul Murray
ACCA
L M Griffiths & Co Limited
Chartered Certified Accountants
1&2 Merlins Court
Winch Lane
Haverfordwest
Pembrokeshire
SA61 1SB

3 September 2021

SOLVA CARE

STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31 March 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		30,637	190,748	221,385	81,454
EXPENDITURE ON					
Raising funds		-	4,382	4,382	4,982
Charitable activities					
Charitable costs		28,286	74,815	103,101	76,005
Total		<u>28,286</u>	<u>79,197</u>	<u>107,483</u>	<u>80,987</u>
NET INCOME		<u>2,351</u>	<u>111,551</u>	<u>113,902</u>	<u>467</u>
Transfers between funds	6	<u>(588)</u>	<u>588</u>	<u>-</u>	<u>-</u>
Net movement in funds		<u>1,763</u>	<u>112,139</u>	<u>113,902</u>	<u>467</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>14,215</u>	<u>8,268</u>	<u>22,483</u>	<u>22,016</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>15,978</u></u>	<u><u>120,407</u></u>	<u><u>136,385</u></u>	<u><u>22,483</u></u>

The notes form part of these financial statements

SOLVA CARE

BALANCE SHEET
31 March 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
CURRENT ASSETS					
Cash at bank		16,938	123,443	140,381	24,340
CREDITORS					
Amounts falling due within one year	5	(960)	(3,036)	(3,996)	(1,857)
NET CURRENT ASSETS		<u>15,978</u>	<u>120,407</u>	<u>136,385</u>	<u>22,483</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		15,978	120,407	136,385	22,483
NET ASSETS		<u>15,978</u>	<u>120,407</u>	<u>136,385</u>	<u>22,483</u>
FUNDS	6				
Unrestricted funds				15,978	14,215
Restricted funds				<u>120,407</u>	<u>8,268</u>
TOTAL FUNDS				<u>136,385</u>	<u>22,483</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

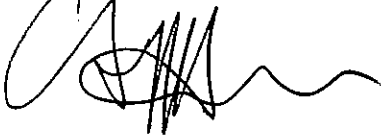
The notes form part of these financial statements

SOLVA CARE

BALANCE SHEET - continued
31 March 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 3 September 2021 and were signed on its behalf by:

A handwritten signature in black ink, appearing to be 'J C Higgins', written over a series of horizontal lines.

J C Higgins - Trustee

The notes form part of these financial statements

SOLVA CARE

NOTES TO THE FINANCIAL STATEMENTS for the Year Ended 31 March 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

SOLVA CARE

NOTES TO THE FINANCIAL STATEMENTS - continued for the Year Ended 31 March 2021

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees' expenses

Trustee expenses of £2,537 were paid during the period ended 31 March 2018 (2018 - £2,449).

3. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2021	2020
Co-ordinator	1	1
Administrative	1	1
P&IP development assistant	1	1
Community action researcher	1	1
Together for change project	1	-
	<u>5</u>	<u>4</u>

No employees received emoluments in excess of £60,000.

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	19,156	62,298	81,454
EXPENDITURE ON			
Raising funds	593	4,389	4,982
Charitable activities			
Charitable costs	26,692	49,313	76,005
Total	<u>27,285</u>	<u>53,702</u>	<u>80,987</u>
NET INCOME/(EXPENDITURE)	(8,129)	8,596	467
Transfers between funds	<u>6,858</u>	<u>(6,858)</u>	<u>-</u>
Net movement in funds	(1,271)	1,738	467

SOLVA CARE

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2021

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
RECONCILIATION OF FUNDS			
Total funds brought forward	15,487	6,529	22,016
TOTAL FUNDS CARRIED FORWARD	<u>14,216</u>	<u>8,267</u>	<u>22,483</u>

5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Social security and other taxes	2,689	873
Other creditors	347	84
Accrued expenses	960	900
	<u>3,996</u>	<u>1,857</u>

6. MOVEMENT IN FUNDS

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
Unrestricted funds				
Solva Care General fund	14,215	4,151	(5,088)	13,278
Local Grants for Third Sector Organisations	-	(1,800)	2,500	700
Siop Solfach & Mens Shed	-	-	2,000	2,000
	<u>14,215</u>	<u>2,351</u>	<u>(588)</u>	<u>15,978</u>
Restricted funds				
Nesta Grant	1,702	(2,354)	672	20
Lottery Community Fund	6,566	4,181	(84)	10,663
Lottery Dissemination Project	-	27,736	-	27,736
Lottery COVID-19 Together For Change	-	77,275	-	77,275
Volunteering For Pembrokeshire Grant	-	4,713	-	4,713
	<u>8,268</u>	<u>111,551</u>	<u>588</u>	<u>120,407</u>
TOTAL FUNDS	<u>22,483</u>	<u>113,902</u>	<u>-</u>	<u>136,385</u>

SOLVA CARE

NOTES TO THE FINANCIAL STATEMENTS - continued for the Year Ended 31 March 2021

6. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Solva Care General fund	30,637	(26,486)	4,151
Local Grants for Third Sector Organisations	-	(1,800)	(1,800)
	<u>30,637</u>	<u>(28,286)</u>	<u>2,351</u>
Restricted funds			
Nesta Grant	-	(2,354)	(2,354)
Lottery Community Fund	54,380	(50,199)	4,181
Lottery Dissemination Project	28,178	(442)	27,736
Lottery COVID-19 Together For Change	94,890	(17,615)	77,275
Volunteering For Pembrokeshire Grant	13,300	(8,587)	4,713
	<u>190,748</u>	<u>(79,197)</u>	<u>111,551</u>
TOTAL FUNDS	<u>221,385</u>	<u>(107,483)</u>	<u>113,902</u>

Comparatives for movement in funds

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.20 £
Unrestricted funds				
Solva Care General fund	15,487	(8,130)	6,858	14,215
Restricted funds				
Nesta Grant	6,529	2,031	(6,858)	1,702
Lottery Community Fund	-	6,566	-	6,566
	<u>6,529</u>	<u>8,597</u>	<u>(6,858)</u>	<u>8,268</u>
TOTAL FUNDS	<u>22,016</u>	<u>467</u>	<u>-</u>	<u>22,483</u>

SOLVA CARE

NOTES TO THE FINANCIAL STATEMENTS - continued for the Year Ended 31 March 2021

6. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Solva Care General fund	19,156	(27,286)	(8,130)
Restricted funds			
Nesta Grant	7,200	(5,169)	2,031
Lottery Community Fund	55,098	(48,532)	6,566
	<u>62,298</u>	<u>(53,701)</u>	<u>8,597</u>
TOTAL FUNDS	<u>81,454</u>	<u>(80,987)</u>	<u>467</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
Unrestricted funds				
Solva Care General fund	15,487	(3,979)	1,770	13,278
Local Grants for Third Sector Organisations	-	(1,800)	2,500	700
Siop Solfach & Mens Shed	-	-	2,000	2,000
	<u>15,487</u>	<u>(5,779)</u>	<u>6,270</u>	<u>15,978</u>
Restricted funds				
Nesta Grant	6,529	(323)	(6,186)	20
Lottery Community Fund	-	10,747	(84)	10,663
Lottery Dissemination Project	-	27,736	-	27,736
Lottery COVID-19 Together For Change	-	77,275	-	77,275
Volunteering For Pembrokeshire Grant	-	4,713	-	4,713
	<u>6,529</u>	<u>120,148</u>	<u>(6,270)</u>	<u>120,407</u>
TOTAL FUNDS	<u>22,016</u>	<u>114,369</u>	<u>-</u>	<u>136,385</u>

SOLVA CARE

NOTES TO THE FINANCIAL STATEMENTS - continued for the Year Ended 31 March 2021

6. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Solva Care General fund	49,793	(53,772)	(3,979)
Local Grants for Third Sector Organisations	-	(1,800)	(1,800)
	<u>49,793</u>	<u>(55,572)</u>	<u>(5,779)</u>
Restricted funds			
Nesta Grant	7,200	(7,523)	(323)
Lottery Community Fund	109,478	(98,731)	10,747
Lottery Dissemination Project	28,178	(442)	27,736
Lottery COVID-19 Together For Change	94,890	(17,615)	77,275
Volunteering For Pembrokeshire Grant	13,300	(8,587)	4,713
	<u>253,046</u>	<u>(132,898)</u>	<u>120,148</u>
TOTAL FUNDS	<u>302,839</u>	<u>(188,470)</u>	<u>114,369</u>

7. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2021.

SOLVA CARE

DETAILED STATEMENT OF FINANCIAL ACTIVITIES for the Year Ended 31 March 2021

	2021 £	2020 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	8,259	3,417
PCNPA	-	698
Hywel Dda Health Board	583	-
Leader	5,744	5,565
Nesta	-	7,201
Lottery Community Fund	82,559	55,098
Enhancing Pembrokeshire	16,052	9,475
Together For Change	108,188	-
	<hr/>	<hr/>
	221,385	81,454
Total incoming resources	<hr/>	<hr/>
	221,385	81,454
EXPENDITURE		
Raising donations and legacies		
Prevention activities	4,382	4,982
Charitable activities		
Wages	68,607	39,033
Pensions	971	405
Insurance	199	-
Marketing and communications	4,417	-
Manager travel and expenses	3,627	1,145
Room hire	43	1,138
Training and courses	600	1,220
Trustee and volunteer expenses	-	1,399
Research costs	3,007	-
	<hr/>	<hr/>
	81,471	44,340
Support costs		
Other		
Wages	12,730	13,484
Postage and stationery	-	1,604
Travel and expenses	-	3,636
Carried forward	12,730	18,724

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SOLVA CARE

DETAILED STATEMENT OF FINANCIAL ACTIVITIES for the Year Ended 31 March 2021

	2021 £	2020 £
Other		
Brought forward	12,730	18,724
Trustee and volunteer expenses	-	386
Computer costs	1,163	6,393
Professional fees	3,722	3,597
Memberships and subscriptions	425	65
Solva Care Donation Fund	2,630	1,600
	<u>20,670</u>	<u>30,765</u>
Governance costs		
Accountancy fees	960	900
	<u>107,483</u>	<u>80,987</u>
Total resources expended		
Net income	<u>113,902</u>	<u>467</u>

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