

REGISTERED CHARITY NUMBER: 1172813

**REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 APRIL 2025
FOR
WELLBEING CARE FOUNDATION**

Prestons & Jacksons Partnership LLP
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WELLBEING CARE FOUNDATION

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WELLBEING CARE FOUNDATION

REPORT OF THE TRUSTEES

FOR THE YEAR ENDED 30 APRIL 2025

The trustees present their report with the financial statements of the charity for the year ended 30 April 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Wellbeing Care Foundation is committed to providing support to individuals in need. Our aims include:

- **Relieving poverty and advancing education** for disadvantaged communities,
- **Promoting health and well-being,**
- **Supporting youth development** through educational and leisure activities.

Public benefit

The Trustees confirm that they have complied with the duty in section 4 of the Charities Act 2011 to have due regard to public benefit guidance published by the Commission in determining the activities undertaken by the Charity.

ACHIEVEMENTS AND PERFORMANCE

Charitable activities

During the year, the charity successfully used its funds to directly support charitable causes in line with its objectives. Notable areas of focus included:

- Online and offline fundraising to support targeted aid distributions
- Project funding for children's education and welfare in deprived communities
- Humanitarian aid including food, water, and health support

The Trustees are committed to ensuring all donations are used effectively, ensuring maximum impact per pound spent.

FINANCIAL REVIEW

Financial position

Total incoming resources amounted to £62,845 (2024: £77,439) while total outgoing resources were £73,381 (2024: £64,867) which resulted to an overall deficit of £10,536. (2024: surplus - £12,572).

The net movement in funds in the year was financed from reserves brought forward.

Total funds carried forward as at 30th Apr 2025 were £15,934, all of which are unrestricted.

The charity continues to operate with minimal overheads and no salaried staff. As such, the Trustees consider the Foundation to be a going concern and financially stable for the foreseeable future.

Going concern

Given the Foundation's low overheads and volunteer-led model, we are confident in our ability to continue as a going concern.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

WELLBEING CARE FOUNDATION

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 APRIL 2025

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

The existing trustees are responsible for the recruitment of new trustees. In selecting new trustees, we seek to identify people who are committed individuals whose views are aligned to the charity's vision in addition to being able to offer relevant skills and experience.

Potential trustees are invited to attend trustees' meetings to meet the trustees and have an informal interview and are given more details about the charity's aims and activities and, if all agree, they are then proposed as new trustees at the subsequent trustees' meeting.

This process allows due consideration of the person's eligibility, personal competence, specialist knowledge and skills.

Organisational structure

The Board of Trustees oversees the strategic direction and management of the charity. Trustees meet regularly and have delegated responsibilities across key operational areas. The Trustees manage day-to-day activities and monitor the impact of funded projects.

Fundraising and Donation Use

- Donations were used directly for charitable activities; none were retained for administrative gain.
- Online portals and in-person appeals were used to raise funds.
- Projects supported in 2024/2025 included education sponsorships, medical aid, water projects, and general relief efforts

Induction and training of new trustees

Following appointment, new trustees are introduced to their new role and given copies of the governing document, a copy of the most recent, "The Essential Trustee" guidance booklet, and a guide to the policies and procedures adopted by our charity.

A number of publications from the Charity Commission are also provided including the guidance on charities and public benefit and on the advancement of religion for the public benefit.

This ensures that new trustees are aware of the scope of their responsibilities under the Charities Act. Initially, new trustees work with an existing trustee assisting on particular activities and projects run by the charity. After satisfactory feedback from existing trustees, they are given the task of leading a particular activity or project, reporting progress at trustee's meetings.

New Trustees are provided with:

- The governing document and current policies
- Charity Commission publications (e.g., The Essential Trustee)
- Mentorship from existing trustees and the opportunity to participate in live projects

This ensures Trustees are well-equipped to discharge their duties and uphold governance standards.

We are deeply grateful to our donors, volunteers, and trustees for their unwavering support. We are confident that with your continued generosity, we will continue to make a meaningful impact in the lives of children and adults.

WELLBEING CARE FOUNDATION

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 APRIL 2025**

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number
1172813

Principal address
Suite 3, 119 The Grove
Stratford
London
E15 1EN

Trustees
Mr Farooq Mohamed Umer Patel
Mr Muhammad Nadeem Ikram - resigned 26th September 2024
Mr Zaid Farooq Patel

Independent Examiner
A. Patel
Prestons & Jacksons Partnership LLP
364 - 368 Cranbrook Road
Ilford
Essex
IG2 6HY

Approved by order of the board of trustees on 17/01/2026 and signed on its behalf by:

.....
Trustee

Mr Farooq Patel

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF WELLBEING CARE FOUNDATION

Independent examiner's report to the trustees of Wellbeing Care Foundation

I report to the charity trustees on my examination of the accounts of Wellbeing Care Foundation (the Trust) for the year ended 30 April 2025.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

A PATEL

A Patel BA(Hons) BPF FCA

Prestons & Jacksons Partnership LLP
364 - 368 Cranbrook Road
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Essex
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Date:19/01/2026.....

WELLBEING CARE FOUNDATION

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 30 APRIL 2025

		Unrestricted fund £	Restricted fund £	30.4.25 Total funds £	30.4.24 Total funds £
INCOME AND ENDOWMENTS FROM	Notes				
Donations and legacies	2	<u>57,985</u>	<u>4,860</u>	<u>62,845</u>	<u>77,439</u>
EXPENDITURE ON					
Charitable activities	3				
charitable activities		<u>67,345</u>	<u>4,860</u>	<u>72,205</u>	<u>63,738</u>
Support Costs		<u>1,176</u>	<u>-</u>	<u>1,176</u>	<u>1,129</u>
Total		<u>68,521</u>	<u>4,860</u>	<u>73,381</u>	<u>64,867</u>
NET INCOME/(EXPENDITURE)		(10,536)	-	(10,536)	12,572
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>26,470</u>	<u>-</u>	<u>26,470</u>	<u>13,898</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>15,934</u></u>	<u><u>-</u></u>	<u><u>15,934</u></u>	<u><u>26,470</u></u>

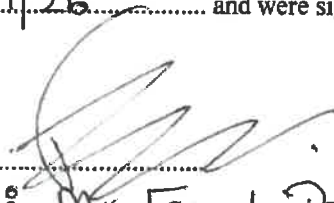
The notes form part of these financial statements

WELLBEING CARE FOUNDATION

BALANCE SHEET 30 APRIL 2025

	Notes	30.4.25 £	30.4.24 £
CURRENT ASSETS			
Cash at bank		17,034	42,470
CREDITORS			
Amounts falling due within one year	8	(1,100)	(16,000)
NET CURRENT ASSETS		<u>15,934</u>	<u>26,470</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		15,934	26,470
NET ASSETS		<u>15,934</u>	<u>26,470</u>
FUNDS	10		
Unrestricted funds		15,934	26,470
TOTAL FUNDS		<u>15,934</u>	<u>26,470</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 19.11.26 and were signed on its behalf by:

Trustee:  Mr Farook Patel

The notes form part of these financial statements

WELLBEING CARE FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 APRIL 2025

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The financial statements have been prepared under the historical cost convention.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those condition is wholly within the control of the charity and is probable that those conditions will be fulfilled in the reporting period.

Expenditure and irrecoverable vat

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

WELLBEING CARE FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 30 APRIL 2025

1. ACCOUNTING POLICIES - continued

Cash and cash equivalents

Cash and cash equivalents are represented by cash in hand, deposits held at call with financial institutions, and other short-term highly liquid investments that mature in no more than three months from the date of acquisition and that are readily convertible to known amounts of cash with insignificant risk of change in value.

Creditors

Basic financial liabilities, including trade and other creditors, loans from third parties and loans from related parties, are initially recognised at transaction price, unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Such instruments are subsequently carried at amortised cost using the effective interest method, less and impairment.

2. DONATIONS AND LEGACIES

	30.4.25	30.4.24
	£	£
Gift aid	-	254
Donations	62,845	77,185
	<u>62,845</u>	<u>77,439</u>

Grants received, included in the above, are as follows:

	30.4.25	30.4.24
	£	£
Zakaat	750	4,580
Sadaqah	105	190
Nepal Project	3,355	7,285
Amazon (Unrestricted)	-	35
Hafiz Quran	250	250
Qurbani	400	-
Sponsorship	-	160
General Donations	57,485	64,585
Vision Blinds	500	100
	<u>62,845</u>	<u>77,185</u>

WELLBEING CARE FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 30 APRIL 2025

3. CHARITABLE ACTIVITIES COSTS

	Grant funding of activities (see note 4) £	Support costs £	Totals £
charitable activities	72,205	-	72,205
Support Costs	-	1,176	1,176
	<u>72,205</u>	<u>1,176</u>	<u>73,381</u>

4. GRANTS PAYABLE

	30.4.25 £	30.4.24 £
charitable activities	<u>72,205</u>	<u>63,630</u>

The total grants paid to institutions during the year was as follows:

	30.4.25 £	30.4.24 £
Hidayat Education Sponsorship	47,910	49,830
Abdullah Aid	5,000	3,000
Darul Uloom Deoban	2,150	-
Jamia Islamia Isha	150	-
The European Beneveolent	-	8,300
Shifa Trust	-	2,500
Makeni Islamic Accomodation	15,000	-
Munshn Trust UK	1,995	-
	<u>72,205</u>	<u>63,630</u>

The total grants paid to institutions in terms of projects during the year was as follows:

	30.4.25	30.4.24
Education	52,205	61,630
Housing	15,000	-
Other	5,000	-
Medical	-	2,000
	<u>72,205</u>	<u>63,630</u>

WELLBEING CARE FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 30 APRIL 2025

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 April 2025 nor for the year ended 30 April 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 April 2025 nor for the year ended 30 April 2024.

6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES 30 APRIL 2024

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	61,874	15,565	77,439
EXPENDITURE ON			
Charitable activities			
charitable activities	38,173	25,565	63,738
Support Costs	1,129	-	1,129
Total	39,302	25,565	64,867
NET INCOME/(EXPENDITURE)	22,572	(10,000)	12,572
RECONCILIATION OF FUNDS			
Total funds brought forward	3,898	10,000	13,898
TOTAL FUNDS CARRIED FORWARD	26,470	-	26,470

WELLBEING CARE FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 30 APRIL 2025

7. KEY MANAGEMENT PERSONNEL

Key Management Personnel of the Organisation is the Board of Trustees.

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30.4.25	30.4.24
	£	£
Other creditors	<u>1,100</u>	<u>16,000</u>

9. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted fund £	Restricted fund £	30.4.25 Total funds £	30.4.24 Total funds £
Current assets	17,034	-	17,034	42,470
Current liabilities	<u>(1,100)</u>	<u>-</u>	<u>(1,100)</u>	<u>(16,000)</u>
	<u>15,934</u>	<u>-</u>	<u>15,934</u>	<u>26,470</u>

10. MOVEMENT IN FUNDS

	At 1/5/24 £	Net movement in funds £	At 30/4/25 £
Unrestricted funds			
General fund	26,470	(10,536)	15,934
	<u>26,470</u>	<u>(10,536)</u>	<u>15,934</u>
TOTAL FUNDS	<u>26,470</u>	<u>(10,536)</u>	<u>15,934</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	57,985	(68,521)	(10,536)
	<u>57,985</u>	<u>(68,521)</u>	<u>(10,536)</u>
Restricted funds			
Restricted Funds	4,860	(4,860)	-
	<u>4,860</u>	<u>(4,860)</u>	<u>-</u>
TOTAL FUNDS	<u>62,845</u>	<u>(73,381)</u>	<u>(10,536)</u>

WELLBEING CARE FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 30 APRIL 2025

10. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/5/23 £	Net movement in funds £	At 30/4/24 £
Unrestricted funds			
General fund	3,898	22,572	26,470
Restricted funds			
Restricted Funds	10,000	(10,000)	-
TOTAL FUNDS	<u>13,898</u>	<u>12,572</u>	<u>26,470</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	61,874	(39,302)	22,572
Restricted funds			
Restricted Funds	15,565	(25,565)	(10,000)
TOTAL FUNDS	<u>77,439</u>	<u>(64,867)</u>	<u>12,572</u>

There were no restricted funds carried forward as at 30th Apr 2025. (2024: Nil).

11. RELATED PARTY DISCLOSURES

During the year, the total amount donated by the Trustees were £1,200. (2024: £1,200).

WELLBEING CARE FOUNDATION

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 30 APRIL 2025

	30.4.25 £	30.4.24 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Gift aid	-	254
Donations	<u>62,845</u>	<u>77,185</u>
	<u>62,845</u>	<u>77,439</u>
Total incoming resources	62,845	77,439
EXPENDITURE		
Charitable activities		
Subscriptions	-	108
Grants to institutions	<u>72,205</u>	<u>63,630</u>
	<u>72,205</u>	<u>63,738</u>
Support costs		
Finance		
Bank charges	76	129
Governance costs		
Independent Examiners Fees	<u>1,100</u>	<u>1,000</u>
Total resources expended	73,381	64,867
Net (expenditure)/income	<u>(10,536)</u>	<u>12,572</u>

This page does not form part of the statutory financial statements

