



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

From 01/01/2021  
Period end date

Period start date To 31/12/2021

**Charity name: Lumi Foundation**

**Charity registration number: 1172800**

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The advancement of health for the public benefit by providing practices of yoga to individuals and communities in England who would otherwise not have access to yoga by reasons of age, ill-health, disability, financial hardship or other disadvantage. "Practices of Yoga" means: 1) Physical asana (yoga) exercises, 2) Meditation and mindfulness practices, and 3) Philosophical / personal inquiry.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Lumi Foundation delivers free and low cost yoga and meditation classes and programmes to a wide range of groups, predominantly in West London, including: <ul style="list-style-type: none"><li>• People on low income (partnering with Community Champion projects including Masbro Centre, White City Community Centre, West Gibbs estate, The Peabody Trust, Dalgarno Trust and Riverside Studios)</li><li>• Disabled adults and children (Action on Disability, Log Cabin)</li><li>• Elderly groups (AgeUK, South London Cares, Manchester Cares and council projects)</li><li>• Adults with ill health (Maggie's UK)</li></ul>

		Lumi Foundation works with partner organisations with demand for yoga and provides accessible and adaptable classes at locations that suit the practitioners. We also provide online yoga classes and programmes directly to our beneficiaries.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees consider these activities to be aligned with the Charity's objectives as set out in its governing document. Furthermore, the trustees can declare that they have had due regard to the Charity Commission's public benefit guidance when exercising any powers or duties to which the guidance is relevant.

#### **Additional information (optional)**

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

#### **Achievements and Performance**

	SORP reference	
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<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>During 2021, Lumi Foundation delivered classes to 9,963 people with 15 teachers teaching regular weekly classes.</p> <p>This year, as the world started to open up again after the lockdowns caused by the Covid-19 pandemic, Lumi Foundation started to deliver more classes in person, as well as continuing to host some classes on livestream.</p> <p>During the year, Lumi Foundation provided 19 in-person classes and 15 livestream classes.</p> <p>Below is a list of the classes provided during the year.</p> <p>Partner: Community Champions 35 classes in person for the community at White City Community Centre; 45 livestream classes and 25 in person classes for Masbro Centre; 52 livestream classes for West Gibbs Community Centre Aim: increase mobility and health and create connection in communities to combat loneliness and isolation</p> <p>Partner: The Peabody Trust 20 pregnancy yoga classes and 57 chair yoga classes delivered in person at Old Oak Community Centre Aim: create strong communities and opportunities for connection as well as improving health and mobility</p> <p>Partner: Action on Disability 9 in person classes Aim: to increase mobility, general health and create connections through delivery of mat and chair yoga for disabled and vulnerable young people</p> <p>Partner: Maggie's Southampton 68 classes chair and mat yoga classes for cancer patients, delivered on livestream Aim: to improve general health, practice mindfulness and create a strong community</p> <p>Partner: Maggie's London 102 chair and mat yoga classes for cancer patients, delivered on livestream Aim: to improve general health, practice mindfulness and create a strong community</p> <p>Partner: Age UK 72 chair and mat yoga classes for the elderly (over 55 years) delivered in person</p>
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		<p>Aim: to increase mobility, improve general health, and encourage connection</p> <p>Partner: Dalgarno Trust (Iraqi Women's League) 5 mat and chair yoga classes delivered on livestream Aim: to improve general health, practice mindfulness and share a fun activity</p> <p>Partner: Log Cabin 31 mat classes in person for keyworkers working with children with various disabilities Aim: to improve general health, practice mindfulness and relax</p> <p>Partner: London Borough of Hammersmith &amp; Fulham council (Regeneration, Planning &amp; housing services) 6 chair yoga classes at Malvern Court for the Elderly Aim: to improve general health, practice mindfulness and bring the community together</p> <p>Partner: South London Cares 11 chair yoga classes on livestream Aim: to maintain mental awareness and mobility for the elderly and their befrienders</p> <p>Partner: Manchester Cares 4 chair yoga classes on livestream Aim: to maintain mental awareness and mobility for the elderly and their befrienders</p> <p>Partner: Riverside Studios 32 in person mat classes 5 in person chair yoga classes 50 livestream mat yoga classes 12 livestream classes for children Aim: to improve general health, reduce stress, build local community and connection</p> <p>Partner: Imperial College 21 livestream classes for employees Aim: to improve general health, practice mindfulness and create connection</p> <p>Partner: Hammersmith United Charities residential units 10 chair yoga classes for residents at Sycamore House and 5 chair yoga classes for residents at John Betts House Aim: to introduce an activity for the residents to enjoy together, while improving their physical and mental health</p> <p>Partner: Cobham Community Centre</p>
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		<p>16 yoga classes for the elderly and 26 yoga classes for adults with learning disabilities and their carers</p> <p>Aim: to introduce a physical practice to enjoy and build community and connection</p> <p>Livestream classes provided independently of partners for the community:</p> <p>43 mat yoga classes on Thursdays 51 chair yoga classes on Fridays 51 mat yoga classes on Saturdays 51 yin yoga classes on Sundays</p> <p><b>EVENTS AND FUNDRAISING</b></p> <p>Lumi Foundation continued to build awareness of its services and raise funds through several events including:</p> <ul style="list-style-type: none"> <li>• Three online livestream Yin fundraising workshops in Spring, Summer and November 2021</li> <li>• The Foundation ran an online programme of 40 Days to Personal Revolution and invited donations from participants</li> <li>• In October 2021 Foundation yogis took part in a sponsored event, 108 Sun Salutations</li> <li>• Festive Flow Dec 2021 – including a fundraising raffle with prizes donated to the Foundation by local businesses and individuals</li> </ul> <p><b>OPERATIONS ADMINISTRATION</b></p> <p>To protect the health and safety of teaching staff and participants in our classes and programmes, all in-person classes and programmes were carried out in accordance with our Covid-19 guidelines, which were prepared in line with Government guidance. During the lockdown in January-March 2021, classes were transitioned online.</p>
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**Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
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Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the end of the 2021 financial year Lumi Foundation's net assets were £24,794.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Reserve funds are held to deliver free and low-cost services and are also held as a buffer for unforeseen expenditure.
Amount of reserves held	Para 1.22	Balance at the end of 2021 - £24,794 of which cash £23,629
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Principal sources of funding include payments from partner organisations, grants and donations from individuals and organisations including Lumi Power Yoga.
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document ( <a href="#">trust deed</a> , <a href="#">royal charter</a> )	Para 1.25	Constitution
How is the charity constituted? (e.g. <a href="#">unincorporated association</a> , CIO)	Para 1.25	Charitable Incorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Elected by charity trustees

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

## Reference and Administrative details

Charity name	Lumi Foundation
Other name the charity uses	
Registered charity number	1172800
Charity's principal address	121 King Street London W6 9JG



### **Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Ari Iso-Rautio	Chair		
2	Elina Iso-Rautio			
3	Elizabeth Powell			
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Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Ari Iso-Rautio	
Position (eg Secretary, Chair, etc)	Chair of Board of Trustees	

Date

8 August 2022

**Lumi Foundation**

Charity Accounts Registration Number 1172800

**Financial Year**

Start date: 1st January 2021

End date: 31st December 2021

**Lumi Foundation**  
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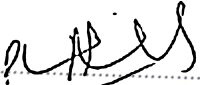
**Lumi Foundation**  
Charity Information  
For the financial year ended 31st December 2021

Charity Address	121 King Street London W6 9JG
Trustees	Mr Ari Iso-Rautio Mrs Elina Iso-Rautio Ms Elizabeth Powell
Accountant	Gains Accountants Queen Elizabeth Olympic Park Plexal, 14 East Bay Lane E20 3BS

**Lumi Foundation**  
**Accountants' Report**  
For the financial year ended 31st December 2021

We have prepared the accounts for the financial year ended 31st December 2021.


In accordance with your instructions we have generated this set of accounts using the information and accounting records provided by you.

  
.....  
Gains Accountants  
Queen Elizabeth Olympic Park  
Plexal, 14 East Bay Lane  
E20 3BS  
14th July 2022

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**Client Approval Certificate**

I approve these accounts and I confirm that all relevant records and information have been made available in their preparation.

  
.....  
Mr Ari Iso-Rautio

**Lumi Foundation**  
**Profit and Loss**  
For the financial year ended 31st December 2021

	<b>Notes</b>	<b>2021</b> <b>£</b>
<b>Turnover</b>		43,105
Cost of Sales		(48,148)
<b>Gross Profit</b>		<u><b>(5,043)</b></u>
Administrative Expenses		<u>(1,318)</u>
<b>Operating Profit</b>		<u><b>(6,361)</b></u>
<b>Profit for the financial year</b>		<u><b>(6,361)</b></u>



**Lumi Foundation**  
Balance Sheet  
For the financial year ended 31st December 2021

	<b>Notes</b>	<b>2021 £</b>
<b>Fixed assets</b>		
Tangible fixed assets	2	- <hr/> -
<b>Current assets</b>		
Debtors	3	1,685
Cash at bank and in hand		23,629 <hr/>
		<b>25,314</b>
<b>Creditors: amount falling due within one year</b>		<hr/> -
<b>Net current assets</b>		<hr/> <b>25,314</b>
<b>Total assets less current liabilities</b>		<hr/> (520)
<b>Net assets</b>		<hr/> <b>24,794</b>
 <b>Capital Account</b>		
Net profit		(6,361)
Retained earnings		31,155 <hr/>
		<b>24,794</b> <hr/>

**Lumi Foundation**  
Notes to the Financial Statement  
For the financial year ended 31st December 2021

**1. Accounting Basis**

**Basis of accounting**

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard (FRS 102) and with the Charties Act 2011.

**2. Tangible fixed assets**

<b>Cost or Valuation</b>	<b>2021</b>
	<b>£</b>
At 1st January 2021	2,310
Additions	-
Disposals	-
<b>At 31st December 2021</b>	<b>2,310</b>
 <b>Depreciation</b>	
At 1st January 2021	2,117
Charge for the year - 25% on Straight line basis	193
Disposals	-
<b>At 31st December 2021</b>	<b>2,310</b>
 <b>Net book values</b>	
At 31st December 2021	-
At 31st December 2020	<u>193</u>

<b>3. Debtors</b>	<b>2021</b>
	<b>£</b>
Trade debtors	1,685

**Lumi Foundation**  
Detailed Profit and Loss  
For the financial year ended 31st December 2021

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
<b>Turnover</b>		
Donations	6,039	19,864
Grants	12,675	
Class Fees	24,391	12,164
	<b>43,105</b>	<b>32,028</b>
<b>Cost of sales</b>		
Teachers & Coordinator wages	(24,071)	(26,533)
Management wages	(22,093)	0
Fundraising events costs	(1,984)	(2,135)
	<b>(48,148)</b>	<b>(28,668)</b>
<b>Gross Profit</b>	<b>(5,043)</b>	<b>3,360</b>
<b>Administrative Expenses</b>		
Advertising and Marketing	0	0
Audit & Accountancy fees	(519)	(521)
Depreciation	(193)	(578)
General Expenses	0	(339)
Insurance	(606)	0
	<b>(1,318)</b>	<b>(1,438)</b>
<b>Operating Profit</b>	<b>(6,361)</b>	<b>1,922</b>
<b>Profit on ordinary activities before taxation</b>	<b>(6,361)</b>	<b>1,922</b>
<b>Profit for the financial year</b>	<b>(6,361)</b>	<b>1,922</b>



Section A

Independent Examiner's Report

Report to the trustees/  
members of

Charity Name  
Lumi Foundation

On accounts for the year  
ended

31<sup>st</sup> December 2021

Charity no  
(if any)

1172800

Set out on pages

2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/12/2021**.

Responsibilities and  
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

Date:

14<sup>th</sup> July 2022

Name:

Phool Ashraf

Relevant professional  
qualification(s) or body  
(if any):

ACCA

Address:

Gains Accountants, Queen Elizabeth Olympic Park

Plexal, 14 East Bay Lane

E20 3BS

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

N/A