



## Trustees' Annual Report for the period

From: 14th August 2020 (Period start date) to 13th August 2021 (Period end date)

Charity name: FROME SHED

Charity registration number: 1172707

## Objectives and Activities

<b>Summary of the purposes of the charity as set out in its governing document</b>	<p><u>Charitable Objects:</u> For the public benefit, the preservation and protection of good health among people in Frome and the surrounding area, including those who are retired, unemployed or have health problems, through the provision of facilities for hobbies, recreation or other leisure time occupation including practical interests, skills sharing, the learning of new skills, and helping with community-based projects.</p> <p><u>Overview of the Charity:</u> The Frome Shed offers workshop space where men and women from Frome and the surrounding area work on practical projects with others. The space is equipped with tools and materials donated by the public or local businesses. The club is run by members who decide when they come and what they do. We undertake projects, acceptable to the group, which benefit individuals, other organisations and the broader community.</p>
<b>Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.</b>	<p>These are the main areas of public benefit arising from the Shed:</p> <ul style="list-style-type: none"><li>• To share skills and interests, swap ideas and pass on knowledge.</li><li>• Actively pursue hobbies and pastimes</li><li>• Work on projects that will aid the community and help develop a positive sense of achievement.</li><li>• Have a place to go and relax, drink tea or coffee, discuss issues, share concerns, talk and have a laugh, knowing they are among friends.</li><li>• Use the machine tools and other equipment in the Shed to undertake more challenging projects.</li><li>• Meet with visitors to the Shed.</li><li>• Encourage others and promote general physical and mental well-being.</li></ul>
<b>Statement confirming whether the trustees</b>	<p>All current Frome Shed Trustees have read the Commission's public benefit guidance and have</p>

<b>have had regard to the guidance issued by the Charity Commission on public benefit</b>	regard to it when making decisions and exercising any powers or duties to which the guidance is relevant.
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### **Additional information**

<b>Policy on grant making.</b>	No grants have been issued by the Frome Shed during this period.
<b>Policy on social investment including program related investment.</b>	The Frome Shed Trustees have not considered any social investment at present. Should any Social Investment be considered the Trustees will seek advice and develop policy in accordance with commission guidelines.
<b>Contribution made by volunteers.</b>	The Frome Shed appreciate all the support they receive from the Shedders who volunteer for all of the various roles in the organisation, especially the Trustees, Duty Managers, and First Aiders. We would not be able to operate without our volunteers' skills, effort, commitment, and dedication.

### **Achievements and Performance**

<b>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</b>	<p>The Frome Shed normally runs sessions for 50 weeks (out of 52 weeks) across the year. Covid-19 restrictions meant that there were only 15 weeks when we could open the Shed; 11 of these weeks we were restricted to a maximum of six attendees, and there were only 4 weeks when unrestricted access was allowed by Government covid restrictions.</p> <p>In all, the Men's Shed met for just 14 sessions, with an average attendance of 8 Shedders .The Women's Shed met for 8 sessions, with an average attendance of 6 Shedders.</p> <p>In addition to the sessions held in the Shed, there were short (one hour) outdoor meetings held in Victoria Park. These meetings were held in groups of six, and socially distanced.</p> <p>A total of 24 different members attended these Shed Sessions across the period, with an assessed total of over 150 Shedder hours spent in the Frome Shed.</p> <p>With so few face-to-face sessions being possible, the Frome Shed increased the number of newsletters to members to every two weeks across the year. In addition, there was 15 Zoom (virtual) video sessions for members, including a Christmas Quiz.</p>
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**(CONTINUED)**

**Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.**

A study of benefits (pre Covid) of some 62 Men's Sheds by Glasgow University recently reported improvements in their overall health and wellbeing of Shedders; this included:

- An increased sense of happiness and contentment in their lives.
- Decreased feelings of depression and anxiety that came from being isolated.
- An increased sense of purpose and meaning in their lives.
- Increased feelings of confidence and self-worth.
- An increased sense of belonging and inclusion.

This is echoed by feedback received from Frome Shedders.

It isn't only Shedders who have benefited from attending the Shed – Some of the many projects undertaken by the Shed during the period included these items made or repaired for people and other groups in the local area:

- Swift nesting boxes for the Shoscombe Climate & Nature Group
- Many hedgehog boxes, hanging bird feeders and nest boxes
- Four specialised tripod mounted bird feeders for a filming project
- Completion of refurbishment of garden tables, and chairs for the local Hospital
- A coal bunker for a local resident
- Many planters for local residents and groups
- Small gauge railway signal (work in progress)
- Refurbishment of an electric lawn mower and a manual push mower
- Repair of cat cabin for local Cats Protection group
- Erection of a washing line for a local resident
- Refurbishment of coffee tables and bedside cabinets
- Reframing large tapestries for the local hospital
- Making of large-scale games for outside events for Frome Town Council.

The Frome Women's Shed ran skills classes on Community Bunting making and Linus Quilts workshops for both Shedders and other Frome residents.

**(CONTINUED)**  
**Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.**

In addition, the Shed attended these outdoor events:

- The Lions Summer Fete - with goods for sale, Shed information provided and games.
- Launch of the Frome Medical Centre "Town of Names" (Filmed by German TV)

The Frome Shed also worked with another Shed in Wales - donating Welsh Spoon making tools to the Welsh Men's Shed - "Squirrels Nest"

Whilst the Shed had to close because of Covid restrictions, the Frome Shed on Community radio continued across the whole year.

There was a total of 14 one-hour radio shows produced and presented by the Frome Shed over the year. These were broadcast on Frome FM, and two Community Radio stations in Cornwall. These are also available as podcasts.

These shows were of three types:- The "Shed Show" and "Shed Happens", and two specials aimed at promoting new Sheds to open in Cornwall. The "Shed Happens" and Cornwall Specials were produced following requests from the UK Men's Sheds Association.

There were five "Shed Shows" broadcast on a monthly basis, as part of the "Health and Wellbeing hour" on Frome FM on a Thursday this year. The shows included content on allotments, walking, rock and roll, resilience & dealing with lockdown, pets, continued learning for older adults and Grandparenting.

In addition to the presenters, over forty people took part in these shows, from a range of local charities, other Sheds in Somerset and other organisations.

A further nine "Shed Happens" Shows were produced during the two lockdowns across the year.

The purpose of these shows was to soften the blow of self-isolating for Sheddors and keep people more in touch with the Sheds they belong to. The theme was "Keeping Sheds connected". The subject areas included:

- Features on the Frome Make:Shed and Tech Shed
- Interviews with International Sheds in New Zealand, Denmark, USA, Canada & Australia
- Interviews with UK Sheds from Oswestry, Whitby and Teddington
- Launching Sheds in Cornwall

Over 60 people from 30 different organisations took

	<p>part in these nine “Shed Happens” Shows. (Including 20 Frome Shedders)</p> <p>These Shed Shows received a special mention in the Men and Boys Coalition Special Crisis Award that was awarded to the UK Men’s Sheds Association.</p> <p>The Covid Safety Team (Convened in May 2020) continued to meet throughout the period, ensuring ongoing Covid safety, both in terms of equipment, supplies, procedures, communication and training sessions for Duty Managers. This was recognised in the Somerset wide “Covid Confident Communities” Leaflet, with the Frome Shed listed as a good example on “how to re-open safely.”</p>
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## Financial Review

<b>Review of the charity's financial position at the end of the period</b>	<p>Income this year was £21.9k, compared with £21.5k last year – However this year's income is mainly based on Government Covid Restart Grants, as we had a very reduced number of sessions. We did receive funding from the UK Men's Sheds Association for the Shed Happens Shows.</p> <p>Expenses this year were £22.8k, compared with £9.7k last year. However, we have paid for a major ventilation system, Covid Personal Protective equipment, sanitiser, and dust extraction equipment, and other electrical safety measures to ensure post covid safety conditions.</p> <p>Cash in the bank at the end of the year is slightly down (-£856) on last year at £24.2k and includes £1.6k of restricted funds for improving video communication post covid.</p>
<b>Statement explaining the policy for holding reserves stating why they are held</b>	<p>The Frome Shed maintains a reserve to cover fluctuations in profit and loss.</p> <p>Substantial donations or surpluses may be kept in reserve until a useful purpose can be found for them, e.g., new or improved premises (especially on the grounds of safety or reduced risks)</p>
<b>Amount of reserves held</b>	There is no policy regarding reserves, but Trustees are agreed that ideally, reserves should be in the region of 12 months running costs.
<b>Reasons for holding zero reserves</b>	Not applicable
<b>Details of fund materially in deficit</b>	None
<b>Explanation of any uncertainties about the charity continuing as a going concern</b>	None

## Structure, Governance and Management

<b>Description of charity's trusts:</b>	
<b>Type of governing document</b>	Charitable Incorporated Organisation (CIO) Association Constitution
<b>How is the charity constituted?</b>	Charitable Incorporated Organisation (CIO) Registered 24 Apr 2017
<b>Trustee selection methods including details of any constitutional provisions e.g., election to post or name of any person or body entitled to appoint one or more trustees</b>	<p>Elected by members at Annual General Meeting (AGM) The members or the charity trustees may at any time decide to appoint a new charity trustee, whether in place of a charity trustee who has retired or been removed, or as an additional charity trustee, provided that the limit on the number of charity trustees as detailed in the Constitution is not exceeded.</p> <p>The number of Frome Shed Trustees over the period has not exceeded the constitutional requirements.</p>

## Reference and Administrative details

Charity name	Frome Men's Shed
Other name the charity uses	The Frome Shed (Working name)
Registered charity number	Charity number: 1172707
Charity's principal address	22, Slipps Close Frome, Somerset BA11 1FW

## Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	<b>Lou Aylward</b>		<b>Whole period</b>	
2	<b>John Corfield</b>	Secretary	<b>Whole period</b>	
3	<b>Colin Pearce</b>		<b>Whole period</b>	
4	<b>Ros Whitehouse</b>		<b>Whole period</b>	
5	<b>Anne Jones</b>		<b>Whole period</b>	
6	<b>Paul Fine</b>	Treasurer	<b>Whole period</b>	
7	<b>Pamela Curtis</b>		<b>Whole period</b>	
8	<b>Patrick Abrahams</b>		<b>Whole period</b>	

Corporate trustees - names of the directors at the date the report was approved - NONE.

Name of trustees holding title to property belonging to the charity - NONE.

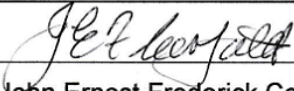
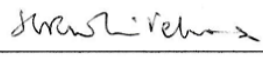
Funds held as custodian trustees on behalf of others - NONE.

Exemptions from disclosure - NONE.

## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	John Ernest Frederick Corfield	Rosalind Whitehouse
Position (eg Secretary, Chair, etc)	Trustee and Treasurer	Trustee
Date	6th May 2022	6th May 2022







CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name  
Frome Men's Shed

No (if any)  
1172707

CC16a

## Receipts and payments accounts

For the period from	Period start date	To	Period end date
	14-Aug-20		13-Aug-21

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	1,452	-	-	1,452	2,789
Grants	17,669	1,250	-	18,919	12,000
Membership Fees	210	-	-	210	290
Session Collections	1,206	-	-	1,206	6,360
Bank Interest	8	-	-	8	52
Other	102	-	-	102	-
	-	-	-	-	
	-	-	-	-	
<b>Sub total (Gross income for AR)</b>	<b>20,646</b>	<b>1,250</b>	<b>-</b>	<b>21,897</b>	<b>21,491</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>20,646</b>	<b>1,250</b>	<b>-</b>	<b>21,897</b>	<b>21,491</b>
<b>A3 Payments</b>					
Rent	8,234	-	-	8,234	7,368
Premises	11,283	-	-	11,283	1,687
Insurance	331	-	-	331	331
Other Recurring Costs	154	-	-	154	-
Tools	-	-	-	-	42
Sundries	352	-	-	352	174
Covid-19	781	-	-	781	-
Materials	-	-	-	-	145
Zoom and Tablet Projects	-	1,397	-	1,397	-
Town Hall Toys	-	220	-	220	-
	-	-	-	-	-
<b>Sub total</b>	<b>21,136</b>	<b>1,617</b>	<b>-</b>	<b>22,753</b>	<b>9,746</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>21,136</b>	<b>1,617</b>	<b>-</b>	<b>22,753</b>	<b>9,746</b>
<b>Net of receipts/(payments)</b>	<b>- 489</b>	<b>- 367</b>	<b>-</b>	<b>- 856</b>	<b>11,745</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>23,031</b>	<b>2,000</b>	<b>-</b>	<b>25,031</b>	<b>13,286</b>
<b>Cash funds this year end</b>	<b>22,542</b>	<b>1,633</b>	<b>-</b>	<b>24,175</b>	<b>25,031</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		-	-	-
		-	-	-
	Bank Balances	22,542	1,633	-
	<b>Total cash funds</b>	<b>22,542</b>	<b>1,633</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>			Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>		Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	