

Ethsham Ghafoor Memorial Trust  
Trustees' Annual Report January 2021- 31 January 2022

This report should be read in addition to the previous report because it covers the period from 1 October 2021 to 31 January 2022. This is because the annual report for the period January 2021 to September 2021 has been submitted.

Due to the Covid 19 pandemic the charity had to deliver services in line with the Government guidelines. This was achieved by running group sessions via virtual video, and one to one telephone calls providing counseling and support to people who are vulnerable, and elderly who were isolated and needed someone to talk to.

During the months, summer 2021, when restrictions were relaxed we arranged for our service prescribers to meet up in open spaces, where you could maintain social distancing in parks and arboretums for picnics, outdoor coffee shops, and lunch which helped with their anxiety and mental health.

We have delivered a new project called Central Point Trauma, which ran for a year.

The project to supported older people provided help to reduce feelings of isolation, and anxiousness. The contact has helped immensely these individuals and families cope and deal with the pandemic.

During the reporting year, we also helped and assisted those who have suffered bereavement, which has been particularly difficult because of the impacts arising from the pandemic. The project is delivered through virtual support and counseling, in-person meetings and contact where possible. The feedback has been positive and lessons learned have been acted upon. For example, we publicized the Charity's work via leafleting.

We also supported food parcels to vulnerable people and the elderly, and link with other organizations for referrals.

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<u>ETHASHAM GHAFOOR MEMORIAL TRUST</u>					
<u>Contents of the Financial Statements</u>					
<u>for the Year ended 31 March 2021</u>					
				Page	
Company Information					1
Report of the Directors					2
Profit and Loss Account					3
Balance sheet					4
Notes to the Financial Statements					5 to 7
Accountants' Report					8
Trading and Profit and Loss Account					9

<u>ETHASHAM GHAFOR MEMORIAL TRUST</u>								
<u>Company Information</u>								
<u>for the Year ended 31 March 2021</u>								
DIRECTOR:		AHSAN GHAFOR						
SECRETARY:								
REGISTERED OFFICE:		SELF HELP UK						
		CHRISTOPHER CARGILL HOUSE						
		21-23 PELHAM ROAD						
		NOTTINGHAM						
		NG5 1AP						
REGISTERED NUMBER:		1172864						



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<u>ETHASHAM GHAFOR MEMORIAL TRUST</u>							
<u>Balance Sheet</u>							
<u>For the Year ended 31 March 2021</u>							
							2021
		Notes			£	£	
<b>FIXED ASSETS</b>							
Tangible assets		5					
<b>CURRENT ASSETS</b>							
Stock							
Debtors		#REF!					
Cash at bank					7,261.14		
					7,261.14		
<b>CREDITORS</b>							
Amounts falling due within one year		7			(350.00)		
					6,911.14		
<b>NET CURRENT ASSETS</b>							6,911.14
<b>TOTAL ASSETS LESS CURRENT LESS LIABILITIES</b>							6,911.14
<b>CREDITORS</b>							
Amounts falling due after more than one year							6,911.14
<b>FUNDS</b>							
Restricted fund							
Unrestricted fund		8					6,911.14
<b>TOTAL FUNDS</b>							6,911.14
							-
The company is entitled to exemption from audit under Section 249A(1) of the Companies Act 1985 for the Year ended 31							
The members have not required the company to obtain an audit of its financial statements for the Year ended 31 March 2021 with Section 249B(2) of the Companies Act 1985.							
The director acknowledges his responsibilities for:							
(a) ensuring that the company keeps accounting records which comply with Section 221 of the Companies Act 1985 and							
(b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each year and of its profit or loss for each financial year in accordance with the requirements of Section 226 and which otherwise comply with the requirements of the Companies Act 1985 relating to financial statements, so far as applicable to the company,.							
These financial statements have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 for small companies and with the Financial Reporting Standard for Smaller Entities (effective January 2008).							
The financial statements were approved by the director on 20th March 2021 and signed by:							
.....							
AHSAN GHAFOR							

<u>ETHASHAM GHAFOOR MEMORIAL TRUST</u>					
<u>Notes to the Financial Statements</u>					
<u>for the Year ended 31 March 2021</u>					
7	<b>CREDITORS: AMOUNTS FALLING DUE MORE THAN ONE YEAR</b>	31.08.2020	31.08.2019		
		£	£		
	Trade creditors				
	Corporation tax				
	Other creditors	350			
	Accruals and Deferred income				
		350.00	-		
	<b>CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR</b>	31.08.2020	31.08.2019		
		£	£		
	Other Creditors				
		-	-		
8	<b>CALLED UP SHARE CAPITAL</b>	31.08.2020	31.08.2019		
		£	£		
	Authorised:				
	Number: Class Nominal Value				
	Ordinary £1				
9	<b>FUNDS</b>	Un restricted	Resticted		
	Funds 2020	6,816.34			
	Net Income resources	94.80			
	At 31 August 2020	6,911.14	-		



ETHASHAM GHAFOOR MEMORIAL TRUST					
Profit and Loss Account					
for the Year ended 31 March 2021					
					2021
				£	£
	<b>Income</b>				560.00
	Cost of sale				-
	<b>GROSS PROFIT</b>				560.00
	Other Income				-
	<b>Expenditure</b>				
	Salary			0	
	Insurance			0.00	
	Utility			0.00	
	IT related cost			0.00	
	Rent & Rates			0.00	
	Legal Expenses			0.00	
	Repaire & maintenance			0.00	
	Postage & Stationery			0.00	
	Charitable activities			-	
	Fuel			0.00	
	Parking			0.00	
	Accountancy			350.00	
	Telephone/ Internet			0.00	
	Sundry expenses			0.00	
	Equipment			0.00	
	Advertising			115.20	
	Bank Charges			0.00	
	Subscriptions			0	
					(465.20)
					94.80
	<b>Finance costs</b>				
	Bank charges				
	<b>NET PROFIT/(LOSS)</b>				<b>94.80</b>

**ETHASHAM GHAFOR MEMORIAL TRUST**  
**PROFIT AND LOSS ACCOUNTS**  
**for the Year ended 31 March 2021**

S.NO	PARTICULARS		%		
	Donations	560.00	1.00		560.00
	<b><u>Cost of Sale</u></b>				
	Cost of goods sold		1.00	-	-
	<b>Gross Profit</b>				<b>560.00</b>
	<b><u>Operating Expense</u></b>				
	Accommodation	-	1.00	-	
	Salary	-	1.00	-	
	Insurance	-	1.00	-	
	Utility	-	1.00	-	
	IT related cost	-	1.00	-	
	Rent & Rates	-	1.00	-	
	Legal Expenses	-	1.00	-	
	Repairs & maintenance	-	1.00	-	
	Postage & Stationery	-	1.00	-	
	Charitable activities	-	1.00	-	
	Fuel	-	1.00	-	
	Parking	-	1.00	-	
	Accountancy	350.00	1.00	350.00	
	Telephone /Internet	-	1.00	-	
	Sundry expenses	-	1.00	-	
	Charity Donation	-	1.00	-	
	Equipment	-	1.00	-	
	Advertising	115.20	1.00	115.20	
	Bank Charge	-	1.00	-	
	Total Expenses	465.20		465.20	(465.20)
	Net Profit / (-Loss)				<b>94.80</b>



	<b>ETHASHAM GHAFOOR MEMORIAL</b>	<b>ETHASHAM GHAFOOR MEMORIAL TRUST</b>			
	<b>EXPENSES</b>	<b>Expenses</b>			
	<b>for the Year ended 31 March 2021</b>	<b>for the Year ended 31 March 2021</b>			
<b>2021</b>	<b>INCOME</b>	<b>TOTAL EXPENSES</b>	<b>ACCOMODATION</b>	<b>SALARY</b>	<b>INSURANCE</b>
Jan-21		38.4			
		0			
Feb-21		38.4			
		0			
Mar-21		388.4			
		0			
Apr-21					
May-21					
Jun-21					
Jul-21					
Aug-21					
Sep-21					
Oct-21					
Nov-21					
Dec-21					
<b>TOTAL</b>		<b>465.2</b>			<b>0</b>

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CLEANING	DBS	CHARITABLE ACTIVITIES	ACCOUNTANCY	BANK CHARGES	AMAZONE	SUNDRIES
			350			
0	0	0	350	0	0	0

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[illegible]



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[illegible]