

FIT

England & Wales · Charity number 1172728

Details

Status Registered

Legal form CIO

Registered 2017-04-25

Register [View on the Charity Commission register](#)

Contact

Address Black Prince Community Hub
5 Beaufoy Walk
London
SE11 6AA

Phone 02075871327

Email info@foundryinclusivetraining.org

Activities

Objects: THE OBJECTS OF THE CIO ARE:TO PROMOTE FOR THE BENEFIT OF THE INHABITANTS OF LONDON AND THE SURROUNDING AREA THE PROVISION OF FACILITIES FOR RECREATION OR OTHER LEISURE TIME OCCUPATION OF INDIVIDUALS WHO HAVE NEED OF SUCH FACILITIES BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABLEMENT, FINANCIAL HARDSHIP OR SOCIAL AND ECONOMIC CIRCUMSTANCES OR FOR THE PUBLIC AT LARGE IN THE INTERESTS OF SOCIAL WELFARE AND WITH THE OBJECT OF IMPROVING THE CONDITION OF LIFE OF THE SAID INHABITANTS.

Activities: Foundry Inclusive Training (FIT)'s mission is to enable access to an inclusive fitness community, promote physical and mental health and provide access to fitness to those traditionally unable to access it for financial, logistical or medical reasons. FIT provides Community Classes and a Youth Fitness Academy to underserved populations to help them feel motivated, respected and inspired.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** Amateur Sport, Recreation
- **Who:** Children/young People, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Lambeth

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£20	£60	-	-
2024-03-31	£20	£415	-	-
2023-03-31	£4,236	£5,335	-	-
2022-03-31	£6,496	£5,069	-	-
2021-03-31	£8,196	£2,289	-	-

Trustees

Name	Role	Appointed
Beverley de Valmency	Chair	2019-09-25
Ben Stephen Alwyn Gotting		2026-01-16
DAVE THOMAS		2017-04-25
Sarah Langslow		2019-11-06

FIT

England & Wales - Charity number 1172728

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1st April 2024 Period start date To 31st March 2025 Period end date

Charity name: FIT

Charity registration number: 1172728

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	FIT (also known as Foundry Inclusive Training) exists to provide accessible fitness facilities and to provide an inclusive fitness community. Individuals who may have reason for such facilities include youth, age, infirmity, or disablement, financial hardship or social and economic circumstances. Our core values are: - Inclusion (non-judgemental, equitable, community, accepting, fairness, welcoming) - Impactful (passionate, making a difference, deliver with integrity, effective) - Supportive (caring kind teamwork) - Fun (passionate, enjoyment, community, making new connections and friends)
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	FIT's mission is to make safe, effective exercise available to the most vulnerable members of society who traditionally have not had access to it for financial, logistical or medical reasons. We offer free access and a safe environment for disenfranchised members of the local Lambeth borough community to train and enjoy various forms of physical activity. We also offer youth academy training sessions.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Trustees have complied with the objectives of the charity (FIT) and as such have provided public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	

Policy on grant making	Para 1.38	N/A
Policy on social investment including program related investment	Para 1.38	N/A
Contribution made by volunteers	Para 1.38	All trustees carry out their duties on a voluntary basis. This includes some operational activities including treasury, communication with class trainers, communication with FIT community.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	We are currently restructuring our delivery, with a focus on equal opportunity to access sport onsite at the Sports Hub, SE11 6AA

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	No delivery was made during this period.
Performance of fundraising activities against objectives set	Para 1.41	

Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity's financial position as at 31 st March 2025 is healthy and has remained stable since March 24.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity retains a reserve cash balance sufficient to fund a normal spread of activities in a quarter. This is to provide cover in the event of the usual donations reducing significantly. Where raised funds remain unspent at the end of the financial year, they are kept in a cash account to support the charity in future and may then be used for funding more classes in future years which cannot be covered by standard annual income.
Amount of reserves held	Para 1.22	£9,987
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable incorporated organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Appointed by a resolution passed by a majority vote of the charity trustees at a properly convened meeting.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	FIT
Other name the charity uses	Foundry Inclusive Training
Registered charity number	1172728
Charity's principal address	The Black Prince Community Hub 5 Beaufoy walk London SE11 6HU

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Beverley de Valmency	Chair		
2	Dave Thomas	Trustee		
3	Ben Gotting	Trustee	From Jan 25	
4	Sarah Langslow	Trustee		
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

--

Other optional information

--

Mrs

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity’s trustees

Signature(s)	Mrs B J de Valmency	
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Full name(s)	BEVERLEY JANE DE VALMENCY	
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Position (eg Secretary, Chair, etc)	CHAIR	
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Date	29/1/26
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CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name: FIT	Charity No	
Annual accounts for the period		
Period start date	1 April 2024	To date 31 March 2025

Section A Statement of financial activities

activity	£	funds £ F01	funds £ F02	t funds £ F03	Total funds £ F04	funds £ F05
Incoming resources (Note 3)						
Income and endowments from:						
Donations and legacies	S01	10,062	-	-	10,062	-
Charitable activities	S02	-	-	-	-	-
Other trading activities	S03	-	-	-	-	-
Investments	S04	-	-	-	-	-
Separate material item of income	S05	-	-	-	-	-
Other	S06	20	-	-	20	-
Total	S07	10,082	-	-	10,082	-
Resources expended (Note 6)						
Expenditure on:						
Raising funds	S08	-	-	-	-	-
Charitable activities	S09	-	-	-	-	-
Separate material item of expense	S10	-	-	-	-	-
Other	S11	60	-	-	60	-
Total	S12	60	-	-	60	-
Net income/(expenditure) before investment gains/(losses)	S13	10,022	-	-	10,022	-
Net gains/(losses) on investments	S14	-	-	-	-	-
Net income/(expenditure)	S15	10,022	-	-	10,022	-
Extraordinary items	S16	-	-	-	-	-
Transfers between funds	S17	-	-	-	-	-
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use	S18	-	-	-	-	-
Other gains/(losses)	S19	-	-	-	-	-
Net movement in funds	S20	10,022	-	-	10,022	-
Reconciliation of funds:						
Total funds brought forward	S21	-	-	-	-	-
Total funds carried forward	S22	10,022	-	-	10,022	-

Section B Balance sheet

		Guidance Notes	Restrictive				
			Unrestricted funds	Restricted income funds	Endowment funds	Total this year	Total last year
			£ F01	£ F02	£ F03	£ F04	£ F05
Fixed assets							
Intangible assets (Note 15)	B01		-	-	-	-	-
Tangible assets (Note 14)	B02		-	-	-	-	-
Heritage assets (Note 16)	B03		-	-	-	-	-
Investments (Note 17)	B04		-	-	-	-	-
Total fixed assets	B05		-	-	-	-	-
Current assets							
Stocks (Note 18)	B06		-	-	-	-	-
Debtors (Note 19)	B07		-	-	-	-	-
Investments (Note 17.4)	B08		-	-	-	-	-
	B09		10,022	-	-	10,022	-
Total current assets	B10		10,022	-	-	10,022	-
Creditors: amounts falling due within one year (Note 20)	B11		-	-	-	-	-
Net current assets/(liabilities)	B12		10,022	-	-	10,022	-
Total assets less current liabilities	B13		10,022	-	-	10,022	-
Creditors: amounts falling due after one year (Note 20)	B14		-	-	-	-	-
Provisions for liabilities	B15		-	-	-	-	-
Total net assets or liabilities	B16		10,022	-	-	10,022	-
Funds of the Charity							
Endowment funds (Note 27)	B17		-	-	-	-	-
Restricted income funds (Note 27)	B18		-	-	-	-	-
Unrestricted funds	B19		-	-	-	-	-
Revaluation reserve	B20		-	-	-	-	-
Total funds	B21		-	-	-	-	-

Signed by one or two trustees on behalf

Signature	Print Name	approval

Section C Notes to the accounts

Note 1 Basis of preparation

This section should be completed by all charities.

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- and with*

1

 the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with*

1

 the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.*

1

* -Tick as appropriate

1.2 Going concern

If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:

An explanation as to those factors that support the conclusion that the charity is a going concern;

Not applicable

Disclosure of any uncertainties that make the going concern assumption doubtful;

Not applicable

Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.

Not applicable

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note 1.1.

Yes*

1

 No*

0

 -Tick as appropriate

Please disclose:

(i) the nature of the change in accounting policy;	Not applicable
(ii) the reasons why applying the new accounting policy provides more reliable and more relevant information; and	Not applicable
(iii) the amount of the adjustment for each line affected in the current period, each prior period presented and the aggregate amount of the adjustment relating to periods before those presented, 3.44 FRS 102 SORP.	Not applicable

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

Yes*

1

 No*

0

 -Tick as appropriate

Please disclose:

(i) the nature of any changes;	Not applicable
(ii) the effect of the change on income and expense or assets and liabilities for the current period; and	Not applicable
(iii) where practicable, the effect of the change in one or more future periods.	Not applicable

1.5 Material prior year errors

No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).

Yes*

1

 No*

0

 -Tick as appropriate

Please disclose:

(i) the nature of the prior period error;	Not applicable
(ii) for each prior period presented in the accounts, the amount of the correction for each account line item affected; and	Not applicable
(iii) the amount of the correction at the beginning of the earliest prior period presented in the accounts.	Not applicable

Note 2

Accounting policies

Please complete this note when first reporting under FRS2102. Section 35 of FRS102, requires 3 reconciliations to be presented, if all are applicable.

2.1 RECONCILIATION WITH PREVIOUS GENERALLY ACCEPTED ACCOUNTING PRACTICE

Please provide a description of the nature of each change in accounting policy

--

Reconciliation of funds per previous GAAP to funds determined under FRS 102

	Start of period	End of period
	£	£
Fund balances as previously stated		
Adjustments:		

Fund balance as restated _____

Reconciliation of net income/(net expenditure) per previous GAAP to net income/(net expenditure) under FRS 102

	End of period
	£
Net income/(expenditure) as previously stated	
Adjustments:	

Previous period net income/(expenditure) as restated _____

(cont)

Note 2 Accounting policies

2.2 INCOME

This standard list of accounting policies has been applied by the charity except for those ticked "No" or "N/a". Where a different or additional policy has been adopted then this is detailed in the box below.

Recognition of income These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Yes	No	N/a
☐	☐	☐

Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Yes	No	N/a
☐	☐	☐

Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).

Yes	No	N/a
☐	☐	☐

Legacies

In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).

Yes	No	N/a
☐	☐	☐

Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.

Yes	No	N/a
☐	☐	☐

Government grants

The charity has received government grants in the reporting period

Yes	No	N/a
☐	☐	☐

Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

Yes	No	N/a
☐	☐	☐

Contractual income and performance related grants

This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.

Yes	No	N/a
☐	☐	☐

Donated goods

Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Yes	No	N/a
☐	☐	☐

The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution.

Yes	No	N/a
☐	☐	☐

Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.

Yes	No	N/a
☐	☐	☐

Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.

Yes	No	N/a
☐	☐	☐

Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.

Yes	No	N/a
☐	☐	☐

Donated services and facilities

Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.

Yes	No	N/a
☐	☐	☐

Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.

Yes	No	N/a
☐	☐	☐

Support costs

The charity has incurred expenditure on support costs.

Yes	No	N/a
☐	☐	☐

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Yes	No	N/a
☐	☐	☐

Income from interest, royalties and dividends

This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.

Yes	No	N/a
☐	☐	☐

Income from membership subscriptions

Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.

Yes	No	N/a
☐	☐	☐

Memberships subscriptions which gives a member the right to buy services or

Yes	No	N/a
☐	☐	☐

	membership subscriptions which gives a member the right to buy goods or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.	<table border="1"> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
Settlement of insurance claims	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP) and are included as an item of other income in the SoFA.	<table border="1"> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
Investment gains and losses	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.	<table border="1"> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
2.3 EXPENDITURE AND LIABILITIES								
Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.	<table border="1"> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
Governance and support costs	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.	<table border="1"> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.	<table border="1"> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.	<table border="1"> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
Grants payable without performance conditions	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.	<table border="1"> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
Redundancy cost	The charity made no redundancy payments during the reporting period.	<table border="1"> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
Deferred income	No material item of deferred income has been included in the accounts.	<table border="1"> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts	<table border="1"> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
Provisions for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date	<table border="1"> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
Basic financial instruments	The charity accounts for basic financial instruments on initial recognition as per paragraph 10.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.	<table border="1"> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
2.4 ASSETS								
Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least							
	They are valued at cost.	<table border="1"> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
	The depreciation rates and methods used are disclosed in note 9.2.							
Intangible fixed assets	The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 9.5	<table border="1"> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
	They are valued at cost.	<table border="1"> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
Heritage assets	The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 9.6.1.4.	<table border="1"> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
	They are valued at cost.	<table border="1"> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
Investments	Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.	<table border="1"> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
	Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments	<table border="1"> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
Stocks and work in progress	Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.	<table border="1"> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
	Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.	<table border="1"> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
	Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.	<table border="1"> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						

Debtors	Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.	Yes	No	N/a
		ü	ü	ü
Current asset investments	The charity has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity date of less than one year held for investment purposes rather than to meet short term cash commitments as they fall due.	Yes	No	N/a
		ü	ü	ü
	They are valued at fair value except where they qualify as basic financial instruments.	Yes	No	N/a
		ü	ü	ü

**POLICIES ADOPTED
ADDITIONAL TO OR
DIFFERENT FROM
THOSE ABOVE**

Note 3

Analysis of income

		d funds	funds	nt funds	Total funds	Prior year
	Analysis				£	£
Donations and legacies:	Donations and gifts	-	-	-	-	-
	Gift Aid	-	-	-	-	-
	Legacies	-	-	-	-	-
	General grants provided by	-	-	-	-	-
	Membership subscriptions and	-	-	-	-	-
	Donated goods, facilities and services	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Charitable activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Other trading activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Income from investments:	Interest income	20	-	-	20	-
	Dividend income	-	-	-	-	-
	Rental and leasing income	-	-	-	-	-
	Other	-	-	-	-	-
	Total	20	-	-	20	-
Separate material item of income:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Other:	Conversion of endowment funds into	-	-	-	-	-
	Gain on disposal of a tangible fixed	-	-	-	-	-
	Gain on disposal of a programme related	-	-	-	-	-
	Royalties from the exploitation of	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
TOTAL INCOME		20	-	-	20	-

Other information:

All income in the prior year was unrestricted except for:
(please provide description and amounts)

Where any endowment fund is converted into income in the reporting period, please give the reason for the conversion.

Within the income items above the following items are material: (please disclose the nature, amount and any prior year amounts)

Note 4

Analysis of receipts of government grants

	Description	This year £	Last year £
Government grant 1		-	-
Government grant 2		-	-
Government grant 3		-	-
Other		-	-
	Total	-	-

income.

benefited.

Note 5 Donated goods, facilities and services

	This year £	Last year £
Seconded staff	-	-
Use of property	-	-
Other	-	-

recognition and valuation of	
contingencies attaching to resources from donated goods	
services not recognised in the	

Note 6

Analysis of expenditure

		Unrestrict ed funds	Restrict ed income funds	Endowme nt funds	Total funds £	Prior year £
	Analysis					
Expenditure on raising funds:	Incurred seeking donations	-	-	-	-	-
	Incurred seeking legacies	-	-	-	-	-
	Incurred seeking grants					
	Operating membership schemes and social lotteries					
	Staging fundraising events	-			-	
	Fundraising agents					
	Operating charity shops					
	Operating a trading company undertaking non-charitable trading activity					
	Advertising, marketing, direct mail and publicity	-	-	-	-	-
	Start up costs incurred in generating new source of future income	-	-	-	-	-
	Database development costs	-	-	-	-	-
	Other trading activities					
	Investment management costs:	-	-	-	-	
	Portfolio management costs	-	-	-	-	-
	Cost of obtaining investment advice	-	-	-	-	-
	Investment administration costs	-	-	-	-	-
	Intellectual property licencing costs	-	-	-	-	-
	Rent collection, property repairs and maintenance charges	-	-	-	-	-
		-	-	-	-	-
	Total expenditure on raising funds	-	-	-	-	-
Expenditure on charitable activities		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total expenditure on charitable activities	-	-	-	-	-
Separate material item of expense			-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	-	-	-	-	-
Other	bank fees	60	-	-	60	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total other expenditure	60	-	-	60	-
TOTAL EXPENDITURE		60	-	-	60	-

Other information:

Analysis of expenditure on charitable activities

Activity or programme	Activities undertaken directly	Grants	Support Costs	Total this year	prior year
	£	£	£	£	£
Activity 1					
Activity 2					
Other					
Total					

Prior year expenditure on charitable activities can be analysed as follows:

Within the expenditure items above the following items are material: (please disclose the nature, amount and any prior year amounts)

Section C**Notes to the accounts****Note 7 Extraordinary items**

Please explain the nature of each extraordinary item occurring in the period.

	Description	This year £	Last year £
Extraordinary item 1		-	-
Extraordinary item 2		-	-
Extraordinary item 3		-	-
Extraordinary item 4		-	-
Total extraordinary items		-	-

Section C Notes to the accounts

Note 8 Funds received as agent

8.1 Please complete this note if the charity has agreed to administer the funds of another entity as its agent. Note: If a charity is acting as an agent, it should not recognise the income in the Statement of Financial Activities or the Balance Sheet.

Description/name of party	Related party (Yes or No)	Amount received		Amount paid out		Balance held at period end	
		This year	Last year	This year	Last year	This year	Last year
		£	£	£	£	£	£
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
Total		-	-	-	-	-	-

8.2 Where a consortia or similar arrangement exists whereby 2 or more charities co-operate to achieve economies in the purchase of goods or services, please disclose details of any balances outstanding between any participating members.

Description/name of party	Balance held at period end	
	This year	Last year
	£	£
	-	-
	-	-
	-	-
	-	-
	-	-
Total	-	-

Section C	Notes to the accounts
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Note 9 Support Costs

Please complete this note if the charity has analysed its expenses using activity categories and has support costs.

Support cost (examples)	Raising funds £	Activity 1 £	Activity 2 £	Activity 3 £	Grand total £	allocation method)
Governance	-	-		-	-	
	-	-		-	-	
	-	-		-	-	
	-	-		-	-	
Other	-	-		-	-	
Total	-	-		-	-	

Please provide details of the accounting policy adopted for the apportionment of costs between activities and any estimation techniques used to calculate their apportionment.

--

Section C	Notes to the accounts
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Note 10 **Details of certain items of expenditure**

10.1 Fees for examination of the accounts

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).

Independent examiner's fees

Assurance services other than audit or independent examination

Tax advisory fees

Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner

This year £	Last year £

Note 11

Paid employees

Please complete this note if the charity has any employees.

11.1 Staff Costs

	This year £	Last year £
Salaries and wages	-	-
Social security costs	-	-
Pension costs (defined contribution scheme)		
Other employee benefits	-	-
Total staff costs	-	-

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

--

Please give details of the number of employees whose total employee benefits (excluding employer pension costs) fell within each band of £10,000 from £60,000 upwards. If there are no such transactions, please enter 'true' in the box provided.

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000

--

Band	Number of employees
£60,000 to £69,999	
£70,000 to £79,999	
£80,000 to £89,999	
£90,000 to £99,999	
£100,000 to £109,999	

Please provide the total amount paid to key management personnel (includes trustees and senior management) for their services to the charity

--

11.2 Average head count in the year

The parts of the charity in which the employees work

	This year Number	Last year Number
Fundraising	-	-
Charitable Activities	-	-
Governance	-	-
Other	-	-
Total	-	-

11.3 Ex-gratia payments to employees and others (excluding trustees)

Please complete if an ex-gratia payment is made.

Please explain the nature of the payment

--

Please state the legal authority or reason for making the payment

--

Please state the amount of the payment (or value of any waiver of a right to an asset)

--

11.4 Redundancy payments

Please complete if any redundancy or termination payment is made in the period.

Total amount of payment

--

The nature of the payment (cash, asset etc.)

--

The extent of redundancy funding at the balance sheet date

--

Please state the accounting policy for any redundancy or termination payments

--

Section C**Notes to the accounts****(cont)**

Note 12 **Defined contribution pension scheme or defined benefit scheme accounted for as a defined contribution scheme.**

12.1 *Please complete this note if a defined contribution pension scheme is operated.*

Amount of contributions recognised in the SOFA as an expense

Please explain the basis for allocating the liability and expense of defined contribution pension scheme between activities and between restricted and unrestricted funds.

12.2 *Please complete this section where the charity participates in a defined benefit pension plan but is unable to ascertain its share of the underlying assets and liabilities.*

Please confirm that although the scheme is accounted for as a defined contribution plan, it is a defined benefit plan.

Please provide such information as is available about the plan's surplus or deficit and the implications, if any, for the reporting charity

12.3 *Please complete this section where the charity participates in a multi-employer defined benefit pension plan that is accounted for as a defined contribution plan.*

Describe the extent to which the charity can be liable to the plan for other entities' obligations under the terms and conditions of the multi-employer plan

Section C	Notes to the accounts	(cont)
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Note 13 **Grantmaking**

Please complete this note if the charity made any grants or donations which in aggregate form a material part of the charitable activities undertaken.

13.1 Analysis of grants paid (included in cost of charitable activities)

Analysis	institutions	individuals	Support costs	Total
Activity or project 1			£	£
Activity or project 2			-	-
Activity or project 3			-	-
Activity or project 4			-	-
Total	-	-	-	-

Please enter "Nil" if the charity does not identify and/or allocate support costs.

13.2 Grants made to institutions

My charity has made grants to particular institutions that are material in the context of its grantmaking. Details of the institution supported, purpose of the grant and total paid to each institution is available on the charity's web site.

Yes	<i>Please provide details of charity's URL.</i>
No	<i>Provide details below</i>

Names of institution	Purpose	Total amount of grants paid £
		-
		-
		-
		-
		-
		-
		-
		-
		-
		-
Total grants to institutions in reporting period		-
Other unanalysed grants		-
TOTAL GRANTS PAID		-

Note 14 **Tangible fixed assets**
Please complete this note if the charity has any tangible fixed assets

14.1 Cost or valuation

	Freehold land & buildings	Other land & buildings	Plant, machinery and motor vehicles	Fixtures, fittings and equipment	Total
	£	£	£	£	£
At the beginning of	-	-	-	-	-
Additions	-	-	-	-	-
Revaluations	-	-	-	-	-
Disposals	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	-	-	-

14.2 Depreciation and impairments

**Basis	SL or RB	SL or RB	SL or RB	SL or RB	SL or RB	Straight Line ("SL") or Reducing Balance ("RB")
** Rate						
At beginning of the	-	-	-	-	-	-
Disposals	-	-	-	-	-	-
Depreciation	-	-	-	-	-	-
Impairment	-	-	-	-	-	-
Transfers*	-	-	-	-	-	-
At end of the year	-	-	-	-	-	-

14.3 Net book value

Net book value at the beginning of the year	-	-	-	-	-
Net book value at the end of the year	-	-	-	-	-

14.4 Impairment

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

--

14.5 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation	
the name of independent valuer, if applicable	
the methods applied and significant assumptions	
the carrying amount that would have been recognised had the assets been carried under the cost model.	

14.6 Other disclosures

(i) Please state the amount of borrowing costs, if any, capitalised in the construction of tangible fixed assets and the capitalisation rate used	
(ii) Please provide the amount of contractual commitments for the acquisition of tangible fixed assets.	
(iii) Details of the existence and carrying amounts of property, plant and equipment to which the charity has restricted title or that are pledged as security for liabilities.	

* The "transfers" row is for movements between fixed asset categories.

** Please indicate the method of depreciation by deleting the method not applicable

Section C**Notes to the accounts****Note 15 Intangible assets**

Please complete this note if the charity has any intangible assets

15.1 Cost or valuation

	Research & development	Patents and trademarks	Other	Total
	£	£	£	£
At beginning of the	-	-	-	-
Additions	-	-	-	-
Disposals	-	-	-	-
Revaluations	-	-	-	-
Transfers *	-	-	-	-
At end of the year	-	-	-	-

15.2 Amortisation and impairments

**Basis	SL or RB	SL or RB	SL or RB	SL or RB	Straight Line ("SL") or Reducing Balance ("RB")
** Rate					

At beginning of the	-	-	-	-
Disposals	-	-	-	-
Amortisation	-	-	-	-
Impairment	-	-	-	-
Transfers*	-	-	-	-
At end of year	-	-	-	-

15.3 Net book value

Nat book value at the beginning of the year	-	-	-	-
Net book value at the end of the year	-	-	-	-

15.4 Accounting policy

Please disclose the accounting policy for intangible fixed assets including:

Reasons for choosing amortisation rates

Policies for the recognition of any capital development

--

15.5 Impairment

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

--

15.6 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation

--

the name of independent valuer, if applicable

--

the methods applied

--

the carrying amount that would have been recognised had the assets been carried under the cost model.

--

15.7 Other disclosures

(i) If your intangible asset was acquired by way of grant, provide value on initial recognition and carrying amount of the asset.

--

(ii) Details of the carrying amounts of any intangible assets to which the charity has restricted title or that are pledged as security for liabilities.

--

(iii) Please provide the amount of contractual commitments for the acquisition of intangible assets.

--

(iv) State the amount of research and development expenditure recognised as expenditure in the year.

--

(vi) Please detail the headings in the SOFA in which a charge for amortisation of intangible assets is included.

--

(vii) For any material intangible assets, please provide a description, its carrying amount and any remaining amortisation period.

--

* The "transfers" row is for movements between fixed asset categories.

** Please indicate the method of depreciation by deleting the method not applicable (SL = straight line; RB = reducing balance). Also please indicate the rate of depreciation: for straight line, what is the anticipated life of the asset (in years); for reducing balance, what is the percentage annual deduction

Section C
Notes to the accounts
Note 16
Heritage assets

Please complete this note if the charity has heritage assets

16.1 General disclosures for all charities holding heritage assets

(i) Explain the nature and scale of heritage assets held.

(ii) Explain the policy for the acquisition, preservation, management and disposal of heritage assets.

16.2 Cost or valuation

	Heritage asset 1	Heritage asset 2	Heritage asset 3	Heritage asset 4	Total
	£	£	£	£	£
At beginning of the year	-	-	-	-	-
Additions	-	-	-	-	-
Disposals	-	-	-	-	-
Revaluations	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	-	-	-

16.3 Depreciation and impairments

****Basis**

**** Rate**

					Straight Line ("SL") or Reducing Balance

At beginning of the year	-	-	-	-	-
Disposals	-	-	-	-	-
Depreciation	-	-	-	-	-
Impairment	-	-	-	-	-
Transfers*	-	-	-	-	-
At end of year	-	-	-	-	-

16.4 Net book value

Nat book value at the beginning of the year	-	-	-	-	-
Net book value at the end of the year	-	-	-	-	-

16.5 Impairment

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

--

16.6 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation

the name of independent valuer, if applicable

qualifications of independent valuer

the methods applied and significant assumptions

any significant limitations on the valuation

16.7 Analysis of heritage assets by class or group distinguishing those at cost and those at valuation

	At valuation Group A	At cost Group B	Total
	£	£	£
Carrying amount at the beginning of the period	-	-	-
Additions	-	-	-
Disposals	-	-	-
Depreciation/impairment	-	-	-
Revaluation	-	-	-
Carrying amount at the end of period	-	-	-

16.8 Heritage assets (where heritage assets are not recognised on the balance sheet)

(i) Explain the reason why heritage assets have not been recognised on the balance sheet.

(ii) Describe the significance and nature of heritage assets.

(iii) Disclose information that is helpful in assessing the value of heritage assets.

(iv) Explain the reason why it is not practicable to obtain a valuation of heritage assets.

16.9 Five year summary of heritage assets transactions

	2015	2014	2013	2012	2011
	£	£	£	£	£
Purchases					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-				
Other	-				
Donations					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total additions	-	-	-	-	-
Charge for impairment					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total charge for impairment	-	-	-	-	-
Disposals					
Group A - carrying amount	-	-	-	-	-
Group B - carrying amount	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total disposals	-	-	-	-	-

Note 17 Investment assets

Please complete this note if the charity has any investment assets.

17.1 Fixed assets investments (please provide for each class of investment)

	Cash & cash equivalents	Listed investments	Investment properties	Social investments	Other	Total
Carrying (fair) value at beginning of period	-	-	-	-	-	-
Add: additions to investments during period*	-	-	-	-	-	-
Less: disposals at carrying value	-	-	-	-	-	-
Less: impairments	-	-	-	-	-	-
Add: Reversal of impairments	-	-	-	-	-	-
Add/(deduct): transfer in/(out) in the period	-	-	-	-	-	-
Add/(deduct): net gain/(loss) on revaluation	-	-	-	-	-	-
Carrying (fair) value at end of year	-	-	-	-	-	-

*Please specify additions resulting from acquisitions through business combinations, if any.

--

Please note that Fair Value in this context is the amount for which an asset could be exchanged between knowledgeable and willing parties in an arm's length transaction. For traded securities, the fair value is the value of the security quoted on the London Stock Exchange Daily Official List or equivalent. For other assets where there is no market price on a traded market, it is the trustees' or valuers' best estimate of fair value.

17.2 Please provide a breakdown of investments shown above agreeing with the balance sheet row B04 differentiating between those held at fair value and those held at cost less impairment.

Analysis of investments

Cash or cash equivalents

Listed investments

Investment properties

Fair value at year end	Cost less impairment
£	£
-	-
-	-
-	-

Social investments

Other investments

Total

Grand total (Fair value at year end+Cost less impairment)

-	-
-	-
-	-

17.3 If your charity holds investment properties, please complete the following note:

(i) Explain the methods and significant assumptions in determining the fair value of investment property held by the charity

(ii) Name or independent valuer, if applicable, and relevant qualifications

(iii) Provide details of any restrictions on the ability to realise investment property or on the remittance of income or disposal proceeds

(iv) Explain any contractual obligations for the purchase, construction or development of investment property or for repairs, maintenance or enhancements

17.4 Please provide a breakdown of current asset investments, if applicable, agreeing with the balance sheet.

Analysis of current asset investments

This year	Last year
£	£
-	-
-	-
-	-
-	-
-	-
-	-

Cash or cash equivalents

Listed investments

Investment properties

Social investments

Other investments

Total

17.5 Guarantees

Please provide details and amount of any guarantee made to or on behalf of a third party

Name of the entity or entities benefitting from those guarantees

Please explain how the guarantee furthers the charity's aims

17.6 Concessionary loans

Amount of concessionary loans made
(Multiple loans made may be disclosed in aggregate provided that such aggregation does not obscure significant information).

Description	This year £
Total	

Amount of concessionary loans received
(Multiple loans received may be disclosed in aggregate provided that such aggregation does not obscure significant information).

Description	This year £
Total	

Terms and conditions eg interest rate, security provided

Value of any concessionary loans which have been committed but not taken up at the reporting date

Amounts payable within 1 year

Amounts payable after more than 1 year

Amounts receivable within 1 year

Amounts receivable after more than 1 year

17.7 Additional information

Please provide information about the significance of investments to the charity's financial position or performance eg. terms and conditions of loans or the use of hedging to manage financial risk.

For all investments measured at fair value, the basis for determining the value, including any assumptions applied when using a valuation technique.

Where a charity has provided financial assets as a form of security, the carrying amount of the financial asset pledged as security and the terms and conditions relating to its pledge.

Last year £

Last year £

Section C**Notes to the accounts****(cont)****Note 18 Stocks***Please complete this note if the charity holds any stock items***18.1 Please state the carrying amount of stock and work in progress analysed between activities.**

	Stock		Donated goods		Work in progress
	For distribution £	For resale £	For distribution £	For resale £	
Charitable activities:					
<i>Opening</i>	-	-	-	-	-
<i>Added in period</i>	-	-	-	-	-
<i>Expensed in period</i>	-	-	-	-	-
<i>Impaired</i>	-	-	-	-	-
<i>Closing</i>	-	-	-	-	-
Other trading activities:					
<i>Opening</i>	-	-	-	-	-
<i>Added in period</i>	-	-	-	-	-
<i>Expensed in period</i>	-	-	-	-	-
<i>Impaired</i>	-	-	-	-	-
<i>Closing</i>	-	-	-	-	-
Other:					
<i>Opening</i>	-	-	-	-	-
<i>Added in period</i>	-	-	-	-	-
<i>Expensed in period</i>	-	-	-	-	-
<i>Impaired</i>	-	-	-	-	-
<i>Closing</i>	-	-	-	-	-
Total this year	-	-	-	-	-
Total previous year	-	-	-	-	-

18.2 Please specify the carrying amount of any stocks pledged as security for liabilities

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Section C	Notes to the accounts	(
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Note 19 Debtors and prepayments

Please complete this note if the charity has any debtors or prepayments.

19.1 Analysis of debtors

Trade debtors

Prepayments and accrued income

Other debtors

Total

This year	Last year
£	£
-	-
-	-
-	-
-	-

Please complete 19.2 where a material debtor is recoverable more than a year after the reporting date.

19.2 Analysis of debtors recoverable in more than 1 year (included in debtors above)

Trade debtors

Prepayments and accrued income

Other debtors

Total

This year	Last year
£	£
-	-
-	-
-	-
-	-
-	-

Section C Notes to the accounts (c)

Note 20 Creditors and accruals

Please complete this note if the charity has any creditors or accruals.

20.1 Analysis of creditors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Accruals for grants payable	-	-	-	-
Bank loans and overdrafts	-	-	-	-
Trade creditors	-	-	-	-
Payments received on account for contracts or performance-related grants	-	-	-	-
Accruals and deferred income	-	-	-	-
Taxation and social security	-	-	-	-
Other creditors	-	-	-	-
Total	-	-	-	-

20.2 Deferred income

Please complete this note if the charity has deferred

Please explain the reasons why income is

--

Movement in deferred income account

	This year £	Last year £
Balance at the start of the reporting period	-	-
Amounts added in current period	-	-
Amounts released to income from previous periods	-	-
Balance at the end of the reporting period	-	-

Section C	Notes to the accounts	(
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Note 21 Provisions for liabilities and

Please complete this note if you have included in charity expenditure any provisions. A provision is made when the charity has a liability of uncertain timing or amount.

21.1 Please provide:

- a brief description of any obligations on the balance sheet and the expected amount and timing of resulting payments;
- an indication of the uncertainties about the amount or timing of those outflows; and
- the amount of any expected reimbursement, stating the amount of any asset that has been recognised for that expected reimbursement.

21.2 Movements in recognised provisions and funding commitment during the period

	This year £	Last year £
Balance at the start of the reporting period	-	-
Amounts added in current period	-	-
Amounts charged against the provision in the current period	-	-
Unused amounts reversed during the period	-	-
Balance at the end of the reporting period	-	-

21.3 For any funding commitment that is not recognised as a liability or provision, provide details of commitment made, the time frame of that commitment, any performance-related conditions and details of how the commitment will be funded (with contracts for capital expenditure separately identified).

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and the likely timing of that expenditure.

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Section C **Notes to the accounts** **(cont.)**

Note 22 Other disclosures for debtors, creditors and other basic financial instruments

22.1 Please provide information about the amount of the financial assets pledged as

Section C	Notes to the accounts
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Note 23 Contingent liabilities and contingent assets

23.1 Contingent liabilities

Where the charity has contingent liabilities, please complete the following section unless the possibility of their existence is remote.

Description of item including its legal nature. Please describe any security provided in connection to the liability.	Estimate of financial effect

23.2 Contingent assets

Where the charity has contingent assets, please complete the following section when their existence is probable

Description of item	Estimate of financial effect

23.4 Other disclosures for contingent assets and/or liabilities

Please provide the following information where practicable:

Explain any uncertainties relating to the amount or timing of settlement; and the possibility of any reimbursement

Where it is not practical to make one or more of these disclosures, please state this fact

Section C	Notes to the accounts	(cont)
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Note 24 **Cash at bank and in**

Short term cash investments (less than 3 months maturity date)
Short term deposits
Cash at bank and on hand
Other
Total

This year £	Last year £
-	-
-	-
10,022	10,062
-	-
10,022	10,062

Note 25 Fair value of assets and liabilities

25.1 Please provide details of the charity's exposure to credit risk (the risk of incurring a loss due to a debtor not paying what is owed) , liquidity risk (the risk of not being able to meet short term financial demands) and market risk (the risk that the value of an investment will fall due to changes in the market) arising from financial instruments to which the charity is exposed at the end of the reporting period and explain how the charity manages those risks.

25.2 Please give details of the amount of change in the fair value of basic financial instruments (debtors, creditors, investments (see section 11, FRS 102 SORP)) measured at fair value through the SoFA that is attributable to changes in credit risk.

Section C	Notes to the accounts	(cont)
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Note 26 **Events after the end of the reporting period**

Please complete this note events (not requiring adjustment to the accounts) have occurred after the end of the reporting period but before the accounts are authorised which relate to conditions that arose after the end of the reporting period.

Please provide details of the nature of the event

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Provide an estimate of the financial effect of the event or a statement that such an estimate cannot be made

--

Section C	Notes to the accounts	(cont)
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Note 27 **Charity funds**

27.1 Details of material funds held and movements during the CURRENT reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

** Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds*

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
Other funds	N/a	N/a	-	-	-	-	-	-
Total Funds			-	-	-	-	-	-

Section C	Notes to the accounts	(cont)
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Note 27 **Charity funds (cont)**

27.2 Details of material funds held and movements during the PREVIOUS reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

** Key: PE - permanent endowment funds; EE - expendable endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds*

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
Other funds	N/a	N/a	-	-	-	-	-	-
Total Funds			-	-	-	-	-	-

Section C**Notes to the accounts****Note 27****Charity funds (cont)****27.3 Transfers between funds**

	Reason for transfer and where endowment is converted to income, legal power for its conversion	Amount
Between unrestricted and restricted funds		
Between endowment and restricted funds		
Between endowment and unrestricted funds		

27.4 Designated funds

Planned use	Purpose of the designation	Amount

Note 28 **Transactions with trustees and related parties**

If the charity has any transactions with related parties (other than the trustee expenses explained in guidance notes) details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box or "False" if there are transactions to report.

28.1 Trustee remuneration and benefits

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)

In the period the charity has paid trustees remuneration and benefits. Please give the amount or, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value				
		This year				Last year
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL
		£	£		£	£

Please give details of why remuneration or other employment benefits were paid.

28.2 Trustees' expenses

If the charity has paid trustees expenses for fulfilling their duties, details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box below. If there are transactions to report, please enter "False".

No trustee expenses have been incurred (True or False)

11/11/2019

Type of expenses reimbursed	This year	Last year
	£	£
Travel		
Subsistence		
Accommodation		
Other (please specify):		
TOTAL		

Please provide the number of trustees reimbursed for expenses or who had expenses paid by the charity

• _____

28.3 Transaction(s) with related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a related party has a material interest, including where funds have been held as agent for related parties. If there are no such transactions, please enter 'true' in the box provided.

There have been no related party transactions in the reporting period (True or False)

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount	Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£	£	£	£

--	--	--	--	--	--	--

In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.

For any related party, please provide details of any guarantees given or received.

Note 29	Additional Disclosures
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The following are significant matters which are not covered in other notes and need to be included to provide a proper understanding of the accounts. If there is insufficient room here, please add a separate sheet.

FIT

England & Wales - Charity number 1172728

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1st April 2023 Period start date To 31st March 2024 Period end date

Charity name: FIT

Charity registration number: 1172728

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	FIT (also known as Foundry Inclusive Training) exists to provide accessible fitness facilities and to provide an inclusive fitness community. Individuals who may have reason for such facilities include youth, age, infirmity, or disablement, financial hardship or social and economic circumstances. Our core values are: - Inclusion (non-judgemental, equitable, community, accepting, fairness, welcoming) - Impactful (passionate, making a difference, deliver with integrity, effective) - Supportive (caring kind teamwork) - Fun (passionate, enjoyment, community, making new connections and friends)
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	FIT's mission is to make safe, effective exercise available to the most vulnerable members of society who traditionally have not had access to it for financial, logistical or medical reasons. We offer free access and a safe environment for disenfranchised members of the local Lambeth borough community to train and enjoy various forms of physical activity. We also offer youth academy training sessions.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Trustees have complied with the objectives of the charity (FIT) and as such have provided public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	

Policy on grant making	Para 1.38	N/A
Policy on social investment including program related investment	Para 1.38	N/A
Contribution made by volunteers	Para 1.38	All trustees carry out their duties on a voluntary basis. This includes some operational activities including treasury, communication with class trainers, communication with FIT community.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	We are proud that we were able to provide an offering to our community during a period of time when in person classes were not viable due to covid restrictions.
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity's financial position as at 31 st 20 th April 2024 is healthy but donations have been reduced due to lack of gym access
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity retains a reserve cash balance sufficient to fund a normal spread of activities in a quarter. This is to provide cover in the event of the usual donations reducing significantly. Where raised funds remain unspent at the end of the financial year, they are kept in a cash account to support the charity in future and may then be used for funding more classes in future years which cannot be covered by standard annual income.
Amount of reserves held	Para 1.22	£ 10,062 as at 30th April 2024
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed , royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association , CIO)	Para 1.25	Charitable incorporated organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Appointed by a resolution passed at a properly convened meeting of the charity trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	FIT
Other name the charity uses	Foundry Inclusive Training
Registered charity number	1172728
Charity's principal address	The Black Prince Community Hub 5 Beaufoy walk London SE11 6HU

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Beverley de Valmency	Chair		
2	Sarah Peskett	Treasurer	To April 2023	
3	Sarah Langslow	Trustee		
4	David Thomas	Trustee		
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Exemptions from disclosure

Reason for non-disclosure of key personnel details

--

Other optional information

--

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	
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Full name(s)

David Thomas

Position (eg Secretary,
Chair, etc)

Trustee

Date

31st March 2024



Section A Statement of financial activities

activity	£	funds £ F01	funds £ F02	t funds £ F03	Total funds £ F04	funds £ F05
Incoming resources (Note 3)						
Income and endowments from:						
Donations and legacies	S01	4,221	-	-	4,221	-
Charitable activities	S02	-	-	-	-	-
Other trading activities	S03	-	-	-	-	-
Investments	S04	-	-	-	-	-
Separate material item of income	S05	-	-	-	-	-
Other	S06	15	-	-	15	-
Total	S07	4,236	-	-	4,236	-
Resources expended (Note 6)						
Expenditure on:						
Raising funds	S08	1,093	-	-	1,093	-
Charitable activities	S09	4,242	-	-	4,242	-
Separate material item of expense	S10	-	-	-	-	-
Other	S11	-	-	-	-	-
Total	S12	5,335	-	-	5,335	-
Net income/(expenditure) before investment gains/(losses)	S13	- 1,099	-	-	- 1,099	-
Net gains/(losses) on investments	S14	-	-	-	-	-
Net income/(expenditure)	S15	- 1,099	-	-	- 1,099	-
Extraordinary items	S16	-	-	-	-	-
Transfers between funds	S17	-	-	-	-	-
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use	S18	-	-	-	-	-
Other gains/(losses)	S19	-	-	-	-	-
Net movement in funds	S20	- 1,099	-	-	- 1,099	-
Reconciliation of funds:						
Total funds brought forward	S21	-	-	-	-	-
Total funds carried forward	S22	- 1,099	-	-	- 1,099	-

Section B Balance Sheet

		Guidance Notes	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total this year £ F04	Total last year £ F05
Fixed assets							
Intangible assets	(Note 15)	B01	-	-	-	-	-
Tangible assets	(Note 14)	B02	-	-	-	-	-
Heritage assets	(Note 16)	B03	-	-	-	-	-
Investments	(Note 17)	B04	-	-	-	-	-
Total fixed assets		B05	-	-	-	-	-
Current assets							
Stocks	(Note 18)	B06	-	-	-	-	-
Debtors	(Note 19)	B07	-	-	-	-	-
Investments	(Note 17.4)	B08	-	-	-	-	-
24)		B09	10,420	-	-	10,420	-
Total current assets		B10	10,420	-	-	10,420	-
Creditors: amounts falling due within one year							
	(Note 20)	B11	-	-	-	-	-
Net current assets/(liabilities)		B12	10,420	-	-	10,420	-
Total assets less current liabilities		B13	10,420	-	-	10,420	-
Creditors: amounts falling due after one year							
	(Note 20)	B14	-	-	-	-	-
Provisions for liabilities		B15	-	-	-	-	-
Total net assets or liabilities		B16	10,420	-	-	10,420	-
Funds of the Charity							
Endowment funds	(Note 27)	B17	-	-	-	-	-
Restricted income funds	(Note 27)	B18	-	-	-	-	-
Unrestricted funds		B19	-	-	-	-	-
Revaluation reserve		B20	-	-	-	-	-
Total funds		B21	-	-	-	-	-
Signed by one or two trustees on behalf			Signature		Print Name		approval

Section C Notes to the accounts

Note 1 Basis of preparation

This section should be completed by all charities.

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- and with*

1

 the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with*

1

 the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.*

1

* -Tick as appropriate

1.2 Going concern

If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:

An explanation as to those factors that support the conclusion that the charity is a going concern;	Not applicable
Disclosure of any uncertainties that make the going concern assumption doubtful;	Not applicable
Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.	Not applicable

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note 1.1.

Yes*

1

 No*

0

 * -Tick as appropriate

Please disclose:

<i>(i) the nature of the change in accounting policy;</i>	Not applicable
<i>(ii) the reasons why applying the new accounting policy provides more reliable and more relevant information; and</i>	Not applicable
<i>(iii) the amount of the adjustment for each line affected in the current period, each prior period presented and the aggregate amount of the adjustment relating to periods before those presented, 3.44 FRS 102 SORP.</i>	Not applicable

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

Yes*

1

 No*

0

 * -Tick as appropriate

Please disclose:

<i>(i) the nature of any changes;</i>	Not applicable
<i>(ii) the effect of the change on income and expense or assets and liabilities for the current period; and</i>	Not applicable
<i>(iii) where practicable, the effect of the change in one or more future periods.</i>	Not applicable

1.5 Material prior year errors

No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).

Yes*

1

 No*

0

 * -Tick as appropriate

Please disclose:

<i>(i) the nature of the prior period error;</i>	Not applicable
<i>(ii) for each prior period presented in the accounts, the amount of the correction for each account line item affected; and</i>	Not applicable
<i>(iii) the amount of the correction at the beginning of the earliest prior period presented in the accounts.</i>	Not applicable

Note 2

Accounting policies

Please complete this note when first reporting under FRS2102. Section 35 of FRS102, requires 3 reconciliations to be presented, if all are applicable.

2.1 RECONCILIATION WITH PREVIOUS GENERALLY ACCEPTED ACCOUNTING PRACTICE

Please provide a description of the nature of each change in accounting policy

Reconciliation of funds per previous GAAP to funds determined under FRS 102

	Start of period	End of period
	£	£
Fund balances as previously stated		
Adjustments:		

Fund balance as restated

Reconciliation of net income/(net expenditure) per previous GAAP to net income/(net expenditure) under FRS 102

	End of period
	£
Net income/(expenditure) as previously stated	
Adjustments:	

Previous period net income/(expenditure) as restated

(cont)

Note 2 Accounting policies

2.2 INCOME

This standard list of accounting policies has been applied by the charity except for those ticked "No" or "N/a". Where a different or additional policy has been adopted then this is detailed in the box below.

Recognition of income These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Yes	No	N/a
☐	☐	☐

Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Yes	No	N/a
☐	☐	☐

Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).

Yes	No	N/a
☐	☐	☐

Legacies

In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).

Yes	No	N/a
☐	☐	☐

Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.

Yes	No	N/a
☐	☐	☐

Government grants

The charity has received government grants in the reporting period

Yes	No	N/a
☐	☐	☐

Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

Yes	No	N/a
☐	☐	☐

Contractual income and performance related grants

This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.

Yes	No	N/a
☐	☐	☐

Donated goods

Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Yes	No	N/a
☐	☐	☐

The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution.

Yes	No	N/a
☐	☐	☐

Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.

Yes	No	N/a
☐	☐	☐

Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.

Yes	No	N/a
☐	☐	☐

Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.

Yes	No	N/a
☐	☐	☐

Donated services and facilities

Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.

Yes	No	N/a
☐	☐	☐

Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.

Yes	No	N/a
☐	☐	☐

Support costs

The charity has incurred expenditure on support costs.

Yes	No	N/a
☐	☐	☐

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Yes	No	N/a
☐	☐	☐

Income from interest, royalties and dividends

This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.

Yes	No	N/a
☐	☐	☐

Income from membership subscriptions

Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.

Yes	No	N/a
☐	☐	☐

Memberships subscriptions which gives a member the right to buy services or

Yes	No	N/a
☐	☐	☐

	membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü
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Yes	No	N/a															
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Yes	No	N/a															
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Settlement of insurance claims	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP) and are included as an item of other income in the SoFA.	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü
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Yes	No	N/a															
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Yes	No	N/a															
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Investment gains and losses	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü
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Yes	No	N/a															
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2.3 EXPENDITURE AND LIABILITIES																	
Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü
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Yes	No	N/a															
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Yes	No	N/a															
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Governance and support costs	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü
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Yes	No	N/a															
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Yes	No	N/a															
Ü	Ü	Ü															
Grants with performance conditions	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü
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Yes	No	N/a															
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Yes	No	N/a															
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Grants payable without performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü
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Yes	No	N/a															
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Yes	No	N/a															
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Redundancy cost	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü
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Yes	No	N/a															
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Yes	No	N/a															
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Deferred income	The charity made no redundancy payments during the reporting period.	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü
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Yes	No	N/a															
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Yes	No	N/a															
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Creditors	No material item of deferred income has been included in the accounts.	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü
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Yes	No	N/a															
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Yes	No	N/a															
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Provisions for liabilities	The charity has creditors which are measured at settlement amounts less any trade discounts	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü
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Yes	No	N/a															
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Yes	No	N/a															
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Basic financial instruments	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü
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Yes	No	N/a															
Ü	Ü	Ü															
Yes	No	N/a															
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2.4 ASSETS																	
Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü
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Yes	No	N/a															
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Yes	No	N/a															
Ü	Ü	Ü															
	They are valued at cost.																
	The depreciation rates and methods used are disclosed in note 9.2.																
Intangible fixed assets	The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 9.5	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü
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Yes	No	N/a															
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Yes	No	N/a															
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	They are valued at cost.																
Heritage assets	The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 9.6.1.4.	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü
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Yes	No	N/a															
Ü	Ü	Ü															
Yes	No	N/a															
Ü	Ü	Ü															
	They are valued at cost.																
Investments	Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü
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Yes	No	N/a															
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Yes	No	N/a															
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	Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü
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Yes	No	N/a															
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Yes	No	N/a															
Ü	Ü	Ü															
Stocks and work in progress	Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü
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Yes	No	N/a															
Ü	Ü	Ü															
Yes	No	N/a															
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	Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü
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Yes	No	N/a															
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Yes	No	N/a															
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	Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü	Yes	No	N/a	Ü	Ü	Ü
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Yes	No	N/a															
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Yes	No	N/a															
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Debtors	Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.	Yes	No	N/a
		ü	ü	ü
Current asset investments	The charity has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity date of less than one year held for investment purposes rather than to meet short term cash commitments as they fall due.	Yes	No	N/a
		ü	ü	ü
	They are valued at fair value except where they qualify as basic financial instruments.	Yes	No	N/a
		ü	ü	ü

**POLICIES ADOPTED
ADDITIONAL TO OR
DIFFERENT FROM
THOSE ABOVE**

Note 3

Analysis of income

		d funds	funds	nt funds	Total funds	Prior year
	Analysis				£	£
Donations and legacies:	Donations and gifts	4,221	-	-	4,221	-
	Gift Aid	-	-	-	-	-
	Legacies	-	-	-	-	-
	General grants provided by	-	-	-	-	-
	Membership subscriptions and	-	-	-	-	-
	Donated goods, facilities and services	-	-	-	-	-
	Other	-	-	-	-	-
	Total	4,221	-	-	4,221	-
Charitable activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Other trading activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Income from investments:	Interest income	15	-	-	15	-
	Dividend income	-	-	-	-	-
	Rental and leasing income	-	-	-	-	-
	Other	-	-	-	-	-
	Total	15	-	-	15	-
Separate material item of income:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Other:	Conversion of endowment funds into	-	-	-	-	-
	Gain on disposal of a tangible fixed	-	-	-	-	-
	Gain on disposal of a programme related	-	-	-	-	-
	Royalties from the exploitation of	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
TOTAL INCOME		4,236	-	-	4,236	-

Other information:

All income in the prior year was unrestricted except for:
(please provide description and amounts)

Where any endowment fund is converted into income in the reporting period, please give the reason for the conversion.

Within the income items above the following items are material: (please disclose the nature, amount and any prior year amounts)

Note 4

Analysis of receipts of government grants

	Description	This year £	Last year £
Government grant 1		-	-
Government grant 2		-	-
Government grant 3		-	-
Other		-	-
	Total	-	-

income.

benefited.

Note 5

Donated goods, facilities and services

	This year £	Last year £
Seconded staff	-	-
Use of property	-	-
Other	-	-

recognition and valuation of	
contingencies attaching to resources from donated goods	
services not recognised in the	

Note 6

Analysis of expenditure

	Analysis	Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Expenditure on raising funds:	Incurred seeking donations	-	-	-	-	-
	Incurred seeking legacies	-	-	-	-	-
	Incurred seeking grants					
	Operating membership schemes and social lotteries					
	Staging fundraising events	670			670	
	Fundraising agents					
	Operating charity shops					
	Operating a trading company undertaking non-charitable trading activity					
	Advertising, marketing, direct mail and publicity	423	-	-	423	-
	Start up costs incurred in generating new source of future income	-	-	-	-	-
	Database development costs	-	-	-	-	-
	Other trading activities					
	Investment management costs:	-	-	-	-	-
	Portfolio management costs	-	-	-	-	-
	Cost of obtaining investment advice	-	-	-	-	-
	Investment administration costs	-	-	-	-	-
	Intellectual property licencing costs	-	-	-	-	-
	Rent collection, property repairs and maintenance charges	-	-	-	-	-
		-	-	-	-	-
	Total expenditure on raising funds	1,093	-	-	1,093	-
Expenditure on charitable activities		4,242	-	-	4,242	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total expenditure on charitable activities	4,242	-	-	4,242	-
Separate material item of expense			-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	-	-	-	-	-
Other		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total other expenditure	-	-	-	-	-
TOTAL EXPENDITURE		5,335	-	-	5,335	-

Other information:

Analysis of expenditure on charitable activities

Activity or programme	Activities undertaken directly	Running of	Support Costs	Total this year	prior
	£	£	£	£	£
Activity 1					
Activity 2					
Other					
Total					

Prior year expenditure on charitable activities can be analysed as follows:

Within the expenditure items above the following items are material: (please disclose the nature, amount and any prior year amounts)

Section C	Notes to the accounts
-----------	-----------------------

Note 7 Extraordinary items

Please explain the nature of each extraordinary item occurring in the period.

	Description	This year £	Last year £
Extraordinary item 1		-	-
Extraordinary item 2		-	-
Extraordinary item 3		-	-
Extraordinary item 4		-	-
Total extraordinary items		-	-

Section C Notes to the accounts

Note 8 Funds received as agent

8.1 Please complete this note if the charity has agreed to administer the funds of another entity as its agent. Note: If a charity is acting as an agent, it should not recognise the income in the Statement of Financial Activities or the Balance Sheet.

Description/name of party	Related party (Yes or No)	Amount received		Amount paid out		Balance held at period end	
		This year	Last year	This year	Last year	This year	Last year
		£	£	£	£	£	£
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
Total		-	-	-	-	-	-

8.2 Where a consortia or similar arrangement exists whereby 2 or more charities co-operate to achieve economies in the purchase of goods or services, please disclose details of any balances outstanding between any participating members.

Description/name of party	Balance held at period end	
	This year	Last year
	£	£
	-	-
	-	-
	-	-
	-	-
	-	-
Total	-	-

Section C	Notes to the accounts
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Note 9 Support Costs

Please complete this note if the charity has analysed its expenses using activity categories and has support costs.

Support cost (examples)	Raising funds £	Activity 1 £	Activity 2 £	Activity 3 £	Grand total £	allocation method)
Governance	-	-		-	-	
	-	-		-	-	
	-	-		-	-	
	-	-		-	-	
Other	-	-		-	-	
Total	-	-		-	-	

Please provide details of the accounting policy adopted for the apportionment of costs between activities and any estimation techniques used to calculate their apportionment.

Section C	Notes to the accounts
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Note 10 **Details of certain items of expenditure**

10.1 Fees for examination of the accounts

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).

	This year £	Last year £
Independent examiner's fees		
Assurance services other than audit or independent examination		
Tax advisory fees		
Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner		

Note 11**Paid employees**

Please complete this note if the charity has any employees.

11.1 Staff Costs

	This year £	Last year £
Salaries and wages	-	-
Social security costs	-	-
Pension costs (defined contribution scheme)		
Other employee benefits	-	-
Total staff costs	-	-

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

--

Please give details of the number of employees whose total employee benefits (excluding employer pension costs) fell within each band of £10,000 from £60,000 upwards. If there are no such transactions, please enter 'true' in the box provided.

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000

--

Band	Number of employees
£60,000 to £69,999	
£70,000 to £79,999	
£80,000 to £89,999	
£90,000 to £99,999	
£100,000 to £109,999	

Please provide the total amount paid to key management personnel (includes trustees and senior management) for their services to the charity

--

11.2 Average head count in the year

The parts of the charity in which the employees work

	This year Number	Last year Number
Fundraising	-	-
Charitable Activities	-	-
Governance	-	-
Other	-	-
Total	-	-

11.3 Ex-gratia payments to employees and others (excluding trustees)

Please complete if an ex-gratia payment is made.

Please explain the nature of the payment

--

Please state the legal authority or reason for making the payment

--

Please state the amount of the payment (or value of any waiver of a right to an asset)

--

11.4 Redundancy payments

Please complete if any redundancy or termination payment is made in the period.

Total amount of payment

--

The nature of the payment (cash, asset etc.)

--

The extent of redundancy funding at the balance sheet date

--

Please state the accounting policy for any redundancy or termination payments

--

Section C	Notes to the accounts	(cont)
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Note 12 **Defined contribution pension scheme or defined benefit scheme accounted for as a defined contribution scheme.**

12.1 *Please complete this note if a defined contribution pension scheme is operated.*

Amount of contributions recognised in the SOFA as an expense	
Please explain the basis for allocating the liability and expense of defined contribution pension scheme between activities and between restricted and unrestricted funds.	

12.2 *Please complete this section where the charity participates in a defined benefit pension plan but is unable to ascertain its share of the underlying assets and liabilities.*

Please confirm that although the scheme is accounted for as a defined contribution plan, it is a defined benefit plan.	
Please provide such information as is available about the plan's surplus or deficit and the implications, if any, for the reporting charity	

12.3 *Please complete this section where the charity participates in a multi-employer defined benefit pension plan that is accounted for as a defined contribution plan.*

Describe the extent to which the charity can be liable to the plan for other entities' obligations under the terms and conditions of the multi-employer plan	

Section C	Notes to the accounts	(cont)
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Note 13 **Grantmaking**

Please complete this note if the charity made any grants or donations which in aggregate form a material part of the charitable activities undertaken.

13.1 Analysis of grants paid (included in cost of charitable activities)

Analysis	institutions	individuals	Support costs	Total
Activity or project 1			£	£
Activity or project 2			-	-
Activity or project 3			-	-
Activity or project 4			-	-
Total	-	-	-	-

Please enter "Nil" if the charity does not identify and/or allocate support costs.

13.2 Grants made to institutions

My charity has made grants to particular institutions that are material in the context of its grantmaking. Details of the institution supported, purpose of the grant and total paid to each institution is available on the charity's web site.

Yes	<i>Please provide details of charity's URL.</i>
No	<i>Provide details below</i>

Names of institution	Purpose	Total amount of grants paid £
		-
		-
		-
		-
		-
		-
		-
		-
		-
		-
Total grants to institutions in reporting period		-
Other unanalysed grants		-
TOTAL GRANTS PAID		-

Note 14 **Tangible fixed assets**
Please complete this note if the charity has any tangible fixed assets

14.1 Cost or valuation

	Freehold land & buildings	Other land & buildings	Plant, machinery and motor vehicles	Fixtures, fittings and equipment	Total
	£	£	£	£	£
At the beginning of	-	-	-	-	-
Additions	-	-	-	-	-
Revaluations	-	-	-	-	-
Disposals	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	-	-	-

14.2 Depreciation and impairments

**Basis	SL or RB	SL or RB	SL or RB	SL or RB	SL or RB	Straight Line ("SL") or Reducing Balance ("RB")
** Rate						
At beginning of the	-	-	-	-	-	-
Disposals	-	-	-	-	-	-
Depreciation	-	-	-	-	-	-
Impairment	-	-	-	-	-	-
Transfers*	-	-	-	-	-	-
At end of the year	-	-	-	-	-	-

14.3 Net book value

Net book value at the beginning of the year	-	-	-	-	-
Net book value at the end of the year	-	-	-	-	-

14.4 Impairment

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

--

14.5 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation	
the name of independent valuer, if applicable	
the methods applied and significant assumptions	
the carrying amount that would have been recognised had the assets been carried under the cost model.	

14.6 Other disclosures

(i) Please state the amount of borrowing costs, if any, capitalised in the construction of tangible fixed assets and the capitalisation rate used	
(ii) Please provide the amount of contractual commitments for the acquisition of tangible fixed assets.	
(iii) Details of the existence and carrying amounts of property, plant and equipment to which the charity has restricted title or that are pledged as security for liabilities.	

* The "transfers" row is for movements between fixed asset categories.

** Please indicate the method of depreciation by deleting the method not applicable

Section C**Notes to the accounts****Note 15****Intangible assets**

Please complete this note if the charity has any intangible assets

15.1 Cost or valuation

	Research & development	Patents and trademarks	Other	Total
	£	£	£	£
At beginning of the	-	-	-	-
Additions	-	-	-	-
Disposals	-	-	-	-
Revaluations	-	-	-	-
Transfers *	-	-	-	-
At end of the year	-	-	-	-

15.2 Amortisation and impairments

**Basis	SL or RB	SL or RB	SL or RB	SL or RB	Straight Line ("SL") or Reducing Balance ("RB")
** Rate					

At beginning of the	-	-	-	-
Disposals	-	-	-	-
Amortisation	-	-	-	-
Impairment	-	-	-	-
Transfers*	-	-	-	-
At end of year	-	-	-	-

15.3 Net book value

Nat book value at the beginning of the year	-	-	-	-
Net book value at the end of the year	-	-	-	-

15.4 Accounting policy

Please disclose the accounting policy for intangible fixed assets including:

Reasons for choosing amortisation rates

Policies for the recognition of any capital development

15.5 Impairment

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

--

15.6 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation

--

the name of independent valuer, if applicable

--

the methods applied

--

the carrying amount that would have been recognised had the assets been carried under the cost model.

--

15.7 Other disclosures

(i) If your intangible asset was acquired by way of grant, provide value on initial recognition and carrying amount of the asset.

--

(ii) Details of the carrying amounts of any intangible assets to which the charity has restricted title or that are pledged as security for liabilities.

--

(iii) Please provide the amount of contractual commitments for the acquisition of intangible assets.

--

(iv) State the amount of research and development expenditure recognised as expenditure in the year.

--

(vi) Please detail the headings in the SOFA in which a charge for amortisation of intangible assets is included.

--

(vii) For any material intangible assets, please provide a description, its carrying amount and any remaining amortisation period.

--

** The "transfers" row is for movements between fixed asset categories.*

*** Please indicate the method of depreciation by deleting the method not applicable (SL = straight line; RB = reducing balance). Also please indicate the rate of depreciation: for straight line, what is the anticipated life of the asset (in years); for reducing balance, what is the percentage annual deduction*

Section C**Notes to the accounts****Note 16****Heritage assets**

Please complete this note if the charity has heritage assets

16.1 General disclosures for all charities holding heritage assets

(i) Explain the nature and scale of heritage assets held.

(ii) Explain the policy for the acquisition, preservation, management and disposal of heritage assets.

16.2 Cost or valuation

	Heritage asset 1	Heritage asset 2	Heritage asset 3	Heritage asset 4	Total
	£	£	£	£	£
At beginning of the year	-	-	-	-	-
Additions	-	-	-	-	-
Disposals	-	-	-	-	-
Revaluations	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	-	-	-

16.3 Depreciation and impairments

****Basis**

**** Rate**

					Straight Line ("SL") or Reducing Balance

At beginning of the year	-	-	-	-	-
Disposals	-	-	-	-	-
Depreciation	-	-	-	-	-
Impairment	-	-	-	-	-
Transfers*	-	-	-	-	-
At end of year	-	-	-	-	-

16.4 Net book value

Nat book value at the beginning of the year	-	-	-	-	-
Net book value at the end of the year	-	-	-	-	-

16.5 Impairment

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

--

16.6 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation

the name of independent valuer, if applicable

qualifications of independent valuer

the methods applied and significant assumptions

any significant limitations on the valuation

16.7 Analysis of heritage assets by class or group distinguishing those at cost and those at valuation

	At valuation Group A	At cost Group B	Total
	£	£	£
Carrying amount at the beginning of the period	-	-	-
Additions	-	-	-
Disposals	-	-	-
Depreciation/impairment	-	-	-
Revaluation	-	-	-
Carrying amount at the end of period	-	-	-

16.8 Heritage assets (where heritage assets are not recognised on the balance sheet)

(i) Explain the reason why heritage assets have not been recognised on the balance sheet.	
(ii) Describe the significance and nature of heritage assets.	
(iii) Disclose information that is helpful in assessing the value of heritage assets.	
(iv) Explain the reason why it is not practicable to obtain a valuation of heritage assets.	

16.9 Five year summary of heritage assets transactions

	2015	2014	2013	2012	2011
	£	£	£	£	£
Purchases					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-				
Other	-				
Donations					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total additions	-	-	-	-	-
Charge for impairment					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total charge for impairment	-	-	-	-	-
Disposals					
Group A - carrying amount	-	-	-	-	-
Group B - carrying amount	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total disposals	-	-	-	-	-

Note 17 Investment assets

Please complete this note if the charity has any investment assets.

17.1 Fixed assets investments (please provide for each class of investment)

	Cash & cash equivalents	Listed investments	Investment properties	Social investments	Other	Total
Carrying (fair) value at beginning of period	-	-	-	-	-	-
Add: additions to investments during period*	-	-	-	-	-	-
Less: disposals at carrying value	-	-	-	-	-	-
Less: impairments	-	-	-	-	-	-
Add: Reversal of impairments	-	-	-	-	-	-
Add/(deduct): transfer in/(out) in the period	-	-	-	-	-	-
Add/(deduct): net gain/(loss) on revaluation	-	-	-	-	-	-
Carrying (fair) value at end of year	-	-	-	-	-	-

*Please specify additions resulting from acquisitions through business combinations, if any.

--

Please note that Fair Value in this context is the amount for which an asset could be exchanged between knowledgeable and willing parties in an arm's length transaction. For traded securities, the fair value is the value of the security quoted on the London Stock Exchange Daily Official List or equivalent. For other assets where there is no market price on a traded market, it is the trustees' or valuers' best estimate of fair value.

17.2 Please provide a breakdown of investments shown above agreeing with the balance sheet row B04 differentiating between those held at fair value and those held at cost less impairment.

Analysis of investments

Cash or cash equivalents

Listed investments

Investment properties

Fair value at year end	Cost less impairment
£	£
-	-
-	-
-	-

Social investments

Other investments

Total

Grand total (Fair value at year end+Cost less impairment)

-	-
-	-
-	-

17.3 If your charity holds investment properties, please complete the following note:

(i) Explain the methods and significant assumptions in determining the fair value of investment property held by the charity

(ii) Name or independent valuer, if applicable, and relevant qualifications

(iii) Provide details of any restrictions on the ability to realise investment property or on the remittance of income or disposal proceeds

(iv) Explain any contractual obligations for the purchase, construction or development of investment property or for repairs, maintenance or enhancements

17.4 Please provide a breakdown of current asset investments, if applicable, agreeing with the balance sheet.

Analysis of current asset investments

Cash or cash equivalents
 Listed investments
 Investment properties
 Social investments
 Other investments
 Total

This year	Last year
£	£
-	-
-	-
-	-
-	-
-	-
-	-

17.5 Guarantees

Please provide details and amount of any guarantee made to or on behalf of a third party

Name of the entity or entities benefitting from those guarantees

Please explain how the guarantee furthers the charity's aims

17.6 Concessionary loans

Amount of concessionary loans made
 (Multiple loans made may be disclosed in aggregate provided that such aggregation does not obscure significant information).

Description	This year £
Total	

Amount of concessionary loans received
 (Multiple loans received may be disclosed in aggregate provided that such aggregation does not obscure significant information).

Description	This year £
Total	

Terms and conditions eg interest rate, security provided

Value of any concessionary loans which have been committed but not taken up at the reporting date

Amounts payable within 1 year

Amounts payable after more than 1 year

Amounts receivable within 1 year

Amounts receivable after more than 1 year

17.7 Additional information

Please provide information about the significance of investments to the charity's financial position or performance eg. terms and conditions of loans or the use of hedging to manage financial risk.

For all investments measured at fair value, the basis for determining the value, including any assumptions applied when using a valuation technique.

Where a charity has provided financial assets as a form of security, the carrying amount of the financial asset pledged as security and the terms and conditions relating to its pledge.

Last year £

Last year £

Section C **Notes to the accounts** **(con**

Note 18 **Stocks**

Please complete this note if the charity holds any stock items

18.1 Please state the carrying amount of stock and work in progress analysed between activities.

	Stock		Donated goods		Work in progress
	For distributio n £	For resale £	For distributio n £	For resale £	
Charitable activities:					
<i>Opening</i>	-	-	-	-	-
<i>Added in period</i>	-	-	-	-	-
<i>Expensed in period</i>	-	-	-	-	-
<i>Impaired</i>	-	-	-	-	-
<i>Closing</i>	-	-	-	-	-
Other trading activities:					
<i>Opening</i>	-	-	-	-	-
<i>Added in period</i>	-	-	-	-	-
<i>Expensed in period</i>	-	-	-	-	-
<i>Impaired</i>	-	-	-	-	-
<i>Closing</i>	-	-	-	-	-
Other:					
<i>Opening</i>	-	-	-	-	-
<i>Added in period</i>	-	-	-	-	-
<i>Expensed in period</i>	-	-	-	-	-
<i>Impaired</i>	-	-	-	-	-
<i>Closing</i>	-	-	-	-	-
Total this year	-	-	-	-	-
Total previous year	-	-	-	-	-

18.2 Please specify the carrying amount of any stocks pledged as security for liabilities

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Section C	Notes to the accounts	(
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Note 19 Debtors and prepayments

Please complete this note if the charity has any debtors or prepayments.

19.1 Analysis of debtors

Trade debtors

Prepayments and accrued income

Other debtors

Total

This year	Last year
£	£
-	-
-	-
-	-
-	-

Please complete 19.2 where a material debtor is recoverable more than a year after the reporting date.

19.2 Analysis of debtors recoverable in more than 1 year (included in debtors above)

Trade debtors

Prepayments and accrued income

Other debtors

Total

This year	Last year
£	£
-	-
-	-
-	-
-	-
-	-

Section C **Notes to the accounts** **(c)**

Note 20 **Creditors and accruals**

Please complete this note if the charity has any creditors or accruals.

20.1 Analysis of creditors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Accruals for grants payable	-	-	-	-
Bank loans and overdrafts	-	-	-	-
Trade creditors	-	-	-	-
Payments received on account for contracts or performance-related grants	-	-	-	-
Accruals and deferred income	-	-	-	-
Taxation and social security	-	-	-	-
Other creditors	-	-	-	-
Total	-	-	-	-

20.2 Deferred income

Please complete this note if the charity has deferred

Please explain the reasons why income is

--

Movement in deferred income account

	This year £	Last year £
Balance at the start of the reporting period	-	-
Amounts added in current period	-	-
Amounts released to income from previous periods	-	-
Balance at the end of the reporting period	-	-

Section C	Notes to the accounts	(
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Note 21 Provisions for liabilities and

Please complete this note if you have included in charity expenditure any provisions. A provision is made when the charity has a liability of uncertain timing or amount.

21.1 Please provide:

- a brief description of any obligations on the balance sheet and the expected amount and timing of resulting payments;
- an indication of the uncertainties about the amount or timing of those outflows; and
- the amount of any expected reimbursement, stating the amount of any asset that has been recognised for that expected reimbursement.

21.2 Movements in recognised provisions and funding commitment during the period

	This year £	Last year £
Balance at the start of the reporting period	-	-
Amounts added in current period	-	-
Amounts charged against the provision in the current period	-	-
Unused amounts reversed during the period	-	-
Balance at the end of the reporting period	-	-

21.3 For any funding commitment that is not recognised as a liability or provision, provide details of commitment made, the time frame of that commitment, any performance-related conditions and details of how the commitment will be funded (with contracts for capital expenditure separately identified).

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and the likely timing of that expenditure.

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Section C **Notes to the accounts** **(cont)**

Note 22 Other disclosures for debtors, creditors and other basic financial instruments

22.1 Please provide information about the amount of the financial assets pledged as

Section C**Notes to the accounts****Note 23 Contingent liabilities and contingent assets****23.1 Contingent liabilities**

Where the charity has contingent liabilities, please complete the following section unless the possibility of their existence is remote.

Description of item including its legal nature. Please describe any security provided in connection to the liability.	Estimate of financial effect

23.2 Contingent assets

Where the charity has contingent assets, please complete the following section when their existence is probable

Description of item	Estimate of financial effect

23.4 Other disclosures for contingent assets and/or liabilities

Please provide the following information where practicable:

Explain any uncertainties relating to the amount or timing of settlement; and the possibility of any reimbursement

Where it is not practical to make one or more of these disclosures, please state this fact

Section C **Notes to the accounts** **(cont)**

Note 24 **Cash at bank and in**

Short term cash investments (less than 3 months maturity date)
Short term deposits
Cash at bank and on hand
Other
Total

This year £	Last year £
-	-
-	-
10,420	11,519
-	-
10,420	11,519

Note 25 Fair value of assets and liabilities

25.1 Please provide details of the charity's exposure to credit risk (the risk of incurring a loss due to a debtor not paying what is owed) , liquidity risk (the risk of not being able to meet short term financial demands) and market risk (the risk that the value of an investment will fall due to changes in the market) arising from financial instruments to which the charity is exposed at the end of the reporting period and explain how the charity manages those risks.

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25.2 Please give details of the amount of change in the fair value of basic financial instruments (debtors, creditors, investments (see section 11, FRS 102 SORP)) measured at fair value through the SoFA that is attributable to changes in credit risk.

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Section C	Notes to the accounts	(cont)
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Note 26 **Events after the end of the reporting period**

Please complete this note events (not requiring adjustment to the accounts) have occurred after the end of the reporting period but before the accounts are authorised which relate to conditions that arose after the end of the reporting period.

Please provide details of the nature of the event

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Provide an estimate of the financial effect of the event or a statement that such an estimate cannot be made

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Section C	Notes to the accounts	(cont)
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Note 27 **Charity funds**

27.1 Details of material funds held and movements during the CURRENT reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

** Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds*

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
Other funds	N/a	N/a	-	-	-	-	-	-
Total Funds			-	-	-	-	-	-

Section C	Notes to the accounts	(cont)
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Note 27 **Charity funds (cont)**

27.2 Details of material funds held and movements during the PREVIOUS reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

** Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds*

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
Other funds	N/a	N/a	-	-	-	-	-	-
Total Funds			-	-	-	-	-	-

Section C**Notes to the accounts****Note 27****Charity funds (cont)****27.3 Transfers between funds**

	Reason for transfer and where endowment is converted to income, legal power for its conversion	Amount
Between unrestricted and restricted funds		
Between endowment and restricted funds		
Between endowment and unrestricted funds		

27.4 Designated funds

Planned use	Purpose of the designation	Amount

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In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.

For any related party, please provide details of any guarantees given or received.

Note 29	Additional Disclosures
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The following are significant matters which are not covered in other notes and need to be included to provide a proper understanding of the accounts. If there is insufficient room here, please add a separate sheet.

Transactions					Reconc
Date	Description	DR	CR	Balance	Date
	Opening balance			0	
24/04/20	Initial deposit from City Strongman Ltd		1,000	1,000	01/05/20
27/05/20	Expected final transfer from City Strongmar		2,384	3,384	27/05/20
04/06/20	Jason invoice for May	225		3,159	
15/06/20	Monthly account fee	5		3,154	19/06/20
03/07/20	Jason invoice for Jun	225		2,929	
15/07/20	Monthly account fee	5		2,924	31/07/20
05/08/20	Jason invoice for Jul	225		2,699	
17/08/20	Monthly account fee	5		2,694	
07/09/20	Jason invoice for Aug	150		2,544	
15/09/20	Monthly account fee	5		2,539	28/09/20
07/10/20	Jason invoice for Sep	175		2,364	
15/10/20	Monthly account fee	5		2,359	
06/10/20	Jason invoice for Oct	250		2,109	11/11/20
12/11/20	Foundry class cancellation donation		4,000	6,109	
16/11/20	Monthly account fee	5		6,104	
15/12/20	Monthly account fee	5		6,099	
15/12/20	Foundry class cancellation donation		2405	8,504	
15/12/20	Foundry class cancellation donation		1555	10,059	
04/01/21	Donation - Sarah Peskett		10	10,069	
05/01/21	BDV test transfer		1	10,070	
15/01/21	Monthly account fee	8		10,062	
18/01/21	Event funding - BDV		199	10,261	
01/02/21	Online transfer to Vir	180		10,081	07/02/21
15/02/21	Monthly account fee	8		10,073	
24/02/21	Virgin money		21	10,094	09/03/21
15/03/21	Monthly account fee	8		10,086	
31/03/21	Virgin money		5.25	10,091	
06/04/21	WTSB membership pa	259.87		9,831	
09/04/21	Website domain name	40.49		9,791	
15/04/21	Monthly account fee	8		9,783	19/04/21
23/04/21	WTSB membership pa	39.98		9,743	
23/04/21	Louis invoice - Easter	240		9,503	
17/05/21	Monthly account fee	8		9,495	
21/05/21	Squarespace website f	288		9,207	
28/05/21	POS MSFT website fee	4.56		9,202	
15/06/21	Monthly account fee	8		9,194	15/06/21
25/06/21	Photography at Acader	75		9,119	
28/06/21	Harry invoice - Acaden	160		8,959	
29/06/21	Louis invoice - Jun	240		8,719	
30/06/21	Virgin money		28.65	8,748	14/07/21
08/07/21	Monthly account fee	8		8,740	
20/07/21	Foundry class cancellation donation Apr-Ju		1639.15	10,379	
26/07/21	POS MSFT website fee	4.56		10,375	

04/08/21	Virgin money		7.5	10,382	
09/08/21	Foundry class cancellation donation Jul		601.7	10,984	
09/08/21	Harry invoice - Academ	160		10,824	11/08/21
16/08/21	Monthly account fee	8		10,816	
26/08/21	POS MSFT website fee	4.56		10,811	
01/09/21	Gerrard - Academy - Ji	120		10,691	
06/09/21	Katie Skipper - Commu	90		10,601	09/09/21
15/09/21	Monthly account fee	8		10,593	
16/09/21	Gerrard - Community	160		10,433	
22/09/21	Virgin money		50	10,483	
24/09/21	POS MSFT website fee	4.56		10,479	
01/10/21	Harry invoice - Acade	160		10,319	
04/10/21	Foundry class cancellation donation Aug		763.33	11,082	
07/10/21	Daniel - Community	240		10,842	
07/10/21	Foundry class cancellation donation Sep		589.99	11,432	
15/10/21	Monthly account fee	8		11,424	
21/10/21	Gerrard - Academy - S	120		11,304	
26/10/21	POS MSFT website fee	4.56		11,299	
28/10/21	Virgin money		180	11,479	
03/11/21	Virgin money		12.5	11,492	
05/11/21	Daniel - Community	270		11,222	
08/11/21	Foundry class cancellation donation Oct		556.55	11,778	08/11/21
15/11/21	Monthly account fee	8		11,770	
15/11/21	Gerrard - Academy - O	160		11,610	
25/11/21	POS MSFT website fee	4.56		11,606	
06/12/21	Daniel - Community	330		11,276	
07/12/21	Foundry class cancellation donation Nov		633.7	11,910	08/12/21
15/12/21	Monthly account fee	8		11,902	
20/12/21	Gerrard - Nov	120		11,782	
24/12/21	POS MSFT website fee	4.56		11,777	
10/01/22	Foundry class cancellation donation Dec		344.91	12,122	
12/01/22	Daniel - Community	210		11,912	
17/01/22	Monthly account fee	8		11,904	
17/01/22	Xmas party	150		11,754	
26/01/22	POS MSFT website fee	4.56		11,749	06/02/22
07/02/22	Foundry class cancellation donation Jan		406.69	12,156	
15/02/22	Monthly account fee	8		12,148	
16/02/22	Daniel - Community	180		11,968	
21/02/22	Gerrard Jan22	160		11,808	
21/02/22	Kit (payment to Bev)	83.88		11,724	
24/02/22	POS MSFT website fee	4.56		11,720	
02/03/22	Chris	150		11,570	
08/03/22	Foundry class cancellation donation Feb		681.55	12,251	14/03/21
11/03/22	Daniel - Community	240		12,011	
15/03/22	Monthly account fee	8		12,003	
24/03/22	POS MSFT website fee	4.56		11,999	
25/03/22	Chris - Feb 22	300		11,699	
25/03/22	Saima - Jan-Mar 22	180		11,518.65	
04/04/22	Foundry class cancellation donation Mar		780.97	12,299.62	
13/04/22	Chris - Mar 22	300		11,999.62	14/04/22
19/04/22	Monthly account fee	8		11,991.62	

22/04/22 Daniel - Mar 22	210		11,781.62	
26/04/22 POS MSFT website fee	4.56		11,777.06	
09/05/22 Amazon		5	11,782.06	
09/05/22 Foundry class cancellation donation Apr		673.61	12,455.67	09/05/22
13/05/21 Daniel - Apr 22	240		12,215.67	
16/05/22 Monthly account fee	8		12,207.67	
23/05/22 Squarespace website fee	288		11,919.67	
25/05/22 POS MSFT website fee	4.56		11,915.11	
09/06/22 Chris - Apr 22	240		11,675.11	
09/06/22 Chris - May 22	270		11,405.11	
09/06/22 Daniel - May 22	240		11,165.11	
09/06/22 Resistance bands	69.9		11,095.21	
09/06/22 Erin - May 22	30		11,065.21	
09/06/22 Foundry class cancellation donation May		642.63	11,707.84	13/06/22
15/06/22 Monthly account fee	8		11,699.84	
24/06/22 POS MSFT website fee	5.4		11,694.44	
27/06/22 Interest		1.01	11,695.45	13/07/22
14/07/22 Saima Inv 102	120		11,575.45	
14/07/22 Danial Jun	194.4		11,381.05	
14/07/22 Chris Jun	324		11,057.05	
15/07/22 Foundry class cancellation donation Jun		711.04	11,768.09	
15/07/22 Monthly account fee	8		11,760.09	
25/07/22 POS MSFT website fee	5.4		11,754.69	
01/08/22 Saima JunJul22	194.4		11,560.29	
10/08/22 Foundry class cancellation donation Jul		696.81	12,257.10	
15/08/22 Monthly account fee	5		12,252.10	15/08/22
19/08/22 DanJul22	259.2		11,992.90	
19/08/22 Water bottle payment t	600		11,392.90	
19/08/22 ErinAug22	32.4		11,360.50	
25/08/22 POS MSFT website fee	5.4		11,355.10	
26/08/22 ChrisJul22	226.8		11,128.30	
09/09/22 SaimaAug22	129.6		10,998.70	
09/09/22 Chris Aug 22	486		10,513	14/09/22
15/09/22 Monthly account fee	5		10,508	
15/09/22 Foundry class cancellation donation Aug		711.04	11,219	
22/09/22 SaimaSep22	162		11,057	
22/09/22 DanAugSep22	583.2		10,474	
23/09/22 POS MSFT website fee	5.4		10,468	
26/09/22 Interest		3.78	10,472	
17/10/22 Monthly account fee	5		10,467	
25/10/22 POS MSFT website fee	5.4		10,462	
15/11/22 Monthly account fee	5		10,457	
24/11/22 POS MSFT website fee	5.4		10,451	13/12/22
15/12/22 Monthly account fee	5		10,446	
23/12/22 POS MSFT website fee	5.4		10,441	
28/12/22 Interest		5.21	10,446	
16/01/23 Monthly account fee	5		10,441	17/01/23
25/01/23 POS MSFT website fee	5.4		10,436	
15/02/23 Monthly account fee	5		10,431	
23/02/23 POS MSFT website fee	5.4		10,425	
15/03/23 Monthly account fee	5		10,420	
23/03/23 POS MSFT website fee	5.4		10,415	
27/03/23 Interest		5.14	10,420	31/03/23
17/04/23 Monthly account fee	5		10,415	
24/04/23 Amazon		5	10,420	
25/04/23 POS MSFT website fee	5.4		10,414	

15/05/23 Monthly account fee	5		10,409	
19/05/23 Amazon		13.41	10,423	
23/05/23 POS MSFT website fee	331.2		10,092	
15/06/23 Monthly account fee	5		10,087	
26/06/23 Interest		5.2	10,092	
17/07/23 Monthly account fee	5		10,087	
15/08/23 Monthly account fee	5		10,082	
15/09/23 Monthly account fee	5		10,077	
26/09/23 Interest		5.08	10,082	
16/10/23 Monthly account fee	5		10,077	
15/11/23 Monthly account fee	5		10,072	
15/12/23 Monthly account fee	5		10,067	
27/12/23 Interest		5.03	10,072	
15/01/24 Monthly account fee	5		10,067	21/01/24
15/02/24 Monthly account fee	5		10,062	
15/03/24 Monthly account fee	5		10,057	
26/03/24 Interest		5.02	10,062	

5 classes a week at £3	150
4 weeks in a month	600
12 months in a year	7200

Inflation increase	Impact per annum	Impact per month	New coach fee	
3%	216	18	30.9	
5%	360	30	31.5	CPI rate for process
8%	576	48	32.4	
10%	720	60	33	

Reconciled to Bank statement

BalanceCheck

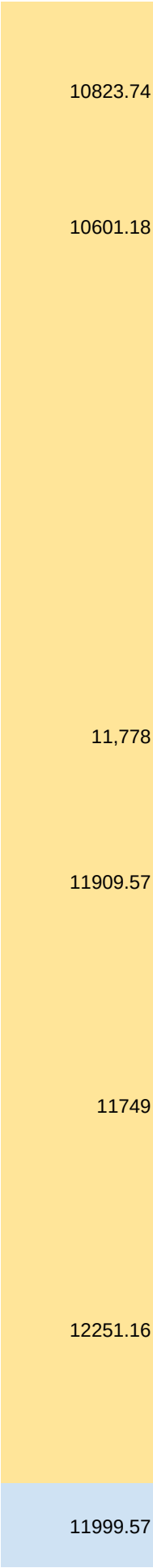
1,000	0
3,384	0 Checked against online balance
3,154	0 Checked against online balance
2,924	0 Checked against online balance
2,539	0 Checked against online balance
2,109	0 Checked against online balance

10,081	0 Checked against online balance
10,094	0 Checked against online balance

Can't find this in Virgin reporting

incorrect, shd be £299.85 therefore £39.98 to pay

9782.84	0 Checked against online balance
9194.3	0 Checked against online balance
8747.95	0 Checked against online balance



0 Checked against online balance

10601.18

11,778

g
d

840
1470

11909.57

11749

12251.16

0

0.05

12456	(0.33)	
11707.79	0.05	
11695.4	0.05	
12252.05	0.05	
10512.65	0	
10451.07	0	
10440.88	0	
10419.82	0	

10066.94

0

ending 12 months from 1st Apr 22 is 5.5%

17 Apr 23	17 Apr 23	Monthly Account Fee	-5.00	10,414.82
27 Mar 23	26 Mar 23	INTEREST TO DATE	5.14	10,419.82
23 Mar 23	23 Mar 23	POS MSFT * E0400MIK2I	-5.40	10,414.68
15 Mar 23	15 Mar 23	Monthly Account Fee	-5.00	10,420.08



« Back to Your accounts

View another account



Go



CafCash Account

Account: 00033411

Make a payment

£10,066.94

Cleared balance: £10,066.94

Activity

Standing orders

Direct Debits

Recent activity: Last 20 transactions

Search and export activity

Posting date	Value date	Description	Debit (£)	Credit (£)	Balance
15 Jan 24	15 Jan 24	Monthly Account Fee	-5.00		10,066.94

Cashflow

Class cancellations	4216.1
Charity donations	5
Bank interest	15.14
Website & bank fees	-423.12
Trainer fees	-4242
Waterbottle donation	-600
Kit	-69.9
Xmas party	
Website photography	

Profit / (Loss)	(1,099)
------------------------	----------------

Check:

<i>Outflow per cashflow</i>	<i>-5335.02</i>
-----------------------------	-----------------

<i>Income per cashflow</i>	<i>4236.24</i>
----------------------------	----------------

<i>Profit</i>	<i>-1098.78</i>
---------------	-----------------

<i>Check:</i>	<i>(0)</i>
---------------	------------

Cashflow

Class cancellations	6217.57
Charity donations	278.65
Website & bank fees	-470.09
Trainer fees	-3990
Lockdown WTSB memberships	-299.85
Kit	-83.88
Xmas party	-150
Website photography	-75

Profit / (Loss)	1,427
------------------------	--------------

Check:

<i>Outflow per cashflow</i>	<i>-5068.82</i>
-----------------------------	-----------------

<i>Income per cashflow</i>	<i>6496.22</i>
----------------------------	----------------

<i>Profit</i>	<i>1427.4</i>
---------------	---------------

<i>Check:</i>	<i>0</i>
---------------	----------

		income	expenditure	Notes
Class cancellations	Apr-Sep	3000		Need to deduct transaction fees
Class cancellations	Oct-Mar	4,635		
Charity donations		6000		
Event expenses			816	
Trainer fees	Apr-Nov			
Trainer fees	Dec-Feb		1,000	March paid for in April
Total		13,635	1,816	
Profit			11,818	

Per PDF doc from Dave 28th April 2020

Date	Description	DR	CR
	Opening balance		
25/11/19	UK Power Solutions - Charity donation FIT		1,000
26/11/19	Copley - Charity donation to FIT		1,000
29/11/19	English Architecture - Charitable donation to FIT		1,000
03/12/19	ELECTRICAL & MECHA - Charitable donation to FIT		1,000
20/12/19	Jason St Clair Newman - Charity sessions 1 Nov-20 Dec	250	
05/02/20	Cilantro Charity donation		1,000
10/02/20	Jason St Clair Newman - Charity sessions January	400	
21/02/20	Lee Marley Brickwork - Charity donation		1,000
09/03/20	Jason St Clair Newman - Charity sessions February	350	
24/03/20	Ronan Mullins - reimbursement for charity event expenses	816	
07/04/20	Jason St Clair Newman - Charity sessions March	400	
20/04/20	Foundry Inclusive Training - intial deposit for bank account	1,000	
	Jason St Clair Newman - Charity sessions April	400	
	Foundry Inclusive Training - final transfer	2,384	

Balance

0
1,000
2,000
3,000
4,000
3,750
4,750
4,350
5,350
5,000
4,184
3,784
2,784
2,384
(0)
<u>(0)</u>

Grant request:			£	\$	
Space	35	105	4,200	5,544	no of attendees
Trainer	30	90	3,600	4,752	
Marketing			700	924 aprox 10%	924
Insurance			200	264	264
	£		8,700	11,484	
	USD rate		1.32	as at 06/08/20	
	\$		11,484		

Operating budget	£	100	
	USD rate	1.32	as at 06/08/20
	\$	132	

No of people directly impacted:	48
Attendees per session	16
no of sessions a week	3

- online up to 16 people per session / could assume 10 per covid, 20 non covid

FIT

England & Wales - Charity number 1172728

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1st April 2022 Period start date To 31st March 2023 Period end date

Charity name: FIT

Charity registration number: 1172728

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	FIT (also known as Foundry Inclusive Training) exists to provide accessible fitness facilities and to provide an inclusive fitness community. Individuals who may have reason for such facilities include youth, age, infirmity, or disablement, financial hardship or social and economic circumstances. Our core values are: - Inclusion (non-judgemental, equitable, community, accepting, fairness, welcoming) - Impactful (passionate, making a difference, deliver with integrity, effective) - Supportive (caring kind teamwork) - Fun (passionate, enjoyment, community, making new connections and friends)
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	FIT's mission is to make safe, effective exercise available to the most vulnerable members of society who traditionally have not had access to it for financial, logistical or medical reasons. We offer free access and a safe environment for disenfranchised members of the local Lambeth borough community to train and enjoy various forms of physical activity. We also offer youth academy training sessions.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Trustees have complied with the objectives of the charity (FIT) and as such have provided public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	

Policy on grant making	Para 1.38	N/A
Policy on social investment including program related investment	Para 1.38	N/A
Contribution made by volunteers	Para 1.38	All trustees carry out their duties on a voluntary basis. This includes some operational activities including treasury, communication with class trainers, communication with FIT community.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	At the start of this financial year gyms across the country were opening after to covid19 restrictions. In order to continue to provide our community with a fitness offering during this time we purchased online memberships on behalf of our community, to a commercial gym who were able to offer online classes. We had amazing feedback from the members that took advantage of this offering. Not only did it enable them to exercise, it also provided a very welcome human interaction (albeit online) for members of the community that were isolating. In total 20 memberships were provided. In addition to the above 122 hours of classes were provided across the year. These included community classes as well as a specific 12 week academy programmed for 18 - 24 year olds. All offerings have been met with enthusiasm from the community with some members, who have been particularly impacted by covid, really benefiting from the physical movement and the in person interaction.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	We are proud that we were able to provide an offering to our community during a period of time when in person classes were not viable due to covid restrictions.
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity's financial position as at 31 st 20 th Jan 2024 is healthy but donations have been reduced due to
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity retains a reserve cash balance sufficient to fund a normal spread of activities in a quarter. This is to provide cover in the event of the usual donations reducing significantly. Where raised funds remain unspent at the end of the financial year, they are kept in a cash account to support the charity in future and may then be used for funding more classes in future years which cannot be covered by standard annual income.
Amount of reserves held	Para 1.22	£ 10,067 as at 30th April 2023
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed , royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association , CIO)	Para 1.25	Charitable incorporated organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Appointed by a resolution passed at a properly convened meeting of the charity trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	FIT
Other name the charity uses	Foundry Inclusive Training
Registered charity number	1172728
Charity's principal address	The Black Prince Community Hub 5 Beaufoy walk London SE11 6HU

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Beverley de Valmency	Chair		
2	Sarah Peskett	Treasurer		
3	Henry Pipe	Secretary	To April 2023	
4	Dan Morris	Operations		
5	Dave Thomas	Trustee		
6	Charis Jackson	Trustee	To April 2023	
7	Claire McCoy	Trustee		
8	Alexia Fenwick	Deputy Chair	To April 2023	
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

--

Other optional information

--

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	
---	--

Full name(s)

David Thomas

Position (eg Secretary,
Chair, etc)

Trustee

Date

31st March 2023



Section A Statement of financial activities

activity	£	funds £ F01	funds £ F02	t funds £ F03	Total funds £ F04	funds £ F05
Incoming resources (Note 3)						
Income and endowments from:						
Donations and legacies	S01	4,221	-	-	4,221	-
Charitable activities	S02	-	-	-	-	-
Other trading activities	S03	-	-	-	-	-
Investments	S04	-	-	-	-	-
Separate material item of income	S05	-	-	-	-	-
Other	S06	15	-	-	15	-
Total	S07	4,236	-	-	4,236	-
Resources expended (Note 6)						
Expenditure on:						
Raising funds	S08	1,093	-	-	1,093	-
Charitable activities	S09	4,242	-	-	4,242	-
Separate material item of expense	S10	-	-	-	-	-
Other	S11	-	-	-	-	-
Total	S12	5,335	-	-	5,335	-
Net income/(expenditure) before investment gains/(losses)	S13	- 1,099	-	-	- 1,099	-
Net gains/(losses) on investments	S14	-	-	-	-	-
Net income/(expenditure)	S15	- 1,099	-	-	- 1,099	-
Extraordinary items	S16	-	-	-	-	-
Transfers between funds	S17	-	-	-	-	-
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use	S18	-	-	-	-	-
Other gains/(losses)	S19	-	-	-	-	-
Net movement in funds	S20	- 1,099	-	-	- 1,099	-
Reconciliation of funds:						
Total funds brought forward	S21	-	-	-	-	-
Total funds carried forward	S22	- 1,099	-	-	- 1,099	-

Section B Balance Sheet

		Guidance Notes	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total this year £ F04	Total last year £ F05
Fixed assets							
Intangible assets	(Note 15)	B01	-	-	-	-	-
Tangible assets	(Note 14)	B02	-	-	-	-	-
Heritage assets	(Note 16)	B03	-	-	-	-	-
Investments	(Note 17)	B04	-	-	-	-	-
Total fixed assets		B05	-	-	-	-	-
Current assets							
Stocks	(Note 18)	B06	-	-	-	-	-
Debtors	(Note 19)	B07	-	-	-	-	-
Investments	(Note 17.4)	B08	-	-	-	-	-
24)		B09	10,420	-	-	10,420	-
Total current assets		B10	10,420	-	-	10,420	-
Creditors: amounts falling due within one year							
	(Note 20)	B11	-	-	-	-	-
Net current assets/(liabilities)		B12	10,420	-	-	10,420	-
Total assets less current liabilities		B13	10,420	-	-	10,420	-
Creditors: amounts falling due after one year							
	(Note 20)	B14	-	-	-	-	-
Provisions for liabilities		B15	-	-	-	-	-
Total net assets or liabilities		B16	10,420	-	-	10,420	-
Funds of the Charity							
Endowment funds	(Note 27)	B17	-	-	-	-	-
Restricted income funds	(Note 27)	B18	-	-	-	-	-
Unrestricted funds		B19	-	-	-	-	-
Revaluation reserve		B20	-	-	-	-	-
Total funds		B21	-	-	-	-	-
Signed by one or two trustees on behalf			Signature		Print Name		approval

Section C Notes to the accounts

Note 1 Basis of preparation

This section should be completed by all charities.

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- and with*

1

 the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with*

1

 the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.*

1

* -Tick as appropriate

1.2 Going concern

If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:

An explanation as to those factors that support the conclusion that the charity is a going concern;	Not applicable
Disclosure of any uncertainties that make the going concern assumption doubtful;	Not applicable
Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.	Not applicable

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note 1.1.

Yes*

1

 No*

0

 * -Tick as appropriate

Please disclose:

<i>(i) the nature of the change in accounting policy;</i>	Not applicable
<i>(ii) the reasons why applying the new accounting policy provides more reliable and more relevant information; and</i>	Not applicable
<i>(iii) the amount of the adjustment for each line affected in the current period, each prior period presented and the aggregate amount of the adjustment relating to periods before those presented, 3.44 FRS 102 SORP.</i>	Not applicable

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

Yes*

1

 No*

0

 * -Tick as appropriate

Please disclose:

<i>(i) the nature of any changes;</i>	Not applicable
<i>(ii) the effect of the change on income and expense or assets and liabilities for the current period; and</i>	Not applicable
<i>(iii) where practicable, the effect of the change in one or more future periods.</i>	Not applicable

1.5 Material prior year errors

No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).

Yes*

1

 No*

0

 * -Tick as appropriate

Please disclose:

<i>(i) the nature of the prior period error;</i>	Not applicable
<i>(ii) for each prior period presented in the accounts, the amount of the correction for each account line item affected; and</i>	Not applicable
<i>(iii) the amount of the correction at the beginning of the earliest prior period presented in the accounts.</i>	Not applicable

Note 2

Accounting policies

Please complete this note when first reporting under FRS2102. Section 35 of FRS102, requires 3 reconciliations to be presented, if all are applicable.

2.1 RECONCILIATION WITH PREVIOUS GENERALLY ACCEPTED ACCOUNTING PRACTICE

Please provide a description of the nature of each change in accounting policy

Reconciliation of funds per previous GAAP to funds determined under FRS 102

	Start of period	End of period
	£	£
Fund balances as previously stated		
Adjustments:		

Fund balance as restated

Reconciliation of net income/(net expenditure) per previous GAAP to net income/(net expenditure) under FRS 102

	End of period
	£
Net income/(expenditure) as previously stated	
Adjustments:	

Previous period net income/(expenditure) as restated

(cont)

Note 2 Accounting policies

2.2 INCOME

This standard list of accounting policies has been applied by the charity except for those ticked "No" or "N/a". Where a different or additional policy has been adopted then this is detailed in the box below.

Recognition of income These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Yes	No	N/a
☐	☐	☐

Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Yes	No	N/a
☐	☐	☐

Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).

Yes	No	N/a
☐	☐	☐

Legacies

In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).

Yes	No	N/a
☐	☐	☐

Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.

Yes	No	N/a
☐	☐	☐

Government grants

The charity has received government grants in the reporting period

Yes	No	N/a
☐	☐	☐

Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

Yes	No	N/a
☐	☐	☐

Contractual income and performance related grants

This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.

Yes	No	N/a
☐	☐	☐

Donated goods

Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Yes	No	N/a
☐	☐	☐

The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution.

Yes	No	N/a
☐	☐	☐

Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.

Yes	No	N/a
☐	☐	☐

Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.

Yes	No	N/a
☐	☐	☐

Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.

Yes	No	N/a
☐	☐	☐

Donated services and facilities

Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.

Yes	No	N/a
☐	☐	☐

Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.

Yes	No	N/a
☐	☐	☐

Support costs

The charity has incurred expenditure on support costs.

Yes	No	N/a
☐	☐	☐

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Yes	No	N/a
☐	☐	☐

Income from interest, royalties and dividends

This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.

Yes	No	N/a
☐	☐	☐

Income from membership subscriptions

Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.

Yes	No	N/a
☐	☐	☐

Memberships subscriptions which gives a member the right to buy services or

Yes	No	N/a
☐	☐	☐

	membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
Settlement of insurance claims	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP) and are included as an item of other income in the SoFA.	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
Investment gains and losses	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
2.3 EXPENDITURE AND LIABILITIES								
Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
Governance and support costs	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
Grants payable without performance conditions	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
Redundancy cost	The charity made no redundancy payments during the reporting period.	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
Deferred income	No material item of deferred income has been included in the accounts.	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
Provisions for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
Basic financial instruments	The charity accounts for basic financial instruments on initial recognition as per paragraph 10.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
2.4 ASSETS								
Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least							
	They are valued at cost.	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
	The depreciation rates and methods used are disclosed in note 9.2.							
Intangible fixed assets	The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 9.5	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
	They are valued at cost.	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
Heritage assets	The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 9.6.1.4.	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
	They are valued at cost.	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
Investments	Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
	Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
Stocks and work in progress	Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
	Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						
	Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.	<table> <tr><td>Ü</td><td>Ü</td><td>Ü</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	Ü	Ü	Ü	Yes	No	N/a
Ü	Ü	Ü						
Yes	No	N/a						

Debtors	Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.	Yes	No	N/a
		ü	ü	ü
Current asset investments	The charity has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity date of less than one year held for investment purposes rather than to meet short term cash commitments as they fall due.	Yes	No	N/a
		ü	ü	ü
	They are valued at fair value except where they qualify as basic financial instruments.	Yes	No	N/a
		ü	ü	ü

**POLICIES ADOPTED
ADDITIONAL TO OR
DIFFERENT FROM
THOSE ABOVE**

Note 3

Analysis of income

	Analysis	d funds	funds	nt funds	Total funds	Prior year
					£	£
Donations and legacies:	Donations and gifts	4,221	-	-	4,221	-
	Gift Aid	-	-	-	-	-
	Legacies	-	-	-	-	-
	General grants provided by	-	-	-	-	-
	Membership subscriptions and	-	-	-	-	-
	Donated goods, facilities and services	-	-	-	-	-
	Other	-	-	-	-	-
	Total	4,221	-	-	4,221	-
Charitable activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Other trading activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Income from investments:	Interest income	15	-	-	15	-
	Dividend income	-	-	-	-	-
	Rental and leasing income	-	-	-	-	-
	Other	-	-	-	-	-
	Total	15	-	-	15	-
Separate material item of income:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Other:	Conversion of endowment funds into	-	-	-	-	-
	Gain on disposal of a tangible fixed	-	-	-	-	-
	Gain on disposal of a programme related	-	-	-	-	-
	Royalties from the exploitation of	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
TOTAL INCOME		4,236	-	-	4,236	-

Other information:

All income in the prior year was unrestricted except for:
(please provide description and amounts)

Where any endowment fund is converted into income in the reporting period, please give the reason for the conversion.

Within the income items above the following items are material: (please disclose the nature, amount and any prior year amounts)

Note 4

Analysis of receipts of government grants

	Description	This year £	Last year £
Government grant 1		-	-
Government grant 2		-	-
Government grant 3		-	-
Other		-	-
	Total	-	-

income.

benefited.

Note 5

Donated goods, facilities and services

	This year £	Last year £
Seconded staff	-	-
Use of property	-	-
Other	-	-

recognition and valuation of	
contingencies attaching to resources from donated goods	
services not recognised in the	

Note 6

Analysis of expenditure

	Analysis	Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Expenditure on raising funds:	Incurred seeking donations	-	-	-	-	-
	Incurred seeking legacies	-	-	-	-	-
	Incurred seeking grants					
	Operating membership schemes and social lotteries					
	Staging fundraising events	670			670	
	Fundraising agents					
	Operating charity shops					
	Operating a trading company undertaking non-charitable trading activity					
	Advertising, marketing, direct mail and publicity	423	-	-	423	-
	Start up costs incurred in generating new source of future income	-	-	-	-	-
	Database development costs	-	-	-	-	-
	Other trading activities					
	Investment management costs:	-	-	-	-	-
	Portfolio management costs	-	-	-	-	-
	Cost of obtaining investment advice	-	-	-	-	-
	Investment administration costs	-	-	-	-	-
	Intellectual property licencing costs	-	-	-	-	-
	Rent collection, property repairs and maintenance charges	-	-	-	-	-
		-	-	-	-	-
	Total expenditure on raising funds	1,093	-	-	1,093	-
Expenditure on charitable activities		4,242	-	-	4,242	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total expenditure on charitable activities	4,242	-	-	4,242	-
Separate material item of expense			-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	-	-	-	-	-
Other		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total other expenditure	-	-	-	-	-
TOTAL EXPENDITURE		5,335	-	-	5,335	-

Other information:

Analysis of expenditure on charitable activities

Activity or programme	Activities undertaken directly	Running of	Support Costs	Total this year	prior
	£	£	£	£	£
Activity 1					
Activity 2					
Other					
Total					

Prior year expenditure on charitable activities can be analysed as follows:

Within the expenditure items above the following items are material: (please disclose the nature, amount and any prior year amounts)

Section C	Notes to the accounts
-----------	-----------------------

Note 7 Extraordinary items

Please explain the nature of each extraordinary item occurring in the period.

	Description	This year £	Last year £
Extraordinary item 1		-	-
Extraordinary item 2		-	-
Extraordinary item 3		-	-
Extraordinary item 4		-	-
Total extraordinary items		-	-

Section C Notes to the accounts

Note 8 Funds received as agent

8.1 Please complete this note if the charity has agreed to administer the funds of another entity as its agent. Note: If a charity is acting as an agent, it should not recognise the income in the Statement of Financial Activities or the Balance Sheet.

Description/name of party	Related party (Yes or No)	Amount received		Amount paid out		Balance held at period end	
		This year	Last year	This year	Last year	This year	Last year
		£	£	£	£	£	£
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
Total		-	-	-	-	-	-

8.2 Where a consortia or similar arrangement exists whereby 2 or more charities co-operate to achieve economies in the purchase of goods or services, please disclose details of any balances outstanding between any participating members.

Description/name of party	Balance held at period end	
	This year	Last year
	£	£
	-	-
	-	-
	-	-
	-	-
	-	-
Total	-	-

Section C	Notes to the accounts
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Note 9 Support Costs

Please complete this note if the charity has analysed its expenses using activity categories and has support costs.

Support cost (examples)	Raising funds £	Activity 1 £	Activity 2 £	Activity 3 £	Grand total £	allocation method)
Governance	-	-		-	-	
	-	-		-	-	
	-	-		-	-	
	-	-		-	-	
Other	-	-		-	-	
Total	-	-		-	-	

Please provide details of the accounting policy adopted for the apportionment of costs between activities and any estimation techniques used to calculate their apportionment.

Section C	Notes to the accounts
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Note 10 **Details of certain items of expenditure**

10.1 Fees for examination of the accounts

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).

	This year £	Last year £
Independent examiner's fees		
Assurance services other than audit or independent examination		
Tax advisory fees		
Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner		

Note 11**Paid employees**

Please complete this note if the charity has any employees.

11.1 Staff Costs

	This year £	Last year £
Salaries and wages	-	-
Social security costs	-	-
Pension costs (defined contribution scheme)		
Other employee benefits	-	-
Total staff costs	-	-

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

--

Please give details of the number of employees whose total employee benefits (excluding employer pension costs) fell within each band of £10,000 from £60,000 upwards. If there are no such transactions, please enter 'true' in the box provided.

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000

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Band	Number of employees
£60,000 to £69,999	
£70,000 to £79,999	
£80,000 to £89,999	
£90,000 to £99,999	
£100,000 to £109,999	

Please provide the total amount paid to key management personnel (includes trustees and senior management) for their services to the charity

--

11.2 Average head count in the year

The parts of the charity in which the employees work

	This year Number	Last year Number
Fundraising	-	-
Charitable Activities	-	-
Governance	-	-
Other	-	-
Total	-	-

11.3 Ex-gratia payments to employees and others (excluding trustees)

Please complete if an ex-gratia payment is made.

Please explain the nature of the payment

--

Please state the legal authority or reason for making the payment

--

Please state the amount of the payment (or value of any waiver of a right to an asset)

--

11.4 Redundancy payments

Please complete if any redundancy or termination payment is made in the period.

Total amount of payment

--

The nature of the payment (cash, asset etc.)

--

The extent of redundancy funding at the balance sheet date

--

Please state the accounting policy for any redundancy or termination payments

--

Section C	Notes to the accounts	(cont)
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Note 12 **Defined contribution pension scheme or defined benefit scheme accounted for as a defined contribution scheme.**

12.1 *Please complete this note if a defined contribution pension scheme is operated.*

Amount of contributions recognised in the SOFA as an expense	
Please explain the basis for allocating the liability and expense of defined contribution pension scheme between activities and between restricted and unrestricted funds.	

12.2 *Please complete this section where the charity participates in a defined benefit pension plan but is unable to ascertain its share of the underlying assets and liabilities.*

Please confirm that although the scheme is accounted for as a defined contribution plan, it is a defined benefit plan.	
Please provide such information as is available about the plan's surplus or deficit and the implications, if any, for the reporting charity	

12.3 *Please complete this section where the charity participates in a multi-employer defined benefit pension plan that is accounted for as a defined contribution plan.*

Describe the extent to which the charity can be liable to the plan for other entities' obligations under the terms and conditions of the multi-employer plan	

Section C	Notes to the accounts	(cont)
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Note 13 **Grantmaking**

Please complete this note if the charity made any grants or donations which in aggregate form a material part of the charitable activities undertaken.

13.1 Analysis of grants paid (included in cost of charitable activities)

Analysis	institutions	individuals	Support costs	Total
Activity or project 1			£	£
Activity or project 2			-	-
Activity or project 3			-	-
Activity or project 4			-	-
Total	-	-	-	-

Please enter "Nil" if the charity does not identify and/or allocate support costs.

13.2 Grants made to institutions

My charity has made grants to particular institutions that are material in the context of its grantmaking. Details of the institution supported, purpose of the grant and total paid to each institution is available on the charity's web site.

Yes	<i>Please provide details of charity's URL.</i>
No	<i>Provide details below</i>

Names of institution	Purpose	Total amount of grants paid £
		-
		-
		-
		-
		-
		-
		-
		-
		-
		-
Total grants to institutions in reporting period		-
Other unanalysed grants		-
TOTAL GRANTS PAID		-

Note 14 **Tangible fixed assets**
Please complete this note if the charity has any tangible fixed assets

14.1 Cost or valuation

	Freehold land & buildings	Other land & buildings	Plant, machinery and motor vehicles	Fixtures, fittings and equipment	Total
	£	£	£	£	£
At the beginning of	-	-	-	-	-
Additions	-	-	-	-	-
Revaluations	-	-	-	-	-
Disposals	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	-	-	-

14.2 Depreciation and impairments

**Basis	SL or RB	SL or RB	SL or RB	SL or RB	SL or RB	Straight Line ("SL") or Reducing Balance ("RB")
** Rate						
At beginning of the	-	-	-	-	-	-
Disposals	-	-	-	-	-	-
Depreciation	-	-	-	-	-	-
Impairment	-	-	-	-	-	-
Transfers*	-	-	-	-	-	-
At end of the year	-	-	-	-	-	-

14.3 Net book value

Net book value at the beginning of the year	-	-	-	-	-
Net book value at the end of the year	-	-	-	-	-

14.4 Impairment

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

--

14.5 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation	
the name of independent valuer, if applicable	
the methods applied and significant assumptions	
the carrying amount that would have been recognised had the assets been carried under the cost model.	

14.6 Other disclosures

(i) Please state the amount of borrowing costs, if any, capitalised in the construction of tangible fixed assets and the capitalisation rate used	
(ii) Please provide the amount of contractual commitments for the acquisition of tangible fixed assets.	
(iii) Details of the existence and carrying amounts of property, plant and equipment to which the charity has restricted title or that are pledged as security for liabilities.	

* The "transfers" row is for movements between fixed asset categories.

** Please indicate the method of depreciation by deleting the method not applicable

Section C**Notes to the accounts****Note 15****Intangible assets**

Please complete this note if the charity has any intangible assets

15.1 Cost or valuation

	Research & development	Patents and trademarks	Other	Total
	£	£	£	£
At beginning of the	-	-	-	-
Additions	-	-	-	-
Disposals	-	-	-	-
Revaluations	-	-	-	-
Transfers *	-	-	-	-
At end of the year	-	-	-	-

15.2 Amortisation and impairments

**Basis	SL or RB	SL or RB	SL or RB	SL or RB	Straight Line ("SL") or Reducing Balance ("RB")
** Rate					

At beginning of the	-	-	-	-
Disposals	-	-	-	-
Amortisation	-	-	-	-
Impairment	-	-	-	-
Transfers*	-	-	-	-
At end of year	-	-	-	-

15.3 Net book value

Nat book value at the beginning of the year	-	-	-	-
Net book value at the end of the year	-	-	-	-

15.4 Accounting policy

Please disclose the accounting policy for intangible fixed assets including:

Reasons for choosing amortisation rates

Policies for the recognition of any capital development

15.5 Impairment

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

--

15.6 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation

--

the name of independent valuer, if applicable

--

the methods applied

--

the carrying amount that would have been recognised had the assets been carried under the cost model.

--

15.7 Other disclosures

(i) If your intangible asset was acquired by way of grant, provide value on initial recognition and carrying amount of the asset.

--

(ii) Details of the carrying amounts of any intangible assets to which the charity has restricted title or that are pledged as security for liabilities.

--

(iii) Please provide the amount of contractual commitments for the acquisition of intangible assets.

--

(iv) State the amount of research and development expenditure recognised as expenditure in the year.

--

(vi) Please detail the headings in the SOFA in which a charge for amortisation of intangible assets is included.

--

(vii) For any material intangible assets, please provide a description, its carrying amount and any remaining amortisation period.

--

** The "transfers" row is for movements between fixed asset categories.*

*** Please indicate the method of depreciation by deleting the method not applicable (SL = straight line; RB = reducing balance). Also please indicate the rate of depreciation: for straight line, what is the anticipated life of the asset (in years); for reducing balance, what is the percentage annual deduction*

Section C**Notes to the accounts****Note 16****Heritage assets**

Please complete this note if the charity has heritage assets

16.1 General disclosures for all charities holding heritage assets

(i) Explain the nature and scale of heritage assets held.

(ii) Explain the policy for the acquisition, preservation, management and disposal of heritage assets.

16.2 Cost or valuation

	Heritage asset 1	Heritage asset 2	Heritage asset 3	Heritage asset 4	Total
	£	£	£	£	£
At beginning of the year	-	-	-	-	-
Additions	-	-	-	-	-
Disposals	-	-	-	-	-
Revaluations	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	-	-	-

16.3 Depreciation and impairments

****Basis**

**** Rate**

					Straight Line ("SL") or Reducing Balance

At beginning of the year	-	-	-	-	-
Disposals	-	-	-	-	-
Depreciation	-	-	-	-	-
Impairment	-	-	-	-	-
Transfers*	-	-	-	-	-
At end of year	-	-	-	-	-

16.4 Net book value

Nat book value at the beginning of the year	-	-	-	-	-
Net book value at the end of the year	-	-	-	-	-

16.5 Impairment

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

--

16.6 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation

the name of independent valuer, if applicable

qualifications of independent valuer

the methods applied and significant assumptions

any significant limitations on the valuation

16.7 Analysis of heritage assets by class or group distinguishing those at cost and those at valuation

	At valuation Group A	At cost Group B	Total
	£	£	£
Carrying amount at the beginning of the period	-	-	-
Additions	-	-	-
Disposals	-	-	-
Depreciation/impairment	-	-	-
Revaluation	-	-	-
Carrying amount at the end of period	-	-	-

16.8 Heritage assets (where heritage assets are not recognised on the balance sheet)

(i) Explain the reason why heritage assets have not been recognised on the balance sheet.	
(ii) Describe the significance and nature of heritage assets.	
(iii) Disclose information that is helpful in assessing the value of heritage assets.	
(iv) Explain the reason why it is not practicable to obtain a valuation of heritage assets.	

16.9 Five year summary of heritage assets transactions

	2015	2014	2013	2012	2011
	£	£	£	£	£
Purchases					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-				
Other	-				
Donations					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total additions	-	-	-	-	-
Charge for impairment					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total charge for impairment	-	-	-	-	-
Disposals					
Group A - carrying amount	-	-	-	-	-
Group B - carrying amount	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total disposals	-	-	-	-	-

Note 17 Investment assets

Please complete this note if the charity has any investment assets.

17.1 Fixed assets investments (please provide for each class of investment)

	Cash & cash equivalents	Listed investments	Investment properties	Social investments	Other	Total
Carrying (fair) value at beginning of period	-	-	-	-	-	-
Add: additions to investments during period*	-	-	-	-	-	-
Less: disposals at carrying value	-	-	-	-	-	-
Less: impairments	-	-	-	-	-	-
Add: Reversal of impairments	-	-	-	-	-	-
Add/(deduct): transfer in/(out) in the period	-	-	-	-	-	-
Add/(deduct): net gain/(loss) on revaluation	-	-	-	-	-	-
Carrying (fair) value at end of year	-	-	-	-	-	-

*Please specify additions resulting from acquisitions through business combinations, if any.

--

Please note that Fair Value in this context is the amount for which an asset could be exchanged between knowledgeable and willing parties in an arm's length transaction. For traded securities, the fair value is the value of the security quoted on the London Stock Exchange Daily Official List or equivalent. For other assets where there is no market price on a traded market, it is the trustees' or valuers' best estimate of fair value.

17.2 Please provide a breakdown of investments shown above agreeing with the balance sheet row B04 differentiating between those held at fair value and those held at cost less impairment.

Analysis of investments

Cash or cash equivalents

Listed investments

Investment properties

Fair value at year end	Cost less impairment
£	£
-	-
-	-
-	-

Social investments

Other investments

Total

Grand total (Fair value at year end+Cost less impairment)

-	-
-	-
-	-

17.3 If your charity holds investment properties, please complete the following note:

(i) Explain the methods and significant assumptions in determining the fair value of investment property held by the charity

(ii) Name or independent valuer, if applicable, and relevant qualifications

(iii) Provide details of any restrictions on the ability to realise investment property or on the remittance of income or disposal proceeds

(iv) Explain any contractual obligations for the purchase, construction or development of investment property or for repairs, maintenance or enhancements

17.4 Please provide a breakdown of current asset investments, if applicable, agreeing with the balance sheet.

Analysis of current asset investments

Cash or cash equivalents
 Listed investments
 Investment properties
 Social investments
 Other investments
 Total

This year	Last year
£	£
-	-
-	-
-	-
-	-
-	-
-	-

17.5 Guarantees

Please provide details and amount of any guarantee made to or on behalf of a third party

Name of the entity or entities benefitting from those guarantees

Please explain how the guarantee furthers the charity's aims

17.6 Concessionary loans

Amount of concessionary loans made
 (Multiple loans made may be disclosed in aggregate provided that such aggregation does not obscure significant information).

Description	This year £
Total	

Amount of concessionary loans received
 (Multiple loans received may be disclosed in aggregate provided that such aggregation does not obscure significant information).

Description	This year £
Total	

Terms and conditions eg interest rate, security provided

Value of any concessionary loans which have been committed but not taken up at the reporting date

Amounts payable within 1 year

Amounts payable after more than 1 year

Amounts receivable within 1 year

Amounts receivable after more than 1 year

17.7 Additional information

Please provide information about the significance of investments to the charity's financial position or performance eg. terms and conditions of loans or the use of hedging to manage financial risk.

For all investments measured at fair value, the basis for determining the value, including any assumptions applied when using a valuation technique.

Where a charity has provided financial assets as a form of security, the carrying amount of the financial asset pledged as security and the terms and conditions relating to its pledge.

Last year £

Last year £

Section C **Notes to the accounts** **(con**

Note 18 **Stocks**

Please complete this note if the charity holds any stock items

18.1 Please state the carrying amount of stock and work in progress analysed between activities.

	Stock		Donated goods		Work in progress
	For distributio n £	For resale £	For distributio n £	For resale £	
Charitable activities:					
<i>Opening</i>	-	-	-	-	-
<i>Added in period</i>	-	-	-	-	-
<i>Expensed in period</i>	-	-	-	-	-
<i>Impaired</i>	-	-	-	-	-
<i>Closing</i>	-	-	-	-	-
Other trading activities:					
<i>Opening</i>	-	-	-	-	-
<i>Added in period</i>	-	-	-	-	-
<i>Expensed in period</i>	-	-	-	-	-
<i>Impaired</i>	-	-	-	-	-
<i>Closing</i>	-	-	-	-	-
Other:					
<i>Opening</i>	-	-	-	-	-
<i>Added in period</i>	-	-	-	-	-
<i>Expensed in period</i>	-	-	-	-	-
<i>Impaired</i>	-	-	-	-	-
<i>Closing</i>	-	-	-	-	-
Total this year	-	-	-	-	-
Total previous year	-	-	-	-	-

18.2 Please specify the carrying amount of any stocks pledged as security for liabilities

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Section C	Notes to the accounts	(
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Note 19 Debtors and prepayments

Please complete this note if the charity has any debtors or prepayments.

19.1 Analysis of debtors

Trade debtors

Prepayments and accrued income

Other debtors

Total

This year	Last year
£	£
-	-
-	-
-	-
-	-

Please complete 19.2 where a material debtor is recoverable more than a year after the reporting date.

19.2 Analysis of debtors recoverable in more than 1 year (included in debtors above)

Trade debtors

Prepayments and accrued income

Other debtors

Total

This year	Last year
£	£
-	-
-	-
-	-
-	-
-	-

Section C Notes to the accounts (c)

Note 20 Creditors and accruals

Please complete this note if the charity has any creditors or accruals.

20.1 Analysis of creditors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Accruals for grants payable	-	-	-	-
Bank loans and overdrafts	-	-	-	-
Trade creditors	-	-	-	-
Payments received on account for contracts or performance-related grants	-	-	-	-
Accruals and deferred income	-	-	-	-
Taxation and social security	-	-	-	-
Other creditors	-	-	-	-
Total	-	-	-	-

20.2 Deferred income

Please complete this note if the charity has deferred

Please explain the reasons why income is

--

Movement in deferred income account

	This year £	Last year £
Balance at the start of the reporting period	-	-
Amounts added in current period	-	-
Amounts released to income from previous periods	-	-
Balance at the end of the reporting period	-	-

Section C	Notes to the accounts	(
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Note 21 Provisions for liabilities and

Please complete this note if you have included in charity expenditure any provisions. A provision is made when the charity has a liability of uncertain timing or amount.

21.1 Please provide:

- a brief description of any obligations on the balance sheet and the expected amount and timing of resulting payments;
- an indication of the uncertainties about the amount or timing of those outflows; and
- the amount of any expected reimbursement, stating the amount of any asset that has been recognised for that expected reimbursement.

21.2 Movements in recognised provisions and funding commitment during the period

	This year £	Last year £
Balance at the start of the reporting period	-	-
Amounts added in current period	-	-
Amounts charged against the provision in the current period	-	-
Unused amounts reversed during the period	-	-
Balance at the end of the reporting period	-	-

21.3 For any funding commitment that is not recognised as a liability or provision, provide details of commitment made, the time frame of that commitment, any performance-related conditions and details of how the commitment will be funded (with contracts for capital expenditure separately identified).

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and the likely timing of that expenditure.

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Section C **Notes to the accounts** **(cont)**

Note 22 Other disclosures for debtors, creditors and other basic financial instruments

22.1 Please provide information about the amount of the financial assets pledged as

Section C**Notes to the accounts****Note 23 Contingent liabilities and contingent assets****23.1 Contingent liabilities**

Where the charity has contingent liabilities, please complete the following section unless the possibility of their existence is remote.

Description of item including its legal nature. Please describe any security provided in connection to the liability.	Estimate of financial effect

23.2 Contingent assets

Where the charity has contingent assets, please complete the following section when their existence is probable

Description of item	Estimate of financial effect

23.4 Other disclosures for contingent assets and/or liabilities

Please provide the following information where practicable:

Explain any uncertainties relating to the amount or timing of settlement; and the possibility of any reimbursement

Where it is not practical to make one or more of these disclosures, please state this fact

Section C **Notes to the accounts** **(cont)**

Note 24 **Cash at bank and in**

Short term cash investments (less than 3 months maturity date)
 Short term deposits
 Cash at bank and on hand
 Other
 Total

This year £	Last year £
-	-
-	-
10,420	11,519
-	-
10,420	11,519

Note 25 Fair value of assets and liabilities

25.1 Please provide details of the charity's exposure to credit risk (the risk of incurring a loss due to a debtor not paying what is owed) , liquidity risk (the risk of not being able to meet short term financial demands) and market risk (the risk that the value of an investment will fall due to changes in the market) arising from financial instruments to which the charity is exposed at the end of the reporting period and explain how the charity manages those risks.

25.2 Please give details of the amount of change in the fair value of basic financial instruments (debtors, creditors, investments (see section 11, FRS 102 SORP)) measured at fair value through the SoFA that is attributable to changes in credit risk.

Section C	Notes to the accounts	(cont)
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Note 26 **Events after the end of the reporting period**

Please complete this note events (not requiring adjustment to the accounts) have occurred after the end of the reporting period but before the accounts are authorised which relate to conditions that arose after the end of the reporting period.

Please provide details of the nature of the event

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Provide an estimate of the financial effect of the event or a statement that such an estimate cannot be made

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Section C	Notes to the accounts	(cont)
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Note 27 **Charity funds**

27.1 Details of material funds held and movements during the CURRENT reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

** Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds*

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
Other funds	N/a	N/a	-	-	-	-	-	-
Total Funds			-	-	-	-	-	-

Section C	Notes to the accounts	(cont)
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Note 27 **Charity funds (cont)**

27.2 Details of material funds held and movements during the PREVIOUS reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

** Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds*

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
Other funds	N/a	N/a	-	-	-	-	-	-
Total Funds			-	-	-	-	-	-

Section C**Notes to the accounts****Note 27****Charity funds (cont)****27.3 Transfers between funds**

	Reason for transfer and where endowment is converted to income, legal power for its conversion	Amount
Between unrestricted and restricted funds		
Between endowment and restricted funds		
Between endowment and unrestricted funds		

27.4 Designated funds

Planned use	Purpose of the designation	Amount

--	--	--	--	--	--	--

In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.

For any related party, please provide details of any guarantees given or received.

Note 29	Additional Disclosures
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The following are significant matters which are not covered in other notes and need to be included to provide a proper understanding of the accounts. If there is insufficient room here, please add a separate sheet.

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FIT

England & Wales - Charity number 1172728

Accounts



**CHARITY COMMISSION
FOR ENGLAND AND WALES**

Trustees' Annual Report for the period

From 1st April 2021 Period start date To 31st March 2022 Period end date

Charity name: FIT

Charity registration number: 1172728

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	FIT (also known as Foundry Inclusive Training) exists to provide accessible fitness facilities and to provide an inclusive fitness community. Individuals who may have reason for such facilities include youth, age, infirmity, or disablement, financial hardship or social and economic circumstances. Our core values are: - Inclusion (non-judgemental, equitable, community, accepting, fairness, welcoming) - Impactful (passionate, making a difference, deliver with integrity, effective) - Supportive (caring kind teamwork) - Fun (passionate, enjoyment, community, making new connections and friends)
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	FIT's mission is to make safe, effective exercise available to the most vulnerable members of society who traditionally have not had access to it for financial, logistical or medical reasons. We offer free access and a safe environment for disenfranchised members of the local Lambeth borough community to train and enjoy various forms of physical activity. We also offer youth academy training sessions.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Trustees have complied with the objectives of the charity (FIT) and as such have provided public benefit.

Additional Information (optional)

You may choose to include further statements where relevant about:

	SORP reference	

Policy on grant making	Para 1.38	N/A
Policy on social investment including program related investment	Para 1.38	N/A
Contribution made by volunteers	Para 1.38	All trustees carry out their duties on a voluntary basis. This includes some operational activities including treasury, communication with class trainers, communication with FIT community.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	At the start of this financial year gyms across the country were closed due to covid19 restrictions. In order to continue to provide our community with a fitness offering during this time we purchased online memberships on behalf of our community, to a commercial gym who were able to offer online classes. We had amazing feedback from the members that took advantage of this offering. Not only did it enable them to exercise, it also provided a very welcome human interaction (albeit online) for members of the community that were isolating. In total 20 memberships were provided. In addition to the above 122 hours of classes were provided across the year. These included community classes as well as a specific 12 week academy programmed for 18 - 24 year olds. All offerings have been met with enthusiasm from the community with some members, who have been particularly impacted by covid, really benefiting from the physical movement and the in person interaction.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	We are proud that we were able to provide an offering to our community during a period of time when in person classes were not viable due to covid restrictions.
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity's financial position as at 31 st March 2022 is healthy and has grown slightly since March 2021. This is a result of donations exceeding spending in the year due to covid restrictions impacting operations.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity retains a reserve cash balance sufficient to fund a normal spread of activities in a quarter. This is to provide cover in the event of the usual donations reducing significantly. Where raised funds remain unspent at the end of the financial year, they are kept in a cash account to support the charity in future and may then be used for funding more classes in future years which cannot be covered by standard annual income.
Amount of reserves held	Para 1.22	£11,518 as at 31 st Mar 2022
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable incorporated organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Appointed by a resolution passed at a properly convened meeting of the charity trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	FIT
Other name the charity uses	Foundry Inclusive Training
Registered charity number	1172728
Charity's principal address	The Black Prince Community Hub 5 Beaufoy walk London SE11 6HU

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted If not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Beverley de Valmency	Chair		
2	Sarah Peskett	Treasurer		
3	Henry Pipe	Secretary	To Jul 2021	
4	Dan Morris	Operations		
5	Dave Thomas	Trustee		
6	Charis Jackson	Trustee		
7	Claire McCoy	Trustee		
8	Alexia Fenwick	Deputy Chair	To Feb 2022	
9	Anna McKimmie	Trustee	From Nov 2021	
10	Elon Woodman-Worrell	Trustee	From Nov 2021	
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Exemptions from disclosure

Reason for non-disclosure of key personnel details

--

Other optional information

--

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Mrs BEVERLEY J. DE VALENCY	SARAH PESKETT
Position (eg Secretary, Chair, etc)	Chair	TREASURER

Date

27-1-23



CHARITY COMMISSION
FOR ENGLAND AND WALES

FIT

1172728

Receipts and payments accounts

CC16a

For the period
from

01/04/2021

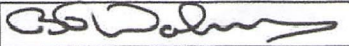
To

31/03/2022

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	6,496	-	-	6,496	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	6,496	-	-	6,496	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	6,496	-	-	6,496	-
A3 Payments					
Gym & Academy expenses:	-	-	-	-	-
Trainer fees	3,990	-	-	3,990	-
Lockdown online membership fees	300	-	-	300	-
Kit	84	-	-	84	-
	-	-	-	-	-
Other expenses:	-	-	-	-	-
Bak and website fees	470	-	-	470	-
Photograpgy for website	75	-	-	75	-
Xmas party for members	150	-	-	150	-
Sub total	5,069	-	-	5,069	-
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	5,069	-	-	5,069	-
Net of receipts/(payments)	1,427	-	-	1,427	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	10,091	-	-	10,091	-
Cash funds this year end	11,518	-	-	11,518	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current account	11,518	-	-
		-	-	-
		-	-	-
	Total cash funds	11,518	-	-
	(agree balances with receipts and payments account(s))			
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities		Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		BJ de VALENCY	27/1/23	
		SARAH PESKETT	29/1/23	

FIT

England & Wales - Charity number 1172728

Accounts



Trustees' Annual Report for the period

Period start date

Period end date

From

01 Apr 2020

To

31 Mar 2021

Section A Reference and administration details

Charity name

FIT

Other names charity is known by

FOUNDRY INCLUSIVE TRAINING

Registered charity number (if any)

1172728

Charity's principal address

THE BLACK PRINCE COMMUNITY HUB

5 BEAUFOY WALK

LONDON

Postcode

SE11 6HU

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Beverley de Valmency	Chair		
2	Alexia Fenwick	Deputy Chair		
3	Sarah Peskett	Treasurer		
4	Henry Pipe	Secretary		
5	Dan Morris	Operations	From 09/02/2021	Agreed by all existing FIT trustees
6	Dave Thomas	Trustee		
7	Charis Jackson	Trustee		
8	Claire McCoy	Trustee	From 10/12/2020	Agreed by all existing FIT trustees

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document

Constitution

How the charity is constituted

Charitable Incorporated Organisation

Trustee selection methods

Appointed by a resolution passed at a properly convened meeting of the charity trustees.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

policies and procedures adopted for the induction and training of trustees;

the charity's organisational structure and any wider network with which the charity works;

relationship with any related parties;

trustees' consideration of major risks and the system and procedures to manage them.

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

FIT (known as 'Foundry Inclusive Training') exists to provide accessible fitness facilities and to provide an inclusive fitness community. Individuals who may have reason for such facilities include youth, age, infirmity, or disablement, financial hardship, or social and economic circumstances.

Our core values are:

- Inclusion (non-judgemental, equitable, community, accepting, fairness, welcoming)
- Impactful (passionate, making a difference, deliver with integrity, effective)
- Supportive (caring kind teamwork)
- Fun (passionate, enjoyment, community, making new connections and friends)

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

FIT's mission is to make safe, effective exercise available to the most vulnerable members of society who traditionally have not had access to it for financial, logistical or medical reasons. We offer free access and a safe environment for disenfranchised members of the local Lambeth borough community to train and enjoy various forms of physical activity. We also offer youth academy training sessions twice a week.

Additional details of objectives and activities (Optional information)

You may choose to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Operations have continued to be impacted by the Covid-19 pandemic however as a charity we have investigated and implemented ways of continuing to deliver services to the community as much as possible.

During the period of time where gyms were shut our youth academy sessions were delivered online. Community gym attendees were also offered the option to access an online workout platform funded by FIT. Where necessary FIT assisted Community gym attendees with how to access the online platform as many of them are not familiar with the process / generally how to access online services.

FIT received very positive feedback from both academy and community attendees who were extremely grateful to have sessions available online during lockdown. They advised that they benefitted from this both physically and mentally.

Section E

Financial review

Brief statement of the charity's policy on reserves

The charity retains a reserve cash balance sufficient to fund a normal spread of activities in a quarter. This is to provide cover in the event of the usual donations reducing significantly.

Where raised funds remain unspent at the end of the financial year, they are kept in the cash account to support the charity in future and may then be used for funding more classes in future years which cannot be covered by standard annual income.

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Operations:

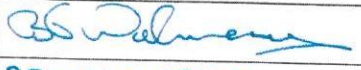
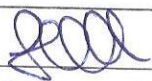
This financial and operating year (1st Apr 2020 – 31st Mar 2021) has been highly impacted by Covid-19 restrictions. Whilst the academy sessions ran successfully online (good attendance volume), the ability to deliver community sessions was more challenging, and once an online community offering was in place the attendance was far lower than the usual in person offering. Therefore getting the 'in person' approach back up and running is an important focus for FIT going forward as well as generally continuing to assess the needs of the community and deliver services as appropriate.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	BEVERLEY JANE DE VALMENCY	SARAH PESKETT
Position (eg Secretary, Chair, etc)	CHAIR	TREASURER
Date	23/1/22	



CHARITY COMMISSION
FOR ENGLAND AND WALES

FIT

1172728

Receipts and payments accounts

CC16a

For the period
from

01/04/2020

To

31/03/2021

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations	7,997	-	-	7,997	3,325
Event	199	-	-	199	6,000
Sub total (Gross income for AR)	8,196	-	-	8,196	9,325
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	8,196	-	-	8,196	9,325
A3 Payments					
Open Gym and Academy expenses				-	4,793
Academy expenses	2,050			2,050	
Event expenses				-	816
Bank & Virgin Giving fees	239			239	
Sub total	2,289	-	-	2,289	5,609
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	2,289	-	-	2,289	5,609
Net of receipts/(payments)	5,907	-	-	5,907	3,716
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	4,184			4,184	468
Cash funds this year end	10,091	-	-	10,091	4,184

Section B Statement of assets and liabilities at the end of the period

B1 Cash funds

	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
Current Account	10,091	-	-
Reserve Account		-	-
	-	-	-
Total cash funds	10,091	-	-

(agree balances with receipts and payments account(s))

B2 Other monetary assets

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	BT de VALMENCY	23/1/22
	SARAH PRESCOTT	23/1/22