



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From April 1st 2024
To March 31st 2025

Period start date
Period end date

Charity name: Hughes APS Trust

Charity registration number: 1172388

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The purpose of the charity is to improve the understanding, management and diagnosis of Antiphospholipid Syndrome
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The charities activities are focussed on the need to improve understanding and management of the Antiphospholipid (Hughes') Syndrome. These objectives are supported by fundraising, educational activities including website articles and invited articles from its medical expert committee and supporting education and research into the condition through bursaries and grants.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	We can confirm the Trustees have regard to this guidance

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	We have volunteers, patients and medical experts in several countries who help promote the charity and aid fundraising.

Other		
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Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	The charity remains committed to achieving its goals. We continue to have dedicated and committed Trustees. As with all small charities, there have been challenges to fundraising. However, we remain committed to opening sources of fundraising by improving our website and communications and have rebranded. We have employed a PT secretary who we feel sure will help promote the charity and better carry out its day-to-day business. Our social media profile has expanded with >1000 followers on Facebook. Antiphospholipid Syndrome is a life-threatening condition which is not easy to identify, and we strongly consider the charity is of significant benefit to patients and the wider public.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	The Trustees consider the charity is making progress by promoting its sustainability with a more robust management structure while donations continue despite the challenges.
Performance of fundraising activities against objectives set	Para 1.41	Hughes APS Trust has managed to promote fundraising through donations. We will continue to expand our fundraising options as the pandemic eases but have also provided Patients Day to provide information to the wider public, allowing fundraising through several channels.
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity remains solvent and viable, and we hope improvements in its financial position in the coming year as fundraising options improve will occur
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity holds one account. No specific reserves are held separately
Amount of reserves held	Para 1.22	N/A
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Donations from volunteers, patients and shop items including books and cards
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	As with any charity, it is vital that fundraising to meet the objectives of the charity is sustained. The landscape for charities remains difficult especially with the cost of living escalating for everyone. The Trustees remain committed to ensuring the progression of the charity through fundraising.
Other		

Structure, Governance and Management

Description of charity's trusts:		N/A
Type of governing document (trust deed, royal charter)	Para 1.25	N/A
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are recruited on the basis of skills that they can bring to the charity underpinned by knowledge of the condition. Trustees often bring medical knowledge, skills with social media such as Twitter Facebook and particular fundraising experience and skills.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The charity structure comprises Trustees who meet every 3 months, a Chair and a Charity Administrator who meet weekly.
Relationship with any related parties	Para 1.51	N/A
Other		

Reference and Administrative details

Charity name	Hughes APS Trust
Other name the charity uses	
Registered charity number	
Charity's principal address	Hughes APS Trust The Shard TOG 24/25 32 London Bridge Street London. SE1 9SG.

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Prof. Graham Hughes	Founder		All Trustees by majority vote
2	Dr Arvind Kaul	Chair of Trustees		
3	Ms Sandy Hampson	Finance		
4	Dr. Maria Laura Bertolaccini	Finance		
5	Professor Ali Jawad			
6	Ms Madeleine Malik			
7	Mrs Mags Thompson-McCormick			
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Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Accountant	John Cordner	Hammond & Co Chartered Certified Accountants, 74 Blandford Road, Corfe Mullen, Wimborne Dorset, BH21 3HQ.

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	Arvind Kaul	
Full name(s)	Arvind Kaul	
Position (eg Secretary, Chair, etc)	Chair of Trustees	
Date	January 22 nd 2026	

Hughes APS Trust

Accounts

31 March 2025

Hughes APS Trust

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Hughes APS Trust
Business Information

Proprietor

Accountants

Hammond & Co
74 Blandford Road
Corfe Mullen
Wimborne
Dorset
BH21 3HQ

Bankers

Metro Bank

Hughes APS Trust

Approval statement

I approve the accounts which comprise of the Income and Expenditure Account, the Balance Sheet and the related notes. I acknowledge my responsibility for the accounts, including the appropriateness of the applicable financial reporting framework as set out in note 1, and for providing Hammond & Co with all information and explanations necessary for their compilation.

Dr Arvind Kaul

22 January 2026

Hughes APS Trust
Income & Expenditure Account
for the year ended 31 March 2025

	2025	2024
	£	£
Donations and legacies	1,996	3,768
Expenditure		
Fundraising expenses	504	480
Website costs	417	360
Accountants fees	360	600
Bank charges	360	360
Consultancy fees	3,553	2,740
Other legal and professional	60	-
Rent	720	722
Other expenses	35	35
	<hr/> 6,009	<hr/> 5,297
Deficit for the year	<hr/> (4,013)	<hr/> (1,529)

Hughes APS Trust
Balance Sheet
as at 31 March 2025

	Notes	2025 £	2024 £
Current assets			
Stock and work in progress	1,643	1,643	
Bank/building society balances	41,931	45,584	
	<u>43,574</u>	<u>47,227</u>	
Current liabilities			
Trade creditors	1,375	1,375	
Other liabilities and accruals	960	600	
	<u>2,335</u>	<u>1,975</u>	
Net current assets		41,239	45,252
Net assets		<u>41,239</u>	<u>45,252</u>
Funds			
Unrestricted funds brought forward		45,252	46,781
Net deficit for year		(4,013)	(1,529)
		<u>41,239</u>	<u>45,252</u>
Unrestricted funds carried forward			

Hughes APS Trust
Notes to the Accounts
for the year ended 31 March 2025

1 Accounting basis

The accounts have been compiled on a basis that enables income and expenditure to be calculated in accordance with UK Generally Accepted Accounting Practice.

2 Income and expenditure

	2025	2024
	£	£
Income		
Donations and legacies	1,996	3,768
 Rent, rates, power and insurance costs		
Rent	<u>720</u>	<u>722</u>
 Advertising and business entertainment costs		
Fundraising expenses	504	480
Website costs	<u>417</u>	<u>360</u>
	<u>921</u>	<u>840</u>
 Bank, credit card and other finance charges		
Bank charges	<u>360</u>	<u>360</u>
 Accountancy, legal and other professional fees		
Accountants fees	360	600
Other legal and professional	60	-
Consultancy fees	<u>3,553</u>	<u>2,740</u>
	<u>3,973</u>	<u>3,340</u>
 Other business expenses		
Other expenses	<u>35</u>	<u>35</u>

Hughes APS Trust
Notes to the Accounts
for the year ended 31 March 2025

3 Plant, machinery and motor vehicles

	Spare
	£
Cost	
At 1 April 2024	9,202
At 31 March 2025	<u>9,202</u>
Depreciation	
At 1 April 2024	9,202
At 31 March 2025	<u>9,202</u>
Net book value	
At 31 March 2025	<u>-</u>