

# THE ATTACHMENT RESEARCH COMMUNITY

England & Wales · Charity number 1172378

## Details

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Other names	ATTACHMENT RESEARCH COMMUNITY, ATTACHMENT RESPONSE COMMUNITY, THE ATTACHMENT RESPONSE COMMUNITY
Status	Registered
Legal form	CIO
Registered	2017-04-03
Register	<a href="#">View on the Charity Commission register</a>

## Contact

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Email	<a href="mailto:admin@the-arc.org.uk">admin@the-arc.org.uk</a>
Website	<a href="http://the-arc.org.uk">the-arc.org.uk</a>

## Activities

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**Objects:** THE OBJECTS OF THE CIO ARE TO ADVANCE IN LIFE AND RELIEVE THE CHARITABLE NEEDS OF CHILDREN AND YOUNG PEOPLE WITH UNMET ATTACHMENT NEEDS INCLUDING (BUT WITHOUT LIMITATION) BY: PROMOTING SUPPORT TO SUCH CHILDREN AND YOUNG PEOPLE IN SCHOOLS AND OTHER EDUCATIONAL SETTINGS, INCLUDING BY PROMOTING SUCH SUPPORT TO FAMILIES AND CARERS; PROMOTING GOOD PRACTICE TO IMPROVE THE OUTCOMES FOR AND OPPORTUNITIES AND DEVELOPMENT OF CHILDREN AND YOUNG PEOPLE WITH UNMET ATTACHMENT NEEDS; PROMOTING GOOD PRACTICE TO MINIMISE SCHOOL EXCLUSION OF CHILDREN WITH IDENTIFIED ATTACHMENT NEEDS; SHARING AND DISSEMINATING THE FINDINGS OF ACADEMIC RESEARCH WITH SCHOOLS, THE GOVERNMENT, REGULATORS, TRAINING PROVIDERS, FAMILIES, CARERS, SPECIALIST MEDIA AND THE PUBLIC GENERALLY IN ORDER TO RAISE AWARENESS OF AND ENCOURAGE THE DEVELOPMENT OF PRACTISES TO ASSIST AND SUPPORT CHILDREN AND YOUNG PEOPLE WITH ATTACHMENT NEEDS.

**Activities:** Supporting children and young people with unmet attachment needs in schools and other educational settings. Promoting good practice to improve outcomes for children and young people with unmet

attachment needs. Sharing and disseminating research in order to raise awareness of and encourage the development of practices that assist children and young people with unmet attachment needs.

## Classification

- **How:** Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Children/young People

## Geography

- Throughout England And Wales

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-05	£314,249	£326,160	-	-
2024-04-05	£242,826	£203,735	-	-
2023-04-05	£164,851	£174,528	-	-
2022-04-05	£123,902	£126,391	-	-
2021-04-05	£75,838	£98,078	-	-

## Trustees

Name	Role	Appointed
<b>Andrew Richard Wright OBE</b>	Chair	2018-05-08
Adele Thacker		2022-02-08
Anne-Marie McBlain		2018-05-09
Dee Dee Roberts		2023-05-17
Dr Lisa Gentle		2025-03-24
Hayley Clacy		2024-10-15
Matthew Cooke		2025-01-22
Maxine O'Neill		2025-03-18
Michelle Salter		2021-01-27

**THE ATTACHMENT RESEARCH COMMUNITY**

England & Wales - Charity number 1172378

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# Accounts

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Charity registration number: 1172378

# The Attachment Research Community CIO

Annual Report and Financial Statements

for the Year Ended 5 April 2025



# The Attachment Research Community CIO

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## The Attachment Research Community CIO

### Reference and Administrative Details

<b>Trustees</b>	A R Wright OBE (Chair) A M McBlain M Salter H Clacy M Cooke L Gentle M O'Neill D D Roberts A Thacker
<b>Senior Management / Leadership Team</b>	Mr M Flowers (Setsquare Creative Solutions Limited), Communication and media management
<b>Charity Registration Number</b>	1172378
<b>Principal Office</b>	c/o Office 1 Shrieves Walk Sheep Street Stratford upon Avon Warwickshire CV37 6GJ
<b>Independent Examiner</b>	CBSL Accountants Limited Chartered Accountant Rowan House North 1 The Professional Quarter Shrewsbury Business Park Shrewsbury Shropshire SY2 6LG

# The Attachment Research Community CIO

## Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 5 April 2025.

### Trustees

The Trustees who served during the year are as follows:

A R Wright OBE (Chair)

R J Parker (resigned 1 January 2026)

A M McBlain

K M Brooks (resigned 4 November 2024)

N R Mort (resigned 3 June 2025)

M Salter

S Scott (resigned 31 October 2024)

J O Brooks (resigned 13 July 2025)

J E Cahill OBE (resigned 19 October 2025)

H Clacy (appointed 15 October 2024)

M Cooke (appointed 22 January 2025)

J Hickman (resigned 30 September 2025)

L Gentle (appointed 24 March 2025)

M O'Neill (appointed 18 March 2025)

D D Roberts

A Thacker

### Objectives and activities

#### *Objects and aims*

The charity was registered with the Charity Commission as a charitable incorporated organisation on 3 April 2017.

The objects of The Attachment Research Community (ARC) are to advance in life and relieve the charitable needs of children and young people with unmet attachment needs including (but without limitation) by:

1. promoting support to such children and young people in schools and other educational settings, including by promoting such support to families and carers;
2. promoting good practice to improve the outcomes for and opportunities and development of children and young people with unmet attachment needs;
3. promoting good practice to minimise school exclusion of children with identified attachment needs;
4. sharing and disseminating the findings of academic research with schools, the government, regulators, training providers, families, carers, specialist media and the public generally in order to raise awareness of and encourage the development of practises to assist and support children and young people with attachment needs.

## The Attachment Research Community CIO

### Trustees' Report (continued)

The charity aims to meet its charitable objective through its growing and developing membership resources and offer. This includes a monthly newsletter, access to research reports and resources including case studies on the ARC website, a learning programme integrating webinars, national advisory groups, regional events and the Annual Conference.

ARC works with a large number of partners including the National Association of Virtual Head Teachers (NAVSH), WMVS Children In Care Foundation, the REES Centre for Research at the University of Oxford, the Association of School and College Leaders (ASCL), Nurture UK, and a range of third sector organisations.

The well-established Learning Programme provides national coverage, across all phases of education, webinars and face-to-face events. This reflects the growth of schools which have embedded relational approaches, including being trauma-informed and attachment aware, demonstrating the strength of ARC Pathway 'Gold' standard settings.

The annual ARC Timpson Awards have developed into five regional awards both reflecting and celebrating this growth. The five regions (North East, North West, Midlands, South East & London, South West) have encouraged more settings to engage in this work and have laid the foundations for further expansion across the UK, including Northern Ireland, Scotland and Wales next year. The regional winners were shortlisted for the national awards (Early Years, Primary, Secondary, Post 16, Special & Alternative Provision and Collaborative), which are presented at the Annual Conference.

#### *Objectives, strategies and activities*

The ARC Annual Conference, held every November, provides local, regional, national and international good practice, providing a strong meeting point for members. This event continues to sell out and is enhanced by a range of business partners who exhibit and share their offer. The event is CPD certified and includes presentations from Marie Gentles OBE, Daniel Wilshier, Tom Shaw, Maureen Mulholland, Damian Matthews, Dr Adele Thacker, Dr Anne-Marie McBlain, Dr Dan Belcher, Dr Asha Patel, Neil Moggan, Roger Mitchell, Calvin Kipling MBE, Richard Gill CBE and leaders from past ARC Timpson Award winners. In previous years presenters have included Baroness Floella Benjamin, Paul Dix, Kriss Akabusi MBE, Dr Janet Rose, Kate Cairns, Ashley John-Baptiste, Edward Tronick, Adam Saenz, Dr Bessel van der Kolk, Dr Mona Delahooke, David Whitaker.

ARC continues to promote its objectives:

- Supporting schools to become attachment and trauma aware
- Enhancing existing and potential collaborative communities of support
- Collating and providing a national platform for research and practice
- Helping to provide and extend a national voice for attachment and trauma
- Recognising, celebrating and sharing best practice.

In addition to the ARC Timpson Awards, regional and national, ARC host a number of forums and learning events. This includes Phase networks, Educational Psychologists Forum, HE & Research Forum, TIAAS Roundtable Forum and research symposiums. These have created a wealth of opportunities for system leaders to learn of the benefits, approaches and processes required to develop relational based, nurturing and inclusive settings which are trauma informed and attachment aware. The introduction of volunteer ARC Ambassadors has enabled the charity to further extend its activities.

## **The Attachment Research Community CIO**

### **Trustees' Report (continued)**

The Trustees continue to use their expertise to further develop the offer to members. There is work across the five regions to help to strategically develop inclusive approaches that support local need and are enhanced by a programme of events, building on the success of the South East & London regional conference.

This proactive approach has allowed ARC to work with an extensive range of national groups including the Department for Education, the Ministry of Justice, the Restorative Justice Council (RJC), ASCL, NAVSH, National Association of Head Teachers (NAHT), National Education Union (NEU) and a number of All Party Political Groups (APPG). The 'Engaging Our Children' document, written in partnership with the RJC, has provided a catalyst for discussions and developments across education, health, social care and criminal justice to challenge the system supporting our children and young people to be more connected.

#### ***Fundraising disclosures***

The ARC Trustees thank the Alex Timpson Trust (ATT) for their continued and generous support each year which is greatly appreciated by the recipients of the national awards

Similarly, the ARC Trustees thank Equal Education for their generous support in the development of the regional awards.

The charity does not carry out significant fundraising activities with the general public and does not use a professional fundraiser or commercial participator to carry out fundraising.

#### ***Public benefit***

ARC has developed a framework and online infrastructure to support schools and settings in their trauma informed work. The ARC Pathway enables each setting to follow their relational journey, celebrating the milestones of achievement from Bronze, through Silver to Gold. The digital Self Evaluation Form [SEF] (Audit) enables the leadership to reflect on their current practice, create development plans, identify training needs and implement action projects for their setting. The ARC Matrix further helps individuals, schools/settings and learning communities (MAT's/Virtual Schools/Geographical) to document their work and progress.

This framework is continually reviewed and refined via the ARC Educational Psychology national forum alongside ARC Trustees. This ensures that it is informed by, and is aligned to, the Schools Ofsted Inspection Framework, the ILACS Framework and the National Professional Qualifications (NPQ) Framework. This allows each setting to integrate with other SEF processes and development plans providing a more extensive and complementary approach.

An extensive monthly newsletter goes out to all members and the wider community helping to inform, update and enthuse all around local, regional and national developments and approaches. This newsletter has regular features (eg Spotlight On Solutions, Focus On Learning Hubs, Meet the ARC Ambassadors etc.) as well as raising awareness of the ARC Learning Programme and forthcoming events.

## The Attachment Research Community CIO

### Trustees' Report (continued)

The ARC website continues to be extended and developed with the aim of ensuring all practitioners can share learning widely and as easily as possible. Furthermore, the website offers extensive information and support to anyone interested in developing relational approaches and being an attachment aware school or setting. It also outlines the extensive benefits of membership to ARC.

The introduction of the training provider signposting service continues to grow and provides an extensive information on a range of organisations.

The public website offers advice on commissioning training - what to look for from a trainer, what is attachment aware, why it matters, and how this links to other similar areas such as nurturing, inclusion, relational, restorative, resilient.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

#### **Financial review**

The charity's income increased for the year ended 5 April 2025 with the Annual Conference held in November 2024 generating income of £152,639 (2024 - £80,552) and the Regional Conference in March 2024 £1,940 (2024 - £38,099). Membership numbers at 5 April 2025 totalled 639 (2024 - 1,450) and income from memberships for the year totalled £149,050 (2024 - £101,218).

The charity supported new consultancy roles to develop partnerships at a cost of £57,362 (2024 - £nil).

Overall the charity made a deficit for the year of £11,911 (2024 - surplus of £39,091).

Net assets at 5 April 2025 totalled £94,289 (2024 - £106,200).

#### ***Policy on reserves***

The trustees recognise the need for a reasonable level of financial reserves in order to protect the charity from the possibility of any adverse or unforeseen circumstances that could arise.

Unrestricted reserves held at 5 April 2025 enable the charity to continue for at least a further 12 months in the event that there was a significant drop in income. The trustees are taking appropriate steps over the next financial year to maintain the level of these reserves to meet the future needs of the charity.

#### **Structure, governance and management**

##### ***Nature of governing document***

The charity is a charitable incorporated organisation - association and is governed by the constitution dated 3 April 2017, as amended by a written resolution dated 14 September 2017.

The charity was registered as The Attachment Response Community and renamed during the year ended 5 April 2019 to The Attachment Research Community.

##### ***Recruitment and appointment of trustees***

As set out in the constitution, there must be at least three charity trustees. At every annual general meeting of the members of ARC, one third of the charity trustees shall retire from office but will be eligible for reappointment. Each new trustee will receive a copy of the constitution and the latest annual report and statement of accounts prior to their appointment.

## The Attachment Research Community CIO

### Trustees' Report (continued)

#### *Organisational structure*

The members of ARC have no liability to contribute to the charity's assets and no personal responsibility for the settlement of its debts.

#### **Statement of Responsibilities**

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

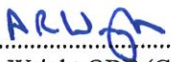
The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The annual report was approved by the trustees of the charity on 25/1/25..... and signed on its behalf by:

  
.....  
A R Wright OBE (Chair)  
Trustee

## The Attachment Research Community CIO

### Independent Examiner's Report to the trustees of The Attachment Research Community CIO

I report to the trustees on my examination of the accounts of The Attachment Research Community CIO for the year ended 5 April 2025.

#### Responsibilities and basis of report

As the charity trustees of The Attachment Research Community CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the The Attachment Research Community CIO's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

#### Independent examiner's statement

Since The Attachment Research Community CIO's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of The Attachment Research Community CIO as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*L J Osselton*

.....  
Mrs L J Osselton FCA  
Chartered Accountant  
ICAEW

Rowan House North  
1 The Professional Quarter  
Shrewsbury Business Park  
Shrewsbury  
Shropshire  
SY2 6LG

Date: *25 January 2026*

## The Attachment Research Community CIO

### Statement of Financial Activities for the Year Ended 5 April 2025

	Note	Unrestricted £	Total 2025 £
<b>Income and Endowments from:</b>			
Donations and legacies	2	5,000	5,000
Charitable activities	3	<u>309,249</u>	<u>309,249</u>
Total Income		<u>314,249</u>	<u>314,249</u>
<b>Expenditure on:</b>			
Charitable activities	5	<u>(326,160)</u>	<u>(326,160)</u>
Total Expenditure		<u>(326,160)</u>	<u>(326,160)</u>
Net movement in funds		(11,911)	(11,911)
<b>Reconciliation of funds</b>			
Total funds brought forward		<u>106,200</u>	<u>106,200</u>
Total funds carried forward	16	<u><u>94,289</u></u>	<u><u>94,289</u></u>

	Note	Unrestricted funds £	Total 2024 £
<b>Income and Endowments from:</b>			
Donations and legacies		22,956	22,956
Charitable activities		219,869	219,869
Investment income	4	<u>1</u>	<u>1</u>
Total income		<u>242,826</u>	<u>242,826</u>
<b>Expenditure on:</b>			
Charitable activities		<u>(203,735)</u>	<u>(203,735)</u>
Total expenditure		<u>(203,735)</u>	<u>(203,735)</u>
Net income		<u>39,091</u>	<u>39,091</u>
Net movement in funds		39,091	39,091
<b>Reconciliation of funds</b>			
Total funds brought forward		<u>67,109</u>	<u>67,109</u>
Total funds carried forward	16	<u><u>106,200</u></u>	<u><u>106,200</u></u>

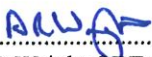
All of the charity's activities derive from continuing operations during the above two periods.  
The funds breakdown for 2024 is shown in note 16.

**The Attachment Research Community CIO**

**(Registration number: 1172378)  
Balance Sheet as at 5 April 2025**

	Note	2025 £	2024 £
<b>Current assets</b>			
Debtors	13	82,077	63,894
Cash at bank and in hand	14	<u>70,219</u>	<u>110,734</u>
		152,296	174,628
<b>Creditors: Amounts falling due within one year</b>	15	<u>(58,007)</u>	<u>(68,428)</u>
<b>Net assets</b>		<u>94,289</u>	<u>106,200</u>
<b>Funds of the charity:</b>			
<b>Unrestricted income funds</b>			
Unrestricted funds		<u>94,289</u>	<u>106,200</u>
<b>Total funds</b>	16	<u>94,289</u>	<u>106,200</u>

The financial statements on pages 8 to 16 were approved by the trustees, and authorised for issue on 25/2/25 and signed on their behalf by:

  
 .....  
 A R Wright OBE (Chair)  
 Trustee

## The Attachment Research Community CIO

### Notes to the Financial Statements for the Year Ended 5 April 2025

#### 1 Accounting policies

##### Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

##### Basis of preparation

The Attachment Research Community CIO meets the definition of a public benefit entity under FRS 102. The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

##### Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

##### Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

##### *Donations and legacies*

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

##### *Grants receivable*

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

##### *Deferred income*

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

##### *Investment income*

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

##### *Charitable activities*

Income from charitable activities is recognised when the charity becomes entitled to the resources, the trustees are virtually certain they will receive the resources and the monetary value can be measured with sufficient reliability.

## The Attachment Research Community CIO

### Notes to the Financial Statements for the Year Ended 5 April 2025 (continued)

#### **Expenditure**

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources and depreciation charges allocated on the portion of the asset's use.

#### ***Charitable activities***

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

#### ***Grant provisions***

Provisions for grants are made when the intention to make a grant has been communicated to the recipient but there is uncertainty about either the timing of the grant or the amount of grant payable.

#### **Support costs**

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

#### **Governance costs**

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees meetings and reimbursed expenses.

#### **Taxation**

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

#### **Fund structure**

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

## The Attachment Research Community CIO

### Notes to the Financial Statements for the Year Ended 5 April 2025 (continued)

#### 2 Income from donations and legacies

	Unrestricted funds General £	Total 2025 £	Total 2024 £
Donations and legacies;			
Donations from individuals	-	-	956
Grants, including capital grants;			
Grants from other charities	5,000	5,000	22,000
	5,000	5,000	22,956

Grants from other charities relates to £5,000 (2024 - £10,000) from the Alex Timpson Trust for the ARC Alex Timpson Trust Awards and £nil (2024 - £12,000) from NAVSH CIO for Call to Action campaign.

#### 3 Income from charitable activities

	Unrestricted funds General £	Total 2025 £	Total 2024 £
Conferences	154,579	154,579	118,651
Membership	149,050	149,050	101,218
VSH Partnership	5,620	5,620	-
	309,249	309,249	219,869

#### 4 Investment income

	Total 2025 £	Total 2024 £
Interest receivable and similar income;		
Interest receivable on bank deposits	-	1

## The Attachment Research Community CIO

### Notes to the Financial Statements for the Year Ended 5 April 2025 (continued)

#### 5 Expenditure on charitable activities

		Unrestricted	Total	Total
	Note	General £	2025 £	2024 £
Conferences		136,718	136,718	115,396
Membership	6	44,573	44,573	32,622
Grant funding of activities	8	4,060	4,060	6,000
Allocated support costs	7	118,566	118,566	35,470
Governance costs	7	22,243	22,243	14,247
		<u>326,160</u>	<u>326,160</u>	<u>203,735</u>

The support costs associated with grant-making are £Nil (5 April 2024 - £Nil).

#### 6 Analysis of membership activity costs

		Unrestricted	Total	Total
	Note	General £	2025 £	2024 £
Telephone and fax		4,774	4,774	3,539
IT costs		9,284	9,284	6,310
Printing, postage and stationery		188	188	-
Communication, media management and office costs		30,327	30,327	22,773
		<u>44,573</u>	<u>44,573</u>	<u>32,622</u>

#### 7 Analysis of governance and support costs

##### Other resources expended

	Unrestricted	Total	Total
	General £	2025 £	2024 £
Administrative support costs	58,334	58,334	35,157
Director of Partnerships	52,028	52,028	-
Partnerships - London VRU	5,334	5,334	-
Bad debt write off	2,590	2,590	-
Bank charges	280	280	313
	<u>118,566</u>	<u>118,566</u>	<u>35,470</u>

## The Attachment Research Community CIO

### Notes to the Financial Statements for the Year Ended 5 April 2025 (continued)

#### Governance costs

	Unrestricted funds General £	Total 2025 £	Total 2024 £
Independent examiner fees			
Examination of the financial statements	2,305	2,305	1,477
Legal fees	1,500	1,500	850
Other governance costs	18,438	18,438	11,920
	22,243	22,243	14,247

Other governance costs relate to: administrative support and provision of governance advice to the Trustees £13,702 (2024 - £7,834), Strategy development and Call to Action costs of £1,802 (2024 - £1,417), travel costs reimbursed to Trustees and Trustee meeting costs £2,508 (2024 - £2,234) and insurance £426 (2024 - £435).

#### 8 Grant-making

##### Analysis of grants

The charity made grants of £4,060 (2024 - £6,000) in respect of ARC Alex Timpson Awards.

#### 9 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any other benefits from the charity during the year.

Trustees were reimbursed £2,508 (2024 - £1,526) in respect of expenses incurred during the year.

#### 10 Staff costs

The charity had no employees during the period.

The charity receives support with administrative matters from Mr P Cox, a self-employed consultant. Costs of £2,383 (2024 - £15,668) were paid to Mr P Cox during the period and classified as administrative support costs.

#### 11 Independent examiner's remuneration

	2025 £	2024 £
Examination of the financial statements	2,305	1,477

**The Attachment Research Community CIO**

**Notes to the Financial Statements for the Year Ended 5 April 2025 (continued)**

**12 Taxation**

The charity is a registered charity and is therefore exempt from taxation.

**13 Debtors**

	2025 £	2024 £
Trade debtors	31,684	45,633
Prepayments	50,393	18,261
	<u>82,077</u>	<u>63,894</u>

**14 Cash and cash equivalents**

	2025 £	2024 £
Cash at bank	<u>70,219</u>	<u>110,734</u>

**15 Creditors: amounts falling due within one year**

	2025 £	2024 £
Trade creditors	23,635	26,117
VAT payable	7,231	8,615
Accruals	2,431	1,475
Deferred income	24,710	32,221
	<u>58,007</u>	<u>68,428</u>

	2025 £
Deferred income at 6 April 2024	32,221
Resources deferred in the period	24,710
Amounts released from previous periods	<u>(32,221)</u>
Deferred income at 5 April 2025	<u>24,710</u>

Deferred income as at 5 April 2025 relates to conference income for the 2025 Annual Conference and Regional events invoiced during the period to be released in the year ended 5 April 2026.

## The Attachment Research Community CIO

### Notes to the Financial Statements for the Year Ended 5 April 2025 (continued)

#### 16 Funds

	Balance at 6 April 2024 £	Incoming resources £	Resources expended £	Balance at 5 April 2025 £
<b>Unrestricted</b>				
General	106,200	314,249	(326,160)	94,289
	Balance at 6 April 2023 £	Incoming resources £	Resources expended £	Balance at 5 April 2024 £
General	67,109	242,826	(203,735)	106,200

#### 17 Analysis of net assets between funds

	Unrestricted funds General £	Total funds at 5 April 2025 £
Current assets	152,296	152,296
Current liabilities	(58,007)	(58,007)
Total net assets	94,289	94,289
	Unrestricted funds General £	Total funds at 5 April 2024 £
Current assets	174,628	174,628
Current liabilities	(68,428)	(68,428)
Total net assets	106,200	106,200

#### 18 Related party transactions

There were no related party transactions in the year.

**THE ATTACHMENT RESEARCH COMMUNITY**

England & Wales - Charity number 1172378

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# Accounts

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Charity registration number: 1172378

# The Attachment Research Community CIO

Annual Report and Financial Statements

for the Year Ended 5 April 2024



## The Attachment Research Community CIO

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## **The Attachment Research Community CIO**

### **Reference and Administrative Details**

<b>Trustees</b>	A R Wright OBE (Chair) R J Parker A M McBlain K M Brooks N R Mort M Salter S Scott J O Brooks J E Cahill OBE J Hickman A Thacker D D Roberts
<b>Senior Management / Leadership Team</b>	Mr M Flowers (Setsquare Creative Solutions Limited), Communication and media management
<b>Charity Registration Number</b>	1172378
<b>Principal Office</b>	c/o Office 1 Shrieves Walk Sheep Street Stratford upon Avon Warwickshire CV37 6GJ
<b>Independent Examiner</b>	CBSL Accountants Limited Chartered Accountant Rowan House North 1 The Professional Quarter Shrewsbury Business Park Shrewsbury Shropshire SY2 6LG

## The Attachment Research Community CIO

### Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 5 April 2024.

#### Trustees

The Trustees who served during the year are as follows:

A R Wright OBE (Chair)

R J Parker

A M McBlain

K M Brooks

N R Mort

M Salter

S Scott

E A Watt (resigned 26 April 2023)

G Brenton (resigned 30 January 2024)

J O Brooks

J E Cahill OBE

J Hickman

A Thacker

L Miles (resigned 9 October 2023)

D D Roberts (appointed 17 May 2023)

#### Objectives and activities

##### *Objects and aims*

The charity was registered with the Charity Commission as a charitable incorporated organisation on 3 April 2017.

The objects of The Attachment Research Community (ARC) are to advance in life and relieve the charitable needs of children and young people with unmet attachment needs including (but without limitation) by:

1. promoting support to such children and young people in schools and other educational settings, including by promoting such support to families and carers;
2. promoting good practice to improve the outcomes for and opportunities and development of children and young people with unmet attachment needs;
3. promoting good practice to minimise school exclusion of children with identified attachment needs;
4. sharing and disseminating the findings of academic research with schools, the government, regulators, training providers, families, carers, specialist media and the public generally in order to raise awareness of and encourage the development of practises to assist and support children and young people with attachment needs.

## The Attachment Research Community CIO

### Trustees' Report (continued)

The charity aims to meet its charitable objects through its membership resources, which include a monthly newsletter, access to the website including online tools, case study examples, a webinar programme, regional forums and the Annual Conference.

ARC works in partnership with a number of parties including the National Association of Virtual School Head Teachers (NAVSH), WMVS Children in Care Foundation, the REES Centre for Research in Fostering and Education and the University of Oxford. ARC launched its first learning hub in collaboration with Hope School, Liverpool, which in 2022 began an attachment and trauma project with 10 schools in Liverpool in conjunction with Liverpool Virtual School. ARC is actively launching hub schools across the country and have welcomed further learning hubs with a plan to grow the programme in 24/25.

#### *Objectives, strategies and activities*

The ARC national conference, held every November, provides a focus and meeting point for members. ARC is currently preparing for the ninth annual conference, which is CPD certified and the largest conference to date with an estimated 600 delegates. Keynote speakers will include Baroness Floella Benjamin, Paul Dix, Belinda Hopkins, Maureen McKenna and Ellie Costello. All conferences, live or online, have been well attended by members and non-members and have stimulated a great deal of interest and promotion of new memberships. Previous keynote speakers have included Ashley John-Baptiste, Edward Tronick, Adam Saenz, Smash Life, Dr Janet Rose, Kate Cairns, Prof Judy Sebba and Kriss Akabusi MBE, with workshops from schools, trainers and other professionals.

ARC continues to promote its objectives:

- Supporting schools to become attachment and trauma aware
- Enhancing existing and potential collaborative communities of support
- Collating and providing a national platform for research and practice
- Helping to provide and extend a national voice for attachment and trauma
- Recognising, celebrating and sharing best practice.

The annual Alex Timpson Award continues to raise interest in attachment and trauma aware schools and at the 2024 annual conference the seventh set of awards will be announced, with categories including Early Years, Primary, Secondary, Post 16, Special and PRU and Collaborative work.

Regional workshops have created further opportunities for education leaders to learn of the benefits, systems and processes required to develop a nurturing, inclusive, attachment and trauma aware environment.

The trustees have future plans to develop ARC across the UK with regional operational groups and events as well as webinars and podcasts introducing audiences to learn more about ARC and its mission. Additionally, ARC has launched the first regional conference in 2024, for the London, South & East Region. The launch of the Call-to-Action campaign, which began in May 2021, was followed by a campaign film, parliamentary petition and linking with members of Parliament to discuss the recommendations:- Better support for a core understanding of attachment and trauma to enable school leaders and the whole workforce, to create a culture that supports vulnerable children to build trusting relationships and the resilience to achieve their potential.

#### *Fundraising disclosures*

The ARC trustees thank the Alex Timpson Trust (ATT) for the generous support in 2023/24 and for the forthcoming year.

The charity does not carry out significant fundraising activities with the general public and does not use a professional fundraiser or commercial participator to carry out fundraising.

## The Attachment Research Community CIO

### Trustees' Report (continued)

#### *Public benefit*

ARC has developed an online infrastructure called the Matrix which works together with the ARC pathway to support schools and settings audit their current practice, create development plans and implement action research projects, within their settings or across multiple settings.

The Matrix is a detailed assessment and planning structure for understanding and developing a setting's work on attachment and trauma. It has three strands: individual, institutional and community, three foci: people, process and outcomes and will support the ARC awards through its three levels: bronze, silver and gold, which recognises the steps that have been taken; from training staff through to offering support to others. It has been aligned to the Ofsted Education Inspection Framework (EIF) and the National Professional Qualifications (NPQ) framework to ensure it supports both school strategic self-evaluation form (SEF) and school development plan (SDP/SIP), and individual staff planning.

An extensive monthly newsletter goes out to all members and the wider community with the aim of both updating and reporting on regional developments.

Further investment has been made in website development with the aim of ensuring that all practitioners can share learning as widely and as easily as possible. ARC's website offers support to anyone interested in being an attachment aware school or setting with additional benefits for members.

The ARC Audit, ARC Pathway and ARC Matrix, a range of self assessment tools that will align schools to Ofsted grading criteria and allow senior leadership teams to work in a concise manner when approaching attachment and trauma, launched to members in the 2022 Autumn term. The extended membership offer creates further professional development opportunities and raising ARC's profile within the education community. At the start of 2023/24, ARC introduced a training provider sign-posting service on the website.

The public website offers advice on commissioning training - what to look for from a trainer, what is attachment and why does it matter? - with written and filmed explanation and examples.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

#### **Financial review**

The charity's income increased for the year ended 5 April 2024 with the Annual Conference held in November 2023 generating income of £80,552 (2023 - £91,601) and the Regional Conference in March 2024 £38,099 (2023 - £nil). Membership numbers at 5 April 2024 totalled 1,450 (2023 - 430) and income from memberships for the year totalled £101,218 (2023 - £73,250).

Overall the charity made a surplus for the year of £39,091 (2023 - deficit of £9,677).

Net assets at 5 April 2024 totalled £106,200 (2023 - £67,109).

#### *Policy on reserves*

The trustees recognise the need for a reasonable level of financial reserves in order to protect the charity from the possibility of any adverse or unforeseen circumstances that could arise.

Unrestricted reserves held at 5 April 2024 enable the charity to continue for at least a further 12 months in the event that there was a significant drop in income. The trustees are taking appropriate steps over the next financial year to maintain the level of these reserves to meet the future needs of the charity.

## **The Attachment Research Community CIO**

### **Trustees' Report (continued)**

#### **Structure, governance and management**

##### *Nature of governing document*

The charity is a charitable incorporated organisation - association and is governed by the constitution dated 3 April 2017, as amended by a written resolution dated 14 September 2017.

The charity was registered as The Attachment Response Community and renamed during the year ended 5 April 2019 to The Attachment Research Community.

##### *Recruitment and appointment of trustees*

As set out in the constitution, there must be at least three charity trustees. At every annual general meeting of the members of ARC, one third of the charity trustees shall retire from office but will be eligible for reappointment. Each new trustee will receive a copy of the constitution and the latest annual report and statement of accounts prior to their appointment.

##### *Organisational structure*

The members of ARC have no liability to contribute to the charity's assets and no personal responsibility for the settlement of its debts.

## The Attachment Research Community CIO

### Trustees' Report (continued)

#### Statement of Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.


The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The annual report was approved by the trustees of the charity on 31/12/24 and signed on its behalf by:

  
.....  
A R Wright OBE (Chair)  
Trustee

## The Attachment Research Community CIO

### Independent Examiner's Report to the trustees of The Attachment Research Community CIO

I report to the trustees on my examination of the accounts of The Attachment Research Community CIO for the year ended 5 April 2024.

#### Responsibilities and basis of report

As the charity trustees of The Attachment Research Community CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the The Attachment Research Community CIO's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

#### Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of The Attachment Research Community CIO as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*L Josselton*

.....  
Mrs L J Osselton FCA  
Chartered Accountant  
ICAEW

Rowan House North  
1 The Professional Quarter  
Shrewsbury Business Park  
Shrewsbury  
Shropshire  
SY2 6LG

Date: *2 January 2025*

## The Attachment Research Community CIO

### Statement of Financial Activities for the Year Ended 5 April 2024

	Note	Unrestricted £	Total 2024 £
<b>Income and Endowments from:</b>			
Donations and legacies	2	22,956	22,956
Charitable activities	3	219,869	219,869
Investment income	4	<u>1</u>	<u>1</u>
Total Income		<u>242,826</u>	<u>242,826</u>
<b>Expenditure on:</b>			
Charitable activities	5	<u>(203,735)</u>	<u>(203,735)</u>
Total Expenditure		<u>(203,735)</u>	<u>(203,735)</u>
Net movement in funds		39,091	39,091
<b>Reconciliation of funds</b>			
Total funds brought forward		<u>67,109</u>	<u>67,109</u>
Total funds carried forward	16	<u><u>106,200</u></u>	<u><u>106,200</u></u>

	Note	Unrestricted funds £	Total 2023 £
<b>Income and Endowments from:</b>			
Charitable activities		<u>164,851</u>	<u>164,851</u>
Total income		<u>164,851</u>	<u>164,851</u>
<b>Expenditure on:</b>			
Charitable activities		<u>(174,528)</u>	<u>(174,528)</u>
Total expenditure		<u>(174,528)</u>	<u>(174,528)</u>
Net expenditure		<u>(9,677)</u>	<u>(9,677)</u>
Net movement in funds		(9,677)	(9,677)
<b>Reconciliation of funds</b>			
Total funds brought forward		<u>76,786</u>	<u>76,786</u>
Total funds carried forward	16	<u><u>67,109</u></u>	<u><u>67,109</u></u>


All of the charity's activities derive from continuing operations during the above two periods.  
The funds breakdown for 2023 is shown in note 16.

**The Attachment Research Community CIO**

**(Registration number: 1172378)  
Balance Sheet as at 5 April 2024**

	Note	2024 £	2023 £
<b>Current assets</b>			
Debtors	13	63,894	40,866
Cash at bank and in hand	14	<u>110,734</u>	<u>93,766</u>
		174,628	134,632
<b>Creditors: Amounts falling due within one year</b>	15	<u>(68,428)</u>	<u>(67,523)</u>
<b>Net assets</b>		<u>106,200</u>	<u>67,109</u>
<b>Funds of the charity:</b>			
<b>Unrestricted income funds</b>			
Unrestricted funds		<u>106,200</u>	<u>67,109</u>
<b>Total funds</b>	16	<u>106,200</u>	<u>67,109</u>

The financial statements on pages 8 to 16 were approved by the trustees, and authorised for issue on 31/03/24 and signed on their behalf by:

.....  
  
A R Wright OBE (Chair)  
Trustee

## The Attachment Research Community CIO

### Notes to the Financial Statements for the Year Ended 5 April 2024

#### 1 Accounting policies

##### Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

##### Basis of preparation

The Attachment Research Community CIO meets the definition of a public benefit entity under FRS 102. The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

##### Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

##### Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

##### *Donations and legacies*

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

##### *Grants receivable*

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

##### *Deferred income*

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

##### *Investment income*

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

##### *Charitable activities*

Income from charitable activities is recognised when the charity becomes entitled to the resources, the trustees are virtually certain they will receive the resources and the monetary value can be measured with sufficient reliability.

## The Attachment Research Community CIO

### Notes to the Financial Statements for the Year Ended 5 April 2024 (continued)

#### **Expenditure**

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources and depreciation charges allocated on the portion of the asset's use.

#### ***Charitable activities***

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

#### ***Grant provisions***

Provisions for grants are made when the intention to make a grant has been communicated to the recipient but there is uncertainty about either the timing of the grant or the amount of grant payable.

#### **Support costs**

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

#### **Governance costs**

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees meetings and reimbursed expenses.

#### **Taxation**

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

#### **Fund structure**

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

## The Attachment Research Community CIO

### Notes to the Financial Statements for the Year Ended 5 April 2024 (continued)

#### 2 Income from donations and legacies

	Unrestricted funds General £	Total 2024 £	Total 2023 £
Donations and legacies;			
Donations from individuals	956	956	-
Grants, including capital grants;			
Grants from other charities	22,000	22,000	-
	22,956	22,956	-

Grants from other charities relates to £12,000 from NAVSH CIO for Call to Action campaign and £10,000 from the Alex Timpson Trust for the ARC Alex Timpson Awards.

#### 3 Income from charitable activities

	Unrestricted funds General £	Total 2024 £	Total 2023 £
Conferences	118,651	118,651	91,601
Membership	101,218	101,218	73,250
	219,869	219,869	164,851

#### 4 Investment income

	Unrestricted funds General £	Total 2024 £	Total 2023 £
Interest receivable and similar income;			
Interest receivable on bank deposits	1	1	-

## The Attachment Research Community CIO

### Notes to the Financial Statements for the Year Ended 5 April 2024 (continued)

#### 5 Expenditure on charitable activities

		Unrestricted		
	Note	General £	Total 2024 £	Total 2023 £
Conferences		115,396	115,396	89,726
Membership	6	32,622	32,622	23,811
Grant funding of activities	8	6,000	6,000	1,000
Allocated support costs	7	35,470	35,470	35,970
Governance costs	7	14,247	14,247	24,021
		<u>203,735</u>	<u>203,735</u>	<u>174,528</u>

The support costs associated with grant-making are £Nil (5 April 2023 - £Nil).

#### 6 Analysis of membership activity costs

		Unrestricted		
	Note	General £	Total 2024 £	Total 2023 £
Telephone and fax		3,539	3,539	1,291
IT costs		6,310	6,310	8,910
Training and development		-	-	2,047
Communication, media management and office costs		22,773	22,773	10,063
Matrix framework costs		-	-	1,500
		<u>32,622</u>	<u>32,622</u>	<u>23,811</u>

#### 7 Analysis of governance and support costs

##### Other resources expended

		Unrestricted		
		General £	Total 2024 £	Total 2023 £
Administrative support costs		35,157	35,157	35,618
Bank charges		313	313	352
		<u>35,470</u>	<u>35,470</u>	<u>35,970</u>

## The Attachment Research Community CIO

### Notes to the Financial Statements for the Year Ended 5 April 2024 (continued)

#### Governance costs

	Unrestricted funds General £	Total 2024 £	Total 2023 £
Independent examiner fees			
Examination of the financial statements	1,477	1,477	1,070
Legal fees	850	850	-
Other governance costs	11,920	11,920	22,951
	14,247	14,247	24,021

Other governance costs relate to: administrative support and provision of governance advice to the Trustees £7,834 (2023 - £6,919), Strategy development and Call to Action costs of £1,417 (2023 - £15,625), travel costs reimbursed to Trustees and Trustee meeting costs £2,234 (2023 - £nil) and insurance £435 (2023 - £407).

#### 8 Grant-making

##### Analysis of grants

The charity made grants of £6,000 (2023 - £1,000) in respect of ARC Alex Timpson Awards.

#### 9 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any other benefits from the charity during the year.

Trustees were reimbursed £1,526 (2023 - £nil) in respect of expenses incurred during the year.

#### 10 Staff costs

The charity had no employees during the period.

The charity receives support with administrative matters from Mr P Cox, a self-employed consultant. Costs of £15,668 (2023 - £13,838) were paid to Mr P Cox during the period and classified as administrative support costs.

#### 11 Independent examiner's remuneration

	2024 £	2023 £
Examination of the financial statements	1,477	1,070

## The Attachment Research Community CIO

### Notes to the Financial Statements for the Year Ended 5 April 2024 (continued)

#### 12 Taxation

The charity is a registered charity and is therefore exempt from taxation.

#### 13 Debtors

	2024	2023
	£	£
Trade debtors	45,633	21,575
Prepayments	18,261	19,291
	63,894	40,866

#### 14 Cash and cash equivalents

	2024	2023
	£	£
Cash at bank	110,734	93,766
	110,734	93,766

#### 15 Creditors: amounts falling due within one year

	2024	2023
	£	£
Trade creditors	26,117	34,687
VAT payable	8,615	2,952
Accruals	1,475	1,434
Deferred income	32,221	28,450
	68,428	67,523

	2024
	£
Deferred income at 6 April 2023	28,450
Resources deferred in the period	32,221
Amounts released from previous periods	(28,450)
Deferred income at 5 April 2024	32,221

Deferred income as at 5 April 2024 relates to conference income for the 2024 Annual Conference invoiced during the period to be released in the year ended 5 April 2025.

## The Attachment Research Community CIO

### Notes to the Financial Statements for the Year Ended 5 April 2024 (continued)

#### 16 Funds

	Balance at 6 April 2023 £	Incoming resources £	Resources expended £	Balance at 5 April 2024 £
<b>Unrestricted</b>				
General	<u>67,109</u>	<u>242,826</u>	<u>(203,735)</u>	<u>106,200</u>
	<b>Balance at 6 April 2022 £</b>	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>Balance at 5 April 2023 £</b>
<b>Unrestricted</b>				
General	<u>76,786</u>	<u>164,851</u>	<u>(174,528)</u>	<u>67,109</u>

#### 17 Analysis of net assets between funds

	<b>Unrestricted funds General £</b>	<b>Total funds at 5 April 2024 £</b>
Current assets	174,628	174,628
Current liabilities	<u>(68,428)</u>	<u>(68,428)</u>
Total net assets	<u>106,200</u>	<u>106,200</u>
	<b>Unrestricted funds General £</b>	<b>Total funds at 5 April 2023 £</b>
Current assets	134,632	134,632
Current liabilities	<u>(67,523)</u>	<u>(67,523)</u>
Total net assets	<u>67,109</u>	<u>67,109</u>

#### 18 Related party transactions

There were no related party transactions in the year.

**THE ATTACHMENT RESEARCH COMMUNITY**

England & Wales - Charity number 1172378

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# Accounts

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Charity registration number: 1172378

# The Attachment Research Community CIO

Annual Report and Financial Statements  
for the Year Ended 5 April 2023



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## **The Attachment Research Community CIO**

### **Reference and Administrative Details**

<b>Trustees</b>	A R Wright (Chair) R J Parker A M McBlain K M Brooks N R Mort M Salter S Scott G Brenton J O Brooks J E Cahill OBE J Hickman A Thacker L Miles D D Roberts
<b>Senior Management / Leadership Team</b>	Mr M Flowers and Ms T Boneham (Setsquare Creative Solutions Limited), Communication and media management Mr P Cox, Head of governance
<b>Charity Registration Number</b>	1172378
<b>Principal Office</b>	c/o Office 1 Shrieves Walk Sheep Street Stratford upon Avon Warwickshire CV37 6GJ
<b>Independent Examiner</b>	CBSL Accountants Limited Chartered Accountant Rowan House North 1 The Professional Quarter Shrewsbury Business Park Shrewsbury Shropshire SY2 6LG

## **The Attachment Research Community CIO**

### **Trustees' Report**

The trustees present the annual report together with the financial statements of the charity for the year ended 5 April 2023.

#### **Trustees**

The Trustees who served during the year are as follows:

A R Wright (Chair)

R J Parker

A M McBlain

K M Brooks

N R Mort

M Salter

S Scott

E A Watt (resigned 26 April 2023)

G Brenton

J O Brooks

J E Cahill OBE

J Hickman

A Thacker

L Miles (appointed 21 September 2022)

D D Roberts (appointed 17 May 2023)

M Doonan (appointed 21 September 2022 and resigned 3 April 2023)

#### **Objectives and activities**

##### *Objects and aims*

The charity was registered with the Charity Commission as a charitable incorporated organisation on 3 April 2017.

The objects of The Attachment Research Community (ARC) are to advance in life and relieve the charitable needs of children and young people with unmet attachment needs including (but without limitation) by:

1. promoting support to such children and young people in schools and other educational settings, including by promoting such support to families and carers;
2. promoting good practice to improve the outcomes for and opportunities and development of children and young people with unmet attachment needs;
3. promoting good practice to minimise school exclusion of children with identified attachment needs;
4. sharing and disseminating the findings of academic research with schools, the government, regulators, training providers, families, carers, specialist media and the public generally in order to raise awareness of and encourage the development of practises to assist and support children and young people with attachment needs.

## The Attachment Research Community CIO

### Trustees' Report (continued)

The charity aims to meet its charitable objects through its membership resources, which include a monthly newsletter, access to the website including online tools, case study examples, regional forums and the Annual Conference.

ARC works in partnership with a number of parties including the National Association of Virtual School Head Teachers (NAVSH), WMVS Children in Care Foundation, the REES Centre for Research in Fostering and Education and the University of Oxford. ARC has also launched its first learning hub in collaboration with Hope School, Liverpool, which in 2022 began an attachment and trauma project with 10 schools in Liverpool in conjunction with Liverpool Virtual School and are actively launching hub schools across the country.

#### *Objectives, strategies and activities*

The ARC national conference, held every November, provides a focus and meeting point for members. ARC is currently preparing for the eighth annual conference which is CPD certified. Key note speakers will include Ashley John-Baptiste, Ed Tronick and Adam Saenz. All conferences, live or online, have been well attended by members and non-members and have stimulated a great deal of interest and promotion of new memberships. Previous keynote speakers have included Dr Bessel Van der Kolk, David Whitaker, Dr Margot Sunderland, Dr Janet Rose, Prof Jeremy Holmes, Dr Andrew Rogers, Kate Cairns, Prof Judy Sebba and Kriss Akabusi MBE, Dr Stephen Porges, Dr Tom Brunzell, Steven Baker and Mick Simpson with workshops from schools, trainers and other professionals. At the 2022 hybrid conference, ARC continued to promote its objective of all schools being attachment and trauma aware by 2025 and in particular:

- Supporting schools to become attachment and trauma aware
- Enhancing existing and potential collaborative communities of support
- Collating and providing a national platform for research and practice
- Helping to provide and extend a national voice for attachment and trauma
- Recognising, celebrating and sharing best practice.

The annual Alex Timpson Award continues to raise interest in attachment and trauma aware schools and at the 2023 annual conference the seventh set of awards will be announced, with categories including Early Years, Primary, Secondary, Post 16, Special and PRU and Collaborative work.

Regional workshops have created further opportunities for education leaders to learn of the benefits, systems and processes required to develop a nurturing, inclusive, attachment and trauma aware environment.

The trustees have future plans to develop ARC across the UK with regional operational groups and events. The launch of the Call to Action campaign began in May 2021. This was followed by a campaign film, parliamentary petition and linking with members of parliament to discuss the recommendations. The recommendations of the call to action are for better support for a core understanding of attachment and trauma to enable school leaders and the whole workforce to create a culture that supports vulnerable children to build trusting relationships, resilience and enables all children to achieve their potential. In 2022, the Call to Action campaign was launched in parliament at the House of Commons along with round table discussions held in early 2023.

#### *Fundraising disclosures*

The ARC trustees thank the Alex Timpson Trust (ATT) for the generous support in 2022/23 and for the forthcoming year.

The charity does not carry out significant fundraising activities with the general public and does not use a professional fundraiser or commercial participator to carry out fundraising.

## The Attachment Research Community CIO

### Trustees' Report (continued)

#### *Public benefit*

ARC has developed an online infrastructure called the Matrix which works together with the ARC pathway to support schools and settings audit their current practice, create development plans and implement action research projects, within their settings or across multiple settings.

The Matrix is a detailed assessment and planning structure for understanding and developing a setting's work on attachment and trauma. It has three strands: individual, institutional and community, three foci: people, process and outcomes and will support the ARC awards through its three levels: bronze, silver and gold, which recognises the steps that have been taken; from training staff through to offering support to others. It has been aligned to the Ofsted Education Inspection Framework (EIF) and the National Professional Qualifications (NPQ) framework to ensure it supports both school strategic self-evaluation form (SEF) and school development plan (SDP/SIP), and individual staff planning.

An extensive monthly newsletter goes out to all members and the wider community with the aim of both updating and reporting on regional developments.

Considerable investment has been made in website development with the aim of ensuring that all practitioners can share learning as widely and as easily as possible. ARC's website offers support to anyone interested in being an attachment aware school or setting with additional benefits for members.

The ARC Audit, ARC Pathway and ARC Matrix, a range of self assessment tools that will align schools to Ofsted grading criteria and allow senior leadership teams to work in a concise manner when approaching attachment and trauma, launched to members in the 2021/22 Autumn term. This newly extended membership offer creates further professional development opportunities and raising ARC's profile within the education community.

The public website offers advice on commissioning training - what to look for from a trainer, what is attachment and why does it matter? - with written and filmed explanation and examples.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

#### **Financial review**

The charity's income increased for the year ended 5 April 2023 with the annual conference held in November 2022 generating income of £91,601 (2022 - £47,902). Membership numbers at 5 April 2023 totalled 430 (2022 - 424) and income from memberships for the year totalled £73,250 (2022 - £71,000).

Overall the charity made a deficit for the year of £9,677 (2022 - £2,489) after having allocated resources to the development of the Matrix framework £1,500 (2022 - £8,034) and looking to the current and future strategy of the charity and how it will continue to support its members £15,625 (2022 - £15,981).

Net assets at 5 April 2023 totalled £67,109 (2022 - £76,786).

#### *Policy on reserves*

The trustees recognise the need for a reasonable level of financial reserves in order to protect the charity from the possibility of any adverse or unforeseen circumstances that could arise.

Unrestricted reserves held at 5 April 2023 enable the charity to continue for at least a further 12 months in the event that there was a significant drop in income. The trustees are taking appropriate steps over the next financial year to maintain the level of these reserves to meet the future needs of the charity.

## **The Attachment Research Community CIO**

### **Trustees' Report (continued)**

#### **Structure, governance and management**

##### *Nature of governing document*

The charity is a charitable incorporated organisation - association and is governed by the constitution dated 3 April 2017, as amended by a written resolution dated 14 September 2017.

The charity was registered as The Attachment Response Community and renamed during the year ended 5 April 2019 to The Attachment Research Community.

##### *Recruitment and appointment of trustees*

As set out in the constitution, there must be at least three charity trustees. At every annual general meeting of the members of ARC, one third of the charity trustees shall retire from office but will be eligible for reappointment. Each new trustee will receive a copy of the constitution and the latest annual report and statement of accounts prior to their appointment.

##### *Organisational structure*

The members of ARC have no liability to contribute to the charity's assets and no personal responsibility for the settlement of its debts.

## The Attachment Research Community CIO

### Trustees' Report (continued)

#### Statement of Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.


The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The annual report was approved by the trustees of the charity on 24/12/23 and signed on its behalf by:

  
.....  
A R Wright (Chair)  
Trustee

## The Attachment Research Community CIO

### Independent Examiner's Report to the trustees of The Attachment Research Community CIO

I report to the trustees on my examination of the accounts of The Attachment Research Community CIO for the year ended 5 April 2023.

#### Responsibilities and basis of report

As the charity trustees of The Attachment Research Community CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the The Attachment Research Community CIO's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

#### Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of The Attachment Research Community CIO as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*L J Osselton*

.....  
Mrs L J Osselton FCA  
Chartered Accountant  
ICAEW

Rowan House North  
1 The Professional Quarter  
Shrewsbury Business Park  
Shrewsbury  
Shropshire  
SY2 6LG

Date: *22 December 2023*

## The Attachment Research Community CIO

### Statement of Financial Activities for the Year Ended 5 April 2023

	Note	Unrestricted £	Total 2023 £
<b>Income and Endowments from:</b>			
Charitable activities	3	164,851	164,851
<b>Expenditure on:</b>			
Charitable activities	4	<u>(174,528)</u>	<u>(174,528)</u>
Total Expenditure		<u>(174,528)</u>	<u>(174,528)</u>
Net movement in funds		(9,677)	(9,677)
<b>Reconciliation of funds</b>			
Total funds brought forward		<u>76,786</u>	<u>76,786</u>
Total funds carried forward	14	<u><u>67,109</u></u>	<u><u>67,109</u></u>

	Note	Unrestricted funds £	Total 2022 £
<b>Income and Endowments from:</b>			
Donations and legacies		5,000	5,000
Charitable activities		<u>118,902</u>	<u>118,902</u>
Total income		<u>123,902</u>	<u>123,902</u>
<b>Expenditure on:</b>			
Charitable activities		<u>(126,391)</u>	<u>(126,391)</u>
Total expenditure		<u>(126,391)</u>	<u>(126,391)</u>
Net expenditure		<u>(2,489)</u>	<u>(2,489)</u>
Net movement in funds		(2,489)	(2,489)
<b>Reconciliation of funds</b>			
Total funds brought forward		<u>79,275</u>	<u>79,275</u>
Total funds carried forward	14	<u><u>76,786</u></u>	<u><u>76,786</u></u>

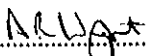
All of the charity's activities derive from continuing operations during the above two periods.  
The funds breakdown for 2022 is shown in note 14.

**The Attachment Research Community CIO**

**(Registration number: 1172378)  
Balance Sheet as at 5 April 2023**

	Note	2023 £	2022 £
<b>Current assets</b>			
Debtors	11	40,866	25,479
Cash at bank and in hand	12	<u>93,766</u>	<u>64,940</u>
		134,632	90,419
<b>Creditors: Amounts falling due within one year</b>	13	<u>(67,523)</u>	<u>(13,633)</u>
<b>Net assets</b>		<u>67,109</u>	<u>76,786</u>
<b>Funds of the charity:</b>			
<b>Unrestricted income funds</b>			
Unrestricted funds		<u>67,109</u>	<u>76,786</u>
<b>Total funds</b>	14	<u>67,109</u>	<u>76,786</u>

The financial statements on pages 8 to 16 were approved by the trustees, and authorised for issue on 24.4.23 and signed on their behalf by:

  
.....  
A R Wright (Chair)  
Trustee

The notes on pages 10 to 16 form an integral part of these financial statements.

# The Attachment Research Community CIO

## Notes to the Financial Statements for the Year Ended 5 April 2023

### 1 Accounting policies

#### Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

#### Basis of preparation

The Attachment Research Community CIO meets the definition of a public benefit entity under FRS 102. The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

#### Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

#### Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

#### *Grants receivable*

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

#### *Deferred income*

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

#### *Charitable activities*

Income from charitable activities is recognised when the charity becomes entitled to the resources, the trustees are virtually certain they will receive the resources and the monetary value can be measured with sufficient reliability.

#### Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources and depreciation charges allocated on the portion of the asset's use.

## The Attachment Research Community CIO

### Notes to the Financial Statements for the Year Ended 5 April 2023 (continued)

#### *Charitable activities*

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

#### *Grant provisions*

Provisions for grants are made when the intention to make a grant has been communicated to the recipient but there is uncertainty about either the timing of the grant or the amount of grant payable.

#### **Support costs**

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

#### **Governance costs**

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees meetings and reimbursed expenses.

#### **Taxation**

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

#### **Fund structure**

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

**The Attachment Research Community CIO**

**Notes to the Financial Statements for the Year Ended 5 April 2023 (continued)**

**2 Income from donations and legacies**

	<b>Total 2023 £</b>	<b>Total 2022 £</b>
Grants, including capital grants;		
Grants from other charities	-	5,000
	-	5,000
	-	5,000

**3 Income from charitable activities**

	<b>Unrestricted funds General £</b>	<b>Total 2023 £</b>	<b>Total 2022 £</b>
Conferences	91,601	91,601	47,902
Membership	73,250	73,250	71,000
	164,851	164,851	118,902
	164,851	164,851	118,902

**4 Expenditure on charitable activities**

		<b>Unrestricted General £</b>	<b>Total 2023 £</b>	<b>Total 2022 £</b>
Conferences		89,726	89,726	37,159
Membership	5	23,811	23,811	30,235
Grant funding of activities		1,000	1,000	-
Allocated support costs	6	35,970	35,970	33,697
Governance costs	6	24,021	24,021	25,300
		174,528	174,528	126,391
		174,528	174,528	126,391

The support costs associated with grant-making are £Nil (5 April 2022 - £Nil).

## The Attachment Research Community CIO

### Notes to the Financial Statements for the Year Ended 5 April 2023 (continued)

#### 5 Analysis of membership activity costs

	Note	Unrestricted		Total 2022 £
		General £	Total 2023 £	
Telephone and fax		1,291	1,291	1,162
IT costs		8,910	8,910	4,828
Training and development		2,047	2,047	-
Communication, media management and office costs		10,063	10,063	16,105
Matrix framework costs		1,500	1,500	8,034
Consultancy fees		-	-	106
		<u>23,811</u>	<u>23,811</u>	<u>30,235</u>

#### 6 Analysis of governance and support costs

##### Other resources expended

	Unrestricted		Total 2022 £
	General £	Total 2023 £	
Administrative support costs	35,618	35,618	33,436
Bank charges	352	352	261
	<u>35,970</u>	<u>35,970</u>	<u>33,697</u>

## The Attachment Research Community CIO

### Notes to the Financial Statements for the Year Ended 5 April 2023 (continued)

#### Governance costs

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Independent examiner fees			
Examination of the financial statements	1,070	1,070	1,087
Other governance costs	22,951	22,951	24,213
	24,021	24,021	25,300

Other governance costs relate to: administrative support and provision of governance advice to the Trustees £6,919 (2022 - £7,650), Strategy development and Call to Action costs of £15,625 (2022 - £15,981), travel costs reimbursed to Trustee £nil (2022 - £179) and insurance £407 (2022 - £403).

#### 7 Trustees remuneration and expenses

During the year the charity made the following transactions with trustees:

##### T Clifford

£Nil (2022: £179) of expenses were reimbursed to T Clifford during the year.

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

#### 8 Staff costs

The charity had no employees during the period.

The charity receives support with administrative matters from Mr P Cox, a self-employed consultant. Costs of £13,838 (2022 - £15,300) were paid to Mr P Cox during the period and classified as administrative support costs.

#### 9 Independent examiner's remuneration

	2023 £	2022 £
Examination of the financial statements	1,070	1,087

## The Attachment Research Community CIO

### Notes to the Financial Statements for the Year Ended 5 April 2023 (continued)

#### 10 Taxation

The charity is a registered charity and is therefore exempt from taxation.

#### 11 Debtors

	2023	2022
	£	£
Trade debtors	21,575	20,820
Prepayments	19,291	4,659
	40,866	25,479

#### 12 Cash and cash equivalents

	2023	2022
	£	£
Cash at bank	93,766	64,940

#### 13 Creditors: amounts falling due within one year

	2023	2022
	£	£
Trade creditors	34,687	11,195
VAT payable	2,952	1,550
Accruals	1,434	888
Deferred income	28,450	-
	67,523	13,633

	2023
	£
Resources deferred in the period	28,450

Deferred income as at 5 April 2023 relates to conference income for the 2023 conference invoiced during the period to be released in the year ended 5 April 2024.

**The Attachment Research Community CIO**

**Notes to the Financial Statements for the Year Ended 5 April 2023 (continued)**

**14 Funds**

	Balance at 6 April 2022 £	Incoming resources £	Resources expended £	Balance at 5 April 2023 £
<b>Unrestricted</b>				
General	76,786	164,851	(174,528)	67,109
	Balance at 6 April 2021 £	Incoming resources £	Resources expended £	Balance at 5 April 2022 £
<b>Unrestricted</b>				
General	79,275	123,902	(126,391)	76,786

**15 Analysis of net assets between funds**

	Unrestricted funds General £	Total funds at 5 April 2023 £
Current assets	134,632	134,632
Current liabilities	(67,523)	(67,523)
Total net assets	67,109	67,109
	Unrestricted funds General £	Total funds at 5 April 2022 £
Current assets	90,419	90,419
Current liabilities	(13,633)	(13,633)
Total net assets	76,786	76,786

**THE ATTACHMENT RESEARCH COMMUNITY**

England & Wales - Charity number 1172378

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# Accounts

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Charity registration number: 1172378

# The Attachment Research Community CIO

Annual Report and Financial Statements

for the Year Ended 5 April 2022



## **The Attachment Research Community CIO**

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Statement of Financial Activities	8
Balance Sheet	9
Notes to the Financial Statements	10 to 16

## **The Attachment Research Community CIO**

### **Reference and Administrative Details**

<b>Trustees</b>	A R Wright (Chair) R J Parker A M McBlain K M Brooks N R Mort M Salter S Scott E A Watt G Brenton J E Cahill OBE J O Brooks J Hickman A Thacker
<b>Senior Management / Leadership Team</b>	Mr M Flowers and Ms T Boneham (Setsquare Creative Solutions Limited), Communication and media management Mr P Cox, Head of governance
<b>Charity Registration Number</b>	1172378
<b>Principal Office</b>	c/o Office 1 Shrieves Walk Sheep Street Stratford upon Avon Warwickshire CV37 6GJ
<b>Independent Examiner</b>	CBSL Accountants Limited Chartered Accountant Rowan House North 1 The Professional Quarter Shrewsbury Business Park Shrewsbury Shropshire SY2 6LG

# The Attachment Research Community CIO

## Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 5 April 2022.

### Trustees

The Trustees who served during the year are as follows:

A R Wright (Chair)

T Clifford (resigned 1 December 2021)

R J Parker

A M McBlain

E Bott (resigned 29 November 2021)

C Barden (resigned 1 December 2021)

K M Brooks

N R Mort

M Salter

S Scott

E A Watt

D H Carden (appointed 10 May 2021 and resigned 29 November 2021)

G Brenton (appointed 10 May 2021)

J E Cahill OBE (appointed 10 May 2021)

J O Brooks (appointed 10 May 2021)

J Hickman (appointed 8 February 2022)

A Thacker (appointed 8 February 2022)

### Objectives and activities

#### *Objects and aims*

The charity was registered with the Charity Commission as a charitable incorporated organisation on 3 April 2017.

The objects of The Attachment Research Community (ARC) are to advance in life and relieve the charitable needs of children and young people with unmet attachment needs including (but without limitation) by:

1. promoting support to such children and young people in schools and other educational settings, including by promoting such support to families and carers;
2. promoting good practice to improve the outcomes for and opportunities and development of children and young people with unmet attachment needs;
3. promoting good practice to minimise school exclusion of children with identified attachment needs;
4. sharing and disseminating the findings of academic research with schools, the government, regulators, training providers, families, carers, specialist media and the public generally in order to raise awareness of and encourage the development of practises to assist and support children and young people with attachment needs.

## **The Attachment Research Community CIO**

### **Trustees' Report (continued)**

The charity aims to meet its charitable objects through its membership resources, which include a monthly newsletter, access to the website including online tools, case study examples, regional forums and the Annual Conference.

ARC works in partnership with a number of parties including the National Association of Virtual School Head Teachers (NAVSH), WMVS Children in Care Foundation, the REES Centre for Research in Fostering and Education and the University of Oxford. ARC has also launched its first learning hub in collaboration with Hope School, Liverpool, which in 2022 began an attachment and trauma project with 10 schools in Liverpool in conjunction with Liverpool Virtual School.

#### ***Objectives, strategies and activities***

The ARC national conference, held every November, provides a focus and meeting point for members. ARC is currently preparing for the seventh annual conference which is CPD certified. Key note speakers will include Kriss Akabusi MBE, Dr Stephen Porges, Dr Tom Brunzell and a collaborative keynote with Steven Baker and Mick Simpson. All conferences, live or online, have been well attended by members and non-members and have stimulated a great deal of interest and promotion of new memberships. Previous keynote speakers have included Dr Bessel Van der Kolk, David Whitaker, Dr Margot Sunderland, Dr Janet Rose, Prof Jeremy Holmes, Dr Andrew Rogers, Kate Cairns and Prof Judy Sebba with workshops from schools, trainers and other professionals.

At the 2021 online conference, ARC continued to promote its objective of all schools being attachment and trauma aware by 2025 and in particular:

- Supporting schools to become attachment and trauma aware
- Enhancing existing and potential collaborative communities of support
- Collating and providing a national platform for research and practice
- Helping to provide and extend a national voice for attachment and trauma
- Recognising, celebrating and sharing best practice.

The annual Alex Timpson Award continues to raise interest in attachment and trauma aware schools and at the 2022 annual conference the sixth set of awards will be announced, with categories including Early Years, Primary, Secondary, Post 16, Special and PRU and Collaborative work

Regional workshops have created further opportunities for education leaders to learn of the benefits, systems and processes required to develop a nurturing, inclusive, attachment and trauma aware environment.

The trustees have future plans to develop ARC across the UK with regional operational groups and events. The launch of the Call to Action campaign began in May 2021. This was followed by a campaign film, parliamentary petition and linking with members of parliament to discuss the recommendations. The recommendations of the call to action are for better support for a core understanding of attachment and trauma to enable school leaders and the whole workforce to create a culture that supports vulnerable children to build trusting relationships, resilience and enables all children to achieve their potential. Future developments are currently in progress with a parliamentary launch at the House of Commons and further round table discussions planned for early 2023.

#### ***Fundraising disclosures***

The ARC trustees thank the Alex Timpson Trust (ATT) for the generous support in 2021/22 and for the forthcoming year.

The charity does not carry out significant fundraising activities with the general public and does not use a professional fundraiser or commercial participator to carry out fundraising.

## **The Attachment Research Community CIO**

### **Trustees' Report (continued)**

#### ***Public benefit***

ARC has developed an online infrastructure called the Matrix which works together with the ARC pathway to support schools and settings audit their current practice, create development plans and implement action research projects, within their settings or across multiple settings.

The Matrix is a detailed assessment and planning structure for understanding and developing a setting's work on attachment and trauma. It has three strands: individual, institutional and community, three foci: people, process and outcomes and will support the ARC awards through its three levels: bronze, silver and gold, which recognises the steps that have been taken; from training staff through to offering support to others. It has been aligned to the Ofsted Education Inspection Framework (EIF) and the National Professional Qualifications (NPQ) framework to ensure it supports both school strategic self-evaluation form (SEF) and school development plan (SDP/SIP), and individual staff planning.

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Considerable investment has been made in website development with the aim of ensuring that all practitioners can share learning as widely and as easily as possible. ARC's website offers support to anyone interested in being an attachment aware school or setting with additional benefits for members.

At the start of the Covid virus, ARC quickly responded by providing a web page of free accessible resources to help teachers, educational professionals, parents and children through the pandemic. ARC plans to update this page regularly with more support resources. The ARC Audit, ARC Pathway and ARC Matrix, a range of self assessment tools that will align schools to Ofsted grading criteria and allow senior leadership teams to work in a concise manner when approaching attachment and trauma, launched to members in the 2021/22 Autumn term. This newly extended membership offer added stability to both ARC and its members, creating further professional development opportunities and raising ARC's profile within the education community.

The public website offers advice on commissioning training - what to look for from a trainer, what is attachment and why does it matter? - with written and filmed explanation and examples.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

#### **Financial review**

The charity's income increased for the year ended 5 April 2022 with the annual conference held online in November 2021 generating income of £47,902 (2021 £34,932). Membership numbers at 5 April 2022 totalled 424 and income from memberships for the year totalled £71,000 (2021 - £35,906).

Overall the charity made a deficit for the year of £2,489 (2021 - £22,240) after having allocated resources to the development of the Matrix framework (£8,034) and the current and future strategy of the charity and how it will support its members (£15,981).

Net assets at 5 April 2022 totalled £76,786.

## **The Attachment Research Community CIO**

### **Trustees' Report (continued)**

#### ***Policy on reserves***

The trustees recognise the need for a reasonable level of financial reserves in order to protect the charity from the possibility of any adverse or unforeseen circumstances that could arise.

Unrestricted reserves held at 5 April 2022 enable the charity to continue for at least a further 12 months in the event that there was a significant drop in income. The trustees are taking appropriate steps over the next financial year to maintain the level of these reserves to meet the future needs of the charity.

#### **Structure, governance and management**

##### ***Nature of governing document***

The charity is a charitable incorporated organisation - association and is governed by the constitution dated 3 April 2017, as amended by a written resolution dated 14 September 2017.

The charity was registered as The Attachment Response Community and renamed during the year ended 5 April 2019 to The Attachment Research Community.

##### ***Recruitment and appointment of trustees***

As set out in the constitution, there must be at least three charity trustees. At every annual general meeting of the members of ARC, one third of the charity trustees shall retire from office but will be eligible for reappointment. Each new trustee will receive a copy of the constitution and the latest annual report and statement of accounts prior to their appointment.

##### ***Organisational structure***

The members of ARC have no liability to contribute to the charity's assets and no personal responsibility for the settlement of its debts.

## The Attachment Research Community CIO

### Trustees' Report

#### Statement of Trustees' Responsibilities

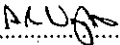
The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The annual report was approved by the trustees of the charity on 21/11/24 and signed on its behalf by:

  
.....  
A R Wright (Chair)  
Trustee

## The Attachment Research Community CIO

### Independent Examiner's Report to the trustees of The Attachment Research Community CIO

I report to the trustees on my examination of the accounts of The Attachment Research Community CIO for the year ended 5 April 2022.

#### Responsibilities and basis of report

As the charity trustees of The Attachment Research Community CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the The Attachment Research Community CIO's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

#### Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of The Attachment Research Community CIO as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....  
Mrs L J Osselton FCA  
Chartered Accountant  
ICAEW

Rowan House North  
1 The Professional Quarter  
Shrewsbury Business Park  
Shrewsbury  
Shropshire  
SY2 6LG

Date: 21 November 2022

## The Attachment Research Community CIO

### Statement of Financial Activities for the Year Ended 5 April 2022

	Note	Unrestricted £	Total 2022 £
<b>Income and Endowments from:</b>			
Donations and legacies	2	5,000	5,000
Charitable activities	3	<u>118,902</u>	<u>118,902</u>
Total Income		<u>123,902</u>	<u>123,902</u>
<b>Expenditure on:</b>			
Charitable activities	4	<u>(126,391)</u>	<u>(126,391)</u>
Total Expenditure		<u>(126,391)</u>	<u>(126,391)</u>
Net movement in funds		(2,489)	(2,489)
<b>Reconciliation of funds</b>			
Total funds brought forward		<u>79,275</u>	<u>79,275</u>
Total funds carried forward	14	<u>76,786</u>	<u>76,786</u>
		<b>Unrestricted funds £</b>	<b>Total 2021 £</b>
<b>Income and Endowments from:</b>			
Donations and legacies		5,000	5,000
Charitable activities		<u>70,838</u>	<u>70,838</u>
Total income		<u>75,838</u>	<u>75,838</u>
<b>Expenditure on:</b>			
Charitable activities		<u>(98,078)</u>	<u>(98,078)</u>
Total expenditure		<u>(98,078)</u>	<u>(98,078)</u>
Net expenditure		<u>(22,240)</u>	<u>(22,240)</u>
Net movement in funds		(22,240)	(22,240)
<b>Reconciliation of funds</b>			
Total funds brought forward		<u>101,515</u>	<u>101,515</u>
Total funds carried forward	14	<u>79,275</u>	<u>79,275</u>

All of the charity's activities derive from continuing operations during the above two periods.  
The funds breakdown for 2021 is shown in note 14.

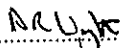
The Attachment Research Community CIO

(Registration number: 1172378)

Balance Sheet as at 5 April 2022

	Note	2022 £	2021 £
<b>Current assets</b>			
Debtors	11	25,479	22,372
Cash at bank and in hand	12	<u>64,940</u>	<u>61,617</u>
		90,419	83,989
<b>Creditors: Amounts falling due within one year</b>	13	<u>(13,633)</u>	<u>(4,714)</u>
<b>Net assets</b>		<u>76,786</u>	<u>79,275</u>
<b>Funds of the charity:</b>			
<b>Unrestricted income funds</b>			
Unrestricted funds		<u>76,786</u>	<u>79,275</u>
<b>Total funds</b>	14	<u>76,786</u>	<u>79,275</u>

The financial statements on pages 8 to 16 were approved by the trustees, and authorised for issue on 21/11/22 and signed on their behalf by:

  
 .....  
 A R Wright (Chair)  
 Trustee

## The Attachment Research Community CIO

### Notes to the Financial Statements for the Year Ended 5 April 2022

#### 1 Accounting policies

##### **Statement of compliance**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

##### **Basis of preparation**

The Attachment Research Community CIO meets the definition of a public benefit entity under FRS 102. The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

##### **Going concern**

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

##### **Income and endowments**

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

##### ***Grants receivable***

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

##### ***Charitable activities***

Income from charitable activities is recognised when the charity becomes entitled to the resources, the trustees are virtually certain they will receive the resources and the monetary value can be measured with sufficient reliability.

##### **Expenditure**

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources and depreciation charges allocated on the portion of the asset's use.

##### ***Charitable activities***

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

## The Attachment Research Community CIO

### Notes to the Financial Statements for the Year Ended 5 April 2022 (continued)

#### *Grant provisions*

Provisions for grants are made when the intention to make a grant has been communicated to the recipient but there is uncertainty about either the timing of the grant or the amount of grant payable.

#### **Support costs**

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

#### **Governance costs**

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees meetings and reimbursed expenses.

#### **Taxation**

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

#### **Fund structure**

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

## The Attachment Research Community CIO

### Notes to the Financial Statements for the Year Ended 5 April 2022 (continued)

#### 2 Income from donations and legacies

	Unrestricted funds General £	Total 2022 £	Total 2021 £
Grants, including capital grants; Grants from other charities	5,000	5,000	5,000
	5,000	5,000	5,000

#### 3 Income from charitable activities

	Unrestricted funds General £	Total 2022 £	Total 2021 £
Conferences	47,902	47,902	34,932
Membership	71,000	71,000	35,906
	118,902	118,902	70,838

#### 4 Expenditure on charitable activities

		Unrestricted General £	Total 2022 £	Total 2021 £
Conferences		37,159	37,159	36,178
Membership	5	30,235	30,235	39,796
Grant funding of activities		-	-	5,000
Allocated support costs	6	33,697	33,697	7,901
Governance costs	6	25,300	25,300	9,203
		126,391	126,391	98,078

The support costs associated with grant-making are £Nil (5 April 2021 - £Nil).

## The Attachment Research Community CIO

### Notes to the Financial Statements for the Year Ended 5 April 2022 (continued)

#### 5 Analysis of membership activity costs

	Unrestricted	Total	Total
Note	General	2022	2021
	£	£	£
Telephone and fax	1,162	1,162	663
IT costs	4,828	4,828	4,934
Communication, media management and office costs	16,105	16,105	19,574
Matrix framework costs	8,034	8,034	-
Consultancy fees	106	106	-
Bad debts written off	-	-	14,625
	<u>30,235</u>	<u>30,235</u>	<u>39,796</u>

#### 6 Analysis of governance and support costs

##### Other resources expended

	Unrestricted	Total	Total
	General	2022	2021
	£	£	£
Administrative support costs	33,436	33,436	7,650
Bank charges	261	261	251
	<u>33,697</u>	<u>33,697</u>	<u>7,901</u>

## The Attachment Research Community CIO

### Notes to the Financial Statements for the Year Ended 5 April 2022 (continued)

#### Governance costs

	Unrestricted funds General £	Total 2022 £	Total 2021 £
Independent examiner fees			
Examination of the financial statements	1,087	1,087	1,150
Other governance costs	24,213	24,213	8,053
	25,300	25,300	9,203

Other governance costs relate to: administrative support and provision of governance advice to the Trustees £7,650 (2021 - £7,650), Strategy development costs of £15,981 (2021 - £nil), travel costs reimbursed to Trustee £179 (2021 - £nil) and insurance £403 (2021 - £403).

#### 7 Trustees remuneration and expenses

During the year the charity made the following transactions with trustees:

##### T Clifford

£179 (2021: £Nil) of expenses were reimbursed to T Clifford during the year.

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

#### 8 Staff costs

The charity had no employees during the period.

The charity receives support with administrative matters from Mr P Cox, a self-employed consultant. Costs of £15,300 (2021 - £15,300) were paid to Mr P Cox during the period and classified as administrative support costs.

#### 9 Independent examiner's remuneration

	2022 £	2021 £
Examination of the financial statements	1,087	1,150

## The Attachment Research Community CIO

### Notes to the Financial Statements for the Year Ended 5 April 2022 (continued)

#### 10 Taxation

The charity is a registered charity and is therefore exempt from taxation.

#### 11 Debtors

	2022 £	2021 £
Trade debtors	20,820	18,395
Prepayments	4,659	270
VAT recoverable	-	3,707
	<u>25,479</u>	<u>22,372</u>

#### 12 Cash and cash equivalents

	2022 £	2021 £
Cash at bank	<u>64,940</u>	<u>61,617</u>

#### 13 Creditors: amounts falling due within one year

	2022 £	2021 £
Trade creditors	11,195	3,963
VAT payable	1,550	-
Accruals	888	751
	<u>13,633</u>	<u>4,714</u>

The Attachment Research Community CIO

Notes to the Financial Statements for the Year Ended 5 April 2022 (continued)

14 Funds

	Balance at 6 April 2021 £	Incoming resources £	Resources expended £	Balance at 5 April 2022 £
<b>Unrestricted</b>				
General	<u>79,275</u>	<u>123,902</u>	<u>(126,391)</u>	<u>76,786</u>
	Balance at 6 April 2020 £	Incoming resources £	Resources expended £	Balance at 5 April 2021 £
<b>Unrestricted</b>				
General	<u>101,515</u>	<u>75,838</u>	<u>(98,078)</u>	<u>79,275</u>

15 Analysis of net assets between funds

	Unrestricted funds General £	Total funds at 5 April 2022 £
Current assets	90,419	90,419
Current liabilities	<u>(13,633)</u>	<u>(13,633)</u>
Total net assets	<u>76,786</u>	<u>76,786</u>
	Unrestricted funds General £	Total funds at 5 April 2021 £
Current assets	83,989	83,989
Current liabilities	<u>(4,714)</u>	<u>(4,714)</u>
Total net assets	<u>79,275</u>	<u>79,275</u>

**THE ATTACHMENT RESEARCH COMMUNITY**

England & Wales - Charity number 1172378

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# Accounts

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Charity registration number: 1172378

# The Attachment Research Community CIO

Annual Report and Financial Statements

for the Year Ended 5 April 2021



# **The Attachment Research Community CIO**

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Independent Examiner's Report	6
Statement of Financial Activities	7
Balance Sheet	8
Notes to the Financial Statements	9 to 15

## **The Attachment Research Community CIO**

### **Reference and Administrative Details**

<b>Trustees</b>	A R Wright (Chair) T Clifford R J Parker A M McBlain E Bott (appointed 15 October 2020) C Barden (appointed 15 October 2020) K M Brooks (appointed 8 December 2020) N R Mort (appointed 8 December 2020) M Salter (appointed 27 January 2021) S Scott (appointed 27 January 2021) E A Watt (appointed 24 March 2021) D H Carden (appointed 10 May 2021) G Brenton (appointed 10 May 2021) J E Cahill OBE (appointed 10 May 2021) J O Brooks (appointed 10 May 2021)
<b>Senior Management Team</b>	Mr M Flowers and Ms T Boneham (Setsquare Creative Solutions Limited), Communication and media management Mr P Cox, Head of governance
<b>Principal Office</b>	c/o Office 1 Shrieves Walk Sheep Street Stratford upon Avon Warwickshire CV37 6GJ
<b>Charity Registration Number</b>	1172378
<b>Independent Examiner</b>	CBSL Accountants Limited Chartered Accountant Rowan House North 1 The Professional Quarter Shrewsbury Business Park Shrewsbury Shropshire SY2 6LG

# The Attachment Research Community CIO

## Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 5 April 2021.

### Objectives and activities

#### *Objects and aims*

The charity was registered with the Charity Commission as a charitable incorporated organisation on 3 April 2017.

The objects of The Attachment Research Community (ARC) are to advance in life and relieve the charitable needs of children and young people with unmet attachment needs including (but without limitation) by:

1. promoting support to such children and young people in schools and other educational settings, including by promoting such support to families and carers;
2. promoting good practice to improve the outcomes for and opportunities and development of children and young people with unmet attachment needs;
3. promoting good practice to minimise school exclusion of children with identified attachment needs;
4. sharing and disseminating the findings of academic research with schools, the government, regulators, training providers, families, carers, specialist media and the public generally in order to raise awareness of and encourage the development of practises to assist and support children and young people with attachment needs.

The charity aims to meet its charitable objects through its membership resources, which include a monthly newsletter, access to the website including online tools, case study examples and regional forums.

ARC works in partnership with a number of parties including the National Association of Virtual School Head Teachers (NAVSH), West Midlands Virtual Schools Foundation, and the REES Centre for Research in Fostering and Education, University of Oxford.

#### *Objectives, strategies and activities*

The ARC national conference, held every November, provides a focus and meeting point for members. ARC is currently preparing for the sixth annual conference which is CPD certified. Key note speakers will include Dr. Besselvan der Klock and David Whitaker. All conferences, live or online, have been well attended by members and non-members and have stimulated a great deal of interest and promotion of new memberships. Keynote speakers have included Dr Margot Sunderland, Dr Janet Rose, Prof Jeremy Holmes, Dr Andrew Rogers, Kate Cairns and Prof Judy Sebba with workshops from schools, trainers and other professionals.

At the 2020 online conference, ARC continued to promote its objective of all schools being attachment and trauma aware by 2025 and in particular:

- Supporting schools to become attachment and trauma aware
- Enhancing existing and potential collaborative communities of support
- Collating and providing a national platform for research and practice
- Helping to provide and extend a national voice for attachment and trauma
- Recognising, celebrating and sharing best practice.

The annual Alex Timpson Award continues to raise interest in attachment and trauma aware schools and at the 2021 annual conference the fifth set of awards will be announced.

## **The Attachment Research Community CIO**

### **Trustees' Report**

Regional workshops have created further opportunities for education leaders to learn of the benefits, systems and processes required to develop a nurturing, inclusive, attachment and trauma aware environment.

The trustees have future plans to develop ARC across the UK with regional operational groups and events. The launch of the call to action campaign will begin in 2021. The recommendations of the call to action are for better support for a core understanding of attachment and trauma to enable school leaders and the whole workforce to create a culture that supports vulnerable children to build trusting relationships, resilience and enables all children to achieve their potential.

#### ***Fundraising disclosures***

The ARC trustees thank the Alex Timpson Trust (ATT) for the generous support in 2020/21 and for the forthcoming year.

The charity does not carry out significant fundraising activities with the general public and does not use a professional fundraiser or commercial participator to carry out fundraising.

#### ***Public benefit***

ARC has developed an online infrastructure called the Matrix which works together with the ARC pathway to support schools and settings audit their current practice, create development plans and implement action research projects, within their settings or across multiple settings.

The Matrix is a detailed assessment and planning structure for understanding and developing a setting's work on attachment and trauma. It has three strands: individual, institutional and community, three foci: people, process and outcomes and will support the ARC awards through its three levels: bronze, silver and gold, which recognises the steps that have been taken; from training staff through to offering support to others. It has been aligned to the Ofsted Education Inspection Framework (EIF) and the National Professional Qualifications (NPQ) framework to ensure it supports both school strategic self-evaluation form (SEF) and school development plan (SDP/SIP), and individual staff planning.

An extensive monthly newsletter goes out to all members and the wider community with the aim of both updating and reporting on regional developments.

Considerable investment has been made in website development with the aim of ensuring that all practitioners can share learning as widely and as easily as possible. ARC's website offers support to anyone interested in being an attachment aware school or setting with additional benefits for members.

At the start of the Covid virus, ARC quickly responded by providing a web page of free accessible resources to help teachers, educational professionals, parents and children through the pandemic. ARC plans to update this page regularly with more support resources.

The public website offers advice on commissioning training - what to look for from a trainer, what is attachment and why does it matter? - with written and filmed explanation and examples.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

## **The Attachment Research Community CIO**

### **Trustees' Report**

#### **Financial review**

The charity's income declined for the year ended 5 April 2021 with fewer events and moving to online provision. The national conference held online in November 2020 generated income of £34,932. Membership numbers remained consistent at 601 at 5 April 2021 and income from memberships for the year totalled £35,906.

Overall the charity made a deficit for the year of £22,240, which included a tidying up of the debtors ledger for older invoices raised for automatic membership renewals and conference bad debts of £17,253.

Net assets at 5 April 2021 totalled £79,275.

#### ***Policy on reserves***

The trustees recognise the need for a reasonable level of financial reserves in order to protect the charity from the possibility of any adverse or unforeseen circumstances that could arise.

Unrestricted reserves held at 5 April 2021 enable the charity to continue for at least a further 12 months in the event that there was a significant drop in income. The trustees are taking appropriate steps over the next financial year to maintain the level of these reserves to meet the future needs of the charity.

#### **Structure, governance and management**

##### ***Nature of governing document***

The charity is a charitable incorporated organisation - association and is governed by the constitution dated 3 April 2017, as amended by a written resolution dated 14 September 2017.

The charity was registered as The Attachment Response Community and renamed during the year ended 5 April 2019 to The Attachment Research Community.

##### ***Recruitment and appointment of trustees***

As set out in the constitution, there must be at least three charity trustees. At every annual general meeting of the members of ARC, one third of the charity trustees shall retire from office but will be eligible for reappointment. Each new trustee will receive a copy of the constitution and the latest annual report and statement of accounts prior to their appointment.

##### ***Organisational structure***

The members of ARC have no liability to contribute to the charity's assets and no personal responsibility for the settlement of its debts.

##### **Statement of Trustees' Responsibilities**

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;

## The Attachment Research Community CIO

### Trustees' Report

#### Statement of Trustees' Responsibilities

- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The annual report was approved by the trustees of the charity on 13/12/21 and signed on its behalf by:

ARW

.....  
A R Wright (Chair)  
Trustee

## The Attachment Research Community CIO

### Independent Examiner's Report to the trustees of The Attachment Research Community CIO

I report to the charity trustees on my examination of the accounts of the charity for the year ended 5 April 2021 which are set out on pages 7 to 15.

#### Respective responsibilities of trustees and examiner

As the charity's trustees of The Attachment Research Community CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

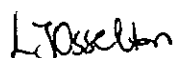
I report in respect of my examination of the The Attachment Research Community CIO's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

#### Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of The Attachment Research Community CIO as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....  
Mrs L J Osselton FCA  
Chartered Accountant  
ICAEW

Rowan House North  
1 The Professional Quarter  
Shrewsbury Business Park  
Shrewsbury  
Shropshire  
SY2 6LG

Date: 14 December 2021

## The Attachment Research Community CIO

### Statement of Financial Activities for the Year Ended 5 April 2021

	Note	Unrestricted £	Total 2021 £
<b>Income and Endowments from:</b>			
Donations and legacies	2	5,000	5,000
Charitable activities	3	<u>70,838</u>	<u>70,838</u>
Total Income		<u>75,838</u>	<u>75,838</u>
<b>Expenditure on:</b>			
Charitable activities	4	<u>(98,078)</u>	<u>(98,078)</u>
Total Expenditure		<u>(98,078)</u>	<u>(98,078)</u>
Net movement in funds		(22,240)	(22,240)
<b>Reconciliation of funds</b>			
Total funds brought forward		<u>101,515</u>	<u>101,515</u>
Total funds carried forward	14	<u>79,275</u>	<u>79,275</u>
	Note	Unrestricted funds £	Total 2020 £
<b>Income and Endowments from:</b>			
Donations and legacies		30,987	30,987
Charitable activities		<u>114,070</u>	<u>114,070</u>
Total income		<u>145,057</u>	<u>145,057</u>
<b>Expenditure on:</b>			
Charitable activities		<u>(115,490)</u>	<u>(115,490)</u>
Total expenditure		<u>(115,490)</u>	<u>(115,490)</u>
Net income		<u>29,567</u>	<u>29,567</u>
Net movement in funds		29,567	29,567
<b>Reconciliation of funds</b>			
Total funds brought forward		<u>71,948</u>	<u>71,948</u>
Total funds carried forward	14	<u>101,515</u>	<u>101,515</u>


All of the charity's activities derive from continuing operations during the above two periods.  
The funds breakdown for 2020 is shown in note 14.

**The Attachment Research Community CIO**

**(Registration number: 1172378)  
Balance Sheet as at 5 April 2021**

	Note	2021 £	2020 £
<b>Current assets</b>			
Debtors	11	22,372	53,813
Cash at bank and in hand	12	<u>61,617</u>	<u>145,046</u>
		83,989	198,859
<b>Creditors: Amounts falling due within one year</b>	13	<u>(4,714)</u>	<u>(97,344)</u>
<b>Net assets</b>		<u>79,275</u>	<u>101,515</u>
<b>Funds of the charity:</b>			
<b>Unrestricted income funds</b>			
Unrestricted funds		<u>79,275</u>	<u>101,515</u>
<b>Total funds</b>	14	<u>79,275</u>	<u>101,515</u>

The financial statements on pages 7 to 15 were approved by the trustees, and authorised for issue on 13/12/21... and signed on their behalf by:

  
.....  
A R Wright (Chair)  
Trustee

## **The Attachment Research Community CIO**

### **Notes to the Financial Statements for the Year Ended 5 April 2021**

#### **1 Accounting policies**

##### **Statement of compliance**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

##### **Basis of preparation**

The Attachment Research Community CIO meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

##### **Exemption from preparing a cash flow statement**

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

##### **Going concern**

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

##### **Income and endowments**

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

##### **Donations and legacies**

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

##### **Grants receivable**

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

##### **Deferred income**

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

##### **Charitable activities**

Income from charitable activities is recognised when the charity becomes entitled to the resources, the trustees are virtually certain they will receive the resources and the monetary value can be measured with sufficient reliability.

## **The Attachment Research Community CIO**

### **Notes to the Financial Statements for the Year Ended 5 April 2021**

#### **Expenditure**

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources and depreciation charges allocated on the portion of the asset's use.

#### ***Charitable activities***

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

#### ***Grant provisions***

Provisions for grants are made when the intention to make a grant has been communicated to the recipient but there is uncertainty about either the timing of the grant or the amount of grant payable.

#### **Support costs**

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

#### **Governance costs**

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

#### **Taxation**

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

#### **Fund structure**

Unrestricted income funds are general funds that are available for use at the trustees's discretion in furtherance of the objectives of the charity.

## The Attachment Research Community CIO

### Notes to the Financial Statements for the Year Ended 5 April 2021

#### 2 Income from donations and legacies

	Unrestricted funds General £	Total 2021 £	Total 2020 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	-	-	987
Grants, including capital grants;			
Grants from other charities	5,000	5,000	30,000
	<u>5,000</u>	<u>5,000</u>	<u>30,987</u>

#### 3 Income from charitable activities

	Unrestricted funds General £	Total 2021 £	Total 2020 £
Conferences - national (virtual) (2020 - national and special focus)	34,932	34,932	55,182
Membership	35,906	35,906	58,888
	<u>70,838</u>	<u>70,838</u>	<u>114,070</u>

#### 4 Expenditure on charitable activities

	Unrestricted	Total	Total
Note	General £	2021 £	2020 £
Conferences - national and special focus	36,178	36,178	57,781
Membership	39,796	39,796	36,145
Grant funding of activities	5,000	5,000	3,500
Allocated support costs	7,901	7,901	8,264
Governance costs	9,203	9,203	9,800
	<u>98,078</u>	<u>98,078</u>	<u>115,490</u>

The support costs associated with grant-making are £Nil (5 April 2020 - £Nil).

Grants were given to five (2020 - four) organisations during the period as Alex Timpson Awards.

## The Attachment Research Community CIO

### Notes to the Financial Statements for the Year Ended 5 April 2021

#### 5 Analysis of membership activity costs

	Unrestricted	Total	Total
Note	General	2021	2020
	£	£	£
Telephone and fax	663	663	240
IT costs	4,934	4,934	7,016
Printing, postage and stationery	-	-	27
Training and development	-	-	800
Communication, media management and office costs	19,574	19,574	27,509
Consultancy fees	-	-	553
Bad debts written off	14,625	14,625	-
	<u>39,796</u>	<u>39,796</u>	<u>36,145</u>

#### 6 Analysis of governance and support costs

##### Other resources expended

	Unrestricted	Total	Total
	General	2021	2020
	£	£	£
Administrative support costs	7,650	7,650	7,798
Travel costs	-	-	222
Bank charges	251	251	244
	<u>7,901</u>	<u>7,901</u>	<u>8,264</u>

## The Attachment Research Community CIO

### Notes to the Financial Statements for the Year Ended 5 April 2021

#### Governance costs

	Unrestricted funds General £	Total 2021 £	Total 2020 £
Independent examiner fees			
Examination of the financial statements	1,150	1,150	1,450
Other governance costs	<u>8,053</u>	<u>8,053</u>	<u>8,350</u>
	<u>9,203</u>	<u>9,203</u>	<u>9,800</u>

Other governance costs relate to: administrative support and provision of governance advice to the Trustees £7,650 (2020 - £7,798), travel costs in providing that support £nil (2020 - £222) and insurance £403 (2020 - £330).

#### 7 Trustees remuneration and expenses

During the year the charity made the following transactions with trustees:

##### T Clifford

T Clifford received remuneration of £Nil (2020: £Nil) and £Nil (2020: £553) of expenses were reimbursed to T Clifford during the year.

During the prior year the charity reimbursed expenses to Mr T Clifford for travel and representing the Trust.

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

#### 8 Staff costs

The charity had no employees during the period.

The charity receives support with administrative matters from Mr P Cox, a self-employed consultant. Costs of £15,300 (2020 - £15,771) were paid to Mr P Cox during the period and classified as administrative support costs.

#### 9 Independent examiner's remuneration

	2021 £	2020 £
Examination of the financial statements	<u>1,150</u>	<u>1,450</u>

## The Attachment Research Community CIO

### Notes to the Financial Statements for the Year Ended 5 April 2021

#### 10 Taxation

The charity is a registered charity and is therefore exempt from taxation.

#### 11 Debtors

	2021 £	2020 £
Trade debtors	18,395	46,573
Prepayments	270	7,240
VAT recoverable	3,707	-
	<u>22,372</u>	<u>53,813</u>

#### 12 Cash and cash equivalents

	2021 £	2020 £
Cash at bank	<u>61,617</u>	<u>145,046</u>

#### 13 Creditors: amounts falling due within one year

	2021 £	2020 £
Trade creditors	3,963	-
VAT payable	-	3,067
Other creditors	-	90,949
Accruals	751	751
Deferred income	-	2,577
	<u>4,714</u>	<u>97,344</u>

Other creditors related to funds received on behalf of the newly incorporated charity, WMVS Children in Care Foundation. These were transferred to the new charity during the year ended 31 March 2021.

	2021 £
Deferred income at 6 April 2020	2,577
Amounts released from previous periods	<u>(2,577)</u>
Deferred income at 5 April 2021	<u>-</u>

**The Attachment Research Community CIO**

**Notes to the Financial Statements for the Year Ended 5 April 2021**

**14 Funds**

	<b>Balance at 6 April 2020 £</b>	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>Balance at 5 April 2021 £</b>
<b>Unrestricted</b>				
General	<u>101,515</u>	<u>75,838</u>	<u>(98,078)</u>	<u>79,275</u>
	<b>Balance at 6 April 2019 £</b>	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>Balance at 5 April 2020 £</b>
<b>Unrestricted</b>				
General	<u>71,948</u>	<u>145,057</u>	<u>(115,490)</u>	<u>101,515</u>

**15 Analysis of net assets between funds**

	<b>Unrestricted funds General £</b>	<b>Total funds at 5 April 2021 £</b>
Current assets	83,989	83,989
Current liabilities	<u>(4,714)</u>	<u>(4,714)</u>
Total net assets	<u>79,275</u>	<u>79,275</u>
	<b>Unrestricted funds General £</b>	<b>Total funds at 5 April 2020 £</b>
Current assets	198,859	198,859
Current liabilities	<u>(97,344)</u>	<u>(97,344)</u>
Total net assets	<u>101,515</u>	<u>101,515</u>