

CP Teens UK

Charity No. 1172105

Trustees' Report and Unaudited Accounts

31 December 2023

	Page
Trustees' Annual Report	1
Statement of Financial Activities	6
Balance Sheet	7
Notes to the Accounts	8
Statement of Cashflows	16
Detailed Statement of Financial Activities	17

CP Teens UK
Trustees Annual Report

The trustees present their report with the unaudited financial statements of the charity for the year ended 31 December 2023.

REFERENCE AND ADMINISTRATIVE DETAILS

Charity No. 1172105

Principal Office

Northern Gateway
Saltergate
Chesterfield
Derbyshire
S40 1UT

Trustees

The following trustees served during the year:

Andrew Conneely
Jillian Hitchin
Karen Holland
India Hollingworth
Timothy Lowe
Deborah Simpson (Chair of Trustees)

Bankers

Natwest
5 Market Place
Chesterfield
S40 1TW
Address Line 5

OBJECTIVES AND ACTIVITIES

The purposes of the charity, as set out in its governing document are the promotion of social inclusion among young people aged 10 to 25 years old with physical disabilities, who are socially excluded from society, or parts of society, as a result of their disability. To provide help, support and advice for young people with physical disabilities and their families. To provide workshops, forums, advocacy and general support along with recreational facilities and opportunities in the interest of social welfare and improving conditions of life.

Statement of trustees' responsibilities in relation to the financial statements

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the Trust deed. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Throughout 2023, we have worked extremely hard to ensure that the objectives have been met and that our work has been for the public benefit. We have continued to deliver both in-person and online events & activities in order to cater for all and remain accessible. In October 2023, we celebrated the 10th anniversary of CP Teens UK. In writing this report, the Trustees have had to consider the Charity Commission's general guidance on public benefit. During 2023, CP Teens UK has:

- Delivered various in-person events & initiatives catering for a range of interests. All of our events & initiatives are aimed at bringing young people with physical disabilities together in a social & supportive environment where they feel included and part of a network. In 2023, we delivered:
 - Two social days in Sheffield with bowling & a meal (one in January 2023, and one in October 2023 for World Cerebral Palsy Day)
 - A social day in Nottingham with bowling & a meal
 - Two social drop-ins at the new CP Teens UK office, which we moved into in March 2023. We have moved into a brand new building in Chesterfield town centre, which offers a fully accessible space to enable service users & their families to visit and meet others
 - Monthly Boccia sessions allowing youngsters to be competitive, enabling them to develop skills, and make friends. One youngster has gone on to be a competitive athlete from attending the sessions. Awards were given out at the end of 2023 to our regular youngsters – 'Most Improved Player 2023' male & female
 - A Christmas social day at Yorkshire Wildlife Park
 - A social day at West Midlands Safari Park
 - A Quiz Night
 - Two Frame Running taster & social days – in partnership with Momentum Mobility & Sheffield Children's Hospital
 - Participation at Parallel Windsor 2023 (see below)
 - The CP Teens UK Annual Sponsored Wobble (see below)

- CP Teens UK 10th anniversary video and celebration days. Over 2 days in the school summer holidays we invited 12 selected service users who engage consistently with our offerings to come to a filming day to participate in the 10th anniversary video. The filming took place at the CP Teens UK office and lunch was provided for everyone. Youngsters said that they really enjoyed the experience, as well as being with their friends. The 10th anniversary video was launched at the 10th anniversary ball in October.
- Delivered various online events & initiatives enabling youngsters to join in & get involved from wherever they are. Sometimes travel can be problematic for youngsters with physical disabilities & their families, so delivering online makes our charity & services accessible. Youngsters with physical disabilities also often struggle with confidence, so joining in from home in the first instance has shown to provide many youngsters with the confidence to then go on to attend our in-person events & initiatives. In 2023, we delivered:
 - ‘Chit & Chat’ - an online social initiative where youngsters from across the UK join virtually for an hour of socialising, chat and fun. Originally setup to keep our youngsters connected during lockdown, it quickly became apparent how needed ‘Chit & Chat’ is for a lot of our youngsters, many of whom are socially isolated as a result of their physical disability. In 2023, we delivered 30 hours of ‘Chit & Chat’.
 - CP Teens UK Virtual Pizza Night – youngsters around the UK received a free pizza kit from CP Teens UK to make 2 pizzas at home. Everyone then shared their pizzas online before eating them. One parent said, “It’s a great initiative and it gives H something to be a part of on a Friday night – he’s often sat at home whilst his school friends meet up”.
 - No Bangs Bonfire Night – youngsters around the UK received a free pamper pack from CP Teens UK to use on bonfire night to help with/distract from firework bangs, which can be problematic for people with Cerebral Palsy due to the ‘startle reflex’. Online chat & discussion also took place.
- Delivered the CP Teens UK 10th Anniversary Ball at the Casa Hotel, Chesterfield. We delivered the exclusive Pre-Ball Party for our ‘CP Teens’ and their accompanying family/friends – this consisted of personalised goodie bags and a complimentary drink for all youngsters, as well as a ‘Magic Mirror’. The main Ball, which is a fundraising event and is open to the general public, was a great success and a special celebration celebrating 10 wonderful years of the charity. Over £7,000 was raised.
- The Sponsored Wobble - a 5k accessible challenge through Chatsworth providing the opportunity for youngsters & families to come together, and an opportunity to raise money for CP Teens UK. Despite the weather, a great day was had by all and £915 was raised.
- Parallel Windsor – a mass participation event through Great Windsor Park. 6 youngsters joined ‘Team CP Teens’ and we participated in the 5k event. It was a fantastic day with a brilliant, inclusive atmosphere. Team CP Teens raised an incredible £3,925.
- Continued to connect and unite physically disabled youngsters in-person and online in a safe and monitored environments, enabling friendships and combating loneliness and social isolation

FINANCIAL REVIEW

- During the year to 31 December 2023, the charity received income from charitable events and donations of £24,796.
- The charity's overheads comprised £1,068 Public Liability/Safeguarding insurance, £4,048 rent, £334 non-domestic rates, £721 advertising/website, £129 telephone, £504 software, £630 stationery/office costs, £61 equipment, £259 administration/data collection and £228 sundry.
- No further fixed assets were purchased during the year. The depreciation charge on existing fixed assets was £361 (20% Reducing Balance)
- At the end of December 2023 the charity held cash funds of £56,907 and fixed assets of £1,443.
- The board of trustees considers the charity to be in a stable financial position to continue as a going concern and focus on delivering the objectives outlined in its governing document.
- The charity does not have any paid employees and has minimal monthly outgoings (premises overheads). As such, a formal Reserves Policy has not yet been established. The trustees will continue to review the situation on a quarterly basis and should the need arise a policy will be formulated.

STRUCTURE, GOVERNANCE AND MANAGEMENT

CP Teens UK is a CIO (Charitable Incorporated Organisation). The charity is controlled by its governing document and its Board of Trustees.

The appointment of trustees follows the procedure outlined in the charity's governing document. The Board of Trustees follow and adhere to the procedure. One third of the trustees stands down on an annual basis and are re-elected by the charity's members (i.e. the trustees).

New trustees undergo a formal induction process; they are provided with the charity's mission, aims and objectives and are provided with a full insight into the charity's work. New trustees are also provided with the charity's policies and code of conducts. All prospective trustees are DBS checked prior to successfully obtaining a role on the Board.

When considering the co-option and recruitment of trustees, the Board has regard to the requirement for ensuring that there is a balance of knowledge and expertise to govern the charity effectively. The Board also is careful to balance the number of parents of young people with disabilities to the number of people who are not parents of young people with disabilities.

Statement of trustees' responsibilities in relation to the financial statements

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice)

CP Teens UK
Trustees Annual Report

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the Trust deed. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the charity's trustees

Deborah Simpson
Trustee

6th October 2024

CP Teens UK
Statement of Financial Activities
for the year ended 31 December 2023

		Unrestricted		
		funds	Total funds	Total funds
		2023	2023	2022
	Notes	£	£	£
Income and endowments				
from:				
Donations and legacies	3	13,224	13,224	7,309
Charitable activities	4	11,307	11,307	12,583
Other	5	265	265	-
Total		24,796	24,796	19,892
Expenditure on:				
Charitable activities	6	10,264	10,264	11,261
Other	7	8,342	8,342	7,571
Total		18,606	18,606	18,832
Net gains on investments		-	-	-
Net income	8	6,190	6,190	1,060
Transfers between funds		-	-	-
Net income before other gains/(losses)		6,190	6,190	1,060
Other gains and losses				
Net movement in funds		6,190	6,190	1,060
Reconciliation of funds:				
Total funds brought forward		52,160	52,160	51,100
Total funds carried forward		58,350	58,350	52,160

CP Teens UK
Balance Sheet

at 31 December 2023

Charity No. 1172105

		2023	2022
		£	£
Fixed assets			
Tangible assets	10	1,443	1,804
		<u>1,443</u>	<u>1,804</u>
Current assets			
Cash at bank and in hand		56,907	50,357
		<u>56,907</u>	<u>50,357</u>
Creditors: Amount falling due within one year	11	-	(1)
		<u>56,907</u>	<u>50,356</u>
Net current assets			
		56,907	50,356
Total assets less current liabilities		<u>58,350</u>	<u>52,160</u>
Net assets excluding pension asset or liability		<u>58,350</u>	<u>52,160</u>
Total net assets		<u><u>58,350</u></u>	<u><u>52,160</u></u>
The funds of the charity:			
Restricted funds	12		
Unrestricted funds	12		
General funds		58,350	52,160
		<u>58,350</u>	<u>52,160</u>
Reserves	12		
		<u>58,350</u>	<u>52,160</u>
Total funds		<u><u>58,350</u></u>	<u><u>52,160</u></u>

Approved by the trustees on 6th October 2024

And signed on their behalf by:

Andrew Conneely
Trustee

1 Accounting policies**Basis of preparation**

The financial statements have been prepared in accordance with Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
Donated services and facilities	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.
Volunteer help	The value of any volunteer help received is not included in the accounts.
Investment income	This is included in the accounts when receivable.

Income cont.

Gains/(losses) on revaluation of fixed assets This includes any gain or loss resulting from revaluing investments to market value at the end of the year.

Gains/(losses) on investment assets This includes any gain or loss on the sale of investments.

Expenditure

Recognition of expenditure Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Expenditure on raising funds These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.

Expenditure on charitable activities These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.

Grants payable All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.

Governance costs These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.

Other expenditure These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from tax on its charitable activities.

Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Equipment 20% Reducing Balance

Freehold investment property

Investment properties are measured initially at cost and subsequently at fair value at each balance sheet date and are not depreciated. All gains or losses are taken to the Statement of Financial Activities as they arise.

Stocks

Stock is included at the lower of cost or net realisable value. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered.

Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Research and development

Expenditure on research and development is written off in the year in which it is incurred.

Foreign currencies

Monetary assets and liabilities denominated in currencies other than the functional currency of the charity are translated at the rates of exchange prevailing at the end of the reporting period. Transactions in currencies other than the functional currency of the charity are recorded at the rate of exchange on the date that the transaction occurred.

All exchange differences are taken into account in arriving at net income/expenditure.

Leased assets

Where the charity enters into a lease which entails taking substantially all the risks and rewards of ownership of an asset, the lease is treated as a finance lease.

Leases which do not transfer substantially all the risks and rewards of ownership to charity are classified as operating leases.

Assets held under finance leases are initially recognised as assets of the charity at their fair value at the inception of the lease or, if lower, at the present value of the minimum lease payments. The corresponding liability to the lessor is included in the balance sheet date as a finance lease obligation. Lease payments are apportioned between finance expenses and reduction of the lease obligation so as to achieve a constant rate of interest on the remaining balance of the liability. Finance expenses are recognised immediately, unless they are directly attributable to qualifying assets, in which case they are capitalised in accordance with the charity's policy on borrowing costs.

Assets held under finance leases are depreciated in the same way as owned assets.

Operating lease payments are recognised as an expense on a straight-line basis over the lease term. In the event that lease incentives are received to enter into operating leases, such incentives are recognised as a liability. The aggregate benefit of incentives is recognised as a reduction of rental expense on a straight-line basis.

Receipt of donated goods, facilities and services

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

2 Statement of Financial Activities - prior year

	Unrestricted funds 2022 £	Total funds 2022 £
Income and endowments from:		
Donations and legacies	7,309	7,309
Charitable activities	12,583	12,583
Total	19,892	19,892
Expenditure on:		
Charitable activities	11,261	11,261
Other	7,571	7,571
Total	18,832	18,832
Net income	1,060	1,060
Net income before other gains/(losses)	1,060	1,060
Other gains and losses:		
Net movement in funds	1,060	1,060
Reconciliation of funds:		
Total funds brought forward	51,100	51,100
Total funds carried forward	52,160	52,160

3 Income from donations and legacies

	Unrestricted £	Total 2023 £	Total 2022 £
General Donations	13,224	13,224	7,309
	<u>13,224</u>	<u>13,224</u>	<u>7,309</u>

4 Income from charitable activities

	Unrestricted £	Total 2023 £	Total 2022 £
Annual Ball	10,074	10,074	12,037
Other Events	1,233	1,233	546
	<u>11,307</u>	<u>11,307</u>	<u>12,583</u>

5 Other income

	Unrestricted	Total 2023	Total 2022
	£	£	£
Bank interest receivable	265	265	-
	<u>265</u>	<u>265</u>	<u>-</u>

6 Expenditure on charitable activities

	Unrestricted	Total 2023	Total 2022
	£	£	£
<i>Expenditure on charitable activities</i>			
Annual Ball	5,282	5,282	6,585
Other Events	4,982	4,982	4,663
Merchandise	-	-	13
	<u>10,264</u>	<u>10,264</u>	<u>11,261</u>

7 Other expenditure

	Unrestricted	Total 2023	Total 2022
	£	£	£
Premises costs	4,382	4,382	3,089
Amortisation, depreciation, impairment, profit/loss on disposal of fixed assets	361	361	451
General administrative costs	3,598	3,598	3,632
Legal and professional costs	-	-	399
	<u>8,341</u>	<u>8,341</u>	<u>7,571</u>

8 Net income before transfers

	2023	2022
	£	£
This is stated after charging:		
Depreciation of owned fixed assets	361	451

9 Staff costs

There were no employees during the period

10 Tangible fixed assets

	Equipment	Total
	£	£
Cost or revaluation		
At 1 January 2023	6,417	6,417
At 31 December 2023	<u>6,417</u>	<u>6,417</u>
Depreciation		
At 1 January 2023	4,613	4,613
Depreciation charge for the year	361	361
At 31 December 2023	<u>4,974</u>	<u>4,974</u>
Net book values		
At 31 December 2023	<u>1,443</u>	<u>1,443</u>
At 31 December 2022	<u>1,804</u>	<u>1,804</u>

11 Creditors:	2023	2022
	£	£
amounts falling due within one year		
Accruals	-	1
	<u>-</u>	<u>1</u>

12 Movement in funds	At 1 January 2023	Incoming resources including other gains/losses	Resources expended	At 31 December 2023
	£	£	£	£
Restricted funds:				
Unrestricted funds:				
General funds	52,160	25,146	(18,956)	58,350
Total funds	<u>52,160</u>	<u>25,146</u>	<u>(18,956)</u>	<u>58,350</u>

13 Analysis of net assets between funds

	Unrestricted funds	Total
	£	£
Fixed assets	1,443	1,443
Net current assets	56,907	56,907
	<u>58,350</u>	<u>58,350</u>

14 Reconciliation of net debt

	At 1 January		At 31
	2023	Cash flows	December
	£	£	2023
			£
Cash and cash equivalents	50,357	6,550	56,907
	<u>50,357</u>	<u>6,550</u>	<u>56,907</u>
Net debt	<u>50,357</u>	<u>6,550</u>	<u>56,907</u>

CP Teens UK

Statement of Cash flows

for the year ended 31 December 2023

	2023	2022
	£	£
Cash flows from operating activities		
Net income per Statement of Financial Activities	6,190	1,060
Adjustments for:		
Depreciation of property, plant and equipment	361	451
Dividends, interest and rents from investments	(265)	-
Decrease in trade and other payables	(1)	-
Net cash provided by operating activities	<u>6,285</u>	<u>1,511</u>
Cash flows from investing activities		
Dividends, interest and rents from investments	265	-
Net cash from investing activities	<u>265</u>	<u>-</u>
Net cash from financing activities	<u>-</u>	<u>-</u>
Net increase in cash and cash equivalents	6,550	1,511
Cash and cash equivalents at the beginning of the year	50,357	48,846
Cash and cash equivalents at the end of the year	<u>56,907</u>	<u>50,357</u>
Components of cash and cash equivalents		
Cash and bank balances	56,907	50,357
	<u>56,907</u>	<u>50,357</u>

Detailed Statement of Financial Activities

for the year ended 31 December 2023

	Unrestricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Income and endowments from:			
Donations and legacies			
General Donations	13,224	13,224	7,309
	<u>13,224</u>	<u>13,224</u>	<u>7,309</u>
Charitable activities			
Annual Ball	10,074	10,074	12,037
Other Events	1,233	1,233	546
	<u>11,307</u>	<u>11,307</u>	<u>12,583</u>
Other			
Bank interest receivable	265	265	-
	<u>265</u>	<u>265</u>	<u>-</u>
Total income and endowments	24,796	24,796	19,892
Expenditure on:			
Charitable activities			
Annual Ball	5,282	5,282	6,585
Other Events	4,982	4,982	4,663
Merchandise	-	-	13
	<u>10,264</u>	<u>10,264</u>	<u>11,261</u>
Total of expenditure on charitable activities	10,264	10,264	11,261
 Premises costs			
Rent	4,048	4,048	2,843
Rates	334	334	246
	<u>4,382</u>	<u>4,382</u>	<u>3,089</u>
General administrative costs, including depreciation and amortisation:			
Depreciation of Equipment	361	361	451
Equipment expensed	61	61	364
General insurances	1,068	1,068	555
Information and publications	1,153	1,153	1,678
Software and IT support	504	504	852
Stationery and printing	457	457	-
Sundry expenses	226	226	54
Telephone, fax and broadband	129	129	129
	<u>3,959</u>	<u>3,959</u>	<u>4,083</u>

Detailed Statement of Financial Activities

Legal and professional costs

Other legal and professional costs	-	-	399
	<u>-</u>	<u>-</u>	<u>399</u>
Total of expenditure of other costs	<u>8,341</u>	<u>8,341</u>	<u>7,571</u>
Total expenditure	18,605	18,605	18,832
Net gains on investments	-	-	-
Net income	<u>6,190</u>	<u>6,190</u>	<u>1,060</u>
Net income before other gains/(losses)	6,190	6,190	1,060
Other Gains	-	-	-
Net movement in funds	<u>6,190</u>	<u>6,190</u>	<u>1,060</u>
Reconciliation of funds:			
Total funds brought forward	52,160	52,160	51,100
Total funds carried forward	<u>58,350</u>	<u>58,350</u>	<u>52,160</u>