



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1/1/2021 To 31/12/2021

Charity name: Seed Studios

Charity registration number: 1172658

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The purpose of Seed Studios CIO is to promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society by providing a community music and arts service.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	We have sought to prevent social exclusion as a result of ill health (physical and mental) through two main activities. • Provision of a volunteer-led community music studio including purchase of instruments and equipment. • Provision of one-to-one music sessions for vulnerable adults by sessional workers
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	In planning and decision-making, the Trustees kept in mind the Charity Commissions guidance on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	

Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Through the medium of music, we empowered (at our peak) around 80 people each month at our online and in-person community music wellbeing workshops and our one-to-one sessions with social prescribing referrals. We built the confidence, mental health resilience and skills of local people in Trafford, giving them hope in a difficult period for the country. Despite the Covid-19 lockdowns and changing government regulations regarding social distancing, we designed and fulfilled Covid-19 friendly online open-mic events and, when legally allowed, encouraged Covid-19 regulation-safe community music wellbeing workshops. This helped people to develop connections, contributing to a stronger community and reducing social isolation in a period which was isolating for many. With our mandate to provide support for local adults in Trafford, we continued supporting individuals referred to us in different ways including self-referral and GP signposting as a result of a range of health difficulties particularly mental health issues and isolation. We also built the charity's reputation as a social prescribing best practice organisation, taking part in the new Thriving Communities Learning Together programme of late 2020/early 2021.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity had bank balances totalling £32,958.19 at the end of the year. The charity had receipts totalling £41,526 for the year. The charity had payments totalling £28,200 for the year.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The policy is to maintain Reserves of £1,000. This is for unexpected costs that may accrue
Amount of reserves held	Para 1.22	£1,000
Reasons for holding zero reserves	Para 1.22	NA
Details of fund materially in deficit	Para 1.24	NA
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	NA

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	CIO Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The Charity recruits for specific roles, using its own website, social media accounts, volunteer websites and online groups as well as word of mouth to fill these roles. No organisation or body is entitled to appoint Trustees

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Seed Studios
Other name the charity uses	
Registered charity number	1172658
Charity's principal address	54-56 Seymour Grove Old Trafford Manchester M16 0In

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Andrew Christopher Hodson	Chair		
2	Rinu Bijo	Treasurer		
3	Lucy Kohoutek Power			
4	Philip Handscomb			
5	Pete Emms		Until March 2021	
6	Anne-Marie Crowley		From August 2021	
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	
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Full name(s)

Lucy Kohoutek Power	
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Position (eg Secretary,
Chair, etc)

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Date

20/10/2022



CHARITY COMMISSION
FOR ENGLAND AND WALES

ed Studios CIO

1172658

Receipts and payments accounts

CC16a

For the period
from

1/1/2021

To

31/12/2021

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Grants	1,710	39,589	-	41,299	14,053
Donations	227	-	-	227	133
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	1,937	39,589	-	41,526	14,186
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	1,937	39,589	-	41,526	14,186

A3 Payments

Grants		27,793	-	27,793	16,359
Donations	407	-	-	407	162
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-

	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	407	27,793	-	28,200	16,521

A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-

Total payments	407	27,793	-	28,200	16,521
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Net of receipts/(payments)	1,530	11,796	-	13,326	- 2,335
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	4,698	14,934	-	19,632	21,967
Cash funds this year end	6,228	26,730	-	32,958	19,632

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds				
		6,228	26,730	-
		-	-	-
		-	-	-
	Total cash funds	6,228	26,730	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £

B2 Other monetary assets

	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
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B5 Liabilities

		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on
behalf of all the trustees

Signature	Print Name	Date of approval
 L Power	Lucy Power	20/10/22



Section A

Independent Examiner's Report

Report to the trustees/
members of

Seed Studios

On accounts for the year
ended

31/12/2021

Charity no
(if any)

1172658

Set out on pages

(remember to include the page numbers of additional sheets)

Responsibilities and
basis of report

I report to the trustees on my examination of the accounts of the above
charity ("the Trust") for the year ended **31/12/2021**

As the charity's trustees, you are responsible for the preparation of the
accounts in accordance with the requirements of the Charities Act 2011
("the Act").

I report in respect of my examination of the Trust's accounts carried out
under section 145 of the 2011 Act and in carrying out my examination, I
have followed all the applicable Directions given by the Charity Commission
under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have
come to my attention in connection with the examination (other than that
disclosed below *) which gives me cause to believe that in, any material
respect:

the accounting records were not kept in accordance with section 130 of
the Charities Act; or
the accounts did not accord with the accounting records; or
the accounts did not comply with the applicable requirements concerning
the form and content of accounts set out in the Charities (Accounts
and Reports) Regulations 2008 other than any requirement that the
accounts give a 'true and fair' view which is not a matter considered
as part of an independent examination.

I have no concerns and have come across no other matters in connection
with the examination to which attention should be drawn in this report in
order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

18.10.22

Name:

ALAN WATSON

Relevant professional
qualification(s) or body
(if any):

Mental Health and Social Care
Consultant.

Address:

22 ELDERMERE RD CHORLTON
MANCHESTER M21 0SR