



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1/1/2023 To 31/12/2023

Charity name: Seed Studios

Charity registration number: 1172658

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The purpose of Seed Studios CIO is to promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society by providing a community music and arts service.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	We have improved local health, creativity and connections through two main activities. • Provision of weekly volunteer-led Community Music Wellbeing Workshops which are free, open to all adults and suitable for all abilities • Provision of 1-to-1 music sessions by sessional workers for adults referred to Seed Studios through local health and community partners
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	In planning and decision-making, the Trustees kept in mind the Charity Commissions guidance on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
	Para 1.38	

Policy on social investment including program related investment		
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	In 2023, Seed Studios Trafford deepened its relationships with health services such as Trafford Social Prescribers and Greater Manchester Mental Health (GMMH) Living Well Service. These partnerships, particularly through the Living Well Service, have become integral to our social prescribing offer. This initiative allows healthcare professionals to refer individuals to Seed Studios and our dedicated Community Connector for tailored, 1-to-1 music workshops. These workshops, designed to boost participants' confidence and overall wellbeing, promote positive mental health through creative expression. We have been able to offer 6 hours of these 1-to-1 sessions every week, significantly contributing to the health and emotional stability of those referred in a unique and impactful way. Volunteer-Led sessions: Seed Studios continues to be powered by the dedication of its volunteers, who in 2023 contributed over 1,000 hours of activity through workshops. These sessions included a variety of music groups such as guitar groups jamming group, free improvisation and ukulele groups. These group activities provide participants with a pathway into more communal forms of engagement, where they can further enhance their skills in a supportive and inclusive environment. Over 200 people attended our volunteer-led Community Music Wellbeing Workshops every month,

		with attendees reporting improved confidence, mental health, emotional wellbeing, skills, and friendships. These programs are open to all residents of Trafford, fostering a sense of community through shared musical experiences, while emphasizing wellbeing and inclusivity. Our sessions occur five days a week, ensuring continuous access to workshops and activities. This operational model provides a consistent, supportive environment for participants, reinforcing our role as a key community resource in Trafford for both creative and health-oriented programs. Public Performances and Celebrations: In 2023, Seed Studios expanded its public-facing events, including regular open nights where participants could gather in a relaxed, café-like setting to perform music and celebrate together. These performances were an opportunity for individuals and groups to showcase their work, building self-esteem and promoting social connection. We also hosted a grand celebration concert at the prestigious Manchester venue, Band on the Wall. 50 performers joined at Band on the Wall for Celebrate Seed Studios 2023. “People said “it showed that everybody has some musical ability and (it was) great that everyone joined in, even the audience” and that they were “proud of others breaking barriers”. For many participants, this performances were a significant personal milestone, providing a sense of achievement and pride which is key to encouraging positive wellbeing. String of Hearts collaboration: Throughout 2023, Seed Studios continued its partnership with String of Hearts CIC to offer older adults at risk of social isolation free, monthly music appreciation workshops. String of Hearts offers music-based wellbeing support to its beneficiaries, with the crucial element of pastoral, financial and logistical support for older adults. Together, we engaged around 80 people through monthly collaborative sessions. Our partnership, beginning in 2021, continues to harness both their
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		incredible outreach, engagement and musical strengths, and our own ability to foster community connection and encourage musical and personal development within our centres day-to-day. Conclusion: 2023 was a year of significant growth and impact for Seed Studios, as we deepened our partnerships with health services, expanded volunteer-led activities, and crafted opportunities for community celebration through music. These achievements highlight our continued dedication to using creative expression as a tool for enhancing wellbeing, reducing isolation, and fostering a sense of community among local Trafford and Manchester residents. Seed Studios remains committed to growing its reach and impact in the coming years, further solidifying its place as a vital part of the Trafford community.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity had bank balances totalling £20,197 at the end of the year. The charity had receipts totalling £50,028 for the year. The charity had payments totalling £54,573 for the year.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The reserves policy for this financial year was to maintain Reserves of up to £6,000. Our reserves policy includes funding to meet statutory obligations regarding staff redundancy and notice periods, as well basic operational costs for up to a year of insurance, bank charges and basic accountancy.
Amount of reserves held	Para 1.22	£5,425
Reasons for holding zero reserves	Para 1.22	NA
Details of fund materially in deficit	Para 1.24	NA
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	NA

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	CIO Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The Charity recruits for specific roles, using its own website, social media accounts, volunteer websites and online groups as well as word of mouth to fill these roles. No organisation or body is entitled to appoint Trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Seed Studios
Other name the charity uses	
Registered charity number	1172658
Charity's principal address	54-56 Seymour Grove Old Trafford Manchester M16 0LN

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Andrew Christopher Hodson	Chair		
2	Lucy Kohoutek Power			
3	Philip Handscomb	Treasurer		
4	Ann-Marie Crowley			

Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Lucy Power

Full name(s)

Lucy Kohoutek Power

Position (eg Secretary,
Chair, etc)

Trustee

Date

04/10/2024

	Seed Studios					1172658			CC16a
Receipts and payments accounts									
	For the period from		01/01/2023		To	31/12/2023			
	Unrestricted funds		Restricted funds		Endowment funds		Total funds		Last year
	to the nearest £		to the nearest £		to the nearest £		to the nearest £		to the nearest £
A1 Receipts									
Grants			49,572		-		49,572		49,147
Sale of merchandise/equipment	349		-		-		349		900
Donations	54		-		-		54		129
Interest	53		-		-		53		65
Bank error			-		-		-		34
Sub total (Gross income for AR)	456		49,572		-		50,028		50,275
A3 Payments									
Charitable activities	4,651		49,573		-		54,224		58,186
Insurance	224		-		-		224		224
Bank charges	60		-		-		60		81
Bank error reclaim	65		-		-		65		
Sub total	5,000		49,573		-		54,573		58,491
Net of receipts/(payments)	- 4,544		- 1		-		- 4,545		- 8,216
A5 Transfers between funds	31		- 31		-		-		
A6 Cash funds last year end	9,938		14,805		-		-		24,742
Cash funds this year end	5,425		14,773		-		20,197		
Section B Statement of assets and liabilities at the end of the period									
Categories	Details				Unrestricted funds to nearest £		Restricted funds to nearest £		
B1 Cash funds	Cash at bank				5,425		14,773		
					-		-		
					-		-		
	Total cash funds				5,425		14,773		
	(agree balances with receipts and payments account(s))				OK		OK		
					Unrestricted funds to nearest £		Restricted funds to nearest £		
	Details								
B2 Other monetary assets					-		-		
					-		-		
					-		-		
					-		-		
					-		-		
					-		-		
	Details				Fund to which asset belongs		Cost (optional)		
B3 Investment assets							-		
							-		
							-		
							-		
							-		
	Details				Fund to which asset belongs		Cost (optional)		
B4 Assets retained for the charity's own use							-		
							-		
							-		
							-		
							-		
							-		
							-		
							-		
	Details				Fund to which liability relates		Amount due (optional)		
B5 Liabilities							-		
							-		
							-		
							-		
							-		
Signed by one or two trustees on behalf of all the trustees	Signature				Print Name				
	Lucy Power		04/10/2024		Lucy Power		04/10/2024		

[illegible]

Independent examiner's report on the accounts

Report to the trustees/
members of

On accounts for the year
ended

31/12/2023

Charity no
(if any) 1172658

Set out on pages

Remember to include the page numbers of additional sheets

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2023.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's
statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- ~~the accounting records were not kept in accordance with section 130 of the Charities Act; or~~
- ~~the accounts did not accord with the accounting records; or~~
- ~~the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.~~

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

AJW

Date:

24.09.24

Name:

ALAN JAMES WATSON

Relevant professional
qualification(s) or body (if
any):

BA. M.Phil. CQSW

Address:

22 Ellesmere Rd
Chorlton
Manchester M21 0SR



Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.