



Healthy Abingdon

Trustees' Annual Report for 1 April 2024 to 31 March 2025

Governance

Healthy Abingdon is a Charitable Incorporated Organisation (Foundation model) registered in England and Wales on 24 March 2017. We are governed by our constitution which came into force on our registration date, along with our policies and procedures adopted by the trustees after formation. Our charity number is 1172245.

Our purpose is to bring together community groups, statutory groups, and individuals to find ways to improve health and wellbeing in the town of Abingdon including neighbouring small communities for which Abingdon is the centre. Our beneficiaries are people in this area.

Our trustees during the year were,

David Butterworth FREng (chair)
Tim Hayes
Catherine McNeill
Cllr Helen Pighills

We have a procedure for appointing trustees which includes an application form, references from two referees and a meeting of the potential trustee with the existing trustees.

To facilitate good interaction between community groups and other service providers, we invite these groups to become Health Abingdon Associates. These Associates are invited to our public meetings to discuss ideas with us and to network with other groups. Each Associate also has an information page on our web site in to tell the public what it does.

The registered address for the charity is

29 Cleveland
Abingdon
Oxfordshire, OX14 2EQ

Progress during the year

Our main event for the year was Abingdon Healthfest 2024. This is the fourth year we ran the event. We set up gazebos in Abingdon Marketplace on Saturday 7 September to enable groups which encourage and help people to improve their health and well-being to engage with the public. Twenty groups were present. The event was opened by the Town Crier and the Deputy Mayor attended to talk to the stallholders and public. The stallholders found it a useful way to tell people about what they do and to encourage people to join them.

One area of Abingdon is amongst 20 per cent of the most deprived in England. We have continued work with the Oxfordshire County Council Steering Group which is finding ways to improve people's lives in this area. In addition to advising the group on health and wellbeing matters we have been working on setting up a junior parkrun in the area. We successfully launched the parkrun in July 2024 which now runs under the auspices of Parkrun UK. It has proved extremely popular with typically 50 to 80 runners of 4 to 14 years of age participating on Sunday mornings.

We have produced an interactive map on our web site which shows the location of benches in the town. This is to enable people with walking limitations to find where they can take a rest thus enabling them to get out more for exercise.

Our plans.

- We will hold Abingdon Healthfest 2025 on Saturday 6 September.
- Abingdon is blessed with many beautiful green spaces, so we plan to produce a section of our web site which contains a map showing the major spaces. Clicking on a space on the map will take users to a web page giving details and pictures of the space
- We will continue to look out for gaps in the coverage of health and wellbeing services in the town and consider ways to mitigate these.

Finances

As a charity with turnover below £25k, trustees have agreed that we keep receipts/payments accounts and that we do not need an independent assessment. These accounts are shown in the Appendix.

As we have no paid staff or other ongoing financial commitments, trustees have agreed that we only need to hold a small reserve of £200 to cover basic expenses were we to lose our current funding. This will give us about a year to find new funding or close the charity without any debts.

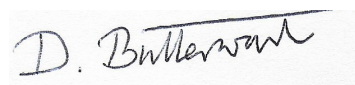
Most of our income comes from charitable trusts and grants from local councils.

We estimate that trustees for the charity gave about 740 hours of their time during the year to the charity which at the National Living Wage would equate to be over £9000.

Declaration


The trustees declare that they have approved the above report and the following accounts.

Signed on behalf of the trustees by the Chair David Butterworth



18 November 2025

APPENDIX: Accounts

 <div>CHARITY COMMISSION FOR ENGLAND AND WALES</div>	Healthy Abingdon			1172245	CC16a
	Receipts and payments accounts				
	For the period from	1st April 2024	To	31st March 2025	

Receipts and payments					
	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Charitable Trusts			-		1,500
Donation	29		-	29	200
Local government	1,050	750	-	1,800	3,800
District Council lottery	75	-	-	75	
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	1,154	750	-	1,904	5,500
A2 Asset and investment					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	1,154	750	-	1,904	5,500
A3 Payments					
Public meetings and events		550		550	760
Insurance	107	-	-	107	82
Consumables	-	-			
Web site	68	-	-	68	63
Publicity		48	-	48	175
Training	-	-	-	-	-
junior parkrun	-	154	-	154	4,800
	-	-	-	-	-
	-	-	-	-	-
Sub total	175	752	-	927	5,880
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	175	752	-	927	5,880
Net of receipts/(payments)	979	2	-	977	380
A5 Transfers between funds	2	2	-	-	
A6 Cash funds last year end	1,262	-	-	1,262	1,642
Cash funds this year end	2,239	-	-	2,239	1,262

Signed by the Chair on behalf of the trustees



18 November 2025