

SEED STUDIOS

England & Wales · Charity number 1172658

Details

Status Registered

Legal form CIO

Registered 2017-04-20

Register [View on the Charity Commission register](#)

Contact

Address 54-56
Seymour Grove
Old Trafford
Manchester
M16 0LN

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Email enquiries@seedstudios.org

Website seedstudios.org

Activities

Objects: TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY PREVENTING PEOPLE FROM BECOMING SOCIALLY EXCLUDED, RELIEVING THE NEEDS OF THOSE PEOPLE WHO ARE SOCIALLY EXCLUDED AND ASSISTING THEM TO INTEGRATE INTO SOCIETY BY PROVIDING A COMMUNITY MUSIC AND ARTS SERVICE.FOR THE PURPOSE OF THIS CLAUSE 'SOCIALLY EXCLUDED' MEANS BEING EXCLUDED FROM SOCIETY, OR PARTS OF SOCIETY, AS A RESULT OF ONE OF MORE OF THE FOLLOWING FACTORS: UNEMPLOYMENT; FINANCIAL HARDSHIP; YOUTH OR OLD AGE; ILL HEALTH (PHYSICAL OR MENTAL); SUBSTANCE ABUSE OR DEPENDENCY INCLUDING ALCOHOL AND DRUGS; DISCRIMINATION ON THE GROUNDS OF SEX, RACE, DISABILITY, ETHNIC ORIGIN, RELIGION, BELIEF, CREED, SEXUAL ORIENTATION OR GENDER RE-ASSIGNMENT; POOR EDUCATIONAL OR SKILLS ATTAINMENT; RELATIONSHIP AND FAMILY BREAKDOWN; POOR HOUSING (THAT IS HOUSING THAT DOES NOT MEET BASIC HABITABLE STANDARDS; CRIME (EITHER AS A VICTIM OF CRIME OR AS AN OFFENDER REHABILITATING INTO SOCIETY).

Activities: Promote social inclusion for the public benefit by preventing people from becoming socially excluded relieving the needs of those people who are socially excluded and assisting them to integrate into society by providing a community music and arts serviceBased in Trafford, Greater Manchester

Classification

- **How:** Provides Services
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Arts/culture/heritage/science, Economic/community Development/employment
- **Who:** Children/young People, Elderly/old People, People With Disabilities

Geography

- Manchester City
- Salford City
- Trafford

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£84,991	£63,770	-	-
2023-12-31	£50,028	£54,573	-	-
2022-12-31	£50,275	£58,491	-	-
2021-12-31	£41,526	£28,200	-	-
2020-12-31	£14,186	£16,521	-	-

Trustees

Name	Role	Appointed
ANDREW CHRISTOPHER HODSON	Chair	2017-04-20
Ann-Marie Crowley		2021-08-11
Lucy Kohoutek Power		2018-11-12
Philip Handscomb		2019-11-26

SEED STUDIOS

England & Wales - Charity number 1172658

Accounts

Seed Studios CIO 2024 Accounts			Funding type:		Core		Projects		String of Hearts		Social Prescribing		Contingency					
Bank	Name of fund: Expected spend by:	Funding information	Reserves	Other income	Large Grant 2023, L&Q	Reaching Communities, National Lottery Community Fund	Right to the Streets, Greater Manchester Moving	Moorside	Project Grants 2024, Arts Council England	Trafford Public Health in Art Fund, Trafford Council & Trafford Community Collective	Empowering Communities, Aids	Awards for All 2023, National Lottery Community Fund	Health & Wellness donation, John Lewis & Waitrose	Donations	NISA Making A Difference Locally	People's Postcode Lottery	Local Causes, Co-operative	Manchester in Mind/Kennedy Trust
			Unrestricted	Unrestricted	March 2023 Creative & Operations Director and Team Leader employment costs. Restricted	January 2020 Creative & Operations Director and Team Leader employment costs. Restricted	Seymour Soundwalk project, project management, facilitator Restricted	Mindful Voice, MRO and 1-to-1 projects: facilitator costs, project management, Restricted	String of Hearts collaboration: facilitator costs, project management, Restricted	String of Hearts collaboration and 1-to-1s: facilitator costs and Restricted	Social prescribing: Community Connector project management and Restricted	Social prescribing: Community Connector project management and Restricted	May 2025 Creative & Operations Director and Team Leader employment costs. Social Unrestricted	January 2021 Creative & Operations Director and Team Leader employment costs. String of Unrestricted	Social prescribing: Community Connector project management and Restricted			
Opening Cash Book - CAF Bank:			20,197.39	5,424.53	0.00	3,326.90		41.00				9,368.00	227.50					1,909.46
Date	Receipts	Description																
5 Jan 2024	FP PH CAFG Jan 2024 TRAFFORD COLLECTIV	Grant	2,965.00							2,965.00	1,200.00							
10 Jan 2024	CS BACS 000121	Grant	1,200.00															
10 Jan 2024	CS BACS 000122	Petty cash	84.00	84.00														
10 Jan 2024	FP Benedict Parry PARRY BM	Merchandise sale	20.00															
29 Jan 2024	BACSL AND Q LO HT GENERAL	Grant	19,856.95			19,856.95												
9 Mar 2024	BACS COOPCEBB1285 ACCOUNTS PAYABLE	Grant	1,840.41															
14 Mar 2024	BACS GMPG2024030644668 ACE - LOTTERY	Grant	13,634.00						13,634.00								1,840.41	
22 Mar 2024	FP 10GM1 10GM LTD	Donation for staff expenses	25.00	25.00														
28 Mar 2024	INTEREST TO DATE	Interest	16.23	16.23														
3 Apr 2024	CS BACS 000123	Merchandise sale	140.00															
8 May 2024	BACS 2405026606CF CAF2405026606CF	Donation	9.70											9.70				
26 June 2024	INTEREST TO DATE	Interest	19.24	19.24														
30 July 2024	BACSL AND Q LO HT GENERAL	Grant	13,376.85			13,376.85												
30 August 2024	BACS PNT TRUST POSTCODE NEIGHBOUR	Grant	6,802.00														6,802.00	
12 September 2024	FP 1-ahri Cunningham S	Merchandise sale	10.00															
23 September 2024	FP moorside BLUEISCI SUPPORT	Commission	750.00					750.00										
26 September 2024	INTEREST TO DATE	Interest	15.69	15.69														
1 November 2024	BACS COOPCTB1285 ACCOUNTS PAYABLE	Grant	2,633.59															
1 November 2024	FP MADL MAKING A LOCALLY L	Donation	1,177.00														2,633.59	
3 December 2024	FP donations (donr) Philp Handscomb	Donation	104.38											104.38				
3 December 2024	FP MTF PDB84045 SunUp Payments Acc	Merchandise sale and donatio	74.71											34.71				
10 December 2024	FP TSHIRT Ruby Helena	Merchandise sale	10.00															
20 December 2024	BACS MAIN GRANTS	Grant	20,211.50			20,211.50												
26 December 2024	INTEREST TO DATE	Interest	14.36															
84,990.61			174.52	220.00	33,233.80	20,211.50	0.00	750.00	13,634.00	2,965.00	1,200.00	0.00	0.00	148.79	1,177.00	6,802.00	4,474.00	0.00
Date	Payments	Description																
2 January 2024	POS ZOOM US 888-799-9666	Zoom subscription	(15.59)	(15.59)														
2 January 2024	POS RECURSIVEARTS.COM	Subscription	(33.00)				(33.00)											
9 January 2024	DD NEST IT00004724844	Staff pensions	(145.11)		(145.11)													
11 January 2024	POS giftgiff	Staff phone contract	(6.00)															
11 January 2024	SO XAVERS Accountants (S	Payroll and accountancy	(18.00)	(18.00)														
12 January 2024	POS LEVENSHULME STN TO Mr J Taylor	Staff expenses	(3.35)															
15 January 2024	Monthly Account Fee	CAF Bank account fee	(5.00)	(5.00)														
16 January 2024	POS giftgiff	Staff phone contract	(6.00)															
17 January 2024	Online transfer to Mr Joel Taylor wages	Staff salary	(1,268.99)		(1,268.99)													
17 January 2024	Online transfer to MR ADAM SKERRITT wages	Staff salary	(1,455.95)		(1,455.95)													
17 January 2024	Online transfer to HMRC wages	HMRC staff taxes	(304.87)		(304.87)													
18 January 2024	POS giftgiff	Staff phone contract	(6.00)															
18 January 2024	Online transfer to J Montgomery 028	Wellbeing worker pay	(75.00)															
18 January 2024	Online transfer to MR ADAM SKERRITT exp	Staff expenses	(15.96)															
18 January 2024	Online transfer to MR G GILMORE exp	Volunteer expenses	(12.00)															
18 January 2024	Online transfer to Phil Kanes exp	Volunteer expenses	(5.40)															
18 January 2024	Online transfer to Mrs K P and M A Bishop exp	Volunteer expenses	(4.00)															
18 January 2024	Online transfer to Am-Marie Crowley exp	Volunteer expenses	(12.00)															
18 January 2024	Online transfer to Kate Hazeldine 010	Community Connector pay	(600.00)															
18 January 2024	Online transfer to String of Hearts 054	Facilitator costs	(300.00)															
23 January 2024	POS WWW.ARGOS.CO.UK Mr J Taylor	Equipment	(22.96)															
30 January 2024	POS ZOOM US 888-799-9666	Zoom subscription	(15.59)	(15.59)														
9 February 2024	DD NEST IT00004724844	Staff pensions	(145.11)		(145.11)													
12 February 2024	SO XAVERS Accountants (S	Payroll and accountancy	(18.00)		(18.00)													
13 February 2024	POS giftgiff	Staff phone contract	(6.00)															
15 February 2024	POS giftgiff	Staff phone contract	(6.00)															
15 February 2024	Monthly Account Fee	CAF Bank account fee	(5.00)	(5.00)														
16 February 2024	Online transfer to Mr Joel Taylor wages	Staff salary	(1,315.83)		(1,315.83)													
16 February 2024	Online transfer to MR ADAM SKERRITT wages	Staff salary	(1,455.75)		(1,455.75)													
16 February 2024	Online transfer to HMRC wages	HMRC staff taxes	(326.14)		(326.14)													
19 February 2024	POS giftgiff	Staff phone contract	(6.00)															
19 February 2024	Online transfer to String of Hearts 06	Facilitator costs	(348.96)															
19 February 2024	Online transfer to MR G GILMORE exp	Volunteer expenses	(40.00)															
19 February 2024	Online transfer to Phil Kanes exp	Volunteer expenses	(9.00)															
19 February 2024	Online transfer to Mrs K P and M A Bishop exp	Volunteer expenses	(5.40)															
19 February 2024	Online transfer to J Montgomery 29	Wellbeing worker pay	(250.00)															
19 February 2024	Online transfer to Kate Hazeldine kate011	Community Connector pay	(600.00)															
19 February 2024	Online transfer to E E Davis 310224WS	Wellbeing worker pay	(100.00)															
19 February 2024	Online transfer to Mr Joel Taylor exp	Staff expenses	(155.50)															
21 February 2024	POS www.thomann.de Mr J Taylor	Equipment	(241.60)															
27 February 2024	POS AMAZM&blau Mr J Taylor	Equipment	(67.99)															
28 February 2024	POS WWW.SCREWFOX.COM	Equipment	(42.99)															
29 February 2024	POS ZOOM US 888-799-9666	Zoom subscription	(15.59)	(15.59)														
8 March 2024	DD NEST IT00004724844	HMRC staff taxes	(150.06)		(150.06)													
11 March 2024	SO XAVERS Accountants (S	Payroll and accountancy	(18.00)		(18.00)													
12 March 2024	POS SP FREQUENCY PRECISE Mr J Taylor	Equipment	(246.00)															
12 March 2024	POS WWW.SCREWFOX.COM Mr J Taylor	Equipment	(42.99)															
13 March 2024	POS giftgiff	Staff phone contract	(6.00)															
14 March 2024	POS giftgiff	Staff phone contract	(6.00)															
15 March 2024	Monthly Account Fee	CAF Bank account fee	(5.00)	(5.00)														
15 March 2024	Online transfer to HMRC march	HMRC staff taxes	(326.14)		(326.14)													
15 March 2024	Online transfer to Mr Joel Taylor wages	Staff salary	(1,315.83)		(1,315.83)													
15 March 2024	Online transfer to MR ADAM SKERRITT wages	Staff salary	(1,455.75)		(1,455.75)													

[illegible]

[illegible]

	(63,769.98)
	(63,769.98)
	41,418.02

9,929.33	31,488.69	20,211.50
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	Seed Studios				1172658		
Receipts and payments accounts							
			01/01/2024		31/12/2024		
	For the period from			To			CC16a
	funds		funds	Endowment funds	Total funds	Last year	
	£		£	to the nearest £	£	£	
A1 Receipts							
Grants	7,979		75,718	-	83,697	49,572	
service	-		750	-	750	-	
merchandise/equipme	220		-	-	220	349	
bank account	84		-	-	84	-	
Donations	174		-	-	174	54	
Interest	66		-	-	66	53	
income for AR)	8,522		76,468	-	84,991	50,028	
A3 Payments							
Charitable activities	4,122		59,364	-	63,486	54,224	
Insurance	-		224	-	224	224	
Bank charges	60		-	-	60	60	
Bank error reclaim	-		-	-	-	65	
Sub total	4,182		59,588	-	63,770	54,573	
Net of	4,340		16,881	-	21,221	- 4,545	
A5 Transfers	165		- 165	-	-	-	
A6 Cash funds last	5,425		14,773	-	-	20,197	
Cash funds this year	9,929		31,489	-	41,418		
of assets and							
Categories	Details		Unrestricted funds to nearest £	Restricted to nearest £			
B1 Cash funds	Cash at bank		9,929	31,489			
			-	-			
			-	-			
	Total cash funds		9,929	31,489			
	(agree balances with receipts and payments		OK	OK			
			Unrestricted funds to nearest £	Restricted to nearest £			
B2 Other monetary assets	Details		-	-			
			-	-			
			-	-			
			-	-			
			-	-			
			-	-			
			-	-			
B3 Investment assets	Details		belongs	Cost (optional)			
				-			
				-			
				-			
				-			
				-			
				-			
B4 Assets retained for the charity's own use	Details		belongs	Cost (optional)			
				-			
				-			
				-			
				-			
				-			
				-			
				-			
				-			
				-			
				-			
				-			
B5 Liabilities	Details		Fund to which	Amount due			
	Deferred income - Reaching Communities,		Restricted	20,212			
				-			
				-			
				-			
				-			
Signed by one or two	Signature		Print Name				
	Lucy Power		LUCY KOHOUTEK POWER				
			21/10/2025				
	*Subject to approval of auditors and National						

Cell: H70

Note: =====

ID#AAABcj59nvQ

Joel David Taylor (2025-02-05 18:19:54)

*Subject to approval of auditors and National Lottery Community Fund. Grant for project beginning 6th January 2025 paid into Seed Studios bank account on 20th December 2024, thus showing higher than expected income due to receipt of funds allocated for spend in future financial period. Receipt of £20,212 not shown on A1 Receipts and A3 Payments and listed as deferred income



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees

Charity Name **SEED STUDIOS**

On accounts for the year ended

31/12/2024 Charity no
(if any) **1172658**

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD/MM/YYYY.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed: **[Signature]**

Date: **16.10.25**

Name: **Arian Watson**

Relevant professional qualification(s) or body

BA. M. Phil CQSW

AJW.

(if any): alanwater1881@hotmail.com

Address: 72 ELSWORTH RD
CHORLTON
MANCHESTER
M21 0JR

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1/1/2024 To 31/12/2024

Charity name: Seed Studios

Charity registration number: 1172658

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The purpose of Seed Studios CIO is to promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society by providing a community music and arts service.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	We have improved local health, creativity and connections through two main activities. • Provision of weekly volunteer-led Community Music Wellbeing Workshops which are free, open to all adults and suitable for all abilities • Provision of 1-to-1 music sessions by sessional workers for adults referred to Seed Studios through local health and community partners
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	In planning and decision-making, the Trustees kept in mind the Charity Commissions guidance on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
	Para 1.38	

Policy on social investment including program related investment		
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Community at the Core: Volunteer-Powered Programmes Volunteers remained at the heart of Seed Studios in 2024, playing an essential role in delivering a vibrant programme of musical activities across our Trafford locations. This year, over 1,000 hours of volunteer-led sessions were delivered, highlighting the incredible commitment and talent within our community. These sessions ran five days a week and included a wide variety of group formats—from guitar circles and improvisation jams to ukulele groups and open-access music-making. Designed to be welcoming and informal, these workshops gave residents the chance to explore their creativity, meet new people, and gain confidence in a supportive setting. Each month, more than 200 participants engaged in these activities. The consistent feedback we receive speaks volumes: people feel more connected, more confident, and better able to manage their mental health and emotional wellbeing thanks to the sense of purpose and community fostered in these spaces. Accessible to all Trafford residents, these grassroots initiatives continue to be a powerful example of how creative volunteering can strengthen wellbeing and build resilience at a community

		level.
		Strengthening Our Role in Health & Wellbeing In 2024, Seed Studios deepened its relationships with local healthcare providers, becoming further embedded in Trafford's social prescribing landscape. Through our partnerships with Trafford Social Prescribers and the Greater Manchester Mental Health (GMMH) Living Well Service, we supported individuals facing mental health challenges with creative alternatives to clinical care. Healthcare professionals referred individuals directly into our service, where our Community Connector and team facilitated personalised, one-to-one music workshops. These sessions—offered weekly—created safe, empowering spaces for people to express themselves, reconnect with their creativity, and experience improved emotional wellbeing. With six hours of these tailored workshops running each week, we've been able to make a measurable contribution to the recovery journeys of many referred individuals—offering a unique blend of creative engagement and community care.
		Creative Collaborations and Expanding Cultural Connections 2024 was a year of rich and varied collaboration. We partnered with a number of local and regional organisations to bring new creative experiences to our studios and communities: • Delivered a series of <i>Mindful Voice</i> sessions in collaboration with OT Creative and Bluesci at Night, combining music and mindfulness to support mental wellbeing. • Worked with the Manchester International Roots Orchestra

		(MIRO) to deliver Egyptian music workshops at both our Broomwood and Old Trafford studios, connecting participants to global music traditions. Partnered with L&Q to host an open mic event at Limelight in September 2024, giving local artists and community members a platform to perform and connect. These collaborative events helped broaden participation, celebrate cultural diversity, and open up new musical possibilities for our community.	
		Partnership Spotlight: String of Hearts CIC Our longstanding partnership with String of Hearts CIC continued to flourish in 2024. Since 2021, we've worked together to support older adults who are at risk of social isolation through accessible, creative engagement. This year, we hosted monthly <i>Music Appreciation</i> workshops that brought together around 80 older participants. These sessions offered a welcoming, reflective space where participants could enjoy music, share stories, and connect with one another. String of Hearts provided crucial support to attendees—helping with transport, pastoral care, and financial accessibility—making it possible for many to take part who might otherwise be excluded. In September, this collaboration extended into a special Food, Music & Culture celebration, co-produced with Trafford Choices and MIRO. The event brought together people of different backgrounds, generations, and communities to enjoy music, food, and shared cultural stories. Together, Seed Studios and String of Hearts continue to demonstrate the power of music not only as a creative outlet but as a vital tool for community	

		care, connection, and resilience.
		Celebrating Creativity: Public Events and Performances We continued to build on the success of our public-facing events in 2024, with a strong focus on celebration, inclusion, and performance. Regular Open Mic Nights provided a relaxed, café-style atmosphere where individuals and groups could share their music, try out new ideas, and build confidence in front of a supportive audience. These events proved to be more than just performances—they were social gatherings, confidence boosters, and often a key milestone in someone’s personal journey with music. The year’s biggest highlight was <i>Celebrate Seed Studios 2024</i>, a special concert hosted at Band on the Wall in Manchester. Over 50 performers took part in this major event, many of whom were taking to the stage for the first time. For our participants, it was a moment of pride, achievement, and joy—reinforcing just how transformational creative expression can be.
		Conclusion: Building Momentum, Deepening Impact 2024 marked a period of meaningful progress and renewed purpose at Seed Studios. Whether through volunteer-led workshops, health-focused one-to-one sessions, or collaborative cultural events, we continued to place creativity at the centre of community wellbeing in Trafford. Our partnerships with health services, artists, and organisations like String of Hearts and MIRO allowed us to reach new people, respond to complex needs, and provide inclusive, supportive spaces for mental health recovery from first-time players to seasoned musicians. As we look ahead to 2025, our focus

		remains on deepening our impact, growing our networks, and continuing to offer music as a tool for healing, connection, and community transformation.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity had bank balances totalling £41,418 at the end of the year. The charity had receipts totalling £84,991 for the year. The charity had payments totalling £63,770 for the year.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The reserves policy for this financial year was to maintain Reserves of up to £6,000. Our reserves policy includes funding to meet statutory obligations regarding staff redundancy and notice periods, as well basic operational costs for up to a year of insurance, bank charges and basic accountancy.
Amount of reserves held	Para 1.22	£5,835
Reasons for holding zero reserves	Para 1.22	NA
Details of fund materially in deficit	Para 1.24	NA
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	NA

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	CIO Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The Charity recruits for specific roles, using its own website, social media accounts, volunteer websites and online groups as well as word of mouth to fill these roles. No organisation or body is entitled to appoint Trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Seed Studios
Other name the charity uses	
Registered charity number	1172658
Charity's principal address	54-56 Seymour Grove Old Trafford Manchester M16 0LN

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Andrew Christopher Hodson	Chair		
2	Lucy Kohoutek Power			
3	Philip Handscomb	Treasurer		
4	Ann-Marie Crowley			

Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

--

Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Lucy Power

Full name(s)

LUCY KOHOUTEK POWER

**Position (eg Secretary,
Chair, etc)**

Trustee

Date

21/10/2025

SEED STUDIOS

England & Wales - Charity number 1172658

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1/1/2023 To 31/12/2023

Charity name: Seed Studios

Charity registration number: 1172658

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The purpose of Seed Studios CIO is to promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society by providing a community music and arts service.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	We have improved local health, creativity and connections through two main activities. • Provision of weekly volunteer-led Community Music Wellbeing Workshops which are free, open to all adults and suitable for all abilities • Provision of 1-to-1 music sessions by sessional workers for adults referred to Seed Studios through local health and community partners
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	In planning and decision-making, the Trustees kept in mind the Charity Commissions guidance on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
	Para 1.38	

Policy on social investment including program related investment		
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	In 2023, Seed Studios Trafford deepened its relationships with health services such as Trafford Social Prescribers and Greater Manchester Mental Health (GMMH) Living Well Service. These partnerships, particularly through the Living Well Service, have become integral to our social prescribing offer. This initiative allows healthcare professionals to refer individuals to Seed Studios and our dedicated Community Connector for tailored, 1-to-1 music workshops. These workshops, designed to boost participants' confidence and overall wellbeing, promote positive mental health through creative expression. We have been able to offer 6 hours of these 1-to-1 sessions every week, significantly contributing to the health and emotional stability of those referred in a unique and impactful way. Volunteer-Led sessions: Seed Studios continues to be powered by the dedication of its volunteers, who in 2023 contributed over 1,000 hours of activity through workshops. These sessions included a variety of music groups such as guitar groups jamming group, free improvisation and ukulele groups. These group activities provide participants with a pathway into more communal forms of engagement, where they can further enhance their skills in a supportive and inclusive environment. Over 200 people attended our volunteer-led Community Music Wellbeing Workshops every month,

		with attendees reporting improved confidence, mental health, emotional wellbeing, skills, and friendships. These programs are open to all residents of Trafford, fostering a sense of community through shared musical experiences, while emphasizing wellbeing and inclusivity. Our sessions occur five days a week, ensuring continuous access to workshops and activities. This operational model provides a consistent, supportive environment for participants, reinforcing our role as a key community resource in Trafford for both creative and health-oriented programs. Public Performances and Celebrations: In 2023, Seed Studios expanded its public-facing events, including regular open nights where participants could gather in a relaxed, café-like setting to perform music and celebrate together. These performances were an opportunity for individuals and groups to showcase their work, building self-esteem and promoting social connection. We also hosted a grand celebration concert at the prestigious Manchester venue, Band on the Wall. 50 performers joined at Band on the Wall for Celebrate Seed Studios 2023. “People said “it showed that everybody has some musical ability and (it was) great that everyone joined in, even the audience” and that they were “proud of others breaking barriers”. For many participants, this performances were a significant personal milestone, providing a sense of achievement and pride which is key to encouraging positive wellbeing. String of Hearts collaboration: Throughout 2023, Seed Studios continued its partnership with String of Hearts CIC to offer older adults at risk of social isolation free, monthly music appreciation workshops. String of Hearts offers music-based wellbeing support to its beneficiaries, with the crucial element of pastoral, financial and logistical support for older adults. Together, we engaged around 80 people through monthly collaborative sessions. Our partnership, beginning in 2021, continues to harness both their
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		incredible outreach, engagement and musical strengths, and our own ability to foster community connection and encourage musical and personal development within our centres day-to-day. Conclusion: 2023 was a year of significant growth and impact for Seed Studios, as we deepened our partnerships with health services, expanded volunteer-led activities, and crafted opportunities for community celebration through music. These achievements highlight our continued dedication to using creative expression as a tool for enhancing wellbeing, reducing isolation, and fostering a sense of community among local Trafford and Manchester residents. Seed Studios remains committed to growing its reach and impact in the coming years, further solidifying its place as a vital part of the Trafford community.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity had bank balances totalling £20,197 at the end of the year. The charity had receipts totalling £50,028 for the year. The charity had payments totalling £54,573 for the year.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The reserves policy for this financial year was to maintain Reserves of up to £6,000. Our reserves policy includes funding to meet statutory obligations regarding staff redundancy and notice periods, as well basic operational costs for up to a year of insurance, bank charges and basic accountancy.
Amount of reserves held	Para 1.22	£5,425
Reasons for holding zero reserves	Para 1.22	NA
Details of fund materially in deficit	Para 1.24	NA
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	NA

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	CIO Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The Charity recruits for specific roles, using its own website, social media accounts, volunteer websites and online groups as well as word of mouth to fill these roles. No organisation or body is entitled to appoint Trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Seed Studios
Other name the charity uses	
Registered charity number	1172658
Charity's principal address	54-56 Seymour Grove Old Trafford Manchester M16 0LN

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Andrew Christopher Hodson	Chair		
2	Lucy Kohoutek Power			
3	Philip Handscomb	Treasurer		
4	Ann-Marie Crowley			

Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

--

Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Lucy Power

Full name(s)

Lucy Kohoutek Power

Position (eg Secretary,
Chair, etc)

Trustee

Date

04/10/2024

	Seed Studios					1172658			CC16a
Receipts and payments accounts									
	For the period from		01/01/2023		To	31/12/2023			
	Unrestricted funds		Restricted funds		Endowment funds		Total funds		Last year
	to the nearest £		to the nearest £		to the nearest £		to the nearest £		to the nearest £
A1 Receipts									
Grants			49,572		-		49,572		49,147
Sale of merchandise/equipment	349		-		-		349		900
Donations	54		-		-		54		129
Interest	53		-		-		53		65
Bank error			-		-		-		34
Sub total (Gross income for AR)	456		49,572		-		50,028		50,275
A3 Payments									
Charitable activities	4,651		49,573		-		54,224		58,186
Insurance	224		-		-		224		224
Bank charges	60		-		-		60		81
Bank error reclaim	65		-		-		65		
Sub total	5,000		49,573		-		54,573		58,491
Net of receipts/(payments)	- 4,544		- 1		-		- 4,545		- 8,216
A5 Transfers between funds	31		- 31		-		-		
A6 Cash funds last year end	9,938		14,805		-		-		24,742
Cash funds this year end	5,425		14,773		-		20,197		
Section B Statement of assets and liabilities at the end of the period									
Categories	Details				Unrestricted funds to nearest £		Restricted funds to nearest £		
B1 Cash funds	Cash at bank				5,425		14,773		
					-		-		
					-		-		
	Total cash funds				5,425		14,773		
	(agree balances with receipts and payments account(s))				OK		OK		
					Unrestricted funds to nearest £		Restricted funds to nearest £		
	Details								
B2 Other monetary assets					-		-		
					-		-		
					-		-		
					-		-		
					-		-		
					-		-		
	Details				Fund to which asset belongs		Cost (optional)		
B3 Investment assets							-		
							-		
							-		
							-		
							-		
	Details				Fund to which asset belongs		Cost (optional)		
B4 Assets retained for the charity's own use							-		
							-		
							-		
							-		
							-		
							-		
							-		
							-		
	Details				Fund to which liability relates		Amount due (optional)		
B5 Liabilities							-		
							-		
							-		
							-		
							-		
Signed by one or two trustees on behalf of all the trustees	Signature				Print Name				
	Lucy Power		04/10/2024		Lucy Power		04/10/2024		

Independent examiner's report on the accounts

Report to the trustees/
members of

On accounts for the year
ended

31/12/2023

Charity no
(if any) 1172658

Set out on pages

Remember to include the page numbers of additional sheets

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2023.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's
statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- ~~the accounting records were not kept in accordance with section 130 of the Charities Act; or~~
- ~~the accounts did not accord with the accounting records; or~~
- ~~the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.~~

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

AJW

Date:

24.09.24

Name:

ALAN JAMES WATSON

Relevant professional
qualification(s) or body (if
any):

BA. M.Phil. CQSW

Address:

22 Ellesmere Rd
Chorlton
Manchester M21 0SR



Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

SEED STUDIOS

England & Wales - Charity number 1172658

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1/1/2022 To 31/12/2022

Charity name: Seed Studios

Charity registration number: 1172658

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The purpose of Seed Studios CIO is to promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society by providing a community music and arts service.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	We have sought to prevent social exclusion as a result of ill health (physical and mental) through two main activities. • Provision of a volunteer-led community music studio including purchase of instruments and equipment. • Provision of one-to-one music sessions for vulnerable adults by sessional workers
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	In planning and decision-making, the Trustees kept in mind the Charity Commissions guidance on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	

Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Through the medium of music, we empowered around 200 people each month at volunteer-led community music wellbeing workshops and our one-to-one sessions with social prescribing referrals. We built the confidence, mental health resilience and skills of local people in Trafford, giving them hope and helping to create a stronger community. Our volunteer-led community music wellbeing workshops were a vital lifeline for many people during a difficult time. They provided a safe and supportive space for people to connect with others, and express themselves creatively. We offered up to 20 hours a week of workshops, engaging local people through singing and songwriting to free improvisation and jamming. These weekly sessions become a community and support structure for people as well as a place people can meet and grow friendships while enjoying meaningful creative ventures. We also worked closely with local GPs and other organisations to provide 6 hours every week of free music tuition, music therapy and other music-based interventions to people referred for depression, anxiety and social isolation. We helped people to develop coping mechanisms, improve their mood, and

		reduce their social isolation. Seed Studios also completed an Arts Council Project Grant-supported programme of studio renovation and volunteer upskilling in new instruments and disciplines. This work supported new and current volunteers to add 4 hours of new volunteer community music wellbeing workshops to our weekly offer to the community. We also invited over 60 performers from both of our centres to perform at the Lowry for our annual Celebrate Seed Studios event as part of this project. For the majority of these individuals, this represented a unique confidence-building exercise as the first time they ever performed in public. We are proud of the work that we did in 2022, and we are committed to continuing to provide high-quality music and mental health workshops to people in Trafford. We believe that music has the power to transform lives, and we are grateful to our volunteers and supporters for helping us to make a difference.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	

Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity had bank balances totalling £24,742 at the end of the year. The charity had receipts totalling £50,275 for the year. The charity had payments totalling £58,491 for the year.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The reserves policy for this financial year was to maintain Reserves of £1,000. This was for unexpected costs that may accrue
Amount of reserves held	Para 1.22	£1,000
Reasons for holding zero reserves	Para 1.22	NA
Details of fund materially in deficit	Para 1.24	NA
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	NA

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	CIO Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The Charity recruits for specific roles, using its own website, social media accounts, volunteer websites and online groups as well as word of mouth to fill these roles. No organisation or body is entitled to appoint Trustees

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Seed Studios
Other name the charity uses	
Registered charity number	1172658
Charity's principal address	54-56 Seymour Grove Old Trafford Manchester M16 0In

Names of the charity trustees who manage the charity						
			Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (if any) entitled to appoint (if any)
		1	Andrew Christopher Hodson	Chair		
		2	Rinu Bijo	Treasurer	Until February 2022	
		3	Lucy Kohoutek Power			
		4	Philip Handscomb			
		5	Tina Marney		April 2022 until November 2022	
		6	Ann-Marie Crowley			

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)				
	Type of adviser	Name	Address	
	Name of chief executive or names of senior staff members (Optional information)			

Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

Other optional information

N/A

Declarations

The trustees declare that they have approved the trustees' report above.				
Signed on behalf of the charity's trustees				
			Signature(s)	Lucy Power
			Full name(s)	Lucy Kohoutek Power
			Position (eg Secretary, Chair, etc)	Trustee
			Date	24/10/23



Receipts and payments accounts

For the period from

01/01/2022

To

31/12/2022

CC16a

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	3,555	45,593	-	49,147	41,299
Sale of equipment	900	-	-	900	-
Donations	129	-	-	129	227
Bank error	65	-	-	65	-
Interest	34	-	-	34	-
Sub total (Gross income for AR)	4,683	45,593	-	50,275	41,526
A3 Payments					
Charitable activities	668	57,518	-	58,186	28,200
Insurance	224	-	-	224	-
Bank charges	81	-	-	81	-
	-	-	-	-	-
Sub total	973	57,518	-	58,491	28,200
Net of receipts/(payments)	3,710	- 11,926	-	- 8,216	13,326
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	6,228	26,730	-	32,958	-
Cash funds this year end	9,938	14,805	-	24,742	13,326

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B1 Cash funds	Cash at bank	9,938	14,805
		-	-
		-	-
	Total cash funds	9,938	14,805
	(agree balances with receipts and payments account(s))	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £
B2 Other monetary assets		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
B3 Investment assets			
B4 Assets retained for the charity's own use			
B5 Liabilities			

Signed by one or two trustees on
behalf of all the trustees

Signature

Lucy Power

Print Name

Lucy Kohoutek Power



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1/1/2022 To 31/12/2022

Charity name: Seed Studios

Charity registration number: 1172658

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Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	In planning and decision-making, the Trustees kept in mind the Charity Commissions guidance on public benefit.

Additional information (optional)

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Other		

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	SORP reference	
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Additional information (optional)

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Other		

Financial Review

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Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The reserves policy for this financial year was to maintain Reserves of £1,000. This was for unexpected costs that may accrue
Amount of reserves held	Para 1.22	£1,000
Reasons for holding zero reserves	Para 1.22	NA
Details of fund materially in deficit	Para 1.24	NA
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	NA

Additional information (optional)

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Additional information (optional)

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The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

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Other name the charity uses	
Registered charity number	1172658
Charity's principal address	54-56 Seymour Grove Old Trafford Manchester M16 0In

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			Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (if any) entitled to appoint
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		2	Rinu Bijo	Treasurer	Until February 2022	
		3	Lucy Kohoutek Power			
		4	Philip Handscomb			
		5	Tina Marney		April 2022 until November 2022	
		6	Ann-Marie Crowley			

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)				
	Type of adviser	Name	Address	
	Name of chief executive or names of senior staff members (Optional information)			

Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

Other optional information

N/A

Declarations

The trustees declare that they have approved the trustees' report above.				
Signed on behalf of the charity's trustees				
			Signature(s)	Lucy Power
			Full name(s)	Lucy Kohoutek Power
			Position (eg Secretary, Chair, etc)	Trustee
			Date	24/10/23

SEED STUDIOS

England & Wales - Charity number 1172658

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1/1/2021 To 31/12/2021

Charity name: Seed Studios

Charity registration number: 1172658

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The purpose of Seed Studios CIO is to promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society by providing a community music and arts service.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	We have sought to prevent social exclusion as a result of ill health (physical and mental) through two main activities. • Provision of a volunteer-led community music studio including purchase of instruments and equipment. • Provision of one-to-one music sessions for vulnerable adults by sessional workers
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	In planning and decision-making, the Trustees kept in mind the Charity Commissions guidance on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	

Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Through the medium of music, we empowered (at our peak) around 80 people each month at our online and in-person community music wellbeing workshops and our one-to-one sessions with social prescribing referrals. We built the confidence, mental health resilience and skills of local people in Trafford, giving them hope in a difficult period for the country. Despite the Covid-19 lockdowns and changing government regulations regarding social distancing, we designed and fulfilled Covid-19 friendly online open-mic events and, when legally allowed, encouraged Covid-19 regulation-safe community music wellbeing workshops. This helped people to develop connections, contributing to a stronger community and reducing social isolation in a period which was isolating for many. With our mandate to provide support for local adults in Trafford, we continued supporting individuals referred to us in different ways including self-referral and GP signposting as a result of a range of health difficulties particularly mental health issues and isolation. We also built the charity's reputation as a social prescribing best practice organisation, taking part in the new Thriving Communities Learning Together programme of late 2020/early 2021.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity had bank balances totalling £32,958.19 at the end of the year. The charity had receipts totalling £41,526 for the year. The charity had payments totalling £28,200 for the year.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The policy is to maintain Reserves of £1,000. This is for unexpected costs that may accrue
Amount of reserves held	Para 1.22	£1,000
Reasons for holding zero reserves	Para 1.22	NA
Details of fund materially in deficit	Para 1.24	NA
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	NA

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	CIO Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The Charity recruits for specific roles, using its own website, social media accounts, volunteer websites and online groups as well as word of mouth to fill these roles. No organisation or body is entitled to appoint Trustees

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Seed Studios
Other name the charity uses	
Registered charity number	1172658
Charity's principal address	54-56 Seymour Grove Old Trafford Manchester M16 0In

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Andrew Christopher Hodson	Chair		
2	Rinu Bijo	Treasurer		
3	Lucy Kohoutek Power			
4	Philip Handscomb			
5	Pete Emms		Until March 2021	
6	Anne-Marie Crowley		From August 2021	
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	
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Full name(s)

Lucy Kohoutek Power	
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Position (eg Secretary,
Chair, etc)

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Date

20/10/2022



CHARITY COMMISSION
FOR ENGLAND AND WALES

ed Studios CIO

1172658

Receipts and payments accounts

CC16a

For the period from	1/1/2021	To	31/12/2021
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	1,710	39,589	-	41,299	14,053
Donations	227	-	-	227	133
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	1,937	39,589	-	41,526	14,186
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	1,937	39,589	-	41,526	14,186

A3 Payments

Grants		27,793	-	27,793	16,359
Donations	407	-	-	407	162
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-

	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	407	27,793	-	28,200	16,521

A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-

Total payments	407	27,793	-	28,200	16,521
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Net of receipts/(payments)	1,530	11,796	-	13,326	- 2,335
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	4,698	14,934	-	19,632	21,967
Cash funds this year end	6,228	26,730	-	32,958	19,632

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds				
		6,228	26,730	-
		-	-	-
		-	-	-
	Total cash funds	6,228	26,730	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £

B2 Other monetary assets

	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
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B5 Liabilities

		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
 L Power	Lucy Power	20/10/22



Section A

Independent Examiner's Report

Report to the trustees/
members of

Seed Studios

On accounts for the year
ended

31/12/2021

Charity no
(if any)

1172658

Set out on pages

(remember to include the page numbers of additional sheets)

Responsibilities and
basis of report

I report to the trustees on my examination of the accounts of the above
charity ("the Trust") for the year ended **31/12/2021**

As the charity's trustees, you are responsible for the preparation of the
accounts in accordance with the requirements of the Charities Act 2011
("the Act").

I report in respect of my examination of the Trust's accounts carried out
under section 145 of the 2011 Act and in carrying out my examination, I
have followed all the applicable Directions given by the Charity Commission
under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have
come to my attention in connection with the examination (other than that
disclosed below *) which gives me cause to believe that in, any material
respect:

the accounting records were not kept in accordance with section 130 of
the Charities Act; or
the accounts did not accord with the accounting records; or
the accounts did not comply with the applicable requirements concerning
the form and content of accounts set out in the Charities (Accounts
and Reports) Regulations 2008 other than any requirement that the
accounts give a 'true and fair' view which is not a matter considered
as part of an independent examination.

I have no concerns and have come across no other matters in connection
with the examination to which attention should be drawn in this report in
order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

18.10.22

Name:

ALAN WATSON

Relevant professional
qualification(s) or body
(if any):

Mental Health and Social Care
Consultant.

Address:

22 ELLESMERE RD CHORLTON
MANCHESTER M21 0SR

SEED STUDIOS

England & Wales - Charity number 1172658

Accounts

Trustees' Annual Report for the period						
From	Period start date			To	Period end date	
	01	01	2020		31	12

Section A Reference and administration details

Charity name	Seed Studios CIO
Other names charity is known by	n/a
Registered charity number (if any)	1172658
Charity's principal address	54-56 Seymour Grove
	Old Trafford
	Manchester
Postcode	M160LN

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Andrew Christopher Hodson	Chair		
2	Peter Emms			
3	Adrian George Slatcher		Until January 2020	
4	Rinu Bijo			
5	Lucy Kohoutek Power			
6	Philip Handscomb			
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20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
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Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	CIO Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	The Charity recruits for specific roles and use Volunteer websites as well as word of mouth to fill those roles. No organisation or body is entitled to appoint Trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The purpose of Seed Studios CIO is to promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society by providing a community music and arts service.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

We have sought to prevent social exclusion as a result of ill health (physical and mental) through two main activities.

- Provision of a volunteer-led community music studio including purchase of instruments and equipment.
- Provision of one-to-one music sessions for vulnerable adults by sessional workers

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Using music as a tool we have empowered and enabled around 100 individuals to grow in confidence and resilience, equipping them to have a better chance in life with a variety of life skills including communication. We have supported these people to develop connections, contributing to a stronger community and reducing individual occurrences of social isolation as well as tackling stigma through public performances. The user group is made up of adults from the Trafford Borough who have been referred to us in different ways including self-referral and GP signposting as a result of a range of health difficulties particularly mental health issues and isolation. In addition, we have offered volunteering opportunities to the public. due to COVID-19 and the safety restrictions which we put in place considering the infection rates allot of our work have been carried out online, including online public performances and online workshops. When restrictions allowed, we also did workshops outside following social distancing rules.

Section E

Financial review

Brief statement of the charity's policy on reserves

The policy is to maintain Reserves of £1,000. This is for unexpected costs that may accrue

Details of any funds materially in deficit**Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F**Other optional information****Section G****Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) Full name(s) Position (eg Secretary, Chair, etc)	Lucy Power	Andrew Hodson
	Lucy Kohoutek Power	Andrew Christopher Hodson
		Chair
Date	13 th September 2021	13 th September 2021



CHARITY COMMISSION
FOR ENGLAND AND WALES

Seed Studio CIO

No (if any)

Receipts and payments accounts

CC16a

For the period
from

01/01/2020

To

31/12/2020

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	133	-	-	133	60
Grants	-	14,053	-	14,053	9,357
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total(Gross income for AR)	133	14,053	-	14,186	9,417
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	133	14,053	-	14,186	9,417
A3 Payments					
Payments relating directly to charitable Activities	-	16,359	-	16,359	9,357
General	162	-	-	162	273
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	162	16,359	-	16,521	9,630
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	162	16,359	-	16,521	9,630
Net of receipts/(payments)	- 29	- 2,306	-	- 2,335	- 213
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	4,697	17,270	-	21,967	22,180
Cash funds this year end	4,668	14,964	-	19,632	21,967

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	4,668	14,964	-
		-		-
		-	-	-
	Total cash funds	4,668	14,964	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	Lucy Power	Lucy Kohoutek Power	13/10/2021	