

FOR YOU UK

England & Wales · Charity number 1172193

Details

Status Registered

Legal form CIO

Registered 2017-03-21

Register [View on the Charity Commission register](#)

Contact

Address 324 High Street
Rochester
ME1 1BT

Phone 01634789118

Email info@foryouuk.com

Website www.foryouuk.com

Activities

Objects: TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY PREVENTING PEOPLE FROM BECOMING SOCIALLY EXCLUDED, RELIEVING THE NEEDS OF THOSE PEOPLE WHO ARE SOCIALLY EXCLUDED AND ASSISTING THEM TO INTEGRATE INTO SOCIETY BY THE FOLLOWING THROUGH: FOR THE PURPOSE OF THIS CLAUSE 'SOCIALLY EXCLUDED' MEANS BEING EXCLUDED FROM SOCIETY, OR PARTS OF SOCIETY, AS A RESULT OF ONE OF MORE OF THE FOLLOWING FACTORS: UNEMPLOYMENT; FINANCIAL HARDSHIP; YOUTH OR OLD AGE; ILL HEALTH (PHYSICAL OR MENTAL); SUBSTANCE ABUSE OR DEPENDENCY INCLUDING ALCOHOL AND DRUGS; DISCRIMINATION ON THE GROUNDS OF SEX, RACE, DISABILITY, ETHNIC ORIGIN, RELIGION, BELIEF, CREED, SEXUAL ORIENTATION OR GENDER RE-ASSIGNMENT; POOR EDUCATIONAL OR SKILLS ATTAINMENT; RELATIONSHIP AND FAMILY BREAKDOWN; POOR HOUSING (THAT IS HOUSING THAT DOES NOT MEET BASIC HABITABLE STANDARDS; CRIME (EITHER AS A VICTIM OF CRIME OR AS AN OFFENDER REHABILITATING INTO SOCIETY).

Activities: TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY PREVENTING PEOPLE FROM BECOMING SOCIALLY EXCLUDED, RELIEVING THE NEEDS OF THOSE PEOPLE WHO ARE SOCIALLY EXCLUDED AND ASSISTING THEM TO INTEGRATE INTO SOCIETY .

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, Disability, The Prevention Or Relief Of Poverty, Arts/culture/heritage/science, Economic/community Development/employment, Human Rights/religious Or Racial Harmony/equality Or Diversity, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-06-30	£12,529	£13,107	-	-
2024-06-30	£14,329	£13,393	-	-
2023-06-30	£14,753	£14,619	-	-
2022-06-30	£17,377	£15,538	-	-
2021-06-30	£24,378	£22,645	-	-
2020-01-31	£16,421	£17,100	-	-

Trustees

Name	Role	Appointed
VY CLIFFORD	Chair	2021-01-22
NICHOLAS AUSTIN		2017-01-05
TERENCE HUNT		2023-03-13

FOR YOU UK

England & Wales - Charity number 1172193

Accounts



Trustees' Annual Report for the period

From 1/07/2024 Period start date To 30/06/2025
Period end date

Charity name: FOR YOU UK

Charity registration number:1172193

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To promote social inclusion for the public benefit by preventing people becoming socially excluded and relieving the needs of those people who are socially excluded and assisting them to the society
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	FOR YOU UK encourages volunteering by providing information, help , advice and space for activities and volunteer-led groups. These initiatives bring people together, foster inclusion—which is a fundamental human need—and help the community understand and benefit from social inclusion
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Trustees always follow the guidance issued by the Charity Commission and keep up to date with new guidance and advice from Charity Commission

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	

Other		
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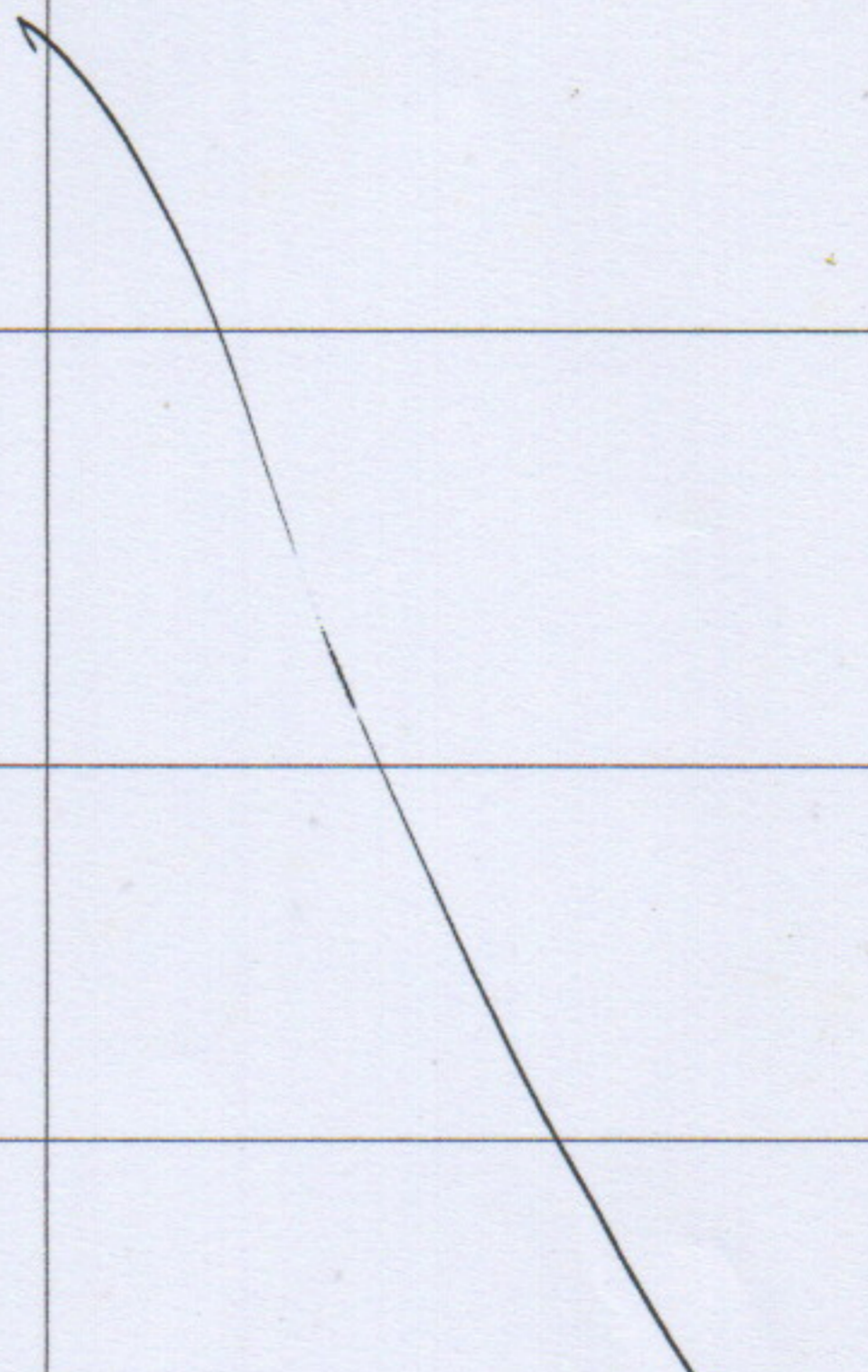
Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	"FOR YOU UK made significant strides in social inclusion and community engagement this period. By prioritizing in-person gatherings centered on shared experiences, the charity successfully bridged demographic divides and strengthened societal well-being. Our Trustees have championed a culture of volunteerism, welcoming innovative proposals that kept our center vibrant. These collective efforts have not only supported our beneficiaries but have woven a stronger, more inclusive fabric within the wider community."

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		



Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Charity will investigate more fundraising ideas and activities
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	the amount reflects lower funding this financial year
Amount of reserves held	Para 1.22	£200
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Appointed and elected by trustee board GM

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	FOR YOU UK
Other name the charity uses	
Registered charity number	1172193
Charity's principal address	324 High st Rochester ME1 1BT

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	VY CLIFFORD			
2	NICHOLAS AUSTIN			
3	TERANCE HUNT			
4				
5				
6				
7				
8				
9				
10				
11				
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17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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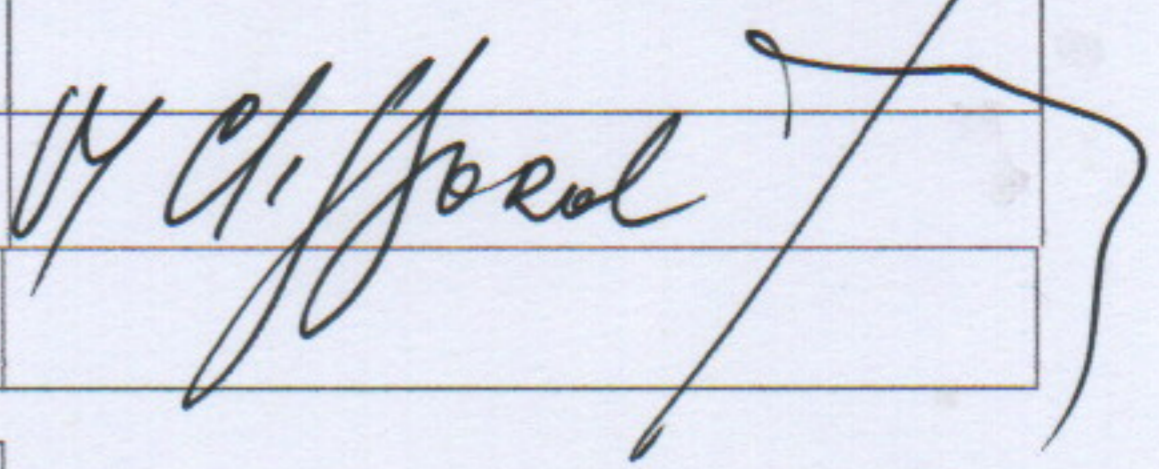
Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	VY CLIFFORD	
Position (eg Secretary, Chair, etc)	CHAIR	
Date	30/04/2026	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
FOR YOU UK

No (if any)
1172193

Receipts and payments accounts

CC16a

For the period from	Period start date	To	Period end date
	01/07/2024		30/06/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations		12,000	-	12,000	5,579
Trading	529	-	-	529	8,750
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	529	12,000	-	12,529	14,329
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	529	12,000	-	12,529	14,329
A3 Payments					
Rent		12,000	-	12,000	9,000
Insurance	541	-	-	541	112
Banking fees	162	-	-	162	373
Utilities	306	-	-	306	3,087
web/IT	92	-	-	92	812
Postage	6	-	-	6	9
	-	-	-	-	-
	-	-	-	-	-
Sub total	1,107	12,000	-	13,107	13,393
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	1,107	12,000	-	13,107	13,393
Net of receipts/(payments)	- 578	-	-	- 578	936
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	936	-	-	936	-
Cash funds this year end	358	-	-	358	936

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		358	-	-
		-	-	-
		-	-	-
	Total cash funds	358	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK


Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature 	Print Name VY CLIFFORD	Date of approval 29/04/2026
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FOR YOU UK

England & Wales - Charity number 1172193

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
FOR YOU UK

No (if any)
1172193

Receipts and payments accounts

CC16a

For the period from 01/072023 To 30/06/2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
DONATIONS	5,579	-	-	5,579	7,150
TRADING	8,750	-	-	8,750	7,603
ACTIVITIES	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	14,329	-	-	14,329	14,753
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	14,329	-	-	14,329	14,753
A3 Payments					
RENT	9,000	-	-	9,000	12,000
INSURANCE	112	-	-	112	484
BANKING FEES	373	-	-	373	410
UTILITIES	3,087	-	-	3,087	1,009
WEBB,IT,MED	812	-	-	812	380
POSTAGE	9	-	-	9	185
FUEL	-	-	-	-	154
	-	-	-	-	-
	-	-	-	-	-
Sub total	13,393	-	-	13,393	14,622
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	13,393	-	-	13,393	14,622
Net of receipts/(payments)	936	-	-	936	131
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	936	-	-	936	131

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		936	-	-
		-	-	-
		-	-	-
	Total cash funds	936	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature 	Print Name V Clifford	Date of approval 01/09/25
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Trustees' Annual Report for the period

From 01/07/2023
To 30/06/2024

Period start date
Period end date

Charity name: FOR YOU UK

Charity registration number: 1172193

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To promote social inclusion for the public benefit by preventing people becoming socially excluded and relieving the needs of those people who are socially excluded and assisting them to the society
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The FOR YOU UK centre encourages volunteering by providing space for activities and volunteer-led groups. These initiatives bring people together, foster inclusion—which is a fundamental human need—and help the community understand and benefit from social inclusion
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Trustees always follow the guidance issued by the Charity Commission!

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	

Other		
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Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>During the reporting period, FOR YOU UK made significant strides in promoting social inclusion and community engagement. The charity received excellent feedback from both volunteers and participants across a diverse range of activities. The trustees actively welcomed new proposals and ideas, fostering a culture of innovation and volunteerism.</p> <p>Recognizing the global importance of socializing within safe and inclusive communities, the charity focused on understanding and bridging differences among various groups. In-person gatherings and group activities—centered around sharing and building connections—were prioritised as essential for societal well-being. The team worked diligently to keep the centre open, providing a platform for new and creative initiatives.</p> <p>Overall, these efforts contributed positively to building and supporting inclusion, making a meaningful difference in the lives of beneficiaries and the wider community</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Charity will investigate more fundraising ideas and activities
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	£ 200 Lowering the amount reflects lower funding this financial year
Amount of reserves held	Para 1.22	£200
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

		Donations/ trading / fundraising activities
The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Appointed and elected by trustee board GM

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	FOR YOU UK
Other name the charity uses	
Registered charity number	1172193
Charity's principal address	324 HIGH ST ROCHESTER

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	VY CLIFFORD			
2	Nicholas Austin			
3	Terance Hunt			
4				
5				
6				
7				
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9				
10				
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19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

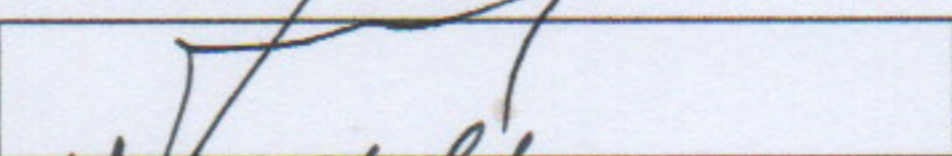
Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	W Clifford	
Position (eg Secretary, Chair, etc)	Chair	
Date	01/09/2025	

FOR YOU UK

England & Wales - Charity number 1172193

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name	No (if any)
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CC16a

Receipts and payments accounts

For the period from	Period start date 01/07/2022	To	Period end date 30/06/2023
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	7,150	-	-	7,150	7,689
trading	7,603	-	-	7,603	9,688
paypal	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	14,753	-	-	14,753	17,377
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	14,753	-	-	14,753	17,377
A3 Payments					
	-	-	-	-	-
RENT	12,000	-	-	12,000	12,000
INSURANCE	484	-	-	484	425
BANKING	410	-	-	410	409
UTILITIES	1,009	-	-	1,009	2,121
WEBB AND IT	380	-	-	380	270
POSTAGE,PRINT,ETC	182	-	-	182	128
FUEL	154	-	-	154	185
	-	-	-	-	-
Sub total	14,619	-	-	14,619	15,538
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	14,619	-	-	14,619	15,538
Net of receipts/(payments)	134	-	-	134	1,839
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	134	-	-	134	1,839

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))	#NAME?	OK	OK

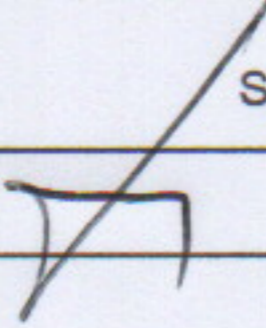
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

	Signature	Print Name	Date of approval
		VY CLIFFORD	27/08/25



Trustees' Annual Report for the period

From 01/07/2022
To 30/06/2023

Period start date
Period end date

Charity name: FOR YOU UK

Charity registration number: 1172193

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To promote social inclusion for the public benefit by preventing people becoming socially excluded and relieving the needs of those people who are socially excluded and assisting them to the society
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	For you UK centre at the heart of Medway , working and encouraging volunteering by provide space for activities , groups volunteer led to bring people together , helping and encouraging inclusion which is a fundamental need of every human being , understanding inclusion and its benefits , promoting social inclusion
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Trustees always follow the guidance issued by the Charity commission

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	

Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>We have received fantastic feedback from volunteers and participants for wide range activities</p> <ul style="list-style-type: none"> - We listen to every new proposal, we look into new ideas brought by people, encouraging volunteering - Globally we have witnessed the need of socialising within a safe community, understanding differences of people and how to improve socialising between different groups - Face to face, smiles sharing groups and activities are essential for every society, we are working hard to keep the centre open and hopefully to give stage to more fabulous ideas - Positive way of building and supporting inclusion

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Charity will look into more fundraising ideas and activities
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	£ 200 Lowering the amount is a reflection of lower funding this financial year
Amount of reserves held	Para 1.22	£200
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

		Donations/ trading / fundraising activities
The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Appointed and elected by trustee board GM

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	FOR YOU UK
Other name the charity uses	
Registered charity number	1172193
Charity's principal address	324 HIGH ST ROCHESTER

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	VY CLIFFORD	Chair		
2	Nicholas Austin			
3	Steven Pocknel			
4	Terance Hunt		FROM 03/23	
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Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	VY CLIFFORD	<i>Choir</i>		
2	Nicholas Austin			
3	Steven Pocknel			
4	Terance Hunt		<i>FROM 03/23</i>	
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Corporate trustees – names of the directors at the date the report was approved

Director name		


Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	<i>M Clifford</i>	
Position (eg Secretary, Chair, etc)	<i>Chair</i>	
Date	<i>22/08 25</i>	

FOR YOU UK

England & Wales - Charity number 1172193

Accounts

Trustees' annual report for the period



CHARITY COMMISSION
FOR ENGLAND AND WALES

Period start date Period end date

Charity name Charity No (if any)

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To promote social inclusion for the public benefit by preventing people becoming socially excluded and relieving the needs of those people who are socially excluded and assisting them to integrate into the society
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Our centre provides a wide range of activities, facilities and opportunities for volunteering. Groups are an amazing way to meet new friends, participating in local groups it is a enriching way to fight against exclusion, isolation, everyone is welcome to share ideas how to fight exclusion and loneliness. encouraging volunteer led groups to give back to the community by helping each other, art groups, poetry, crafts and more, people need to be socially active and we are inspired to do more
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	At our trustee meetings of planing the charity work we always follow the guidance issued by the Charity commission.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment		
Contribution made by volunteers		We are grateful to all volunteers at our centere, we are grateful to all for their generous donations and support, without the valuable time, positive energy and support we would not have been able to achieve so much.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>We have witnessed how important it is for people, for all of us to communicate, to socialise face to face to be part of a group, part of a family, part of an social activity and we have felt how much we miss this simple social participation.</p> <p>Looking back at the global lock downs, we all noticed the absence of socialising face to face, realising the value of social inclusion, but some people and some groups still feel isolated so we are working everyday to achieve our goal - social inclusion without restriction of any kind, we are small charity but every step is a step further</p> <p>At our centre we give to the public a meeting space,</p> <ul style="list-style-type: none"> - we are running groups all volunteer led - we listen to our community needs to improve and widen our services - research on the impact of isolation on mental health - creativity as a tool to fight social exclusion - participation in groups - volunteering - plan for future activities and securing the centre to be open for all in need

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

	SORP reference	
Review of the charity's financial position at the end of the period	Para 1.21	The charity is supported by local people and companies include trading
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	In this difficult time we are holding reserve of £1000 as a percussion to cover day to day work of the centre in an event of funds deficit
Amount of reserves held	Para 1.22	£1000
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:	SORP reference	
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Appointed and elected by trustee board and GM

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	FOR YOU UK
Other name the charity uses	
Registered charity number	1172193
Charity's principal address	324 HIGH ST ROCHESTER ME11BT

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	VY Clifford	CHAIR		
2	Nicholas Austin			
3	Steven Pocknel			
4				
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Reference and Administrative details

(cont)

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Exemptions from disclosure

Reason for non-disclosure of key personnel details

--


Other optional information

--

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) 

Full name(s) V. CLIFFORD

Position (eg Secretary, Chair, etc) chair

Date 18/04/2023



CF
FO

Charity Name FOR YOU UK	No (if any) 1172193
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Receipts and payments accounts

CC16a

For the period from	Period start date 01/07/2021	To	Period end date 30/06/2022
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	7,689	-	-	7,689	10,077
Trading	9,688	-	-	9,688	14,300
paypal	-	-	-	-	1
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	17,377	-	-	17,377	24,378
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	17,377	-	-	17,377	24,378
A3 Payments					
RENT	12,000	-	-	12,000	15,000
BANK CHARGES , ADMINISTRATIVE	409	-	-	409	1,103
REFURB/MAINTENANCE	-	-	-	-	77
UTILITIES	2,121	-	-	2,121	4,928
INSURANCE	425	-	-	425	555
WEB ,DOMAIN	270	-	-	270	583
PRINTING ,POSTAGE	128	-	-	128	399
FUEL	185	-	-	185	-
	-	-	-	-	-
Sub total	15,538	-	-	15,538	22,645
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	15,538	-	-	15,538	22,645
Net of receipts/(payments)	1,839	-	-	1,839	1,733
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	1,839	-	-	1,839	1,733

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted to nearest £	Restricted to nearest £	Endowment to nearest £
B1 Cash funds			-	-
		-	-	-
		-	-	-
	Total cash funds	1,839	-	-

(agree balances with receipts and payments account(s))

OK OK OK

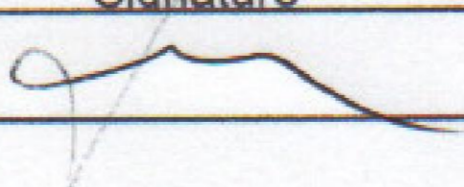
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	VP CLIFORD	30.04.23

FOR YOU UK

England & Wales - Charity number 1172193

Accounts

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	1,733	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

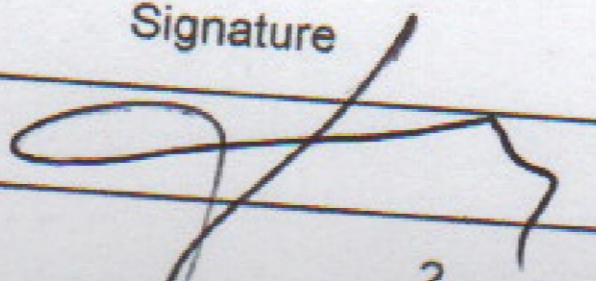
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	DONATED MINI BUS	UNRESTRICTED	-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature  Print Name **VY CLIFFORD** Date of approval **30/03/2022**



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
FOR YOU UK

No (if any)
1172193

Receipts and payments accounts

CC16a

For the period from	Period start date	To	Period end date
	01/02/2020		30/06/2021

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
DONATIONS	10,077	-	-	10,077	1,153
TRADING	14,300	-	-	14,300	15,083
PAYPAL	1	-	-	1	185
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	24,378	-	-	24,378	16,421
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	24,378	-	-	24,378	16,421
A3 Payments					
RENT	15,000	-	-	15,000	13,362
REFURBISHMENT MAINTANACE	77	-	-	77	-
BANK AND ADMINISTRATIVE CHARGES AND FEES	1,103	-	-	1,103	558
PRINTING ,POSTAGE	399	-	-	399	-
UTILITIES	4,928	-	-	4,928	1,553
BUSSINES RATES	-	-	-	-	491
PARKING	-	-	-	-	150
INSURANCE	555	-	-	555	336
WEB,DOMAIN,CONSULTANCY FEES	583	-	-	583	650
Sub total	22,645	-	-	22,645	17,100
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	22,645	-	-	22,645	17,100
Net of receipts/(payments)	1,733	-	-	1,733	679
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	1,733	-	-	1,733	679



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From **01/02/2020**
Period end date

Period start date To **30/06/2021**

Charity name: **FOR YOU UK**

Charity registration number: **1172193**

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY PREVENTING PEOPLE FROM BECOMING SOCIALLY EXCLUDED, RELIEVING THE NEEDS OF THOSE PEOPLE WHO ARE SOCIALLY EXCLUDED AND ASSISTING THEM TO INTEGRATE INTO SOCIETY.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	THE MEDWAY CENTRE OFFERS A WIDE RANGE OF ACTIVITIES AND EVENTS, OUR WORK BENEFITS PEOPLE BY PROVIDING A SPACE WITH CREATIVE INPUT PARTICIPATING IN GROUPS, PROMOTING AND ENCOURAGING VOLUNTEERING AT OUR CENTRE REGARDLESS OF GENDER, FAITH OR PERSONAL CIRCUMSTANCES. THE CENTRE IS A PLACE TO FIND FRIENDS TO FIGHT LONELINESS AND EXCLUSION.
A statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	AT OUR TRUSTEE MEETINGS OF PLANNING OUR WORK FOR THE PUBLIC BENEFIT WE ALWAYS KEEP IN MIND THE GUIDANCE OF THE CHARITY COMMISSION ON THE PUBLIC BENEFIT

Additional information (optional)

You may choose to include further statements were relevant about:

	SORP reference	
Policy on grant-making	Para 1.38	
Policy on social investment including program-related investment	Para 1.38	

Contributions made by volunteers	Para 1.38	
Other		WE ARE EXTREMELY GRATEFUL FOR THE FANTASTIC HELP AND INPUT OF OUR VOLUNTEERS, VOLUNTEERING IS AT THE HEART OF OUR CENTRE.

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>FOR THE COVID PANDEMIG PERIOD WE HAVE TO REGRET THAT WE HAD TO CLOSE THE CENTRE BY THE ADVICE OF THE GOVERNMENT, IN REGARDS TO THIS VERY STRESSFUL TIME WE HAD TO MEET ONLINE TO DISCUSS THE IMPACT OF ISOLATION ON OUR COMMUNITY SPIRIT AND HOW TO IMPROVE AND HELP</p> <ul style="list-style-type: none"> -WE HAVE SEEN THAT ONLINE MEET AND CREAT HAD HELPED MANY PEOPLE - RESEARCH AND PLAN FUTURE BALANCE OF ONLINE AND IN CENTRE GROUPS AND MEETS - HOW TO SECURE MORE FUNDS TO MAKE SURE THE CENTRE WILL BE FREE FOR USE AS BEFORE - CONNECTING PEOPLE TOGETHER LISTEN TO WHAT THEY NEED AND WHAT THEY WOULD LOVE TO BE OFFERED IN FUTURE - WE HAVE A MINIBUS WHICH HAS A WHEELCHAIR RAMP FOR USE OF SMALL GROUPS UNABLE OTHERWISE TO TRAVEL FOR A DAY OUT <p>OUR CENTRE IS A OPEN PLATFORM FOR SHARING IDEAS ON HOW TO PROMOTE SOCIAL INCLUSION AND FIGHT AGAINST ISOLATION AND EXCLUSION BY WORKING TOGETHER</p> <p>THE GLOBAL PANDEMIC SHOWED IN A HORRIFYING WAY HOW IMPORTANT SOCIALISING WE SEE HOW MUCH OUR WORK IS NEEDED ESPECIALLY NOW AND IN FUTURE, INTERNET GIVES A VIRTUAL WAY OF CONNECTING BUT IT HOLD ITS MINUSES ALSO, WE ARE HUMANS WE NEED TO SOCIALISE TO</p>

		BE HEARD, TO LISTEN, TO SING, TO SEE FRIENDS FACE TO FACE, TO MEET NEW ONE TO HELP AND TO BE GIVEN HELP NO ONE SHOULD BE ALONE.
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Additional information (optional)

You may choose to include further statements were relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	THE CHARITY HAS BEEN SUPPORTED EVEN IN THE DIFFICULT TIME OF COVID 19
A statement explaining the policy for holding reserves stating why they are held	Para 1.22	THE CHARITY IS WORKING TO HOLD FUNDS TO COVER 3 MONTHS OF DAY TO DAY WORK AND BUILDING MAINTENANCE, TO SECURE THE CENTRE IS STILL WORKING IN EVENT OF LOSS OF FUNDS
Amount of reserves held	Para 1.22	1000
Reasons for holding zero reserves	Para 1.22	N/A
Details of funds materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	CONSTITUTION
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	APPOINTED AND ELECTED BY THE TRUSTEE BOARD AT GM

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	FOR YOU UK
Other name the charity uses	
Registered charity number	1172193
Charity's principal address	322 HIGH ST ROCHESTER ME11BT

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	V Y CLIFFORD	CHAIR	FROM 22 JAN 2021	
2	NICHOLAS AUSTIN			
3	STEVEN POCKNEL			
4	LEON CLIFFORD		UNTIL 22 JAN 2021	
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Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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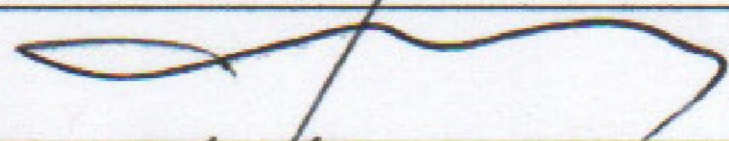
Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	NY CLIFFORD	
Position (eg Secretary, Chair, etc)	CHAIR	
Date	30/03/22	