

AGE ALIVE

England & Wales · Charity number 1172561

Details

Other names NEWPORT BME 50+ NETWORK

Status Registered

Legal form CIO

Registered 2017-04-12

Register [View on the Charity Commission register](#)

Contact

Address 4th Floor
Suite 2
Clarence House
Clarence Place
Newport
Gwent
NP19 7AA

Phone 07561699555

Email info@agealive.org.uk

Website www.agealive.org.uk

Activities

Objects: I) TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY PREVENTING PEOPLE (IN PARTICULAR, BUT NOT EXCLUSIVELY SOCIALLY DISADVANTAGED MINORITY ETHNIC PEOPLE OVER THE AGE OF 50 YEARS) FROM BECOMING SOCIALLY EXCLUDED, RELIEVING THE NEEDS OF THOSE PEOPLE WHO ARE SOCIALLY EXCLUDED AND ASSISTING THEM TO INTEGRATE INTO SOCIETY II) TO PROVIDE OR ASSIST IN THE PROVISION OF FACILITIES IN THE INTERESTS OF SOCIAL WELFARE FOR ARTS, RECREATION OR OTHER LEISURE TIME OCCUPATION OF INDIVIDUALS WHO HAVE NEED OF SUCH FACILITIES BY REASON OF THEIR AGE, INFIRMITY OR SOCIAL CIRCUMSTANCES WITH THE OBJECT OF IMPROVING THEIR CONDITIONS OF LIFE.

Activities: To develop the capacity and skills of members of BME Over 50s of social disadvantage community of Newport and District in such a way that they are better able to identify and help to meet their needs: In Creative Writing, Performing Art, Story-telling, Choir singing, Handcraft, Walking, Swimming, Healthy eating, Exercise, enabling them to participate more fully in society.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Elderly/old People

Geography

- Monmouthshire
- Newport City

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£41,441	£44,322	-	-
2024-03-31	£11,476	£15,751	-	-
2023-03-31	£37,758	£26,200	-	-
2022-03-31	£8,219	£9,161	-	-
2021-03-31	£6,477	£8,233	-	-

Trustees

Name	Role	Appointed
Rahila Hamid	Chair	2025-02-24
BILQUIS CHOHAN		2015-06-01
Cordelia Okwusogu		2022-10-01
Elaine Harris		2025-04-01
Farzana Ali		2025-04-01
Jehan Ara Khan		2022-10-01
May Laida		2022-10-01
RAKHEL SMITH		2015-06-01
Roy Grant		2025-02-26
Victoria Salas Senese		2025-04-01
YASMIN JATHWA		2015-06-01

AGE ALIVE

England & Wales - Charity number 1172561

Accounts

Age Alive
Unaudited Financial Statements
31 March 2025

WALTER HUNTER & CO LIMITED

Chartered accountants
24 Bridge Street
Newport
South Wales
NP20 4SF

Age Alive

Financial Statements

Year ended 31 March 2025

	Page
Trustees' annual report	1
Independent examiner's report to the trustees	6
Statement of financial activities	7
Statement of financial position	8
Notes to the financial statements	9

Age Alive

Trustees' Annual Report

Year ended 31 March 2025

The trustees present their report and the unaudited financial statements of the charity for the year ended 31 March 2025.

Reference and administrative details

Registered charity name	Age Alive
Charity registration number	1172561
Principal office	122 Woodside Duffryn Newport

The trustees

B Chohan	
M Laida	
R Smith	
J Khan	
C Okwagogu	
R Hamid	(Appointed 24 February 2025)
R Grant	
Y Jathwa	
F Ali	(Appointed 1 April 2025)
V Senese	(Appointed 1 April 2025)
E Harris	(Appointed 1 April 2025)

Independent examiner	Mr Jonathan Rhodes BSc BFP FCA 24 Bridge Street Newport South Wales NP20 4SF
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Structure, governance and management

Age Alive was first registered as a **Charitable Incorporated Organisation (CIO)** on 12 April 2017 and amended on 27 January 2020. The charity operates under an **Association Model Constitution**, which sets out its charitable objects, powers, and governance arrangements.

The charity is governed by a Board of Trustees who meet regularly to review performance, oversee financial management, ensure compliance with regulatory requirements, and set strategic direction. Day-to-day operations are supported through funded staff, volunteers, and partner organisations.

Age Alive

Trustees' Annual Report *(continued)*

Year ended 31 March 2025

Objectives and activities

Age Alive was established in response to inequalities experienced by **people aged 50 and over**, particularly those from **Black and Minority Ethnic (BME) backgrounds** living in areas of social and economic deprivation in Newport and surrounding districts.

Many older people within these communities face isolation, declining health, limited access to services, and under-representation. Age Alive exists to address these challenges by enabling members to **have their voices heard**, maintain independence, improve wellbeing, and participate fully in society.

The charity's objectives are to:

Develop the capacity and skills of BME individuals aged 50+ by providing opportunities in:

- Creative writing and storytelling
- Performing arts and cultural heritage activities
- Choir singing and music
- Arts, crafts, and handcraft
- Walking, swimming, and exercise programmes
- Healthy eating and wellbeing
- Social engagement, learning, and volunteering

Age Alive

Trustees' Annual Report *(continued)*

Year ended 31 March 2025

Achievements and performance

Overview

The year 2024-2025 was a period of **significant achievement, reflection, and growth** for Age Alive. Despite continued economic pressures, post-pandemic recovery challenges, and changes in funding landscapes, the charity remained resilient and delivered a full programme of activities while undertaking its most ambitious heritage project to date.

Recognition and Awards

- The Chair, **Roy M Grant**, was awarded the **British Empire Medal (BEM)** in the Queen's Birthday Honours in recognition of long-standing community service.
- Age Alive received confirmation of recognition through the **St David Awards for Wales**, reflecting its contribution to diversity, inclusion, and heritage.

These honours brought positive attention to the charity and reinforced its standing within South East Wales.

Major Project: "*It Will Never Work*"

The charity delivered a landmark heritage project titled "*It Will Never Work*", supported primarily through **Heritage Lottery Funding**.

Project Outputs:

- **Part 1:** Two A4 written documentaries (210 pages each) in **English and Welsh**
- **Part 2:** A 42-page A4 publication featuring personal stories in **English, Welsh, and Urdu**
- **Silent Voices storyboards**
- **Public exhibition**
- **90-minute film: *Windrush 75***
- Project duration: **36 months**

The project captured underrepresented voices, preserved cultural heritage, and created a lasting archive of lived experiences from older people within minority communities.

Challenges and Delivery:

The project faced delays due to:

- Rising costs and economic recession
- Reduced volunteer availability post-pandemic
- Inflation affecting production and venue costs

As a result, the **Warm Hub project** scheduled for winter 2024 was postponed and moved into the 2025 programme. Despite these challenges, the project was successfully completed and significantly raised the profile of Age Alive.

Funding Secured and Managed

In addition to the Heritage Lottery funding, Age Alive successfully accessed further support to ensure project completion and organisational sustainability:

- Newport City Council - translation costs £400
- Museum & Heritage Grant - £500
- Newport City Homes - £500
- Minuteman Press Newport - £200
- Riverfront Theatre & Arts Centre - venue in kind support

Age Alive

Trustees' Annual Report *(continued)*

Year ended 31 March 2025

These contributions raised **£1,600**, covering project overspend and enabling a **10-Year Anniversary Celebration** in July 2024. Every member received recognition through certificates, with trophies presented to committee members and appreciation extended to partner organisations.

Supporting Needs Project and Sustainability

With the conclusion of the 2023 funding stream approaching, the charity successfully secured a **three-year Supporting Needs grant (£100,000)**. This funding enabled:

- Employment of a **Support Worker / Project Manager**
- Continuity of governance and administration
- Delivery of routine activities and member support
- Organisational stability during leadership transition

This success was achieved with support from **GAVO**, particularly David Berry, and guidance from the Lottery Community Fund Officer.

Member Activities and Community Impact

Throughout the year 2024, Age Alive continued to deliver a wide-ranging programme of activities, ensuring no interruption to member support:

Ongoing Activities:

- Walk and Talk sessions
- Choir singing
- Exercise sessions (Tai Chi, Aqua aerobics, Exercise to Music)
- Wellbeing sessions (Mindfulness, Nutrition, Mental Health)
- Healthy eating and dietary awareness
- Day trips and cultural visits
- Supporting partner organisations and community events

Impact Created:

- Reduced social isolation and loneliness
- Improved physical and mental wellbeing
- Increased confidence and participation
- Preservation of minority heritage and lived experiences
- Strengthened community cohesion and intergenerational understanding

Age Alive is now recognised as one of the **leading diversity-focused older people's organisations in South East Wales**.

Reflection from the Chair

The success of *Windrush 75*, *Silent Voices* and *"It Will Never Work"*, alongside continued delivery of core activities, represents a defining period in the charity's history. The 10-year celebration held in July 2024 marked not only longevity but resilience, community ownership, and pride.

Age Alive

Trustees' Annual Report *(continued)*

Year ended 31 March 2025

Financial review

Availability and adequacy of Assets

The Board of Trustees confirms that the charity's assets are adequate and available to meet obligations relating to each restricted fund.

Transactions and financial position

The Statement of Financial Activities show net outgoing resources for the year of an expenditure nature of £2,881 (2024: £4,275).

The reserves of the charity at the year-end were £15,456 (2024: £18,337) of which £9,318 (2024: £11,537) were restricted and £6,138 (2024: £6,800) were unrestricted.

Plans for Future Periods

For 2025-2027, Age Alive will:

- Deliver the **Community Cohesion project , RIF, Windrush @77 & Windrush Pioneers**
- Maximise the Supporting Needs funding
- Expand cultural, heritage, and wellbeing activities
- Strengthen partnerships and engage younger generations
- Continue promoting diversity, inclusion, and community voice

Farewell: Roy Grant (as chair)

The trustees' annual report was approved on 20 January 2026 and signed on behalf of the board of trustees by:



R Hamid
Trustee

Age Alive

Independent Examiner's Report to the Trustees of Age Alive

Year ended 31 March 2025

I report to the trustees on my examination of the financial statements of Age Alive ('the charity') for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

J Rhodes

Mr Jonathan Rhodes BSc BFP FCA
Independent Examiner

24 Bridge Street
Newport
South Wales
NP20 4SF

20 January 2026

Age Alive

Statement of Financial Activities

Year ended 31 March 2025

		Unrestricted funds	2025 Restricted funds	Total funds	2024 Total funds
	Note	£	£	£	£
Income and endowments					
Donations and legacies	4	3,949	–	3,949	2,589
Charitable activities	5	–	37,492	37,492	8,887
Total income		<u>3,949</u>	<u>37,492</u>	<u>41,441</u>	<u>11,476</u>
Expenditure					
Expenditure on charitable activities	6,7	<u>4,611</u>	<u>39,711</u>	<u>44,322</u>	<u>15,751</u>
Total expenditure		<u>4,611</u>	<u>39,711</u>	<u>44,322</u>	<u>15,751</u>
Net expenditure and net movement in funds		<u>(662)</u>	<u>(2,219)</u>	<u>(2,881)</u>	<u>(4,275)</u>
Reconciliation of funds					
Total funds brought forward		<u>6,800</u>	<u>11,537</u>	<u>18,337</u>	<u>22,612</u>
Total funds carried forward		<u>6,138</u>	<u>9,318</u>	<u>15,456</u>	<u>18,337</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 9 to 17 form part of these financial statements.

Age Alive

Statement of Financial Position

31 March 2025

	Note	2025 £	2024 £
Current assets			
Debtors	12	114	111
Cash at bank and in hand		<u>25,047</u>	<u>31,798</u>
		25,161	31,909
Creditors: amounts falling due within one year	13	<u>9,705</u>	<u>13,572</u>
Net current assets		<u>15,456</u>	<u>18,337</u>
Total assets less current liabilities		<u>15,456</u>	<u>18,337</u>
Net assets		<u><u>15,456</u></u>	<u><u>18,337</u></u>
Funds of the charity			
Restricted funds		9,318	11,537
Unrestricted funds		<u>6,138</u>	<u>6,800</u>
Total charity funds	14	<u><u>15,456</u></u>	<u><u>18,337</u></u>

These financial statements were approved by the board of trustees and authorised for issue on 20 January 2026, and are signed on behalf of the board by:

R. Hamid

R Hamid
Trustee

The notes on pages 9 to 17 form part of these financial statements.

Age Alive

Notes to the Financial Statements

Year ended 31 March 2025

1. General information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is 100-1010 Commercial Street, Newport, NP20 1LU.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

The charity is entirely dependent on continuing grant aid and as a consequence the going concern basis is also dependent on the continuing grant aid. However, at the time of signing these accounts there are no material uncertainties about the charity's ability to continue.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Restricted funds are subjected to restrictions on their expenditure declared by the donor.

Incoming resources

All income is included in the statement of financial activities when entitlement has passed to the charity, it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured.

Income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.

Age Alive

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

3. Accounting policies *(continued)*

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.

- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

4. Donations and legacies

	Unrestricted Funds £	Total Funds 2025 £	Unrestricted Funds £	Total Funds 2024 £
Donations				
Members' contributions	2,186	2,186	2,341	2,341
Other donations	1,763	1,763	248	248
	<u>3,949</u>	<u>3,949</u>	<u>2,589</u>	<u>2,589</u>

5. Charitable activities

	Restricted Funds £	Total Funds 2025 £	Restricted Funds £	Total Funds 2024 £
Heritage Lottery Fund - It Will Never Work Project	13,545	13,545	–	–
The National Lottery Community Fund - Supporting Needs	15,812	15,812	–	–
Police & Crime Commissioner for Gwent - Supporting needs	290	290	–	–
Newport City Council - Supporting needs	900	900	–	–
Race Equality First	1,957	1,957	1,924	1,924
RCC GMF Awards	–	–	2,000	2,000
Older Peoples Fund	4,988	4,988	4,963	4,963
	<u>37,492</u>	<u>37,492</u>	<u>8,887</u>	<u>8,887</u>

Age Alive

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

6. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Core activities	1,868	–	1,868
Awards for All	–	846	846
RCC GMF	–	–	–
Older Peoples Fund	–	2,198	2,198
Barchester Charitable Foundation	–	–	–
Heritage Lottery Fund - It Will Never Work Project	–	18,741	18,741
GAVO/NCC - Warm Space Grant	–	1,823	1,823
The National Lottery Community Fund - Supporting Needs	–	6,890	6,890
Police & Crime Commissioner for Gwent - Supporting Needs	–	290	290
Newport City Council - Supporting needs	–	900	900
Race Equality First	–	1,506	1,506
Support costs	2,743	6,517	9,260
	<u>4,611</u>	<u>39,711</u>	<u>44,322</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Core activities	–	–	–
Awards for All	–	1,705	1,705
RCC GMF	–	2,000	2,000
Older Peoples Fund	–	310	310
Barchester Charitable Foundation	–	294	294
Heritage Lottery Fund - It Will Never Work Project	–	6,433	6,433
GAVO/NCC - Warm Space Grant	–	95	95
The National Lottery Community Fund - Supporting Needs	–	–	–
Police & Crime Commissioner for Gwent - Supporting Needs	–	–	–
Newport City Council - Supporting needs	–	–	–
Race Equality First	–	471	471
Support costs	464	3,979	4,443
	<u>464</u>	<u>15,287</u>	<u>15,751</u>

Age Alive

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

7. Expenditure on charitable activities by activity type

	Activities undertaken directly	Support costs	Total funds 2025	Total fund 2024
	£	£	£	£
Core activities	1,868	2,743	4,611	464
Awards for All	846	752	1,598	2,305
RCC GMF	–	–	–	2,000
Older Peoples Fund	2,198	3,808	6,006	3,632
Barchester Charitable Foundation	–	–	–	294
Heritage Lottery Fund - It Will Never Work Project	18,741	136	18,877	6,490
GAVO/NCC - Warm Space Grant	1,823	–	1,823	95
The National Lottery Community Fund - Supporting Needs	6,890	1,821	8,711	–
Police & Crime Commissioner for Gwent - Supporting Needs	290	–	290	–
Newport City Council - Supporting needs	900	–	900	–
Race Equality First	1,506	–	1,506	471
	<u>35,062</u>	<u>9,260</u>	<u>44,322</u>	<u>15,751</u>

Age Alive

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

8. Analysis of support costs

	Core Activities £	Awards For All £	Older Peoples Fund £	HLF - It Will Never Work £	NLCF - Supporting Needs £	Total 2025 £	Total 2024 £
Premises	–	–	2,468	–	–	2,468	1,315
Communications and IT	30	668	144	80	651	1,573	1,149
General office	2,713	84	456	56	560	3,869	1,369
Governance costs	–	–	740	–	610	1,350	610
	<u>2,743</u>	<u>752</u>	<u>3,808</u>	<u>136</u>	<u>1,821</u>	<u>9,260</u>	<u>4,443</u>

Age Alive

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

9. Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

10. Independent examination fees

	2025	2024
	£	£
Fees payable to the independent examiner for:		
Independent examination of the financial statements	<u>1,350</u>	<u>–</u>

11. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees and no trustee expenses have been incurred.

12. Debtors

	2025	2024
	£	£
Prepayments and accrued income	<u>114</u>	<u>111</u>

13. Creditors: amounts falling due within one year

	2025	2024
	£	£
Accruals and deferred income	2,539	1,799
Members' Savings Club creditor	3,454	3,073
Grants received in advance	<u>3,712</u>	<u>8,700</u>
	<u>9,705</u>	<u>13,572</u>

Age Alive

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

14. Analysis of charitable funds

Unrestricted funds

	At 1 April 2024	Income	Expenditure	Transfers	At 31 March 2025
	£	£	£	£	£
General funds	6,800	3,949	(4,611)	—	6,138

	At 1 April 2023	Income	Expenditure	Transfers	At 31 March 2024
	£	£	£	£	£
General funds	1,101	2,589	(464)	3,574	6,800

Restricted funds

	At 1 April 2024	Income	Expenditure	Transfers	At 31 March 2025
	£	£	£	£	£
Awards for All	1,598	—	(1,598)	—	—
RCC GMF	—	—	—	—	—
Older Peoples Fund	1,331	4,988	(6,006)	—	313
Barchester Charitable Foundation	—	—	—	—	—
Heritage Lottery Fund - It Will Never Work Project	5,332	13,545	(18,877)	—	—
GAVO/NCC - Warm Space Grant	1,823	—	(1,823)	—	—
NCC - Our Voice, Our Choice, Our Port	—	—	—	—	—
Race Equality First	1,453	1,957	(1,506)	—	1,904
The National Lottery Community Fund - Supporting Needs Police & Crime Commissioner for Gwent - Supporting Needs	—	15,812	(8,711)	—	7,101
Newport City Council - Supporting needs	—	290	(290)	—	—
	—	900	(900)	—	—
	<u>11,537</u>	<u>37,492</u>	<u>(39,711)</u>	<u>—</u>	<u>9,318</u>

Age Alive

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

14. Analysis of charitable funds *(continued)*

	At 1 April 2023	Income	Expenditure	Transfers	At 31 March 2024
	£	£	£	£	£
Awards for All	3,903	–	(2,305)	–	1,598
RCC GMF	1,842	2,000	(2,000)	(1,842)	–
Older Peoples Fund	–	4,963	(3,632)	–	1,331
Barchester Charitable Foundation	294	–	(294)	–	–
Heritage Lottery Fund - It Will Never Work Project	11,822	–	(6,490)	–	5,332
GAVO/NCC - Warm Space Grant	1,918	–	(95)	–	1,823
NCC - Our Voice, Our Choice, Our Port	1,732	–	–	(1,732)	–
Race Equality First	–	1,924	(471)	–	1,453
The National Lottery Community Fund - Supporting Needs Police & Crime Commissioner for Gwent - Supporting Needs	–	–	–	–	–
Newport City Council - Supporting needs	–	–	–	–	–
	<u>21,511</u>	<u>8,887</u>	<u>(15,287)</u>	<u>(3,574)</u>	<u>11,537</u>

15. Analysis of net assets between funds

	Unrestricted Funds	Restricted Funds	Total Funds 2025
	£	£	£
Current assets	9,592	15,569	25,161
Creditors less than 1 year	(3,454)	(6,251)	(9,705)
Net assets	<u>6,138</u>	<u>9,318</u>	<u>15,456</u>
	Unrestricted Funds	Restricted Funds	Total Funds 2024
	£	£	£
Current assets	9,873	22,036	31,909
Creditors less than 1 year	(3,073)	(10,499)	(13,572)
Net assets	<u>6,800</u>	<u>11,537</u>	<u>18,337</u>

AGE ALIVE

England & Wales - Charity number 1172561

Accounts

Age Alive
Unaudited Financial Statements
31 March 2024

WALTER HUNTER & CO LIMITED

Chartered accountants
24 Bridge Street
Newport
South Wales
NP20 4SF

Age Alive

Financial Statements

Year ended 31 March 2024

	Page
Trustees' annual report	1
Chartered accountant's report to Age Alive on the unaudited financial information	6
Statement of financial activities	7
Statement of financial position	8
Notes to the financial statements	9

Age Alive

Trustees' Annual Report

Year ended 31 March 2024

The trustees present their report and the unaudited financial statements of the charity for the year ended 31 March 2024.

Reference and administrative details

Registered charity name	Age Alive
Charity registration number	1172561
Principal office	122 Woodside Duffryn Newport

The trustees

B Chohan
M Laida
R Smith
J Khan
C Okwagogu
R Hamid
R Grant
Y Jathwa

Accountants	Walter Hunter & Co Limited Chartered accountants 24 Bridge Street Newport South Wales NP20 4SF
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Structure, governance and management

Age Alive was first registered as a Charitable Incorporated Organisation on 12 April 2017, as amended on 27 January 2020. It was established under an "Association" model constitution which sets out its objects and powers.

Age Alive

Trustees' Annual Report *(continued)*

Year ended 31 March 2024

Objectives and activities

The Introduction of the Welsh Government Community First Initiative was to combat poverty and deprivation in Welsh communities. Its development transpired the working partnership between Church, Volunteer Sector, Local Government and people of those Communities, that were arguably of high deprivation, with Minority Ethnic people enjoying little or no benefits.

People over 50 years of age were greatly affected. Having made their contribution to the economic wealth of our society, they were more likely to succumb to some kind of disability. Their need for some form of recognition and fair representation did not bring satisfying results.

Age Alive was created to address those shortfalls, in giving people the opportunity to get their voices heard, more so those of ethnic minority communities.

Age Alive's objective is to develop the capacity and skills of members of BME Over 50s of the socially disadvantaged community of Newport and District in such a way that they are better able to identify and help to meet their needs: In Creative Writing, Performing Art, Story-telling, Choir singing, Handcraft, Walking, Swimming, Healthy eating, Exercise, enabling them to participate more fully in society.

Age Alive

Trustees' Annual Report *(continued)*

Year ended 31 March 2024

Achievements and performance

The year 2023 began in an atmosphere of celebration, both personal and the group as a whole. The hair was awarded the BEM and the group was given notice of becoming a recipient of the St David's Awards for Wales.

In the ten-year written documentary "IT Will Never Work" and "Silent Voices", Asian embers telling their stories were progressing well.

Unfortunately, the warm hub project had to be shelved due to the workload of interviewing sessions. However, people were too busy telling their stories and haring their experiences there wasn't a moment lost to loneliness.

With the fast-approaching ending to the twenty, twenty-three funding stream, in a matter of months, it was time to look ahead and make plans for a new project that could meet the group's demands over the coming years. "Supporting Needs" was new idea that would have at its core a support worker created as a three-year project. This would be a medium-sized gran that would maintain the position of a support worker and the activities the group undertakes over the year.

Thanks to David Berry of GAVO who was a tremendous help in navigating the application and the guidance of Honey Hambley, the lottery community funding Officer in reaching a successful conclusion. Age Alive can look forward with pride knowing that they are funded for another three years and a support worker to take to maintain the technical aspect of the organization.

As the unfolding pages of determined attitudes ignite the resolute spirits championing diversity reach out into the wider communities, discharging all traces of despondency hearts and minds come alive, eyes scanned the sceptical words, "It Will Never Work". Eighteen months of planning slipped by though the was the group is well and truly rooted. Their ten-year celebration for the tenth of July twenty twenty-four articulates the kind of achievements that makes everyone proud, it was the kind of success that gives the most sceptic difficulty retracting their opinions.

The group was created to allow everyone to get their voices heard, they believe in making changes and the group's achievement of twenty twenty-three is no reason to avoid progress changes. Plans for the next three years from twenty-four to twenty-seven would provide the funds for a Support Worker, and routine activities, like day trips, exercise, walking, workshops, and swimming sessions. There's no reason to think twenty -twenty-four would become another successful year of growth, monetary, meeting the needs of a wider community and inspiring the interest of younger people.

Sitting in the cinema seat I became transfixed by a screen displaying the words, Windrush 75, with me playing an important role makes me feel proud, and in some ways appears to become my greatest achievement.

What's been happening – Days out

Day Trip to Dudley Museum & Art Gallery in the West Midlands.

This modern museum told the story of Dudley (and the wider Black Country) through time. What an insightful day out!

Neath – Tree planting (East of Swansea)

Tree was planted because as 75th Anniversary of Windrush of Wales.

"Good laugh, lovely Caribbean buffet, music and dance, planting trees"

Newport Rugby club trip

"Enjoyed the quiz, good experience to see the ground, and walking to see the ground"

Age Alive

Trustees' Annual Report *(continued)*

Year ended 31 March 2024

Penarth Windrush 28/10/2023

Organised by BAWSO

"We enjoyed watching the Windrush film, the speech from Windrush elders was educational and food was great"

Monmouth Windrush 25/10/2023

"Enjoyed singing as a group, the music, fashion show, food, speech was educational"

Riverfront Windrush Nov 2023

"Food, music was great, speech from Windrush elders and locals was educational"

Powys Castle (North Wales) 30/09/2023

"Garden was amazing place to see and was relaxing and it was educational trip"

Coventry

"Educational trip especially visiting the coal mining museum, and learning about minors' stories and difficulties in coal mine, history and heritage"

75th Cardiff Windrush celebration 26/07/2023

"Was a relaxing day with cultural music and Caribbean food and enjoyed it"

St Fagen's Cardiff Museum (Windrush) Apr 2023

"We enjoyed an inspiring day of Windrush display, music, food and exhibition"

St Fagen's for walk 14/07/2023

"It was rainy day but we enjoyed the walk and the meal"

Lilo Restaurant Group Meal Dec 2023

"Enjoyed the meal and conversation, it was a good time to catch up for us"

Continued Activities

- Walk and Talk
- Choir singing
- Exercise sessions; Tai Chi, Aerobic & Exercise to Music
- Well-being sessions; Mindfulness, Nutritionist talks
- Daytrips
- Support other groups
- Healthy eating & Dietary presentations
- Health and Mental Awareness sessions

Age Alive

Trustees' Annual Report *(continued)*

Year ended 31 March 2024

Financial review

Availability and adequacy of assets of each of the funds

The board of trustees is satisfied that the charity's assets in respect of each restricted fund are available and adequate to fulfil its obligations in respect of each fund.

Transactions and financial position

The Statement of Financial Activities show net outgoing resources for the year of an expenditure nature of £4,275 (2023: net incoming resources of £11,558).

The reserves of the charity at the year-end were £18,337 (2023: £22,612) of which £11,537 (2023: £21,511) were restricted and £6,800 (2023: £1,101) were unrestricted.

Plans for future periods

Plans for the future...

- It Will Never Work
- Ten Year Documentary; full-coloured book, A4 size, English & Welsh
- Silent Voices Booklets, extract in, English, Welsh & Urdu. Also, published digitally on the roller banner.
- IT Training

Farewells...

Age Alive is saddened by the loss of members; Ellen Swaby, Linda Phillips, Mervis Wilson, Mr. Raza, Jeana Carnegie & Iris Cave. Their memories will remain fresh in our thoughts.

Thank You...

Age Alive is thankful to the funders for their support to help make people happy, whilst diversity is fully embraced.

Check out the new website...

www.agealive.org.uk

Get updated with the activities the charity is providing and plans for any engagements.

Get in touch...

Facebook: AgeAliveNewport

Email us: info@agealive.org.uk

Call us: 01633 250849

Public Benefit

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Charities aims and objectives and in planning future activities.

The trustees' annual report was approved on 15 January 2025 and signed on behalf of the board of trustees by:

R Grant
Trustee



Age Alive

Chartered Accountant's Report to Age Alive on the Unaudited Financial Information of Age Alive

Year ended 31 March 2024

In accordance with the engagement letter dated 18 January 2021, we have prepared for your approval the financial information of Age Alive for the year ended 31 March 2024, which comprise the statement of financial activities, statement of financial position and the related notes from the charity's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements which are detailed at www.icaew.com/en/members/regulations-standards-and-guidance.

This report is made solely to the board of trustees of Age Alive, as a body, in accordance with the terms of our engagement letter dated 18 January 2021. Our work has been undertaken solely to prepare for your approval the financial statements of Age Alive and state those matters that we have agreed to state to you, as a body, in this report in accordance with ICAEW Technical Release TECH08/16AAF as detailed at www.icaew.com/compilation. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Age Alive and its board of trustees, as a body, for our work or for this report.

You have approved the financial information for the year and have acknowledged your responsibility for it, for the appropriateness of the financial reporting framework adopted and for providing all informations and explanations necessary for its compilation.

We have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial information.



WALTER HUNTER & CO LIMITED
Chartered accountants

24 Bridge Street
Newport
South Wales
NP20 4SF

15 January 2025

Age Alive

Statement of Financial Activities

Year ended 31 March 2024

		Unrestricted funds	2024 Restricted funds	Total funds	2023 Total funds
	Note	£	£	£	£
Income and endowments					
Donations and legacies	4	2,589	–	2,589	1,084
Charitable activities	5	–	8,887	8,887	36,674
Total income		<u>2,589</u>	<u>8,887</u>	<u>11,476</u>	<u>37,758</u>
Expenditure					
Expenditure on charitable activities	6,7	464	15,287	15,751	26,200
Total expenditure		<u>464</u>	<u>15,287</u>	<u>15,751</u>	<u>26,200</u>
Net (expenditure)/income		<u>2,125</u>	<u>(6,400)</u>	<u>(4,275)</u>	<u>11,558</u>
Transfers between funds		3,574	(3,574)	–	–
Net movement in funds		<u>5,699</u>	<u>(9,974)</u>	<u>(4,275)</u>	<u>11,558</u>
Reconciliation of funds					
Total funds brought forward		1,101	21,511	22,612	11,054
Total funds carried forward		<u>6,800</u>	<u>11,537</u>	<u>18,337</u>	<u>22,612</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 9 to 15 form part of these financial statements.

Age Alive

Statement of Financial Position

31 March 2024

	Note	2024 £	2023 £
Current assets			
Debtors	12	111	101
Cash at bank and in hand		31,798	36,516
		<u>31,909</u>	<u>36,617</u>
Creditors: amounts falling due within one year	13	13,572	14,005
Net current assets		<u>18,337</u>	<u>22,612</u>
Total assets less current liabilities		<u>18,337</u>	<u>22,612</u>
Net assets		<u>18,337</u>	<u>22,612</u>
Funds of the charity			
Restricted funds		11,537	21,511
Unrestricted funds		6,800	1,101
Total charity funds	14	<u>18,337</u>	<u>22,612</u>

These financial statements were approved by the board of trustees and authorised for issue on 15 January 2025, and are signed on behalf of the board by:

R Grant
Trustee



The notes on pages 9 to 15 form part of these financial statements.

Age Alive

Notes to the Financial Statements

Year ended 31 March 2024

1. General information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is 100-1010 Commercial Street, Newport, NP20 1LU.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

The charity is entirely dependent on continuing grant aid and as a consequence the going concern basis is also dependent on the continuing grant aid. However, at the time of signing these accounts there are no material uncertainties about the charity's ability to continue.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Restricted funds are subjected to restrictions on their expenditure declared by the donor.

Incoming resources

All income is included in the statement of financial activities when entitlement has passed to the charity, it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured.

Income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.

Age Alive

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

3. Accounting policies *(continued)*

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.

- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

4. Donations and legacies

	Unrestricted Funds £	Total Funds 2024 £	Unrestricted Funds £	Total Funds 2023 £
Donations				
Members' contributions	2,341	2,341	926	926
Other donations	248	248	158	158
	<u>2,589</u>	<u>2,589</u>	<u>1,084</u>	<u>1,084</u>

5. Charitable activities

	Restricted Funds £	Total Funds 2024 £	Restricted Funds £	Total Funds 2023 £
Barchester Foundation	–	–	744	744
NCC - Our Voice Our Choice Our Port	–	–	4,000	4,000
Awards for all - It Will Never Work Project	–	–	9,985	9,985
Heritage Lottery Fund - It Will Never Work Project	–	–	13,545	13,545
GAVO/NCC - Warm Hub Grant	–	–	1,940	1,940
Integrated Community Fund	–	–	60	60
Race Equality First	1,924	1,924	–	–
RCC GMF Awards	2,000	2,000	950	950
Local Giving	–	–	500	500
Older Peoples Fund	4,963	4,963	4,950	4,950
	<u>8,887</u>	<u>8,887</u>	<u>36,674</u>	<u>36,674</u>

Age Alive

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

6. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Awards for All	–	1,705	1,705
Integrated Community Fund	–	–	–
RCC GMF	–	2,000	2,000
Local Giving - Leave it at the door project	–	–	–
Older Peoples Fund	–	310	310
Barchester Charitable Foundation	–	294	294
Awards For All - It Will Never Work Project	–	–	–
Heritage Lottery Fund - It Will Never Work Project	–	6,433	6,433
GAVO/NCC - Warm Space Grant	–	95	95
NCC - Our Voice, Our Choice, Our Port	–	–	–
RCC - Windrush Day Event	–	–	–
Race Equality First	–	471	471
Support costs	464	3,979	4,443
	<u>464</u>	<u>15,287</u>	<u>15,751</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Awards for All	–	1,802	1,802
Integrated Community Fund	–	60	60
RCC GMF	–	1,494	1,494
Local Giving - Leave it at the door project	–	500	500
Older Peoples Fund	–	–	–
Barchester Charitable Foundation	–	450	450
Awards For All - It Will Never Work Project	–	9,785	9,785
Heritage Lottery Fund - It Will Never Work Project	–	1,723	1,723
GAVO/NCC - Warm Space Grant	–	22	22
NCC - Our Voice, Our Choice, Our Port	–	900	900
RCC - Windrush Day Event	–	450	450
Race Equality First	–	–	–
Support costs	917	8,097	9,014
	<u>917</u>	<u>25,283</u>	<u>26,200</u>

Age Alive

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

7. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	Total funds 2024 £	Total fund 2023 £
Core activities	–	464	464	917
Awards for All	1,705	600	2,305	2,232
Moondance Foundation	–	–	–	649
Integrated Community Fund	–	–	–	60
RCC GMF	2,000	–	2,000	1,494
Local Giving - Leave it at the door project	–	–	–	500
Older Peoples Fund	310	3,322	3,632	4,950
Barchester Charitable Foundation	294	–	294	450
Awards For All - It Will Never Work Project	–	–	–	9,985
Heritage Lottery Fund - It Will Never Work Project	6,433	57	6,490	1,723
GAVO/NCC - Warm Space Grant	95	–	95	22
NCC - Our Voice, Our Choice, Our Port	–	–	–	2,268
RCC - Windrush Day Event	–	–	–	450
Local Giving 2022	–	–	–	500
Race Equality First	471	–	471	–
	<u>11,308</u>	<u>4,443</u>	<u>15,751</u>	<u>26,200</u>

8. Analysis of support costs

	Core Activities £	Awards For All £	Older Peoples Fund £	Analysis of support costs activity 17 £	Total 2024 £	Total 2023 £
Premises	–	–	1,315	–	1,315	4,775
Communications and IT	–	465	684	–	1,149	902
General office	464	135	713	57	1,369	2,023
Governance costs	–	–	610	–	610	1,314
	<u>464</u>	<u>600</u>	<u>3,322</u>	<u>57</u>	<u>4,443</u>	<u>9,014</u>

9. Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Age Alive

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

10. Independent examination fees

	2024	2023
	£	£
Fees payable to the independent examiner for: Independent examination of the financial statements	—	1,260

11. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees and no trustee expenses have been incurred.

12. Debtors

	2024	2023
	£	£
Prepayments and accrued income	111	101

13. Creditors: amounts falling due within one year

	2024	2023
	£	£
Accruals and deferred income	1,799	2,449
Members' Savings Club creditor	3,073	2,843
Grants received in advance	8,700	8,713
	<u>13,572</u>	<u>14,005</u>

14. Analysis of charitable funds

Unrestricted funds

	At 1 April 2023	Income	Expenditure	Transfers	At 31 March 2024
	£	£	£	£	£
General funds	1,101	2,589	(464)	3,574	6,800

	At 1 April 2022	Income	Expenditure	Transfers	At 31 March 2023
	£	£	£	£	£
General funds	934	1,084	(917)	—	1,101

Age Alive

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

14. Analysis of charitable funds *(continued)*

Restricted funds

	At 1 April 2023	Income £	Expenditure £	Transfers £	At 31 March 20 24 £
Awards for All	3,903	–	(2,305)	–	1,598
Integrated Community Fund (via GAVO)	–	–	–	–	–
Moondance Foundation	–	–	–	–	–
RCC GMF	1,842	2,000	(2,000)	(1,842)	–
Local Giving - Leave it at the door project	–	–	–	–	–
Older Peoples Fund	–	4,963	(3,632)	–	1,331
Barchester Charitable Foundation	294	–	(294)	–	–
Awards For All - It Will Never Work Project	–	–	–	–	–
Heritage Lottery Fund - It Will Never Work Project	11,822	–	(6,490)	–	5,332
GAVO/NCC - Warm Space Grant	1,918	–	(95)	–	1,823
NCC - Our Voice, Our Choice, Our Port	1,732	–	–	(1,732)	–
RCC - Windrush Day Event	–	–	–	–	–
Local Giving 2022	–	–	–	–	–
Race Equality First	–	1,924	(471)	–	1,453
	<u>21,511</u>	<u>8,887</u>	<u>(15,287)</u>	<u>(3,574)</u>	<u>11,537</u>

	At 1 April 2022	Income £	Expenditure £	Transfers £	At 31 March 20 23 £
Awards for All	6,135	–	(2,232)	–	3,903
Integrated Community Fund (via GAVO)	–	60	(60)	–	–
Moondance Foundation	649	–	(649)	–	–
RCC GMF	2,836	500	(1,494)	–	1,842
Local Giving - Leave it at the door project	500	–	(500)	–	–
Older Peoples Fund	–	4,950	(4,950)	–	–

Age Alive

Notes to the Financial Statements *(continued)*

Year ended 31 March 2024

14. Analysis of charitable funds *(continued)*

Barchester Charitable Foundation	–	744	(450)	–	294
Awards For All - It Will Never Work Project	–	9,985	(9,985)	–	–
Heritage Lottery Fund - It Will Never Work Project	–	13,545	(1,723)	–	11,822
GAVO/NCC - Warm Space Grant	–	1,940	(22)	–	1,918
NCC - Our Voice, Our Choice, Our Port	–	4,000	(2,268)	–	1,732
RCC - Windrush Day Event	–	450	(450)	–	–
Local Giving 2022	–	500	(500)	–	–
Race Equality First	–	–	–	–	–
	<u>10,120</u>	<u>36,674</u>	<u>(25,283)</u>	<u>–</u>	<u>21,511</u>

15. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Current assets	9,873	22,036	31,909
Creditors less than 1 year	(3,073)	(10,499)	(13,572)
Net assets	<u>6,800</u>	<u>11,537</u>	<u>18,337</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Current assets	3,944	32,673	36,617
Creditors less than 1 year	(2,843)	(11,162)	(14,005)
Net assets	<u>1,101</u>	<u>21,511</u>	<u>22,612</u>

AGE ALIVE

England & Wales - Charity number 1172561

Accounts

Age Alive
Unaudited Financial Statements
31 March 2023

WALTER HUNTER & CO LIMITED

Chartered accountants
24 Bridge Street
Newport
South Wales
NP20 4SF

Age Alive

Financial Statements

Year ended 31 March 2023

	Page
Trustees' annual report	1
Independent examiner's report to the trustees	7
Statement of financial activities	8
Statement of financial position	9
Notes to the financial statements	10

Age Alive

Trustees' Annual Report

Year ended 31 March 2023

The trustees present their report and the unaudited financial statements of the charity for the year ended 31 March 2023.

Reference and administrative details

Registered charity name Age Alive
Charity registration number 1172561
Principal office 122 Woodside
Duffryn
Newport

The trustees

B Chohan
M Laida
R Smith
J Khan
C Okwagogu
R Hamid
R Grant
Y Jathwa

Independent examiner Mr Jonathan Rhodes BSc BFP FCA
24 Bridge Street
Newport
South Wales
NP20 4SF

Structure, governance and management

Age Alive was first registered as a Charitable Incorporated Organisation on 12 April 2017, as amended on 27 January 2020. It was established under a "Association" model constitution which sets out its objects and powers.

Age Alive

Trustees' Annual Report *(continued)*

Year ended 31 March 2023

Objectives and activities

The Introduction of the Welsh Government Community First Initiative was to combat poverty and deprivation in Welsh communities. Its development transpired the working partnership between Church, Volunteer Sector, Local Government and people of those Communities, that were arguably of high deprivation, with Minority Ethnic people enjoying little or no benefits.

People over 50 years of age were greatly affected. Having made their contribution to the economic wealth of our society, they were more likely to succumb to some kind of disability. Their need for some form of recognition and fair representation did not bring satisfying results.

Age Alive was created to address those shortfalls, in giving people the opportunity to get their voices heard, more so those of ethnic minority communities.

Age Alive's objective is to develop the capacity and skills of members of BME Over 50s of the socially disadvantaged community of Newport and District in such a way that they are better able to identify and help to meet their needs: In Creative Writing, Performing Art, Story-telling, Choir singing, Handcraft, Walking, Swimming, Healthy eating, Exercise, enabling them to participate more fully in society.

Age Alive

Trustees' Annual Report *(continued)*

Year ended 31 March 2023

Achievements and performance

The charity has maintained its successful drive accessing the funds, helping to keep members happy and the smooth running of the group. With all its woes, and loss of loved ones, the Government changed its draconian regulations which meant the charity flourished and arrived at a place to celebrate.

Roy M Grant was invited to the Queen's Birthday Honours, receiving the BEM accolade. He also won the Paul Stevenson MTM 10th Anniversary Unsung Hero Award.

These fantastic achievements were praised by members of the community - this is what they said...

Funding...

Age Alive raised core funding of £14,500 from the Peoples Community Grant for 3 years' office lease. It secured a new office space at Uskside Business Park, Pillgwenly, Newport on 8th June 2022.

The Avire rent-free property leasing programme (utility cost only), became an exciting prospect that lead to a successful application for new premises.

- Age Alive signed a 3-year rent-free lease.
- The charity would give-up the right to redress the landlord giving notice of 28 days to vacate the property.
- This condition was accepted, and a lease was put in place on the 2 December 2022.

Age Alive is set to move to a new address - Clarence House, Clarence Place, Newport in January 2023 where the convenience ideally suited the members.

Little Magic Grant awarded Age Alive £500, to support the 'Leave It at The Door' project of well-being activities.

Award for All provided a £10,000 grant for IT equipment.

We also received £5,000 from NCC PB Community Grant for IT training (currently in progress) and a few other greatly beneficial initiatives.

HLF awarded Age Alive £29,000 with the first 50% paying for the project 'It Will Never Work.' This, completing the last triangle to the 'Back-a-Yard' project, which is in 2 parts; a documentary in book form written in English and Welsh and digitally recorded to be displayed on roller banners.

Ten Years Documentary Project: HLF Grant "IT WILL NEVER WORK" 2 parts "Silent Voices" late start, extension given to March 2024.

Age Alive

Trustees' Annual Report *(continued)*

Year ended 31 March 2023

Achievements and performance *(continued)*

Future Planning

A new 3 years project in the planning; "Supporting Needs" People Community Foundation medium Grant; To secure continuity: Support worker and viability in supporting the needs of the group.

A Support worker would improve and develop media communication, i.e. website/social media messages, write reports, organise the operation policies, seek out funding availability, arrange day trips and maintain the smooth running of the charity.

- Walk and Talk
- Choir Singing
- Exercise - Tia Chi - Aerobic - Pilate
- Exercise to music
- Mindfulness Wellbeing
- Daytrips
- Support other groups
- Health eating, Dietary presentations
- Health and Mental Awareness
- Display & digitally recorded work for Silent Voices project.
- IT Training

Financial review

Availability and adequacy of assets of each of the funds

The board of trustees is satisfied that the charity's assets in respect of each restricted fund are available and adequate to fulfil its obligations in respect of each fund.

Transactions and financial position

The Statement of Financial Activities show net incoming resources for the year of a revenue nature of £11,558 (2022: outgoing £942).

The reserves of the charity at the year-end were £22,612 (2022: £11,054) of which £21,511 (2022: £10,120) were restricted and £1,101 (2022: £934) were unrestricted.

Age Alive

Trustees' Annual Report *(continued)*

Year ended 31 March 2023

Plans for future periods

Future Plans...

- It Will Never Work project
- Ten Year Documentary; full-coloured book, A4 size, English & Welsh
- The Silent Voices Booklets in 3 languages, English, Welsh & Urdu. Also, published digitally on roller banner.
- IT Training

Continued Activities...

- Walk and Talk
- Choir singing
- Exercise sessions; Tai Chi, Aerobic & Exercise to Music
- Well-being sessions; Mindfulness, Nutritionist talks
- CMHP sessions
- Daytrips
- Support other groups
- Healthy eating & Dietary presentations
- Health and Mental Awareness sessions

Farewells...

Age Alive is saddened by the loss of members; Ellen Swaby, Linda Phillips, Mervis Wilson, Mr. Raza, Jeana Carnegie & Iris Cave. Their memories will remain fresh in our thoughts.

Thank You...

Age Alive is thankful to the funders for their support to help make people happy, whilst diversity is fully embraced.

Check out the new website...

www.agealive.org.uk

Get updated with the activities the charity is providing and plans for any engagements.

Get in touch...

Facebook: AgeAliveNewport

Email us: info@agealive.org.uk

Call us: 01633 250849

Public Benefit

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Charities aims and objectives and in planning future activities.

Age Alive

Trustees' Annual Report *(continued)*

Year ended 31 March 2023

The trustees' annual report was approved on 23 January 2024 and signed on behalf of the board of trustees by:

R Grant
Trustee

Age Alive

Independent Examiner's Report to the Trustees of Age Alive

Year ended 31 March 2023

I report to the trustees on my examination of the financial statements of Age Alive ('the charity') for the year ended 31 March 2023.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Jonathan Rhodes BSc BFP FCA
Independent Examiner

24 Bridge Street
Newport
South Wales
NP20 4SF

23 January 2024

Age Alive

Statement of Financial Activities

Year ended 31 March 2023

		Unrestricted funds	2023 Restricted funds	Total funds	2022 Total funds
	Note	£	£	£	£
Income and endowments					
Donations and legacies	4	1,084	–	1,084	862
Charitable activities	5	–	36,674	36,674	7,357
Total income		<u>1,084</u>	<u>36,674</u>	<u>37,758</u>	<u>8,219</u>
Expenditure					
Expenditure on charitable activities	6,7	917	25,283	26,200	9,161
Total expenditure		<u>917</u>	<u>25,283</u>	<u>26,200</u>	<u>9,161</u>
Net income/(expenditure) and net movement in funds					
		<u>167</u>	<u>11,391</u>	<u>11,558</u>	<u>(942)</u>
Reconciliation of funds					
Total funds brought forward		934	10,120	11,054	11,996
Total funds carried forward		<u>1,101</u>	<u>21,511</u>	<u>22,612</u>	<u>11,054</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 10 to 18 form part of these financial statements.

Age Alive

Statement of Financial Position

31 March 2023

	Note	2023 £	2022 £
Current assets			
Debtors	12	101	60
Cash at bank and in hand		<u>36,516</u>	<u>17,891</u>
		36,617	17,951
Creditors: amounts falling due within one year	13	<u>14,005</u>	<u>6,897</u>
Net current assets		<u>22,612</u>	<u>11,054</u>
Total assets less current liabilities		<u>22,612</u>	<u>11,054</u>
Net assets		<u><u>22,612</u></u>	<u><u>11,054</u></u>
Funds of the charity			
Restricted funds		21,511	10,120
Unrestricted funds		<u>1,101</u>	<u>934</u>
Total charity funds	14	<u><u>22,612</u></u>	<u><u>11,054</u></u>

These financial statements were approved by the board of trustees and authorised for issue on 23 January 2024, and are signed on behalf of the board by:

R Grant
Trustee

The notes on pages 10 to 18 form part of these financial statements.

Age Alive

Notes to the Financial Statements

Year ended 31 March 2023

1. General information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is 100-1010 Commercial Street, Newport, NP20 1LU.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

The charity is entirely dependent on continuing grant aid and as a consequence the going concern basis is also dependent on the continuing grant aid. However, at the time of signing these accounts there are no material uncertainties about the charity's ability to continue.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Restricted funds are subjected to restrictions on their expenditure declared by the donor.

Incoming resources

All income is included in the statement of financial activities when entitlement has passed to the charity, it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured.

Income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.

Age Alive

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

3. Accounting policies *(continued)*

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.

- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

4. Donations and legacies

	Unrestricted Funds £	Total Funds 2023 £	Unrestricted Funds £	Total Funds 2022 £
Donations				
Members' contributions	926	926	862	862
Other donations	158	158	–	–
	<u>1,084</u>	<u>1,084</u>	<u>862</u>	<u>862</u>

5. Charitable activities

	Restricted Funds £	Total Funds 2023 £	Restricted Funds £	Total Funds 2022 £
Barchester Foundation	744	744	–	–
NCC - Our Voice Our Choice Our Port Awards for all - It Will Never Work Project	4,000	4,000	–	–
Heritage Lottery Fund - It Will Never Work Project	9,985	9,985	–	–
GAVO/NCC - Warm Hub Grant	13,545	13,545	–	–
Integrated Community Fund	1,940	1,940	–	–
RCC GMF Awards	60	60	–	–
Local Giving	950	950	5,620	5,620
Older Peoples Fund	500	500	500	500
	<u>4,950</u>	<u>4,950</u>	<u>1,237</u>	<u>1,237</u>
	<u>36,674</u>	<u>36,674</u>	<u>7,357</u>	<u>7,357</u>

Age Alive

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

6. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Awards for All	–	1,802	1,802
Integrated Community Fund	–	60	60
Covid19 BAME Support Grant	–	–	–
RCC GMF	–	1,494	1,494
Local Giving - Leave it at the door project	–	500	500
Barchester Charitable Foundation	–	450	450
Awards For All - It Will Never Work Project	–	9,785	9,785
Heritage Lottery Fund - It Will Never Work Project	–	1,723	1,723
GAVO/NCC - Warm Space Grant	–	22	22
NCC - Our Voice, Our Choice, Our Port	–	900	900
RCC - Windrush Day Event	–	450	450
Support costs	917	8,097	9,014
	<u>917</u>	<u>25,283</u>	<u>26,200</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Awards for All	–	3,630	3,630
Integrated Community Fund	–	60	60
Covid19 BAME Support Grant	–	648	648
RCC GMF	–	2,784	2,784
Local Giving - Leave it at the door project	–	–	–
Barchester Charitable Foundation	–	–	–
Awards For All - It Will Never Work Project	–	–	–
Heritage Lottery Fund - It Will Never Work Project	–	–	–
GAVO/NCC - Warm Space Grant	–	–	–
NCC - Our Voice, Our Choice, Our Port	–	–	–
RCC - Windrush Day Event	–	–	–
Support costs	191	1,848	2,039
	<u>191</u>	<u>8,970</u>	<u>9,161</u>

Age Alive

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

7. Expenditure on charitable activities by activity type

	Activities undertaken directly	Support costs	Total funds 2023	Total fund 2022
	£	£	£	£
Core activities	–	917	917	191
Awards for All	1,802	430	2,232	3,732
Moondance Foundation	–	649	649	509
Integrated Community Fund	60	–	60	60
Covid19 BAME Support Grant	–	–	–	648
RCC GMF	1,494	–	1,494	2,784
Local Giving - Leave it at the door project	500	–	500	–
Older Peoples Fund	–	4,950	4,950	1,237
Barchester Charitable Foundation	450	–	450	–
Awards For All - It Will Never Work Project	9,785	200	9,985	–
Heritage Lottery Fund - It Will Never Work Project	1,723	–	1,723	–
GAVO/NCC - Warm Space Grant	22	–	22	–
NCC - Our Voice, Our Choice, Our Port	900	1,368	2,268	–
RCC - Windrush Day Event	450	–	450	–
Local Giving 2022	–	500	500	–
	<u>17,186</u>	<u>9,014</u>	<u>26,200</u>	<u>9,161</u>

Age Alive

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

8. Analysis of support costs

	Core Activities £	Awards For All £	Moondance Foundation £	Older Peoples Fund £	Awards For All - It Will Never Work Project £	NCC - Our Voice, Our Choice, Our Port £	Local Giving 2022 £	Total 2023 £	Total 2022 £
Premises	–	–	–	3,627	–	648	500	4,775	365
Communications and IT	–	–	514	388	–	–	–	902	753
General office	917	430	135	341	200	–	–	2,023	381
Governance costs	–	–	–	594	–	720	–	1,314	540
	<u>917</u>	<u>430</u>	<u>649</u>	<u>4,950</u>	<u>200</u>	<u>1,368</u>	<u>500</u>	<u>9,014</u>	<u>2,039</u>

Age Alive

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

9. Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

10. Independent examination fees

	2023	2022
	£	£
Fees payable to the independent examiner for:		
Independent examination of the financial statements	1,260	–

11. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees and no trustee expenses have been incurred.

12. Debtors

	2023	2022
	£	£
Prepayments and accrued income	101	60

13. Creditors: amounts falling due within one year

	2023	2022
	£	£
Accruals and deferred income	2,449	540
Members' Savings Club creditor	2,843	2,644
Grants received in advance	8,713	3,713
	<u>14,005</u>	<u>6,897</u>

Age Alive

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

14. Analysis of charitable funds

Unrestricted funds

	At 1 April 2022	Income	Expenditure	Transfers	At 31 March 2023
	£	£	£	£	£
General funds	934	1,084	(917)	–	1,101

	At 1 April 2021	Income	Expenditure	Transfers	At 31 March 2022
	£	£	£	£	£
General funds	263	862	(191)	–	934

Restricted funds

	At 1 April 2022	Income	Expenditure	Transfers	At 31 March 2023
	£	£	£	£	£
Awards for All	6,135	–	(2,232)	–	3,903
Integrated Community Fund (via GAVO)	–	60	(60)	–	–
Covid19 BAME Support Grant (via BAWSO)	–	–	–	–	–
Moondance Foundation	649	–	(649)	–	–
RCC GMF	2,836	500	(1,494)	–	1,842
Local Giving - Leave it at the door project	500	–	(500)	–	–
Older Peoples Fund	–	4,950	(4,950)	–	–
Barchester Charitable Foundation	–	744	(450)	–	294
Awards For All - It Will Never Work Project	–	9,985	(9,985)	–	–
Heritage Lottery Fund - It Will Never Work Project	–	13,545	(1,723)	–	11,822
GAVO/NCC - Warm Space Grant	–	1,940	(22)	–	1,918
NCC - Our Voice, Our Choice, Our Port	–	4,000	(2,268)	–	1,732
RCC - Windrush Day Event	–	450	(450)	–	–
Local Giving 2022	–	500	(500)	–	–
	<u>10,120</u>	<u>36,674</u>	<u>(25,283)</u>	<u>–</u>	<u>21,511</u>

Age Alive

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

14. Analysis of charitable funds *(continued)*

	At 1 April 2021 £	Income £	Expenditure £	Transfers £	At 31 March 2022 £
Awards for All Integrated Community Fund (via GAVO)	11,085	–	(3,732)	(1,218)	6,135
Covid19 BAME Support Grant (via BAWSO)	–	–	(60)	60	–
Moondance Foundation	648	–	(648)	–	–
RCC GMF	–	5,620	(2,784)	1,158	649
Local Giving - Leave it at the door project	–	500	–	–	2,836
Older Peoples Fund	–	1,237	(1,237)	–	500
Barchester Charitable Foundation	–	–	–	–	–
Awards For All - It Will Never Work Project	–	–	–	–	–
Heritage Lottery Fund - It Will Never Work Project	–	–	–	–	–
GAVO/NCC - Warm Space Grant	–	–	–	–	–
NCC - Our Voice, Our Choice, Our Port	–	–	–	–	–
RCC - Windrush Day Event	–	–	–	–	–
Local Giving 2022	–	–	–	–	–
	<u>11,733</u>	<u>7,357</u>	<u>(8,970)</u>	<u>–</u>	<u>10,120</u>

Age Alive

Notes to the Financial Statements *(continued)*

Year ended 31 March 2023

15. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Current assets	3,944	32,673	36,617
Creditors less than 1 year	(2,843)	(11,162)	(14,005)
Net assets	<u>1,101</u>	<u>21,511</u>	<u>22,612</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Current assets	3,578	14,373	17,951
Creditors less than 1 year	(2,644)	(4,253)	(6,897)
Net assets	<u>934</u>	<u>10,120</u>	<u>11,054</u>

AGE ALIVE

England & Wales - Charity number 1172561

Accounts

Age Alive
Unaudited Financial Statements
31 March 2022

WALTER HUNTER & CO LIMITED

Chartered accountants
24 Bridge Street
Newport
South Wales
NP20 4SF

Age Alive

Financial Statements

Year ended 31 March 2022

	Page
Trustees' annual report	1
Chartered accountant's report to Age Alive on the unaudited financial information	9
Statement of financial activities	10
Statement of financial position	11
Notes to the financial statements	12

Age Alive

Trustees' Annual Report

Year ended 31 March 2022

The trustees present their report and the unaudited financial statements of the charity for the year ended 31 March 2022.

Days of Uncertainties

Poem written by Roy Mackpenfield

The COVID pandemic has taken the prize,
And bagged a trophy to one of earth's greatest catastrophes.
A destructive borderless disease,
Impacting greatly on the lives of the aged and vulnerable,
Sending the scientific minds scurrying for a cure.

The echoing screams of people's suggestions,
"COVID was an experiment - went wrong", they say.
"Look no further", the Politician's dream to reduce the population
And the Scientist dream to feed the nations,
And walk away the victors.
But COVID's dream, is, "here to stay."

Waking from a darkness blinkered by emotion,
Reeling the outcomes of a dissatisfied service.
Lockdown became the executioner, and
Guilty thoughts buzzed the anxious brains.
A ticking clock marks every second,
While the four walls crept ever closer,
Unanswered questions yet, to be explored,
"What more could be done?"

Traumatic, was the effect of relentless news,
The passing of a loved one without a word,
Or goodbyes being said.
Thinking outside the box and accepting changes,
Zoom technology became the ideal platform,
That kept brains alert, minds content and strength, to suppress,
Those lonely, miserable thoughts.

Peace and tranquillity Age Alive seek,
A place freed of grief and sorrowful emotions.
Where nature's gardens had the answer,
Where, the sweet-smelling fragrances of budding flowers,
Dilutes the pain of lingering thoughts,
Frustration, isolation, anxiety, depression,
And invites the creative minds,
To redress the uncertainties Covid presents.

Age Alive

Trustees' Annual Report *(continued)*

Year ended 31 March 2022

Reference and administrative details

Registered charity name	Age Alive
Charity registration number	1172561
Principal office	122 Woodside Duffryn Newport

The trustees

B Chohan
R Grant
Y Jathwa
R Smith

Accountants	Walter Hunter & Co Limited Chartered accountants 24 Bridge Street Newport South Wales NP20 4SF
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Structure, governance and management

Age Alive was first registered as a Charitable Incorporated Organisation on 12 April 2017, as amended on 27 January 2020. It was established under a "Association" model constitution which sets out its objects and powers.

Objectives and activities

Age Alive's objective is to develop the capacity and skills of members of BME Over 50s of the socially disadvantaged community of Newport and District in such a way that they are better able to identify and help to meet their needs: In Creative Writing, Performing Art, Story-telling, Choir singing, Handcraft, Walking, Swimming, Healthy eating, Exercise, enabling them to participate more fully in society.

Age Alive

Trustees' Annual Report *(continued)*

Year ended 31 March 2022

Objectives and activities *(continued)*

What's been happening...



The introduction of the Welsh Government Community First Initiative was to combat poverty and deprivation in Welsh communities. Its development transpired the working partnership between the Church, Volunteer Sector, Local Government and people of those Communities, that were arguably places of high deprivation, with Minority Ethnic people enjoying little or no benefits.

People over 50 years of age were greatly affected. Having made their contribution to the economic wealth of our society, they were more likely to succumb to some kind of disability. Their need for some form of recognition and fair

representation did not bring satisfying results. Age Alive was created to address those shortfalls, in giving people the opportunity to get their voices heard, more so those of ethnic minority communities.

However, in 2019, the Covid19 pandemic changed the world order. Creating panic, shattering the mind-set of a bewildered group of people, diminishing the momentum of the fastest growing unique and independent charity in the South-East Valleys of Wales. Technology, in the form of Zoom's digital platform, restored communication links and enabled a steady stream of messages to flow. Keeping the people talking, sharing their experiences and enjoying those activities that could be accessed via Zoom, such as exercise and wellbeing sessions.

We meet again...



Walk Leader Kits
First Aid Kit
Hi-Viz Vest
Shoulder Bag
Waterproofs
Clip-board



Age Alive Members

Usk River,
West side

Although the country was experiencing lockdown and restriction on movement, Age Alive took advantage of the guidance for outdoor meetings and introduced two-hour walking exercises every Tuesday from 11am to 1pm. The popular routes were the west side of the Usk River, Tredgar House Park, Caerleon Roman Remains and along the canals in Rogerstone. It was an opening that gave a small number of people the chance to be together, walk and talk, share concerns and enjoy the exercise. Being able to go for walks during restrictions, was the perfect opportunity for people to meet, enjoy the fresh air and release their minds from the built up mental anguish.

Age Alive

Trustees' Annual Report *(continued)*

Year ended 31 March 2022

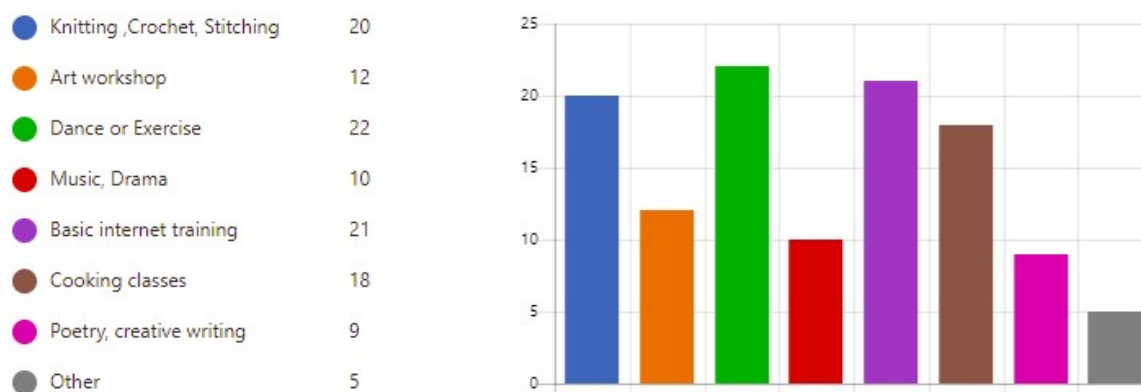
Objectives and activities *(continued)*

Survey says...

Trustees were encouraged to think outside the box and search for ideas that would keep members in touch and satisfy their wellbeing needs. A researcher for the group was suggested and funding was successful. A questionnaire was put together, that gave a clear and precise description of what the charity should be delivering going forward.

The results were encouraging.

Most popular activities voted for



The survey identified the need for a number of activities but the need for a support worker was paramount. In September 2021, a support worker was employed and contracted for 35 weeks from August 2020 to May 2022 to deliver a multitude of new projects:

- Create an Age Alive website
- Update the charity operational policies
- Secure media outlets
- Seek out funding streams with NCC PB, Magic Little Grants, Children in Need, CIF, Community Foundation Wales and Award For All.

With those areas of weakness clearly identified, recommendations were highlighted to have them strengthened - member's needs were put into motion, playing a pivotal role in the development and presentation of the website.

Age Alive

Trustees' Annual Report *(continued)*

Year ended 31 March 2022

Objectives and activities *(continued)*

Keeping up with the times...

A 3-minute film was made by the members, inviting people of other participating organisations to vote for an I.T training programme, that would help Age Alive members stay in touch with each other and be informed of any changes the charity make. It would also meet the criteria for NCC Participation Budget initiative; promoting, networking and delivering small, medium to large grants that satisfied the needs of those groups.

More Support...

The survey also identified the need for a longer-term part-time worker, to help with the smooth running of this uniquely special charity, that is facilitating changes to the lives and wellbeing of minority ethnic 50+ people.

Days out...



Day trip to Dudley Museum & Art Gallery in the West Midlands. This modern museum told the story of Dudley (and the wider Black Country) through time. What an insightful day out!

Healthy Eating...

Dietary sessions were a huge hit, as staying healthy is a key consideration for many. Nutritional advice and healthy eating information was shared with new practices being adopted for a new outlook on maintaining an enjoyable yet balanced diet.



Dietician delivering a talk on healthy eating and food preparation



Fundraising exercise at Maindee Festival

Age Alive

Trustees' Annual Report *(continued)*

Year ended 31 March 2022

Public Benefit

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Charities aims and objectives and in planning future activities.

Achievements and performance

The charity has maintained its successful drive accessing the funds, helping to keep members happy and the smooth running of the group. With all its woes, and loss of loved ones, the Government changed its draconian regulations which meant the charity flourished and arrived at a place to celebrate.

Roy M Grant was invited to the Queen's Birthday Honours, receiving the BEM accolade. He also won the Paul Stevenson MTM 10th Anniversary Unsung Hero Award.

These fantastic achievements were praised by members of the community - this is what they said...

'Well done Mr Roy Grant. Your hard work and dedication has paid off.'

'May God bless you & the lovely sisters for bringing us all together!'

'Wow, that's just so awesome. A hefty congrats to Mr Grant, shining like a diamond.'

Funding...

Age Alive raised core funding of £14,500 from the Peoples Community Grant for 3 years' office lease. It secured a new office space at Uskside Business Park, Pillgwenly, Newport on 8th June 2022.

What was not taken into consideration, was the commuting inconvenience on public transport which made the journey for volunteers, troublesome. It was clear that a new office nearer to the city was needed.

The Avire rent-free property leasing programme (utility cost only), became an exciting prospect that lead to a successful application for new premises.

- Age Alive signed a 3-year rent-free lease.
- The charity would give-up the right to redress the landlord giving notice of 28 days to vacate the property.
- This condition was accepted, and a lease was put in place on the 2 December 2022.

Age Alive is set to move to a new address - Clarence House, Clarence Place, Newport in January 2023 where the convenience ideally suited the members.

Little Magic Grant awarded Age Alive £500, to support the 'Leave It at The Door' project of well-being activities.

Award for All provided a £10,000 grant for IT equipment.

We also received £5,000 from NCC PB Community Grant for IT training (currently in progress) and a few other greatly beneficial initiatives.

HLF awarded Age Alive £29,000 with the first 50% paying for the project 'It Will Never Work.' This, completing the last triangle to the 'Back-a-Yard' project, which is in 2 parts; a documentary in book form written in English and Welsh and digitally recorded to be displayed on roller banners.

Age Alive

Trustees' Annual Report *(continued)*

Year ended 31 March 2022

Financial review

Availability and adequacy of assets of each of the funds

The board of trustees is satisfied that the charity's assets in respect of each restricted fund are available and adequate to fulfil its obligations in respect of each fund.

Transactions and financial position

The Statement of Financial Activities show net outgoing resources for the year of a revenue nature of £942 (2020: outgoing £1,756).

The reserves of the charity at the year-end were £11,054 (2021: £11,996) of which £10,120 (2021: £11,733) were restricted and £934 (2021: £263) were unrestricted.

Plans for future periods

Future Plans...

- It Will Never Work project
- Ten Year Documentary; full-coloured book, A4 size, English & Welsh
- The Silent Voices Booklets in 3 languages, English, Welsh & Urdu. Also, published digitally on roller banner.
- IT Training

Continued Activities...

- Walk and Talk
- Choir singing
- Exercise sessions; Tai Chi, Aerobic & Exercise to Music
- Well-being sessions; Mindfulness, Nutritionist talks
- CMHP sessions
- Daytrips
- Support other groups
- Healthy eating & Dietary presentations
- Health and Mental Awareness sessions

Farewells...

Age Alive is saddened by the loss of members; Ellen Swaby, Linda Phillips, Mervis Wilson, Mr. Raza, Jeana Carnegie & Iris Cave. Their memories will remain fresh in our thoughts.

Thank You...

Age Alive is thankful to the funders for their support to help make people happy, whilst diversity is fully embraced.

Check out the new website...

www.agealive.org.uk

Get updated with the activities the charity is providing and plans for any engagements.

Get in touch...

Facebook: AgeAliveNewport

Email us: info@agealive.org.uk

Call us: 01633 250849

Age Alive

Trustees' Annual Report *(continued)*

Year ended 31 March 2022

The trustees' annual report was approved on 19 January 2023 and signed on behalf of the board of trustees by:

R Grant
Trustee

Age Alive

Chartered Accountant's Report to Age Alive on the Unaudited Financial Information of Age Alive

Year ended 31 March 2022

In accordance with the engagement letter dated 18 January 2021, we have prepared for your approval the financial information of Age Alive for the year ended 31 March 2022, which comprise the statement of financial activities, statement of financial position and the related notes from the charity's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements which are detailed at www.icaew.com/en/members/regulations-standards-and-guidance.

This report is made solely to the board of trustees of Age Alive, as a body, in accordance with the terms of our engagement letter dated 18 January 2021. Our work has been undertaken solely to prepare for your approval the financial statements of Age Alive and state those matters that we have agreed to state to you, as a body, in this report in accordance with ICAEW Technical Release TECH08/16AAF as detailed at www.icaew.com/compilation. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Age Alive and its board of trustees, as a body, for our work or for this report.

You have approved the financial information for the year and have acknowledged your responsibility for it, for the appropriateness of the financial reporting framework adopted and for providing all informations and explanations necessary for its compilation.

We have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial information.

WALTER HUNTER & CO LIMITED
Chartered accountants

24 Bridge Street
Newport
South Wales
NP20 4SF

19 January 2023

Age Alive

Statement of Financial Activities

Year ended 31 March 2022

		2022			2021
	Note	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
Income and endowments					
Donations and legacies	4	862	–	862	814
Charitable activities	5	–	7,357	7,357	5,663
Total income		<u>862</u>	<u>7,357</u>	<u>8,219</u>	<u>6,477</u>
Expenditure					
Expenditure on charitable activities	6,7	191	8,970	9,161	8,233
Total expenditure		<u>191</u>	<u>8,970</u>	<u>9,161</u>	<u>8,233</u>
		–	–	–	–
Net expenditure and net movement in funds		<u>671</u>	<u>(1,613)</u>	<u>(942)</u>	<u>(1,756)</u>
Reconciliation of funds					
Total funds brought forward		263	11,733	11,996	13,752
Total funds carried forward		<u>934</u>	<u>10,120</u>	<u>11,054</u>	<u>11,996</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 12 to 18 form part of these financial statements.

Age Alive

Statement of Financial Position

31 March 2022

	Note	2022 £	2021 £
Current assets			
Debtors	10	60	47
Cash at bank and in hand		17,891	15,173
		<u>17,951</u>	<u>15,220</u>
Creditors: amounts falling due within one year	11	6,897	3,224
Net current assets		<u>11,054</u>	<u>11,996</u>
Total assets less current liabilities		<u>11,054</u>	<u>11,996</u>
Net assets		<u><u>11,054</u></u>	<u><u>11,996</u></u>
Funds of the charity			
Restricted funds		10,120	11,733
Unrestricted funds		934	263
Total charity funds	12	<u><u>11,054</u></u>	<u><u>11,996</u></u>

These financial statements were approved by the board of trustees and authorised for issue on 19 January 2023, and are signed on behalf of the board by:

R Grant
Trustee

The notes on pages 12 to 18 form part of these financial statements.

Age Alive

Notes to the Financial Statements

Year ended 31 March 2022

1. General information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is 100-1010 Commercial Street, Newport, NP20 1LU.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Restricted funds are subjected to restrictions on their expenditure declared by the donor.

Incoming resources

All income is included in the statement of financial activities when entitlement has passed to the charity, it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured.

Income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.

Age Alive

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

3. Accounting policies *(continued)*

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.

- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

4. Donations and legacies

	Unrestricted Funds £	Total Funds 2022 £	Unrestricted Funds £	Total Funds 2021 £
Donations				
Members' contributions	862	862	784	784
Other donations	—	—	30	30
	<u>862</u>	<u>862</u>	<u>814</u>	<u>814</u>

5. Charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Gwent Association of Voluntary Organisations ICF Grant	—	—	—
BAWSO	—	—	—
Moondance Foundation	—	—	—
South Wales Jamaican Society	—	—	—
RCC GMF Awards	—	5,620	5,620
Local Giving	—	500	500
Older Peoples Fund	—	1,237	1,237
	<u>—</u>	<u>7,357</u>	<u>7,357</u>

Age Alive

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

5. Charitable activities *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Gwent Association of Voluntary Organisations ICF Grant	–	2,040	2,040
BAWSO	–	2,094	2,094
Moondance Foundation	–	1,158	1,158
South Wales Jamaican Society	371	–	371
RCC GMF Awards	–	–	–
Local Giving	–	–	–
Older Peoples Fund	–	–	–
	<u>371</u>	<u>5,292</u>	<u>5,663</u>

6. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Awards for All	–	3,630	3,630
Integrated Community Fund	–	60	60
Covid19 BAME Support Grant	–	648	648
Diversity & Inclusion Policy Training	–	–	–
Walk & Talk Project	–	–	–
RCC GMF	–	2,784	2,784
Support costs	191	1,848	2,039
	<u>191</u>	<u>8,970</u>	<u>9,161</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Awards for All	–	2,239	2,239
Integrated Community Fund	–	–	–
Covid19 BAME Support Grant	–	1,296	1,296
Diversity & Inclusion Policy Training	–	150	150
Walk & Talk Project	–	3,104	3,104
RCC GMF	–	–	–
Support costs	–	1,444	1,444
	<u>–</u>	<u>8,233</u>	<u>8,233</u>

Age Alive

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

7. Expenditure on charitable activities by activity type

	Activities undertaken directly	Support costs	Total funds 2022	Total fund 2021
	£	£	£	£
Core activities	–	191	191	–
Awards for All	3,630	102	3,732	2,525
Moondance Foundation	–	509	509	1,158
Integrated Community Fund	60	–	60	–
Covid19 BAME Support Grant	648	–	648	1,296
Diversity & Inclusion Policy Training	–	–	–	150
Walk & Talk Project	–	–	–	3,104
RCC GMF	2,784	–	2,784	–
Older Peoples Fund	–	1,237	1,237	–
	<u>7,122</u>	<u>2,039</u>	<u>9,161</u>	<u>8,233</u>

8. Analysis of support costs

	Analysis of support costs activity	Analysis of support costs activity	Analysis of support costs activity	Analysis of support costs activity	Total 2022	Total 2021
	1	5	6	14	£	£
	£	£	£	£	£	£
Premises	–	–	365	–	365	388
Communications and IT	–	102	144	507	753	440
General office	191	–	–	190	381	76
Governance costs	–	–	–	540	540	540
	<u>191</u>	<u>102</u>	<u>509</u>	<u>1,237</u>	<u>2,039</u>	<u>1,444</u>

9. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees and no trustee expenses have been incurred.

10. Debtors

	2022	2021
	£	£
Prepayments and accrued income	<u>60</u>	<u>47</u>

Age Alive

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

11. Creditors: amounts falling due within one year

	2022	2021
	£	£
Accruals and deferred income	540	625
Members' Savings Club creditor	2,644	2,599
Grants received in advance	3,713	–
	<u>6,897</u>	<u>3,224</u>

12. Analysis of charitable funds

Unrestricted funds

	At				At
	1 April 2021	Income	Expenditure	Transfers	31 March 2022
	£	£	£	£	£
General funds	<u>263</u>	<u>862</u>	<u>(191)</u>	<u>–</u>	<u>934</u>

	At				At
	1 April 2020	Income	Expenditure	Transfers	31 March 2021
	£	£	£	£	£
General funds	<u>(922)</u>	<u>1,185</u>	<u>–</u>	<u>–</u>	<u>263</u>

Age Alive

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

12. Analysis of charitable funds *(continued)*

Restricted funds

	At 1 April 2021	Income £	Expenditure £	Transfers £	At 31 March 2022
Awards for All	11,085	–	(3,732)	(1,218)	6,135
Walk & Talk Project	–	–	–	–	–
Integrated Community Fund (via GAVO)	–	–	(60)	60	–
Covid19 BAME Support Grant (via BAWSO)	648	–	(648)	–	–
Diversity & Inclusion Policy Training (via BAWSO)	–	–	–	–	–
Moondance Foundation	–	–	(509)	1,158	649
RCC GMF	–	5,620	(2,784)	–	2,836
Local Giving - Leave it at the door project	–	500	–	–	500
Older Peoples Fund	–	1,237	(1,237)	–	–
	<u>11,733</u>	<u>7,357</u>	<u>(8,970)</u>	<u>–</u>	<u>10,120</u>

	At 1 April 2020	Income £	Expenditure £	Transfers £	At 31 March 2021
Awards for All	13,610	–	(2,525)	–	11,085
Walk & Talk Project	1,064	2,040	(3,104)	–	–
Integrated Community Fund (via GAVO)	–	–	–	–	–
Covid19 BAME Support Grant (via BAWSO)	–	1,944	(1,296)	–	648
Diversity & Inclusion Policy Training (via BAWSO)	–	150	(150)	–	–
Moondance Foundation	–	1,158	(1,158)	–	–
RCC GMF	–	–	–	–	–
Local Giving - Leave it at the door project	–	–	–	–	–
Older Peoples Fund	–	–	–	–	–
	<u>14,674</u>	<u>5,292</u>	<u>(8,233)</u>	<u>–</u>	<u>11,733</u>

Age Alive

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

13. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Current assets	3,578	14,373	17,951
Creditors less than 1 year	(2,644)	(4,253)	(6,897)
Net assets	<u>934</u>	<u>10,120</u>	<u>11,054</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Current assets	2,862	12,358	15,220
Creditors less than 1 year	(2,599)	(625)	(3,224)
Net assets	<u>263</u>	<u>11,733</u>	<u>11,996</u>

AGE ALIVE

England & Wales - Charity number 1172561

Accounts

Age Alive
Unaudited Financial Statements
31 March 2021

WALTER HUNTER & CO LIMITED

Chartered accountants
24 Bridge Street
Newport
South Wales
NP20 4SF

Age Alive

Financial Statements

Year ended 31 March 2021

	Page
Trustees' annual report	1
Chartered accountant's report to Age Alive on the unaudited financial information	3
Statement of financial activities	4
Statement of financial position	5
Notes to the financial statements	6

Age Alive

Trustees' Annual Report

Year ended 31 March 2021

The trustees present their report and the unaudited financial statements of the charity for the year ended 31 March 2021.

Reference and administrative details

Registered charity name	Age Alive
Charity registration number	1172561
Principal office	122 Woodside Duffryn Newport NP10 8XE

The trustees

B Chohan
R Grant
Y Jathwa
R Smith

Accountants

Walter Hunter & Co Limited
Chartered accountants
24 Bridge Street
Newport
South Wales
NP20 4SF

Structure, governance and management

Age Alive was first registered as a Charitable Incorporated Organisation on 12 April 2017, as amended on 27 January 2020. It was established under a "Association" model constitution which sets out its objects and powers.

Objectives and activities

Age Alive's objective is to develop the capacity and skills of members of BME Over 50s of the socially disadvantaged community of Newport and District in such a way that they are better able to identify and help to meet their needs: In Creative Writing, Performing Art, Story-telling, Choir singing, Handcraft, Walking, Swimming, Healthy eating, Exercise, enabling them to participate more fully in society.

Age Alive

Trustees' Annual Report *(continued)*

Year ended 31 March 2021

Achievements and performance

Age Alive have been successful in accessing funds to facilitate activities with the introduction of three new projects - Mindfulness, Dietitian, and Physiotherapy. Although delivering Physiotherapy became the impossible task due to the Covid pandemics.

However, Age Alive access funds from Community Chest and GAVO to create a new project, Walk and Talk, breaking the barrier on outside activity, removing isolation from the minds of people living alone and give them the freedom to breathe fresh air and exercise.

The board of trustees have undergone training facility of on Safeguarding policies, made available by the funders.

Members worked closely with the Black History Month Wales 365 - Museum of Wales and Heritage Lottery funding of people's stories of the Windrush Era.

Age Alive took the initiative encouraged members to speak candidly of what they want coming out of lockdown which became a great success in planning for the changes we now face.

Financial review

Availability and adequacy of assets of each of the funds

The board of trustees is satisfied that the charity's assets in respect of each restricted fund are available and adequate to fulfil its obligations in respect of each fund.

Transactions and financial position

The Statement of Financial Activities show net outgoing resources for the year of a revenue nature of £1,756 (2020: incoming £5,209).

The reserves of the charity at the year-end were £11,996 (2020: £13,752) of which £11,733 (2020: £14,674) were restricted and £263 (2020: £(922)) were unrestricted.

Plans for future periods

Public Benefit

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Charities aims and objectives and in planning future activities.

The trustees' annual report was approved on 11 Nov 2021 and signed on behalf of the board of trustees by:



R Grant
Trustee

Age Alive

Chartered Accountant's Report to Age Alive on the Unaudited Financial Information of Age Alive

Year ended 31 March 2021

In accordance with the engagement letter dated 18 Jan 21, we have prepared for your approval the financial information of Age Alive for the year ended 31 March 2021, which comprise the statement of financial activities, statement of financial position and the related notes from the charity's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements which are detailed at www.icaew.com/en/members/regulations-standards-and-guidance.

This report is made solely to the board of trustees of Age Alive, as a body, in accordance with the terms of our engagement letter dated 18 Jan 21. Our work has been undertaken solely to prepare for your approval the financial statements of Age Alive and state those matters that we have agreed to state to you, as a body, in this report in accordance with ICAEW Technical Release TECH08/16AAF as detailed at www.icaew.com/compilation. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Age Alive and its board of trustees, as a body, for our work or for this report.

You have approved the financial information for the year and have acknowledged your responsibility for it, for the appropriateness of the financial reporting framework adopted and for providing all informations and explanations necessary for its compilation.

We have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial information.



WALTER HUNTER & CO LIMITED
Chartered accountants

24 Bridge Street
Newport
South Wales
NP20 4SF

11 November 2021

Age Alive

Statement of Financial Activities

Year ended 31 March 2021

		Year to 31 Mar 21			Period from 1 Jun 19 to 31 Mar 20
	Note	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
Income and endowments					
Donations and legacies	4	814	–	814	1,091
Charitable activities	5	371	5,292	5,663	11,114
Other income	6	–	–	–	1,297
Total income		<u>1,185</u>	<u>5,292</u>	<u>6,477</u>	<u>13,502</u>
Expenditure					
Expenditure on charitable activities	7,8	–	8,233	8,233	8,293
Total expenditure		<u>–</u>	<u>8,233</u>	<u>8,233</u>	<u>8,293</u>
Net (expenditure)/income and net movement in funds		<u>1,185</u>	<u>(2,941)</u>	<u>(1,756)</u>	<u>5,209</u>
Reconciliation of funds					
Total funds brought forward		(922)	14,674	13,752	8,543
Total funds carried forward		<u>263</u>	<u>11,733</u>	<u>11,996</u>	<u>13,752</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 6 to 11 form part of these financial statements.

Age Alive

Statement of Financial Position

31 March 2021

	Note	2021 £	2020 £
Current assets			
Debtors			
Cash at bank and in hand	11	47	117
		<u>15,173</u>	<u>16,872</u>
		15,220	16,989
Creditors: amounts falling due within one year	12	3,224	3,237
Net current assets		<u>11,996</u>	<u>13,752</u>
Total assets less current liabilities		<u>11,996</u>	<u>13,752</u>
Net assets		<u>11,996</u>	<u>13,752</u>
Funds of the charity			
Restricted funds			
Unrestricted funds		11,733	14,674
		<u>263</u>	<u>(922)</u>
Total charity funds	13	<u>11,996</u>	<u>13,752</u>

These financial statements were approved by the board of trustees and authorised for issue on 11 November 2021, and are signed on behalf of the board by:

R Grant
Trustee



The notes on pages 6 to 11 form part of these financial statements.

Age Alive

Notes to the Financial Statements

Year ended 31 March 2021

1. General information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is 100-1010 Commercial Street, Newport, NP20 1LU.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Since the middle of March 2020, the Covid-19 pandemic has seriously affected the UK generally. As a charity we have taken all necessary steps to combat the effects of the virus and to ensure that the charity is able to continue to operate.

Going concern

There are no material uncertainties about the charity's ability to continue.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Restricted funds are subjected to restrictions on their expenditure declared by the donor.

Incoming resources

All income is included in the statement of financial activities when entitlement has passed to the charity, it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured.

Income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.

Age Alive

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

3. Accounting policies *(continued)*

Incoming resources *(continued)*

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.

- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

4. Donations and legacies

	Unrestricted Funds £	Total Funds 2021 £	Unrestricted Funds £	Total Funds 2020 £
Donations				
Members' contributions	784	784	905	905
Other donations	30	30	186	186
	<u>814</u>	<u>814</u>	<u>1,091</u>	<u>1,091</u>

5. Charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Race Council Cymru	-	-	-
Big Lottery Fund - Awards for All	-	-	-
Community Chest	-	-	-
Gwent Association of Voluntary Organisations ICF Grant	-	2,040	2,040
BAWSO	-	2,094	2,094
Moondance Foundation	-	1,158	1,158
South Wales Jamaican Society	371	-	371
	<u>371</u>	<u>5,292</u>	<u>5,663</u>

Age Alive

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

5. Charitable activities *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
Race Council Cymru	100	100	200
Big Lottery Fund - Awards for All	–	9,850	9,850
Community Chest	–	1,064	1,064
Gwent Association of Voluntary Organisations ICF Grant	–	–	–
BAWSO	–	–	–
Moondance Foundation	–	–	–
South Wales Jamaican Society	–	–	–
	<u>100</u>	<u>11,014</u>	<u>11,114</u>

6. Other income

	Unrestricted Funds £	Total Funds 2021 £	Unrestricted Funds £	Total Funds 2020 £
Members' contributions towards trips	–	–	1,297	1,297

7. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Black History Month	–	–	–
Awards for All	–	2,239	2,239
Covid19 BAME Support Grant	–	1,296	1,296
Diversity & Inclusion Policy Training	–	150	150
Walk & Talk Project	–	3,104	3,104
Support costs	–	1,444	1,444
	–	<u>8,233</u>	<u>8,233</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
Black History Month	–	136	136
Awards for All	–	3,723	3,723
Covid19 BAME Support Grant	–	–	–
Diversity & Inclusion Policy Training	–	–	–
Walk & Talk Project	–	–	–
Support costs	4,434	–	4,434
	<u>4,434</u>	<u>3,859</u>	<u>8,293</u>

Age Alive

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

8. Expenditure on charitable activities by activity type

	Activities undertaken directly	Support costs	Total funds 2021	Total fund 2020
	£	£	£	£
Core activities	–	–	–	4,434
Black History Month	–	–	–	136
Awards for All	2,239	286	2,525	3,723
Moondance Foundation	–	1,158	1,158	–
Covid19 BAME Support Grant	1,296	–	1,296	–
Diversity & Inclusion Policy Training	150	–	150	–
Walk & Talk Project	3,104	–	3,104	–
	<u>6,789</u>	<u>1,444</u>	<u>8,233</u>	<u>8,293</u>

9. Analysis of support costs

	Awards for All	Moondance Foundation	Total 2021	Total 2020
	£	£	£	£
Premises	–	388	388	245
Communications and IT	283	157	440	1,310
General office	3	73	76	1,158
Governance costs	–	540	540	540
Travel expenses	–	–	–	1,504
	<u>286</u>	<u>1,158</u>	<u>1,444</u>	<u>4,757</u>

10. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees and no trustee expenses have been incurred.

11. Debtors

	2021	2020
	£	£
Prepayments and accrued income	<u>47</u>	<u>117</u>

12. Creditors: amounts falling due within one year

	2021	2020
	£	£
Accruals and deferred income	625	638
Members' Savings Club creditor	<u>2,599</u>	<u>2,599</u>
	<u>3,224</u>	<u>3,237</u>

Age Alive

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

13. Analysis of charitable funds

Unrestricted funds

	At 1 April 2020	Income	Expenditure	Transfers	At 31 March 2021
	£	£	£	£	£
General funds	(922)	1,185	–	–	263
Members' Trips	–	–	–	–	–
	<u>(922)</u>	<u>1,185</u>	<u>–</u>	<u>–</u>	<u>263</u>

	At 1 June 2019	Income	Expenditure	Transfers	At 31 March 2020
	£	£	£	£	£
General funds	1,399	1,191	(3,029)	(483)	(922)
Members' Trips	(339)	1,297	(1,405)	447	–
	<u>1,060</u>	<u>2,488</u>	<u>(4,434)</u>	<u>(36)</u>	<u>(922)</u>

Restricted funds

	At 1 April 2020	Income	Expenditure	Transfers	At 31 March 2021
	£	£	£	£	£
Awards for All	13,610	–	(2,525)	–	11,085
Black History Month	–	–	–	–	–
Walk & Talk Project	1,064	2,040	(3,104)	–	–
Covid19 BAME Support Grant (via BAWSO)	–	1,944	(1,296)	–	648
Diversity & Inclusion Policy Training (via BAWSO)	–	150	(150)	–	–
Moondance Foundation	–	1,158	(1,158)	–	–
	<u>14,674</u>	<u>5,292</u>	<u>(8,233)</u>	<u>–</u>	<u>11,733</u>

	At 1 June 2019	Income	Expenditure	Transfers	At 31 March 2020
	£	£	£	£	£
Awards for All	7,483	9,850	(3,723)	–	13,610
Black History Month	–	100	(136)	36	–
Walk & Talk Project	–	1,064	–	–	1,064
Covid19 BAME Support Grant (via BAWSO)	–	–	–	–	–
Diversity & Inclusion Policy Training (via BAWSO)	–	–	–	–	–
Moondance Foundation	–	–	–	–	–
	<u>7,483</u>	<u>11,014</u>	<u>(3,859)</u>	<u>36</u>	<u>14,674</u>

Age Alive

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

14. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Current assets	2,862	12,358	15,220
Creditors less than 1 year	(2,599)	(625)	(3,224)
Net assets	<u>263</u>	<u>11,733</u>	<u>11,996</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
Current assets	2,255	14,734	16,989
Creditors less than 1 year	(3,177)	(60)	(3,237)
Net assets	<u>(922)</u>	<u>14,674</u>	<u>13,752</u>