

Charity registration number: 1172378

The Attachment Research Community CIO

Annual Report and Financial Statements

for the Year Ended 5 April 2023



The Attachment Research Community CIO

Contents (continued)

Reference and Administrative Details	1
Trustees' Report	2 to 6
Independent Examiner's Report	7
Statement of Financial Activities	8
Balance Sheet	9
Notes to the Financial Statements	10 to 16

The Attachment Research Community CIO

Reference and Administrative Details

Trustees	A R Wright (Chair) R J Parker A M McBlain K M Brooks N R Mort M Salter S Scott G Brenton J O Brooks J E Cahill OBE J Hickman A Thacker L Miles D D Roberts
Senior Management / Leadership Team	Mr M Flowers and Ms T Boneham (Setsquare Creative Solutions Limited), Communication and media management Mr P Cox, Head of governance
Charity Registration Number	1172378
Principal Office	c/o Office 1 Shrieves Walk Sheep Street Stratford upon Avon Warwickshire CV37 6GJ
Independent Examiner	CBSL Accountants Limited Chartered Accountant Rowan House North 1 The Professional Quarter Shrewsbury Business Park Shrewsbury Shropshire SY2 6LG

The Attachment Research Community CIO

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 5 April 2023.

Trustees

The Trustees who served during the year are as follows:

A R Wright (Chair)

R J Parker

A M McBlain

K M Brooks

N R Mort

M Salter

S Scott

E A Watt (resigned 26 April 2023)

G Brenton

J O Brooks

J E Cahill OBE

J Hickman

A Thacker

L Miles (appointed 21 September 2022)

D D Roberts (appointed 17 May 2023)

M Doonan (appointed 21 September 2022 and resigned 3 April 2023)

Objectives and activities

Objects and aims

The charity was registered with the Charity Commission as a charitable incorporated organisation on 3 April 2017.

The objects of The Attachment Research Community (ARC) are to advance in life and relieve the charitable needs of children and young people with unmet attachment needs including (but without limitation) by:

1. promoting support to such children and young people in schools and other educational settings, including by promoting such support to families and carers;
2. promoting good practice to improve the outcomes for and opportunities and development of children and young people with unmet attachment needs;
3. promoting good practice to minimise school exclusion of children with identified attachment needs;
4. sharing and disseminating the findings of academic research with schools, the government, regulators, training providers, families, carers, specialist media and the public generally in order to raise awareness of and encourage the development of practises to assist and support children and young people with attachment needs.

The Attachment Research Community CIO

Trustees' Report (continued)

The charity aims to meet its charitable objects through its membership resources, which include a monthly newsletter, access to the website including online tools, case study examples, regional forums and the Annual Conference.

ARC works in partnership with a number of parties including the National Association of Virtual School Head Teachers (NAVSH), WMVS Children in Care Foundation, the REES Centre for Research in Fostering and Education and the University of Oxford. ARC has also launched its first learning hub in collaboration with Hope School, Liverpool, which in 2022 began an attachment and trauma project with 10 schools in Liverpool in conjunction with Liverpool Virtual School and are actively launching hub schools across the country.

Objectives, strategies and activities

The ARC national conference, held every November, provides a focus and meeting point for members. ARC is currently preparing for the eighth annual conference which is CPD certified. Key note speakers will include Ashley John-Baptiste, Ed Tronick and Adam Saenz. All conferences, live or online, have been well attended by members and non-members and have stimulated a great deal of interest and promotion of new memberships. Previous keynote speakers have included Dr Bessel Van der Kolk, David Whitaker, Dr Margot Sunderland, Dr Janet Rose, Prof Jeremy Holmes, Dr Andrew Rogers, Kate Cairns, Prof Judy Sebba and Kriss Akabusi MBE, Dr Stephen Porges, Dr Tom Brunzell, Steven Baker and Mick Simpson with workshops from schools, trainers and other professionals. At the 2022 hybrid conference, ARC continued to promote its objective of all schools being attachment and trauma aware by 2025 and in particular:

- Supporting schools to become attachment and trauma aware
- Enhancing existing and potential collaborative communities of support
- Collating and providing a national platform for research and practice
- Helping to provide and extend a national voice for attachment and trauma
- Recognising, celebrating and sharing best practice.

The annual Alex Timpson Award continues to raise interest in attachment and trauma aware schools and at the 2023 annual conference the seventh set of awards will be announced, with categories including Early Years, Primary, Secondary, Post 16, Special and PRU and Collaborative work.

Regional workshops have created further opportunities for education leaders to learn of the benefits, systems and processes required to develop a nurturing, inclusive, attachment and trauma aware environment.

The trustees have future plans to develop ARC across the UK with regional operational groups and events. The launch of the Call to Action campaign began in May 2021. This was followed by a campaign film, parliamentary petition and linking with members of parliament to discuss the recommendations. The recommendations of the call to action are for better support for a core understanding of attachment and trauma to enable school leaders and the whole workforce to create a culture that supports vulnerable children to build trusting relationships, resilience and enables all children to achieve their potential. In 2022, the Call to Action campaign was launched in parliament at the House of Commons along with round table discussions held in early 2023.

Fundraising disclosures

The ARC trustees thank the Alex Timpson Trust (ATT) for the generous support in 2022/23 and for the forthcoming year.

The charity does not carry out significant fundraising activities with the general public and does not use a professional fundraiser or commercial participator to carry out fundraising.

The Attachment Research Community CIO

Trustees' Report (continued)

Public benefit

ARC has developed an online infrastructure called the Matrix which works together with the ARC pathway to support schools and settings audit their current practice, create development plans and implement action research projects, within their settings or across multiple settings.

The Matrix is a detailed assessment and planning structure for understanding and developing a setting's work on attachment and trauma. It has three strands: individual, institutional and community, three foci: people, process and outcomes and will support the ARC awards through its three levels: bronze, silver and gold, which recognises the steps that have been taken; from training staff through to offering support to others. It has been aligned to the Ofsted Education Inspection Framework (EIF) and the National Professional Qualifications (NPQ) framework to ensure it supports both school strategic self-evaluation form (SEF) and school development plan (SDP/SIP), and individual staff planning.

An extensive monthly newsletter goes out to all members and the wider community with the aim of both updating and reporting on regional developments.

Considerable investment has been made in website development with the aim of ensuring that all practitioners can share learning as widely and as easily as possible. ARC's website offers support to anyone interested in being an attachment aware school or setting with additional benefits for members.

The ARC Audit, ARC Pathway and ARC Matrix, a range of self assessment tools that will align schools to Ofsted grading criteria and allow senior leadership teams to work in a concise manner when approaching attachment and trauma, launched to members in the 2021/22 Autumn term. This newly extended membership offer creates further professional development opportunities and raising ARC's profile within the education community.

The public website offers advice on commissioning training - what to look for from a trainer, what is attachment and why does it matter? - with written and filmed explanation and examples.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Financial review

The charity's income increased for the year ended 5 April 2023 with the annual conference held in November 2022 generating income of £91,601 (2022 - £47,902). Membership numbers at 5 April 2023 totalled 430 (2022 - 424) and income from memberships for the year totalled £73,250 (2022 - £71,000).

Overall the charity made a deficit for the year of £9,677 (2022 - £2,489) after having allocated resources to the development of the Matrix framework £1,500 (2022 - £8,034) and looking to the current and future strategy of the charity and how it will continue to support its members £15,625 (2022 - £15,981).

Net assets at 5 April 2023 totalled £67,109 (2022 - £76,786).

Policy on reserves

The trustees recognise the need for a reasonable level of financial reserves in order to protect the charity from the possibility of any adverse or unforeseen circumstances that could arise.

Unrestricted reserves held at 5 April 2023 enable the charity to continue for at least a further 12 months in the event that there was a significant drop in income. The trustees are taking appropriate steps over the next financial year to maintain the level of these reserves to meet the future needs of the charity.

The Attachment Research Community CIO

Trustees' Report (continued)

Structure, governance and management

Nature of governing document

The charity is a charitable incorporated organisation - association and is governed by the constitution dated 3 April 2017, as amended by a written resolution dated 14 September 2017.

The charity was registered as The Attachment Response Community and renamed during the year ended 5 April 2019 to The Attachment Research Community.

Recruitment and appointment of trustees

As set out in the constitution, there must be at least three charity trustees. At every annual general meeting of the members of ARC, one third of the charity trustees shall retire from office but will be eligible for reappointment. Each new trustee will receive a copy of the constitution and the latest annual report and statement of accounts prior to their appointment.

Organisational structure

The members of ARC have no liability to contribute to the charity's assets and no personal responsibility for the settlement of its debts.

The Attachment Research Community CIO

Trustees' Report (continued)

Statement of Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

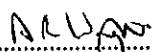
The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The annual report was approved by the trustees of the charity on 24/12/23 and signed on its behalf by:


.....
A R Wright (Chair)
Trustee

The Attachment Research Community CIO

Independent Examiner's Report to the trustees of The Attachment Research Community CIO

I report to the trustees on my examination of the accounts of The Attachment Research Community CIO for the year ended 5 April 2023.

Responsibilities and basis of report

As the charity trustees of The Attachment Research Community CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

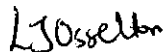
I report in respect of my examination of the The Attachment Research Community CIO's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of The Attachment Research Community CIO as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....
Mrs L J Osselton FCA
Chartered Accountant
ICAEW

Rowan House North
1 The Professional Quarter
Shrewsbury Business Park
Shrewsbury
Shropshire
SY2 6LG

Date: 22 December 2023

The Attachment Research Community CIO

Statement of Financial Activities for the Year Ended 5 April 2023

	Note	Unrestricted £	Total 2023 £
Income and Endowments from:			
Charitable activities	3	164,851	164,851
Expenditure on:			
Charitable activities	4	<u>(174,528)</u>	<u>(174,528)</u>
Total Expenditure		<u>(174,528)</u>	<u>(174,528)</u>
Net movement in funds		(9,677)	(9,677)
Reconciliation of funds			
Total funds brought forward		<u>76,786</u>	<u>76,786</u>
Total funds carried forward	14	<u>67,109</u>	<u>67,109</u>

	Note	Unrestricted funds £	Total 2022 £
Income and Endowments from:			
Donations and legacies		5,000	5,000
Charitable activities		<u>118,902</u>	<u>118,902</u>
Total income		<u>123,902</u>	<u>123,902</u>
Expenditure on:			
Charitable activities		<u>(126,391)</u>	<u>(126,391)</u>
Total expenditure		<u>(126,391)</u>	<u>(126,391)</u>
Net expenditure		<u>(2,489)</u>	<u>(2,489)</u>
Net movement in funds		(2,489)	(2,489)
Reconciliation of funds			
Total funds brought forward		<u>79,275</u>	<u>79,275</u>
Total funds carried forward	14	<u>76,786</u>	<u>76,786</u>

All of the charity's activities derive from continuing operations during the above two periods.
The funds breakdown for 2022 is shown in note 14.

The Attachment Research Community CIO

**(Registration number: 1172378)
Balance Sheet as at 5 April 2023**

	Note	2023 £	2022 £
Current assets			
Debtors	11	40,866	25,479
Cash at bank and in hand	12	<u>93,766</u>	<u>64,940</u>
		134,632	90,419
Creditors: Amounts falling due within one year	13	<u>(67,523)</u>	<u>(13,633)</u>
Net assets		<u>67,109</u>	<u>76,786</u>
Funds of the charity:			
Unrestricted income funds			
Unrestricted funds		<u>67,109</u>	<u>76,786</u>
Total funds	14	<u>67,109</u>	<u>76,786</u>

The financial statements on pages 8 to 16 were approved by the trustees, and authorised for issue on 24.4.23 and signed on their behalf by:

ARW
A R Wright (Chair)
Trustee

The Attachment Research Community CIO

Notes to the Financial Statements for the Year Ended 5 April 2023

1 Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

The Attachment Research Community CIO meets the definition of a public benefit entity under FRS 102. The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

Charitable activities

Income from charitable activities is recognised when the charity becomes entitled to the resources, the trustees are virtually certain they will receive the resources and the monetary value can be measured with sufficient reliability.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources and depreciation charges allocated on the portion of the asset's use.

The Attachment Research Community CIO

Notes to the Financial Statements for the Year Ended 5 April 2023 (continued)

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Grant provisions

Provisions for grants are made when the intention to make a grant has been communicated to the recipient but there is uncertainty about either the timing of the grant or the amount of grant payable.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

The Attachment Research Community CIO

Notes to the Financial Statements for the Year Ended 5 April 2023 (continued)

2 Income from donations and legacies

	Total 2023 £	Total 2022 £
Grants, including capital grants;		
Grants from other charities	-	5,000
	-	5,000

3 Income from charitable activities

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Conferences	91,601	91,601	47,902
Membership	73,250	73,250	71,000
	164,851	164,851	118,902

4 Expenditure on charitable activities

		Unrestricted General £	Total 2023 £	Total 2022 £
Conferences		89,726	89,726	37,159
Membership	5	23,811	23,811	30,235
Grant funding of activities		1,000	1,000	-
Allocated support costs	6	35,970	35,970	33,697
Governance costs	6	24,021	24,021	25,300
		174,528	174,528	126,391

The support costs associated with grant-making are £Nil (5 April 2022 - £Nil).

The Attachment Research Community CIO

Notes to the Financial Statements for the Year Ended 5 April 2023 (continued)

5 Analysis of membership activity costs

		Unrestricted		
	Note	General £	Total 2023 £	Total 2022 £
Telephone and fax		1,291	1,291	1,162
IT costs		8,910	8,910	4,828
Training and development		2,047	2,047	-
Communication, media management and office costs		10,063	10,063	16,105
Matrix framework costs		1,500	1,500	8,034
Consultancy fees		-	-	106
		<u>23,811</u>	<u>23,811</u>	<u>30,235</u>

6 Analysis of governance and support costs

Other resources expended

		Unrestricted		
		General £	Total 2023 £	Total 2022 £
Administrative support costs		35,618	35,618	33,436
Bank charges		352	352	261
		<u>35,970</u>	<u>35,970</u>	<u>33,697</u>

The Attachment Research Community CIO

Notes to the Financial Statements for the Year Ended 5 April 2023 (continued)

Governance costs

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Independent examiner fees			
Examination of the financial statements	1,070	1,070	1,087
Other governance costs	<u>22,951</u>	<u>22,951</u>	<u>24,213</u>
	<u>24,021</u>	<u>24,021</u>	<u>25,300</u>

Other governance costs relate to: administrative support and provision of governance advice to the Trustees £6,919 (2022 - £7,650), Strategy development and Call to Action costs of £15,625 (2022 - £15,981), travel costs reimbursed to Trustee £nil (2022 - £179) and insurance £407 (2022 - £403).

7 Trustees remuneration and expenses

During the year the charity made the following transactions with trustees:

T Clifford

£Nil (2022: £179) of expenses were reimbursed to T Clifford during the year.

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

8 Staff costs

The charity had no employees during the period.

The charity receives support with administrative matters from Mr P Cox, a self-employed consultant. Costs of £13,838 (2022 - £15,300) were paid to Mr P Cox during the period and classified as administrative support costs.

9 Independent examiner's remuneration

	2023 £	2022 £
Examination of the financial statements	<u>1,070</u>	<u>1,087</u>

The Attachment Research Community CIO

Notes to the Financial Statements for the Year Ended 5 April 2023 (continued)

10 Taxation

The charity is a registered charity and is therefore exempt from taxation.

11 Debtors

	2023 £	2022 £
Trade debtors	21,575	20,820
Prepayments	19,291	4,659
	<u>40,866</u>	<u>25,479</u>

12 Cash and cash equivalents

	2023 £	2022 £
Cash at bank	93,766	64,940

13 Creditors: amounts falling due within one year

	2023 £	2022 £
Trade creditors	34,687	11,195
VAT payable	2,952	1,550
Accruals	1,434	888
Deferred income	28,450	-
	<u>67,523</u>	<u>13,633</u>

	2023 £
Resources deferred in the period	<u>28,450</u>

Deferred income as at 5 April 2023 relates to conference income for the 2023 conference invoiced during the period to be released in the year ended 5 April 2024.

The Attachment Research Community CIO

Notes to the Financial Statements for the Year Ended 5 April 2023 (continued)

14 Funds

	Balance at 6 April 2022 £	Incoming resources £	Resources expended £	Balance at 5 April 2023 £
Unrestricted				
General	<u>76,786</u>	<u>164,851</u>	<u>(174,528)</u>	<u>67,109</u>
	Balance at 6 April 2021 £	Incoming resources £	Resources expended £	Balance at 5 April 2022 £
Unrestricted				
General	<u>79,275</u>	<u>123,902</u>	<u>(126,391)</u>	<u>76,786</u>

15 Analysis of net assets between funds

	Unrestricted funds General £	Total funds at 5 April 2023 £
Current assets	134,632	134,632
Current liabilities	<u>(67,523)</u>	<u>(67,523)</u>
Total net assets	<u>67,109</u>	<u>67,109</u>
	Unrestricted funds General £	Total funds at 5 April 2022 £
Current assets	90,419	90,419
Current liabilities	<u>(13,633)</u>	<u>(13,633)</u>
Total net assets	<u>76,786</u>	<u>76,786</u>