

SAFE AND SOUND DORSET

REGISTERED CHARITY NO 1172371

RECEIPTS AND PAYMENTS ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2022

SAFE AND SOUND DORSET

YEAR ENDED 31 MARCH 2022

CONTENTS

	Page
Reference and Administrative Details	1
Trustees' Annual Report	2-10
Trustees' Approval Statement	11
Report of the Independent Examiner	12
Statement of Financial Activities	13
Statement of Assets and Liabilities	14
Notes to the Accounts	15-16

SAFE AND SOUND DORSET

YEAR ENDED 31 MARCH 2022

REFERENCE & ADMINISTRATIVE DETAILS

Trustees	Mary Richards	
	Charlene Street	
	Victoria Westerby	
	Refiloe Makhoana	Resigned 16th October 2021
	Sophia Mills	Resigned 16th October 2021
Principal Office	1 Browning Avenue	
	Bournemouth	
	Dorset	
	BH5 1NP	
Charity Registration Number	1172371	
Gift Aid Reference Number	EW77430	
Independent Examiner	Sue Wintle FMAAT	
	27 Bascott Road	
	Wallisdown	
	Bournemouth	
	Dorset	
	BH11 8RJ	

October 15th 2022
Safe and Sound Dorset
Half Yearly Report for Trustees
Written by Dot Pickett
Endorsed by Mary Richards

Our mission statement

*Working with women who are isolated or at risk,
building confidence through creativity and community,
encouraging social inclusion, responsibility and personal choice.*

Safe and Sound Dorset is at an important transformational stage in its development and growth. With the opening of our coffee lounge 6 months ago we are at a make or break point. Our strategy is always underpinned by our beliefs and values. These values include an understanding of how much a support system around each person can make a huge difference. Belonging to a community addresses social issues of positive inclusion enabling women to build their confidence. Barriers of disadvantage and low income affect the lives of many women struggling in isolation and can be alleviated through small means such as food vouchers, community meals, laundry and shower facilities as well as a chance to connect up in small ways throughout each week, eat together and do activities together.

We believe that with support our service users can be empowered to recognise and develop their strengths, confidence and self-esteem, able to manage their lives positively. Homelessness, and mental and physical health issues can affect us all and we understand that having a home is a first step to a more stable environment. Our staff and volunteers support women often with multiple disadvantages through temporary and supported housing and while moving in to long term accommodation. Through our creative sessions we offer community support and through our new coffee lounge we offer the opportunity for employability skills and training.

There has been a lot going on behind the scenes for Safe and Sound Dorset.

In March 2022 we opened a cafe called The Well, in the Royal Arcade in Boscombe, a historic location, primed for an arts and craft transformation. The decorating is done, we bought kitchen appliances and shifted stock. There were multiple things to plan and do before our opening on Feb 26th 2022.

We have a cafe manager in place and have taken on some excellent assistants. This is a longterm project to enable Safe and Sound Dorset to become self sustaining, whilst using the coffee lounge as a training venue for women wanting to gain confidence and build up employability skills. Many of our service users have very low self-esteem and limited soft skills, such as communication skills, teamwork, adaptability, problem-solving, creativity, work ethic, interpersonal skills and time management. At the coffee lounge they can gain their Food Safety certificates and build their confidence through hospitality skills. We have

started taking work placements for 16-25 year olds from South West Region Assessment Centre (SWRAC)

Mary Richards, Chair of Trustees:

'I have been with Safe and Sound Dorset from its commencement and count it an honour to serve this amazing charity. It has been so lovely to be able to start the sessions again and be able to connect with each other face to face. A big venture for us has begun in opening The Well coffee lounge, where we are giving some of our women the opportunity to gain confidence, skills and develop community by having them volunteer. We have also been able to give some paid work which is a huge step forward for them. We are looking forward to seeing more women thrive, come out of the shadows of loneliness and together create a peaceful place for people to come and enjoy community in the town.

We have reached our 5th year and I am so proud of the hard work that the Manager and staff do every day.'

Our Late-night Outreach

We have continued running weekly outreach to the streets around Boscombe and Bournemouth to talk with the girls at their most vulnerable who are homeless, sofa surfing or working on the streets, some straight out of prison. We have offered support, given food and drinks, warm clothing, rape alarms and sign posted them to services in the area (housing, drop in services, sexual health clinics, domestic violence support services.) We have encouraged them to attend our now six times weekly sessions, in various locations, where we encourage community inclusion, offering a shower and laundry facilities and participation in creative arts in small groups or help with housing or appointments. We have seen more progression. One woman, writes,

'The last year my life has changed the most it ever has. It's the happiest I have been since I can remember...the support and help from Safe and Sound Dorset charity built up my relationship with my family and made me feel not alone. You supported me when I needed it most and even when I was in prison. Going to rehab changed my life around COMPLETELY, I now can communicate with people, ask for help and actually start to build a life for myself. I have my first proper job, my own safe home and most importantly a relationship with my family and son.'

Case Study

A was on our outreach radar as we regularly saw her begging outside of shops and gave her food and toiletries. We also saw her when we called in to give leaflets and food to women in B&Bs over the pandemic.

Since then we have invited her to our sessions when we met her again rough sleeping in 2022. She came in for food, a shower and to do her laundry. We invited her to our housing meal where she could meet a Shelter representative. Since then she has been placed in supported housing. She has joined in our summer activity programme and we have enabled her to attend The Horse Course.

She still has a long way to go but we will see her regularly to check things are working out for her and she can link into our sessions 4 times a week.

Outreach worker

'We set out on Friday night to meet up with women. We still have some women 'choosing' to sleep rough or sofa surf despite the cold weather. The council and St Mungos are not always able to put everyone in a B&B at the moment but we register people's interest and hope they are near the top of the queue.

Once in temporary accommodation, we can visit with their permission and offer support. Dependent on funding, Safe and Sound Dorset supply new bedding for flats so there have also been shopping trips so that the women can choose their own colours and enjoy their purchases.

We have women who attend our sessions, moving into their own flats. This is an enormous step for them. They benefit from the extra support we can offer as a community, visiting and helping with small things that make a big difference.

A place to call home is so important to us all. It gives us a sense of well being, a sense of belonging, a sense of purpose.'

Collaborating with others

We are part of the Homelessness Reduction Forum in Bournemouth and work alongside other agencies referring to BCP Council, St Mungos, BH1 Salvation Army Drop-in, We are With You (Drug and Alcohol service) BCHA Courses such as Ignite for personal development and the Freedom Course for support with domestic violence issues as well as inviting girls to our creative sessions which are a safe space for women. We have had women in our women-only sessions, 'gingerly' ask for support and we have been able to pay for them to get to a crucial appointment by taxi, which has then led to finding a safe place for them to stay in a refuge. We feel this bridge between services is a vital connection which we, as a charity can give and that our community needs.

It has come to light during the pandemic how important women's groups are, that gender-based groups are helping to address the multiple complex needs that women are facing and that specialist services such as We are With You, St Mungos, BCP Council benefit from the expertise of women's charities and the extra time that can be dedicated to women's needs. Women in cycles of homelessness or caught up in the Criminal Justice System are more likely to engage through an informal, holistic approach using adaptive and creative initiatives rather than through the statutory services where they may have to jump through many hoops and therefore give up.

We completely concur with initiatives such as Housing First which BCP and St Mungos have adopted which is providing wraparound support. This and the regular safe support we as a women's charity can give can make all the difference to someone's life.

'Just wanted to say a huge thank you on behalf of the Pathways Leaving Care Team for the invaluable support you offered to our young person. I know that it is truly appreciated, not only by her but by all of the multi-agency teams who support.'

Creative community sessions

We are running our women's only creative community sessions, alongside our 1-1 support service offering help with doctors and hospital appointments, court, prison, housing and recovery accompaniment as well as help with college and job applications. Our aim as a group is to inspire each other to reach for opportunities and build confidence through creativity and community and to be a model for other organisations who could adopt our creative approach.

We have employed our first sessional worker who has been through the whole journey; from being homeless, to finding supported then permanent stable accommodation, to joining our creative sessions, then becoming a volunteer and she became a member of staff on July 1st 2021.

She writes:

'I would like to say that being a session worker in the last 12 months has been a pleasure and given me so much more confidence. Working alongside others and helping to support ladies in our sessions is very rewarding as a job. Even the tiniest little thing can mean so

much. We can all together make such an impact and we must treasure every day to the most.'

The Well Coffee Lounge

Our most recent venture is opening our own coffee lounge in March 2022 in the Royal Arcade in Boscombe, to be used as a training facility for women, many of whom have very low self-esteem and limited cooking skills. Here they can gain their Food & Hygiene certificates and build their confidence through employability skills particularly in hospitality. There has been an enormous community response to the opening of our not for profit community coffee lounge, which will help us as a charity to become sustainable in the longterm.

On a Thursday afternoon 2-3.30pm we run a 'housing session' at The Well. Set around a cafe meal we invite homeless, NFA, sofa surfing women, those in temporary or supported housing, or those with housing issues every week to the coffee lounge as part of our outreach during which women will be supported by those on the outreach team. Shelter attend twice a month to follow up referrals with their expertise. The support is as a listening ear or offering practical support during the week such as form filling, supporting women to appointments with housing, court etc.

One woman from our outreach writes:

'I used to go there (to the bluebells) all the time with my nan when I was younger ♡ I'm a year clean next month. Thank you for always helping when you could and for always trying to get me to sit down and eat a meal in the cafe.'

We also hold our own craft session at the coffee lounge, as well as hoping to offer an art afternoon and a cyber security support group for those anxious about on-line safety. There are some mental health teams using our premises for groups gathering in the coffee lounge. Other courses could be run from the premises as we have downstairs meeting rooms. Having our own premises will hopefully consolidate our working rapport with others in the community.

'The craft morning went really well, lots of chat laughs. I ventured out with my walker and the dogs who were welcomed warmly by the staff. They had water and biscuits and lots of fuss. This is such a beautiful resource and lovely to have the cafe space to enjoy whatever the weather. I will be trekking to the cafe regularly I think.'

'Hi, it makes such a difference to have a reason to go out to a usual place like a cafe. To be known and welcomed warmly is so beneficial. This is a tricky time for me first Mothering Sunday since Mum died. It is also her birthday in April. At times I feel so alone, having Safe and Sound let's me connect and share things, adventures, laughter, activities and food with people who do care. Nourishment in so many areas. It was lovely to arrange to meet someone at the cafe, be able to take the dogs and have them welcomed so much. Thank you all the Team your hard work, care and effort really make a difference.'

CRM

The CRM is helping us collate all our data on sessions and outreach, giving us a better sense of the women we reach. We already do many things in the community together like run stalls at local festivals, run beach yoga, have retreat days, hold community fundraising,

countryside walks and work on projects that benefit people beyond our group. We have a growing volunteer base led by our volunteer coordinator.

Over the past four years we have been involved with women at risk of domestic and sexual violence, addictions with alcohol and drug issues, eating disorders, long term mental and physical health issues, low or no family support, relationship breakdowns, low self esteem, no confidence, lack of education and employment. Over the pandemic we continued our services to the community and have supported women losing housing, facing eviction, moving into B&Bs, moving into supported or their own accommodation. We have supported with food boxes, care packages, craft kits, furniture, clothing and emotional support.

We have had over 260 unique women participate in our sessions (at Boscombe Baptist, Joy Cafe and Winton Park Cafe) over the past 3 years and we have just over 60 women per year on our books from outreach on the streets. We have progressively seen a cross-over from women trapped in cycles of homelessness, moving on into temporary or supported accommodation and able to access more support through women's sessions. Our charity has a proven track record of helping women on a journey of positive change, who increasingly find support in their community by participation in our therapeutic creative sessions, which reduces isolation and improves individual and community health and wellbeing.

Data for half yearly report October 2022	In last 2 years up to 01/04/2022	In Last term year Sept 21 to July 22	Since April 2017
Food Boxes	550	86	551
Care Packages	105	0	105
Food Bags	438	168	640
Aldi Vouchers	80	80	0
Craft Kits	594	139	594
Festive gift bags	260	260	
Total deliveries in the last 2 years	1947		
Total number of unique women who have benefited from food boxes, care packages, craft kits and food bags in the last year	260	143	281
TOTAL number of sessions/ contacts/services of any kind	2975	2154	5926
TOTAL number of street outreach interactions	759	520	970
Unique women who have attended sessions	194	99	
Service Users	299	148	
Unique women helped on Street outreach	61	96	128

TOTAL number of constituents on the CRM which includes donors, service users, staff, volunteers, funders etc	653	546	
People signed up to newsletter = 84 (Please encourage your family and friends)	84	84	
Women attending sessions @ BBC Monday		28	
Women attending sessions @ BBC Wednesday		24	
Women attending sessions @ Joy,		16	
Women attending sessions @ The Well craft,			
Women attending sessions @ The Well housing		31	
Number of service users that attended Summer Activity Days at Adventure Wonderland		34	56

'Hi, I am completely alone, no family contact, only professionals checking on me weekly or three monthly. Having Safe and Sound to contribute to and receive food parcels and craft bags means such a lot.

Although I am not seeing people or talking that much to folk, knowing there are some folk who care about me makes a difference.'

'I have been able to buy necessities with the voucher..Two meals maybe three at a push .. I am so grateful. To have it tho... 😊 Thank you...'

'I cant express enough how Safe Sound Dorset has helped me... A group of mis-matched women. My self identity was gender hatred. Not voiced often. I'm learning to love these girls, and myself. Getting an art pack, its like Christmas. Feel valued, and connected during lockdown, and now partial lockdown. Isolation comes so easy to me. But feel 'thought of'.

Information on volunteers

'Over the past few months, I have been privileged to witness first-hand how you have positively impacted the lives of vulnerable women in Dorset to date. This along with having first-hand experience with how easily any one of us can become vulnerable through, addictions, trauma and other issues attracts me to becoming more involved with you and the team.'

Currently we have 26 registered volunteers, with up to date DBS certificates.

19 are active and available for a minimum of 1 day per month

We have had many volunteer enquiries since our evening event at Boscombe Soup and placing some advertisements on CAN. We average on at least 3 -6 enquiries a week.

From the recent Volunteers Fair, we have 6 volunteer enquiries who have registered an interest and are going through the recruitment process.

At the start of the year, we had a volunteer meeting that was positive, and we agreed that we would publish a volunteer's rota by month. That we would meet 3 times a year and that training was important. All volunteers have signed the relevant paperwork for GDPR and data protection.

The general feel is that volunteers are happy and satisfied, finding volunteering rewarding.

We are planning volunteer week at THE WELL for a special afternoon tea.

'Thanks for everything, the last year has been hard & u were always about if I needed help, but really it's not just been over the last year has it? I mean u have been supporting me for years & years now & to be completely honest I truly don't believe I would be in the position I'm in now if u guys were not there for me for all this time, so THANK U to everyone. I appreciate every last one from the bottom of my heart.'

Why we are needed & facts and the difference we are making

- There are large numbers of women isolated or at risk within Boscombe and Bournemouth experiencing multiple disadvantages
- Many of the women we encounter are facing some sort of isolation from a support network or breakdown in family relationships
- Many are or have been drug or alcohol dependant and may be in recovery
- Some are working girls trying to earn a living to feed an addiction
- Many are from deprived backgrounds or have been within the care system
- Some have issues escalating to breaking the law and re –offending
- Many can not secure a consistent care plan that will have a long lasting life benefit –due to an inconsistent support network
- Many require emotional support to have a basic quality of life without endangering themselves
- Many lack basic physical needs like food and shelter
- Many are or have faced some sort of physical, emotional and psychological abuse, lacking trust especially in authority
- Many are excluded from the local community and support structures

Information and quotes from the internet during June 2021

- According to crisis.org.uk the cost of sleeping rough for 12 months in the UK is 20k per person
- Gov.uk estimate the cost @ 26k per person
- Homelessness is a "human cost" with no price tag (Crisis) and we know this from personal experience
- According to uk.rehab.com the average cost to replace street drugs with medical prescriptions is £5k per person per year
- A 28 day rehabilitation treatment for addiction costs approx £11k
- The cost of housing an inmate in prison for a year is £15k per person
- It is estimated in 2016/2017 adult social care cost was in the region of 16 billion

Successes and Impact

- We have a number of service users that are now well into rehabilitation and reliant on our services for support and provision which bridges the gap between their professional support and peer pressure. Without our consistent, positive and relational approach to services there would be a risk that service users would revert back to being isolated and disrupted in their progress.
- It has taken time to build trust and open communication which has only happened with consistency. Many service users report that we are the only constant in their lives as professional service contacts change frequently.
- This actually has a negative impact as many are disowned by their own families and therefore lean on peers who are likely to have a negative impact or lead to old ways of thinking.
- In some cases we have also been able to support families to support our service users acting as a support to both sides. This circle of communication and trust encourages healthy relationships to be built and reunited without it being too daunting for one another. In many cases it has taken years to build this trust with both family and the services users.
- We play a major impact on visiting service user with and without family when in rehabilitation or prison which also goes a long way to positive reinforcement and maintaining contact to support long term positive decision making.
- We have worked very hard to ensure we are flexible and scalable to adapt our services to cope with environmental issues (COVID) and service users needs. The positive impact on our service users means they want to develop their wellbeing leading to 'positive mental health and good life choices' being a constant and not a one off.
- We have a number of service users that would be happy to be case studies and tell their stories and share how Safe and Sound Dorset have supported them and been a positive impact in their lives. Although you will see from the recent survey below the feedback that we have had.
- Service users working to become volunteers to build future employment opportunities
- SASD orchestrating volunteer training and development and mentoring for confidence and soft skills for work entry through our coffee lounge.
- We are working with organisations such as BCP Council, St Mungos, BH1 Salvation Army Drop-in, SDAS (Specialist Drug and Alcohol Services), Cancer Awareness, BCHA Courses such as Ignite for personal development and the Freedom Course supporting those encountering domestic violence.

Service users feedback

We conducted a regular survey with service users and thought it vital we share, just how valued and what impact we together as a charity have had on people. We could not do it without all of our supporters and funders.

How has Safe and Sound Dorset helped you in the last year during the pandemic?

- From isolation and into the community;(85% reported a positive difference)
- From poor mental health to a better state of mind; (92% reported a positive difference)
- From bad physical health to healthy living and well-being (90% reported a positive difference)
- From a chaotic lifestyle to becoming more responsible; (88% reported a positive difference)
- From addiction to going into recovery;(66% reported a positive difference)
- From abuse to relationship changes; (50% reported a positive difference)
- From self-doubt, lacking in confidence and self-esteem to knowing their value and worth
- By stepping onto a course, into education or into volunteering; (91% reported a positive difference)

- From homelessness and fear to finding housing support which is safe and stable. (50% reported a positive difference from those who registered this as applicable)
- Receiving Food boxes/ Care packages/ Food bags (100% positive difference)
- Receiving a monthly Craft Kit (91% positive difference)

Interesting observations

The statistics were gathered as positive impact being 6 or above.

Most of the statistics are fairly consistent.

There is one very low percentage (bad physical health 16%) indicating a negative impact. This was during Covid lockdown 2019-2020 But the statistic for 2020-2021 is 91% which indicates a massive positive impact since lockdown ended.

More women have engaged in Recovery Courses in the last year.

The top three percentages are in housing support, food box support and craft kits.

From homeless to housing is a high percentage (91%) because when we can support someone this makes a huge impact.

Food box support also was 100% because anyone on the list receiving regular food box support indicated this made a huge difference.

Craft Kit support also was high at 95% because anyone on the list receiving regular craft kit support indicated this made a huge impact.

These statistics are taken at the end of the year from women attending our creative community sessions, cafe sessions and women we see on outreach.

We run other surveys and feedback sheets, which are available on request.

Safe and Sound Dorset

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statement in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial period which gives a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

select suitable accounting policies and then apply them consistently;

observe the methods and principles in the Charities SORP;

make judgements and estimates that are reasonable and prudent;

state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and

prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity and signed on its behalf by



Mrs Mary Richards
Trustee

Date

24/10/2022

18th October 2022

Safe & Sound Dorset
1 Browning Avenue
Bournemouth
BH5 1NP

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

Report to the trustees of Safe and Sound Dorset

On accounts for the year ended 31st March 2022

Respective responsibilities of trustees and examiner

The charity's trustees consider that an audit is not required for this year (under section 144(2) of the Charities Act 2011 (the Act)) and that an independent examination is needed.

It is my responsibility to:

- Examine the accounts (under section 145 of the Act);
- To follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Act), and
- To state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that, in any material respect, the trustees have not met the requirements to ensure that:
 - a. proper accounting records are kept (in accordance with section 41 of the Act); and
 - b. accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: 

Date: 18-10-2022

Sue Wintle FMAAT

Accounting Technician

27 Bascott Road
Wallisdown
Bournemouth
Dorset
BH11 8RJ

SAFE AND SOUND DORSET

Receipts and Payments Accounts For the Year ended 31st March 2021

	Note	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Receipts					
Donations and Legacies	1	13,101	117,957	131,058	123,365
Charitable Activities		-		-	401
Trading and Café	2	5,191	-	5,191	50
Total		18,292	117,957	136,249	123,816
Payments					
Sessions and Activities	3	-	104,548	104,548	84,464
Administration	4	5,361	8,886	14,247	2,086
Café	5	8,361	5,490	13,851	-
Depreciation		1,208	-	1,208	1,270
Total		14,929	118,924	133,853	87,820
Net incoming resources before transfers		3,362	(967)	2,396	35,996
Transfers between funds		1,158	(1,158)	-	-
Net movement in cash funds		4,520	(2,124)	2,396	35,996
Cash funds last year end		10,836	47,312	58,148	22,152
Cash funds this year end		15,356	45,188	60,544	58,148

SAFE AND SOUND DORSET

Statement of Assets and Liabilities at 31 March 2022

	Note	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Assets					
Motor Vehicle - Net book value		3,623	-	3,623	4,830
Cash at Bank and in Hand		16,078	45,188	61,266	59,108
Debtor		187	-	187	159
Total Assets		19,888	45,188	65,076	64,097
Liabilities					
Barclaycard		996	-	996	1,289
Creditors		590	-	590	1,800
PAYE/NI & Pensions		2,946	-	2,946	2,860
		4,532	-	4,532	5,949
Net Assets		15,356	45,188	60,544	58,148

Approved by the trustees on 21/10/2022 and signed on their behalf by

MD Richards

SAFE AND SOUND DORSET

Notes to the Receipts and Payments Accounts - year ended 31 March 2022

1 Donations and Legacies

	Unrestricted	Restricted	Total 2022	Total 2021
Grants	1,600	117,957	119,557	117,784
Donations from individuals	6,404	-	6,404	3,543
Council grant	3,000	-	3,000	1,850
BB Fundraising	1,861	-	1,861	-
BH Coastal lottery	222	-	222	401
HMRC gift aid	15	-	15	188
	13,101	117,957	131,058	123,766

2 Trading and Café

	Unrestricted	Restricted	Total 2022	Total 2021
Café	5,191	-	5,191	-
Cards	-	-	-	50
	5,191	-	5,191	50

3 Sessions and Activities

	Unrestricted	Restricted	Total 2022	Total 2021
Alice Ellen Cooper Dean	-	539	539	1,001
Edward Gostling	-	4,361	4,361	-
Souter	-	-	-	509
Tudor Trust	-	13,387	13,387	10,241
Valentine Trust	-	3,165	3,165	59
Reaching Communities	-	47,572	47,572	46,519
Awards for All	-	10,058	10,058	9,988
Postcode Lottery	-	3,535	3,535	-
True Mark Trust	-	7,005	7,005	-
DCF (Dorset Community Foundation)	-	-	-	6,474
DCF Fund Trauma Support	-	1,340	1,340	472
DCF Fund Care Packages	-	-	-	2,000
DCF Fund Winter Meals	-	5,519	5,519	-
DCF Fund Housing	-	1,920	1,920	4,960
DCF Fund Gardening	-	989	989	-
Action Hampshire	-	2,192	2,192	-
Faithworks summer activity	-	2,966	2,966	-
Nationwide	-	-	-	391
BCP Covid Emergency	-	-	-	1,850
Unrestricted fund activities	-	-	-	-
	-	104,548	104,548	84,464

4 Administration

	Unrestricted	Restricted	Total 2022	Total 2021
Administration Assistant (Allen Lane)	1,258	7,488	8,746	-
Promotional (February Foundation)	-	1,398	1,398	1,000
General Admin costs	3,513	-	3,513	1,086
Accounts and Independent Examination	590	-	590	-
	5,361	8,886	14,247	2,086

5 Cafe Costs

	Unrestricted	Restricted	Total 2022	Total 2021
Café Salaries	5,929	-	5,929	-
Café Running Costs	2,309	-	2,309	-
Café Set up Costs (Anton Jurgen & Souter)	123	5,490	5,613	-
	8,361	5,490	13,851	-