

Trustees' annual report for the period



CHARITY COMMISSION
FOR ENGLAND AND WALES

Period start date

0	1	0	7	2	1
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 Period end date

3	0	0	6	2	2
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Charity name

FOR YOU UK									
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Charity No
(if any)

1	1	7	2	1	9	3
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Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To promote social inclusion for the public benefit by preventing people becoming socially excluded and relieving the needs of those people who are socially excluded and assisting them to integrate into the society
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Our centre provides a wide range of activities, facilities and opportunities for volunteering. Groups are an amazing way to meet new friends, participating in local groups it is a enriching way to fight against exclusion, isolation, everyone is welcome to share ideas how to fight exclusion and loneliness. encouraging volunteer led groups to give back to the community by helping each other, art groups, poetry, crafts and more, people need to be socially active and we are inspired to do more
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	At our trustee meetings of planing the charity work we always follow the guidance issued by the Charity commission.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment		
Contribution made by volunteers		We are grateful to all volunteers at our centere, we are grateful to all for their generous donations and support, without the valuable time, positive energy and support we would not have been able to achieve so much.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>We have witnessed how important it is for people, for all of us to communicate, to socialise face to face to be part of a group, part of a family, part of an social activity and we have felt how much we miss this simple social participation . Looking back at the global lock downs, we all noticed the absence of socialising face to face, realising the value of social inclusion, but some people and some groups still feel isolated so we are working everyday to achieve our goal - social inclusion without restriction of any kind, we are small charity but every step is a step further</p> <p>At our centre we give to the public a meeting space,</p> <ul style="list-style-type: none"> - we are running groups all volunteer led - we listen to our community needs to improve and widen our services - research on the impact of isolation on mental health - creativity as a tool to fight social exclusion - participation in groups - volunteering - plan for future activities and securing the centre to be open for all in need

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

	SORP reference	
Review of the charity's financial position at the end of the period	Para 1.21	The charity is supported by local people and companies include trading
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	In this difficult time we are holding reserve of £1000 as a percussion to cover day to day work of the centre in an event of funds deficit
Amount of reserves held	Para 1.22	£1000
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:	SORP reference	
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Appointed and elected by trustee board and GM

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	FOR YOU UK
Other name the charity uses	
Registered charity number	1172193
Charity's principal address	324 HIGH ST ROCHESTER ME11BT

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	VY Clifford	CHAIR		
2	Nicholas Austin			
3	Steven Pocknel			
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Reference and Administrative details

(cont)

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

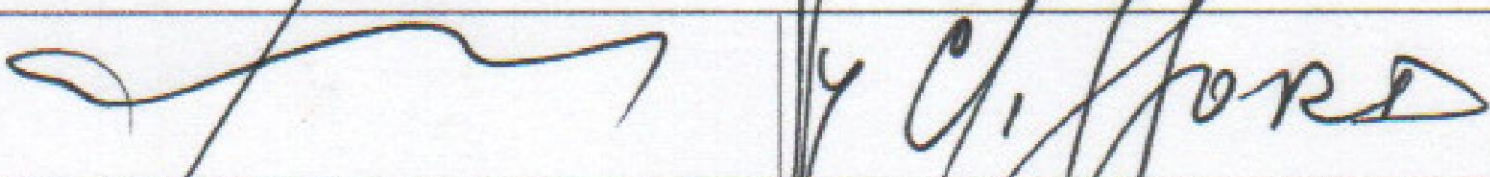
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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

V. CLIFFORD

Position (eg Secretary,
Chair, etc)

chair

Date

18/04/2023

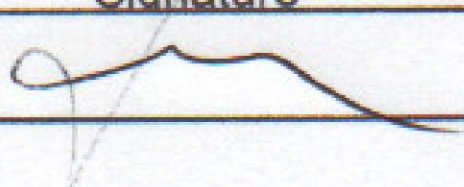
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FOCharity Name
FOR YOU UKNo (if any)
1172193**Receipts and payments accounts****CC16a**For the period
fromPeriod start date
01/07/2021

To

Period end date
30/06/2022**Section A Receipts and payments**

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	7,689	-	-	7,689	10,077
Trading	9,688	-	-	9,688	14,300
paypal	-	-	-	-	1
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	17,377	-	-	17,377	24,378
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	17,377	-	-	17,377	24,378
A3 Payments					
RENT	12,000	-	-	12,000	15,000
BANK CHARGES , ADMINISTRATIVE FEES	409	-	-	409	1,103
REPAIRS/MAINTENANCE	-	-	-	-	77
UTILITIES	2,121	-	-	2,121	4,928
INSURANCE	425	-	-	425	555
WEB ,DOMAIN	270	-	-	270	583
PRINTING ,POSTAGE	128	-	-	128	399
FUEL	185	-	-	185	-
	-	-	-	-	-
Sub total	15,538	-	-	15,538	22,645
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	15,538	-	-	15,538	22,645
Net of receipts/(payments)	1,839	-	-	1,839	1,733
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	1,839	-	-	1,839	1,733

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted to nearest £	Restricted to nearest £	Endowment to nearest £
B1 Cash funds				
		-	-	-
		-	-	-
		-	-	-
	Total cash funds	1,839	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details			
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		VY C. FORD	30.04.23	