

WORTH

Trustee Annual Report 2023-24

Charity objectives

1. To advance education for the public benefit, in particular but not exclusively, by delivering educational talks and raising awareness about domestic abuse.
2. To relieve the needs of people who have been affected by domestic abuse, in particular but not exclusively by the provision of mentoring and support and group activities to help with rebuilding their lives.

Charity Activities

WORTH provides free and vital aftercare, wellbeing and 1-1 support to women who have experienced domestic abuse.

WORTH provides a safe space to share experiences, give and receive support, learn new skills, reduce isolation, build friendships, and give women their voice back. It is a space where clients can focus on the future and get support with their healing post abuse.

Wellbeing support is provided through a range of therapeutic services and classes:

- Art
- Self-defence
- Music
- Creative writing
- Nature
- Journaling
- Yoga
- Guided meditation
- Bible study

WORTH offers a befriending service providing 1-1 support to clients. Befrienders walk alongside women on their healing journey and support them with signposting, confidence building, and goal setting via a range of tools, techniques and workbooks.

The Board of Trustees are aware of the Charity Commission guidance regarding a charity's provision of public benefit. The Board of Trustees are satisfied that the services provided by WORTH meet the criteria of public benefit.

Contribution made by volunteers

A talented and dedicated pool of volunteers are at the heart of WORTH and the charity relies heavily upon their support for the provision of client services.

Achievements and Performance

As with previous years, the demand for WORTH's services has continued to grow this year. WORTH has supported 127 women and children this year through the

Wellness Centre and befriending service, with 72 new referrals from local crisis support charities, GPs and social prescribing. While this is good news for clients and WORTH, it also presents new challenges for WORTH with an increased demand for therapeutic and wellbeing provision and tailored support to meet the needs of individual clients.

Main achievements and performances in the year 2023-24 include:

- The employment of a Wellness Centre Manager to oversee the day-to-day running of the therapeutic sessions has freed up the CEO to attend speaking events and festivals during the year, including delivering workshops and education on the subject of domestic abuse at:
 - Manchester University
 - Cliff Festival
 - Derby University
- Higher Education partnerships with the University of Manchester and Cliff College continued, and new partnerships were established with Derby University with the Criminology, Policing, and Nursing Departments. WORTH hosted postgraduate mental health nursing students for short term placements as part of their clinical setting training. A collaboration project with Chesterfield College saw design students working with WORTH supporting the design of publications for Voices Worth Publishing.
- Wellbeing group sessions taking place several days a week have continued providing much needed therapeutic support for clients. This includes self-defence, writing, and art therapy. A grant from the People's Health Lottery and Active Communities supported the continued delivery of these sessions.
- A new allotment project was established in 2023, with the support of a grant from Chesterfield Borough Council. The 10-week project, Garden of Hope, provided a new nature wellbeing initiative for clients and the opportunity to learn new skills.
- The training centre that was established last year for the delivery of domestic abuse awareness training, was able to continue thanks to a grant from Foundation Derbyshire. Trauma informed training courses received accreditation from the CPD Standards Office.
- WORTH employed a Community Engagement Officer who has worked hard to establish engagement with local businesses, organisations and community groups and dignitaries in Chesterfield and the surrounding area. This has led to successful fundraising and much needed additional income for WORTH.
- A collaboration with Action for Children led to the publication of a children's book written by a joint client.

- A new digital client management system was introduced in 2023, enabling the secure and efficient storage of client information, management of new referrals and progress tracking.

Financial Review

The Year End accounts present an overview of the charity financial position at the end of March 2024.

The accounts illustrate a large increase in income from large grant funding. This has provided greater stability for the sustainability of the charity and enabled service provision to continue and expand as listed above.

The accounts also illustrate that the majority of income is restricted for use for dedicated and specific purposes and unrestricted funds are limited. A review of the monthly running costs of the charity in 2023, established the reserves required to ensure the charity could continue to provide, at a minimum, the services of the Wellness Centre to clients for a period of three months. The overall aim of holding reserve funds is to limit potential disruption to clients in the event of a loss of grant funding or a gap in securing grant funding.

In 2023-24, WORTH was not in the financial position to hold the minimum three months reserves. In order to increase reserve funding, WORTH requires an increase in regular monthly giving to build the level of unrestricted funds.

Expenditure did not exceed income in the year 2023-24.

Supporting clients and providing therapeutic wellbeing sessions through the Wellness Centre remains the key priority and purpose of WORTH. Work on the Training Centre cannot progress until further funding is sought to recruit a paid fundraiser to establish corporate partnerships, increase donations and manage bid writing and grant funding.

Additional information

- The charity's principal source of funds is from a combination of short and long term, large and small, national and local grants for restricted purposes.
- In addition to grant funding, WORTH also receives unrestricted smaller value monthly donations from individuals and a local church to support ongoing work and the day-to-day smaller running costs.
- In 2023-24 WORTH was supported by a large grant from the National Lottery Community Fund. This covered a range of the core and main running costs incurred by WORTH and additional work to grow the charity including employee salaries, rent, data storage, development consultant and insurance.
- The principal risk facing the charity is a lack of sufficient funding to secure the long-term work of WORTH, extend the contracts of employed staff and to recruit additional staff. The shortage of time and expertise in bid writing and sourcing grant funding is also an identified risk.

- WORTH needs to secure regular income to ensure that there are sufficient unrestricted reserve funds available to support the long-term running of the charity, and limit disruption to clients in the event of a loss of or a gap in grant funding.

Structure, Governance and Management

- WORTH is a Charitable Incorporated Organisation and governed by its Constitution.
- The board of Trustees are appointed on a two-year term at a convened meeting of the board. Trustees are eligible to renew their term for a further two years to serve for a maximum of six years. A maximum of six trustees can sit on the board at any one time.
- New Trustees are appointed by the Chair of Trustees and are required to pass a DBS check. This is in line with the charity's safeguarding policy which is reviewed and signed off annually by the Board of Trustees.
- The Charity is managed by a Chief Executive Officer who is accountable to the Board of Trustees. The services of the charity are delivered by paid freelance specialist practitioners and one paid staff member who are accountable to the CEO.
- Charity accounting is managed an external Chartered Accountant overseen by the CEO and Board of Trustees.

Reference and Administrative details

- Charity Name: WORTH - Women on the Road to Healing.
- Registered charity number: 1172703
- Charity's principal address: Head Office, Newbold Road, Chesterfield, S41 7PS

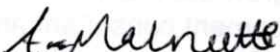
Charity Trustees

- Jill Hancock (Chair)
- Pamela Brader (Acting Secretary)
- Louise Hayden (Treasurer)
- Madeleine Hayden
- Rebecca Scar
- Anna Malnutt

No trustees hold any title to property belonging to the charity. Name of CEO: Robyn Riggins.

Declarations

The trustees declare that they have approved the trustees' report above. Signed on behalf of the charity's trustees.

Signature: 

Full names: Anna Malnutt

Position: Current Acting Chair

18.01.25

WORTH Women on the Road to Healing**INCOME AND EXPENDITURE ACCOUNT FOR YEAR ENDING 31.03.24**

INCOME	31/03/2024	restricted	unrestricted	31/03/2023
Irregular Donations	3473.70		3473.7	4847.91
Regular Donations	4825.00		4825	5325
National Lottery	83064.00	83064.00		86120.00
Postcode Lottery				25000
Other Grants	31120.00	31120.00		9150
Gift Aid	165.20		165.2	
Total Income	122647.90	114184.00	8463.90	130442.91

EXPENDITURE

Salaries	67541.61	67541.61		38727.83
Client Activities	20184.49	20039.72	144.77	6228.53
Publishing	1301.79	1301.79		
Staff Training	832.86	802.87	29.99	375.74
Repairs and Renewals	1650.10	1625.42	24.68	628.65
Rent	20804.50	20640.00	164.5	18640
Rates		0.00		130.15
Gas & Electricity	2244.71	2244.71		913.93
Accountancy and Payroll Costs	1303.80	685.80	618	976.59
Bank Fees	299.11	0.00	299.11	306.1
Telephone	787.58	787.58		705.72
Travel	31.82	31.82		135.8
Printing Postage Stationery	1294.17	1294.17		806.05
Computer & Website Costs	4509.29	4509.29		1539.87
Advertising and Fund raising Costs	11.00	0.00	11	648.95
Insurance	1319.66	1024.66	295	988.44
CPD Standards Office	2454.60	2454.60		
Business Consultancy	3890.00	3890.00		2025
	130461.09	128874.04	1587.05	73777.35

Surplus at 31.03.23**-7813.19****56665.56****Opening balances b/f from previous year**

Bank	61393.50		4730.22
Cash	96.57		96.57
Paypal	0.00		0
Total	61490.07		4826.79

add surplus

-7813.19

56665.56

53676.88**53950.97****61492.35****Represented By Closing Balances**

Bank	53506.55		61393.5
Paypal			
Cash	441.57		98.85
	53948.12		61492.35

difference -271.24

Pensions Payable -271.24

184409.21



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees

Charity Name

WORTH – Women on the Road to Healing

On accounts for the year ended

31/03/2024

Charity no
(if any)

1172703

Set out on pages

1-4

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2024.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

~~[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.~~

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed: C.E. Farmer

Date: 27 / 1 / 25

Name: CLARE ELIZABETH FARMER

Relevant professional qualification(s) or body (if any):

FCCA - 1406680

Address:

12 FAIRFIELD VILLAS, FAIRFIELD ROAD,

CHESTERFIELD, DERBYSHIRE

S40 4TP

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
NORTH - Women on the Road to Healing

No (if any)
1172703

CC16a

Receipts and payments accounts

For the period from	Period start date 01/04/2023	To	Period end date 31/03/2024
------------------------	---------------------------------	----	-------------------------------

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Irregular Donations	3,474	-	-	3,474	4,848
Regular Donations	4,825	-	-	4,825	5,325
National Lottery	-	83,064	-	83,064	86,120
Postcode Lottery	-	-	-	-	25,000
Other Grants	-	31,120	-	31,120	9,150
Gift Aid	165	-	-	165	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	8,464	114,184	-	122,648	130,443
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	8,464	114,184	-	122,648	130,443
A3 Payments					
Salaries	-	67,542	-	67,542	38,728
Client Activities	145	20,040	-	20,184	6,229
Publishing	-	1,302	-	1,302	-
Staff Training	30	803	-	833	376
Repairs and Renewals	25	1,625	-	1,650	629
Rent	165	20,640	-	20,805	18,640
Rates	-	-	-	-	130
Gas & Electricity	-	2,245	-	2,245	914
Accountancy and Payroll Costs	618	686	-	1,304	977
Bank Fees	299	-	-	299	306
Telephone	-	788	-	788	706
Travel	-	32	-	32	136
Printing Postage Stationery	-	1,294	-	1,294	806
Computer & Website Costs	-	4,509	-	4,509	1,540
Advertising and Fund raising Costs	11	-	-	11	649
Insurance	295	1,025	-	1,320	988
CPD Standards Office	-	2,455	-	2,455	-
Business Consultancy	-	3,890	-	3,890	2,025
	-	-	-	-	-
	-	-	-	-	-
Sub total	1,587	128,874	-	130,461	73,777
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	1,587	128,874	-	130,461	73,777
Net of receipts/(payments)	6,877	- 14,690	-	- 7,813	56,666
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	1,134	60,358	-	61,492	-
Cash funds this year end	8,011	45,668	-	53,679	56,666

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Account	7,567	45,668	-
	Cash	444	-	-
				-
	Total cash funds	8,011	45,668	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Pensions Creditor		271	30 April 2024
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	