

Registered CIO: 1172158

**HHUGS-HELPING HOUSEHOLDS UNDER GREAT STRESS CIO**

**Reports & Dormant Accounts**

**YEAR ENDED 31 MARCH 2024**

## HHUGS Annual report 2023-24

Helping Households Under Great Stress (HHUGS) have been working in the local community for over 20 years, supporting some of the most vulnerable and often forgotten community of the UK.

The charity still works closely with specialists in the sector, partnering up to deliver best practice. As part of the legal structure change HHUGS have actively been working on the process to ensure change management is effective and compliant.

The charity objectives have not changed, but has expanded, to support a wider group of individuals, giving them the right tools and support, ensuring they integrate back in to the community and 'give back'. "I don't know where I would be without the support of HHUGS" no one else was helping me, when HHUGS came to my help'

The objectives and activities fall in the 4 categories. We aim to ensure these main objectives are met through various activities and support platforms provided by trained staff.

1. Providing funding for education and training
2. Provide advice and counselling
3. Relief of financial hardship

At HHUGS we know that many families feel embarrassed, shy and reluctant to seek help for what seems like small, everyday necessities that were once so easily acquired. Because we realise the importance of preserving dignity, we start our help at the core of each household. We want them to live as normal a life as possible and therefore dedicate a significant amount of our support to catering for every day needs and necessities.

To lighten the load, we provide financial support in the form of shopping vouchers, post office utility bill cards, postal orders to maintain a loved one in prison (where prisoners are not convicted), food packs, direct payments to cover the costs of utility bills and rent, gifts of furniture, bedding, clothing, fuel, legal fees, phone bills, and other household expenditures, transportation costs, full-time carers, tuition fees and debt repayment.

Our financial support is tailored to suit the specific needs of the individual beneficiary. Examples have included bus fares allowing a detainee on house arrest to reach the mosque in time for Friday prayer, phone cards to contact family abroad and a Moses basket for an expectant mother denied access to her belongings stored over 200 miles away. In addition to direct financial help HHUGS also provided household help and food rotas for families under extra strain from pregnancy, post-child birth, bereavements or court hearings. Living without the most basic of necessities can threaten to strip anyone of their independence and self-worth. At HHUGS we seek to eliminate the humiliation that is often felt by many families struggling to survive. Our aim is to restore and preserve dignity through core support

HHUGS-HELPING HOUSEHOLDS UNDER GREAT STRESS CIO

BALANCE SHEET AS AT 31 MARCH 2024  
(Dormant Accounts)

	2024		2023	
	£	£	£	£
<b>CURRENT ASSETS</b>				
Cash at bank and in hand	<u>0</u>		<u>0</u>	
	0		0	
<b>CURRENT LAIBILITIES</b>				
Creditors	<u>0</u>		<u>0</u>	
			0	
<b>NET ASSETS/LIABILITIES</b>		<u>0</u>		<u>0</u>
<b>RESERVES</b>				
<b>Fund</b>		<u>0</u>		<u>0</u>
Members' fund		<u>0</u>		<u>0</u>

Shaheer Choudhury  
Trustee