

LET'S GET GROWING LIMITED

England & Wales · Charity number 1172662

Details

Status Registered

Legal form Charitable company

Company number [07287776](#)

Registered 2017-04-20

Register [View on the Charity Commission register](#)

Contact

Address Steel Farm
Steel
Hexham
NE47 0LG

Phone 07748600498

Email katrina_padmore@yahoo.co.uk

Website www.letsgetgrowing.co.uk

Activities

Objects: TO ASSIST IN THE TREATMENT AND CARE OF PERSONS SUFFERING FROM PHYSICAL AND MENTAL ILLNESS OF ANY DESCRIPTION OR IN NEED OF REHABILITATION AS A RESULT OF SUCH ILLNESS, IN HEXHAM AND THE SURROUNDING AREAS, BY THE PROVISION OF THERAPEUTIC GARDENING AND HORTICULTURE. TO ADVANCE THE EDUCATION OF THE PUBLIC, IN PARTICULAR BUT NOT EXCLUSIVELY YOUNG PEOPLE, IN THE SUBJECT OF HORTICULTURE AND RELATED PRACTICES.

Activities: Lets Get Growing provides regular gardening therapy sessions for adults of all ages experiencing a range of mental and physical health difficulties, including depression, anxiety, PTSD, bi polar disorder, dementia and mild learning difficulties. Also one-off therapeutic garden workshops for a range of groups, including addicts in recovery, homeless people, carers, refugees & asylum seekers.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes
- **Who:** The General Public/mankind

Geography

- Durham
- Gateshead
- Newcastle Upon Tyne City
- Northumberland

Finances

Period end	Income	Expenditure	Assets	Employees
2025-11-30	£66,758	£83,034	-	-
2024-11-30	£78,896	£70,816	-	-
2023-11-30	£70,174	£66,802	-	-
2022-11-30	£66,727	£64,259	-	-
2021-11-30	£47,295	£45,735	-	-
2020-11-30	£66,700	£44,771	-	-

Trustees

Name	Role	Appointed
Dr Ruth Briel		2023-02-01
EILEEN EWEN		2013-04-03
ELIZABETH HUME		2015-11-23

LET'S GET GROWING LIMITED

England & Wales - Charity number 1172662

Accounts

Let's Get Growing Ltd.

Annual Report and Unaudited Financial Statements

1 December 2024 to 30 November 2025

Let's Get Growing Ltd.**Company Information**

Directors Mrs Eileen Ewen
Mrs Elizabeth Hume
Ms Nuala O'Brien
Dr. Ruth Briel

Secretary Katrina Padmore

Company Number 7287776

Charity Registration Number 1172662

Registered Office Steel Farm Cottage
Steel
Hexham
Northumberland
NE47 0LG

Bankers The Co-operative Bank
PO Box 250
Delf House
Skelmersdale
WN8 6WT

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Let's Get Growing Ltd.

Directors' Report 1 December 2024 – 30 November 2025

The Directors present their report and the financial statements for 1 December 2024 to 30 November 2025

Objectives and activities

Purposes

The purposes of Let's Get Growing, as set out in our Articles of Association are:-

- To assist in the treatment and care of persons suffering from physical and mental illness of any description or in need of rehabilitation as a result of such illness, in Hexham and the surrounding areas, by the provision of therapeutic gardening and horticulture.
- To advance the education of the public, in particular, but not exclusively, young people in the subject of horticulture and related practices.

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when setting our aims and objectives and in planning our future activities.

Activities

In the financial year ending 30 November 2025, Let's Get Growing provided the following services:-

- Our regular twice weekly gardening therapy sessions at Minsteracres Peace Garden (working with adults aged 20 – 80+ yrs experiencing a range of mental and physical health difficulties, including depression, anxiety, PTSD, bi-polar disorder, dementia and mild learning difficulties) remained open throughout the period.
- Additional one-off therapeutic garden workshops were provided for a diverse range of groups of all ages, including addicts in recovery, homeless people, carers, refugees and asylum seekers.

Achievements and Performance

- Our gardening therapy sessions thrived and we have continued to record positive feedback from our regular 1:1 sessions with all participants, as well as from their carers/families.
- We continued to focus on supporting mental health, with participants expressing that attending the project has had an important role in their recovery to mental well-being. It has been a joy to witness some notable improvements in some members of the group.
- We were sad to say goodbye to some longstanding participants with Alzheimer's, although confident that we had been able to support them really well through to the latter stages of their illness, providing mental stimulation, physical exercise and friendship which might otherwise have been absent.
- We were delighted to receive funding to install a new full-height accessible raised bed and large polytunnel. These will enable us provide activities that are more accessible for those with limited mobility, to extend our growing season and to grow a wider range of fruit and veg. We anticipate that the polytunnel, with its central circular work area with table and chairs, will provide a pleasant, dry, indoor workspace on rainy days.
- Despite the challenge of keeping the garden adequately watered through a dry growing season, the increased sunshine produced record crops of fruit and veg in 2025. We once again combined a small

subsidised veg box scheme, open to those attending gardening sessions, with selling produce to the Angel Inn in Corbridge. Next year, we plan to expand the veg box scheme within the local community, although we are aware that crop volumes are very weather-dependent and can vary from year to year.

- We ran a variety of nature-based arts and crafts sessions, making hand-painted signs for the vegetable and herb beds, willow sculptures, a large outdoor wall hanging, seasonal collages using leaves, seed heads and pine cones, decoupage glass candle jars and home-made wax candles.
- We once again used funds to put on some special summer and autumn barbeques. These are always popular and an excellent way to provide a treat in a familiar environment where we can comfortably meet everyone's support needs.
- We hosted our usual summer open day in the garden, which was a great way to showcase the project. Our pantomime – 'The Mystery of the Missing Carrots' – revealed some real acting talent amongst our participants and one member of the group has subsequently gone on to join a local drama group. We sang 'Naked in the Garden' (fully clothed) as a round for our guests! The youngest child in the audience cut the ribbon to open our newly installed polytunnel officially.
- As usual, we ran additional one-off sessions in the garden for a range of other beneficiary groups of all ages, from children to adults, including refugees, carers, addicts in recovery, homeless and mental health groups amongst others. Feedback from these sessions was very positive and heart-warming as ever. This work continues to challenge our imagination, skill and flexibility, in responding to the needs of these diverse groups.
- All of this was made possible by a skilled and committed team of staff and volunteers. During the year, we have been successful in attracting one young female and one older male volunteer to broaden our stable and highly skilled volunteer group. As well as formal volunteer meetings to explore a variety of safeguarding scenarios and the particular needs of individual participants in depth, there is always an informal space before gardening sessions, when volunteers can chat and raise concerns. In addition, the co-ordinators continued to provide one-to-one time for each volunteer to discuss how they are getting along and any further guidance or training needed.
- We continued to prioritise teaching organic growing skills and planting to create bio-diversity.
- The whole garden, including the extensive ornamental areas, continue to be maintained to provide a beautiful, therapeutic space, not just for those attending gardening therapy sessions, but also for the local community.
- The project is promoted through our website and we also maintain an ongoing instagram presence, with participants, volunteers and staff able to share photos of memorable moments in and around the garden, capturing something of the diversity and humour of what happens here. We appreciate the ability this provides to stay connected with all our friends and supporters, some of whom have made significant financial contributions to our work, for which we are very grateful.

Financial review

The principal income sources for Let's Get Growing are from participant contributions for regular gardening therapy sessions, produce sales and additional one-off therapeutic workshops, as well as from funding from charitable trusts and private donations. The breakdown by approximate percentage of all our income sources in this accounting period is shown below.

INCOME SOURCE	%
Participant contributions	56
Produce sales	7
Additional one-off workshops	6
Private donations and GiftAid	10
Charitable grants	21

We are grateful to the Truemark Trust, Shears Foundation, Community Foundation and Healey Parish Council Fund for charitable funding. We are also very grateful for the generosity of individual one-off and regular donors.

We remain committed to providing free or subsidised places to those who can benefit from the project, but who are unable to access statutory funding and do not have private means. Mostly this seems to be those with mental health difficulties, who are living on benefits and are not eligible for a personal budget/direct payment. We anticipate that we shall therefore require some charitable funding into the future to accommodate this aim, as well as to support the work of the organisation as a whole.

At the end of the reporting period, Let's Get Growing carried forward £20,170 restricted charitable funding allocated to the Minsteracres gardening therapy project, to be spent during the next financial year.

Structure, Governance and Management

The organisation is a charitable company limited by guarantee, incorporated on 17 June 2010 and registered as a charity on 20 April 2017. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £10.

During the accounting period, there were four directors on the board. The directors of the company are also charity trustees for the purposes of charity law and, under the company's Articles, are known as members of the Management Committee. Under the requirements of the Memorandum and Articles of Association, one third of the members of the Management Committee must retire at each Annual General Meeting and may stand for re-election if desired.

The Management Committee seeks to ensure that the needs of this group are appropriately reflected through the diversity of the trustee body, which included a retired head teacher, retired social worker, retired communications manager and retired psychiatrist. All members of the Management Committee give their time voluntarily and receive no benefits from the charity.

The directors who served during the year are as stated below:-

Mrs Eileen Ewen Ms Nuala O'Brien
Mrs Elizabeth Hume Dr. Ruth Briel

This report was approved by the Board on 6 February 2026 and signed on its behalf by

E. Hume

Elizabeth Hume (Chair)

E. M. Ewen

Eileen Ewen (Director)

Let's Get Growing Ltd.

Statement of Financial Activities
From 1 December 2024 to 30 November 2025

	Unrestricted Funds	Restricted Funds	2024/2025	2023/2024
INCOME	4,317	62,441	66,758	78,896
Direct expenditure	4,633	71,469	76,102	64,124
	-316	-9,028	-9,344	14,772
Administrative Expenses	0	6,932	6,932	6,693
	-316	-15,960	-16,276	8,079
Creditors: amounts falling due within one year				
Unpaid wages	0	0	0	0
Net income	-316	-15,960	-16,276	8,079
Funds b/f as at 1 Dec 2024	1,316	36,130	37,446	29,366
Total funds carried forward	1,000	20,170	21,170	37,445

Let's Get Growing Ltd.
Balance Sheet as at 30 November 2025

	2024/2025 £	2023/2024 £
Current assets		
Bank Current Account	21,170	37,446
Total current assets	21,170	37,446
Creditors: amounts falling due within one year	0	0
Total net assets	21,170	37,446

Capital and reserves

	2024/2025	2023/2024
Called up share capital	0	0
Income and expenditure account	21,170	37,446
Total members funds	21,170	37,446

Directors' Statements

For the accounting period ended 30 November 2023, the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

The accounts have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

E. Hume

Elizabeth Hume
Chair

E. M. Ewen

Eileen Ewen
Director

Let's Get Growing Ltd.**Notes to the financial statements
For the period 1 December 2024 to 30 November 2025****1. Accounting policies****1.1. Accounting convention**

The financial statements are prepared under the historical cost convention and in accordance with applicable accounting standards, and in accordance with the Financial Reporting Standard for Smaller Entities 2015.

1.2. Turnover

Turnover represents the total invoice value, excluding value added tax, of sales made during the year and derives from the provision of services falling within the company's ordinary activities, wholly undertaken within the UK.

2. Company limited by guarantee

The company is limited by guarantee. Every member of the Company undertakes to contribute such amount as may be required (not exceeding £10) to the Company's assets if it should be wound up while they are a member, or within one year after ceasing to be a member, for payment of the Company's debts and liabilities contracted before ceasing to be a member, and of the costs, charges and expenses of winding up, and for the adjustment of the rights of the contributories among themselves. If the Company is wound up or dissolved and after all its debts and liabilities have been satisfied there remains any property it shall not be paid to, or distributed among the members of the Company, but shall be given or transferred to some other Company or charities having similar objects which prohibit the distribution of its income and property, directly or indirectly, by way of dividend, bonus or otherwise by way of profit, to members of the Company

3. Controlling interest

In the opinion of the directors the company is under no controlling interest.

Let's Get Growing Ltd.

4. Detailed income and expenditure account for the period 1 December 2024 to 30 November 2025

Income	1 Dec 2024 - 30 Nov 2025		
	Restricted	Unrestricted	Total
Grants:			
Truemark Trust	6,000.00	0.00	6,000.00
Shears Foundation	5,428.00	0.00	5,428.00
Community Foundation	2,000.00	0.00	2,000.00
Healey Parish Council	300.00	0.00	300.00
Total Grants	13,728.00	0.00	13,728.00
Donations	6,036.75	0.00	6,036.75
Participant contributions	37,336.73	0.00	37,336.73
Produce sales:			
Veg box scheme	905.00	0.00	905.00
Other produce sales	3,241.86	0.00	3,241.86
Total Produce sales	4,146.86	0.00	4,146.86
Garden project fees	0.00	4,260.00	4,260.00
Building rental	150.00	0.00	150.00
Sundry	196.83	56.80	253.63
GiftAid	846.03	0.00	846.03
TOTAL INCOME	62,441.20	4,316.80	66,758.00
Expenditure			
Direct Expenditure:			
Project management fees	48,023.40	4,404.10	52,427.50
Garden materials	7,448.69	229.28	7,677.97
Participant transport	6,660.00	0.00	6,660.00
Participant outings/BBQ's	0.00	0.00	0.00
New polytunnel and raised bed	9,336.74	0.00	9,336.74
	71,468.83	4,633.38	76,102.21
Administration Expenses :			
Admin/accounting fees	5,751.30	0.00	5,751.30
Printing	248.00	0.00	248.00
Stationery/Postage	52.90	0.00	52.90
Companies House	34.00	0.00	34.00
Insurance	772.59	0.00	772.59
Sundry	72.90	0.00	72.90
	6,931.69	0.00	6,931.69
TOTAL EXPENDITURE	78,400.52	4,633.38	83,033.90
Creditors: amounts falling due within one year	0.00	0.00	0.00
Retained surplus from period	-15,959.32	-316.58	-16,275.90
Funds b/f as at 1 Dec 2024	36,129.66	1,316.05	37,445.71
Total funds carried forward	20,170.34	999.47	21,169.81

P. Leathley
23/2/2026

LET'S GET GROWING LIMITED

England & Wales - Charity number 1172662

Accounts

Let's Get Growing Ltd.

Annual Report and Unaudited Financial Statements

1 December 2023 to 30 November 2024

Let's Get Growing Ltd.**Company Information**

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Secretary Katrina Padmore

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Let's Get Growing Ltd.

Directors' Report

1 December 2023 – 30 November 2024

The Directors present their report and the financial statements for 1 December 2023 to 30 November 2024

Objectives and activities

Purposes

The purposes of Let's Get Growing, as set out in our Articles of Association are:-

- To assist in the treatment and care of persons suffering from physical and mental illness of any description or in need of rehabilitation as a result of such illness, in Hexham and the surrounding areas, by the provision of therapeutic gardening and horticulture.
- To advance the education of the public, in particular, but not exclusively, young people in the subject of horticulture and related practices.

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when setting our aims and objectives and in planning our future activities.

Activities

In the financial year ending 30 November 2024, Let's Get Growing provided the following services:-

- Our regular twice weekly gardening therapy sessions at Minsteracres Peace Garden (working with adults aged 20 – 80+ yrs experiencing a range of mental and physical health difficulties, including depression, anxiety, PTSD, bi-polar disorder, dementia and mild learning difficulties) remained open throughout the period and well-b
- Additional one-off therapeutic garden workshops for a range of groups of all ages, including addicts in recovery, homeless people, carers, refugees and asylum seekers were expanded to include more groups.

Achievements and Performance

- Our gardening therapy sessions thrived, with significant benefits for participants who attended, reflected in feedback from both them and their carers/families.
- We continued to focus on supporting mental health and well-being, and promoting personal self-esteem and social confidence, with new participants joining us very successfully after having been significantly isolated at home through mental ill-health.
- We also continued to support people with dementia through to the latter stages of their illness, which we feel is a particular strength of the project, which successfully provides mental stimulation, physical exercise and friendship which might otherwise be absent for these participants.
- We once again combined a small subsidised veg box scheme, open to those attending gardening sessions, with selling produce to the Angel Inn in Corbridge, despite a tricky growing year in the Peace Garden as a consequence of the weather conditions, in particular a very cold late spring.
- As well as outings to Wheelbirks, we again used funds to put on some special barbeque lunches in the garden, including salads made with garden produce and puddings using our own home-grown fruit.

These were a great success and offered an excellent way to provide a treat in a familiar environment where we could comfortably meet everyone's support needs.

- We hosted a very successful summer open day in the garden, which was a great way to show people what we do. Participant-led drama and singing provided entertainment and we all enjoyed tea and cake together.
- We ran an increased number of additional one-off sessions in the garden for a range of other beneficiary groups of all ages, from children to adults. Feedback from these sessions was very positive and heart-warming. This work requires imagination, skill and flexibility, as these diverse and sometimes challenging groups often require a high level of support.
- All of this was made possible by a skilled and committed team of staff and volunteers. A solid long-standing volunteer group was boosted by an additional volunteer during the course of the year. As well as formal volunteer meetings to explore safeguarding and the needs of individual participants in depth, there is always an informal space before gardening sessions, when volunteers can chat and raise concerns. In addition, the co-ordinators continued to provide one-to-one time for each volunteer to discuss how they are getting along and any further guidance or training needed.
- We continued to prioritise teaching organic growing skills and planting to create bio-diversity.
- The whole garden, including the extensive ornamental areas, were lovingly maintained to provide a beautiful, therapeutic space, not just for those attending gardening therapy sessions, but also for the local community at large.
- Inspired by the challenging weather through 2024, we began the process of fundraising for a new large polytunnel to provide a year-round growing and work space whatever the weather conditions outside. This was kick-started by a sponsored walk with the whole gardening group, which raised a fantastic £2,000. We also plan to create a new large full-height raised bed to enable those with mobility issues to enjoy gardening with ease.
- In addition to our website, we maintained an ongoing instagram presence, with participants, volunteers and staff able to share photos of memorable moments in and around the garden, capturing something of the diversity and humour of what happens here. We appreciate the ability this provides to stay connected with all our friends and supporters.

Financial review

The principal income sources for Let's Get Growing are from participant contributions for regular gardening therapy sessions, produce sales and additional one-off therapeutic workshops, as well as from funding from charitable trusts and private donations. The breakdown by percentage of all our income sources in this accounting period is shown below.

INCOME SOURCE	%
Participant contributions	50
Produce sales	4
Additional one-off workshops	6.5
Private donations and GiftAid	8.5
Charitable grants	31

We are grateful to Boundary Lane Wind Farm and the National Lottery Community Fund for charitable funding.

We are also very grateful for the generosity of individual one-off and regular donors. Especial thanks to all these, including two of our volunteer team who raised £578, plus £136 GiftAid through JustGiving, in doing a sponsored microflight.

We remain committed to providing free or subsidised places to those who can benefit from the project, but who are unable to access statutory funding and do not have private means. Mostly this seems to be those with mental health difficulties who are living on benefits and are not eligible for a personal budget. We anticipate that we shall therefore require some charitable funding into the future to accommodate this aim, as well as to support the work of the organisation as a whole.

At the end of the reporting period, Let's Get Growing carried forward £36,130 restricted charitable funding allocated to the Minsteracres gardening therapy project, to be spent during the next financial year.

Structure, Governance and Management

The organisation is a charitable company limited by guarantee, incorporated on 17 June 2010 and registered as a charity on 20 April 2017. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £10.

There are currently four directors on the board. The directors of the company are also charity trustees for the purposes of charity law and, under the company's Articles, are known as members of the Management Committee. Under the requirements of the Memorandum and Articles of Association, one third of the members of the Management Committee must retire at each Annual General Meeting and may stand for re-election if desired.

The Management Committee seeks to ensure that the needs of this group are appropriately reflected through the diversity of the trustee body, which now includes a retired head teacher, retired social worker, retired communications manager and retired psychiatrist.

All members of the Management Committee give their time voluntarily and receive no benefits from the charity.

The directors who served during the year are as stated below:-

Mrs Eileen Ewen Ms Nuala O'Brien
Mrs Elizabeth Hume Dr. Ruth Briel

This report was approved by the Board on 2025 and signed on its behalf by

..... *E. Hume*

Elizabeth Hume

Chair

..... *E.M. Ewen*

Eileen Ewen

Director

Let's Get Growing Ltd.

Statement of Financial Activities
From 1 December 2023 to 30 November 2024

	Unrestricted Funds	Restricted Funds	2023/2024	2022/2023
INCOME	5,125	73,771	78,896	70,174
Direct expenditure	5,603	58,521	64,124	60,537
	-478	15,250	14,772	9,637
Administrative Expenses	0	6,693	6,693	6,265
Building Costs	0	0	0	0
	-478	8,557	8,079	3,372
Creditors: amounts falling due within one year				
Unpaid wages	0	0	0	0
Net income	-478	8,557	8,079	3,372
Funds b/f as at 1 Dec 2023	1,794	27,572	29,366	25,994
Total funds carried forward	1,316	36,129	37,445	29,366

M Weatherley

Let's Get Growing Ltd.
Balance Sheet as at 30 November 2024

	2023/2024 £	2022/2023 £
Current assets		
Bank Current Account	37,446	25,994
Total current assets	<u>37,446</u>	<u>25,994</u>
Creditors: amounts falling due within one year	0	0
Total net assets	<u>37,446</u>	<u>25,994</u>

Capital and reserves

	2023/2024	2022/2023
Called up share capital	0	0
Income and expenditure account	37,446	25,994
Total members funds	<u>37,446</u>	<u>25,994</u>

Directors' Statements

For the accounting period ended 30 November 2023, the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

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E. Hume

.....
Elizabeth Hume
Chair

E. H. Ewen

.....
Eileen Ewen
Director

Let's Get Growing Ltd.**Notes to the financial statements
For the period 1 December 2023 to 30 November 2024****1. Accounting policies****1.1. Accounting convention**

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3. Controlling interest

In the opinion of the directors the company is under no controlling interest.

Let's Get Growing Ltd.

4. Detailed income and expenditure account for the period 1 December 2023 to 30 November 2024

Income	1 Dec 2023 - 30 Nov 2024		
	Restricted	Unrestricted	Total
Grants:			
Boundary Lane Wind Farm	5,000.00	0.00	0.00
National Lottery Community Fund	19,550.00	0.00	0.00
Total Grants	24,550.00	0.00	24,550.00
Donations	5,687.24	0.00	5,687.24
Participant contributions	38,933.10	0.00	38,933.10
Produce sales:			
Veg box scheme	1,103.00	0.00	1,103.00
Other produce sales	1,981.63	0.00	1,981.63
Total Produce sales	3,084.63	0.00	3,084.63
Garden project fees	0.00	5,125.00	5,125.00
Building rental	440.00	0.00	440.00
Sundry	96.78	0.00	96.78
GiftAid	979.53	0.00	979.53
TOTAL INCOME	73,771.28	5,125.00	78,896.28
Expenditure			
Direct Expenditure:			
Project management fees	45,353.59	4,180.03	49,533.62
Garden materials	6,503.35	622.59	7,125.94
Participant transport	6,381.00	0.00	6,381.00
Participant outings/BBQ's	283.25	0.00	283.25
Project management fees refund	0.00	800.00	800.00
	58,521.19	5,602.62	64,123.81
Administration Expenses :			
Admin/accounting fees	5,719.40	0.00	5,719.40
Printing	0.00	0.00	0.00
Stationery/Postage	142.74	0.00	142.74
Companies House	34.00	0.00	34.00
Insurance	661.40	0.00	661.40
Website	135.00	0.00	135.00
Sundry	0.00	0.00	0.00
	6,692.54	0.00	6,692.54
TOTAL EXPENDITURE	65,213.73	5,602.62	70,816.35
Creditors: amounts falling due within one year	0.00	0.00	0.00
Retained surplus from period	8,557.55	-477.62	8,079.93
Funds b/f as at 1 Dec 2023	27,572.11	1,793.67	29,365.78
Total funds carried forward	36,129.66	1,316.05	37,445.71



LET'S GET GROWING LIMITED

England & Wales - Charity number 1172662

Accounts

Let's Get Growing Ltd.

Annual Report and Unaudited Financial Statements

1 December 2022 to 30 November 2023

Let's Get Growing Ltd.**Company Information**

Directors Mrs Eileen Ewen
Mrs Elizabeth Hume
Ms Nuala O'Brien
Dr. Ruth Briel

Secretary Katrina Padmore

Company Number 7287776

Charity Registration Number 1172662

Registered Office Steel Farm Cottage
Steel
Hexham
Northumberland
NE47 0LG

Bankers The Co-operative Bank
PO Box 250
Delf House
Skelmersdale
WN8 6WT

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Let's Get Growing Ltd.

Directors' Report 1 December 2022 – 30 November 2023

The Directors present their report and the financial statements for 1 December 2021 to 30 November 2022

Objectives and activities

Purposes

The purposes of Let's Get Growing, as set out in our Articles of Association are:-

- To assist in the treatment and care of persons suffering from physical and mental illness of any description or in need of rehabilitation as a result of such illness, in Hexham and the surrounding areas, by the provision of therapeutic gardening and horticulture.
- To advance the education of the public, in particular, but not exclusively, young people in the subject of horticulture and related practices.

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when setting our aims and objectives and in planning our future activities.

Activities

In the financial year ending 30 November 2023, Let's Get Growing provided the following services:-

- Our regular twice weekly gardening therapy sessions at Minsteracres Peace Garden (working with adults aged 22 – 85 yrs experiencing a range of physical and mental health difficulties, including depression, anxiety, PTSD, bi-polar disorder, dementia and mild learning difficulties) remained open throughout the period..
- Additional one-off therapeutic garden workshops for a range of groups of all ages, including addicts in recovery, homeless people, carers, refugees and asylum seekers were back to pre-covid levels

Achievements and Performance

- 2023 was a productive year in the Peace Garden at Minsteracres, when our gardening therapy sessions were mostly fully subscribed. We set up meetings for the start of 2024 with both the mental health and learning difficulties care manager teams for Northumberland and look forward to site visits from these teams to the garden in the year ahead. We continued to see significant benefits for participants who attended and this was reflected in feedback from both them and their carers/families. Thanks to the skill and commitment of volunteers and staff, we were glad to be able to maintain attendance by participants with dementia, despite a significant increase in their support needs.

As well as outings to Wheelbirks, we decided to use funds to put on some special barbeque lunches in the garden, including salads made with garden produce and puddings using our own home-grown fruit. These were a great success and offered an excellent way to provide a treat in a familiar environment where we could comfortably meet everyone's support needs.

Our midwinter/Christmas gathering in December brought together participants and family members around a bonfire for carols, followed by hot fruit punch and mince pies. We wrote and performed a group poem reflecting our year in the garden. This is always an important opportunity for connecting with those who support our participants at home.

- Staff member Holly Clay is now a well-established member of the team and continued to provide additional support for the regular gardening therapy group, as well as managing additional one-off sessions in the garden for a range of other beneficiary groups of all ages, from children to adults. Feedback from these sessions was very positive and heart-warming. She is ably supported in this by volunteer and trustee Liz Hume, who provides crucial commitment and skill with these diverse groups often requiring a high level of support.
- We welcomed Ruth Briel as a new trustee and really appreciate the experience she brings of mental health in general and specifically in older age.
- We appreciated the continuing support of a very skilled and committed team of volunteers. As well as formal volunteer meetings and an informal space before gardening sessions, when volunteers can chat and raise concerns, the co-ordinators continued to provide one-to-one time for each volunteer to discuss how they are getting along and any further guidance or training needed. In response to feedback, we held a mental health training day for our volunteers, to promote a deeper understanding of the issues that our gardening therapy participants face and to explore helpful strategies for supporting them. This was an excellent opportunity to discuss individual participants in depth and to share the considerable understanding and expertise within the group.

Thanks to a generous donation by the wife of one of our participants with dementia, we were also able to put on a volunteer social evening with Indian meal, which provided a relaxed setting to chat informally and to get to know each other a little more.

- We continued to prioritise teaching organic growing skills and planting to create bio-diversity. Our new no-dig area is proving very successful for all but root crops, such as carrot and parsnip. We are proud of the wide range of vegetables which grow well. 2023 was also a particularly successful year for soft fruit (blackcurrants, redcurrants and raspberries), which enabled us to get busy making jam for people to take home. We once again combined a small subsidised veg box scheme, open to those attending gardening sessions, with selling produce to the Angel Inn in Corbridge.
- The whole garden, including the extensive ornamental areas, were lovingly maintained to provide a beautiful, therapeutic space, not just for those attending gardening therapy sessions, but also for the local community at large. In May we once again had an Open Day, serving tea and cake to local visitors from County Durham and Northumberland, which provided an opportunity to introduce them to the garden and to our project.
- At the very end of 2022, we set up a new updated website with a more user-friendly admin site, which will facilitate easier management and allow us to increase participant input in the year ahead.
- The instagram account set up in 2022 gave participants, volunteers and staff the opportunity to share photos of memorable moments in and around the garden, which captured something of the diversity of what happens here. We appreciated the increased ability this provided to stay connected with all our friends and supporters.

Financial review

The principal income sources for Let's Get Growing are from participant contributions for regular gardening therapy sessions, produce sales and additional one-off therapeutic workshops, as well as from funding from charitable trusts and private donations. The breakdown by percentage of all our income sources in this accounting period is shown below.

INCOME SOURCE	%
Participant contributions	55
Produce sales	4
Additional one-off workshops	8
Private donations and GiftAid	13
Charitable grants	20

In this reporting period, our regular gardening group met twice weekly. We also ran a number of additional one-off sessions in the garden for a range of other beneficiary groups.

There was an Open Day for the local community, which involved members of the gardening therapy group in selling tea and cake and in providing tours of the garden, which raised £304. The whole group had a hugely enjoyable day doing a sponsored walk around Blanchland which raised £2,026 and trustee Ruth Briel successfully completed an impressive sponsored bike ride from Lands End to John O'Groats, which raised a further fantastic £2,092.

We are also very grateful for the generosity of individual donors.

We remain committed to providing free or subsidised places to those who can benefit from the project, but who are unable to access statutory funding and do not have private means. Mostly this seems to be those with mental health difficulties who are living on benefits and are not eligible for a personal budget. We anticipate that we shall therefore require some charitable funding into the future to accommodate this aim, as well as to support the work of the organisation as a whole.

At the end of the reporting period, Let's Get Growing carried forward £27,572 restricted charitable funding allocated to the Minsteracres gardening therapy project, to be spent during the next financial year.

Structure, Governance and Management

The organisation is a charitable company limited by guarantee, incorporated on 17 June 2010 and registered as a charity on 20 April 2017. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £10.

There are currently four directors on the board. The directors of the company are also charity trustees for the purposes of charity law and, under the company's Articles, are known as members of the Management Committee. Under the requirements of the Memorandum and Articles of Association, one third of the members of the Management Committee must retire at each Annual General Meeting and may stand for re-election if desired.

The Management Committee seeks to ensure that the needs of this group are appropriately reflected through the diversity of the trustee body, which now includes a retired head teacher, retired social worker, retired communications manager and retired psychiatrist.

All members of the Management Committee give their time voluntarily and receive no benefits from the charity.

The directors who served during the year are as stated below:-

Mrs Eileen Ewen Ms Nuala O'Brien
Mrs Elizabeth Hume Dr. Ruth Briel

This report was approved by the Board on 2024 and signed on its behalf by

E. Hume

Elizabeth Hume
Chair

E.M. Ewen

Eileen Ewen
Director

Let's Get Growing Ltd.

**Statement of Financial Activities
From 1 December 2022 to 30 November 2023**

	Unrestricted Funds	Restricted Funds	2022/2023	2021/2022
INCOME	5,675	64,499	70,174	66,727
Direct expenditure	4,762	55,775	60,537	58,052
	913	8,724	9,637	8,675
Administrative Expenses	0	6,265	6,265	5,927
Building Costs	0	0	0	0
Charitable Donations (Ukraine)	0	0	0	280
	913	2,459	3,372	2,468
Creditors: amounts falling due within one year	0	0	0	0
Unpaid wages	0	0	0	0
Net income	913	2,459	3,372	2,468
Funds b/f as at 1 Dec 2021	881	25,113	25,994	23,526
Total funds carried forward	1,794	27,572	29,366	25,994

IP [Signature]
7/2/2024

Let's Get Growing Ltd.
Balance Sheet as at 30 November 2023

	2022/2023 £	2021/2022 £
Current assets		
Bank Current Account	25,994	23,526
Total current assets	25,994	23,526
Creditors: amounts falling due within one year	0	0
Total net assets	25,994	23,526

Capital and reserves

	2022/2023	2021/2022
Called up share capital	0	0
Income and expenditure account	25,994	23,526
Total members funds	25,994	23,526

Eileen Ewen
7/2/2024

Directors' Statements

For the accounting period ended 30 November 2023, the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

The accounts have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

E. Hume
.....
Elizabeth Hume
Chair

E.M. Ewen
.....
Eileen Ewen
Director

Let's Get Growing Ltd.**Notes to the financial statements
For the period 1 December 2022 to 30 November 2023****1. Accounting policies****1.1. Accounting convention**

The financial statements are prepared under the historical cost convention and in accordance with applicable accounting standards, and in accordance with the Financial Reporting Standard for Smaller Entities 2015.

1.2. Turnover

Turnover represents the total invoice value, excluding value added tax, of sales made during the year and derives from the provision of services falling within the company's ordinary activities, wholly undertaken within the UK.

2. Company limited by guarantee

The company is limited by guarantee. Every member of the Company undertakes to contribute such amount as may be required (not exceeding £10) to the Company's assets if it should be wound up while they are a member, or within one year after ceasing to be a member, for payment of the Company's debts and liabilities contracted before ceasing to be a member, and of the costs, charges and expenses of winding up, and for the adjustment of the rights of the contributories among themselves. If the Company is wound up or dissolved and after all its debts and liabilities have been satisfied there remains any property it shall not be paid to, or distributed among the members of the Company, but shall be given or transferred to some other Company or charities having similar objects which prohibit the distribution of its income and property, directly or indirectly, by way of dividend, bonus or otherwise by way of profit, to members of the Company

3. Controlling interest

In the opinion of the directors the company is under no controlling interest.

Let's Get Growing Ltd.

4. Detailed income and expenditure account for the period 1 December 2022 to 30 November 2023

Income	1 Dec 2022 - 30 Nov 2023		
	Restricted	Unrestricted	Total
Grants:			
Boundary Lane Wind Farm	5,000.00	0.00	5,000.00
Bernicia Foundation	8,900.00	0.00	8,900.00
Total Grants	13,900.00	0.00	13,900.00
Donations	8,360.14	0.00	8,360.14
Participant contributions	38,314.18	0.00	38,314.18
Produce sales:			
Veg box scheme	1,248.00	0.00	1,248.00
Other produce sales	1,360.75	0.00	1,360.75
Total Produce sales	2,608.75	0.00	2,608.75
Garden project fees	0.00	5,475.00	5,475.00
Building rental	0.00	200.00	200.00
Sundry	136.06	0.00	136.06
GiftAid	1,179.72	0.00	1,179.72
TOTAL INCOME	64,498.85	5,675.00	70,173.85
Expenditure			
Direct Expenditure:			
Project management fees	42,292.00	3,816.00	46,108.00
Garden materials	6,124.79	446.49	6,571.28
Participant transport	7,177.00	0.00	7,177.00
Participant outings	81.00	0.00	81.00
Room hire (panto)	100.00	0.00	100.00
Project management fees refund	0.00	500.00	500.00
	55,774.79	4,762.49	60,537.28
Administration Expenses :			
Admin/accounting fees	5,256.00	0.00	5,256.00
Printing	0.00	0.00	0.00
Stationery/Postage	63.14	0.00	63.14
Companies House	13.00	0.00	13.00
Insurance	594.68	0.00	594.68
Website	216.00	0.00	216.00
Sundry	121.76	0.00	121.76
	6,264.58	0.00	6,264.58
TOTAL EXPENDITURE	62,039.37	4,762.49	66,801.86
Creditors: amounts falling due within one year	0.00	0.00	0.00
Retained surplus from period	2,459.48	912.51	3,371.99
Funds b/f as at 1 Dec 2022	25,112.63	881.16	25,993.79
Total funds carried forward	27,572.11	1,793.67	29,365.78

Prudential
7/5/2024

LET'S GET GROWING LIMITED

England & Wales - Charity number 1172662

Accounts

Let's Get Growing Ltd.

Annual Report and Unaudited Financial Statements

1 December 2021 to 30 November 2022

Let's Get Growing Ltd.**Company Information**

Directors	Mrs Eileen Ewen Mrs Elizabeth Hume Ms Nuala O'Brien Mrs Jane Torday
Secretary	Katrina Padmore
Company Number	7287776
Charity Registration Number 1172662	
Registered Office	Steel Farm Cottage Steel Hexham Northumberland NE47 0LG
Bankers	The Co-operative Bank PO Box 250 Delf House Skelmersdale WN8 6WT

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Let's Get Growing Ltd.

Directors' Report 1 December 2021 – 30 November 2022

The Directors present their report and the financial statements for 1 December 2021 to 30 November 2022

Objectives and activities

Purposes

The purposes of Let's Get Growing, as set out in our Articles of Association are:-

- To assist in the treatment and care of persons suffering from physical and mental illness of any description or in need of rehabilitation as a result of such illness, in Hexham and the surrounding areas, by the provision of therapeutic gardening and horticulture.
- To advance the education of the public, in particular, but not exclusively, young people in the subject of horticulture and related practices.

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when setting our aims and objectives and in planning our future activities.

Activities

In the financial year ending 30 November 2022, Let's Get Growing provided the following services:-

- Our regular twice weekly gardening therapy sessions at Minsteracres Peace Garden (working with adults aged 22 – 85 yrs experiencing a range of physical and mental health difficulties, including depression, anxiety, PTSD, bi-polar disorder, dementia and mild learning difficulties) remained open throughout the period..
- Additional one-off therapeutic garden workshops for a range of groups of all ages, including addicts in recovery, homeless people, carers, refugees and asylum seekers were back to pre-covid levels

Achievements and Performance

- 2022 was another positive year, when our gardening therapy sessions were largely fully subscribed. New participants included those with a variety of mental health issues and autism. We continued to see significant benefits for those who attended and this was reflected in feedback from participants themselves, carers and family members. Despite a significant variation in age and background, the level of trust, open-ness and caring for others amongst the group is notable and very much part of the healing process in attending, which we work hard to nurture
- We appreciated the continuing support of a very skilled and committed team of volunteers. Two new volunteers joined during this period, bringing with them very relevant skills from their work as a GP and as a psychiatrist specialising in working with dementia respectively. As well as formal volunteer meetings and an informal space before gardening sessions, when volunteers can chat and raise concerns, the co-ordinators also provided one-to-one time for each volunteer to discuss how they are getting along and any further guidance or training needed. In response to these discussions, we have organised a mental health training day for our volunteers in 2023, to promote a deeper understanding of the issues that our gardening therapy participants face and to explore helpful strategies for supporting them.

- We continued to prioritise teaching organic growing skills and planting to create bio-diversity. We are monitoring a new no-dig area to see how this compares with other dug areas over the next few years. We successfully experimented with growing some new vegetables, including carrots, celeriac and garlic and plan to continue to increase the range of what we grow. We once again combined a small subsidised veg box scheme open to those attending gardening sessions, with selling produce to the Angel Inn in Corbridge.
- The whole garden, including the extensive ornamental areas, were lovingly maintained to provide a beautiful, therapeutic space, not just for those attending gardening therapy sessions, but also for the local community at large. In May we had an Open Day, which was a great opportunity to connect with local residents from County Durham and Northumberland and to introduce them to the garden and to our project.
- Additional one-off sessions in the garden for a range of other beneficiary groups of all ages, from children to adults, were well subscribed. New staff member, Holly Clay, brought lots of nature-inspired arty ideas to share with these groups, as well as a warm, sensitive and inclusive welcome for all.
- In 2022 we set up an instagram account, enabling participants, volunteers and staff to share photos of memorable moments in and around the garden, which captured something of the diversity of what happens here. It also gave us an increased ability to stay connected with all our friends and supporters.

Financial review

The principal income sources for Let's Get Growing are from participant contributions for regular gardening therapy sessions, produce sales and additional one-off therapeutic workshops, as well as from funding from charitable trusts and private donations. The breakdown by percentage of all our income sources in this accounting period is shown below.

INCOME SOURCE	%
Participant contributions	61
Produce sales	7
Additional one-off workshops	4
Private donations and GiftAid	7
Charitable grants	21

In this reporting period, our regular gardening group met twice weekly and additional one-off workshops for a range of other beneficiary groups were back to pre-covid levels.

Produce sales brought in £4,331 which represented approximately 7% of our total income. There was an Open Day for the local community, which involved members of the gardening therapy group in selling tea and cake and in providing tours of the garden to raise funds both for Ukraine and for refugees everywhere. This enabled us to make a donation of £140 to support the Red Cross Ukrainian Crisis appeal and £140 to support Minsteracres Retreat Centre in their work with refugees from all areas of the world.

We are very grateful for the generosity of individual donors. During this period, one of our volunteers offered to sell donated second-hand items on ebay, which raised a further ~~£155~~. This is an ongoing project.

We remain committed to providing free or subsidised places to those who can benefit from the project, but who are unable to access statutory funding and do not have private means. Mostly this seems to be those with mental health difficulties who are living on benefits and are not eligible for a personal budget. We anticipate that we shall therefore require some charitable funding into the future to accommodate this aim, as well as to support the work of the organisation as a whole.

At the end of the reporting period, Let's Get Growing carried forward £24,813 restricted charitable funding allocated to the Minsteracres gardening therapy project, to be spent during the next financial year.

Structure, Governance and Management

The organisation is a charitable company limited by guarantee, incorporated on 17 June 2010 and registered as a charity on 20 April 2017. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £10.

There are currently three directors on the board, after one of our trustees stepped down during this period. The directors of the company are also charity trustees for the purposes of charity law and, under the company's Articles, are known as members of the Management Committee. Under the requirements of the Memorandum and Articles of Association, one third of the members of the Management Committee must retire at each Annual General Meeting and may stand for re-election if desired.

The Management Committee seeks to ensure that the needs of this group are appropriately reflected through the diversity of the trustee body, which now includes a retired head teacher, a retired social worker and a retired communications manager. Educational, social care and PR skills are currently well represented. We are looking for the right individual to approach to take on the newly-available role of fourth trustee and to further broaden the skill mix from which we already benefit.

All members of the Management Committee give their time voluntarily and receive no benefits from the charity.

The directors who served during the year are as stated below:-

Mrs Eileen Ewen Ms Nuala O'Brien
Mrs Elizabeth Hume Mrs Jane Torday Bates

The directors who stepped down during this period are:-

Mrs Jane Torday Bates

This report was approved by the Board on 10 May 2023 and signed on its behalf by

..... E. Hume

Elizabeth Hume

Chair

..... E.H. Ewen

Eileen Ewen

Director

Let's Get Growing Ltd.

Statement of Financial Activities
From 1 December 2021 to 30 November 2022

	Unrestricted Funds	Restricted Funds	2021/2022	2020/2021
INCOME	2,955.00	63,772	66,727	47,295
Direct expenditure	2,610	55,442	58,052	38,500
	345	8,330	8,675	8,795
Administrative Expenses	313	5,614	5,927	5,359
Building Costs	0	0	0	1,876
Charitable Donations (Ukraine)	0	280	280	0
	32	2,436	2,468	1,560
Creditors: amounts falling due within one year	0	0	0	0
Unpaid wages	0	0	0	0
Net income	32	2,436	2,468	1,560
Funds b/f as at 1 Dec 2021	1,149	22,377	23,526	21,966
Total funds carried forward	1,181	24,813	25,994	23,526

T. W. H. H. H. H. H.
 12/2/2023

Let's Get Growing Ltd.
Balance Sheet as at 30 November 2022

	2021/2022 £	2020/2021 £
Current assets		
Bank Current Account	25,994	23,526
Total current assets	25,994	23,526
Creditors: amounts falling due within one year	0	0
Total net assets	25,994	23,526

Capital and reserves

	2021/2022	2020/2021
Called up share capital	0	0
Income and expenditure account	25,994	23,526
Total members funds	25,994	23,526

V. Westley 12/12/2023

Directors' Statements

For the accounting period ended 30 November 2022, the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

The accounts have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

E. Hume

Elizabeth Hume
Chair

E.M. Ewen

Eileen Ewen
Director

Let's Get Growing Ltd.**Notes to the financial statements
For the period 1 December 2021 to 30 November 2022****1. Accounting policies****1.1. Accounting convention**

The financial statements are prepared under the historical cost convention and in accordance with applicable accounting standards, and in accordance with the Financial Reporting Standard for Smaller Entities 2015.

1.2. Turnover

Turnover represents the total invoice value, excluding value added tax, of sales made during the year and derives from the provision of services falling within the company's ordinary activities, wholly undertaken within the UK.

2. Company limited by guarantee

The company is limited by guarantee. Every member of the Company undertakes to contribute such amount as may be required (not exceeding £10) to the Company's assets if it should be wound up while they are a member, or within one year after ceasing to be a member, for payment of the Company's debts and liabilities contracted before ceasing to be a member, and of the costs, charges and expenses of winding up, and for the adjustment of the rights of the contributories among themselves. If the Company is wound up or dissolved and after all its debts and liabilities have been satisfied there remains any property it shall not be paid to, or distributed among the members of the Company, but shall be given or transferred to some other Company or charities having similar objects which prohibit the distribution of its income and property, directly or indirectly, by way of dividend, bonus or otherwise by way of profit, to members of the Company

3. Controlling interest

In the opinion of the directors the company is under no controlling interest.

Let's Get Growing Ltd.

4. Detailed income and expenditure account for the period 1 December 2021 to 30 November 2022

Income	1 Dec 2021 - 30 Nov 2022		
	Restricted	Unrestricted	Total
Grants:			
National Lottery Community Fund	8,898.00	0.00	8,898.00
Boundary Lane Wind Farm Community Benefits Fund	5,000.00	0.00	5,000.00
Total Grants	13,898.00	0.00	13,898.00
Donations	3,850.99	0.00	3,850.99
Participant contributions	40,544.04	0.00	40,544.04
Produce sales:			
Veg box scheme	993.00	0.00	993.00
Other produce sales	3,338.17	0.00	3,338.17
Total Produce sales	4,331.17	0.00	4,331.17
Garden project fees	0.00	2,655.00	2,655.00
Building rental	40.00	0.00	40.00
Sundry	115.28	300.00	415.28
GiftAid	992.21	0.00	992.21
TOTAL INCOME	63,771.69	2,955.00	66,726.69
Expenditure			
Direct Expenditure:			
Project management fees	40,154.00	2,393.20	42,547.20
Garden materials	5,689.43	216.63	5,906.06
Participant transport	9,549.68	0.00	9,549.68
Participant outings	49.45	0.00	49.45
	55,442.56	2,609.83	58,052.39
Administration Expenses :			
Admin/accounting fees	4,620.00	0.00	4,620.00
Printing	0.00	0.00	0.00
Stationery/Postage	127.75	0.00	127.75
Companies House	0.00	13.00	13.00
Insurance	490.28	0.00	490.28
Sundry	375.77	300.00	675.77
	5,613.80	313.00	5,926.80
Charitable Donations (Ukraine)	280.00	0.00	280.00
TOTAL EXPENDITURE	61,336.36	2,922.83	64,259.19
Creditors: amounts falling due within one year	0.00	0.00	0.00
Retained surplus from period	2,435.33	32.17	2,467.50
Funds b/f as at 1 Dec 2021	22,377.30	1,148.99	23,526.29
Total funds carried forward	24,812.63	1,181.16	25,993.79

H. [Signature]
12/3/2023

LET'S GET GROWING LIMITED

England & Wales - Charity number 1172662

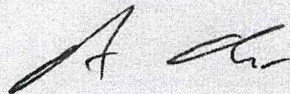
Accounts

Let's Get Growing Ltd.

Annual Report and Financial Statements

1 December 2020 to 30 November 2021

Accounts independently examined and verified



JOHN ANTHONY KINSOR
LOCAL GOVERNMENT OFFICER

25th JANUARY 2022

Let's Get Growing Ltd.**Company Information****Directors**

Mrs Eileen Ewen
Mrs Elizabeth Hume
Ms Nuala O'Brien
Mrs Jane Torday

Secretary

Katrina Padmore

Company Number

7287776

Charity Registration Number 1172662

Registered Office

Steel Farm Cottage
Steel
Hexham
Northumberland
NE47 0LG

Bankers

The Co-operative Bank
PO Box 250
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WN8 6WT

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Let's Get Growing Ltd.

Directors' Report

1 December 2020 – 30 November 2021

The Directors present their report and the financial statements for 1 December 2020 to 30 November 2021

Objectives and activities

Purposes

The purposes of Let's Get Growing, as set out in our Articles of Association are:-

- To assist in the treatment and care of persons suffering from physical and mental illness of any description or in need of rehabilitation as a result of such illness, in Hexham and the surrounding areas, by the provision of therapeutic gardening and horticulture.
- To advance the education of the public, in particular, but not exclusively, young people in the subject of horticulture and related practices.

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when setting our aims and objectives and in planning our future activities.

Activities

In the financial year ending 30 November 2020, Let's Get Growing provided the following services:-

- Our regular twice weekly gardening therapy sessions at Minsteracres Peace Garden (working with adults aged 30 – 85 yrs experiencing a range of physical and mental health difficulties, including depression, anxiety, PTSD, bi-polar disorder, dementia and mild learning difficulties) remained open throughout the period with the exception of an extended Christmas/New Year break in December 2020/January 2021 in response to a surge in Covid cases at this time and widespread anxiety around this. Apart from this short break, developments put into place in 2020 to support our participants and maintain a calm, therapeutic space whilst meeting safety guidelines appropriately continued to be of benefit.
- Additional one-off therapeutic garden workshops for a range of groups of all ages, including addicts in recovery, homeless people, carers, refugees and asylum seekers resumed in 2021 with a few last-minute cancellations due to the pandemic.

Achievements and Performance

- 2021 was a positive year, when we were able to reap the benefits of our fantastic new building extension and practical protocols put into place the previous year to keep our participants safe whilst maintaining a relaxed, stress-free environment. We were able to remain outside for the majority of the time and made good use of our bonfire space for keeping warm during winter tea/coffee breaks in dry weather. There were no outbreaks of Covid amongst our regular gardening therapy group.
- We saw a number of new participants join our gardening therapy sessions, primarily with mental health issues and early onset dementia.

- We continued to prioritise our sharing circle at the start and end of each gardening therapy session and witnessed the huge benefits of this in offering an uninterrupted, non-judgemental space for everyone to share their news, including those who are generally socially less at ease. This is part of a philosophy of emphasising that we are all – staff, volunteers and participants, a community of fellow human beings, whilst acknowledging that we also hold individual roles and responsibilities.
- We appointed a new paid member of staff to help with additional one-off workshops for a range of groups and appreciated the personal skills, experience and fresh enthusiasm that she brought to this work.
- Due to difficulties with buying in additional wholesale vegetables for our organic veg box scheme, we slightly scaled back our veg boxes and sold the rest of our produce to the Angel Inn in Corbridge and the Beaumont Hotel in Hexham. Both restaurants expressed appreciation of the quality of what they received from us.
- The vegetable garden was highly productive after an initially slow start to the season, which was reflective both of the weather conditions and also the very high standard to which our current group maintain the veg beds.
- The whole garden including the extensive ornamental areas were lovingly maintained to provide a beautiful, therapeutic space not just for those attending gardening therapy sessions, but also for the local community at large, who made really good use of this spacious amenity during the second year of the pandemic.

Financial review

The principal income sources for Let's Get Growing are from participant contributions for regular gardening therapy sessions, produce sales and additional one-off therapeutic workshops, as well as from funding from charitable trusts and private donations. The breakdown by percentage of all our income sources in this accounting period is shown below.

INCOME SOURCE	%
Participant contributions	60
Produce sales	10
Additional one-off workshops	5
Private donations and GiftAid	10
Charitable grants	15

In this reporting period, additional one-off workshops were slightly curtailed due to the pandemic. Apart from a break in January 2021 however, our regular gardening therapy group met weekly. In order to comply with government guidelines for social distancing when indoors, we have had to limit numbers and were fully subscribed for all our sessions.

Produce sales brought in £4,614, which represented approximately 10% of our total income. There was also one additional fundraising event during the reporting period, which involved members of the gardening therapy group in a sponsored walk, which we promoted through the JustGiving platform for the first time. This

was an enjoyable day for everyone and successfully raised a fantastic £1,514 plus GiftAid to support our work.

We remain committed to providing free or subsidised places to those who can benefit from the project, but who are unable to access statutory funding and do not have private means. Mostly this seems to be those with mental health difficulties who are living on benefits and are not eligible for a personal budget. We anticipate that we shall therefore require some charitable funding into the future to accommodate this aim, as well as to support the work of the organisation as a whole.

At the end of the reporting period, Let's Get Growing carried forward £22,611 restricted charitable funding allocated to the Minsteracres gardening therapy project, to be spent during the next financial year.

Structure, Governance and Management

The organisation is a charitable company limited by guarantee, incorporated on 17 June 2010 and registered as a charity on 20 April 2017. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £10.

There are currently four directors on the board. The directors of the company are also charity trustees for the purposes of charity law and, under the company's Articles, are known as members of the Management Committee. Under the requirements of the Memorandum and Articles of Association, one third of the members of the Management Committee must retire at each Annual General Meeting and may stand for re-election if desired.

The Management Committee seeks to ensure that the needs of this group are appropriately reflected through the diversity of the trustee body, which now includes a retired headteacher, a retired social worker, a retired business woman/horticulturalist and a retired communications manager. Educational, social care, business, PR and horticultural/agricultural skills are currently well represented. In an effort to maintain this broad skill mix, in the event of particular skills being lost due to retirements, individuals will be approached to offer themselves for election to the Management Committee.

All members of the Management Committee give their time voluntarily and receive no benefits from the charity.

The Directors who served during the year are as stated below:

Mrs Eileen Ewen Ms Nuala O'Brien
Mrs Elizabeth Hume Mrs Jane Torday Bates

This report was approved by the Board on 17 January 2022 and signed on its behalf by

E. Hume
.....

Elizabeth Hume

Chair

E. Ewen
.....

Eileen Ewen

Director

Let's Get Growing Ltd.

Statement of Financial Activities
From 1 December 2020 to 30 November 2021

	Unrestricted Funds	Restricted Funds	2020/2021	2019/2020
INCOME	2,200	45,095	47,295	61,619
Direct expenditure	1,351	37,149	38,500	35,233
	849	7,956	8,795	26,386
Administrative Expenses	0.00	5,359	5,359	6,088
Building Costs	0.00	1,876	1,876	3,450
	849	721	1,560	16,848
Creditors: amounts falling due within one year				
Unpaid wages	0	0	0	0
	0	0	0	0
Net income	849	712	1,560	16,848
Funds b/f as at 1 Dec 2020	66	21,899	21,966	5,118
Total assets carried forward	915	22,611	23,526	21,966

Let's Get Growing Ltd.
Balance Sheet as at 30 November 2021

	2020/2021 £	2019/2020 £
Current assets		
Bank Current Account	23,526	21,966
Total current assets	23,526	21,966
Creditors: amounts falling due within one year	0	0
Total net assets	23,526	21,966

Capital and reserves

	2020/2021	2019/2020
Called up share capital	0	0
Income and expenditure account	23,526	21,966
Total members funds	23,526	21,966

Directors' Statements

For the accounting period ended 30 November 2021, the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

The accounts have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

E. Hume

Elizabeth Hume
Chair

E.M. Ewen

Eileen Ewen
Director

Let's Get Growing Ltd.**Notes to the financial statements
For the period 1 December 2020 to 30 November 2021****1. Accounting policies****1.1. Accounting convention**

The financial statements are prepared under the historical cost convention and in accordance with applicable accounting standards, and in accordance with the Financial Reporting Standard for Smaller Entities 2015.

1.2. Turnover

Turnover represents the total invoice value, excluding value added tax, of sales made during the year and derives from the provision of services falling within the company's ordinary activities, wholly undertaken within the UK.

2. Company limited by guarantee

The company is limited by guarantee. Every member of the Company undertakes to contribute such amount as may be required (not exceeding £10) to the Company's assets if it should be wound up while they are a member, or within one year after ceasing to be a member, for payment of the Company's debts and liabilities contracted before ceasing to be a member, and of the costs, charges and expenses of winding up, and for the adjustment of the rights of the contributories among themselves. If the Company is wound up or dissolved and after all its debts and liabilities have been satisfied there remains any property it shall not be paid to, or distributed among the members of the Company, but shall be given or transferred to some other Company or charities having similar objects which prohibit the distribution of its income and property, directly or indirectly, by way of dividend, bonus or otherwise by way of profit, to members of the Company

3. Controlling interest

In the opinion of the directors the company is under no controlling interest.

Let's Get Growing Ltd.

4. Detailed income and expenditure account for the period 1 December 2020 to 30 November 2021

Income	1 Dec 2020 - 30 Nov 2021		
	Restricted	Unrestricted	Total
Grants:			
Boundary Lane Wind Farm	3,500.00	0.00	3,500.00
Reeds Grassroots Fund	3,000.00	0.00	3,000.00
Total Grants	6,500.00	0.00	6,500.00
Donations	3,963.05	0.00	3,963.05
Participant contributions	28,542.08	0.00	28,542.08
Produce sales:			
Veg box scheme	1,476.70	0.00	1,476.70
Other produce sales	3,137.71	0.00	3,137.71
Total Produce sales	4,614.41	0.00	4,614.41
Garden project fees	0.00	2,200.00	2,200.00
Sundry	289.96	0.00	289.96
GiftAid	1,185.70	0.00	1,185.70
TOTAL INCOME	45,095.20	2,200.00	47,295.20
Expenditure			
Direct Expenditure:			
Project management fees	27,642.00	1,241.40	28,883.40
Garden materials	5,473.52	110.04	5,583.56
Participant transport	3,972.00	0.00	3,972.00
Participant outings	61.20	0.00	61.20
	37,148.72	1,351.44	38,500.16
Administration Expenses :			
Admin/accounting fees	4,560.00	0.00	4,560.00
Printing	0.00	0.00	0.00
Stationery/Postage	63.59	0.00	63.59
Companies House	13.00	0.00	13.00
Insurance	405.03	0.00	405.03
Sundry	317.00	0.00	317.00
	5,358.62	0.00	5,358.62
Building Costs	1,876.04	0.00	1,876.04
TOTAL EXPENDITURE	44,383.38	1,351.44	45,734.82
Creditors: amounts falling due within one year	0.00	0.00	0.00
Retained surplus from period	711.82	848.56	1,560.38
Funds b/f as at 1 Dec 2020	21,899.48	66.43	21,965.91
Total assets carried forward	22,611.30	914.99	23,526.29