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Clyst Caring Friends
Trustee Annual Report and Accounts
Period: 1st April 2024 - 31st March 2025
Charity Commission Registration Number 1172267

Principal Address:
The Clyst Day Centre, Hellings Gardens, Town Hill
Broadclyst, EXETER
EX5 3EJ

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Clyst Caring Friends Trustees Annual Report

Period 1st April 2024 to 31st March 2025

LEGAL AND ADMINISTRATIVE INFORMATION

REGISTERED CHARITY NUMBER:	1172267
CURRENT TRUSTEES:	Mr H Gent (Chair) Mrs H Sansbury (Secretary) Mrs S Gaisford Mrs J Govier Dr S Hudson Mrs A Hurren Ms K Jones Mr D Lockyer Mr R Thwaytes
CO-OPTED MEMBERS:	Mrs A Alford-Rukundo (Treasurer) Mr S Peterson (General Manager)
REGISTERED OFFICE:	The Clyst Day Centre Hellings Gardens Broadclyst Exeter EX5 3EJ
INDEPENDENT EXAMINER:	Karen Silcox MAAT Plumtree Bookkeeping & Accountancy Services 19 Beverley Close Exeter EX2 5NJ

CLYST CARING FRIENDS TRUSTEES' ANNUAL REPORT

Period 1st April 2024 to 31ST MARCH 2025

Structure, Governance and Management

Clyst Caring Friends was constituted as a CIO (Charitable Incorporated Organisation) and registered with the Charity Commission on 27th March 2017. Formerly, since November 1995 it had existed as an unincorporated association, before transferring its net assets to the CIO on 1st April 2017.

The charity is administered by a Management Committee, which at 31st March 2025 consisted of 9 trustees and 1 co-opted member.

The trustees and co-opted members who served on the management committee during the year and up to the date the report was approved are as follows:

Mr H Gent (Chair)
Mrs H Sansbury (Secretary)
Mrs S Gaisford
Mrs J Govier
Dr S Hudson
Mrs A Hurren
Ms K Jones
Mr D Lockyer
Mr R Thwaytes

Mrs A Alford-Rukundo (Treasurer)

New trustees are appointed by the existing members.

Objectives and activities

Our mission is to provide quality care and support to those who are unwell, elderly, or living with a disability or loneliness in the local community and thereabouts. We offer day care and transport services and in doing so also provide essential respite for carers. Our aim is to work collaboratively with other local community groups and services, including our local community medical practice, to enable people to remain as independent as possible for as long as possible in their own homes. We work to uphold the dignity of our service users and to improve wellbeing for them and their carers.

Public Benefit Statement

The trustees are satisfied that they have complied with their duty to have due regard to the guidance on public benefit published by the Charity Commission in exercising their duties.

Risk Management

The trustees have examined the major strategic, business and operational risks which the charity faces and confirm that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen these risks.

CLYST CARING FRIENDS
TRUSTEES' ANNUAL REPORT
YEAR ENDED 31ST MARCH 2025

Achievement, Performance, and Financial Review

During the course of the year we took £167,256 of receipts, and made £184,780 of payments, (not counting sale and purchase of assets and investments). So this was a very disappointing operating loss of £17,524. We had run a much smaller loss in the previous year, 2023-24, of £4,997. It is not acceptable to be consistently making a loss, and it is certainly not acceptable to run up a large loss as we did in this most recent year to March 2025. One cause of the increased loss was increased costs, including employment costs, up from £118,698 to £130,683. Income from other streams such as donations, the charity shop and coffee mornings were up which has offset some of these losses. Our balance sheet is reduced. At the year end we had total cash funds of £37,393 and CCLA investments of £38,611, a total of £76,004. At the previous year end we had cash funds of £10,131 and investment assets of £76,258, a total of £86,389. So our balance sheet is reduced by £10,385. Since the year end we have increased the charge for day care in line with the cost increases. We are also working to try and increase client numbers at the day centre but we are finding that it is challenging to increase client numbers.

Investment and Reserves Policy

At the year-end the charity's cash reserves totalled £37,393. In addition, the charity held £38,611 in investment assets. There are no restrictions on the charity's powers to invest.

During the year, the trustees evaluated whether they had sufficient funds to cover all their responsibilities. They concluded that allowing for potential redundancy payments, outstanding debts and employment cost liabilities, £40,000 was required to be set aside. This would allow for the charity to be wound up at three months' notice, should that ever be necessary.

The trustees believe that the charity must be ready to at least maintain and perhaps increase our capacity to fulfil our mission. We have a broad mission: "to provide care and support to those who are unwell, elderly, or living with disability or loneliness in the local community. We offer day care and transport services and in doing so also provide essential respite for carers. We work with others, including our local medical practice, to enable people to remain as independent as possible in their own homes, and to uphold the dignity of our clients." Just to maintain our current capacity, we may have to invest in both the day centre and the charity shop. If we do identify significant opportunities to expand, again this may require investment. For both these reasons we feel that we need to maintain reserves and that the current levels of reserve are not excessive.

This report was approved by the trustees on

and signed on their behalf by:

.....
Mr H Gent
Chair of Trustees

Clyst Caring Friends Receipts and Payments Account
Period 1st April 2024 to 31st March 2025

Section A Receipts and payments					
	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Fundraising Including Charity Shop Sales	51,461	-	-	51,461	50,927
Day Centre/Car Service/EMI/Bathing Group income	72,375	-	-	72,375	78,029
Donations	11,106	-	-	11,106	5,721
Grants	9,368	6,959	-	16,327	10,023
Meals	4,545	-	-	4,545	5,575
Passenger Fares	1,519	-	-	1,519	1,080
Coffee mornings	8,121			8,121	6,224
Subscriptions	1,527			1,527	1,128
Other income	23	-	-	23	-
Interest Earned	253	-	-	253	-
Sub total(Gross income for AR)	160,297	6,959	-	167,256	158,707
A2 Asset and investment sales, (see table).					
	-	-	-	-	
Closure of Fidelity Investments	84,786	-	-	84,786	-
Loan received	6,000			6,000	-
Sub total	90,786	-	-	90,786	-
Total receipts	251,083	6,959	-	258,042	158,707
A3 Payments					
Employments Costs	130,683	-	-	130,683	118,698
Driver Mileage Payments	4,379	-	-	4,379	5,871
Day Centre Costs	18,720	-	-	18,720	13,193
Fundraising	4,239	-	-	4,239	1,986
Rent	9,922	-	-	9,922	9,922
Services (Electric & Gas)	3,913	-	-	3,913	2,943
Telephone	1,838	-	-	1,838	2,510
Professional Fees and Insurance	4,250	-	-	4,250	3,323
Fixtures Fittings and Equipment	-	-	-	-	1,359

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A3 Payments continued					
Printing Stationery and Postage	25	-	-	25	193
Office / general administrative costs	726	-	-	726	819
Training and Recruitment	347	-	-	347	-
Miscellaneous	269	-	-	269	927
Hospitality	326	-	-	326	-
Advertising	-	-	-	-	511
Computer costs	239	-	-	239	230
Card payment charges	-	-	-	-	459
Charity shop services	1,760	3,145	-	4,906	-
Sub total	181,635	3,145	-	184,780	163,704
A4 Asset and investment purchases.					
CCLA investment fund	40,000	-	-	40,000	-
Repayment of loan	6,000			6,000	
Sub total	46,000	-	-	46,000	-
Total payments	227,635	3,145	-	230,780	163,704
Net of receipts/(payments)	23,448	3,814	-	27,262	- 4,997
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	2,131	8,000	-	10,131	15,128
Cash funds this year end	25,579	11,814	-	37,393	10,131

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
B1 Cash funds	Santander	7,115		-
	Charity shop till	25	-	-
	CCLA Deposit fund	18,439	11,814	-
	Total cash funds	25,579	11,814	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
B2 Other monetary assets	CCLA Investments	38,611	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	None			-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Shop stock	Unrestricted		5,000
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	PAYE Jan to March 2025	Unrestricted	3,116	19 April 2025
	Pension Contributions	Unrestricted	126	19 April 2025
	K Silcox Independent Examination fee	Unrestricted	520	30th Sept 25
	Everys professional fees	Unrestricted	1,146	30 June 2025
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name		Date of approval
	<i>Henry Gent</i>	Henry Gent		08 / 10 / 2025



CHARITY COMMISSION
FOR ENGLAND AND WALES

**Independent examiner's
report on the accounts**

**Report to the trustees/
members of**

Clyst Caring Friends

**On accounts for the
year ended**

31st March 2025

**Charity
no (if any)**

1172267

Set out on pages

1-8

**Responsibilities and
basis of report**

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31st March 2025**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Karen Silcox

Date:

08 / 10 / 2025

Name:

Karen Silcox

**Relevant professional
qualification(s) or body
(if any):**

Member of Association of Accounting Technicians
Licence number 1003207







Address:

19 Beverley Close, Exeter, Devon.

EX2 5NJ.

Title	Clyst Caring Friend Annual Accounts 2024-25 amended
File name	Clyst_Caring_Frie...uts_24-25__2_.pdf
Document ID	109c55c0f847eef1778dad7035bf5f0f9b2d1d13
Audit trail date format	DD / MM / YYYY
Status	● Signed

Document history

 SENT	25 / 09 / 2025 12:19:56 UTC+2	Sent for signature to Henry Gent (h.f.gent@gmail.com) and Karen Silcox (plumtreebookkeeping@gmail.com) from plumtreebookkeeping@gmail.com IP: 81.102.165.101
 VIEWED	25 / 09 / 2025 13:53:00 UTC+2	Viewed by Henry Gent (h.f.gent@gmail.com) IP: 81.146.42.90
 SIGNED	08 / 10 / 2025 12:51:52 UTC+2	Signed by Henry Gent (h.f.gent@gmail.com) IP: 81.146.42.90
 VIEWED	08 / 10 / 2025 13:55:15 UTC+2	Viewed by Karen Silcox (plumtreebookkeeping@gmail.com) IP: 81.102.165.101
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