



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day	Month	Year		Day	Month	Year
	1	4	2024		30	3	2025

Section A Reference and administration details

Charity name WORTH: Women On The Road To Healing

Other names charity is known by

Registered charity number (if any) 1172703

Charity's principal address Springwell House

Newbold Road

Chesterfield

Postcode S41 7PS

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Anna Malnutt	Chair		
2	Ffion Bartlett		Appointed 10/6/25	
3	Sarina Jesudason		Appointed 16/9/24	
4	Liz Penney	Treasurer	Appointed 27/1/26	
5	Lucy Pickles	Secretary	Appointed 27/1/26	
6	Madeline Heyden	Secretary	Stepped down 16/9/25	
7	Rebecca Scarr		Stepped down 30/7/25	
8	Pamela Brader	Secretary	Stepped down 30/4/25	
9	Jill Hancock	Chair	Stepped down 11/2/25	
10				

Name of chief executive or names of senior staff members (Optional information)

Robyn Riggins - CEO

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO foundation
Trustee selection methods (eg. appointed by, elected by)	Appointed by trustees

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

Objectives during reporting period:

1. To advance education for the public benefit, in particular but not exclusively, by delivering educational talks and raising awareness about domestic abuse.
2. To relieve the needs of people who have been affected by domestic abuse, in particular but not exclusively by the provision of mentoring and support and group activities to help with rebuilding their lives.

Current objectives (Updated 3/5/25)

1. To relieve the needs of people who have been affected by domestic abuse, in particular but not exclusively by: Providing support and wellbeing groups that promote healing. Signposting and connecting survivors with other charities, organisations, and resources as needed.
2. To advance education for the public benefit, in particular but not exclusively by delivering training and raising awareness to foster a more trauma-informed and supportive society.

WORTH provides free and vital aftercare, wellbeing and 1-1 support to women who have experienced domestic abuse.

WORTH provides a safe space to share experiences, give and receive support, learn new skills, reduce isolation, build friendships, and give women their voice back. It is a space where clients can focus on the future and get support with their healing post abuse.

Wellbeing support is provided through a range of therapeutic services and classes:

- Self-defence
- Dancing for wellbeing
- Nature and wellbeing
- Writing and wellbeing
- Chatty art group
- Art and Wellbeing
- Garden of Hope
- Yoga
- Expressive art sessions

WORTH offers a befriending service providing 1-1 support to clients. Befrienders walk alongside women on their healing journey and support them with signposting, confidence building, and goal setting via a range of tools, techniques and workbooks.

The Board of Trustees are aware of the Charity Commission guidance regarding a charity's provision of public benefit. The Board of Trustees are satisfied that the services provided by WORTH meet the criteria of public benefit.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Summary of the main achievements of the charity during the year

As with previous years, the demand for WORTH's services has continued to grow this year. WORTH has supported 152 women and children this year through the Wellness Centre and befriending service, with 84 new referrals from local crisis support charities, GPs and social prescribing. While this is good news for clients and WORTH, it also presents new challenges for WORTH with an increased demand for therapeutic and wellbeing provision and tailored support to meet the needs of individual clients. Our community engagement officer continues to build relationships and spread awareness throughout the community.

Dancing for Wellbeing are a new addition to our services, delivered by our qualified practitioner Anns, bringing joy and laughter into the centre. These sessions enable our clients to have fun, get active, and take time to look after themselves on their healing journey. Anna is qualified in chair dance too so even clients with mobility issues are enjoying attending and take part sitting.

We delivered a 5 Day smarter finance course for clients which helped them budget, food shop better, cook better, they were able to choose a free airfryer or £60 voucher on completion of the course.

Throughout the summer we delivered family freindly nature and wellbeing sessions where clients were able to come along with their children, experiencing the healing nature of being outdoors, and enjoying time together in a safe, low pressure environment.

We launched new Expressive Arts sessions started, led by Janet, our Art & wellbeing practitioner. This incorporates, movement, drama, music etc as well as other creative ways to release trauma. The feedback from clients already has been amazing. She teaches them tools to calm you in a panic, to release the feeling of distress in your chest or stomach.

We secured a significant grant enabling us to expand our childrens support and take on more clients. We have taken on extra practitioners to enable this. We have been working with schools to enable this support to happen in school, and the demand for this continues to grow.

Our relationship with Derby Uni has continued to strengthen, as students have been on placement with us learning the importance of trauma informed practice, as well as our CEO delievering guest lectures.

During the year we faced significant difficulties with funding, however we were able to work through this and secure funding to continue our work.

Section E

Financial review

Brief statement of the charity's policy on reserves

In 24-25 WORTH was not in the financial position to hold the minimum three months reserves. We are currently working on building our unreserved funds, with a plan to review our reserves policy to ensure we are sustainable.

Details of any funds materially in deficit

Expenditure did not exceed income in the year 2024-25.

Section F

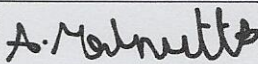
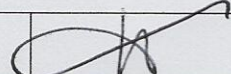
Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Anna Malnutt	LIZ PENNEY
Position (eg Secretary, Chair, etc)	Chair of Trustees	Treasurer
Date	27/1/2026	28/01/2026 .



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
ORTH - Women on the Road to Healing

No (if any)
1172703

Receipts and payments accounts

CC16a

For the period
from

Period start date
01/04/2024

To

Period end date
31/03/2025

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Irregular Donations	10,484	-	-	10,484	3,474
Regular Donations	4,653	-	-	4,653	4,825
National Lottery	-	110,307	-	110,307	83,064
Postcode Lottery	-	-	-	-	-
Other Grants	-	20,500	-	20,500	31,120
Gift Aid	-	-	-	-	165
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	15,137	130,807	-	145,944.42	122,648
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	15,137	130,807	-	145,944	122,648
A3 Payments					
Salaries	4,086	51,155	-	55,240.81	67,542
Client Activities	111	24,530	-	24,640.54	20,184
Publishing	-	7,592	-	7,592.27	1,302
Staff Training	-	3,625	-	3,624.78	833
Repairs and Renewals	-	-	-	-	1,650
Rent	660	11,938	-	12,598.00	20,805
Rates	-	-	-	-	-
Gas & Electricity	1,482	-	-	1,481.82	2,245
Accountancy and Payroll Costs	400	1,199	-	1,598.40	1,304
Bank Fees	99	231	-	330.83	299
Telephone	215	654	-	868.42	788
Travel	42	20	-	61.93	32
Printing Postage Stationery	205	831	-	1,036.26	1,294
Computer & Website Costs	137	2,203	-	2,339.78	4,509
Advertising and Fund raising Costs	600	-	-	600.00	11
Insurance	230	1,025	-	1,254.66	1,320
CPD Standards Office	2,034.90	-	-	2,034.90	2,455
Legal and Professional	679	-	-	679.20	-
Business Consultancy	-	-	-	-	3,890
Sub total	10,979.67	105,003	-	115,982.60	130,461
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	10,980	105,003	-	115,983	130,461
Net of receipts/(payments)	4,158	25,804	-	29,962	- 7,813
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	8,011	45,667	-	53,678	-
Cash funds this year end	12,169	71,471	-	83,640	- 7,813

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Account	11,477	71,471	-
	Cash	442.50	-	-
	Paypal	248.71	-	-
	Total cash funds	12,168.60	71,471.03	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Pensions Creditor	restricted funds	231	30 April 2025
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
		A. Malnutt	Anna Malnutt	27/1/26
			LIZ PENNEY	28/01/26