

MEN'S MATTERS

England & Wales · Charity number 1172854

Details

Status Registered

Legal form CIO

Registered 2017-05-03

Register [View on the Charity Commission register](#)

Contact

Address 67 St. Chads Road
Maidenhead
SL6 3BG

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Website <https://www.mensmatters.org/>

Activities

Objects: THE OBJECTIVE OF MEN'S MATTERS IS:THE PROMOTION OF SOCIAL INCLUSION TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY PREVENTING PEOPLE, PARTICULARLY OLDER MEN, WITHIN EAST BERKSHIRE AND THE SURROUNDING AREA, FROM BECOMING SOCIALLY EXCLUDED, RELIEVING THE NEEDS OF THOSE PEOPLE WHO ARE SOCIALLY EXCLUDED AND ASSISTING THEM TO INTEGRATE INTO SOCIETY THROUGH THE PROVISION OF FACILITIES IN WHICH THEY CAN MEET JOINTLY OR INDIVIDUALLY TO UNDERTAKE CREATIVE, PHYSICAL OR RECREATIONAL ACTIVITIES, LEARN OR PASS ON SKILLS AND KNOWLEDGE AND SUPPORT EACH OTHER SOCIALLY. FOR THE PURPOSE OF THIS CLAUSE 'SOCIALLY EXCLUDED' MEANS BEING EXCLUDED FROM SOCIETY, OR PART OF SOCIETY, AS A RESULT OF OLD AGE INCLUDING THOSE WHO ARE RETIRED, UNEMPLOYED OR HAVE HEALTH PROBLEMS. THE ADVANCEMENT OF HEALTH FOR THE PUBLIC BENEFIT, THE PRESERVATION AND PROTECTION OF GOOD HEALTH AMONG OLDER MEN IN EAST BERKSHIRE AND THE SURROUNDING AREA, INCLUDING THOSE WHO ARE RETIRED, UNEMPLOYED OR HAVE HEALTH PROBLEMS, THROUGH THE PROVISION OF FACILITIES FOR HOBBIES, RECREATION OR OTHER LEISURE TIME OCCUPATION INCLUDING PRACTICAL INTERESTS, SKILLS SHARING, THE LEARNING OF NEW SKILLS, AND HELPING WITH COMMUNITY BASED PROJECTS.

Activities: Two drop-in's as follows:Windsor every Monday 2pm to 4pmMaidenhead every Wednesday 2pm to 4pm.Additional programmes of activities such as:Mindfulness WorkshopDrawing and paintingCookery CoursesDiscussion Groups such as stress reduction, self-worth and confidenceManaging your Weight CourseDrummingWalking FootballOutdoor trips

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Disability
- **Who:** Elderly/old People

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£6,072	£10,362	-	-
2023-12-31	£10,984	£9,692	-	-
2022-12-31	£11,500	£10,000	-	-
2021-12-31	£3,600	£14,600	-	-
2020-12-31	£19,149	£7,851	-	-

Trustees

Name	Role	Appointed
Edward Michael Harte		2018-10-30
Edward Piekut		2023-05-31
Paul Richards Samuels		2017-05-05
TIM WALKER		2017-02-14

MEN'S MATTERS

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Accounts

Activity Report – Windsor Group – 2024

15 th Jan	first meeting
17 th Jan	Windsor Community Forum meeting at Pug Yard, Windsor Castle (Tim)
18 th Jan	Trustees Meeting, Maidenhead Library (Tim) Evening – certificate presented by Windsor Lion Club for participation in the 2023 charity swimathon, Guildhall, Windsor (Tim)
22 nd Jan	meeting – PCSO Hatrick attended to give out home security things
29 th Jan	Daniel from the Green Room School brought their mobile café to the drop in car park, converted horsebox, 3 students served drinks
31 st Jan	Christmas lunch booked for Thursday 12 th December @ £34/head x 20 at the Boatman Pub on Windsor Riverside
5 th Feb	Meeting, guest speaker, David Knight on Windsor history and reminiscences from 60s, 70s.
8 th Feb	Windsor Community Forum Meeting, the Swan, Clewer. (Tim)
12 th Feb	meeting – report of the death of a member, John Ireland. Memorial service in 2 weeks
19 th Feb	meeting, talk on mental health awareness, a personal perspective by actor Phil Appleton
26 th Feb	meeting. Malcolm represented the group at John Ireland’s memorial service. Tim viewed the video recording of the service in the evening. RIP John.
4 th March	meeting.
11 th March	meeting. Tim away visiting parents for 2 weeks – Malcolm in charge.
18 th March	meeting – Malcolm gave a talk on steam trains
25 th March	meeting – Talk on Falls Prevention by Faye Pearce Malcolm attended the launch of the Windsor Community Directory, Guildhall
8 th April	meeting – directory circulated and version 1 copies given out
15 th April	meeting – fish and chips order taken
17 th April	10.00 Tim attended Windsor Community Forum meeting, Pug Yard, Windsor Castle – invited Social Prescribers and ABC 2 Read to visit us.
22 nd April	Fish and Chips Lunch – 12 attended
29 th April	meeting
6 th May	Excursion to History on Wheels Museum, Eton Wick. Own transport. Admission fee £7 (OAP rate) x 12 = £84. Teas/coffee/cake - £50 = £134
13 th May	Talk by Malika and Yasmin, NHS Health & Wellbeing coaches
27 th May	Social Prescriber Dina for Windsor area gave a talk
3 rd June	Madhuri Bedi brought an elderly couple from Langley to see if it suited.
10 th June	Meeting, quiz, 12
13 th June	Windsor Community Forum meeting, The Swan, Clewer, Tim chaired
17 th June	Meeting, quiz 13 attended
24 th June	Meeting – filled out a risk assessment for the steam train trip
30 th June (Sunday)	joint coach trip to Princes Risborough steam train line
1 st July	Meeting – guest speaker Faye from Reading charity
8 th July	Meeting – Derek from Opozoz Games gave a board games demo – played
15 th July	Meeting, quiz, lunch choices for excursion
22 nd July	Meeting, finalise list and arrangements for excursion
24 th July	Excursion – Saville Gardens joint coach trip & lunch
29 th July	Meeting – Malcolm standing in for Tim
5, 12, 19 Aug	Meetings – Malcolm standing in for Tim

2, 9, 16 Sept	Meetings – quiz
18 th Sept	Windsor Community Forum meeting, Pug Yard, Windsor Castle – Tim
23 rd Sept	Meeting, guest speaker – Steve Lees, RBFRS, Fire Safety Talk
30 th Sept	Meeting, guest speaker – Laura from Dedworth Library - online applications
4 th Oct	Ageing Well Expo, Nicholson Centre, Maidenhead – Tim & Paul
7 th Oct	Meeting – Fish & Chips lunch (14)
14, 21, 28 Oct	Meetings, Malcolm sitting in for Tim – Railways History Talk from Malcolm
4, 11 Nov	Meetings, quiz
18 th Nov	Meeting held at Castle View Retirement Home, meet their old male residents
12 th Dec	Windsor Group Christmas Lunch (16-18), Boatman Pub, Windsor
19 th Dec	Thursday – MM table in Tesco Dedworth foyer
21 st Dec	Windsor Community Forum Meeting, Pug Yard, Windsor Castle
23 rd Dec	Meeting – mince pies – last of the year!

Other

Wrote and posted letters to Tony Blackburn and George Clooney inviting them to be a patron for Men's Matters. Recently, to Ross Kemp No replies to date.

Attendance – slightly down on last year due to one deceased member and three who can no longer attend due to frailty. Eric is in hospital and his daughter has arranged a care home for him when he is discharged. Three new men joined but came once or twice and have not returned. Windsor area Social Prescribers notified that we have places available for new members.

Men's Matters Maidenhead Activity Report 2024

Wednesday 31 st January	Lisa Jones, NHS Health Coach
Wednesday 21 st February	Preventing Falls Faye Pearce, Right at Home
Wednesday 13 th March	Health & Wellbeing Fayre Maidenhead Library
Monday 6 th May	The History on Wheels Museum trip
Wednesday 15 th May	Toby Carvery Stafferton Lodge
Wednesday 22 nd May	Age UK, Steve Sansom
Wednesday 19 th June	Royal Berkshire Fire and Rescue Service
Sunday 30 th June	Steam Train Ride Chinnor and Princes Risborough Railway
Wednesday 24 th July	Saville Gardens Excursion
Wednesday 2 nd October	NHS Eating Healthily
Friday 4 th October	Stand at the Ageing Well Expo, Maidenhead
Wednesday 16 th October	Visit from staff at Reckitt, Slough
Wednesday 6 th November	Talk from GoodGym
Wednesday 4 th December	Christmas Lunch



CHARITY COMMISSION
FOR ENGLAND AND WALES

Men's Matters	1172854
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CC16a

Receipts and payments accounts

For the period from	Period start date Jan-24	To	Period end date Dec-24
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	4,740	-	-	4,740	10,685
Donations	1,014	-	-	1,014	110
Misc Receipts	318	-	-	318	189
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	6,072	-	-	6,072	10,984
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	6,072	-	-	6,072	10,984
A3 Payments					
Fixed Costs (Website, Insurance)	254	-	-	254	424
Marketing	165	-	-	165	84
Events & Meetings	571	-	-	571	2,630
Trips	3,186	-	-	3,186	579
Facilities / Rent	1,410	-	-	1,410	1,760
Health & Safety (inc COVID)	-	-	-	-	396
Phone, Print, Stationery	-	-	-	-	22
Misc	1,932	-	-	1,932	469
Support Costs	2,844	-	-	2,844	3,330
Sub total	10,362	-	-	10,362	9,694
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	10,362	-	-	10,362	9,694
Net of receipts/(payments)	- 4,290	-	-	- 4,290	1,290
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	19,845	-	-	19,845	2,790
Cash funds this year end	15,555	-	-	15,555	4,080

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Metro Bank 31/12/2024	15,555.00	-	-
		-	-	-
		-	-	-
	Total cash funds	15,555	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use				
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
	<i>Edward Harte</i>	Edward Harte	1/30/2025
	<i>PR Samuels</i>	Paul Samuels	1/30/2025

MEN'S MATTERS

England & Wales - Charity number 1172854

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MEN'S MATTERS TRUSTEES 2023 ANNUAL REPORT

Men's Matters Windsor Group Report – 2023

By Tim Walker, Trustee and Group Leader

- 06/01 Malcolm attended the first of a community groups forum at Tesco, Dedworth.
- 09/01 Group meetings resumed in the cafeteria at All Saints Church. The group agreed that this space was cosier than the large space at the back of the church.
- 16/01 With the addition of new member, Bob Cooper, there were 16 at this meeting. General knowledge quiz questions followed announcements during the first hour.
- 20/01 Tim attended a community forum networking meeting at Tesco Dedworth and lined up some speakers to visit our group. Hosted by Jon Davey, Community Champion.
- 23/01 Guest speaker – Laura from Dedworth Library – launching a Friday afternoon meet up for older men. 16 attended.
- 25/01 Four of our group started a six-week slow cooker course, organised by ABRI Housing Association, at Sawyers Close common room. They received a free slow cooker.
- 30/01 Group meeting
- 06/02 Group meeting
- 13/02 Group meeting
- 20/02 11.30 meeting at Tesco Dedworth with Jon Davey – defibrillator fundraiser ideas
2.00-4 group meeting
- 24/02 Tim attended a Windsor Community Forum meeting at the Windsor Family Hub
- 27/02 Group meeting – Tim had covid! Malcolm took charge.
- 03/03 St George's Chapel tour (Windsor Castle) day trip – Malcolm led, 12 attended.
- 06/03 Group meeting
- 17/03 Lord Lieutenant of Berkshire certificate presentation, Tim attended with Paul and Chris, at South Hill Park, Bracknell. Certificate awarded.
- 13/03 Group meeting
- 14/03 Tim displayed for MM at Age Concern Open Day, Spencer Denny Centre, Dedworth
- 20/03 Group meeting, Malcolm led as Tim away visiting parents in Spain. Steve Samson, Healthwatch Survey
- 27/03 Group meeting – Malcolm led as Tim away
- 03/04 Group Meeting Tim led, guest speaker: Ollie Cassells, RBWM voter registration info
- 07/04 Tim met with Jon Davey at Tesco Dedworth, defibrillator fundraiser planning and letter requesting sponsorship for Coronation Lunch set for Monday 8th May.
- 11/04 Tim and Malcolm attended Red Cross First Aid Training, Copthorne Hotel, Slough
- 17/04 Group meeting, guest speaker – Clive Dent, RBWM Community Warden, scam and fraud awareness.
- 20/04 Board of Trustees Meeting
- 01/05 Bank holiday – no meeting
- 08/05 12.00 – Tim met John Davey at Tesco Dedworth to collect food, drink, party items for our Coronation of King Charles Lunch from 1.30 – 3.30pm. Table quiz with prizes of union jack pens. (30 attended)
- 15/05 Meeting – quiz (16)
- 22/05 Meeting – quiz (15)
- 26/05 Trustees meeting, Costa, Datchet – meeting Eddie
- 29/05 Bank holiday – no meeting
- 05/06 Meeting – quiz (14)
- 08/06 Meeting with Age Concern, Berkshire – Tim, Paul, Eddie, The Priory, Burnham.
- 12/06 Meeting – quiz, briefing about proposed Age Concern meeting and lunch (17)
- 19/06 Meeting – quiz, prep for excursion next day (16)
- 20/06 Excursion – Museum of English Rural Life, Reading
- 23/06 Friday – Tim attended Windsor Community Forum meeting hosted by John Davey

26/06 Meeting – quiz (14) handover to Malcolm and Bruce (Tim to miss next Monday)
03/07 Meeting – run by Malcolm (15)
10/07 Meeting – quiz (14)
17/07 Age Concern meeting and lunch at Old Windsor 12 – 2.00pm
24/07 Meeting – quiz (17)
31/07 Meeting – quiz (15)
07/08 Meeting – quiz (14) briefed group on Lions Club Swimathon
14/08 No meeting – church booked all week for half term events
16/08 Wednesday – met Malcolm and two men for cream tea at the church 2.30pm
21/08 Meeting – quiz (12)
28/08 Bank holiday – no meeting
04/09 Meeting – quiz (15) agreed to enter a swimathon team – Tim, Bruce, Mark, Reg
11/09 Meeting – quiz (15)
14/09 Board of Trustees Meeting, Maidenhead Community Centre
02/10 Fish and Chips lunch for 16
16/10 Windsor Lions Club – Mike Sells gave a talk on their fundraising activities that include community defibrillators and the annual swimathon
23/10 Windsor West 2 new PCSO's, Heyrick and Lisa, introduced themselves and gave a talk on crime awareness, scams and safety
29/10 Sunday Swimathon at St Georges School, Ascot – Men's Matters team of Tim, Reg, Mark and Alan Robinson took part. £250 raised
20/11 Menu choices made for the Christmas Lunch, paid deposit to Prince Albert Pub
24/11 Tim and Paul manned a table at Maidenhead Library Men's Event
26/11 Dedworth Community Christmas Fair – stall manned by Tim, Bruce, Malcolm. Guess the weight of cake and jelly beans in jar (finally got rid of it!) – cash donations
08/12 Christmas Lunch at Prince Albert Pub, Clewer Hill Rd, attended by 20
15/12 Table in foyer of Tesco Dedworth stores – awareness and cash donations
18/12 Deposited cash donated during December - £44.90
Last meeting of the year (15)

Men's Matters Maidenhead Activities 2023

by Trustee Paul Samuels

Talks

Wednesday 1 st February	Tuneless Choir
Wednesday 15 th February	Brahma Kumaris talk
Wednesday 19 th April	Tai Chi Talk & Practice
Wednesday 7 th June	Wild Maidenhead
Wednesday 28 th June	Maidenhead Community Trust
Wednesday 4 th October	Alnylam 'Community Service Week' – Games Event

Events

Wednesday 22 nd March	Health & Wellbeing Fayre Maidenhead Library
Wednesday 3 rd May	King's Coronation Celebratory Tea Party
Saturday 24 th June	Men's Matters stand at the Woodlands Park 'Summer Fayre'
Wednesday 6 th December	Men's Matters Christmas Lunch The Thames Hotel

Excursions

Tuesday 20 th June	The Museum of English Rural Life, Reading.
Monday 17 th July	Lunch & Conversation with the Age Concern Team



CHARITY COMMISSION
FOR ENGLAND AND WALES

Men's Matters

1172854

Receipts and payments accounts

CC16a

For the period
from

Period start date
Jan-22

To

Period end date
Dec-22

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	10,685	-	-	10,685	11,132
Donations	110	-	-	110	-
Misc Receipts	189	-	-	189	362
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	10,984	-	-	10,984	11,494
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	10,984	-	-	10,984	11,494
A3 Payments					
Fixed Costs (Website, Insurance)	424	-	-	424	237
Marketing	84	-	-	84	70
Events & Meetings	2,630	-	-	2,630	3,718
Trips	579	-	-	579	1,121
Facilities / Rent	1,760	-	-	1,760	1,303
Health & Safety (inc COVID)	396	-	-	396	396
Phone, Print, Stationery	22	-	-	22	27
Misc	469	-	-	469	330
Support Costs	3,330	-	-	3,330	2,565
Sub total	9,694	-	-	9,694	9,767
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	9,694	-	-	9,694	9,767
Net of receipts/(payments)	1,290	-	-	1,290	1,727
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	27,303	-	-	27,303	27,303
Cash funds this year end	28,593	-	-	28,593	29,030

MEN'S MATTERS

England & Wales - Charity number 1172854

Accounts

Men's Matters 2022 TRUSTEES ANNUAL REPORT



Men's Matters Activities Maidenhead 2022

Weekly Meetings talks

Wednesday 16 th February	Talk from Co-op Funeral Director
Wednesday 16 th March	Jeff Pick, Thames Valley Police (Scams)
Wednesday 20 th April	Garry Newman Psychotherapeutic Counsellor Coping with a bereavement.
Wednesday 25 th May	Samaritans
Wednesday 1 st June	Platinum Jubilee Tea Party
Wednesday 8 th June	Keith Russell Piano Accordionist
Wednesday 27 th July	Presentation on the Duke of Wellington - A life of Service
Wednesday 7 th September	Talk from a Community Warden
Wednesday 5 th October	Dealing with the Climate Emergency Dave Scarbrough RBWM Climate Emergency Coalition.
Wednesday 10 th November	RBWM Falls Team
Wednesday 23 rd November	Maidenhead Library – More than books!

Physical activity

18 th February to 25 th March 6 sessions	Chair Exercises
22 nd April to 10 th June 6 sessions	Chair Exercises

Excursions Maidenhead

Thursday 5 th May	Windsor Castle
Wednesday 13 th July	RAF Museum
Tuesday 13 th September	Rotary River Thames Cruise

Lunches

Monday 4 th April – lunch for 12	The Shire Horse
Wednesday 7 th December Christmas Lunch	The Thames Hotel

Local Community Events

Thursday 28 th May 11am to 2pm	Health & Wellbeing Fayre St Luke's Community Hall
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Men's Matters Windsor Group Activity Report, 2022

- Jan 10th Re-commenced Monday meetings at the back of All Saints Church, adjacent to small kitchen and close to disabled toilet. High ceiling and well-ventilated space. Av 14 attendees in January incl 2 new men. Covid protocols remain in place – heat gun; masks; spacing.
- Feb 24th Manned a table at Community Action Day at All Saints Church organised by Thames Valley Police and Abri Housing Association. Met Lisa Stevens, Tesco Community Champion for Dedworth, who has since agreed to sponsor our food requirements for our Queen's Jubilee barbecue on 1st June. Roy Bernard and John Ireland attended and have since joined the group.
- Feb 28th Group fish and chips lunch
- Apr 28 Birds of Prey excursion, Feathers & Fur Falconry Centre, Moss End Garden Centre, Bracknell. Lunch in Robyn's Nest Café for 17. 12 participated and 5 watched in the birds of prey flying activity. Own cars used – no fuel claims in exchange for a free lunch and entrance fee paid. Sandwich order phoned through the day before. Very successful event with good photos.
- May 23 Talk from Les Bradfield, TV PCSO, home safety and scam awareness
- May 27 TESCO Dedworth in-store Community Outreach – Friday from 10.00am to 2.00pm. Table in the foyer to talk to customers, gave leaflets to more than a dozen men or mums with an old dad at home. Table manned by Tim, Malcolm, Bruce, Eric, Mike.
- Jun 01 QEII Jubilee Barbecue at All Saints Church. TESCO sponsored the food and drink, and Les Bradfield of TVP was chef. 36 guests attended, including members with a partner/family member. Invited guests in attendance: Sir Michael Parkinson (Patron); Les Bradfield (TVP chef); Lisa Stevens (TESCO Community Champion and sponsor); Andrew Johnson (RBWM Leader and Cllr); Samantha Rayner (RBWM Deputy Leader and Cllr); Helen Price (RBWM local Cllr); Sue Morgan (All Saints Church Warden).
- Jun 20 Irfan Choudhary, Berkshire NHS – mental health support and referral service.
- Jun 25 Windsor & Eton Rotary Club Summer Fair at Alexandra Gardens, Windsor. Saturday from 10.00am-5.00pm, Tim's car took our display materials and parked on site. Incentives for public to drop coins in our MM collection pods (provided by Moore Ewing): guess the weight of the cake (baked and organised by Simon Bottomley); guess the number of jelly beans in a jar (organised by Tim). Also, a framed picture donated by Bruce and Cecile Henderson was sold for £12. Total cash income: £42.28 deposited. Expenditure: £10 table hire; £23.29 jar and sweets. Many leaflets given, good awareness boost.

- July 07 BA Engineering, Heathrow, minibus trip for Windsor group members organised by a family member of one of the group.
- July 13 RAF Hendon coach joint excursion with Maidenhead group
- Sept 26 Fish and chips lunch
- Oct 10 Tim gave a brief talk on managing your mental health on World MH Awareness Day
- Oct 13 3 representatives attended the funeral of late group member, Moore Ewing
- Nov 14 Dave Scarborough, Climate Emergency Coalition
- Dec 08 Christmas Lunch at the Prince Albert pub-restaurant, Windsor.

NOTE New members joined at regular intervals during the year, including referrals from GP surgeries, NHS Social Prescribers and Windsor Homeless Project – three men homed in Dedworth, two of whom have become regular attendees. By December, attendance had increased to 16-17 each Monday.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Men's Matters

1172854

Receipts and payments accounts

CC16a

For the period from	Period start date Jan-22	To	Period end date Dec-22
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	11,132	-	-	11,132	2,100
Donations	-	-	-	-	900
Misc Receipts	362	-	-	362	617
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	11,494	-	-	11,494	3,617
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	11,494	-	-	11,494	3,617
A3 Payments					
Fixed Costs (Website, Insurance)	237	-	-	237	664
Marketing	70	-	-	70	5,609
Events & Meetings	3,718	-	-	3,718	2,282
Trips	1,121	-	-	1,121	1,768
Facilities / Rent	1,303	-	-	1,303	660
Health & Safety (inc COVID)	396	-	-	396	-
Phone, Print, Stationery	27	-	-	27	266
Misc	330	-	-	330	-
Support Costs	2,565	-	-	2,565	3,438
Sub total	9,767	-	-	9,767	14,687
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	9,767	-	-	9,767	14,687
Net of receipts/(payments)	1,727	-	-	1,727	- 11,070
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	27,303	-	-	27,303	27,303
Cash funds this year end	29,030	-	-	29,030	16,233

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Metro Bank 31/12/2022	18,553.00	-	-
		-	-	-
		-	-	-
	Total cash funds	18,553	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use				
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities				
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
	<i>Edward Harte</i>	Edward Harte	3/15/2023
	<i>PRSamuels</i>	Paul Samuels	3/15/2023

Section A Receipts and payments

Previous Years - Actual

A1 Receipts

Grants
Donations
Misc Receipts

<u>2017</u>	<u>2018</u>
6,000	17,220
3,650	2,500
8	181

Sub total (Gross income for AR)

9,658	19,901
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A2 Asset and investment sales, (see table).

Sub total

Total receipts

9,658	19,901
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A3 Payments

Fixed Costs (Website, Insurance)
Marketing
Events & Meetings
Trips
Facilities / Rent
Health & Safety
Phone, Print, Stationery
Misc
Support Costs

166	445
626	505
1,227	4,578
	2,295
	1,005
	162
318	461
	309

Sub total

2,337	9,760
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A4 Asset and investment purchases, (see table)

Sub total

Total payments

2,337	9,760
--------------	--------------

Net of receipts/(payments)

7,321	10,141
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al **Budget**

<u>2019</u>	<u>2020</u>
14,120	20,000
152	

14,272	20,000
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14,272	20,000
---------------	---------------

974	1,000
1,116	3,200
6,401	600
2,224	1,000
1,028	500
216	300
1,124	400
2,266	400
15,349	7,400

15,349	7,400
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-1,077	12,600
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Certificate Of Completion

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Source Envelope:	
Document Pages: 5	Signatures: 2
Certificate Pages: 2	Initials: 0
AutoNav: Enabled	Envelope Originator:
Envelopeld Stamping: Enabled	Edward Harte
Time Zone: (UTC) Dublin, Edinburgh, Lisbon, London	St. James's Place House
	1 Tetbury Road
	Cirencester, Gloucestershire GL7 1FP
	Edward.Harte@sjpg.co.uk
	IP Address: 86.147.13.94

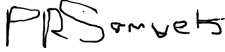
Record Tracking

Status: Original	Holder: Edward Harte	Location: DocuSign
3/18/2023 8:45:33 AM	Edward.Harte@sjpg.co.uk	

Signer Events

Signature	Timestamp
Edward Harte edward.harte@sjpg.co.uk Security Level: Email, Account Authentication (None), Authentication	Sent: 3/18/2023 8:48:43 AM Viewed: 3/18/2023 8:48:54 AM Signed: 3/18/2023 8:49:04 AM
	
Signature Adoption: Pre-selected Style Using IP Address: 86.147.13.94	

Electronic Record and Signature Disclosure:
Not Offered via DocuSign

Paul Samuels samuelsberks@aol.com Security Level: Email, Account Authentication (None), Authentication		Sent: 3/18/2023 8:48:43 AM Viewed: 3/18/2023 9:05:23 AM Signed: 3/18/2023 9:06:57 AM
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Vendor ID: TeleSign
Type: SMSAuth
Performed: 3/18/2023 9:05:12 AM
Phone: +44 7923 494744

Electronic Record and Signature Disclosure:
Not Offered via DocuSign

In Person Signer Events	Signature	Timestamp
Editor Delivery Events	Status	Timestamp
Agent Delivery Events	Status	Timestamp
Intermediary Delivery Events	Status	Timestamp
Certified Delivery Events	Status	Timestamp
Carbon Copy Events	Status	Timestamp
Witness Events	Signature	Timestamp

Notary Events	Signature	Timestamp
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Envelope Summary Events	Status	Timestamps
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Completed	Security Checked	3/18/2023 9:06:57 AM

Payment Events	Status	Timestamps
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MEN'S MATTERS

England & Wales - Charity number 1172854

Accounts

The Men's Matters Film was produced in 2021 - this is the script.

Watch the Film on our website: www.mensmatters.org

Men's Matters is a social group for older men. The group was formally established in 2017 and operates in Maidenhead and Windsor.

It provides a weekly sanctuary for retired men to get to know each other in a friendly environment.

The UK population is now ageing at a significant rate. The number of people aged 65 and over will increase by more than 40% within 20 years.

This has led to an emerging crisis, especially for older men, of isolation and loneliness. Society needs to adapt to meet the unique needs of older men. That's what Men's Matters is trying to do.

Men's Matters organises group activities including visits from guest speakers and exercise classes, such as chair yoga.

We encourage our members to engage with their local community and use the facilities available, such as the Desborough Bowling Club.

For the past 80 years Harvard University has been conducting a study to discover what keeps us happy and healthy as we go through life. It found that social connections are vital, and that loneliness can lead to mental illness and an early death.

What's most important is how satisfied we are with our close relationships - with friends, family and in our local community. **This** is the key to our well-being throughout life.

Men's Matters Windsor Group - 2021 Report

The year began with group Zoom meetings on Monday afternoons, typically attended by 8 or 9 members. Phone calls were made to members who wouldn't or couldn't go onto Zoom. None had covid-19 but two reported major health problems, one who was undergoing cancer treatment (Moore) and another who was diagnosed with onset of Parkinson's Disease (John).

Three of the Windsor group took part in weekly Zoom seated exercise and yoga sessions.

On 27th January, Tim Walker represented the group at the funeral of one of our members, Anthony Brailsford, who died at home in December of a heart attack. Men's Matters paid for a funeral wreath.

On Monday 1st March Tim gave a talk on Zoom about Men's Matters to Windsor and Eton Rotary Club. This was soon followed by a donation from Windsor and Eton Rotary Club of £250 sent by cheque.

Talking Therapies gave our group a talk via Zoom on Monday 1st March.

10th May - with the easing of lockdown restrictions, our face-to-face meetings at All Saints Church in Dedworth commenced. Rather than meet in the small and stuffy meeting room, we agreed with the church to hold our meetings in the large space at the back of the church, well ventilated, and with access to a small kitchen to make our own hot drinks. We spread out the tables and chairs so that there was 2m distance between each attendee. Handshakes and hugs were outlawed. A temperature gun was used to take body temperature, with the rule that anyone with a body temperature above 38 degrees would be deemed to have a fever and would be sent home. Attendees wore masks and used sanitiser gel. They remained seated unless going to the toilet. Tim and Malcolm served the teas, coffees and biscuits. Tables and chairs were wiped down afterwards. This system continued until the summer break, and resumed on 6th September. No members caught covid-19 during the year.

Members reported when they have been double vaccinated and boosted, showing evidence to Tim and Malcolm. All were vaccinated.

Monday 21st June - fish and chips lunch for 14

Monday 28th - group card signed for Ken Bedford, a long time member and trustee, leaving the area to live in Lincolnshire near his son.

August - summer recess, no meetings.

August 26th - Brooklands Museum excursion organised by Paul at Maidenhead Group. Four Windsor members joined the coach at our All Saints Church pick-up point.

Monday 6th September - meetings re-start at All Saints Church. New member, Tim Madden, referral with early onset of Alzheimers. Now Men's Matters is a part of the NHS Berkshire Social Prescribing Network, we are seeing more referrals from GPs and other health support groups.

Since September we have had an increase of membership and generally are attracting a total of about 15 quite dedicated followers each Monday. In addition to Tim Madden (69), other new members who have joined during this period include David Wallis (80s, restricted mobility); John Foot (70s, a neighbour of an existing member); Mike Samuels (70s) and Dennis Williams (80s - both All Saints Church congregation members); and Stan Barnett (local resident, early 90s, registered blind/partial sight).

All have gelled well into a very cohesive group and are active participants. They enjoy the chance to chat and swop stories, and take turns to hand out the teas and coffees and wash up afterwards. We have started doing a 40 minute team quiz in the run-up to making teas and coffees - winning team does the washing up!

September 30th - group day excursion to the Watercress Steam Train Line in Hampshire. This involved hiring a 14-seater minibus with a full complement of men for the one hour each way journey to Alresford. We carried packed lunches. Return tickets had been bought and the train travelled, as if through time, to beautifully renovated period train stations and through the rolling countryside. We had a period rail compartment to ourselves. This prompted the men to share their memories of travelling on steam trains. One member, Eric, revealed he had worked on steam trains, shovelling coal. We stopped at a rail museum on the way. All thoroughly enjoyed it and returned home in high spirits.

Guest speakers to the group during the last quarter included our trustee, Johnson Mall, and a local author who has written and published a memoir, Phil Appleton. We also had a bring-and-swap book day.

December 9th - Windsor group Christmas lunch at the Prince Albert pub-restaurant, attended by 19, including our patron, Sir Michael Parkinson and two trustees, Edward and Johnson. The meal was very good and Sir Michael delivered an entertaining speech. Everyone enjoyed themselves - a huge success after a difficult year with the covid crisis.

December 20th - our last meeting of the year.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Men's Matters

1172854

Receipts and payments accounts

CC16a

For the period from	Period start date Jan-21	To	Period end date Dec-21
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	2,100	-	-	2,100	19,149
Donations	900	-	-	900	-
Misc Receipts	617	-	-	617	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	3,617	-	-	3,617	19,149
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	3,617	-	-	3,617	19,149
A3 Payments					
Fixed Costs (Website, Insurance)	664	-	-	664	603
Marketing	5,609	-	-	5,609	2,300
Events & Meetings	2,282	-	-	2,282	-
Trips	1,768	-	-	1,768	158
Facilities / Rent	660	-	-	660	330
Health & Safety (inc COVID)	-	-	-	-	665
Phone, Print, Stationery	266	-	-	266	-
Misc	-	-	-	-	2,205
Support Costs	3,438	-	-	3,438	1,590
Sub total	14,686	-	-	14,686	7,851
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	14,686	-	-	14,686	7,851
Net of receipts/(payments)	- 11,070	-	-	- 11,070	11,298
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	27,303	-	-	27,303	-
Cash funds this year end	16,233	-	-	16,233	11,298

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Metro Bank 31/12/2021	16,233.00	-	-
		-	-	-
		-	-	-
	Total cash funds	16,233	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use				
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities				
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
	<i>Edward Harte</i>	Edward Harte	2/11/2022
	<i>Paul Samuels</i>	Paul Samuels	2/11/2022

Section A Receipts and payments

Previous Years - Actual

A1 Receipts

Grants
Donations
Misc Receipts

<u>2017</u>	<u>2018</u>
6,000	17,220
3,650	2,500
8	181

Sub total (Gross income for AR)

9,658	19,901
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A2 Asset and investment sales, (see table).

Sub total

Total receipts

9,658	19,901
--------------	---------------

A3 Payments

Fixed Costs (Website, Insurance)
Marketing
Events & Meetings
Trips
Facilities / Rent
Health & Safety
Phone, Print, Stationery
Misc
Support Costs

166	445
626	505
1,227	4,578
	2,295
	1,005
	162
318	461
	309

Sub total

2,337	9,760
--------------	--------------

A4 Asset and investment purchases, (see table)

Sub total

Total payments

2,337	9,760
--------------	--------------

Net of receipts/(payments)

7,321	10,141
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al	Budget
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<u>2019</u>	2020
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14,120	20,000
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152	
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14,272	20,000
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14,272	20,000
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974	1,000
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1,116	3,200
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6,401	600
-------	-----

2,224	1,000
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1,028	500
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216	300
-----	-----

1,124	400
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2,266	400
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15,349	7,400
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15,349	7,400
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-1,077	12,600
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MEN'S MATTERS

England & Wales - Charity number 1172854

Accounts

Trustees Men's Matters Annual Report 2020

- At the start of 2020 the group number stood at 27, including Tim Walker, Manager, and Malcolm Lock, Secretary. In addition, trustee and account signatory, Ken Bedford, is a member of the group. Able deputies/helpers were John Young and Bruce Henderson. During the year, one member passed away, Anthony Brailsford.
- The group met every Monday afternoon from 2-4pm in the meeting room at All Saints Church, Dedworth Road, Windsor, from Monday 6th January until Monday 16th March when we suspended face-to-face meetings as the first corona virus lockdown began. Activity during this period included:
 - a. Emailed our MP, Adam Afriye, to ask if he would meet us at The Houses of Parliament in April for our group excursion. He replied that he would, but if he was not available, his researcher would meet us.
 - b. Group member, Anthony, recommended retired art teacher, Gill Leadsham, to conduct a once-a-month art class for the group. Tim contacted her and she agreed, giving a list of materials she would need to buy. Tim instructed her to buy the agreed materials and submit a receipt - she was reimbursed by cheque from Ken. The first lesson on perspective and sketching started on Monday 16th March - the last meeting before lockdown! We hope to resume sometime in 2021 when lockdown restrictions have been eased and all members vaccinated.
 - c. Two new members joined in January - David Wallis (early stage Parkinsons Disease, brought and collected by his wife); and George Taylor, a friend of group member Eric.
 - d. In February we had a talk from RBWM Community Development Officer, Danielle Lane, about discount schemes for leisure centres and keep fit classes open to the elderly. There were at least three takers! Some were already taking advantage of the pensioners' swim rates at Windsor Leisure Centre.
 - e. We had a fish and chips lunch on the last Monday of each month.
 - f. In March we had a voluntary collection of Easter eggs, organised by our Chairman of the Board of Trustees, Mark Clement, in aid of Slough Home charity for underprivileged families in Slough area.
 - g. Also in March, we had a talk from a university student (via the Council), Iman Hassan, who was doing her thesis on mental health issues and the elderly. She gave us a talk and asked us to take part in a survey - most did.

- h. Tim represented the group at a meeting of an NHS Stakeholder Meeting, organised by NHS Frimley Health Trust, at Vale Road GP Surgery in Dedworth, and spoke about the activities of Men's Matters.
- A decision was taken by the Trustees to suspend meetings during w/c 16th January and a weekly newsletter was started from Sunday 29th March. The newsletter was emailed to all Windsor and Maidenhead members with an email address (all bar 3 - printed copies were sent by post to those without email) and trustees - approximately 57 emails. Tim Walker was the editor, and contributions were emailed to him. The typical content was:
 - a. Welcome comments
 - b. Jokes and brain-teaser puzzles
 - c. A personal memory/anecdote from a Windsor or Maidenhead member
 - d. A motivational story or book review
 - e. Summary of news from RBWM council newsletter relevant to the group

The newsletter continued weekly for 22 weeks until end of August.

- At the start of September, after the first lockdown ended, a decision was made by the Trustees to restart the face-to-face meetings following Government safety guidelines and using personal protective equipment (PPE). Also, both Windsor and Maidenhead conducted risk assessments in line with our group insurance policy. As a result, it was decided to move the groups to larger rooms with good ventilation. Windsor group, in discussion with the Church Warden at All Saints, were given permission to meet at the back of the church in a large area serviced by a kitchenette for making teas and coffees. There was a disabled toilet in the church foyer we could use to avoid going to other parts of the building.
- Windsor group bought PPE from Amazon, in line with Paul's list for the Maidenhead group, and we held a socially distanced meeting on Monday 7th September (Tim had attended the opening of the Maidenhead group on Wednesday 2nd September to see how they did it). In Windsor we had eight attendees - each had their temperature taken on arrival, cleaned their hands with gel, and wore masks. The meeting went well. This was to be the first and last meeting as the second lockdown began as corona virus cases started to rise again.
- We resumed Monday afternoon meetings on Zoom, typically getting 8-9 attendees. Those without wifi or who did not wish to join a zoom meeting were called by telephone every week by Tim or Malcolm to check on their well-being.
- From September to December we:

- a. Planned our Christmas lunch to be held at the Queen Charlotte Pub in Windsor on two x tables of 6 to conform with the Covid 'Rule of Six'. It did not happen.
- b. We were joined on zoom one Monday by RBWM Councillor Helen Price, who was campaigning for better access in Dedworth for senior citizens and the disabled. She gave a presentation on her proposal and asked those who live in Dedworth to give their views in a questionnaire - six took part. The group hope wheelchair and motorised scooter access is improved as a consequence.
- c. By December we had abandoned hopes of Christmas lunches, and instead contacted supermarkets for donations of food or confectionery items for a Christmas Hamper for our men instead of the lunch. We had a positive response from Waitrose, who donated 60 boxes of festive fudge. These were divided between Windsor and Maidenhead, and mailed out to all members and trustees, past and present, by Tim and Paul. They were well-received by the men who thanked us on the next zoom meetings or by telephone call.
- d. Tim was informed in early January 2021 that group member, Anthony Brailsford had passed away over Christmas. Cause of death unknown. Tim will attend his funeral and Men's Matters agreed to pay for a wreath.

END



CHARITY COMMISSION
FOR ENGLAND AND WALES

Men's Matters

1172854

Receipts and payments accounts

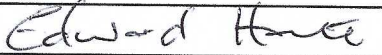
CC16a

For the period from	Period start date	To	Period end date
	Jan-20		Dec-20

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	19,149	-	-	19,149	14,120
Donations	-	-	-	-	-
Misc Receipts	-	-	-	-	152
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	19,149	-	-	19,149	14,272
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	19,149	-	-	19,149	14,272
A3 Payments					
Fixed Costs (Website, Insurance)	603	-	-	603	974
Marketing	2,300	-	-	2,300	1,116
Events & Meetings	-	-	-	-	6,401
Trips	158	-	-	158	2,224
Facilities / Rent	330	-	-	330	1,028
Health & Safety (inc COVID)	665	-	-	665	-
Phone, Print, Stationery	-	-	-	-	216
Misc	2,205	-	-	2,205	1,124
Support Costs	1,590	-	-	1,590	2,266
Sub total	7,851	-	-	7,851	15,349
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	7,851	-	-	7,851	15,349
Net of receipts/(payments)	11,298	-	-	11,298	- 1,077
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	11,298	-	-	11,298	- 1,077

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Metro Bank 31/12/2020	27,303	-	-
		-	-	-
		-	-	-
	Total cash funds	27,303	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	DK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	7 HP Laptops (Donated)	Unrestricted	-	350
	Vodafone Handsets (Donated)	Unrestricted	-	100
	Vodafone Dongle	Unrestricted	150	150
	Tea Urn	Unrestricted	44	44
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
			Edward Harte	10/09/2021
			Paul Samuels	10/09/2021