

Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31st March 2022  
for  
The Graham Hughes International Charity

Hammond & Co  
74 Blandford Road  
Corfe Mullen  
Wimborne  
Dorset  
BH21 3HQ

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for the Year Ended 31st March 2022

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Report of the Trustees  
for the Year Ended 31st March 2022

The trustees present their report with the financial statements of the charity for the year ended 31st March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

## **OBJECTIVES AND ACTIVITIES**

### **Objectives and aims**

The objectives of the charity are:

- \* the relief of sickness and the preservation of health of people with Hughes (Antiphospholipid) Syndrome ("Hughes Syndrome") in particular through the provision of support, education and practical advice to patients their families and carers; and
- \* to advance the education of the general public in all areas relating to Hughes Syndrome.

Hughes Syndrome (also called antiphospholipid syndrome/APS/'sticky blood') is an autoimmune disorder in which the main problem is excess blood clotting. Significantly, as well as clotting in veins, the clots can affect arteries (e.g., stroke, heart attack, angina). In addition, in pregnancy, the "sticky blood" can affect the placenta, leading to recurrent miscarriage.

### **Significant activities**

The charity's activities are focused on the need to improve understanding and management of the Antiphospholipid (Hughes') Syndrome. These objectives are supported by fundraising, educational activities including website articles and invited articles from its medical expert committee and supporting education and research into the condition through bursaries and grants.

Although Hughes Syndrome was only described 36 years ago (1983), it is now recognised as a common cause of stroke, memory loss, cardiac ischaemia, cold circulation, DVT and seizures.

It is also now recognised worldwide as the commonest, treatable cause of pregnancy loss.

### **Volunteers**

We have volunteers, patients and medical experts in several countries who help promote the charity and aid fundraising.

## **ACHIEVEMENT AND PERFORMANCE**

### **Charitable activities**

The charity remains committed to achieving its goals. We continue to have dedicated and committed Trustees. Post-pandemic, there have been numerous challenges to fundraising. However, we remain committed to opening sources of fundraising by improving our website and communications. This will be achieved with the help of a company, Edelman, who have extensive experience and are providing their service free of charge. We have employed a PT secretary who we feel sure will help promote the charity and better carry out its day-to-day business. Our Twitter profile has expanded with some more followers. Antiphospholipid Syndrome is a life-threatening condition which is not easy to identify, and we strongly consider the charity is of significant benefit to patients and the wider public.

The Trustees consider the charity is making progress by promoting its sustainability with a more robust management structure while donations continue despite the pandemic.

## **ACHIEVEMENT AND PERFORMANCE**

### **Fundraising activities**

GHIC has managed to promote fundraising through donations. We will continue to expand our fundraising options as the pandemic eases but have also provided Patients Day to provide information to the wider public, allowing fundraising through several channels.

## **FINANCIAL REVIEW**

### **Financial position**

In 2022, voluntary income was £6,882 (2021 - £17,506) against costs of running the charity of £9,300 (2021 - £5,757). The biggest costs were the consultancy fees to SarcoidosisUK (£2,860) incurred in helping to fundraise for the Charity.

The charity remains solvent and viable, and we hope improvements in its financial position in the coming year as the pandemic eases and fundraising options improve will occur.

### **Principal funding sources**

The Charity's principal source of funds are donations from volunteers, patients and shop items including books and cards.

As with any charity, it is vital that fundraising to meet the objectives of the charity is sustained. The landscape for charities remains difficult especially with the cost of living escalating for everyone. The Trustees remain committed to ensuring the progression of the charity through fundraising.

### **Reserves policy**

The trustees aim to maintain free reserves in unrestricted funds at a level which equates to approximately 6 months of unrestricted charitable expenditure. The trustees consider that this level will provide sufficient funds to respond to applications for grants and ensure that there are sufficient funds available to cover support and governance costs.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Governing document**

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

### **Recruitment and appointment of new trustees**

Trustees are recruited on the basis of skills that they can bring to the charity underpinned by knowledge of the condition. Trustees often bring medical knowledge, skills with social media such as Twitter Facebook and particular fundraising experience and skills.

### **Organisational structure**

The charity structure comprises Trustees who meet once monthly (currently virtually). There is an executive structure which is shared in small part with Sarcoidosis UK. One member of the Sarcoidosis UK team provides defined hours of service per month which are detailed in a monthly invoice sent from Sarcoidosis UK to GHIC.

## **REFERENCE AND ADMINISTRATIVE DETAILS**

### **Registered Charity number**

1172388

The Graham Hughes International Charity

Report of the Trustees  
for the Year Ended 31st March 2022

**Principal address**

The Shard  
TOG 24/25  
32 London Bridge Street  
London  
SE1 9SG

**Trustees**

Dr A Jawad  
M Malik  
Dr A Kaul  
Prof G R Hughes  
Dr L Bertolaccini  
M Thompson-McCormick  
M Foord-Brown  
S Hampson

**Independent Examiner**

Hammond & Co  
74 Blandford Road  
Corfe Mullen  
Wimborne  
Dorset  
BH21 3HQ

Approved by order of the board of trustees on 9th February 2023 and signed on its behalf by:

Dr A Kaul - Trustee

Independent Examiner's Report to the Trustees of  
The Graham Hughes International Charity

**Independent examiner's report to the trustees of The Graham Hughes International Charity**

I report to the charity trustees on my examination of the accounts of The Graham Hughes International Charity (the Trust) for the year ended 31st March 2022.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

John Cordner  
Association of Chartered Certified Accountants  
Hammond & Co  
74 Blandford Road  
Corfe Mullen  
Wimborne  
Dorset  
BH21 3HQ

13th February 2023

The Graham Hughes International Charity

Statement of Financial Activities  
for the Year Ended 31st March 2022

	Notes	31.3.22 Unrestricted fund £	31.3.21 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies		6,475	17,506
Other trading activities	2	407	-
<b>Total</b>		<u>6,882</u>	<u>17,506</u>
<b>EXPENDITURE ON</b>			
Raising funds	3	6,513	2,134
Other		2,787	3,623
<b>Total</b>		<u>9,300</u>	<u>5,757</u>
<b>NET INCOME/(EXPENDITURE)</b>		(2,418)	11,749
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward		34,300	22,551
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>31,882</u></u>	<u><u>34,300</u></u>

The notes form part of these financial statements

The Graham Hughes International Charity

Balance Sheet  
31st March 2022

	Notes	31.3.22 Unrestricted fund £	31.3.21 Total funds £
<b>CURRENT ASSETS</b>			
Stocks	7	1,643	1,643
Cash at bank		33,510	34,421
		<hr/>	<hr/>
		35,153	36,064
 <b>CREDITORS</b>			
Amounts falling due within one year	8	(3,271)	(1,764)
		<hr/>	<hr/>
<b>NET CURRENT ASSETS</b>		31,882	34,300
		<hr/>	<hr/>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		31,882	34,300
		<hr/>	<hr/>
<b>NET ASSETS</b>		31,882	34,300
		<hr/>	<hr/>
<b>FUNDS</b>	9		
Unrestricted funds		31,882	34,300
		<hr/>	<hr/>
<b>TOTAL FUNDS</b>		31,882	34,300
		<hr/>	<hr/>

The financial statements were approved by the Board of Trustees and authorised for issue on 9th February 2023 and were signed on its behalf by:

A Kaul - Trustee



## **1. ACCOUNTING POLICIES**

### **Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

### **Stocks**

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

### **Taxation**

The charity is exempt from tax on its charitable activities.

### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Notes to the Financial Statements - continued  
for the Year Ended 31st March 2022

**2. OTHER TRADING ACTIVITIES**

	31.3.22	31.3.21
	£	£
Shop income	407	-
	<u>          </u>	<u>          </u>

**3. RAISING FUNDS**

**Raising donations and legacies**

	31.3.22	31.3.21
	£	£
Sundries	479	-
Website costs	307	-
Support costs	5,702	2,134
	<u>          </u>	<u>          </u>
	6,488	2,134
	<u>          </u>	<u>          </u>

**4. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31st March 2022 nor for the year ended 31st March 2021.

**Trustees' expenses**

During the year Dr Bertolaccini was reimbursed £306.58 for web hosting costs incurred. No other trustees were reimbursed expenses.

**5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £
<b>INCOME AND ENDOWMENTS FROM</b>	
Donations and legacies	17,506
	<u>          </u>
<b>EXPENDITURE ON</b>	
Raising funds	2,134
Other	3,623
	<u>          </u>
<b>Total</b>	5,757
	<u>          </u>
<b>NET INCOME</b>	11,749
<b>RECONCILIATION OF FUNDS</b>	
<b>Total funds brought forward</b>	22,551

**5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued**

Unrestricted  
fund  
£

**TOTAL FUNDS CARRIED  
FORWARD**

34,300

**6. INTANGIBLE FIXED ASSETS**

Development  
costs  
£

**COST**

At 1st April 2021 and  
31st March 2022

9,202

**AMORTISATION**

At 1st April 2021 and  
31st March 2022

9,202

**NET BOOK VALUE**

At 31st March 2022

-

At 31st March 2021

-

**7. STOCKS**

31.3.22

31.3.21

£

£

Finished goods

1,643

1,643

Notes to the Financial Statements - continued  
for the Year Ended 31st March 2022

**8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.22 £	31.3.21 £
Trade creditors	2,300	-
Other creditors	971	1,764
	<u>3,271</u>	<u>1,764</u>

**9. MOVEMENT IN FUNDS**

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
<b>Unrestricted funds</b>			
General fund	34,300	(2,418)	31,882
<b>TOTAL FUNDS</b>	<u>34,300</u>	<u>(2,418)</u>	<u>31,882</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	6,882	(9,300)	(2,418)
<b>TOTAL FUNDS</b>	<u>6,882</u>	<u>(9,300)</u>	<u>(2,418)</u>

**Comparatives for movement in funds**

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
<b>Unrestricted funds</b>			
General fund	22,551	11,749	34,300
<b>TOTAL FUNDS</b>	<u>22,551</u>	<u>11,749</u>	<u>34,300</u>

Notes to the Financial Statements - continued  
for the Year Ended 31st March 2022

**9. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	17,506	(5,757)	11,749
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>17,506</u>	<u>(5,757)</u>	<u>11,749</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.20 £	Net movement in funds £	At 31.3.22 £
<b>Unrestricted funds</b>			
General fund	22,551	9,331	31,882
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>22,551</u>	<u>9,331</u>	<u>31,882</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	24,388	(15,057)	9,331
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>24,388</u>	<u>(15,057)</u>	<u>9,331</u>

**10. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31st March 2022.

Detailed Statement of Financial Activities  
for the Year Ended 31st March 2022

	31.3.22 £	31.3.21 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	6,384	17,385
Gift aid	91	121
	<hr/>	<hr/>
	6,475	17,506
<b>Other trading activities</b>		
Shop income	407	-
	<hr/>	<hr/>
<b>Total incoming resources</b>	6,882	17,506
<b>EXPENDITURE</b>		
<b>Raising donations and legacies</b>		
Sundries	479	-
Website costs	307	-
	<hr/>	<hr/>
	786	-
<b>Other</b>		
Bank charges	360	260
Sundry expenses	39	480
Rent	724	728
Insurance	567	487
	<hr/>	<hr/>
	1,690	1,955
<b>Support costs</b>		
<b>Information technology</b>		
Subscription costs	25	-
Development costs	-	659
	<hr/>	<hr/>
	25	659
<b>Other</b>		
Consultancy fees	5,702	2,134
<b>Governance costs</b>		
Independent examiner's fee	1,012	924
Carried forward	1,012	924

The Graham Hughes International Charity

Detailed Statement of Financial Activities  
for the Year Ended 31st March 2022

	31.3.22 £	31.3.21 £
<b>Governance costs</b>		
Brought forward	1,012	924
No description	85	85
	<hr/> 1,097	<hr/> 1,009
Total resources expended	<hr/> 9,300	<hr/> 5,757
<b>Net (expenditure)/income</b>	<hr/> (2,418)	<hr/> 11,749

This page does not form part of the statutory financial statements