



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 01/01/2024

Period start date

To 31/12/2024

Period end date

Charity name: Lumi Foundation

Charity registration number: 1172800

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The advancement of health for the public benefit by providing practices of yoga to individuals and communities in England who would otherwise not have access to yoga by reasons of age, ill-health, disability, financial hardship or other disadvantage. 'Practices of yoga' means: 1) physical asana (yoga) exercises, 2) meditation and mindfulness practices, 3) philosophical/personal inquiry
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Lumi Foundation delivers free and low-cost yoga and meditation classes and programmes to a wide range of groups in London, including:</p> <p>Partnering with community groups and centres including Masbro Centre, White City Community Centre, Earl's Court Development Corporation Community Hub, Old Oak Community Centre, Irish Cultural Centre, Mind Sports Centre, Cobham Community Centre, Notting Hill Genesis accommodation and Riverside Studios); Disabled adults and children (Action on Disability, Log Cabin, Ashchurch Centre, Creighton Centre, Pocklington Lodge); Elderly groups (AgeUK, Sycamore House, Percy Bilton Court, Purley & Hopton and Hopton Gardens sheltered housing); Refugees and asylum seekers (West London Welcome, Refugee Council, Ukrainian refugee group); Adults with ill health (Maggie's); people recovering from addiction (Turning Point) and women seeking shelter (Marylebone Project, Hestia).</p> <p>Lumi Foundation works with partner organisations with demand for yoga and provides accessible and adaptable classes at</p>

		locations that suit the practitioners. We also provide online yoga classes directly to yogis via livestream.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees consider these activities to be aligned with the Charity's objectives as set out in its governing document. Furthermore, the trustees can declare that they have had due regard to the Charity Commission's public benefit guidance when exercising any powers or duties to which the guidance is relevant.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	Lumi Foundation invites volunteers to support the charity by way of helping at events, fundraising and being advocates for the charity.
Other		

Achievements and Performance

<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>During 2024, Lumi Foundation delivered over 1,600 classes to 14,000 yogis.</p> <p>The foundation had 30 teachers teaching classes.</p> <p>In 2024, we forged new partnerships with communities and other charities, delivering classes in-person. We also continued to host some of our weekly classes via livestream.</p> <p>Below is a summary of the classes that we delivered in 2024:</p> <p>Partner: Local Community Centres</p> <p>50 classes in person for the community at White City Community Centre; 46 in person classes for Masbro Centre; 96 in person classes at the Earl's Court Development Corporation Community Hub; 42 in person classes at the Irish Cultural Centre; 42 in person classes at the Mind Sports Centre; 45 in person classes at Cobham Community Centre, 10 classes at the Kenmont Community Annex</p> <p>Aim: promote physical and mental health and create connection in communities to combat loneliness and isolation</p> <p>Partner: The Peabody Trust</p> <p>35 chair and mat yoga classes delivered in person at Old Oak Community Centre</p> <p>Aim: to create strong communities and opportunities for connection as well as improving health and mobility</p> <p>Partner: Action on Disability</p> <p>46 in person classes</p> <p>Aim: to increase mobility, general health and create connections through delivery of mat and chair yoga for disabled and vulnerable young people</p> <p>Partner: Maggie's London</p> <p>50 in person classes at Maggie's Charing Cross 50 in person classes at Maggie's St Bart's 50 livestream classes for the Maggie's London community</p> <p>Aim: to improve general health, practice mindfulness and create a strong community</p> <p>Partner: AgeUK</p> <p>97 chair and mat yoga classes for the elderly (over 55 years old) delivered in person</p> <p>Aim: to increase mobility, improve general health, encourage connection and combat loneliness</p> <p>Partner: Log Cabin</p> <p>46 mat classes in person for keyworkers working with children with various disabilities</p> <p>Aim: to improve general health, practice mindfulness and relax</p>
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		<p>Partner: Riverside Studios 48 in person mat classes 50 livestream mat classes Aim: to improve general health, reduce stress, build community and connection, offering an activity for the local community</p> <p>Partner: Imperial College 29 in person classes for employees and students Aim: to improve general health, practice mindfulness and create connection</p> <p>Partner: Hammersmith United Charities 50 chair yoga classes delivered in person for residents at Sycamore House Aim: to offer an activity for the residents to enjoy together, while improving their physical and mental health</p> <p>Partner: Creighton Centre (previously known as Bishop Creighton House) 37 yoga classes delivered in person to adults with learning and physical disabilities Aim: to support this community to improve general health and well-being and create connection</p> <p>Partner: West London Welcome 42 yoga classes delivered in person to this community of refugees and asylum seekers Aim: to support health and well-being and to support community and connection</p> <p>Partner: St Andrew's Youth Club 31 mat yoga classes delivered in person to members of St Andrew's Youth Club, including their football team. Aim: to encourage the team and other members of the club to gather together for a different activity, with a focus on stretching and team building</p> <p>Partner: Percy Bilton Court 25 fortnightly chair yoga classes delivered in person to this elderly community living in sheltered accommodation Aim: to help improve health, well-being and to offer a shared activity for the community</p> <p>Partner: Ashchurch Centre 50 mat and chair yoga classes for this community of young adults with learning disabilities, delivered in person Aim: to share an activity and foster well-being through yoga and focusing on the breath</p> <p>Partner: Marylebone Project 23 classes delivered in person at this hostel which supports women suffering from domestic abuse and homelessness Aim: to offer an opportunity for these women to focus on themselves and improve their sense of well-being</p> <p>Partner: Turning Point</p>
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	<p>56 classes delivered in person at hostels supporting individuals in recovering from addiction Aim: to offer an opportunity to build resilience and focus on body and breath for well-being</p> <p>Partner: Hammersmith Quaker Centre 11 chair yoga classes delivered during a monthly drop-in to support Ukrainian refugees Aim: to offer an opportunity for the Ukrainian refugee community to move and breathe together</p> <p>Partner: Purley & Hopton's and Hopton Gardens almshouses 65 chair yoga classes delivered in person to these two almshouses Aim: to foster a sense of community and to encourage physical movement</p> <p>Partner: Durston House 5 in person classes delivered to teachers Aim: to offer an opportunity for teachers to practice yoga together and make time for themselves</p> <p>Partner: Pocklington Lodge 15 yoga classes delivered this community of blind and partially sighted people, in person at their supported residence Aim: to encourage participation in exercise to improve physical strength and to offer an activity to bring the community together</p> <p>Partner: Hotel School 21 classes delivered in person as part of Hotel School's programme to support previously street-homeless people to train for work in hospitality. Aim: to build strength and resilience to support future work in hospitality</p> <p>Partner: Fulham Reach Boat Club 4 sessions delivered as part of their holiday programme for young people from low income families Aim: to introduce yoga as a counterbalance to rowing and other sports</p> <p>Partner: Bassuah Legacy 6 classes delivered in person to this charity that works with single parents Aim: to offer a class for parents who might not otherwise be able to afford yoga and an opportunity to connect with other single parents at the class</p> <p>Partner: Iraqi Association 4 classes delivered in person Aim: to offer a new activity for this community to share</p> <p>Partner: Headway 11 livestream classes for this community suffering from brain injury</p>
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		<p>Aim: share an activity and improve well-being by combining movement with breath</p> <p>Livestream classes offered by Lumi Foundation for the community (independently of partners)</p> <p>45 mat classes on Mondays 49 mat classes on Thursdays 50 chair classes on Fridays 51 mat classes on Saturdays 50 yin yoga classes on Sundays</p> <p>Taster classes and occasional sessions offered to other charities and their communities, including Royal Trinity Hospice, Headway South West, St Vincent's Alzheimer's Association, Queen's Club Foundation and Hurlingham Club Foundation</p> <p>Events and Fundraising</p> <p>Lumi Foundation continued to build awareness of its services and raise funds through several events including:</p> <p>A fundraising 6-week mindfulness course was delivered via livestream, beginning in January 2024.</p> <p>A fundraising yin yoga workshop was held in March 2024</p> <p>5 fundraising classes were taught at Holland Park Lawn Tennis Club – a private members' club - to support our community classes.</p> <p>A disco was hosted by a supporter, with funds raised going to Lumi Foundation.</p> <p>A new fundraising workshop <i>Move, Breathe, Write</i> was held in June 2024</p> <p>A Soundbath was donated to the community by a group of supporters in November 2024</p> <p>Festive Flow November 2024 - over 50 members of our community joined us for this Christmas event, which included a yoga practice, meditation, raffle and silent auction</p> <p>Foundation Friends – our second Foundation Friends event took place in September 2024, where we thanked our existing Friends and invited more to join us by making a donation to the charity.</p> <p>We ran a 6-week mentorship programme to train new yoga teachers to teach at Lumi Foundation.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the end of the 2024 financial year, Lumi Foundation's net assets were £79,120 (Income for the year: £94,267 and Expenditure for the year: £67,068)
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Reserve funds are held to deliver free and low-cost services and are also held as a buffer for unforeseen expenditure
Amount of reserves held	Para 1.22	Balance at end of 2024 financial year: £77,148
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Principal sources of funding include fundraising activities; payments from partner organisations; grants and donations from individuals, grant-giving bodies and organisations, including The National Lottery Community Fund, The Daisy Trust, Hyde Park Place Estate Charity, The Headley Trust, Tin Plate Workers Alias Wire Workers, Lumi Power Yoga and Foundation Friends.
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g. unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Elected by charity trustees

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Lumi Foundation
Other name the charity uses	
Registered charity number	1172800
Charity's principal address	121 King Street London W6 9JG

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Ari Iso-Rautio	Chair		
2	Elina Iso-Rautio		Jan-Nov 2024	
3	Elizabeth Powell		Jan-Nov 2024	
4	Catherine Ramasamy			
5	Kamaldeep Takhar			
6	Sara Benjamin		Appointed February 2024	
7				
8				
9				
10				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Ari Iso-Rautio

Position (eg
Secretary, Chair, etc)

Chair of Board of Trustees

Date

4 October 2025

Lumi Foundation

Charity Accounts Registration Number 1172800

Financial Year

Start date: 1st January 2024

End date: 31st December 2024

Lumi Foundation
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For the financial year ended 31st December 2024

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Lumi Foundation
Charity Information
For the financial year ended 31st December 2024

Charity Address	121 King Street London W6 9JG
Trustees	Ari Iso-Rautio Elina Iso-Rautio Elizabeth Powell Catherine Ramasamy Kamaldeep Takhar Sara Benjamin
Accountant	Gains Accountants Queen Elizabeth Olympic Park Plexal, 14 East Bay Lane E20 3BS

Lumi Foundation
Accountants' Report
For the financial year ended 31st December 2024

We have prepared the accounts for the financial year ended 31st December 2024.

In accordance with your instructions we have generated this set of accounts using the information and accounting records provided by you.



.....
Gains Accountants
Queen Elizabeth Olympic Park
Plexal, 14 East Bay Lane
E20 3BS
14th May 2025

Client Approval Certificate

I approve these accounts and I confirm that all relevant records and information have been made available in their preparation.

.....
Ari Iso-Rautio

Lumi Foundation
Profit and Loss
For the financial year ended 31st December 2024

	Notes	2024	2023 £
Income		94,267	75,172
Charitable activities		(65,090)	(63,091)
Administrative expenditure		(1,978)	(1,324)
		<hr/>	<hr/>
Net income/(expenditure)		27,199	10,757
		<hr/>	<hr/>

Lumi Foundation
Balance Sheet
For the financial year ended 31st December 2024

	Notes	2024 £	2023 £
Fixed assets			
Tangible fixed assets	2	-	-
		-	-
Current assets			
Debtors	3	2,740	1,530
Cash at bank and in hand		77,148	51,422
		79,888	52,952
Creditors: amount falling due within one year		(768)	(1,032)
Net current assets		79,120	51,921
Creditors: amount falling due after one year			
Net assets		79,120	51,921
Capital Account			
Net Surplus		27,199	10,757
Retained earnings		51,921	41,164
		79,120	51,921

Lumi Foundation
Notes to the Financial Statement
For the financial year ended 31st December 2024

1. Accounting Basis

Basis of accounting

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard (FRS 102) and with the Charties Act 2011.

2. Tangible fixed assets

Cost or Valuation	2024	2023
	£	£
At 1st January 2024	2,310	2,310
Additions	-	-
Disposals	-	-
At 31st December 2024	2,310	2,310
 Depreciation		
At 1st January 2024	2,310	2,310
Charge for the year - 25% on Straight line basis	-	-
Disposals	-	-
At 31st December 2024	2,310	2,310
 Net book values		
At 31st December 2024	-	-
At 31st December 2023	-	-

3. Debtors	2024	2023
	£	£
Trade debtors	2,740	1,530

Lumi Foundation
Detailed Profit and Loss
For the financial year ended 31st December 2024

	2024	2023
	£	£
Turnover		
Donations	43,300	12,080
Grants	5,047	17,653
Class Fees	45,920	45,439
	94,267	75,172
Cost of sales		
Teachers & Coordinator wages	(46,844)	(43,233)
Management wages	(16,785)	(14,355)
Fundraising events & other costs	(1,461)	(5,503)
	(65,090)	(63,091)
Gross Profit	29,177	12,081
Administrative Expenses		
Advertising and Marketing	0	0
Audit & Accountancy fees	(1,031)	(432)
Depreciation	0	0
General Expenses	0	(5)
Scholarship	0	0
Insurance	(947)	(887)
	(1,978)	(1,324)
Operating Profit	27,199	10,757
Profit on ordinary activities before taxation	27,199	10,757
Profit for the financial year	27,199	10,757

Signed By

ARI ISO-RAUTIO

Date Signed	2025-08-28 14:35:31
Email	ari@lumipoweryoga.com
Printed Name	Ari Iso-Rautio
IP Address	212.139.185.221
Browser User Agent	Mozilla/5.0 (Macintosh; Intel Mac OS X 10_15_7) AppleWebKit/537.36 (KHTML, like Gecko) Chrome/137.0.0.0 Safari/537.36
Name of signatory	Ari Iso-Rautio

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees

Charity Name
Lumi Foundation

On accounts for the year ended

December 2024

Charity no
(if any)

1172800

Set out on pages

2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/12/2024**.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination, which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Date:

14th May 2025

Name:

Phool Ashraf

Relevant professional qualification(s) or body (if any):

ACCA

Address:

Gains Accountants, Queen Elizabeth Olympic Park

Plexal, 14 East Bay Lane

E20 3BS

Section B**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

N/A

Signed By

ARI ISO-RAUTIO

Date Signed	2025-08-28 14:35:53
Email	ari@lumipoweryoga.com
Printed Name	Ari Iso-Rautio
IP Address	212.139.185.221
Browser User Agent	Mozilla/5.0 (Macintosh; Intel Mac OS X 10_15_7) AppleWebKit/537.36 (KHTML, like Gecko) Chrome/137.0.0.0 Safari/537.36
Name of signatory	Ari Iso-Rautio