

NORTH DEVON FORUM FOR AUTISTIC SPECTRUM CONDITIONS AND ADHD

England & Wales · Charity number 1172597

Details

Status Registered

Legal form CIO

Registered 2017-04-18

Register [View on the Charity Commission register](#)

Contact

Address Castle Gate
Bratton Fleming
Barnstaple
Devon
EX31 4TG

Phone 07830 213265

Email info@ndfautism.co.uk

Website www.ndfautism.co.uk

Activities

Objects: THE ORGANISATION'S OBJECTS ARE, FOR THE PUBLIC BENEFIT, TO RELIEVE THE NEEDS OF PEOPLE WITH ASC OR ADHD, THEIR FAMILIES AND CARERS IN NORTH DEVON BY:(A)OFFERING INFORMAL SUPPORT FOR THE BENEFIT OF PEOPLE WITH ASC* & ADHD* OR SUSPECTED TRAITS OF THE CONDITION LIVING OR WORKING IN THE NORTH DEVON AREA;(B)OFFERING INFORMAL SUPPORT FOR THE BENEFIT OF PARENTS, CARERS AND CLOSE FAMILY MEMBERS OF THE ABOVE;(C)ORGANISING SOCIAL EVENTS/ACTIVITIES FOR PEOPLE SPECIFIED IN (A) AND (B) ABOVE TO ENABLE THEM TO ACCESS EVERYDAY ACTIVITIES THAT WOULD OTHERWISE BE IMPOSSIBLE OR DIFFICULT FOR THEM;(D)MAINTAINING & DEVELOPING CONTACT WITH PROFESSIONALS SO THAT ANY INFORMATION HELD BY THE FORUM IS MADE AVAILABLE AND CONTINUALLY UPDATED;(E)BEING A SIGNPOSTING AND NETWORKING RESOURCE TO OTHER RELEVANT ORGANISATIONS;(F)RAISING AND PROMOTING, THEREFORE INCREASING, AWARENESS OF THE FORUM IN THE NORTH DEVON AREA, SUCH THAT OUR ACTIVITIES ARE ACCESSIBLE TO ANY WHO MIGHT NEED OUR SUPPORT.*ASC STANDS FOR AUTISTIC SPECTRUM CONDITION*ADHD STANDS FOR ATTENTION DEFICIT HYPERACTIVITY DISORDER

Activities: The objects of North Devon Forum for Autistic Spectrum Conditions and ADHD (hereafter referred to as The Forum), a not-for-profit organisation, are to offer informal support for the benefit of people with

ASC* & ADHD* or suspected traits of the condition living or working in the North Devon area*ASC stands for Autistic Spectrum Condition *ADHD stands for Attention Deficit Hyperactivity Disorder

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** General Charitable Purposes
- **Who:** People With Disabilities, Other Defined Groups

Geography

- **Area of benefit:** THE NORTH DEVON AREA
- Cornwall
- Devon

Finances

Period end	Income	Expenditure	Assets	Employees
2024-10-31	£8,577	£11,432	-	-
2023-10-31	£9,867	£12,362	-	-
2022-10-31	£10,454	£9,882	-	-
2021-10-31	£13,666	£11,056	-	-
2020-10-31	£19,507	£17,295	-	-

Trustees

Name	Role	Appointed
DEBORAH GOWN	Chair	2017-04-18
AMANDA-JAYNE BROWN		2017-04-18
ANNE HAMBLETON		2017-04-18
Ayesha Louise Stephens		2024-11-30
Bonita Marie Emma Wood		2025-02-26
CLARE NORMAN		2017-04-18
Chloe Slide		2023-11-25
DENVER GOWN		2017-04-18
Hayley Lynch		2025-06-13
Katie Stoneman		2025-04-29
Laura May Hollier		2025-02-11
Linda Anne McQueen		2025-04-30
Linda Harding		2017-04-18
Linda Mary Falkner		2025-02-26
Phillip Stephens		2025-02-13
Rebecca Dayman		2025-02-27
Rosemary Caroline Tibble		2026-04-29
Steven Daw		2025-02-17
THOMAS Henry BAYLISS		2011-10-31

Accounts



**North Devon Forum for
Autistic Spectrum
Conditions and ADHD**
www.ndfautism.co.uk

PO Box 174
Bideford
EX39 9EA
Mobile: 07923 481332
Reg. Charity No. 1172597
info@ndfautism.co.uk
facebook.com/groups/ndfarb
@NorthDevonForum

JOINT OFFICERS REPORT FOR AGM ON 30 NOVEMBER 2024
FROM CHAIR, SECRETARY, TREASURER, RESOURCE,
COFFEE MORNINGS, EVENTS AND FUNDRAISING TRUSTEES

Since our AGM last year, the Forum has continued to build on its base. Unfortunately, our numbers at the coffee morning are still low compared to what it used to be. For this reason we have not been bringing the library to the coffee mornings, nor have we been holding the room draw. Also we have had few speakers but those who have attended have brought information much needed by our members. DIAS have attended in the side room and under their own steam and has been well received. At each coffee morning we have 'newbies' and can offer information and support to them, and often learn items ourselves, we have therefore booked the 4th Thursday of each month at Roundswell Community Centre for 2025 (not December), so hopefully see you there. We have a core group of trustees who keep the coffee morning on track. We have a new trustee, Linda Falkner, who is taking over the library. She is attempting to retrieve the lent books so would ask that these are returned during a book amnesty.

This year Gabby has stepped down as a Trustee after establishing a link with the Charity Commission. Tom will continue to liaise with the Charity Commission with our end of year accounts.

We continue to function as the Forum is a much needed resource for the area, there are always new members joining often who did not know we exist. However, if we are to continue we desperately need more trustees/volunteer and amongst these active members. (Debbie to insert her piece)

We have been fortunate in receiving funds as grants from Bideford Town Council and Bideford Bridge Trust which has enabled us to maintain our bookings of Torridge Pool, Northam for swimming, and in 2025 we have organised the use of an inflatable every 3rd month. The dates and details already sent are:-

Following the generosity of the grants from Bideford Bridge Trust and Bideford Town Council we are pleased to announce that the forum has booked the following swimming sessions. Please note the addition of the inflatable every 3rd month.

Please be responsible for your family members, and ensure respective behaviour is observed. This event, like many others – ie Big Sheep, are organised for the benefit of our members and trustees are not always in attendance, and we do not get involved in disputes between families / children which on the rare occasion occur. If a dispute does happen please discuss it calmly directly with the parent yourself as you would if in a public situation. These sessions are designed to develop social skills and ability to share - as well as being a freebee. Please use disputes as a learning opportunity,

Since 1 May there is now a charge for parking in the car park BUT if you are using the facilities you can obtain a parking permit for 2 hours which is free. So when you sign in for our session remember to collect a parking permit!

SWIMMING SESSIONS

These take place on the 1st Saturday of the month at Torridge Pool, Northam 2.45 to 3.45

On arrival please sign in at the Reception desk – just to keep a track on who is attending and how many. This event is free to our Forum members, swimming is a neutral activity for any age and we hope it gives a focus for you. The Forum pays for lifeguards to cover 49 swimmers, if we reach this number will have to do a juggle to make sure the ASC people can swim. We receive grants from Bideford Bridge and Bideford Town Council to cover this event. When swimming please follow all safety guidelines and directions. If the swimmer has a float aid which is a comfort aid please let the lifeguards know, otherwise please do not pass the no swimming mark. There are no locks on the lockers so if you need to secure anything whilst you are swimming please take a lock with you to use. If ending the session is difficult please let us know of any way we can make this easier. Ideally we would ask that men and women keep to their own changing room, but we appreciate this is not always possible. If this is the case please be as discreet as possible – although at the moment we do not have any of the ‘general public’ changing at the same time. We have use of the flat mat floats and other similar items. On the dates when an inflatable is used please ensure that the pool is cleared promptly at 3.45 to enable the inflatable to be cleared in time for the next session at 4.00pm.

- December = 07.12.2024
- January = 04.01.2025
- February = 01.02.2025
- March = 01.03.2025 plus inflatable
- April = 05.04.2025
- May = 03.05.2025
- June = 07.06.2025 plus inflatable
- July = 05.07.2025
- August = 02.08.2025
- September = 06.09.2025 plus inflatable
- October = 04.10.2025
- November = 01.11.2025
- December = 06.12.2025 plus inflatable
- January = 03.01.2026

The surplus grants have been used towards the hire of the Big Sheep, two evenings at Christmas and two at Easter. Despite spending extra to ensure all Eventbrite invites were sent at the same time there was a hiccup in the system this year. It has added unnecessarily to the workload, but the actual system is in place. We have also organised a visit to the Queens Theatre to see Beauty and the Beast, again at a heavily discounted amount. This follows input from our Membership trustee, and is very much appreciated. She organised a visit in the summer to visit the Theatre.

We are very fortunate that we have a Trustee who is very hands on with IT which has saved us much money as we have been able to keep much inhouse. However, Denver’s career is moving forwards and he would like to step down – offering his position to someone else who wished to learn about IT and maintain a system. Denver would remain to guide through the transition. The current computer system is well maintained and balanced and with Lineal’s guidance is working very well. Denver has submitted a separate report.

For events that we organise we make a nominal charge - partly to help cover some of the costs but also to act as a commitment from those who book in. We have been fortunate in that most of the grants and donations have not been ring-fenced so we have been flexible on how we have been able to use the funds.

The coffee mornings have been organised for 2025 and an email with the dates has been sent.

COFFEE MORNINGS

Roundswell Community Centre, Barnstaple (next to Sainsburys) EX31 3NL

Starts at 10.00am (please do not arrive before as we are still setting up) to 12.30 – we can provide parking permits if needed.

Since Covid we have not been bringing the books held in the library, nor the resource items . If you require a book just ask and we will sort it out.

The cost is £1.50 which includes a tea / coffee / squash and a wrapped biscuit – often a top up is had. You do not have to be a member to attend, come along and sound us out to see what we are about. Take the opportunity to show your proof of diagnosis to a Trustee if you do not wish to go on line with it. It is an ideal opportunity to chat to others in similar circumstances, gain and give information.

Since Covid our numbers have dropped from about 30 to 10 / 14 (which includes the 3+ trustees). If anyone has a possible speaker and on what topic please let us know their contact details. We meet at 10, the speaker has the floor at 11am and speaks for about 15 minutes then a Q & A session, often those attending take the opportunity to have a quiet chat.

Children are welcome at these events – especially in school holiday time – may we suggest they bring something to keep themselves occupied during the morning, even more so if we have a speaker.

23 January

27 February

27 March

24 April

22 May

26 June

24 July

28 August

25 September

23 October

27 November

NONE IN DECEMBER

Library

Linda has worked hard in getting to grips with the library and will be available as from November 2024. Also, when there is no speaker she will have a themed discussion – suggestions please so she can bring the most relevant books to the discussion.

During the year we have promoted the group at various events – Braunton Wheels, North Devon Health Fest, Atlantic Village, Atlantic Academy, Bideford College and Tesco (we are next in store on 17 December so come and see us). We have not held so many activities this year – mainly due to funds and organising them. We had two coaches that took us to Paignton Zoo in the summer holidays to help fill the time – thank you to the trustees who were on the coaches, especially as it was their first time. We

have organised a visit to the Pantomime on 27 December – a relaxed performance at 2pm which will cater for the special needs aspect of our people with quieter ‘bangs’ etc.

If anyone has any time to devote in obtaining funding and organising trips (two people who will need to work together) please step forward. Lin has changed her trustee status from Secretary to Funding and Events Trustee to try and sort things for the older person but plans have not worked out, and is now taking a low-key position as she has been diagnosed with Parkinsons. She will remain as a Trustee but will not be organising events or raising funds – coffee mornings have been booked (and are relatively self funding) and the swimming sessions have been booked.

Thank you to all the Trustees past and present, without a unified group working together there will be a shortage of support and no moving forward, and our group will no longer exist.

Thank you for attending the AGM,

From Debbie – Chair
 Tom – Treasurer
 Lin – Events and Funding
 Clare – Coffee Mornings
 Helen - Membership
 Julia – PDA
 Penny – Secretary

North Devon Forum for Autistic Spectrum Conditions and ADHD
Registered Charity no.1172597

Treasurer's Statement for Annual General Meeting
Saturday 30th November, 2024

INCOME

Cash from Activities	£100.92
Cash from Coffee Morning	£50.00
Charities Trust	£100.00
Contributions towards activities Including money from Craft Group and Library	£1,766.98
Eventbrite	£519.88
Grant: Bideford Bridge Trust	£2,500.00
Grant: Bideford Bridge Trust	£2,000.00
Grant: Bideford Town Council	£1,000.00
Grant:DYS Space	£540.00

EXPENDITURE

Activities	£5,082.31
Auditor (John Cox)	£75.00
Cargo Self Storage	£1,156.99
Coach Hire	£3,200.00
DBS Check	£21.90
Eventbrite Costs	£48.75
Insurance	£899.03
IT (Lineal, Microsoft, etc.)	£1,253.46
Leaflets, 5000 reprinted	£265.00
NDN-GBD Trans Fee	£11.26
Office/Admin/Supplies	£26.00
Org Sub Fee	£103.02
Room Hire & Roundswell	£569.00
Sundries (Easter Eggs, Refreshments etc)	£66.25
Trustees Expenses	£556.74

SUMMARY

01.11.2023	Bank Balance	£14,407.54
2023-2024	Total Income	£ 8,577.78
	Total Expenditure	£11,432.71
31.10.2024	Balance per Bank Statement	£11,552.61



Tom Bayliss, Treasurer

Accounts



**North Devon Forum for
Autistic Spectrum
Conditions and ADHD**
www.ndfautism.co.uk

PO Box 174
Bideford
EX39 9EA
Mobile: 07923 481332
Reg. Charity No. 1172597
info@ndfautism.co.uk
[facebook.com/groups/ndfarb](https://www.facebook.com/groups/ndfarb)
[@NorthDevonForum](https://twitter.com/NorthDevonForum)

JOINT OFFICERS REPORT FOR AGM ON 25 NOVEMBER 2023
FROM CHAIR, SECRETARY, TREASURER, RESOURCE,
COFFEE MORNINGS, EVENTS AND FUNDRAISING TRUSTEES

Since our AGM last year, the Forum has slowly been building on its base and getting back to normal. Unfortunately, our numbers at the coffee morning are still low compared to what it used to be. For this reason we have not been bringing the library to the coffee mornings, nor have we been holding the room draw. Also we have had few speakers but those who have attended have brought information much needed by our members. At each coffee morning we have 'newbies' and can offer information to them, and often learn items ourselves, we have therefore booked the 4th Thursday of each month at Roundswell Community Centre for 2024 (not December), so hopefully see you there. We have a core group of trustees who keep the coffee morning on track.

During 2023 Louisa and Keith York both stepped down as trustees due to their many other commitments – something had to give. We thank them for all their input during their time as trustees – carrying the library around was no light weight. Louisa's expertise in organising and logging the library was very much appreciated and gave a good base to the library collection. This also meant that we lost Shirley York's help at the coffee mornings which was very much appreciated. Both Louisa and Keith may return when things quieten down for them, their expertise is very much missed.

We also thank Maria Gavan and Ann Kneller for their time in office who have both also stepped down as Trustees. Maria is continuing as a Volunteer (her skills at selling draw tickets are much appreciated).

As we receive many requests to hold a coffee morning on a non-weekday we recently held a coffee afternoon at Roundswell on 21 November, unfortunately not many attended despite free parking and it being a weekend when there were offers at Sainsburys did not bring many attendees. We also had a donation section for the surplus items in storage, this raised £41, the remainder being passed on to others or disposed of if beyond salvation. It was also the first outing for the library for some time, Penny has now recently taken over as temporary Librarian but works full time so is unable to attend during the week.

We have received a few applications for trustee / volunteer and these are being processed, it is so crucial that the paperwork trail is correct to protect all sides. If anyone wishes to volunteer in either capacity please speak to a Trustee. There is a chance to see what it entails by helping out at any of our activities – most dominant will be on Wednesday 13 December when we will have a stand at Tesco Extra with collecting buckets. We have received funding from many varied organisations as well as by our own efforts. These funds have enabled us to provide activities for our members – if we have funds we will organise. It can be seen from the Treasurers Statement that for a small charity we are holding our own very well.

It is time for existing members to step forward and take on the rolls that the existing trustees have held for a while. Without active Trustees we will cease to function – we need Trustees to cover the activities – which currently looks like 2026 / 27. We appreciate family commitment is needed, which is why the more Trustees and Volunteers we have the more the work load is spread. Lin is stepping down in 2026 – and if no-one steps up to take over the start of the Forum on 1 November 2025 will be the last. Many other Trustees are looking to step down. Without active members in place the Forum will cease which is a shame after all the hard work that has been put in place over the years. The current Trustees do not have time to tackle many issues – one being to update the Introductory Leaflet.

The following funds have been received and have been used to maintain the events and Forum. We are very fortunate that we have a Trustee who is very hands on with IT which has saved us much money as we have been able to keep much inhouse. However, his career is moving forwards and he would like to step down – offering his position to someone else who wished to learn about IT and maintain a system. He would remain to guide through the transition. The current computer system is well maintained and balanced and with Lineal’s guidance is working very well. We have introduced Eventbrite this year to save on repetitiveness and seems to be working, but needs more education to the person doing the inputting.

Gabby who has been a trustee for many years and has dealt with the paperwork – Charity Commission, Method Statements, Risk Assessments etc and she will see the Forum through the signing of the policies and then step down at the end of January. Is anyone out there with an ability to keep track of the paperwork? Once again all is in place, just the momentum needed to keep the Forum active.

Other trustees are struggling to juggle their increased family commitments (family members are all becoming adults / aged and need extra time with their caring duties. We would really appreciate new blood to take over and keep the Forum flowing as it has since 1992.

For events that we organise we make a nominal charge - partly to help cover some of the costs but also to act as a commitment from those who book in. We have been fortunate in that most of the grants have not been ring-fenced so we have been flexible on how we have been able to use the funds. We have also introduced Eventbrite which takes over much of the formalities of producing invoices and checking on payments.

Date banked	Organisation	Amount	Conditions of Grant/Donation
1 Nov 2022 to 31 Oct 2023			
15.11.2022	Amazon	65.48	General Funds
22.11.2022	Eventbrite	31.00	
25.11.2022	DYS Space	1,000.00	Coach trip to Babbacombe
13.12.2022	Eventbrite	1.00	
22.12.2022	Room Draw	16.50	
23.01.2023	Cinema – Avatar	69.00	
27.01.2023	DTS Space	372.00	Cinema events
31.01.2023	Amazon	65.44	
20.02.2023	Collection Boxes	48.29	
27.02.2022	Cinema – Puss in Boots	93.00	

09.03.2023	Facebook	130.00	
05.04.2023	Sale of Easter Eggs	13.50	
24.04.2023	Bideford Town Council	1,000.00	Local Activities
24.04.2023	Amazon	27.90	
23.03.2023	Don't Just Bin it	869.75	Computer costs
27.03.2023	Coffee Morning	62.20	
27.03.2023	Cinema – What's Love Got to do with it	30.00	
10.05.2023	Pay Pal	9.41	
19.05.2023	Amazon	118.19	
12.06.2023	Donation – Chloe's Sponsorship	10.00	
15.06.2023	Craft Group	13.50	
16.06.2023	Library Takings	34.29	
June 2023	MXB Woolsey Shop donations	81.22	
25.07.2023	Donation – Football, Jay Photography	300.00	
07.08.2023	North Devon Show Collection	70.66	
07.08.2023	Collection – A J Brown	24.20	
09.08.2023	PayPal Giving Fund – Chloe's Sponsorship	452.74	
14.08.2023	Coffee Morning	40.00	
01.09.2023	Barnstaple Town Council – Mayors Charity	1,620.67	
03.09.2023	Tickled Pink at Affinity (Donations)	70.15	
16.09.2023	Legacy from Anne Mary Taylor	1,000.00	
21.09.2023	Facebook	130.28	
	Bideford Bridge Trust	2,000.00	

During the year we have continued with the coffee morning on the 4th Thursday of the month, and are gradually building up confidence for members (and non members) to attend. We have booked the first Saturday of the month for swimming at Torridge Pool, this is 2.45 to 3.45 and is open to all members – we fund up to 49 swimmers at a time, if this is reached the Trustees will look at the number of lifeguards to cover the swimming, but immediately if numbers reach 49 non-ASC swimmers will be asked to leave to allow ASC's to continue swimming. Maybe instigate a rota – just warning members in case we have to implement a change.

We have held less events this year, but managed 3 visits to Kingsley Theatre at the start of the year – these are for our members to experience a visit to the cinema as we are able to ask for the lights to be slightly up and if the sound is too loud turn it down. We visited in January to see Avatar, February was Puss in Boots and March (for the older person) What's love Got to do with it. We had hoped for another film but there was a small uptake so cancelled it – to save everyone's time. We know bookings are made at the last minute which is understandable but we need to know it is possible.

In April our Gazebo was used to 'advertise' our group at the event at Braunton Rec –at which it was frightening to hear how many people on the Spectrum did not know of our group.

In July we finally had the coach trip to Babbacombe model village – and anyone wishing to make their own way met us there. As the weather was very debatable we also booked Kents Cavern in the afternoon – as it turned out the day was lovely and sunny, North Devon remained in cloud!

Also in July we visited Combe Martin it was wet – thank you to all brave soles who endured the day, which actually was not too bad later in the day, younger ones used up pent-up energy and enjoyed the day. The animals showing off very well in the cool of the day, if it had been too hot they would not have been so visible.

At the beginning of August the Gazebo again came out and was used at the North Devon Show. Again we made contact with many who did not know we existed. We survived the mud, and thank everyone who supported us either on the stand or visited us.

In September we visited Exmoor Zoo. This is a neutral event as it does not matter on your age to attend, and the Zoo is very supportive of our group and make it so easy for our event – they charge per head regardless of ability or age which is so easy to organise. They also support our draws by providing draw prizes.

Later in August we held a social evening for the older members at Pannier Pantry, organizing a buffet which encourages our members to meet and mingle. We also held a quiz which was answered in groups – thank you Julia for producing the questions. Some were held back for a future social evening at the Pannier Pantry, one was organised for October but did not take place. Suggestions of other events are always welcome.

In October at the beginning of half term week we visited Watermouth Castle and the weather treated us well so everyone was able to enjoy the day. This was a make your own way event so people could come and go as they wished, the Forum Stickers were issued to act as an introduction between our members.

The final event of 2023 (which was the first in the Forum's year in December 2022) is two evenings at the Big Sheep. This was organised through Eventbrite and quickly filled up, so we manually added members now totaling 134 for Friday evening and 114 for the Saturday. We wish to say thank you to Asda for donating 2 prizes for the Bring and Prize to win a prize event; to all 3 Tesco's for their contribution of selection packs, and to Morrisons for their continued support. The Forum purchased others to make up numbers – always a guessing game.

During the years members have been added to our membership, Helen having standardized the applications and following them through. We now stand at 352 members (Full 288: Pathway 21 : Professionals 43), who receive emails of all newsletters and the event information from other groups All we ask is that if members move – especially out of the area – they advise us of the change of email, or if they have an update on their pathway/ diagnosis they let us know for amendment. Members sign up as a family unit and must list all the family members who are involved with the care of the ASC person to that they can benefit from our subsidised events.

Thank you to everybody who has attended any of our events, we hope you gain strength from the knowledge that you are not alone, that there are others in very similar positions trying to work their way through the fog of Autism.

Thank you to everyone who has donated funds to the Forum, these can take the form of a bequest in a will; donations of prizes; sponsored runs – thank you Chloe for initiating your sponsorship run and raising the grand sum of £452.74 plus £10 showing on the list above; thank you all who have raised funds for events; funds into our donation bucket and valuable support at events where our stand has been on display.

North Devon Forum for Autistic Spectrum Conditions and ADHD
Registered Charity no. 1172597

Treasurer's Statement for Annual General Meeting
Saturday 25th November 2023

INCOME

Amazon Cash Back	£277.01
Cash from Activities	£843.15
Cash from Collection Boxes	£285.17
Contributions towards activities including money from Craft Group and Library	£394.69
Donation: Chloe's Fundraising	£10.00
Donation: Lisa	£5.00
Donation via Paypal:	£9.41
Donations via Facebook/Flow	£260.28
Income from Eventbrite	£1374.25
Grant: Barnstaple Council ATF	£1,620.67
Grant: Bideford Town Council	£1,000.00
Grant: Don't Just Bin It	£869.75
Grant:DYS Space	£1,372.00
Legacy from Anne Mary Taylor	£1000.00
Party Draw	£16.50
Paypal Giving - (Chloe's fundraiser)	£452.74
Raffle (500154)	£77.00

EXPENDITURE

Activities	-£7,905.74
Cheques 641, 642	-£150.00
Cargo Self Storage	-£1120.08
Cheque 640 (John Cox Auditor)	-£75.00
DBS Check	-£49.50
Insurance renewal	-£866.00
IT (Lineal, Microsoft, etc.)	-£909.73
LIBIB Membership	-£50.40
NON-GBD Trans Fee	-£4.39
North Devon Show	-£332.00
Office/Admin/Supplies	-£63.00
Room Hire & Roundswell	-£253.00
Trustees Expenses	-£413.89
TTVS	-£10.00
Webflow.Com	-£159.89

SUMMARY

01.11.2022	Bank Balance	£16,902.54
2022-2023	Total Income	£9,867.62
	Total Expenditure	£12,362.62
31.10.2023	Balance per Bank Statement	£14,407.54

Tom Bayliss, Treasurer

Accounts



**North Devon Forum for
Autistic Spectrum
Conditions and ADHD**

www.ndfautism.co.uk

PO Box 174


Bideford

EX39 9EA

Mobile: 07923 481332

Reg. Charity No. 1172597

info@ndfautism.co.uk

 facebook.com/groups/ndfarb

 [@NorthDevonForum](https://twitter.com/NorthDevonForum)

JOINT OFFICERS REPORT FOR AGM ON 26 NOVEMBER 2022
FROM CHAIR, SECRETARY, TREASURER, RESOURCE,
COFFEE MORNINGS, EVENTS AND FUNDRAISING TRUSTEES

Thankfully our 30th Anniversary is back to how it should be! We will be holding the 'usual' reports, then a social part to the evening when we have a bring and share supper and the Grand Draw will be held at 8.30pm

Thank you to everyone attending this evening, or who have offered their apologies. As with all our events we are aware of the Covid precautions and offer hand gel at our events and maintain a contact list if the worst happens.

Our events have been very low-key compared to other years, but we have endeavoured to provide the social contact that our members need. We have continued with our coffee mornings which have been very poorly attended – although contact has been maintained which is a crucial element of the event. We have not been holding room draws and Louisa has not been carrying the books to the coffee mornings, however a link is available to view what books we have in the library and can be brought to the morning when requested. Thank you to all who contribute to the smooth running of the coffee mornings especially Shirley and Annie who are the backbone of running the kitchen – and to Julia (unable to attend the events and this evening is hopefully connected via WhatsApp) for her input.

Later this evening we will be holding our Grand Draw which provides vital funds – and shows that we are committed to raising funds which is a crucial element requested for most grants. Thank you to everyone who has participated in selling/the purchase of the tickets – especially Helen who has dealt with the necessary permissions, printing and obtaining prizes.

We have been fortunate in obtaining funding through various grants and receiving donations – all detailed on the financial report. Thank you, Tom our Treasurer, for juggling the funding and ensuring invoices are paid when required. We have cancelled the Post Box Number which was costing over £350 for about 4 items of post in a year, especially as most contact is now made by email. The main expenses are Insurance (necessary to hold any events), storage (again crucial as no-one has room to store everything) and IT items – now the backbone of our group. Denver has been very busy in the background creating a new website, membership system and lately Eventbrite for booking (and if required taking payment) for events – as detailed in his report.

The final events of the year is a visit to the Big Sheep in the evenings of Friday 2 and Saturday 3 December, limited to a total of 150 each evening bookable by Eventbrite but no charge is made. The beauty of booking in on Eventbrite is that it produces a list of those attending – which can be confusing as many families now have more than one surname. A week and a day before Christmas we are holding our Christmas Party on 17 December again here at Roundswell Community Centre from 6pm to 10pm. We have a disco booked – thank you AJ's son – with a bring and share supper and a 'bring a prize to win a prize' – a reason to celebrate which our people often miss out on.

We also ask anyone who is thinking about becoming a trustee to perhaps first help on a voluntary basis – the trustees who have children are themselves now young adults - we certainly need ideas and input from the younger generation! The existing trustees have now moved on to looking after adults with ASC, as well as relatives who now require care.

Thank you to everyone for your support during yet another difficult year, the Trustees have experienced the same worries, anxieties and mental health issues as our members. If only there was a magic wand!

From Debbie – Chair
 Tom – Treasurer
 Lin – Events and Funding
 Clare – Coffee Mornings
 Louisa – Resources

North Devon Forum for Autistic Spectrum Conditions and ADHD
Registered Charity no. 1172597

Treasurer's Statement for Annual General Meeting
Saturday 26th November 2022

INCOME

1610 Refund	742.50
Amazon Cash Back	230.17
Cash from Activities	35.00
Cash from Collection Boxes	248.63
Cash from Coffee Mornings	60.00
Contributions towards activities	1,708.43
Credit 500152 - Torrington Cavaliers	500.00
Donations: I/M Thelma Chilcott	459.55
Donations: I/M Douglas Allan	319.87
Donation: Tamar Trading	392.00
Donation: Tawstock Parish WI	500.00
Donations via Facebook/Flow	208.54
Grant: Bideford Bridge Trust	1,800.00
Grant: Bideford Town Council	1,000.00
Grant: Coleborrok South West	250.00
Grant: Inner Wheel Barnstaple	500.00
Grant: Rotary Club of Braunton	1,500.00
Total income	10,454.69

EXPENDITURE

Activities (including cheques 638/639)	3,509.33
Admin (Stamps/Stationery)	175.84
Amazon - Laptop	648.70
Archant SW - Advert	50.00
Draw tickets and Licence	96.80
Cargo Self Storage	1,087.68
Cheque 637 (John Cox Auditor)	75.00
Hemmings Coaches	575.00
Insurance renewal	898.48
IT (Lineal, Microsoft, etc.)	89.99
LIBIB Membership	45.88
Libraries Unlimited	118.80
Lineal Annual Fee	849.60
NON-GBD Trans Fee	3.92
North Devon Show	395.00
Reach Publications - Advert	72.00
Refund from Activities	40.00
Room Hire & Roundswell	669.50
Trustees Expenses	338.33
Webflow.Com	142.60
TOTAL EXPENDITURE	9,882.45

SUMMARY

01.11.2021	Bank Balance	16,330.30
2021-2022	Total Income	10,454.69
	Total Expenditure	9,882.45
31.10.2022	Balance per Bank Statement	16,902.54

Tom Bayliss, Treasurer



Accounts



**North Devon Forum for
Autistic Spectrum
Conditions and ADHD**
www.ndfautism.co.uk

PO Box 174
Bideford
EX39 9EA
Mobile: 07923 481332
Reg. Charity No. 1172597
info@ndfautism.co.uk
facebook.com/groups/ndfarb
@NorthDevonForum

JOINT OFFICERS REPORT FOR AGM ON 20 NOVEMBER 2020
FROM CHAIR, SECRETARY, TREASURER, EVENTS AND FUNDRAISING TRUSTEES

The year since our last AGM on 29 November 2019 has been very different to any we have experienced before.

Due to the low turnout at the last AGM Debbie, the Chair, sent an email to all stating the trustees disappointment that only trustees and volunteers attended – our group is of the benefit of all and as such members need to attend the formal events as well as the fun items.

The final event in the previous year was a coach trip to the Eden project. We organised other events funded by the Doing What Matters grant – which included a visit to Dingles Heritage Fairground, two visits to RHS Rosemoor – the November event including their light trail, a meal at the Pier House – which doubled as our adoption meeting where the policies were signed, and a visit to Clovelly and Broomhill Sculpture Garden. All these events included refreshments which meant our members had a chance to sit and chat and give support. This grant was to help mental health – which I feel after the events of 2020 will be very much needed again.

Our regular Big Sheep Christmas event was spread over two evenings, as it has become so popular it was creating anxiety problems with sound and space! We were going to repeat it over two nights at Easter but Covid 19 had other ideas!

Just before Christmas we had a very successful cinema visit to Bideford Film Society's to see Frozen 2. Hopefully in the future we can organise these sort of events again, although this will be one of the last due to the close proximity and enclosed space.

Our last coach trip was to Plymouth Aquarium for a sleepover. Unfortunately this was not so well organised by the Aquarium, and the trustees were in the process of discussing how to resolve and lockdown happened so no further action has taken place. Should we secure funding for a future visit please do not be put off – we will ensure it runs as it has previously.

Our big event at the end of March 2020 where we had 3 coaches along with make your own way families to Longleat was cancelled ahead of lockdown which gave everyone fore knowledge so that anxiety levels could be reduced. We also had to cancel all our coffee mornings, which has meant no-one has had face to face support.

Like all other organisations we are continuing as best we can, and indeed have taken the opportunity to upgrade our website and all the relevant links – this is gradually going live and is covered by the IT report. It will mean that when we are back to 'normal' we will have the ability to process membership and events immediately – but will still be contactable should these new methods be out of your remit. Penny stepped down as Secretary, and with it Membership Secretary, due to family and work commitment. Gabby stepped up to become Minutes Secretary. As we are currently not accept new memberships the Membership Secretary's post has yet to be filled. Any volunteers? We would remind all members that we are always looking for new trustees – the existing trustees represent the older

teenager / young adult age range and we need more trustees representing younger children. If you are interested please contact a trustee for full information – we suggest that members act as volunteers for a while to ‘learn the ropes’ and show commitment, when ready the DBS check is carried out and welcome new trustee!

The current line-up for trustees is Debbie as Chairperson; Tom as Treasurer; Louisa is the Resources and Library and will be giving her separate report, as will Clare who will present report on the Coffee Mornings. Denver has been the main driving force for the new computer and website system – and will give a separate report.
details on who to contact).

We have continued to apply for funding, and have been successful in receiving some to help with core costs. The £5,000 received in Autumn 2019 has given the Forum a secure base and buffer to cover many of our on-going costs – Insurance, P O Box address and storage, and has meant we have a safety buffer.

We thank everyone who has donated funds towards the group, this is very much appreciated as not being ring fenced can be used for our core costs. No trustee receives payment, just reimbursement of travel costs ect (although in reality these are rarely claimed). We also wish to thank those you purchase from Smile Amazon and have chosen the Forum as the recipient.

Our annual facebook auction organised by Louisa and Julia did not take place, which meant a drop in funding as this is a popular and successful event which provides much needed funds

Membership has been put on hold until completion of the website and the new membership system is in operation – you will receive instructions via your email address when to do this. We have had to introduce this system to check that members are still in area and their contact details are correct, also the age and diagnosis of the ASC/ADHD person. This has become necessary after we had an application from a family who wanted to join because our events are cheap. If you have any questions when this is launched please ask – we do not wish to lose contact with you as we appreciate how difficult life with ASC/ADHD can be and that support is needed.

uniform items for the Trustees – up until now we had short sleeved polo shirts, we have now purchased fleeces and hoodies for warmth! The lead trustee(s) at events will wear these where appropriate as a focal point at events. If you are in contact with your local Councillor, let them know you are in their ward and would appreciate it if they could consider donating part of the Councillor’s Grant to our funds.

We have received funding from Barnstaple Town Council for a stand at the North Devon Show – which will now be rolled over to 2021, and all being well look forward to meeting you there. Funding too from Councillors in the Barnstaple area enabled us to purchase a gazebo – yet to be used and also Councillors in Bideford provided funding for further uniform – look out for a yellow gazebo with trustees wearing yellow when promotion events start! The last funding of 2020 is from the Clare Milne Trust for First Aid training – details will follow soon. All trustees will need to renew/gain their certificate and we will open the opportunity to train to our members – details to follow.

Grants provided by DCC, Space and others as listed on the Treasurers’ statement have been a lifeline and we were able to provide events at heavily subsidised costs to enable our people enjoy activities others take for granted; siblings to feel they are not the only one having to take second place and parent/carers to have an opportunity to meet others and exchange information and give mutual support. Thanks is given to all trustees for the role they take in the running of the forum without which we could not function – if their roles are listed this would not do them justice and are likely to miss a role and who covers it.

Thank you to all,

From: Debbie – Chair; Tom – Treasurer; Lin – Events and Funding; Gabby – Minutes Secretary

North Devon Forum for Autistic Spectrum Condition and ADHD
Registered Charity no. 1172597

Treasurer's Statement for Annual General Meeting
Saturday 20th November 2021

INCOME

Amazon Smile Cashback		£212.97
Contributions towards Activities (including cash paid on the day)		£1,108.00
Holsworthy Youth Cub for First Aid Training	£60.00	
Trimstone Manor House – donation for First Aid Training	£74.00	
Donations via Facebook	£623.54	
Donations - Other	£96.80	
Total Donations		£854.34
Grant - Devon CC	£500.00	
Grant - Devon CC	£700.00	
Grant - Fullabrook Wind Farm	£870.00	
Grant - North Devon Agricultural	£614.00	
Grant - Bideford Town Council	£1,800.00	
Grant - Davie Barnstaple	£1,000.00	
Grant - Claire Milne Trust (for First Aid Training)	£2,200.00	
Grant - DYS Space	£250.00	
Grant - DYS Space	£407.30	
Grant – Local Giving Ltd	£500.00	
Grant - Devon County Council	£850.00	
Grant - Bideford Bridge Trust	£1,800.00	
Total Grants		£11,491.30
TOTAL INCOME		£13,666.61


EXPENDITURE

Activities	£3,271.50
Auditor - J Cox	£75.00
Cargo Self Storage	£1,051.20
Currys - Laptop Insurance renewal	£105.00
First Aid Equipment	£93.64
First Aid Training	£2,237.00
Gallagher – Insurance Annual renewal	£851.40
Jamaica Press - Stationery	£176.54
Library (L York)	£43.34
Lineal Annual Contract	£849.60
Microsoft	£59.99
Mobile Phone Top-up (D Gown)	£10.00
Rescare Annual Subs	£20.00
Return of unused grant to Devon CC	£1,173.00
Room Hire	£404.50
Royal Mail - PO Box Annual Rent	£360.00
Sundries (eg. Selection packs, etc.)	£44.44
Trustees' expenses	£86.73
Zoom annual contract	£143.88
TOTAL EXPENDITURE	£11,056.76

Summary

01.11.2021	Bank Balance	£13,720.45
2020-2021	Total Income	£13,666.61
	Total Expenditure	£11,056.76
31.10.2021	Balance per Bank Statement	£16,330.30

Tom Bayliss, Treasurer


 COX
 Accountant
 IFA (UK) Ltd

Accounts



**North Devon Forum for
Autistic Spectrum
Conditions and ADHD**
www.ndfautism.co.uk

PO Box 174
Bideford
EX39 9EA
Mobile: 07923 481332
Reg. Charity No. 1172597
info@ndfautism.co.uk
 facebook.com/groups/ndfarb
 [@NorthDevonForum](https://twitter.com/NorthDevonForum)

JOINT OFFICERS REPORT FOR AGM ON 20 NOVEMBER 2020
FROM CHAIR, SECRETARY, TREASURER, EVENTS AND FUNDRAISING TRUSTEES

The year since our last AGM on 29 November 2019 has been very different to any we have experienced before.

Due to the low turnout at the last AGM Debbie, the Chair, sent an email to all stating the trustees disappointment that only trustees and volunteers attended – our group is of the benefit of all and as such members need to attend the formal events as well as the fun items.

The final event in the previous year was a coach trip to the Eden project. We organised other events funded by the Doing What Matters grant – which included a visit to Dingles Heritage Fairground, two visits to RHS Rosemoor – the November event including their light trail, a meal at the Pier House – which doubled as our adoption meeting where the policies were signed, and a visit to Clovelly and Broomhill Sculpture Garden. All these events included refreshments which meant our members had a chance to sit and chat and give support. This grant was to help mental health – which I feel after the events of 2020 will be very much needed again.

Our regular Big Sheep Christmas event was spread over two evenings, as it has become so popular it was creating anxiety problems with sound and space! We were going to repeat it over two nights at Easter but Covid 19 had other ideas!

Just before Christmas we had a very successful cinema visit to Bideford Film Society's to see Frozen 2. Hopefully in the future we can organise these sort of events again, although this will be one of the last due to the close proximity and enclosed space.

Our last coach trip was to Plymouth Aquarium for a sleepover. Unfortunately this was not so well organised by the Aquarium, and the trustees were in the process of discussing how to resolve and lockdown happened so no further action has taken place. Should we secure funding for a future visit please do not be put off – we will ensure it runs as it has previously.

Our big event at the end of March 2020 where we had 3 coaches along with make your own way families to Longleat was cancelled ahead of lockdown which gave everyone fore knowledge so that anxiety levels could be reduced. We also had to cancel all our coffee mornings, which has meant no-one has had face to face support.

Like all other organisations we are continuing as best we can, and indeed have taken the opportunity to upgrade our website and all the relevant links – this is gradually going live and is covered by the IT report. It will mean that when we are back to 'normal' we will have the ability to process membership and events immediately – but will still be contactable should these new methods be out of your remit. Penny stepped down as Secretary, and with it Membership Secretary, due to family and work commitment. Gabby stepped up to become Minutes Secretary. As we are currently not accept new memberships the Membership Secretary's post has yet to be filled. Any volunteers? We would remind all members that we are always looking for new trustees – the existing trustees represent the older

teenager / young adult age range and we need more trustees representing younger children. If you are interested please contact a trustee for full information – we suggest that members act as volunteers for a while to ‘learn the ropes’ and show commitment, when ready the DBS check is carried out and welcome new trustee!

The current line-up for trustees is Debbie as Chairperson; Tom as Treasurer; Louisa is the Resources and Library and will be giving her separate report, as will Clare who will present report on the Coffee Mornings. Denver has been the main driving force for the new computer and website system – and will give a separate report.
details on who to contact).

We have continued to apply for funding, and have been successful in receiving some to help with core costs. The £5,000 received in Autumn 2019 has given the Forum a secure base and buffer to cover many of our on-going costs – Insurance, P O Box address and storage, and has meant we have a safety buffer.

We thank everyone who has donated funds towards the group, this is very much appreciated as not being ring fenced can be used for our core costs. No trustee receives payment, just reimbursement of travel costs ect (although in reality these are rarely claimed). We also wish to thank those you purchase from Smile Amazon and have chosen the Forum as the recipient.

Our annual facebook auction organised by Louisa and Julia did not take place, which meant a drop in funding as this is a popular and successful event which provides much needed funds

Membership has been put on hold until completion of the website and the new membership system is in operation – you will receive instructions via your email address when to do this. We have had to introduce this system to check that members are still in area and their contact details are correct, also the age and diagnosis of the ASC/ADHD person. This has become necessary after we had an application from a family who wanted to join because our events are cheap. If you have any questions when this is launched please ask – we do not wish to lose contact with you as we appreciate how difficult life with ASC/ADHD can be and that support is needed.

uniform items for the Trustees – up until now we had short sleeved polo shirts, we have now purchased fleeces and hoodies for warmth! The lead trustee(s) at events will wear these where appropriate as a focal point at events. If you are in contact with your local Councillor, let them know you are in their ward and would appreciate it if they could consider donating part of the Councillor’s Grant to our funds.

We have received funding from Barnstaple Town Council for a stand at the North Devon Show – which will now be rolled over to 2021, and all being well look forward to meeting you there. Funding too from Councillors in the Barnstaple area enabled us to purchase a gazebo – yet to be used and also Councillors in Bideford provided funding for further uniform – look out for a yellow gazebo with trustees wearing yellow when promotion events start! The last funding of 2020 is from the Clare Milne Trust for First Aid training – details will follow soon. All trustees will need to renew/gain their certificate and we will open the opportunity to train to our members – details to follow.

Grants provided by DCC, Space and others as listed on the Treasurers’ statement have been a lifeline and we were able to provide events at heavily subsidised costs to enable our people enjoy activities others take for granted; siblings to feel they are not the only one having to take second place and parent/carers to have an opportunity to meet others and exchange information and give mutual support. Thanks is given to all trustees for the role they take in the running of the forum without which we could not function – if their roles are listed this would not do them justice and are likely to miss a role and who covers it.

Thank you to all,

From: Debbie – Chair; Tom – Treasurer; Lin – Events and Funding; Gabby – Minutes Secretary

**North Devon Forum for Autistic Spectrum Condition and ADHD
Registered Charity No. 1172597**

**Treasurer's Statement for Annual General Meeting
Friday 20th November 2020**

INCOME

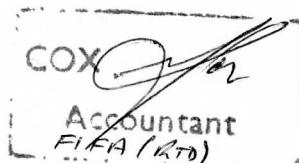
Contributions towards activities		2,415.33
Donation: NMCN	231.00	
Donation: Braunton Slimming World	75.00	
Donation: Anon via PayPal	28.53	
Donations: Various via Facebook	869.96	
Income from Amazon Smile Purchases	73.74	
Total Donations		1,278.23
Refund from Roundswell Community Centre		310.50
PayPal Refund		1.00
Grant: North Devon DC	800.00	
Grant: Barnstaple Bridge Trust	5,000.00	
Grant: Devon County Council	1,112.21	
Grant: TDCAP	422.77	
Grant: Devon County Council	1,912.11	
Grant: DYS Space Ltd	500.00	
Grant: Bideford Town Council	850.00	
Grant: Barnstaple Town Council	600.00	
Grant: Devon Community Foundation	1,753.00	
Grant: DYS Space Ltd	752.00	
Grant: Bideford Bridge Trust	1,800.00	
Total Grants		15,502.09
Total Income		19,507.15

EXPENDITURE

Activities	6,410.92
Admin (PO Box Rental)	343.00
Equipment	319.03
Coaches	1,010.00
Insurance	823.27
IT/Computer/Website/Zoom	3,739.40
Library	46.59
North Devon Show	614.00
Office (Stamps, printer ink.)	238.00
Party	1,150.00
Raffle Tickets Printing	69.60
Refund from Activities	995.50
Room Hire (for AGM 2019)	52.50
Refunds to Trustees	409.39
Storage Unit	1,054.08
Renewal of Draw Licence	20.00
Total Expenditure	17,295.28

Summary

01.11.2019	Bank Balance	£11,508.58
2019-2020	Total Income	£19,507.15
	Total Expenditure	£17,295.28
31.10.2020	Balance per Bank Statement	£13,720.45



 COX *[Signature]*

 Accountant

 F.I.F.A. (K.T.D.)