

CP Teens UK

Charity No. 1172105

Trustees' Report and Unaudited Accounts

31 December 2020

CP Teens UK

Contents

	Pages
Trustees' Annual Report	1 to 4
Statement of Financial Activities	5
Balance Sheet	6
Notes to the Accounts	7 to 13
Statement of Cash flows	14
Detailed Statement of Financial Activities	15 to 16

CP Teens UK
Trustees Annual Report

The Trustees present their report with the unaudited financial statements of the charity for the year ended 31 December 2020.

REFERENCE AND ADMINISTRATIVE DETAILS

Charity No. 1172105

Principal Office

Office 7 The Community Hub
East Stand Technique Stadium
Sheffield Road
Chesterfield
S41 8NZ

Trustees

The following Trustees served during the year:

Andrew Conneely
Jillian Hitchin
Karen Holland
India Hollingworth
Sarah Humphreys
Timothy Lowe
Deborah Simpson
Eleanor Simpson

Bankers

Natwest
5 Market Place
Chesterfield

OBJECTIVES AND ACTIVITIES

The purposes of the charity, as set out in its governing document are the promotion of social inclusion among young people aged 10 to 25 years old with physical disabilities, who are socially excluded from society, or parts of society, as a result of their disability. To provide help, support and advice for young people with physical disabilities and their families. To provide workshops, forums, advocacy and general support along with recreational facilities and opportunities in the interest of social welfare and improving conditions of life.

Statement of trustees' responsibilities in relation to the financial statements

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the Trust deed. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Throughout 2020, we have worked extremely hard to ensure that the objectives have been met and that our work has been for the public benefit. In writing this report, the Trustees have had to consider the Charity Commission's general guidance on public benefit. In 2020, CP Teens UK has worked with 'Help, Hope, Inspiration and Friendship' at its core and with the challenges of the Covid-19 pandemic. In March 2020, CP Teens UK went fully virtual but kept its service users connected, engaged & supported. During 2020, CP Teens UK has:

- Provided 2 'in-person' social events (January and early March, prior to lockdown). These were the heavily over-subscribed Bowling event followed by a meal in Sheffield (as part of the 'Social Series') and the annual Quiz. The Social Series was planned to continue around the UK throughout the year, including Glasgow, London & Plymouth, but unfortunately had to be cancelled due to Covid-19.
- Put on & delivered the Virtual Sponsored Wobble. Unfortunately, the 'real' Sponsored Wobble had to be cancelled due to Covid-19. However, the Virtual Sponsored Wobble was a huge success with youngsters & their families participating within their household bubbles across the UK at the same time. The challenge was adapted to any distance, however possible or however participants chose to do it. From tricycles, to cross running machines, to RaceRunners, over 15 youngsters and families joined in across the UK and over £4,000 was raised for CP Teens UK.
- Provided over 36 hours of interactive virtual socialising throughout lockdown with the initiative 'Coffee & Chat' in partnership with CP Sport. These were informal, chatty sessions every Thursday morning via Zoom for an hour & a half at a time. Special guests were also invited & attended each week, including Paralympians.
- Provided a weekly lockdown quiz with a prize each week. The prize always had lockdown in mind, e.g. a JustEat voucher or a chocolate hamper delivered to the winner's door, to keep service users engaged & spirits up.
- Put on 'Paint Your Own...' Day – service users were sent ceramic kits of their choice and everyone painted together virtually and a gallery was shared at the end of the day to the public.
- Put on the CP Teens UK Bake Off – service users were invited to bake something of their choice at home and send in photos, their recipe and their method over a 2-day period. All entries (with permission) were shared on CP Teens UK official social media as they came in. All entries were sent to a judging panel who then selected the top 3. The top 3 were then put to a public vote in a live 'results show' and the CP Teens UK Bake Off Winner was crowned.

CP Teens UK

Trustees Annual Report

- Put on & delivered the CP Teens UK Virtual Award Ceremony – hosted by Ellie Simpson & Chloe Tear, and judged by the Board of Trustees, the ceremony recognised inspiring individuals. 82 people formed the virtual audience and 14 awards were ‘presented’ to deserving recipients, many of whom were service users. All award winners were sent a personalised engraved trophy.
- Loaned out a RaceRunner to Tobias Weller – ‘Captain Tobias’ was headline news when he completed a mighty marathon for charity during lockdown. CP Teens UK made it possible by hiring out a RaceRunner and the relevant equipment.
- Put on CP Teens UK Virtual Halloween – this included a fancy dress competition with different categories and a Halloween paint ceramic kit activity.
- Put on ‘#NoBangs Bonfire Night’ – due to an under developed Moro reflex, people with Cerebral Palsy startle very easily and this can make Bonfire Night stressful & challenging. CP Teens UK sent out pamper packs and had online discussion & interactions to try and distract from the fireworks. The initiative was hugely popular and appreciated, as well as being heavily oversubscribed. We decided to double our capacity from 25 youngsters to 50 and they were UK wide.
- Put on the ‘Winter Warmer’ Cooking Competition – service users were invited to cook a dish of their choice at home and enter it into the CP Teens UK ‘Winter Warmer’ Competition. The entries were fantastic and included Hungarian Spiced Hot Chocolate, Winter Vegetable Bake and Belgian Chocolate Cookies.
- Put on ‘Paint Your Own Bauble’ Day – service users were sent plain baubles and paint sets. Everyone painted together virtually, and a gallery was shared at the end of the day with the public.
- Continued to connect and unite physically disabled youngsters online in a safe and monitored environment, enabling friendships, and combating loneliness and social isolation.
- Continued the Ambassador Programme for youngsters 13-25 years old with a physical disability, which provides them with a point of responsibility and with a platform to be positive role models for other youngsters.

FINANCIAL REVIEW

- During the year to 31 December 2020, the charity received income from charitable events and donations of £7,109.
- The charity's overheads comprised £409 Public Liability insurance, £2,843 rent, £246 non-domestic rates, £793 advertising/website, £7 printing & stationery, £222 telephone and £7 sundry.
- No additional equipment was purchased during the year. The depreciation charge on existing equipment was £705 (20% Reducing Balance)
- At the end of December 2020 the charity held cash funds of £45,425 and other assets of £2,818.
- The board of trustees considers the charity to be in a stable financial position to continue as a going concern and focus on delivering the objectives outlined in its governing document.

The charity does not have any paid employees and has minimal monthly outgoings (premises overheads). As such, a formal Reserves Policy has not yet been established. The trustees will continue to review the situation on a quarterly basis and should the need arise a policy will be formulated.

STRUCTURE, GOVERNANCE AND MANAGEMENT

CP Teens UK is a CIO (Charitable Incorporated Organisation). The charity is controlled by its governing document and its Board of Trustees.

The appointment of trustees follows the procedure outlined in the charity's governing document. The Board of Trustees follow and adhere to the procedure. One third of the trustees stands down on an annual basis and are re-elected by the charity's members (i.e. the trustees).

New trustees undergo a formal induction process; they are provided with the charity's mission, aims and objectives and are provided with a full insight into the charity's work. New trustees are also provided with the charity's policies and code of conducts. All prospective trustees are DBS checked prior to successfully obtaining a role on the Board.

When considering the co-option and recruitment of trustees, the Board has regard to the requirement for ensuring that there is a balance of knowledge and expertise to govern the charity effectively. The Board is also careful to balance the number of parents of young people with disabilities to the number of people who are not parents of young people with disabilities.

Signed on behalf of the charity's trustees

Deborah Simpson
Trustee

30 September 2021

CP Teens UK
Statement of Financial Activities
for the year ended 31 December 2020

	Notes	Unrestricted funds 2020 £	Total funds 2020 £	Total funds 2019 £
Income and endowments from:				
Donations and legacies	3	2,165	2,165	1,882
Charitable activities	4	4,944	4,944	14,944
Total		7,109	7,109	16,826
Expenditure on:				
Charitable activities	5	3,631	3,631	7,357
Other	6	5,232	5,232	2,531
Total		8,863	8,863	9,888
Net gains on investments		-	-	-
Net (expenditure)/income	7	(1,754)	(1,754)	6,938
Transfers between funds		-	-	-
Net (expenditure)/income before other gains/(losses)		(1,754)	(1,754)	6,938
Other gains and losses				
Net movement in funds		(1,754)	(1,754)	6,938
Reconciliation of funds:				
Total funds brought forward		49,997	49,997	43,059
Total funds carried forward		48,243	48,243	49,997

CP Teens UK
Balance Sheet

at 31 December 2020

Charity No. 1172105

		2020	2019
		£	£
Fixed assets			
Tangible assets	9	2,818	3,523
		<u>2,818</u>	<u>3,523</u>
Current assets			
Cash at bank and in hand		45,425	46,474
		<u>45,425</u>	<u>46,474</u>
Net current assets		45,425	46,474
Total assets less current liabilities		48,243	49,997
Net assets excluding pension asset or liability		<u>48,243</u>	<u>49,997</u>
Total net assets		<u><u>48,243</u></u>	<u><u>49,997</u></u>
The funds of the charity			
Restricted funds	10		
Unrestricted funds	10		
General funds		48,243	49,997
		<u>48,243</u>	<u>49,997</u>
Reserves	10		
Total funds		<u><u>48,243</u></u>	<u><u>49,997</u></u>

Approved by the trustees on 30 September 2021

And signed on their behalf by:

Andrew Conneely
Trustee

30 September 2021

CP Teens UK
Notes to the Accounts

for the year ended 31 December 2020

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
Donated services and facilities	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.
Volunteer help	The value of any volunteer help received is not included in the accounts.
Investment income	This is included in the accounts when receivable.
Gains/(losses) on revaluation of fixed assets	This includes any gain or loss resulting from revaluing investments to market value at the end of the year.
Gains/(losses) on investment assets	This includes any gain or loss on the sale of investments.

CP Teens UK

Notes to the Accounts

Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from tax on its charitable activities.

Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Racerunning equipment	20% Reducing Balance
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Freehold investment property

Investment properties are measured initially at cost and subsequently at fair value at each balance sheet date and are not depreciated. All gains or losses are taken to the Statement of Financial Activities as they arise.

Stocks

Stock is included at the lower of cost or net realisable value. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

CP Teens UK
Notes to the Accounts

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Research and development

Expenditure on research and development is written off in the year in which it is incurred.

Foreign currencies

Monetary assets and liabilities denominated in currencies other than the functional currency of the charity are translated at the rates of exchange prevailing at the end of the reporting period.

Transactions in currencies other than the functional currency of the charity are recorded at the rate of exchange on the date that the transaction occurred.

All exchange differences are taken into account in arriving at net income/expenditure.

Leased assets

Where the charity enters into a lease which entails taking substantially all the risks and rewards of ownership of an asset, the lease is treated as a finance lease.

Leases which do not transfer substantially all the risks and rewards of ownership to charity are classified as operating leases.

Assets held under finance leases are initially recognised as assets of the charity at their fair value at the inception of the lease or, if lower, at the present value of the minimum lease payments. The corresponding liability to the lessor is included in the balance sheet date as a finance lease obligation. Lease payments are apportioned between finance expenses and reduction of the lease obligation so as to achieve a constant rate of interest on the remaining balance of the liability. Finance expenses are recognised immediately, unless they are directly attributable to qualifying assets, in which case they are capitalised in accordance with the charity's policy on borrowing costs.

Assets held under finance leases are depreciated in the same way as owned assets.

Operating lease payments are recognised as an expense on a straight-line basis over the lease term.

In the event that lease incentives are received to enter into operating leases, such incentives are recognised as a liability. The aggregate benefit of incentives is recognised as a reduction of rental expense on a straight-line basis.

Pension costs

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the charity pays fixed contributions into a separate entity. Once the contributions have been paid the charity has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the charity in independently administered funds.

Receipt of donated goods, facilities and services

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

CP Teens UK
Notes to the Accounts

2 Statement of Financial Activities - prior year

Income and endowments from:	2019	2019
Donations and legacies		
Charitable activities	£	£
Total	1,882	1,882
Expenditure on:	14,944	14,944
Charitable activities	16,826	16,826
Other		
Total	7,357	7,357
Net income	2,532	2,532
Net income before other gains/(losses)	9,889	9,889
Other gains and losses:	6,937	6,937
Net movement in funds	6,937	6,937
Reconciliation of funds:		
Total funds brought forward	6,937	6,937
Total funds carried forward		
Unrestricted funds	43,059	43,059
Total funds	49,996	49,996

3 Income from donations and legacies

	Unrestricted	Total	Total
		2020	2019
	£	£	£
General Donations	2,165	2,165	1,882
	2,165	2,165	1,882

4 Income from charitable activities

	Unrestricted	Total	Total
		2020	2019
	£	£	£
Annual Ball	75	75	14,010
Other	4,869	4,869	934
	4,944	4,944	14,944

CP Teens UK
Notes to the Accounts

5 Expenditure on charitable activities

	Unrestricted	Total	Total
		2020	2019
	£	£	£
<i>Expenditure on charitable activities:</i>	500	500	6,048
Annual Ball	3,111	3,111	1,309
Other	20	20	-
Merchandise	<u>3,631</u>	<u>3,631</u>	<u>7,357</u>

6 Other expenditure

	Unrestricted	Total	Total
		2020	2019
	£	£	£
	3,089	3,089	233
Premises costs			
Amortisation, depreciation, impairment, profit/loss on disposal of fixed assets	705	705	881
General administrative costs	1,438	1,438	1,057
Legal and professional costs	-	-	360
	<u>5,232</u>	<u>5,232</u>	<u>2,531</u>

7 Net (expenditure)/income before transfers

	2020	2019
	£	£
This is stated after charging:		
Depreciation of owned fixed assets	705	881

8 Staff costs

There were no employees during the period

CP Teens UK
Notes to the Accounts

9 Tangible fixed assets

	Racerunning equipment	Total
	£	£
Cost or revaluation		
At 1 January 2020	6,417	6,417
At 31 December 2020	6,417	6,417
Depreciation and impairment		
At 1 January 2020	2,894	2,894
Depreciation charge for the year	705	705
At 31 December 2020	3,599	3,599
Net book values		
At 31 December 2020	2,818	2,818
At 31 December 2019	3,523	3,523

10 Movement in funds

	At 1 January 2020	Incoming resources (including other gains/losses)	Resources expended	At 31 December 2020
	£	£	£	£
Restricted funds:				
Unrestricted funds:				
General funds	49,997	7,109	(8,863)	48,243
Revaluation Reserves:				
Total funds	49,997	7,109	(8,863)	48,243

11 Analysis of net assets between funds

	Unrestricted funds	Total
	£	£
Fixed assets	2,818	2,818
Net current assets	45,425	45,425
	48,243	48,243

CP Teens UK
Notes to the Accounts

12 Reconciliation of net debt

	At 1 January		At 31
	2020	Cash flows	December
	£	£	2020
			£
Cash and cash equivalents	46,474	(1,049)	45,425
	46,474	(1,049)	45,425
Net debt	46,474	(1,049)	45,425

CP Teens UK
Statement of Cash flows

for the year ended 31 December 2020

	2020	2019
	£	£
Cash flows from operating activities		
Net (expenditure)/income per Statement of Financial Activities	(1,754)	6,937
Adjustments for:		
Depreciation of property, plant and equipment	705	881
Decrease in trade and other receivables	-	500
Net cash (used in)/provided by operating activities	<u>(1,049)</u>	<u>8,318</u>
Net cash from investing activities	<u>-</u>	<u>-</u>
Net cash from financing activities	<u>-</u>	<u>-</u>
Net (decrease)/increase in cash and cash equivalents	(1,049)	8,318
Cash and cash equivalents at the beginning of the year	46,474	38,156
Cash and cash equivalents at the end of the year	<u>45,425</u>	<u>46,474</u>
Components of cash and cash equivalents		
Cash and bank balances	45,425	46,474
	<u>45,425</u>	<u>46,474</u>

CP Teens UK
Detailed Statement of Financial Activities

for the year ended 31 December 2020

	Unrestricted funds 2020 £	Total funds 2020 £	Total funds 2019 £
Income and endowments from:			
Donations and legacies			
General Donations	2,165	2,165	1,882
	<u>2,165</u>	<u>2,165</u>	<u>1,882</u>
Charitable activities			
Annual Ball	75	75	14,010
Other Events	4,869	4,869	934
	<u>4,944</u>	<u>4,944</u>	<u>14,944</u>
Total income and endowments	7,109	7,109	16,826
Expenditure on:			
Charitable activities			
Annual Ball	500	500	6,048
Other Events	3,111	3,111	1,309
Merchandise	20	20	-
	<u>3,631</u>	<u>3,631</u>	<u>7,357</u>
Total of expenditure on charitable activities	3,631	3,631	7,357
Premises costs			
Rent	2,843	2,843	-
Rates	246	246	233
	<u>3,089</u>	<u>3,089</u>	<u>233</u>
General administrative costs, including depreciation and amortisation:			
Depreciation of Racerunning equipment	705	705	881
General insurances	409	409	409
Information and publications	793	793	407
Stationery and printing	7	7	72
Sundry expenses	7	7	131
Telephone, fax and broadband	222	222	38
	<u>2,143</u>	<u>2,143</u>	<u>1,938</u>
Legal and professional costs			
Audit/Independent examination fees	-	-	360
	<u>-</u>	<u>-</u>	<u>360</u>
Total of expenditure of other costs	5,232	5,232	2,531
Total expenditure	8,863	8,863	9,888
Net gains on investments	-	-	-
Net (expenditure)/income	(1,754)	(1,754)	6,938

CP Teens UK
Detailed Statement of Financial Activities
for the year ended 31 December 2020

Net (expenditure)/income before other gains/(losses)	(1,754)	(1,754)	6,938
Other Gains	-	-	-
Net movement in funds	<u>(1,754)</u>	<u>(1,754)</u>	<u>6,938</u>
Reconciliation of funds:			
Total funds brought forward	49,997	49,997	43,059
Total funds carried forward	<u><u>48,243</u></u>	<u><u>48,243</u></u>	<u><u>49,997</u></u>