

WORTH

Trustee Annual Report 2022-23

Charity objectives

1. To advance education for the public benefit, in particular but not exclusively, by delivering educational talks and raising awareness about domestic abuse.
2. To relieve the needs of people who have been affected by domestic abuse, in particular but not exclusively by the provision of mentoring and support and group activities to help with rebuilding their lives.

Charity Activities

WORTH provides free and vital aftercare, wellbeing and 1-1 support to women who have experienced domestic abuse.

WORTH provides a safe space to share experiences, give and receive support, learn new skills, reduce isolation, build friendships, and give women their voice back. It is a space where clients can focus on the future and get support with their healing post abuse.

Wellbeing support is provided through a range of therapeutic services and classes:

- Art
- Self-defence
- Music
- Creative writing
- Nature
- Journaling
- Yoga
- Guided meditation
- Bible study

WORTH offers a befriending service providing 1-1 support to clients. Befrienders walk alongside women on their healing journey and support them with signposting, confidence building, and goal setting via a range of tools, techniques and workbooks.

The Board of Trustees are aware of the Charity Commission guidance regarding a charity's provision of public benefit. The Board of Trustees are satisfied that the services provided by WORTH meet the criteria of public benefit.

Contribution made by volunteers

A talented and dedicated pool of volunteers are at the heart of WORTH and the charity relies heavily upon their support for the provision of client services.

Achievements and Performance

Demand for WORTH's services has continued to grow this year as the country emerged from the COVID-19 pandemic. WORTH has supported 82 women and children this year through the Wellness Centre, with 56% of referrals from local crisis support charities, GPs and social prescribing. New partnerships were established with Social Prescribing and a local foodbank enabling clients to be referred directly to WORTH. Whilst this is good news for clients and WORTH, it also presents new challenges for WORTH in the form of more therapeutic and wellbeing provision and tailoring support to meet the needs of individual clients.

Main achievements and performances in the year 2022-23 include:

- WORTH secured National Lottery funding to employ the CEO as a full-time staff member and appoint one new paid staff member. An Administrative Assistant was appointed initially and after reassessing the needs of the charity the National Lottery approved their promotion to Wellness Centre Manager. This role oversees the day to day running of the Wellness Centre and provides support to the CEO. This appointment has enabled the CEO to focus more time on growing corporate partnerships and attending networking and speaking events to raise awareness of WORTH.
- WORTH CEO attended speaking events and festivals during the year delivering workshops and education on the subject of domestic abuse at:
 - Manchester University
 - Manchester Hear Me Roar festival (Redeeming Our Communities)
 - Cliff Festival
 - Diocese of York Early Years Conference
 - The Congregational Federation
- Wellbeing group sessions taking place several days a week have continued providing much needed therapeutic support for clients. Two new wellbeing groups were introduced this year - a nature group and an upcycling group. These sessions provided much needed mindfulness activities and outdoor time for clients as well as teaching them new skills to support their independence.
- The Befriending service continued and this year, provided vital 1-1 support to 14 clients. Six workbooks were developed for clients to use during these sessions focusing on themes such as self-confidence, healing and mindfulness.
- Work on the Research and Training centre continued this year. A grant from Postcode Places and a generous donation from Albert Hunt fund covered the cost of rent for a second room at WORTH's premises. This was established as a training centre for the delivery of domestic abuse awareness training to other organisations, businesses and faith groups. Trauma informed training courses and the course content were also developed for delivery.
- WORTH Trustees and CEO worked with a charity Development Consultant specialist to explore strategic, financial and long-term plans to improve the sustainability, efficiency and governance of the charity. This was supported by National Lottery Communities Fund.
- Support for children and teenagers who have lived in a home where domestic abuse is present has continued through M.A.P., The Mindset Activities Programme. This 26-week programme is designed to help children and young people find identity, learn self-management techniques and develop mental attributes to form positive self-image, self-esteem and confidence to state their needs, feelings and express who they are. This was made possible with grant funding from Derbyshire County Public Health Covid-19 Fund and a generous donation from Arnold Clark.
- WORTH was able to provide emergency financial support to a client in desperate need thanks to a generous donation from a local church.
- An Art Exhibition was hosted at WORTH headquarters showcasing clients work produced during art therapy and was well received by the local print media. This also celebrated the charity's fifth anniversary.
- Fundraising events during the year included a partnership with the retail space, Lush, in Derby and subsequently a generous donation was received from Lush.

- Grant funding from National Lottery Awards For All, received in February 2022, was spent during this year on COVID relief and service development.

Financial Review

The Year End accounts present an overview of the charity financial position at the end of March 2023.

The accounts illustrate a large increase in income from large grant funding. This has provided greater stability for the sustainability of the charity and enabled service provision to continue and expand as listed above.

The accounts also illustrate that the majority of income is restricted for use for dedicated and specific purposes and unrestricted funds are limited. A review of the monthly running costs of the charity in 2022, established the reserves required to ensure the charity could continue to provide, at a minimum, the services of the Wellness Centre to clients for a period of three months. The overall aim of holding reserve funds is to limit potential disruption to clients in the event of a loss of grant funding or a gap in securing grant funding.

In 2022-23, WORTH was not in the financial position to hold the minimum three months reserves at a total of £22,440. In order to increase reserve funding, WORTH requires an increase in regular monthly giving to build the level of unrestricted funds.

Expenditure did not exceed income in the year 2022-23.

Supporting clients and providing therapeutic wellbeing sessions through the Wellness Centre remains the key priority and purpose of WORTH. Work on the Training Centre cannot progress until further funding is sought to recruit a paid fundraiser to establish corporate partnerships, increase donations and manage bid writing and grant funding.

Additional information

- The charity's principal source of funds is from a combination of short and long term, large and small, national and local grants for restricted purposes.
- In addition to grant funding, WORTH also receives unrestricted smaller value monthly donations from individuals and a local church to support ongoing work and the day-to-day smaller running costs.
- In 2022-23 WORTH was supported by a large grant from the National Lottery Community Fund. This covered a range of the core and main running costs incurred by WORTH and additional work to grow the charity including employee salaries, rent, data storage, development consultant and insurance.
- The principal risk facing the charity is a lack of sufficient funding to secure the long-term work of WORTH, extend the contracts of current employed staff and to recruit additional staff. The shortage of time and expertise in bid writing and sourcing grant funding is also an identified risk.
- WORTH needs to secure regular income to ensure that there are sufficient unrestricted reserve funds available to support the long-term running of the charity, and limit disruption to clients in the event of a loss of or a gap in grant funding.

Structure, Governance and Management

- WORTH is a Charitable Incorporated Organisation and governed by its Constitution.

- The current board of Trustees are appointed on a two-year term at a convened meeting of the board. Trustees are eligible to renew their term for a further two years to serve for a maximum of six years. A maximum of six trustees can sit on the board at any one time.
- A trustee audit was completed in 2022 to establish the gaps in skills and seek to recruit new trustees to cover these areas. The recruitment of new trustees began in the year 2022-23. New Trustees are appointed by the Chair of Trustees and are required to pass a DBS check. This is in line with the charity's safeguarding policy which is reviewed and signed off annually by the Board of Trustees.
- The Charity is managed by a Chief Executive Officer who is accountable to the Board of Trustees. The services of the charity are delivered by paid freelance specialist practitioners and one paid staff member who are accountable to the CEO.

Reference and Administrative details

- Charity Name: WORTH - Women on the Road to Healing.
- Registered charity number: 1172703
- Charity's principal address: Head Office, Newbold Road, Chesterfield, S41 7PS

Charity Trustees

- Jill Hancock (Chair)
- Pamela Brader (Acting Secretary)
- Louise Hayden (Treasurer)
- Madeleine Hayden
- Rachel Martin

No trustees hold any title to property belonging to the charity.

Name of CEO: Robyn Riggans

Declarations

The trustees declare that they have approved the trustees' report above. Signed on behalf of the charity's trustees.

Signatures:  

Full names: Pamela Brader Jill Hancock

Position: acting secretary Chair

Date: 17 /1/2024 17/01/24



Section A

Independent Examiner's Report

Report to the trustees

Charity Name

WORTH - Women On The Road To Healing

On accounts for the year
ended

31.03.2023

Charity no
(if any)

1172703

Set out on pages

1 - 4

(remember to include the page numbers of additional sheets)

Responsibilities and
basis of report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2023.

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

~~The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.~~

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

C.E Farmer

Date:

17.11.2023

Name:

CLARE ELIZABETH FARMER

Relevant professional
qualification(s) or body

ACCA

(if any):

Address: 12 FAIRFIELD VILLAS, FAIRFIELD ROAD
CHESTERFIELD
S40 4TP

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name	No (if any)
WORTH Women On The Road To Healing	1172703

Receipts and payments accounts

CC16a

For the period from	Period start date	To	Period end date
	01.04.2022		31.03.2023

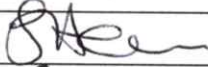
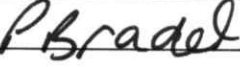
Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Irregular Donations	4,848	-	-	4,848	1,983
Regular Donations	5,325	-	-	5,325	5,931
National Lottery Reaching Communities Grant	-	76,120	-	76,120	-
National Lottery Awards for All Grant	-	10,000	-	10,000	-
Postcode Lottery Grant	-	25,000	-	25,000	-
Other Grants	650	8,500	-	9,150	-
	-	-	-	-	-
Sub total (Gross income for AR)	10,823	119,620	-	130,443	7,914
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	10,823	119,620	-	130,443	7,914
A3 Payments					
Wages	1,135	37,593	-	38,728	7,725
Client Activities	1,033	5,196	-	6,229	2,502
Staff Training	376	-	-	376	1,898
Repairs and Renewals	485	144	-	629	2,038
Rent and Rates	2,160	16,610	-	18,770	7,920
Gas and Electric	914	-	-	914	-
Payroll and Accountancy	976	-	-	976	290
Bank charges	306	-	-	306	248
Telephone	706	-	-	706	734
Travel	136	-	-	136	165
Printing, Postage & Stationery	806	-	-	806	393
IT	1,540	-	-	1,540	506
Insurance	528	460	-	988	317
Advertising & Fundraising	649	-	-	649	560
Charity Business Consultancy	-	2,025	-	2,025	-
Sub total	11,750	62,028	-	73,778	25,296
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	11,750	62,028	-	73,778	25,296
Net of receipts/(payments)	- 927	57,592	-	56,665	- 17,382
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	2,061	2,766	-	4,827	-
Cash funds this year end	1,134	60,358	-	61,492	- 17,382

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Account	3,254	58,139	-
	Cash	99	-	-
		-	-	-
	Total cash funds	3,353	58,139	-
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities		Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	JILL HANCOCK	17.11.23
	PAMELA BRADER	17/11/23



Section A

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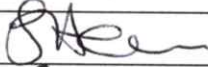
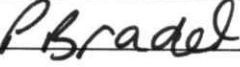
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			-	-
			-	-
			-	-
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			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities		Fund to which liability relates	Amount due (optional)	When due (optional)
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			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	JILL HANCOCK	17.11.23
	PAMELA BRADER	17/11/23