

REGISTERED COMPANY NUMBER: 07742739 (England and Wales)  
REGISTERED CHARITY NUMBER: 1172680

**REPORT OF THE TRUSTEES AND UNAUDITED FINANCIAL  
STATEMENTS FOR THE YEAR ENDED 31 AUGUST 2022**  
FOR  
**LIFE SKILLS EDUCATION CHARITY**

Hewitt Card Limited  
Chartered Certified Accountants  
70-72 Nottingham Road  
Mansfield  
Nottinghamshire  
NG18 1BN



Drug, Alcohol and Resilience Training

[www.lifeskillseducation.co.uk](http://www.lifeskillseducation.co.uk)

# Charity Public Benefit – The Difference we Made in 2021 – 2022

## Why We Exist

**At Life Skills, we know education has the power to change behaviour**

That is why we believe all young people should have access to the tools to grow and thrive. We do this by:

**Developing** and delivering a suite of programmes that use our SKILL Decision-Making Model, a tool to help young people think about their choices and the consequences they have on themselves and others.

**Empowering** young people with the confidence to open up meaningful conversations around tricky subjects with their parents, schools and broader support networks.

**Creating** more resilient communities with improved health outcomes by reducing the effects of substance misuse on people and shared spaces.

Young people are at the heart of what we do, and our aim is for every child to be less affected by the dangers around the misuse of drugs, alcohol, knife and hate crimes.

They tell us they have far more confidence to make well-informed, less risky decisions, speak up about issues affecting them and know where to find help.

We want to build upon these skills every year and remain committed to offering a wide range of resources to aid all young people; aged 6 through to 16 years old.

## Our Products

**We have a range of programmes from Key Stage 1 to Key Stage 3.**

- On Track - KS1
- Keep On Track – KS2
- Life Skills Primary – KS2
- Web Warriors – KS2
- Life Skills Games Modules – KS3
- Keepin it REAL – KS3 (Currently under development)

## The SKILL Decision-Making Model

Our unique SKILL DECISION-MAKING MODEL teaches young people to make safe and healthy choices by working through problems and issues one step at a time. It teaches young people to consider various options, balance risk against consequences, manage stress and resist pressure. These are all critical tools in ensuring they develop into positive and proactive young adults who can adapt to life's challenges. At the core of this is young people realising the risk to themselves and others, especially around their physical and emotional health.



# The Year in Numbers – Measuring the Difference we Make

## How do we use this data?

We collect and analyse many data sets. It informs us what we are doing right and what we need to improve to be better; the development of our secondary (KS3) programme curriculum is a clear example of this.

- Our evidence base:
  - o Our primary programme feedback showed that 96.3% of **teachers** rated us as **outstanding** or **good** in our Quality Standards evaluation.
  - o When asked, **parents** rated us:
    - 3.5/5 on how much the programme was a catalyst for further discussion at home.
    - 4.0/5 on the appropriateness of the content and its delivery.
    - 3.9/5 on the programme's influence on their child's life skills in general.
    - 3.9/5 on their child's improved ability to make and evaluate decisions.
  - o **Young people** scored:
    - 3.9/5 on their development of confidence and skills.
    - 3.9/5 on their increased understanding of the law.
    - 0.5/5 on their likelihood to abuse alcohol, drugs, knives or others in the future.
  - o In our annual **staff** survey:
    - 91.2% of staff said they enjoy working with us.
    - 95.6% said that they enjoy delivering our materials.
    - 91.3% feel respected.
    - 95.6% felt well supported.
    - 91.2% said their training prepared them for the role, and
    - 86.8% felt the charity is well led.
- 14,740 Young people received a life skills intervention (maintained a 5000-pupil uplift with an extra 1702 on top)
- 494 Classes
- In 335 Schools
- 4,940 hours of drug, alcohol and resilience training delivered
- Delivered into 33 Local Authority Areas
- 45 Quality Assurance visits
- 22 safeguarding concerns resolved in partnership with schools
- £147,082 in grants and voluntary donations
- £80,335 of in-kind donations from Google, Amazon, Slack, Plesk, cPanel and Microsoft
- 58,910 hits on the website
- £107,082 funding from Nottinghamshire Police
- Completed the draft lesson plans and module outlines for a brand new, digital, secondary education resource, working with REAL Prevention and over 100 members of our local community
- Developed a new customer support system to unify our support platform, which went live in August 2022
- £20,000 from the Garfield Weston Foundation
- £10,000 from the National Lottery Community Fund
- Employed 3 new staff members.



## Our Impact

### Safer, Happier Young People

- Children make safer decisions, reducing the risk of them coming to harm.
- More confident young people, prepared for their transition into secondary school.
- More considerate young people, thinking about difference and how their actions can affect others.

### A Safer Space for All

- Shared spaces are cleaner, nicer, safer and less affected by the misuse of drugs, alcohol, knife and hate crimes. In some communities, this could be helping towards breaking generations of drug and alcohol misuse.
- Safer spaces to play outside and be safe, allowing young people to socialise with peers away from home and their phones.

### Facilitating Partnership and Engagement

- We work in partnership with schools and their partner agencies who recognise the need for an effective drug, alcohol and resilience education programme.
- Our resources help teachers, who are given the resources to engage their young people in tricky subjects that they may not have in-depth knowledge of.

## Why it Matters

### Parent comments:-

“I have a 30-year-old daughter who did the Life Skills programme 19 years ago. Her decision-making skills, the foundations of which she learnt on the programme, have kept her safe ever since. I am confident the programme has evolved to meet the current needs of children growing up now, like my youngest, who is 8. This issue is critical to me because I have seen first-hand the effects alcoholism and smoking-related illnesses can have on a family and how avoidable they can be with good quality education at the right age.”

“Really impressed with the confidence this programme has helped my daughter find. She has discussed lots of what she has been learning, but more importantly, her friends have been chatting regularly and openly about parts of the book.”

“The Life Skills programme has allowed us to have some good conversations with my son on some subject areas, which we would have found difficult to raise with him.”



### Quotes from the feedback of young people about the knowledge and skills they have learned:

- Don't let people pressure you into doing something
- Be aware of my surroundings and choices I make
- How to be safe when someone has a knife
- How much pressure/stress can affect another person
- The difference between harmful and healthy drugs
- Making friends, gave me confidence
- Know how to communicate better
- I'm putting my hand up more
- I talk to the teacher more

## The Challenges

- Annually, around 768 young people (aged 15 – 19) die from substance misuse.
- There are over 300,000 young people under the care of at least one parent undergoing treatment for some form of alcohol or drug dependency.
- Drug misuse poisoning deaths have increased by nearly 80% since 2012.
- Hospital admissions due to drug dependency, drug-related mental and behaviour disorders and misuse poisonings are 5-6 times higher in the most deprived areas.

## The Cost

- The annual cost of substance misuse treatment is around £3.5 billion.
- The costs associated with the broader implications of alcohol-related disorder are around £21 billion.



# **LIFE SKILLS EDUCATION CHARITY**

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# **LIFE SKILLS EDUCATION CHARITY**

## **REPORT OF THE TRUSTEES for the year ended 31 August 2022**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 August 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

### **OBJECTIVES AND ACTIVITIES**

#### **Objectives and aims**

Under the direction of the trustees, we develop, deliver and continuously evaluate age-appropriate resources for use in primary and secondary schools as well as community organisations within England and Wales.

All resources are delivered by specially trained staff or schoolteachers and community leaders who undergo specific training in the resources they wish to provide.

We continuously evaluate the impact and effectiveness on outcomes of all our resources resulting in updates, amendments and improvements as discovered.

The staff team work closely to gather feedback from all stakeholders such as children, schools, parents, relevant local government departments and partner organisations.

The direct benefits of our work are:

- \* Young people are less likely to become addicted to or dependent upon drugs and other harmful substances reducing the impact on their communities and families.

- \* Schools benefit from young people who are better able to communicate and reason; independent research has shown that the primary school programme improves knowledge surrounding drugs, communication and listening skills, increases confidence in getting help from others and helps young people make safe and responsible choices.

- \* Communities benefit from less anti-social behaviour and crime associated with drug and substance addiction or dependency.

- \* Families become stronger and are less exposed to the risks of young peoples drug use and anti-social behaviour, as a result of the skills and knowledge developed over the course of our programme

#### **Objectives for the year**

We review our aims, objectives and activities each year. This review looks at what we achieved and the outcomes of our work in the previous 12 months. The study looks at the success of each critical activity and the benefits they have brought to those groups of people we are set up to help. The review also helps us ensure that our aims, objectives, and activities remain focused on our stated purposes. We have referred to the charity Commission's general guidance on public benefit when reviewing our aims and objectives and planning our future activities. In particular, the trustees consider how planned activities will contribute to their aims and objectives.

In setting out their objectives and financial strategy, the board has focused on ensuring the Charity is based on a sustainable business model. Recognising that many Charities dependent on receiving grants or providing commissioned services are susceptible to large swings in funding provision, which can threaten the longevity of the delivery of services to meet the Charitable Aims.

Life Skills Education will seek grants for two primary purposes, keeping the products up to date and relevant, including reviewing the effectiveness of delivery and enabling schools to benefit from a cost reduction directly. Only in exceptional circumstances will we seek full funding for the programme. Our experience shows that all parties have improved outcomes when a school directly invests in the programme.

We benefit from the voluntary contributions of the board and a youth advocate. These contributions are welcome and enable the programme to be delivered efficiently and to be seen as a good value investment by our clients, donators and funders.

#### **Public benefit**

The trustees have due regard for the Charity Commission guidance on Public Benefit.

For the public benefit, the advancement of education of young people aged 9 to 16 throughout England and Wales who are in danger of becoming addicted to or dependent upon drugs particularly but not exclusively by providing information and raising awareness through evidenced-based life skills programmes.

# **LIFE SKILLS EDUCATION CHARITY**

## **REPORT OF THE TRUSTEES for the year ended 31 August 2022**

### **STRATEGIC REPORT**

#### **Achievement and performance**

##### **Charitable activities**

The 2021-22 year:

This year is our first part year under our banner of Life Skills Education products delivering Drug, Alcohol and Resilience Training (DAaRT) with 'Resili-Ant' as our Mascot. Launching our new range of products on the 1st of January 2022 was a significant step forward for us and marked the end of an era under the DARE America banner. Our new relationship with Professor Michael Hecht and REAL Prevention enables us to take a more responsive culturally appropriate and dynamic approach to our services and products.

We started the autumn term of 2021 full of hope and optimism that we were over the worst impact of the COVID pandemic in schools. While restrictions were being lifted and immunisation was growing, the primary school environment was still awash with new cases. While we were able to deliver consistently in school, attendance was disrupted.

The picture remained the same in the spring term and started to ease in the Summer of 2022. However, a newly emerging issue was beginning to surface. The growing cost of utilities was having an impact on the education sector. This unplanned emerging issue impacted orders, with schools cancelling delivery or reducing their commitment from fully delivered to teacher-led delivery to reduce costs.

Despite these pressures, we maintained the uplift in pupil numbers achieved in the previous 2020-21 year. The new range of Life Skills Programmes was launched and well received; delivery has otherwise run smoothly.

We have successfully moved all our sales activity from our old customer management system to a new bespoke platform. New computer projects are generally regarded as high risk because they often overrun budgets and are not delivered on time. We have bucked that trend because the project was delivered on time and within the planned budget. The end product is pretty good too. We were able to transfer all our old records to the new system with more powerful analytical tools, enabling us to identify trends more readily. The new system has the capacity we need for the foreseeable future.

We have delivered to those schools that benefited from deferred funding for participating in the Youth Endowment Fund evaluation. Each school that agreed to participate in the evaluation was incentivised by having the programme fully paid for from the fund. For the schools we randomly assigned to the control group, their delivery was delayed until after the evaluation was completed. This did mean that it was a different year group of pupils who benefited from the programme. In all, £96K was carried forward into the 2021/2022 financial year to pay for the delivery in those schools. All that work has now ended, and the full report of the evaluation will be published in September 2022.

We have had some preliminary information shared with us that reflects that the evaluation was severely affected by the COVID pandemic. Yet, we did show a small positive impact on all the indicators in the evaluation. The evaluation aimed to establish if the primary programme impacts wider criminality and violence. In this regard, it was a positive outcome; we show a small yet broader impact on crime and violence. The qualitative data also showed that pupils, parents and teachers reported positive effects on the levels of confidence, communication and decision-making skills. We eagerly await the full report to be published.

We have had a quiet year on the recruitment front. The posts we did recruit for this year were widely advertised, and we experienced the same difficulty as others in our sector in that the marketplace is full of jobs and fewer people for those jobs. We are pleased with the recruitment outcomes; they took much longer to get to where we wanted to be. We have recruited a Human Resources Manager to help us transition away from our online service provided through Citation and a Training and Development Manager who will start at the end of this reporting period and run in unison with the Director of Products and Human Resources, who retires in December 2022.

In reviewing our business plan and people strategy, we commissioned a staff perception survey to inform our approach to the next business plan period. Our staff received this well, and we have a great piece of work which helps to understand what it is like to be an employee in our organisation. 91.2% of our team enjoy working for the Charity. We cannot be complacent and will strive to take the feedback and make improvements; for example, our staff have noticed that we are asking them to travel slightly further than usual. We will take this into account in our planning process. Our team also agree that we should do more to differentiate the delivery of our universal programmes to consider special educational needs. This will become a new work stand for improvements in the programme during the review.

We are grateful for the patience of our partner, Checkpoint Software Technologies, who sponsored the development of our Web Warriors programme. We finally launched the programme in the Primary Schools in 2022 when COVID restrictions were lifted.



## LIFE SKILLS EDUCATION CHARITY

### REPORT OF THE TRUSTEES for the year ended 31 August 2022

After an approach from the Notts FA Safeguarding lead, we were asked to help develop a response to be used by football clubs to reduce the risk of knife violence among their members. In partnership with the Nottinghamshire Police and Crime Commissioner, we secured £10,000 for the creation of the Football Game. The product is finished, and we will evaluate its impact early next year to make it available to all youth football clubs in the UK.

The National Lottery has again supported the Charity with a grant of £10,000 to update the On Track early years programme, which we offer for free via our website. This work has just started and will be completed during the Autumn of 2022.

Here are some of our other headlines for the year:

1. We delivered to 14,740 pupils comprising 495 classes in 335 schools. We maintained our 5000-pupil uplift achieved over the last two years.
2. Generated £147,118 of income from grants, donations and voluntary contributions from business partners:
  - The Notts PCC (Life Skills Game): £10,000
  - Awards for All (On Track): £10,000
  - Garfield Western: £20,000
  - Notts Police 3-year project: £107,083
  - Other £35
3. We completed year 3 of a 3-year project with Nottinghamshire Police, who made available £100k per year for the three years to support Nottinghamshire schools to receive the DARE 25 Programme. During 2021/22, 189 Nottinghamshire schools benefited from this funding.
4. We won three new grants, £10,000 from the Notts PCC for the development of our Football based Game, a £10,000 grant from Awards for All to update our On-Track Programme and a £20,000 core funding grant from the Garfield Western Foundation.
5. Recruited one new DAART Officer, one HR manager and one Training and Development Manager
6. Received over £80,335 in 'in kind' donations from suppliers such as Microsoft, Google, Amazon, Slack, Plesk, and Hotjar through the Charity Digital Exchange/Tech Trust.
7. Our quality assurance systems ensure we deliver to our high standards, guaranteeing a product consistently delivered to all schools. The management team conducted 45 QA visits during the year, taking direct feedback from teachers. Of these, 66 took the time to complete our quality standards questionnaire, showing us being assessed as over 65% outstanding and 97.6% either good or outstanding.
8. 29,374 users visited the website 58,910 times over the last 12 months.
9. We now have 559 Facebook followers.
10. Engaging MPs to support our programmes resulted in specific questions in the House of Commons about our products and their use in primary schools to reduce crime.
11. Utilised Linked-in as a source for Sales and Marketing.

#### Financial review

##### Principal funding sources

The Charity's business model is based on seeking grants and or donations to pay for the development of our product range. We then sell the product to the schools. We will also seek opportunities to help schools with the funding to pay for the programme. We can keep the cost of delivery at the cost to the charity, ensuring that we offer an excellent value for money product which is sought by teachers and applauded by parents' careers and students.

The Charity Trustees ensure that our funding sources do not compromise our ability to provide fair and objective information to young people about the uses of drugs and alcohol. We will care about our environmental impact and seek to use cost effective materials and delivery methods which have minimal impact on the environment.

##### Investment policy and objectives

Most of the charity's funds are to be spent in the short term so there are few funds for long-term investments. This will be reviewed throughout the following year and any excess of funds generated will be invested appropriately by the trustees in line with our Memorandum and Articles of Association and the Charities Act.

##### Reserves policy

Our business model enables the Charity to operate with low reserves ensuring Life Skills Education make full use of its income while allowing our customers and service users to benefit from low costs which cover our basic running costs making the products accessible to more young people. This is achieved through careful cash flow management and ensuring that we operate an order book two terms in advance of expenditure. Effectively giving us a six month reserve window.

## LIFE SKILLS EDUCATION CHARITY

### REPORT OF THE TRUSTEES for the year ended 31 August 2022

#### STRATEGIC REPORT

##### Future Developments

We have three primary goals for the future:

1. Launch an all-new secondary programme
2. Take the Football Game to the FA and Premier League to launch among all youth football teams
3. To build our programmes to take them from paper-based to electronic.

During 2022-23 we will continue to find a funding partner for the secondary programme. This year has been frustrating because we have had two applications rejected for the funding we need to take our content onto a digital platform for the secondary market. We will review, refresh and surge again.

Our football game is being piloted and evaluated. Once this is finished, we will take the evidence of effectiveness to partners and open the channel for further negotiation with the leading football body.

Our final goal is a three to five-year aspiration. We know the workbook will become a burden rather than an asset in the next 3-5 years. The challenge is finding a suitable electronic method to replicate or replace our current methodology in using the workbook. We keep this subject at the top of our agenda and allocate time for consultation and exploratory discussion about how this can be realised. We are aware of the extent of digital poverty as it is today. However, we see that as short-lived.

We anticipate that 2022-23 will be one of consolidation and exploring new channels for our sales. The market and finances are such that we expect that growth at the same rate is unlikely but remains a goal.

#### STRUCTURE, GOVERNANCE AND MANAGEMENT

##### Governing document

Life Skills Education Charity is a company limited by guarantee and is registered as a charity with the Charity Commission, registration number 07742739. Its affairs are governed by its Memorandum and Articles of Association. The Company has to comply with both the Companies Act 1985 and the Statement of Recognised Practice.

The liability of the members in the event of the company being wound up is limited to a sum not exceeding £10 each

The Memorandum of Association restricts the use of the charity's income and property, such that they must be applied solely toward the objects of the charity and specifically disallows the payment of dividends, bonuses or profits to the members.

##### Recruitment and appointment of new trustees

The directors of the company are also charity trustees for the purpose of charity law and under the company's Articles are known as members of the board.

Under the requirements of the Memorandum and Articles of Association the members of the board are appointed to serve for a period of three years after which they must be re-elected at the next Annual general Meeting.

All members of the board give their time voluntarily and receive no benefits from the charity.

The number of trustees shall not be less than three.

##### Induction and training of new trustees

Potential trustees are identified according to criteria set by the board, so that there is a varied range of abilities, skills and experience.

Most trustees are already familiar with the practical work of the charity, having been encouraged to take up roles by existing trustees or staff.

Additionally, new trustees are invited and encouraged to attend an initial induction training session to familiarise themselves with the charity and the context within which it operates. Each trustee is also encouraged to attend lessons delivered by DAaRT officers and a graduation ceremony to experience the programme first hand.

The primary documents that set out the charity's operational framework, including the Memorandum and Articles, business plan and accounts, are supplied to new trustees and explained by the CEO and Chairman. A Question & Answer pack has also been prepared, drawing information from the various Charity Commission publications signposted through the Commission's guide "the Essential Trustee" as a follow-up to these sessions. This is distributed to all new trustees. Feedback from new trustees about their induction has been very positive.

# **LIFE SKILLS EDUCATION CHARITY**

## **REPORT OF THE TRUSTEES for the year ended 31 August 2022**

### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

#### **Organisational structure**

The Trustees meet on a regular basis throughout the year. Relevant staff, to ensure clarity of operation and joint understanding of the issues involved, attend these meetings.

A scheme of delegation is in place, and day-to-day responsibility for the provision of the services rests with the Chief Executive and the two non-board Directors.

The Chief Executive ensures that the charity delivers the services specified and that key performance indicators are met. The Director of Finance and Operations and The Director of HR and product development are responsible for the charity's day-to-day operational management, individual supervision of the staff team and ensuring that the team continue to develop their skills and working practices in line with good practice.

#### **Risk management**

The board has reviewed the significant risks to which the charity is exposed. A risk register has been established and is updated at least annually and reviewed at each board meeting. Systems or procedures have been implemented to mitigate the charity's risks. Significant external risks to funding have led to the development of a strategic plan which allows for the diversification of funding and activities. Risks relating to internal controls are minimised by implementing procedures for authorising all transactions and projects. Systems are in place to ensure compliance with health and safety and other legal obligations such as GDPR covering all staff, volunteers and clients. We have an up-to-date Safeguarding Policy, and all staff are subject to enhanced DBS checks.

In so far as it is complimentary to the charity's objects, the charity is guided by both local and national policy. At a national level, drug and alcohol education is steered by defined principles. The charity contributed to monitoring those standards and was held as good practice in Ministerial papers. Teachers are asked to complete a survey to measure the delivery of the programme against national standards-97.6% of the surveys rate delivery as good or outstanding.

### **REFERENCE AND ADMINISTRATIVE DETAILS**

#### **Registered Company number**

07742739 (England and Wales)

#### **Registered Charity number**

1172680

#### **Registered office**

6 Sherwood Rise  
Nottingham  
NG7 6JF

#### **Trustees**

L Ayoola  
A P Camilleri Chairman (resigned 28.9.22)  
P S Chadbourne  
A Cresswell  
S Harvey (resigned 23.12.21)  
R A Lord Interim Chairman  
L M J Freeman  
C T Cooke (appointed 3.10.22)  
R J Cox (appointed 3.10.22)  
S Desai (appointed 3.10.22)  
T R Wheatley (appointed 3.10.22)

The Trustees present their annual report together with the unaudited financial statements of the year ended 31 August 2022.

#### **Company Secretary**

S Longcroft

**LIFE SKILLS EDUCATION CHARITY**

**REPORT OF THE TRUSTEES  
for the year ended 31 August 2022**

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Independent Examiner**

Hewitt Card Chartered Certified Accountants

ACCA

Hewitt Card Limited

Chartered Certified Accountants

70-72 Nottingham Road

Mansfield

Nottinghamshire

NG18 1BN

**Solicitors**

Shoosmiths LLP

100 Avebury Boulevard

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**Human Resource Services**

Citation Ltd

King Court

Water Lane

Wilmslow

SK9 5AR

**SENIOR MANAGEMENT TEAM**

Mr P Moyes

Chief Executive

Mr S Longcroft

The Director of Finance and Operations

Mrs A Sheard

The Director of HR and product development

Mrs K Burke

Sales & Marketing Manager

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors,  
on .....31/12/22..... and signed on the board's behalf by:

  
.....  
R A Lord - Trustee



## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF LIFE SKILLS EDUCATION CHARITY

### Independent examiner's report to the trustees of Life Skills Education Charity ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 August 2022.

#### Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

#### Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ACCA which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Hewitt Card Chartered Certified Accountants  
ACCA  
Hewitt Card Limited  
Chartered Certified Accountants  
70-72 Nottingham Road  
Mansfield  
Nottinghamshire  
NG18 1BN

Date: .....13/12/22.....

**LIFE SKILLS EDUCATION CHARITY**

**STATEMENT OF FINANCIAL ACTIVITIES  
for the year ended 31 August 2022**

	Notes	Unrestricted fund £	Restricted funds £	2022 Total funds £	2021 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	127,118	20,000	147,118	135,191
Activities for generating fund	3	268,512	-	268,512	419,212
<b>Total</b>		<u>395,630</u>	<u>20,000</u>	<u>415,630</u>	<u>554,403</u>
 <b>EXPENDITURE ON</b>					
Raising funds	4	2,632	-	2,632	7,698
<b>Charitable activities</b>	5				
Charitable activities		442,539	12,099	454,638	500,868
<b>Total</b>		<u>445,171</u>	<u>12,099</u>	<u>457,270</u>	<u>508,566</u>
 <b>NET INCOME/(EXPENDITURE)</b>		(49,541)	7,901	(41,640)	45,837
 <b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		151,938	6,793	158,731	112,894
 <b>TOTAL FUNDS CARRIED FORWARD</b>		<u>102,397</u>	<u>14,694</u>	<u>117,091</u>	<u>158,731</u>

The notes form part of these financial statements

# LIFE SKILLS EDUCATION CHARITY

## BALANCE SHEET 31 August 2022

	Notes	Unrestricted fund £	Restricted funds £	2022 Total funds £	2021 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	9	17,232		17,232	26,960
<b>CURRENT ASSETS</b>					
Debtors	10	58,230	-	58,230	39,916
Cash at bank and in hand		117,776	14,694	132,470	248,093
		<u>176,006</u>	<u>14,694</u>	<u>190,700</u>	<u>288,009</u>
<b>CREDITORS</b>					
Amounts falling due within one year	11	(56,799)	-	(56,799)	(112,536)
<b>NET CURRENT ASSETS</b>		<u>119,207</u>	<u>14,694</u>	<u>133,901</u>	<u>175,473</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>136,439</u>	<u>14,694</u>	<u>151,133</u>	<u>202,433</u>
<b>CREDITORS</b>					
Amounts falling due after more than one year	12	(34,042)		(34,042)	(43,702)
<b>NET ASSETS</b>		<u>102,397</u>	<u>14,694</u>	<u>117,091</u>	<u>158,731</u>
<b>FUNDS</b>	14				
Unrestricted funds				102,397	151,938
Restricted funds				14,694	6,793
<b>TOTAL FUNDS</b>				<u>117,091</u>	<u>158,731</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 August 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 August 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on 13/12/22 and were signed on its behalf by:

  
R.A. Lord - Trustee

The notes form part of these financial statements

**LIFE SKILLS EDUCATION CHARITY**

**CASH FLOW STATEMENT  
for the year ended 31 August 2022**

	Notes	2022 £	2021 £
<b>Cash flows from operating activities</b>			
Cash generated from operations	1	(103,208)	123,557
Interest paid		(801)	-
Net cash (used in)/provided by operating activities		<u>(104,009)</u>	<u>123,557</u>
<b>Cash flows from investing activities</b>			
Purchase of tangible fixed assets		<u>(5,316)</u>	<u>(30,606)</u>
Net cash used in investing activities		<u>(5,316)</u>	<u>(30,606)</u>
<b>Cash flows from financing activities</b>			
New loans in year		-	50,000
Loan repayments in year		<u>(6,298)</u>	<u>-</u>
Net cash (used in)/provided by financing activities		<u>(6,298)</u>	<u>50,000</u>
<b>Change in cash and cash equivalents in the reporting period</b>		<u>(115,623)</u>	<u>142,951</u>
<b>Cash and cash equivalents at the beginning of the reporting period</b>		<u>248,093</u>	<u>105,142</u>
<b>Cash and cash equivalents at the end of the reporting period</b>		<u><u>132,470</u></u>	<u><u>248,093</u></u>

The notes form part of these financial statements



**LIFE SKILLS EDUCATION CHARITY**

**NOTES TO THE CASH FLOW STATEMENT  
for the year ended 31 August 2022**

**1. RECONCILIATION OF NET (EXPENDITURE)/INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES**

	2022	2021
	£	£
<b>Net (expenditure)/income for the reporting period (as per the Statement of Financial Activities)</b>	<b>(41,640)</b>	45,837
<b>Adjustments for:</b>		
Depreciation charges	<b>15,044</b>	12,477
Interest paid	<b>801</b>	-
Increase in debtors	<b>(18,314)</b>	(15,809)
(Decrease)/increase in creditors	<b>(59,099)</b>	81,052
<b>Net cash (used in)/provided by operations</b>	<b>(103,208)</b>	123,557

**2. ANALYSIS OF CHANGES IN NET FUNDS**

	At 1.9.21	Cash flow	At 31.8.22
	£	£	£
<b>Net cash</b>			
Cash at bank and in hand	<b>248,093</b>	<b>(115,623)</b>	<b>132,470</b>
	<b>248,093</b>	<b>(115,623)</b>	<b>132,470</b>
<b>Debt</b>			
Debts falling due within 1 year	<b>(6,298)</b>	<b>(3,362)</b>	<b>(9,660)</b>
Debts falling due after 1 year	<b>(43,702)</b>	<b>9,660</b>	<b>(34,042)</b>
	<b>(50,000)</b>	<b>6,298</b>	<b>(43,702)</b>
<b>Total</b>	<b>198,093</b>	<b>(109,325)</b>	<b>88,768</b>

The notes form part of these financial statements

# LIFE SKILLS EDUCATION CHARITY

## NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 August 2022

### 1. ACCOUNTING POLICIES

#### Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

#### Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

#### Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

#### Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 15% on reducing balance
Computer equipment	- Straight line over 3 years

#### Taxation

The charity is exempt from corporation tax on its charitable activities.

#### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

#### Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

#### Voluntary help and gifts in kind

The Charity benefits from the many voluntary hours contributed by its supporters. In addition, companies and organisations have provided the use of facilities and equipment without charge. It would be impossible to place a value on these gifts in kind for which the Charity is extremely grateful, and without which, much of the work undertaken could not be achieved.

### 2. DONATIONS AND LEGACIES

	2022	2021
	£	£
Donations	147,118	110,448
Grants	-	24,743
	<u>147,118</u>	<u>135,191</u>

Grants received, included in the above, are as follows:

	2022	2021
	£	£
Government grants re COVID19	-	24,743
	<u>-</u>	<u>24,743</u>

**LIFE SKILLS EDUCATION CHARITY**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
for the year ended 31 August 2022**

**3. ACTIVITIES FOR GENERATING FUND**

	<b>2022</b>	2021
	<b>£</b>	£
School programme	<b>262,070</b>	418,741
Other income	<b>6,442</b>	471
	<u><b>268,512</b></u>	<u>419,212</u>

**4. RAISING FUNDS**

**Raising donations and legacies**

	<b>2022</b>	2021
	<b>£</b>	£
Marketing and advertising	<u><b>2,632</b></u>	<u>7,698</u>

**5. CHARITABLE ACTIVITIES COSTS**

	Direct Costs £
Charitable activities	<u><b>454,638</b></u>

**6. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	<b>2022</b>	2021
	<b>£</b>	£
Depreciation - owned assets	<u><b>15,044</b></u>	<u>12,477</u>

**7. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 August 2022 nor for the year ended 31 August 2021.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 August 2022 nor for the year ended 31 August 2021.

**8. STAFF COSTS**

	<b>2022</b>	2021
	<b>£</b>	£
Wages and salaries	<b>300,533</b>	345,618
Social security costs	<b>10,449</b>	11,380
Other pension costs	<b>4,186</b>	3,852
	<u><b>315,168</b></u>	<u>360,850</u>

The average monthly number of employees during the year was as follows:

	<b>2022</b>	2021
	<b>37</b>	41
Total staff	<u><b>37</b></u>	<u>41</u>

No employees received emoluments in excess of £60,000.

**LIFE SKILLS EDUCATION CHARITY**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
for the year ended 31 August 2022**

**9. TANGIBLE FIXED ASSETS**

	Fixtures and fittings £	Computer equipment £	Totals £
<b>COST</b>			
At 1 September 2021	8,981	45,769	54,750
Additions	3,847	1,469	5,316
	<u>12,828</u>	<u>47,238</u>	<u>60,066</u>
At 31 August 2022			
<b>DEPRECIATION</b>			
At 1 September 2021	826	26,964	27,790
Charge for year	1,578	13,466	15,044
	<u>2,404</u>	<u>40,430</u>	<u>42,834</u>
At 31 August 2022			
<b>NET BOOK VALUE</b>			
At 31 August 2022	<u>10,424</u>	<u>6,808</u>	<u>17,232</u>
At 31 August 2021	<u>8,155</u>	<u>18,805</u>	<u>26,960</u>

**10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2022 £	2021 £
Trade debtors	5,217	8,878
Prepayments	53,013	31,038
	<u>58,230</u>	<u>39,916</u>

**11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2022 £	2021 £
Bank loans and overdrafts (see note 13)	9,660	6,298
Trade creditors	26,937	3,712
Social security and other taxes	2,877	3,114
Monies received in advance	13,717	95,998
Accrued expenses	3,608	3,414
	<u>56,799</u>	<u>112,536</u>



LIFE SKILLS EDUCATION CHARITY

NOTES TO THE FINANCIAL STATEMENTS - continued  
for the year ended 31 August 2022

12. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	2022 £	2021 £
Bank loans (see note 13)	<u>34,042</u>	<u>43,702</u>

13. LOANS

An analysis of the maturity of loans is given below:

	2022 £	2021 £
Amounts falling due within one year on demand:		
Bank loans	<u>9,660</u>	<u>6,298</u>
Amounts falling between one and two years:		
Bank loans - 1-2 years	<u>9,915</u>	<u>9,660</u>
Amounts falling due between two and five years:		
Bank loans - 2-5 years	<u>24,127</u>	<u>34,042</u>

14. MOVEMENT IN FUNDS

	At 1.9.21 £	Net movement in funds £	At 31.8.22 £
<b>Unrestricted funds</b>			
General fund	151,938	(49,541)	102,397
<b>Restricted funds</b>			
City of London schools	1,793	-	1,793
Awards for All	-	9,901	9,901
Clothworkers Foundation	5,000	(5,000)	-
Police & Crime Commissioners	-	3,000	3,000
	<u>6,793</u>	<u>7,901</u>	<u>14,694</u>
<b>TOTAL FUNDS</b>	<u>158,731</u>	<u>(41,640)</u>	<u>117,091</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	395,630	(445,171)	(49,541)
<b>Restricted funds</b>			
Awards for All	10,000	(99)	9,901
Clothworkers Foundation	-	(5,000)	(5,000)
Police & Crime Commissioners	10,000	(7,000)	3,000
	<u>20,000</u>	<u>(12,099)</u>	<u>7,901</u>
<b>TOTAL FUNDS</b>	<u>415,630</u>	<u>(457,270)</u>	<u>(41,640)</u>

LIFE SKILLS EDUCATION CHARITY

NOTES TO THE FINANCIAL STATEMENTS - continued  
for the year ended 31 August 2022

14. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.9.20 £	Net movement in funds £	At 31.8.21 £
<b>Unrestricted funds</b>			
General fund	111,101	40,837	151,938
<b>Restricted funds</b>			
City of London schools	1,793	-	1,793
Clothworkers Foundation	-	5,000	5,000
	<u>1,793</u>	<u>5,000</u>	<u>6,793</u>
<b>TOTAL FUNDS</b>	<u>112,894</u>	<u>45,837</u>	<u>158,731</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	544,403	(503,566)	40,837
<b>Restricted funds</b>			
Clothworkers Foundation	10,000	(5,000)	5,000
	<u>554,403</u>	<u>(508,566)</u>	<u>45,837</u>
<b>TOTAL FUNDS</b>	<u>554,403</u>	<u>(508,566)</u>	<u>45,837</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.9.20 £	Net movement in funds £	At 31.8.22 £
<b>Unrestricted funds</b>			
General fund	111,101	(8,704)	102,397
<b>Restricted funds</b>			
City of London schools	1,793	-	1,793
Awards for All	-	9,901	9,901
Police & Crime Commissioners	-	3,000	3,000
	<u>1,793</u>	<u>12,901</u>	<u>14,694</u>
<b>TOTAL FUNDS</b>	<u>112,894</u>	<u>4,197</u>	<u>117,091</u>

# LIFE SKILLS EDUCATION CHARITY

## NOTES TO THE FINANCIAL STATEMENTS - continued for the year ended 31 August 2022

### 14. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	940,033	(948,737)	(8,704)
<b>Restricted funds</b>			
Awards for All	10,000	(99)	9,901
Clothworkers Foundation	10,000	(10,000)	-
Police & Crime Commissioners	10,000	(7,000)	3,000
	<u>30,000</u>	<u>(17,099)</u>	<u>12,901</u>
<b>TOTAL FUNDS</b>	<u>970,033</u>	<u>(965,836)</u>	<u>4,197</u>

Each restricted and designated fund has sufficient resources to enable the fund to be applied in accordance with the restrictions imposed.

ii) Nottinghamshire- MFSS - The final year of a 3-year funding project by the Notts PCC to develop a Knife and Hate Crime aspect to our primary programme and subsidise the delivery of the new programme within Nottinghamshire schools at a rate of 50%.

iii) City of London Schools - The local unit closed, this fund is set aside for if the City of London ever want to use it again.

v] Awards for All - this is for the redevelopment of the Ontrack programme.

vii) Clothworkers Foundation - This was for purchase of computer equipment and has been fully expended.

viii) Police & Crime Commissioners - for the development of a football based game.

### 15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 August 2022.

**LIFE SKILLS EDUCATION CHARITY**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
for the year ended 31 August 2022**

	2022 £	2021 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	147,118	110,448
Grants	-	24,743
	<u>147,118</u>	<u>135,191</u>
<b>Activities for generating fund</b>		
School programme	262,070	418,741
Other income	6,442	471
	<u>268,512</u>	<u>419,212</u>
<b>Total incoming resources</b>	<b>415,630</b>	<b>554,403</b>
<b>EXPENDITURE</b>		
<b>Raising donations and legacies</b>		
Marketing and advertising	2,632	7,698
<b>Charitable activities</b>		
Wages	300,533	345,618
Social security	10,449	11,380
Pensions	4,186	3,852
Rent	2,185	13,034
Insurance	1,755	1,703
Telephone	2,405	3,312
Postage and stationery	3,163	3,958
Travel costs	21,468	27,300
Workbooks and direct costs	36,264	8,472
Teacher training costs	13,873	7,391
Website and IT costs	16,453	27,865
Repairs and maintenance	571	5,138
Accountancy	4,222	4,498
Professional fees	16,429	10,638
Other costs	3,339	11,939
Recruitment	1,498	2,293
Fixtures and fittings	1,578	442
Computer equipment	13,466	12,035
Bank loan interest	801	-
	<u>454,638</u>	<u>500,868</u>
<b>Total resources expended</b>	<b>457,270</b>	<b>508,566</b>
<b>Net (expenditure)/income</b>	<b>(41,640)</b>	<b>45,837</b>

This page does not form part of the statutory financial statements