

WORTH: WOMEN ON THE ROAD TO HEALING

England & Wales · Charity number 1172703

Details

Status Registered

Legal form CIO

Registered 2017-04-24

Register [View on the Charity Commission register](#)

Contact

Address Worth
Springwell House
Newbold Road
Chesterfield
Derbyshire
S41 7PS

Phone 07796904128

Email contact@worth-charity.co.uk

Website <http://www.worth-charity.co.uk>

Activities

Objects: To relieve the needs of people who have been affected by domestic abuse, in particular but not exclusively by: Providing support and wellbeing groups that promote healing.? Signposting and connecting survivors with other charities, organisations, and resources as needed.To advance education for the public benefit, in particular but not exclusively by delivering training and raising awareness to foster a more trauma-informed and supportive society.

Activities: WORTH offers long term support to women and children who have experienced Domestic Abuse. We offer several therapeutic wellbeing groups which provide a safe space to share experiences, give and receive support, reduce isolation and helps to give women their voice back that the abuse often steals from them.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** The General Public/mankind

Geography

- Derbyshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£145,944	£115,983	-	-
2024-03-31	£122,648	£130,461	-	-
2023-03-31	£130,443	£73,778	-	-
2022-03-31	£14,014	£25,296	-	-
2021-03-31	£27,140	£13,261	-	-

Trustees

Name	Role	Appointed
ANNA MARGARET MALNUTT		2024-01-12
Elizabeth Gemma Penney		2026-01-27
Ffion Bartley		2025-06-10
Sarina Jesudason		2025-09-16

WORTH: WOMEN ON THE ROAD TO HEALING

England & Wales - Charity number 1172703

Accounts



Trustees' Annual Report for the period

	Period start date				Period end date		
	Day	Month	Year		Day	Month	Year
From	1	4	2024	To	30	3	2025

Section A Reference and administration details

Charity name WORTH: Women On The Road To Healing

Other names charity is known by

Registered charity number (if any) 1172703

Charity's principal address Springwell House
 Newbold Road
 Chesterfield
Postcode S41 7PS

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Anna Malnutt	Chair		
2	Ffion Bartlett		Appointed 10/6/25	
3	Sarina Jesudason		Appointed 16/9/24	
4	Liz Penney	Treasurer	Appointed 27/1/26	
5	Lucy Pickles	Secretary	Appointed 27/1/26	
6	Madeline Heyden	Secretary	Stepped down 16/9/25	
7	Rebecca Scarr		Stepped down 30/7/25	
8	Pamela Brader	Secretary	Stepped down 30/4/25	
9	Jill Hancock	Chair	Stepped down 11/2/25	
10				

Name of chief executive or names of senior staff members (Optional information)
 Robyn Riggins - CEO

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO foundation
Trustee selection methods (eg. appointed by, elected by)	Appointed by trustees

Section C Objectives and activities

Objectives during reporting period:

1. To advance education for the public benefit, in particular but not exclusively, by delivering educational talks and raising awareness about domestic abuse.
2. To relieve the needs of people who have been affected by domestic abuse, in particular but not exclusively by the provision of mentoring and support and group activities to help with rebuilding their lives.

Current objectives (Updated 3/5/25)

1. To relieve the needs of people who have been affected by domestic abuse, in particular but not exclusively by: Providing support and wellbeing groups that promote healing. Signposting and connecting survivors with other charities, organisations, and resources as needed.
2. To advance education for the public benefit, in particular but not exclusively by delivering training and raising awareness to foster a more trauma-informed and supportive society.

WORTH provides free and vital aftercare, wellbeing and 1-1 support to women who have experienced domestic abuse.

WORTH provides a safe space to share experiences, give and receive support, learn new skills, reduce isolation, build friendships, and give women their voice back. It is a space where clients can focus on the future and get support with their healing post abuse.

Wellbeing support is provided through a range of therapeutic services and classes:

- Self-defence
- Dancing for wellbeing
- Nature and wellbeing
- Writing and wellbeing
- Chatty art group
- Art and Wellbeing
- Garden of Hope
- Yoga
- Expressive art sessions

WORTH offers a befriending service providing 1-1 support to clients. Befrienders walk alongside women on their healing journey and support them with signposting, confidence building, and goal setting via a range of tools, techniques and workbooks.

The Board of Trustees are aware of the Charity Commission guidance regarding a charity's provision of public benefit. The Board of Trustees are satisfied that the services provided by WORTH meet the criteria of public benefit.

Summary of the objects of the charity set out in its governing document

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Summary of the main achievements of the charity during the year

As with previous years, the demand for WORTH's services has continued to grow this year. WORTH has supported 152 women and children this year through the Wellness Centre and befriending service, with 84 new referrals from local crisis support charities, GPs and social prescribing. While this is good news for clients and WORTH, it also presents new challenges for WORTH with an increased demand for therapeutic and wellbeing provision and tailored support to meet the needs of individual clients. Our community engagement officer continues to build relationships and spread awareness throughout the community.

Dancing for Wellbeing are a new addition to our services, delivered by our qualified practitioner Anns, bringing joy and laughter into the centre. These sessions enable our clients to have fun, get active, and take time to look after themselves on their healing journey. Anna is qualified in chair dance too so even clients with mobility issues are enjoying attending and take part sitting.

We delivered a 5 Day smarter finance course for clients which helped them budget, food shop better, cook better, they were able to choose a free airfryer or £60 voucher on completion of the course.

Throughout the summer we delivered family freindly nature and wellbeing sessions where clients were able to come along with their children, experiencing the healing nature of being outdoors, and enjoying time together in a safe, low pressure environment.

We launched new Expressive Arts sessions started, led by Janet, our Art & wellbeing practitioner. This incorporates, movement, drama, music etc as well as other creative ways to release trauma. The feedback from clients already has been amazing. She teaches them tools to calm you in a panic, to release the feeling of distress in your chest or stomach.

We secured a significant grant enabling us to expand our childrens support and take on more clients. We have taken on extra practitioners to enable this. We have been working with schools to enable this support to happen in school, and the demand for this continues to grow.

Our relationship with Derby Uni has continued to strengthen, as students have been on placement with us learning the importance of trauma informed practice, as well as our CEO delievering guest lectures.

During the year we faced significant difficulties with funding, however we were able to work through this and secure funding to continue our work.

Section E Financial review

Brief statement of the charity's policy on reserves

In 24-25 WORTH was not in the financial position to hold the minimum three months reserves. We are currently working on building our unreserved funds, with a plan to review our reserves policy to ensure we are sustainable.

Details of any funds materially in deficit

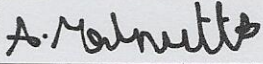
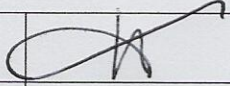
Expenditure did not exceed income in the year 2024-25.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Anna Malnutt	LIZ PENNEY
Position (eg Secretary, Chair, etc)	Chair of Trustees	Treasurer
Date	27/1/2026	28/01/2026 .



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
NORTH - Women on the Road to Healing

No (if any)
1172703

CC16a

Receipts and payments accounts

For the period from	Period start date	To	Period end date
	01/04/2024		31/03/2025

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Irregular Donations	10,484	-	-	10,484	3,474
Regular Donations	4,653	-	-	4,653	4,825
National Lottery	-	110,307	-	110,307	83,064
Postcode Lottery	-	-	-	-	-
Other Grants	-	20,500	-	20,500	31,120
Gift Aid	-	-	-	-	165
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	15,137	130,807	-	145,944.42	122,648
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	15,137	130,807	-	145,944	122,648
A3 Payments					
Salaries	4,086	51,155	-	55,240.81	67,542
Client Activities	111	24,530	-	24,640.54	20,184
Publishing	-	7,592	-	7,592.27	1,302
Staff Training	-	3,625	-	3,624.78	833
Repairs and Renewals	-	-	-	-	1,650
Rent	660	11,938	-	12,598.00	20,805
Rates	-	-	-	-	-
Gas & Electricity	1,482	-	-	1,481.82	2,245
Accountancy and Payroll Costs	400	1,199	-	1,598.40	1,304
Bank Fees	99	231	-	330.83	299
Telephone	215	654	-	868.42	788
Travel	42	20	-	61.93	32
Printing Postage Stationery	205	831	-	1,036.26	1,294
Computer & Website Costs	137	2,203	-	2,339.78	4,509
Advertising and Fund raising Costs	600	-	-	600.00	11
Insurance	230	1,025	-	1,254.66	1,320
CPD Standards Office	2,034.90	-	-	2,034.90	2,455
Legal and Professional	679	-	-	679.20	-
Business Consultancy	-	-	-	-	3,890
Sub total	10,979.67	105,003	-	115,982.60	130,461
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	10,980	105,003	-	115,983	130,461
Net of receipts/(payments)	4,158	25,804	-	29,962	- 7,813
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	8,011	45,667	-	53,678	-
Cash funds this year end	12,169	71,471	-	83,640	- 7,813

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Account	11,477	71,471	-
	Cash	442.50	-	-
	Paypal	248.71	-	-
	Total cash funds	12,168.60	71,471.03	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

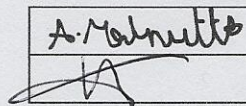

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	Pensions Creditor	restricted funds	231	30 April 2025
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Anna Malnutt	27/1/26
	LIZ PENNEY	28/01/26

WORTH: WOMEN ON THE ROAD TO HEALING

England & Wales - Charity number 1172703

Accounts

WORTH

Trustee Annual Report 2023-24

Charity objectives

1. To advance education for the public benefit, in particular but not exclusively, by delivering educational talks and raising awareness about domestic abuse.
2. To relieve the needs of people who have been affected by domestic abuse, in particular but not exclusively by the provision of mentoring and support and group activities to help with rebuilding their lives.

Charity Activities

WORTH provides free and vital aftercare, wellbeing and 1-1 support to women who have experienced domestic abuse.

WORTH provides a safe space to share experiences, give and receive support, learn new skills, reduce isolation, build friendships, and give women their voice back. It is a space where clients can focus on the future and get support with their healing post abuse.

Wellbeing support is provided through a range of therapeutic services and classes:

- Art
- Self-defence
- Music
- Creative writing
- Nature
- Journaling
- Yoga
- Guided meditation
- Bible study

WORTH offers a befriending service providing 1-1 support to clients. Befrienders walk alongside women on their healing journey and support them with signposting, confidence building, and goal setting via a range of tools, techniques and workbooks.

The Board of Trustees are aware of the Charity Commission guidance regarding a charity's provision of public benefit. The Board of Trustees are satisfied that the services provided by WORTH meet the criteria of public benefit.

Contribution made by volunteers

A talented and dedicated pool of volunteers are at the heart of WORTH and the charity relies heavily upon their support for the provision of client services.

Achievements and Performance

As with previous years, the demand for WORTH's services has continued to grow this year. WORTH has supported 127 women and children this year through the

Wellness Centre and befriending service, with 72 new referrals from local crisis support charities, GPs and social prescribing. While this is good news for clients and WORTH, it also presents new challenges for WORTH with an increased demand for therapeutic and wellbeing provision and tailored support to meet the needs of individual clients.

Main achievements and performances in the year 2023-24 include:

- The employment of a Wellness Centre Manager to oversee the day-to-day running of the therapeutic sessions has freed up the CEO to attend speaking events and festivals during the year, including delivering workshops and education on the subject of domestic abuse at:
 - Manchester University
 - Cliff Festival
 - Derby University
- Higher Education partnerships with the University of Manchester and Cliff College continued, and new partnerships were established with Derby University with the Criminology, Policing, and Nursing Departments. WORTH hosted postgraduate mental health nursing students for short term placements as part of their clinical setting training. A collaboration project with Chesterfield College saw design students working with WORTH supporting the design of publications for Voices Worth Publishing.
- Wellbeing group sessions taking place several days a week have continued providing much needed therapeutic support for clients. This includes self-defence, writing, and art therapy. A grant from the People's Health Lottery and Active Communities supported the continued delivery of these sessions.
- A new allotment project was established in 2023, with the support of a grant from Chesterfield Borough Council. The 10-week project, Garden of Hope, provided a new nature wellbeing initiative for clients and the opportunity to learn new skills.
- The training centre that was established last year for the delivery of domestic abuse awareness training, was able to continue thanks to a grant from Foundation Derbyshire. Trauma informed training courses received accreditation from the CPD Standards Office.
- WORTH employed a Community Engagement Officer who has worked hard to establish engagement with local businesses, organisations and community groups and dignitaries in Chesterfield and the surrounding area. This has led to successful fundraising and much needed additional income for WORTH.
- A collaboration with Action for Children led to the publication of a children's book written by a joint client.

- A new digital client management system was introduced in 2023, enabling the secure and efficient storage of client information, management of new referrals and progress tracking.

Financial Review

The Year End accounts present an overview of the charity financial position at the end of March 2024.

The accounts illustrate a large increase in income from large grant funding. This has provided greater stability for the sustainability of the charity and enabled service provision to continue and expand as listed above.

The accounts also illustrate that the majority of income is restricted for use for dedicated and specific purposes and unrestricted funds are limited. A review of the monthly running costs of the charity in 2023, established the reserves required to ensure the charity could continue to provide, at a minimum, the services of the Wellness Centre to clients for a period of three months. The overall aim of holding reserve funds is to limit potential disruption to clients in the event of a loss of grant funding or a gap in securing grant funding.

In 2023-24, WORTH was not in the financial position to hold the minimum three months reserves. In order to increase reserve funding, WORTH requires an increase in regular monthly giving to build the level of unrestricted funds.

Expenditure did not exceed income in the year 2023-24.

Supporting clients and providing therapeutic wellbeing sessions through the Wellness Centre remains the key priority and purpose of WORTH. Work on the Training Centre cannot progress until further funding is sought to recruit a paid fundraiser to establish corporate partnerships, increase donations and manage bid writing and grant funding.

Additional information

- The charity's principal source of funds is from a combination of short and long term, large and small, national and local grants for restricted purposes.
- In addition to grant funding, WORTH also receives unrestricted smaller value monthly donations from individuals and a local church to support ongoing work and the day-to-day smaller running costs.
- In 2023-24 WORTH was supported by a large grant from the National Lottery Community Fund. This covered a range of the core and main running costs incurred by WORTH and additional work to grow the charity including employee salaries, rent, data storage, development consultant and insurance.
- The principal risk facing the charity is a lack of sufficient funding to secure the long-term work of WORTH, extend the contracts of employed staff and to recruit additional staff. The shortage of time and expertise in bid writing and sourcing grant funding is also an identified risk.

- WORTH needs to secure regular income to ensure that there are sufficient unrestricted reserve funds available to support the long-term running of the charity, and limit disruption to clients in the event of a loss of or a gap in grant funding.

Structure, Governance and Management

- WORTH is a Charitable Incorporated Organisation and governed by its Constitution.
- The board of Trustees are appointed on a two-year term at a convened meeting of the board. Trustees are eligible to renew their term for a further two years to serve for a maximum of six years. A maximum of six trustees can sit on the board at any one time.
- New Trustees are appointed by the Chair of Trustees and are required to pass a DBS check. This is in line with the charity's safeguarding policy which is reviewed and signed off annually by the Board of Trustees.
- The Charity is managed by a Chief Executive Officer who is accountable to the Board of Trustees. The services of the charity are delivered by paid freelance specialist practitioners and one paid staff member who are accountable to the CEO.
- Charity accounting is managed an external Chartered Accountant overseen by the CEO and Board of Trustees.

Reference and Administrative details

- Charity Name: WORTH - Women on the Road to Healing.
- Registered charity number: 1172703
- Charity's principal address: Head Office, Newbold Road, Chesterfield, S41 7PS

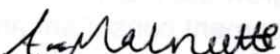
Charity Trustees

- Jill Hancock (Chair)
- Pamela Brader (Acting Secretary)
- Louise Hayden (Treasurer)
- Madeleine Hayden
- Rebecca Scar
- Anna Malnutt

No trustees hold any title to property belonging to the charity. Name of CEO: Robyn Riggins.

Declarations

The trustees declare that they have approved the trustees' report above. Signed on behalf of the charity's trustees.

Signature: 

Full names: Anna Malnutt

Position: Current Acting Chair

18.01.25

WORTH Women on the Road to Healing**INCOME AND EXPENDITURE ACCOUNT FOR YEAR ENDING 31.03.24**

INCOME	31/03/2024	restricted	unrestricted	31/03/2023
Irregular Donations	3473.70		3473.7	4847.91
Regular Donations	4825.00		4825	5325
National Lottery	83064.00	83064.00		86120.00
Postcode Lottery				25000
Other Grants	31120.00	31120.00		9150
Gift Aid	165.20		165.2	
Total Income	122647.90	114184.00	8463.90	130442.91

EXPENDITURE

Salaries	67541.61	67541.61		38727.83
Client Activities	20184.49	20039.72	144.77	6228.53
Publishing	1301.79	1301.79		
Staff Training	832.86	802.87	29.99	375.74
Repairs and Renewals	1650.10	1625.42	24.68	628.65
Rent	20804.50	20640.00	164.5	18640
Rates		0.00		130.15
Gas & Electricity	2244.71	2244.71		913.93
Accountancy and Payroll Costs	1303.80	685.80	618	976.59
Bank Fees	299.11	0.00	299.11	306.1
Telephone	787.58	787.58		705.72
Travel	31.82	31.82		135.8
Printing Postage Stationery	1294.17	1294.17		806.05
Computer & Website Costs	4509.29	4509.29		1539.87
Advertising and Fund raising Costs	11.00	0.00	11	648.95
Insurance	1319.66	1024.66	295	988.44
CPD Standards Office	2454.60	2454.60		
Business Consultancy	3890.00	3890.00		2025
	130461.09	128874.04	1587.05	73777.35

Surplus at 31.03.23**-7813.19****56665.56****Opening balances b/f from previous year**

Bank	61393.50			4730.22
Cash	96.57			96.57
Paypal	0.00			0
Total	61490.07			4826.79

add surplus

-7813.19

56665.56

53676.88**53950.97****61492.35****Represented By Closing Balances**

Bank	53506.55			61393.5
Paypal				
Cash	441.57			98.85
	53948.12			61492.35

difference -271.24

Pensions Payable -271.24

184409.21



Section A Independent Examiner's Report

Report to the trustees	Charity Name WORTH – Women on the Road to Healing		
On accounts for the year ended	31/03/2024	Charity no (if any)	1172703
Set out on pages	1-4 <small>(remember to include the page numbers of additional sheets)</small>		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2024.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

~~[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.~~

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed: Date:

Name:

Relevant professional qualification(s) or body (if any):

FCCA - 1406680

Address:

12 FAIRFIELD VILLAS, FAIRFIELD ROAD,

CHESTERFIELD, DERBYSHIRE

S40 4TP

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
ORTH - Women on the Road to Healing

No (if any)
1172703

CC16a

Receipts and payments accounts

For the period from	Period start date 01/04/2023	To	Period end date 31/03/2024
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Irregular Donations	3,474	-	-	3,474	4,848
Regular Donations	4,825	-	-	4,825	5,325
National Lottery	-	83,064	-	83,064	86,120
Postcode Lottery	-	-	-	-	25,000
Other Grants	-	31,120	-	31,120	9,150
Gift Aid	165	-	-	165	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	8,464	114,184	-	122,648	130,443
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	8,464	114,184	-	122,648	130,443
A3 Payments					
Salaries	-	67,542	-	67,542	38,728
Client Activities	145	20,040	-	20,184	6,229
Publishing	-	1,302	-	1,302	-
Staff Training	30	803	-	833	376
Repairs and Renewals	25	1,625	-	1,650	629
Rent	165	20,640	-	20,805	18,640
Rates	-	-	-	-	130
Gas & Electricity	-	2,245	-	2,245	914
Accountancy and Payroll Costs	618	686	-	1,304	977
Bank Fees	299	-	-	299	306
Telephone	-	788	-	788	706
Travel	-	32	-	32	136
Printing Postage Stationery	-	1,294	-	1,294	806
Computer & Website Costs	-	4,509	-	4,509	1,540
Advertising and Fund raising Costs	11	-	-	11	649
Insurance	295	1,025	-	1,320	988
CPD Standards Office	-	2,455	-	2,455	-
Business Consultancy	-	3,890	-	3,890	2,025
	-	-	-	-	-
	-	-	-	-	-
Sub total	1,587	128,874	-	130,461	73,777
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	1,587	128,874	-	130,461	73,777
Net of receipts/(payments)	6,877	- 14,690	-	- 7,813	56,666
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	1,134	60,358	-	61,492	-
Cash funds this year end	8,011	45,668	-	53,679	56,666

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Account	7,567	45,668	-
	Cash	444	-	-
				-
	Total cash funds	8,011	45,668	-

(agree balances with receipts and payments account(s))

OK

OK

OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets		-	-
		-	-
		-	-
		-	-
		-	-

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	Pensions Creditor	271	30 April 2024
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval

WORTH: WOMEN ON THE ROAD TO HEALING

England & Wales - Charity number 1172703

Accounts

WORTH
Trustee Annual Report 2022-23

Charity objectives

1. To advance education for the public benefit, in particular but not exclusively, by delivering educational talks and raising awareness about domestic abuse.
2. To relieve the needs of people who have been affected by domestic abuse, in particular but not exclusively by the provision of mentoring and support and group activities to help with rebuilding their lives.

Charity Activities

WORTH provides free and vital aftercare, wellbeing and 1-1 support to women who have experienced domestic abuse.

WORTH provides a safe space to share experiences, give and receive support, learn new skills, reduce isolation, build friendships, and give women their voice back. It is a space where clients can focus on the future and get support with their healing post abuse.

Wellbeing support is provided through a range of therapeutic services and classes:

- Art
- Self-defence
- Music
- Creative writing
- Nature
- Journaling
- Yoga
- Guided meditation
- Bible study

WORTH offers a befriending service providing 1-1 support to clients. Befrienders walk alongside women on their healing journey and support them with signposting, confidence building, and goal setting via a range of tools, techniques and workbooks.

The Board of Trustees are aware of the Charity Commission guidance regarding a charity's provision of public benefit. The Board of Trustees are satisfied that the services provided by WORTH meet the criteria of public benefit.

Contribution made by volunteers

A talented and dedicated pool of volunteers are at the heart of WORTH and the charity relies heavily upon their support for the provision of client services.

Achievements and Performance

Demand for WORTH's services has continued to grow this year as the country emerged from the COVID-19 pandemic. WORTH has supported 82 women and children this year through the Wellness Centre, with 56% of referrals from local crisis support charities, GPs and social prescribing. New partnerships were established with Social Prescribing and a local foodbank enabling clients to be referred directly to WORTH. Whilst this is good news for clients and WORTH, it also presents new challenges for WORTH in the form of more therapeutic and wellbeing provision and tailoring support to meet the needs of individual clients.

Main achievements and performances in the year 2022-23 include:

- WORTH secured National Lottery funding to employ the CEO as a full-time staff member and appoint one new paid staff member. An Administrative Assistant was appointed initially and after reassessing the needs of the charity the National Lottery approved their promotion to Wellness Centre Manager. This role oversees the day to day running of the Wellness Centre and provides support to the CEO. This appointment has enabled the CEO to focus more time on growing corporate partnerships and attending networking and speaking events to raise awareness of WORTH.
- WORTH CEO attended speaking events and festivals during the year delivering workshops and education on the subject of domestic abuse at:
 - Manchester University
 - Manchester Hear Me Roar festival (Redeeming Our Communities)
 - Cliff Festival
 - Diocese of York Early Years Conference
 - The Congregational Federation
- Wellbeing group sessions taking place several days a week have continued providing much needed therapeutic support for clients. Two new wellbeing groups were introduced this year - a nature group and an upcycling group. These sessions provided much needed mindfulness activities and outdoor time for clients as well as teaching them new skills to support their independence.
- The Befriending service continued and this year, provided vital 1-1 support to 14 clients. Six workbooks were developed for clients to use during these sessions focusing on themes such as self-confidence, healing and mindfulness.
- Work on the Research and Training centre continued this year. A grant from Postcode Places and a generous donation from Albert Hunt fund covered the cost of rent for a second room at WORTH's premises. This was established as a training centre for the delivery of domestic abuse awareness training to other organisations, businesses and faith groups. Trauma informed training courses and the course content were also developed for delivery.
- WORTH Trustees and CEO worked with a charity Development Consultant specialist to explore strategic, financial and long-term plans to improve the sustainability, efficiency and governance of the charity. This was supported by National Lottery Communities Fund.
- Support for children and teenagers who have lived in a home where domestic abuse is present has continued through M.A.P., The Mindset Activities Programme. This 26-week programme is designed to help children and young people find identity, learn self-management techniques and develop mental attributes to form positive self-image, self-esteem and confidence to state their needs, feelings and express who they are. This was made possible with grant funding from Derbyshire County Public Health Covid-19 Fund and a generous donation from Arnold Clark.
- WORTH was able to provide emergency financial support to a client in desperate need thanks to a generous donation from a local church.
- An Art Exhibition was hosted at WORTH headquarters showcasing clients work produced during art therapy and was well received by the local print media. This also celebrated the charity's fifth anniversary.
- Fundraising events during the year included a partnership with the retail space, Lush, in Derby and subsequently a generous donation was received from Lush.

- Grant funding from National Lottery Awards For All, received in February 2022, was spent during this year on COVID relief and service development.

Financial Review

The Year End accounts present an overview of the charity financial position at the end of March 2023.

The accounts illustrate a large increase in income from large grant funding. This has provided greater stability for the sustainability of the charity and enabled service provision to continue and expand as listed above.

The accounts also illustrate that the majority of income is restricted for use for dedicated and specific purposes and unrestricted funds are limited. A review of the monthly running costs of the charity in 2022, established the reserves required to ensure the charity could continue to provide, at a minimum, the services of the Wellness Centre to clients for a period of three months. The overall aim of holding reserve funds is to limit potential disruption to clients in the event of a loss of grant funding or a gap in securing grant funding.

In 2022-23, WORTH was not in the financial position to hold the minimum three months reserves at a total of £22,440. In order to increase reserve funding, WORTH requires an increase in regular monthly giving to build the level of unrestricted funds.

Expenditure did not exceed income in the year 2022-23.

Supporting clients and providing therapeutic wellbeing sessions through the Wellness Centre remains the key priority and purpose of WORTH. Work on the Training Centre cannot progress until further funding is sought to recruit a paid fundraiser to establish corporate partnerships, increase donations and manage bid writing and grant funding.

Additional information

- The charity's principal source of funds is from a combination of short and long term, large and small, national and local grants for restricted purposes.
- In addition to grant funding, WORTH also receives unrestricted smaller value monthly donations from individuals and a local church to support ongoing work and the day-to-day smaller running costs.
- In 2022-23 WORTH was supported by a large grant from the National Lottery Community Fund. This covered a range of the core and main running costs incurred by WORTH and additional work to grow the charity including employee salaries, rent, data storage, development consultant and insurance.
- The principal risk facing the charity is a lack of sufficient funding to secure the long-term work of WORTH, extend the contracts of current employed staff and to recruit additional staff. The shortage of time and expertise in bid writing and sourcing grant funding is also an identified risk.
- WORTH needs to secure regular income to ensure that there are sufficient unrestricted reserve funds available to support the long-term running of the charity, and limit disruption to clients in the event of a loss of or a gap in grant funding.

Structure, Governance and Management

- WORTH is a Charitable Incorporated Organisation and governed by its Constitution.

- The current board of Trustees are appointed on a two-year term at a convened meeting of the board. Trustees are eligible to renew their term for a further two years to serve for a maximum of six years. A maximum of six trustees can sit on the board at any one time.
- A trustee audit was completed in 2022 to establish the gaps in skills and seek to recruit new trustees to cover these areas. The recruitment of new trustees began in the year 2022-23. New Trustees are appointed by the Chair of Trustees and are required to pass a DBS check. This is in line with the charity's safeguarding policy which is reviewed and signed off annually by the Board of Trustees.
- The Charity is managed by a Chief Executive Officer who is accountable to the Board of Trustees. The services of the charity are delivered by paid freelance specialist practitioners and one paid staff member who are accountable to the CEO.

Reference and Administrative details

- Charity Name: WORTH - Women on the Road to Healing.
- Registered charity number: 1172703
- Charity's principal address: Head Office, Newbold Road, Chesterfield, S41 7PS

Charity Trustees


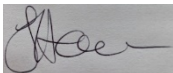
- Jill Hancock (Chair)
- Pamela Brader (Acting Secretary)
- Louise Hayden (Treasurer)
- Madeleine Hayden
- Rachel Martin

No trustees hold any title to property belonging to the charity.

Name of CEO: Robyn Riggans

Declarations

The trustees declare that they have approved the trustees' report above. Signed on behalf of the charity's trustees.

Signatures:		
Full names:	Pamela Brader	Jill Hancock
Position:	acting secretary	Chair
Date:	17 /1/2024	17/01/24



Section A

Independent Examiner's Report

Report to the trustees

Charity Name
WORTH - Women On The Road To Healing

On accounts for the year ended

31.03.2023

Charity no (if any)

1172703

Set out on pages

1-4

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2023.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

~~The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.~~

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

C.E Farmer

Date:

17.11.2023

Name:

CLARE ELIZABETH FARMER

Relevant professional qualification(s) or body

ACCA

(if any):

Address:

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name WORTH Women On The Road To Healing	No (if any) 1172703
----------------------------------------------------	------------------------

CC16a

Receipts and payments accounts

For the period from	Period start date 01.04.2022	To	Period end date 31.03.2023
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Irregular Donations	4,848	-	-	4,848	1,983
Regular Donations	5,325	-	-	5,325	5,931
National Lottery Reaching Communities Grant	-	76,120	-	76,120	-
National Lottery Awards for All Grant	-	10,000	-	10,000	-
Postcode Lottery Grant	-	25,000	-	25,000	-
Other Grants	650	8,500	-	9,150	-
	-	-	-	-	-
Sub total (Gross income for AR)	10,823	119,620	-	130,443	7,914
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	10,823	119,620	-	130,443	7,914
A3 Payments					
Wages	1,135	37,593	-	38,728	7,725
Client Activities	1,033	5,196	-	6,229	2,502
Staff Training	376	-	-	376	1,898
Repairs and Renewals	485	144	-	629	2,038
Rent and Rates	2,160	16,610	-	18,770	7,920
Gas and Electric	914	-	-	914	-
Payroll and Accountancy	976	-	-	976	290
Bank charges	306	-	-	306	248
Telephone	706	-	-	706	734
Travel	136	-	-	136	165
Printing, Postage & Stationery	806	-	-	806	393
IT	1,540	-	-	1,540	506
Insurance	528	460	-	988	317
Advertising & Fundraising	649	-	-	649	560
Charity Business Consultancy	-	2,025	-	2,025	-
Sub total	11,750	62,028	-	73,778	25,296
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	11,750	62,028	-	73,778	25,296
Net of receipts/(payments)	- 927	57,592	-	56,665	- 17,382
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	2,061	2,766	-	4,827	-
Cash funds this year end	1,134	60,358	-	61,492	- 17,382

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Account	3,254	58,139	-
	Cash	99	-	-
		-	-	-
	Total cash funds	3,353	58,139	-
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK

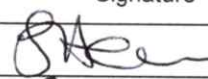

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	JILL HANCOCK	17.11.23
	PAMELA BRADER	17/11/23



Section A

Independent Examiner's Report

Report to the trustees

Charity Name: WORTH - Women On The Road To Healing

On accounts for the year ended

31.03.2023 Charity no (if any): 1172703

Set out on pages

1-4 (remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2023.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
the accounts did not accord with the accounting records; or
the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed: C.E Farmer

Date: 17.11.2023

Name: CLARE ELIZABETH FARMER

Relevant professional qualification(s) or body

ACCA

(if any):

Address:

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



Receipts and payments accounts

For the period from	Period start date 01.04.2022	To	Period end date 31.03.2023
---------------------	---------------------------------	----	-------------------------------

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Other Grants	650	8,500	-	9,150	-
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	-	-	-	-	-
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Gas and Electric	914	-	-	914	-
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Bank charges	306	-	-	306	248
Telephone	706	-	-	706	734
Travel	136	-	-	136	165
Printing, Postage & Stationery	806	-	-	806	393
IT	1,540	-	-	1,540	506
Insurance	528	460	-	988	317
Advertising & Fundraising	649	-	-	649	560
Charity Business Consultancy	-	2,025	-	2,025	-
Sub total	11,750	62,028	-	73,778	25,296
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	11,750	62,028	-	73,778	25,296
Net of receipts/(payments)	- 927	57,592	-	56,665	- 17,382
A5 Transfers between funds	-	-	-	-	-
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Cash funds this year end	1,134	60,358	-	61,492	- 17,382

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Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
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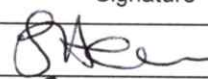

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	JILL HANCOCK	17.11.23
	PAMELA BRADER	17/11/23

WORTH: WOMEN ON THE ROAD TO HEALING

England & Wales - Charity number 1172703

Accounts



Trustee's Annual Report

For the period 01/04/2021 – 31/3/2022

Charity Name: WORTH: Women On the Road To Healing

Charity Objectives

1. TO ADVANCE EDUCATION FOR THE PUBLIC BENEFIT IN PARTICULAR BUT NOT EXCLUSIVELY BY DELIVERING EDUCATIONAL TALKS AND RAISING AWARENESS ABOUT DOMESTIC ABUSE AND WORKING WITH SCHOOLS IN DELIVERING WORKSHOPS THAT SUPPORT THE DEVELOPMENT OF SCHOOL AGE CHILDREN IN SUBJECTS INCLUDING HEALTHY RELATIONSHIPS.
2. TO RELIEVE THE NEEDS OF PEOPLE WHO HAVE BEEN AFFECTED BY DOMESTIC ABUSE IN PARTICULAR BUT NOT EXCLUSIVELY BY THE PROVISION OF MENTORING AND SUPPORT AND GROUP ACTIVITIES TO HELP WITH REBUILDING THEIR LIVES.

Activities

WORTH offers the much needed aftercare and support to women that have been affected by Domestic Abuse.

Art & Wellbeing

Self Defence

Music & Wellbeing

Writing & Wellbeing

Bible Studies

Nature & Wellbeing

This year we continued to try and meet the extra demand in our services that covid-19 had a huge part to play. Local services have been together



supporting the mental health needs of our community, this year we have been receiving many more referrals from other local charities. As we rely on volunteers, and again due to covid-19 some of our volunteers were unable to continue, so a couple of our wellbeing groups have had to be put on hold. However, the majority of our wellbeing groups have been running and have been extremely helpful in our clients healing journeys. Especially where so many other services have had to close or are offering limited, online support.

We have increased support to children and teenagers who have lived in a home where domestic abuse is present. We have a Mindset Activities Programme (M.A.P) which is a 26 week programme designed to help children and young people find identity, learn self-management techniques and develop mental attributes to form positive self-image, self-esteem and confidence to state their needs, feelings and express who they are. It is designed to equip each person with the necessary resilience, social and life skills to manage the issues that confront them and empower them to achieve their potential.

WORTH also offers Domestic Abuse Awareness Training to organisations, charities and Churches and helps raise awareness in general.

We continued to hold sessions via zoom and started to add in person events in the second half of the year.

Statement

During this past year we were still feeling the effects of Covid-19. The demand for our services continued to increase drastically. However, our finances reduced, this was due to some regular givers not able to give due to the effect Covid-19 had on their finances, as well as not being able to get out and hold fundraisers in the same way. We also were spending all our time and energy



on the support we were offering our clients, leaving no time to try and grow our finances.

We had support from local charities, organisations and individuals whose kind donations enabled us to keep afloat during this year. We are very aware that we cannot continue this way and must focus on building a financial strategic plan that incorporates the continued growth in the demand for our services. Our CEO and volunteers have been sourcing and applying for funding to enable us to keep our Wellness Centre and all its services running. This is a continuous part of charity work; however, we are aware that we need to focus on building a finance / fundraising team. We need to be able to fund a core team as we have reached a point where we cannot survive solely on volunteers.

We took some time during lockdowns last year and early this year to rethink our branding. We needed something that represents WORTH as it is now, after 5 years of growth. (7 in total including before we were a charity).

With the help of a local graphic designer who has volunteered various skills and time to WORTH, we rebranded our logo, advertising and website to incorporate the changes over the years.

WORTH's logo is still the tree, but now is in colour, this is more friendly, welcoming and eye catching. The leaves on the tree are different colours, each colour represents a different service WORTH offers and therefore the corresponding leaflets are designed in that colour. For example, the yellow leaf represents our children's work, and the orange leaf represents our wellbeing sessions.

Achievements and Performance.

Our main achievement this year has been to keep up with the demand with only a slight waiting list for one of our services. Our volunteers have been dedicated to the needs of our clients and have gone above and beyond to support them during a time still affected from Covid-19.

It has been a huge achievement to be able to add in support for children and young people. We hope to grow this work in the future.



We have been supporting a client who has progressed onto a training programme and then onto employment. This has been a huge positive change in her life and the life of her children.

The new branding has really helped to raise our awareness and catch the eyes of other local charities and organisations who have taken our information to display and signpost their clients to.

Financial Review

During this year we managed to secure a few more local grants to help us to meet the demand that Covid-19 brought.

We are still in a better financial position than before but are fully aware that we need to secure larger, longer term finances to meet the demand and cost of running a charity that has grown as ours has.

Our accounts show that we have a higher expenditure than income for the financial year, this is due to the fact we had finances allocated from the previous year that were brought forward into this year.

As shown on the attached accounts that have been independently examined our income was £14014 and expenditure was £25296

Structure, Governance and Management

WORTH has a constitution of a Charitable Incorporated Organisation (CIO).

Apart from WORTH's first charity trustees all additional trustees are appointed for a term of two years by a resolution passed at a properly convened meeting



of the charities trustees.

As WORTH is a small charity our leadership structure is as follows:

Board of Trustees

CEO and Manager (Only paid member of staff at present)

Volunteers

Even more than last year, the growing demand has highlighted the need to grow our paid team to include an administrator and operations manager as soon as possible.

Reference and Administrative details

Charity Name: WORTH

Other name the charity uses: Women On the Road To Healing

Registered charity number: 1172703

The Trustees:

Jill Hancock

Louise Hayden

Simon Robinson

Rachel Martin

Pamela Brader

Maddy Hayden

No trustees hold any title to property belonging to the charity.

Declarations



The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees.

Signature:  .

Full Name(s): Jill Hancock

Position (eg Secretary, Chair etc): Chair.

Date: 30-01-23



Section A Independent Examiner's Report

Report to the trustees/ members of

On accounts for the year ended Charity no (if any)

Set out on pages

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 03 2022.

Responsibilities and basis of report As the charity trustees, you are responsible for the preparation of the accounts in accordance with the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement [The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect,:

- the accounting records were not kept in accordance with section 130 of the Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed: Date:

Name:

Relevant professional qualification(s) or body (if any):

Address:

62 ASHGATE AVENUE

CHRISTCHURCH

SH 0 1 J

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here details of any items that the examiner wishes to disclose.

[Empty box for disclosure details]



CHARITY COMMISSION
FOR ENGLAND AND WALES

WORTH Women on the Road to Healing

Receipts and payments accounts

CC16a

For the period from	01.04.21	To	31.03.22
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Irregular donations	1,983	-	-	1,983	5,470
Regular donations	6,931	-	-	6,931	3,520
Fundraisers	-	-	-	-	150
Grants	1,600	4,500	-	6,100	18,000
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	9,514	4,500	-	14,014	27,140
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	9,514	4,500	-	14,014	27,140
A3 Payments					
Wages	7,725	-	-	7,725	7,736
Client activities	1,767	735	-	2,502	149
Training	1,898	-	-	1,898	153
Repairs and Renewals	1,767	271	-	2,038	89
Rent	7,192	728	-	7,920	2,700
Payroll	290	-	-	290	288
Bank charges	248	-	-	248	99
Telephone	734	-	-	734	90
Travel	185	-	-	185	4
PPS	393	-	-	393	546
Computer Costs	506	-	-	506	1,209
Insurance	317	-	-	317	-
Fund raising Costs	560	-	-	560	198
Sub total	23,562	1,734	-	25,296	13,261
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	23,562	1,734	-	25,296	13,261
Net of receipts/(payments)	- 14,048	2,766	-	- 11,282	13,879
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	16,109	-	-	16,109	2,230
Cash funds this year end	2,061	2,766	-	4,827	16,109

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank	1,964	2,766	-
	Paypal	-	-	-
	Cash	97	-	-
	Total cash funds	2,061	2,766	-
	(agree balances with receipts and payments account(s))			

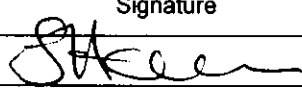

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	JILL HANCOCK	31-08-22
	PAM BRADER	23/11/22

WORTH: WOMEN ON THE ROAD TO HEALING

England & Wales - Charity number 1172703

Accounts



Trustee's Annual Report

For the period 01/04/2020 – 31/3/2021

Charity Name: WORTH: Women On the Road To Healing

Charity Objectives

1. TO ADVANCE EDUCATION FOR THE PUBLIC BENEFIT IN PARTICULAR BUT NOT EXCLUSIVELY BY DELIVERING EDUCATIONAL TALKS AND RAISING AWARENESS ABOUT DOMESTIC ABUSE AND WORKING WITH SCHOOLS IN DELIVERING WORKSHOPS THAT SUPPORT THE DEVELOPMENT OF SCHOOL AGE CHILDREN IN SUBJECTS INCLUDING HEALTHY RELATIONSHIPS.
2. TO RELIEVE THE NEEDS OF PEOPLE WHO HAVE BEEN AFFECTED BY DOMESTIC ABUSE IN PARTICULAR BUT NOT EXCLUSIVELY BY THE PROVISION OF MENTORING AND SUPPORT AND GROUP ACTIVITIES TO HELP WITH REBUILDING THEIR LIVES.

Activities

WORTH offers the much needed aftercare and support to women that have been affected by Domestic Abuse.

Art & Wellbeing

Self Defence

Music & Wellbeing

Writing & Wellbeing

CV writing & Job search

Bible Study

Nurturing & Relaxing Yoga

Guided Meditation

Nurturing & Relaxing Yoga

Due to the Covid-19 pandemic we have had to adapt our services. Our



yoga, nature and cv writing sessions have been put on hold due to the affect the pandemic has on our volunteers and wellbeing leads. The other services were adapted to be delivered via zoom.

We also offer 1-1 support to help build confidence and walk alongside our clients on their journeys of healing post domestic abuse. Due to the covid-19 pandemic these were adapted to either be an outdoor walk and talk, a phone call or a zoom, depending on the individual.

WORTH also offers Domestic Abuse Awareness Training to organisations, charities and Churches and helps raise awareness in general. We haven't been able to get out and do talks and training due to isolations and covid-19 regulations. However we have had a few zoom awareness sessions and have started developing new training courses and materials.

Statement

This year brought us challenges with the Covid-19 pandemic.

With our current clients and their mental health we needed to increase our communications. As our sessions moved over to zoom, they were very isolated and so we had daily messages with a task for the day related to self care, art, music, writing etc.

We also had many more referrals, we have had to open a waiting list for our 1-1 befriending service, however we have been able to offer support via our wellbeing sessions.

We also have been getting lots of calls from women still living with their abuser, which had got worse due to being trapped in with them due with the pandemic. In these cases we have been a listening ear and signpost them to the relevant charities and organisations that offer crisis support such as The Elm Foundation. We have also had referrals from all over the UK so have been searching for local support to their location.



As well as the increase in the demand of our services the pandemic has had a negative affect on our income. We have not been able to hold fundraisers and we have had some individual regular donations cancelled due to peoples personal financial difficulties due to the pandemic.

We are aware that we need to really focus on putting together detailed strategic plans for the future to meet this demand and raise our financial income.

This year we recruited a new Chair of Trustees who is very passionate about the work and vision of WORTH and is already a key and important part of our board of trustees and support to our CEO.

We also recruited Maddy Haden as a trustee who brings skills in communications, digital and social media support.

Gillian Sandell stepped down from her role as a trustee as it came to the end of her term and personal circumstances.

Achievements and Performance.

Our main achievement this year has been to survive through the covid-19 pandemic, to have been able to adapt the way we deliver services and support women affected by domestic abuse.

We also managed to secure and relocated to new premises that are much better suited to the needs of our clients. We have managed to find ground floor premises with a car park, disabled toilet and ramp so we can be far more accessible for women with any mobility issues.

Financial Review

During this year we managed to secure local grants to help us adapt to the covid-19 pandemic, such as finances for cleaning products, masks, face shields,



sanitiser to be able to re-open our premises to small groups. We also received grants to purchase equipment to be able to record videos workshops to send to clients and support them throughout the year.

We received a National lottery grant to help us survive through the year as the pandemic really hit our regular finances and increased the need for our services.

We are financially in a much better place than last year but are aware that we need to take this further to be able to plan for the future and the continuing increase in demand.

Structure, Governance and Management

WORTH has a constitution of a Charitable Incorporated Organisation (CIO).

Apart from WORTH's first charity trustees all additional trustees are appointed for a term of two years by a resolution passed at a properly convened meeting of the charities trustees.

As WORTH is a small charity our leadership structure is as follows:

Board of Trustees

CEO and Manager (Only paid member of staff at present)

Volunteers

The pandemic and growing demand has highlighted even more the need to grow our paid team to include an administrator and operations manager at some point.

Reference and Administrative details

Charity Name: WORTH



Other name the charity uses: Women On the Road To Healing

Registered charity number: 1172703

The Trustees:

Jill Hancock
Louise Hayden
Simon Robinson
Rachel Martin
Pamela Brader
Maddy Hayden

No trustees hold any title to property belonging to the charity.

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees.

P Brader

Signature:

Full Name(s): *PAMELA BRADER*

Position (eg Secretary, Chair etc):

Secretary.

Date:

28/1/22

WORTH Women on the Road to Healing

RECEIPTS AND PAYMENTS ACCOUNT FOR YEAR END 31.03.21

INCOME

Irregular Donations	5470.87
Regular Donations	3519.80
Fundraisers	150.00
Grants	18000.00
Total Income	<u>27140.67</u>

EXPENDITURE

Salaries	7736.14
Women's Activities	148.64
Staff Training	153.46
Charity Resources	89.40
Rent	2700.00
Payroll Costs	288.00
Paypal fees	98.51
Telephone	89.94
Travel	4.40
Printing Postage Stationery	545.84
Computer & Website Costs	1209.09
Fund raising Costs	198.00
	<u>13261.42</u>

Surplus for the year 13879.25

Opening balance b/f from previous year

Cash	2015.66
Bank	100.41
Paypal	113.22
Total	<u>2229.29</u>

Surplus For Year 13879.25
16108.54

Represented By Closing Balances

Bank	15984.68
Paypal	23.35
Cash	100.51
	<u>16108.54</u>



Section A

Independent Examiner's Report

Report to the trustees/ members of

Charity Name
WORTH Women on the Road to Healing

On accounts for the year ended

31.03.21 Charity no (if any) 1172703

Set out on pages

3 - 4 (remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2021

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (~~other than that disclosed below~~ *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed: [Signature]

Date: 8/8/2021

Name: MICHAEL JOHN DANFORD

Relevant professional qualification(s) or body (if any):

CHARTERED INSTITUTE OF PUBLIC FINANCER & ACCOUNTANTS

Address:

62 ASHGATE AVENUE
CHESTERFIELD
DERBYSHIRE S40 1JD

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
WORTH Women on the Road to Healing

No (if any)
1172703

CC16a

Receipts and payments accounts

For the period from	Period start date 01.04.20	To	Period end date 31.03.21
------------------------	-------------------------------	----	-----------------------------

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Irregular donations	5,470	-	-	5,470	1,240
Regular donations	3,520	-	-	3,520	4,413
Fundraisers	150	-	-	150	850
Grants	18,000	-	-	18,000	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	27,140	-	-	27,140	6,503
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	27,140	-	-	27,140	6,503
A3 Payments					
Wages	7,736	-	-	7,736	6,515
Womens activities	149	-	-	149	599
Training	153	-	-	153	245
Repairs and Renewals	89	-	-	89	157
Rent	2,700	-	-	2,700	3,789
Payroll	288	-	-	288	288
Bank charges	99	-	-	99	14
Telephone	90	-	-	90	-
Travel	4	-	-	4	214
PPS	546	-	-	546	-
Computer Costs	1,209	-	-	1,209	320
Fund raising Costs	198	-	-	198	354
Sub total	13,261	-	-	13,261	12,495
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	13,261	-	-	13,261	12,495
Net of receipts/(payments)	13,879	-	-	13,879	- 5,992
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	2,229	-	-	2,229	8,221
Cash funds this year end	16,108	-	-	16,108	2,229

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank	15,985	-	-
	Paypal	23	-	-
	Cash	100	-	-
	Total cash funds	16,108	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

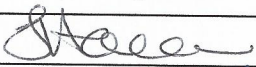

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Jill Hancock	10/08/21
	PAM BRADER	11/8/21