

CP TEENS UK

England & Wales · Charity number 1172105

Details

Status Registered

Legal form CIO

Registered 2017-03-16

Register [View on the Charity Commission register](#)

Contact

Address Northern Gateway Enterprise Centre
Saltergate
Chesterfield
Derbyshire
S40 1UT

Phone 01246886340

Email office@cpteensuk.org

Website www.cpteensuk.org

Activities

Objects: THE PROMOTION OF SOCIAL INCLUSION AMONG PEOPLE WITH PHYSICAL DISABILITIES WHO ARE SOCIALLY EXCLUDED FROM SOCIETY, OR PARTS OF SOCIETY, AS A RESULT OF THEIR DISABILITY BY:- PROVIDING HELP, SUPPORT & ADVICE FOR PEOPLE WITH PHYSICAL DISABILITIES, AND THEIR FAMILIES- PROVIDING WORKSHOPS, FORUMS, ADVOCACY AND GENERAL SUPPORT- PROVIDING RECREATIONAL FACILITIES AND OPPORTUNITIES FOR PEOPLE WITH PHYSICAL DISABILITIES IN THE INTEREST OF SOCIAL WELFARE, DESIGNED TO IMPROVE THEIR CONDITIONS OF LIFE

Activities: The promotion of social inclusion among young people aged 10 to 25 years old with physical disabilities, who are socially excluded from society, or parts of society, as a result of their disability. To provide help, support and advice for young people with physical disabilities and their families. To provide workshops, forums, advocacy and general support alongwith recreational facilities.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Disability, Amateur Sport
- **Who:** People With Disabilities

Geography

- Scotland
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£14,561	£15,576	-	-
2023-12-31	£24,796	£18,606	-	-
2022-12-31	£19,892	£18,832	-	-
2021-12-31	£17,418	£14,561	-	-
2020-12-31	£7,109	£8,863	-	-

Trustees

Name	Role	Appointed
DEBORAH JANE SIMPSON	Chair	2017-03-16
ANDREW CONNEELY		2017-03-16
India Mary Hollingworth		2019-09-29
Jillian Sara Hitchin		2019-09-29
KAREN ELIZABETH HOLLAND		2017-03-16
Timothy John David Lowe		2019-09-29

CP TEENS UK

England & Wales - Charity number 1172105

Accounts

CP Teens UK

Charity No. 1172105

Trustees' Report and Unaudited Accounts

31 December 2024

CP Teens UK

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CP Teens UK
Trustees Annual Report

The trustees present their report with the unaudited financial statements of the charity for the year ended 31 December 2024.

REFERENCE AND ADMINISTRATIVE DETAILS

Charity No. 1172105

Principal Office

Northern Gateway
Saltergate
Chesterfield
Derbyshire
S40 1UT

Trustees

The following trustees served during the year:

Andrew Conneely
Jillian Hitchin
Karen Holland
India Hollingworth
Timothy Lowe
Deborah Simpson (Chair of Trustees)

Bankers

Natwest
5 Market Place
Chesterfield
S40 1TW
Address Line 5

OBJECTIVES AND ACTIVITIES

The purposes of the charity, as set out in its governing document are the promotion of social inclusion among young people aged 10 to 25 years old with physical disabilities, who are socially excluded from society, or parts of society, because of their disability. To provide help, support and advice for young people with physical disabilities and their families. To provide workshops, forums, advocacy and general support along with recreational facilities and opportunities in the interest of social welfare and improving conditions of life.

Statement of trustees' responsibilities in relation to the financial statements

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the Trust deed. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Throughout 2024, we have worked extremely hard to ensure that the objectives have been met and that our work has been for the public benefit. Despite having to take an enforced semi-hiatus period due to our troubles with our social media platforms, we have continued to deliver both in-person and online events & activities to cater for all and remain accessible.

Due to having a semi-hiatus period, we have taken time to review our services and delivery, and therefore, ***we have not delivered as many events and initiatives in 2024 as we usually would during the period of a year.***

In writing this report, the Trustees have had to consider the Charity Commission's general guidance on public benefit.

In 2024, CP Teens UK has:

- Delivered in-person events & initiatives catering for a range of interests. All of our events & initiatives are aimed at bringing young people with physical disabilities together in a social & supportive environment where they feel included and part of a network. In 2024, we delivered:
 - o A social day in Sheffield with bowling & a meal
 - o A canal trip and social in Sheffield
 - o The CP Teens UK Annual Sponsored Wobble (see below)
 - o A 10th Anniversary celebration party for 20 service users who have contributed significantly/been heavily involved with CP Teens UK over the past 10-years.
- Delivered our popular Chit & Chat initiative; an online social initiative where youngsters from across the UK join virtually for an hour of socialising, chat and fun. Chit & Chat enables youngsters to join in & get involved from wherever they are. Sometimes travel can be problematic for youngsters with physical disabilities & their families, so delivering online makes our charity & services accessible. Youngsters with physical disabilities also often struggle with confidence, so joining in from home in the first instance has shown to provide many youngsters with the confidence to then go on to attend our in-person events & initiatives.
- The Sponsored Wobble - a 5k accessible challenge through Chatsworth providing the opportunity for youngsters & families to come together, and an opportunity to raise money for CP Teens UK.

CP Teens UK
Trustees Annual Report

- Continued to connect and unite physically disabled youngsters in-person and online in safe and monitored environments, enabling friendships and combating loneliness and social isolation

FINANCIAL REVIEW

- During the year to 31 December 2024, the charity received income from charitable events and donations of £14,561.
- The charity's overheads comprised £2,122 event costs, £706 Public Liability/Safeguarding insurance, £9,259 rent, £454 non-domestic rates, £1,082 website/publications, £129 telephone, £796 stationery/office costs, and £739 sundry.
- No further fixed assets were purchased during the year. The depreciation charge on existing fixed assets was £289 (20% Reducing Balance)
- As at 31 December 2024 the charity held cash funds of £56,181 and fixed assets of £1,154.
- The board of trustees considers the charity to be in a stable financial position to continue as a going concern and focus on delivering the objectives outlined in its governing document.
- The charity does not have any paid employees and has minimal monthly outgoings (premises overheads). As such, a formal Reserves Policy has not yet been established. The trustees will continue to review the situation on a quarterly basis and should the need arise, a policy will be formulated.

STRUCTURE, GOVERNANCE AND MANAGEMENT

CP Teens UK is a CIO (Charitable Incorporated Organisation). The charity is controlled by its governing document and its Board of Trustees.

The appointment of trustees follows the procedure outlined in the charity's governing document. The Board of Trustees follow and adhere to the procedure. One third of the trustees stands down on an annual basis and are re-elected by the charity's members (i.e. the trustees).

New trustees undergo a formal induction process; they are provided with the charity's mission, aims and objectives and are provided with a full insight into the charity's work. New trustees are also provided with the charity's policies and code of conducts. All prospective trustees are DBS checked prior to successfully obtaining a role on the Board.

When considering the co-option and recruitment of trustees, the Board has regard to the requirement for ensuring that there is a balance of knowledge and expertise to govern the charity effectively. The Board also is careful to balance the number of parents of young people with disabilities to the number of people who are not parents of young people with disabilities.

Statement of trustees' responsibilities in relation to the financial statements

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice)

CP Teens UK
Trustees Annual Report

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the Trust deed. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the charity's trustees

Deborah Simpson
Trustee

20 September 2025

Statement of Financial Activities

for the year ended 31 December 2024

		Unrestricted	Total funds	Total funds
		funds	2024	2023
	Notes	2024	2024	2023
		£	£	£
Income and endowments				
from:				
Donations and legacies	3	12,066	12,066	13,223
Charitable activities	4	1,951	1,951	11,307
Other	5	544	544	265
Total		14,561	14,561	24,795
Expenditure on:				
Charitable activities	6	2,122	2,122	10,264
Other	7	13,454	13,454	8,341
Total		15,576	15,576	18,605
Net gains on investments		-	-	-
Net (expenditure)/income	8	(1,015)	(1,015)	6,190
Transfers between funds		-	-	-
Net (expenditure)/income		(1,015)	(1,015)	6,190
before other gains/(losses)				
Other gains and losses				
Net movement in funds		(1,015)	(1,015)	6,190
Reconciliation of funds:				
Total funds brought forward		58,350	58,350	52,160
Total funds carried forward		57,335	57,335	58,350

CP Teens UK
Balance Sheet

at 31 December 2024

Charity No. 1172105	2024	2023
	£	£
Fixed assets		
Tangible assets	10 1,154	1,443
	<u>1,154</u>	<u>1,443</u>
Current assets		
Cash at bank and in hand	56,181	56,907
	<u>56,181</u>	<u>56,907</u>
Net current assets	56,181	56,907
Total assets less current liabilities	<u>57,335</u>	<u>58,350</u>
Net assets excluding pension asset or liability	<u>57,335</u>	<u>58,350</u>
Total net assets	<u><u>57,335</u></u>	<u><u>58,350</u></u>
The funds of the charity		
Restricted funds	11	
Unrestricted funds	11	
General funds	57,335	58,350
	<u>57,335</u>	<u>58,350</u>
Reserves	11	
Total funds	<u><u>57,335</u></u>	<u><u>58,350</u></u>

Approved by the trustees on 31 December 2024

And signed on their behalf by:

Andrew Conneely
Trustee

20 September 2025

1. Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.

Designated funds These are unrestricted funds earmarked by the trustees for specific purposes.

Revaluation funds These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.

Restricted funds These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.

Income with related expenditure Where income has related expenditure the income and related expenditure is reported gross in the SoFA.

Donations and legacies Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.

Tax reclaims on donations and gifts Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.

Donated services and facilities These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.

Volunteer help The value of any volunteer help received is not included in the accounts.

Investment income This is included in the accounts when receivable.

Income cont.

Gains/(losses) on revaluation of fixed assets This includes any gain or loss resulting from revaluing investments to market value at the end of the year.

Gains/(losses) on investment assets This includes any gain or loss on the sale of investments.

Expenditure

Recognition of expenditure Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Expenditure on raising funds These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.

Expenditure on charitable activities These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.

Grants payable All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.

Governance costs These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.

Other expenditure These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from tax on its charitable activities.

Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates to write off each asset over its estimated useful life:

Equipment	20% Reducing Balance
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Freehold investment property

Investment properties are measured initially at cost and subsequently at fair value at each balance sheet date and are not depreciated. All gains or losses are taken to the Statement of Financial Activities as they arise.

Stocks

Stock is included at the lower of cost or net realisable value. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered.

Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Research and development

Expenditure on research and development is written off in the year in which it is incurred.

Foreign currencies

Monetary assets and liabilities denominated in currencies other than the functional currency of the charity are translated at the rates of exchange prevailing at the end of the reporting period. Transactions in currencies other than the functional currency of the charity are recorded at the rate of exchange on the date that the transaction occurred.

All exchange differences are considered in arriving at net income/expenditure.

Leased assets

Where the charity enters a lease which entails taking substantially all the risks and rewards of ownership of an asset, the lease is treated as a finance lease.

Leases which do not transfer substantially all the risks and rewards of ownership to charity are classified as operating leases.

Assets held under finance leases are initially recognised as assets of the charity at their fair value at the inception of the lease or, if lower, at the present value of the minimum lease payments. The corresponding liability to the lessor is included in the balance sheet date as a finance lease obligation. Lease payments are apportioned between finance expenses and reduction of the lease obligation so as to achieve a constant rate of interest on the remaining balance of the liability. Finance expenses are recognised immediately, unless they are directly attributable to qualifying assets, in which case they are capitalised in accordance with the charity's policy on borrowing costs.

Assets held under finance leases are depreciated in the same way as owned assets.

Operating lease payments are recognised as an expense on a straight-line basis over the lease term. If lease incentives are received to enter operating leases, such incentives are recognised as a liability. The aggregate benefit of incentives is recognised as a reduction of rental expense on a straight-line basis.

Receipt of donated goods, facilities and services

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

2 Statement of Financial Activities - prior year

	Unrestricted funds 2023 £	Total funds 2023 £
Income and endowments from:		
Donations and legacies	13,223	13,223
Charitable activities	11,307	11,307
Other	265	265
Total	<u>24,795</u>	<u>24,795</u>
Expenditure on:		
Charitable activities	10,264	10,264
Other	8,341	8,341
Total	<u>18,605</u>	<u>18,605</u>
Net income	<u>6,190</u>	<u>6,190</u>
Net income before other gains/(losses)	<u>6,190</u>	<u>6,190</u>
Other gains and losses:		
Net movement in funds	<u>6,190</u>	<u>6,190</u>
Reconciliation of funds:		
Total funds brought forward	52,160	52,160
Total funds carried forward	<u><u>58,350</u></u>	<u><u>58,350</u></u>

3 Income from donations and legacies

	Unrestricted £	Total 2024 £	Total 2023 £
General Donations	12,066	12,066	13,223
	<u>12,066</u>	<u>12,066</u>	<u>13,223</u>

4 Income from charitable activities

	Unrestricted £	Total 2024 £	Total 2023 £
Annual Ball	1,800	1,800	10,074
Other Events	-	-	1,233
Other income	151	151	-
	<u>1,951</u>	<u>1,951</u>	<u>11,307</u>

5 Other income

	Unrestricted	Total 2024	Total 2023
	£	£	£
Bank interest receivable	544	544	265
	<u>544</u>	<u>544</u>	<u>265</u>

6 Expenditure on charitable activities

	Unrestricted	Total 2024	Total 2023
	£	£	£
<i>Expenditure on charitable activities</i>			
Annual Ball	-	-	5,282
Other Events	2,122	2,122	4,982
	<u>2,122</u>	<u>2,122</u>	<u>10,264</u>

7 Other expenditure

	Unrestricted	Total 2024	Total 2023
	£	£	£
Premises costs	9,713	9,713	4,382
Amortisation, depreciation, impairment, profit/loss on disposal of fixed assets	289	289	361
General administrative costs	3,452	3,452	3,598
	<u>13,454</u>	<u>13,454</u>	<u>8,341</u>

8 Net (expenditure)/income before transfers

	2024	2023
	£	£
This is stated after charging:		
Depreciation of owned fixed assets	289	361

9 Staff costs

There were no employees during the period

10 Tangible fixed assets

	Equipment	Total
	£	£
Cost or revaluation		
At 1 January 2024	6,417	6,417
At 31 December 2024	<u>6,417</u>	<u>6,417</u>
Depreciation and impairment		
At 1 January 2024	4,974	4,974
Depreciation charge for the year	289	289
At 31 December 2024	<u>5,263</u>	<u>5,263</u>
Net book values		
At 31 December 2024	<u>1,154</u>	<u>1,154</u>
At 31 December 2023	<u>1,443</u>	<u>1,443</u>

11 Movement in funds

	At 1 January 2024	Incoming resources including other gains/losses	Resources expended	At 31 December 2024
	£	£	£	£
Restricted funds:				
Unrestricted funds:				
General funds	58,350	14,561	(15,576)	57,335
Total funds	<u>58,350</u>	<u>14,561</u>	<u>(15,576)</u>	<u>57,335</u>

12 Analysis of net assets between funds

	Unrestricted funds	Total
	£	£
Fixed assets	1,154	1,154
Net current assets	56,181	56,181
	<u>57,335</u>	<u>57,335</u>

13 Reconciliation of net debt

	At 1 January	Cash flows	At 31 December
	2024		2024
	£	£	£
Cash and cash equivalents	56,907	(726)	56,181
	<u>56,907</u>	<u>(726)</u>	<u>56,181</u>
Net debt	<u><u>56,907</u></u>	<u><u>(726)</u></u>	<u><u>56,181</u></u>

CP Teens UK**Statement of Cash flows**

for the year ended 31 December 2024

	2024	2023
	£	£
Cash flows from operating activities		
Net (expenditure)/income per Statement of Financial Activities	(1,015)	6,190
Adjustments for:		
Depreciation of property, plant and equipment	289	361
Dividends, interest and rents from investments	(544)	(265)
Decrease in trade and other payables	-	(1)
Net cash (used in)/provided by operating activities	<u>(1,270)</u>	<u>6,285</u>
Cash flows from investing activities		
Dividends, interest and rents from investments	544	265
Net cash from investing activities	<u>544</u>	<u>265</u>
Net cash from financing activities	<u>-</u>	<u>-</u>
Net (decrease)/increase in cash and cash equivalents	(726)	6,550
Cash and cash equivalents at the beginning of the year	56,907	50,357
Cash and cash equivalents at the end of the year	<u>56,181</u>	<u>56,907</u>
Components of cash and cash equivalents		
Cash and bank balances	56,181	56,907
	<u>56,181</u>	<u>56,907</u>

CP Teens UK
Detailed Statement of Financial Activities
for the year ended 31 December 2024

	Unrestricted		
	funds	Total funds	Total funds
	2024	2024	2023
	£	£	£
Income and endowments from:			
Donations and legacies			
General Donations	12,066	12,066	13,223
	<u>12,066</u>	<u>12,066</u>	<u>13,223</u>
Charitable activities			
Annual Ball	1,800	1,800	10,074
Other Events	-	-	1,233
Other income	151	151	-
	<u>1,951</u>	<u>1,951</u>	<u>11,307</u>
Other			
Bank interest receivable	544	544	265
	<u>544</u>	<u>544</u>	<u>265</u>
Total income and endowments	14,561	14,561	24,795
Expenditure on:			
Charitable activities			
Annual Ball	-	-	5,282
Other Events	2,122	2,122	4,982
	<u>2,122</u>	<u>2,122</u>	<u>10,264</u>
Total of expenditure on charitable activities	2,122	2,122	10,264
Premises costs			
Rent	9,259	9,259	4,048
Rates	454	454	334
	<u>9,713</u>	<u>9,713</u>	<u>4,382</u>
General administrative costs, including depreciation and amortisation			
Depreciation of Equipment	289	289	361
Equipment expensed	-	-	61
General insurances	706	706	1,068
Information and publications	1,082	1,082	1,153
Software, IT support and related costs	-	-	504
Stationery and printing	796	796	457
Sundry expenses	739	739	226
Telephone, fax and broadband	129	129	129
	<u>3,741</u>	<u>3,741</u>	<u>3,959</u>
Total of expenditure of other costs	13,454	13,454	8,341
Total expenditure	15,576	15,576	18,605

Detailed Statement of Financial Activities

Net gains on investments	-	-	-
	<u>(1,015)</u>	<u>(1,015)</u>	<u>6,190</u>
Net (expenditure)/income			
Net (expenditure)/income before other gains/(losses)	<u>(1,015)</u>	<u>(1,015)</u>	<u>6,190</u>
Other Gains	-	-	-
Net movement in funds	<u>(1,015)</u>	<u>(1,015)</u>	<u>6,190</u>
Reconciliation of funds:			
Total funds brought forward	58,350	58,350	52,160
Total funds carried forward	<u><u>57,335</u></u>	<u><u>57,335</u></u>	<u><u>58,350</u></u>

CP TEENS UK

England & Wales - Charity number 1172105

Accounts

CP Teens UK

Charity No. 1172105

Trustees' Report and Unaudited Accounts

31 December 2023

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CP Teens UK
Trustees Annual Report

The trustees present their report with the unaudited financial statements of the charity for the year ended 31 December 2023.

REFERENCE AND ADMINISTRATIVE DETAILS

Charity No. 1172105

Principal Office

Northern Gateway
Saltergate
Chesterfield
Derbyshire
S40 1UT

Trustees

The following trustees served during the year:

Andrew Conneely
Jillian Hitchin
Karen Holland
India Hollingworth
Timothy Lowe
Deborah Simpson (Chair of Trustees)

Bankers

Natwest
5 Market Place
Chesterfield
S40 1TW
Address Line 5

OBJECTIVES AND ACTIVITIES

The purposes of the charity, as set out in its governing document are the promotion of social inclusion among young people aged 10 to 25 years old with physical disabilities, who are socially excluded from society, or parts of society, as a result of their disability. To provide help, support and advice for young people with physical disabilities and their families. To provide workshops, forums, advocacy and general support along with recreational facilities and opportunities in the interest of social welfare and improving conditions of life.

Statement of trustees' responsibilities in relation to the financial statements

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the Trust deed. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Throughout 2023, we have worked extremely hard to ensure that the objectives have been met and that our work has been for the public benefit. We have continued to deliver both in-person and online events & activities in order to cater for all and remain accessible. In October 2023, we celebrated the 10th anniversary of CP Teens UK. In writing this report, the Trustees have had to consider the Charity Commission's general guidance on public benefit. During 2023, CP Teens UK has:

- Delivered various in-person events & initiatives catering for a range of interests. All of our events & initiatives are aimed at bringing young people with physical disabilities together in a social & supportive environment where they feel included and part of a network. In 2023, we delivered:
 - Two social days in Sheffield with bowling & a meal (one in January 2023, and one in October 2023 for World Cerebral Palsy Day)
 - A social day in Nottingham with bowling & a meal
 - Two social drop-ins at the new CP Teens UK office, which we moved into in March 2023. We have moved into a brand new building in Chesterfield town centre, which offers a fully accessible space to enable service users & their families to visit and meet others
 - Monthly Boccia sessions allowing youngsters to be competitive, enabling them to develop skills, and make friends. One youngster has gone on to be a competitive athlete from attending the sessions. Awards were given out at the end of 2023 to our regular youngsters – 'Most Improved Player 2023' male & female
 - A Christmas social day at Yorkshire Wildlife Park
 - A social day at West Midlands Safari Park
 - A Quiz Night
 - Two Frame Running taster & social days – in partnership with Momentum Mobility & Sheffield Children's Hospital
 - Participation at Parallel Windsor 2023 (see below)
 - The CP Teens UK Annual Sponsored Wobble (see below)

CP Teens UK Trustees Annual Report

- CP Teens UK 10th anniversary video and celebration days. Over 2 days in the school summer holidays we invited 12 selected service users who engage consistently with our offerings to come to a filming day to participate in the 10th anniversary video. The filming took place at the CP Teens UK office and lunch was provided for everyone. Youngsters said that they really enjoyed the experience, as well as being with their friends. The 10th anniversary video was launched at the 10th anniversary ball in October.
- Delivered various online events & initiatives enabling youngsters to join in & get involved from wherever they are. Sometimes travel can be problematic for youngsters with physical disabilities & their families, so delivering online makes our charity & services accessible. Youngsters with physical disabilities also often struggle with confidence, so joining in from home in the first instance has shown to provide many youngsters with the confidence to then go on to attend our in-person events & initiatives. In 2023, we delivered:
 - ‘Chit & Chat’ - an online social initiative where youngsters from across the UK join virtually for an hour of socialising, chat and fun. Originally setup to keep our youngsters connected during lockdown, it quickly became apparent how needed ‘Chit & Chat’ is for a lot of our youngsters, many of whom are socially isolated as a result of their physical disability. In 2023, we delivered 30 hours of ‘Chit & Chat’.
 - CP Teens UK Virtual Pizza Night – youngsters around the UK received a free pizza kit from CP Teens UK to make 2 pizzas at home. Everyone then shared their pizzas online before eating them. One parent said, “It’s a great initiative and it gives H something to be a part of on a Friday night – he’s often sat at home whilst his school friends meet up”.
 - No Bangs Bonfire Night – youngsters around the UK received a free pamper pack from CP Teens UK to use on bonfire night to help with/distract from firework bangs, which can be problematic for people with Cerebral Palsy due to the ‘startle reflex’. Online chat & discussion also took place.
- Delivered the CP Teens UK 10th Anniversary Ball at the Casa Hotel, Chesterfield. We delivered the exclusive Pre-Ball Party for our ‘CP Teens’ and their accompanying family/friends – this consisted of personalised goodie bags and a complimentary drink for all youngsters, as well as a ‘Magic Mirror’. The main Ball, which is a fundraising event and is open to the general public, was a great success and a special celebration celebrating 10 wonderful years of the charity. Over £7,000 was raised.
- The Sponsored Wobble - a 5k accessible challenge through Chatsworth providing the opportunity for youngsters & families to come together, and an opportunity to raise money for CP Teens UK. Despite the weather, a great day was had by all and £915 was raised.
- Parallel Windsor – a mass participation event through Great Windsor Park. 6 youngsters joined ‘Team CP Teens’ and we participated in the 5k event. It was a fantastic day with a brilliant, inclusive atmosphere. Team CP Teens raised an incredible £3,925.
- Continued to connect and unite physically disabled youngsters in-person and online in a safe and monitored environments, enabling friendships and combating loneliness and social isolation

FINANCIAL REVIEW

- During the year to 31 December 2023, the charity received income from charitable events and donations of £24,796.
- The charity's overheads comprised £1,068 Public Liability/Safeguarding insurance, £4,048 rent, £334 non-domestic rates, £721 advertising/website, £129 telephone, £504 software, £630 stationery/office costs, £61 equipment, £259 administration/data collection and £228 sundry.
- No further fixed assets were purchased during the year. The depreciation charge on existing fixed assets was £361 (20% Reducing Balance)
- At the end of December 2023 the charity held cash funds of £56,907 and fixed assets of £1,443.
- The board of trustees considers the charity to be in a stable financial position to continue as a going concern and focus on delivering the objectives outlined in its governing document.
- The charity does not have any paid employees and has minimal monthly outgoings (premises overheads). As such, a formal Reserves Policy has not yet been established. The trustees will continue to review the situation on a quarterly basis and should the need arise a policy will be formulated.

STRUCTURE, GOVERNANCE AND MANAGEMENT

CP Teens UK is a CIO (Charitable Incorporated Organisation). The charity is controlled by its governing document and its Board of Trustees.

The appointment of trustees follows the procedure outlined in the charity's governing document. The Board of Trustees follow and adhere to the procedure. One third of the trustees stands down on an annual basis and are re-elected by the charity's members (i.e. the trustees).

New trustees undergo a formal induction process; they are provided with the charity's mission, aims and objectives and are provided with a full insight into the charity's work. New trustees are also provided with the charity's policies and code of conducts. All prospective trustees are DBS checked prior to successfully obtaining a role on the Board.

When considering the co-option and recruitment of trustees, the Board has regard to the requirement for ensuring that there is a balance of knowledge and expertise to govern the charity effectively. The Board also is careful to balance the number of parents of young people with disabilities to the number of people who are not parents of young people with disabilities.

Statement of trustees' responsibilities in relation to the financial statements

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice)

CP Teens UK
Trustees Annual Report

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the Trust deed. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the charity's trustees

Deborah Simpson
Trustee

6th October 2024

Statement of Financial Activities

for the year ended 31 December 2023

		Unrestricted		
		funds	Total funds	Total funds
		2023	2023	2022
	Notes	£	£	£
Income and endowments				
from:				
Donations and legacies	3	13,224	13,224	7,309
Charitable activities	4	11,307	11,307	12,583
Other	5	265	265	-
		<hr/>	<hr/>	<hr/>
Total		24,796	24,796	19,892
Expenditure on:				
Charitable activities	6	10,264	10,264	11,261
Other	7	8,342	8,342	7,571
		<hr/>	<hr/>	<hr/>
Total		18,606	18,606	18,832
Net gains on investments		-	-	-
		<hr/>	<hr/>	<hr/>
Net income	8	6,190	6,190	1,060
Transfers between funds		-	-	-
		<hr/>	<hr/>	<hr/>
Net income before other gains/(losses)		6,190	6,190	1,060
Other gains and losses				
		<hr/>	<hr/>	<hr/>
Net movement in funds		6,190	6,190	1,060
Reconciliation of funds:				
Total funds brought forward		52,160	52,160	51,100
		<hr/>	<hr/>	<hr/>
Total funds carried forward		<u>58,350</u>	<u>58,350</u>	<u>52,160</u>

**CP Teens UK
Balance Sheet**

at 31 December 2023

Charity No. 1172105

	2023	2022
	£	£
Fixed assets		
Tangible assets	10 1,443	1,804
	<u>1,443</u>	<u>1,804</u>
Current assets		
Cash at bank and in hand	56,907	50,357
	<u>56,907</u>	<u>50,357</u>
Creditors: Amount falling due within one year	11 -	(1)
	<u>-</u>	<u>(1)</u>
Net current assets	56,907	50,356
Total assets less current liabilities	<u>58,350</u>	<u>52,160</u>
Net assets excluding pension asset or liability	58,350	52,160
	<u>58,350</u>	<u>52,160</u>
Total net assets	<u><u>58,350</u></u>	<u><u>52,160</u></u>
 The funds of the charity:		
Restricted funds	12	
Unrestricted funds	12	
General funds	58,350	52,160
	<u>58,350</u>	<u>52,160</u>
Reserves	12	
	<u>58,350</u>	<u>52,160</u>
Total funds	<u><u>58,350</u></u>	<u><u>52,160</u></u>

Approved by the trustees on 6th October 2024

And signed on their behalf by:

Andrew Conneely
Trustee

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.

Designated funds These are unrestricted funds earmarked by the trustees for particular purposes.

Revaluation funds These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.

Restricted funds These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.

Income with related expenditure Where income has related expenditure the income and related expenditure is reported gross in the SoFA.

Donations and legacies Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.

Tax reclaims on donations and gifts Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.

Donated services and facilities These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.

Volunteer help The value of any volunteer help received is not included in the accounts.

Investment income This is included in the accounts when receivable.

Income cont.

Gains/(losses) on revaluation of fixed assets This includes any gain or loss resulting from revaluing investments to market value at the end of the year.

Gains/(losses) on investment assets This includes any gain or loss on the sale of investments.

Expenditure

Recognition of expenditure Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Expenditure on raising funds These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.

Expenditure on charitable activities These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.

Grants payable All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.

Governance costs These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.

Other expenditure These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from tax on its charitable activities.

Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Equipment 20% Reducing Balance

Freehold investment property

Investment properties are measured initially at cost and subsequently at fair value at each balance sheet date and are not depreciated. All gains or losses are taken to the Statement of Financial Activities as they arise.

Stocks

Stock is included at the lower of cost or net realisable value. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered.

Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Research and development

Expenditure on research and development is written off in the year in which it is incurred.

Foreign currencies

Monetary assets and liabilities denominated in currencies other than the functional currency of the charity are translated at the rates of exchange prevailing at the end of the reporting period. Transactions in currencies other than the functional currency of the charity are recorded at the rate of exchange on the date that the transaction occurred.

All exchange differences are taken into account in arriving at net income/expenditure.

Leased assets

Where the charity enters into a lease which entails taking substantially all the risks and rewards of ownership of an asset, the lease is treated as a finance lease.

Leases which do not transfer substantially all the risks and rewards of ownership to charity are classified as operating leases.

Assets held under finance leases are initially recognised as assets of the charity at their fair value at the inception of the lease or, if lower, at the present value of the minimum lease payments. The corresponding liability to the lessor is included in the balance sheet date as a finance lease obligation. Lease payments are apportioned between finance expenses and reduction of the lease obligation so as to achieve a constant rate of interest on the remaining balance of the liability. Finance expenses are recognised immediately, unless they are directly attributable to qualifying assets, in which case they are capitalised in accordance with the charity's policy on borrowing costs.

Assets held under finance leases are depreciated in the same way as owned assets.

Operating lease payments are recognised as an expense on a straight-line basis over the lease term. In the event that lease incentives are received to enter into operating leases, such incentives are recognised as a liability. The aggregate benefit of incentives is recognised as a reduction of rental expense on a straight-line basis.

Receipt of donated goods, facilities and services

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

2 Statement of Financial Activities - prior year

	Unrestricted funds 2022 £	Total funds 2022 £
Income and endowments from:		
Donations and legacies	7,309	7,309
Charitable activities	12,583	12,583
Total	<u>19,892</u>	<u>19,892</u>
Expenditure on:		
Charitable activities	11,261	11,261
Other	7,571	7,571
Total	<u>18,832</u>	<u>18,832</u>
Net income	<u>1,060</u>	<u>1,060</u>
Net income before other gains/(losses)	1,060	1,060
Other gains and losses:		
Net movement in funds	<u>1,060</u>	<u>1,060</u>
Reconciliation of funds:		
Total funds brought forward	51,100	51,100
Total funds carried forward	<u><u>52,160</u></u>	<u><u>52,160</u></u>

3 Income from donations and legacies

	Unrestricted £	Total 2023 £	Total 2022 £
General Donations	13,224	13,224	7,309
	<u>13,224</u>	<u>13,224</u>	<u>7,309</u>

4 Income from charitable activities

	Unrestricted £	Total 2023 £	Total 2022 £
Annual Ball	10,074	10,074	12,037
Other Events	1,233	1,233	546
	<u>11,307</u>	<u>11,307</u>	<u>12,583</u>

5 Other income

	Unrestricted	Total	Total
		2023	2022
	£	£	£
Bank interest receivable	265	265	-
	<u>265</u>	<u>265</u>	<u>-</u>

6 Expenditure on charitable activities

	Unrestricted	Total	Total
		2023	2022
	£	£	£
<i>Expenditure on charitable activities</i>			
Annual Ball	5,282	5,282	6,585
Other Events	4,982	4,982	4,663
Merchandise	-	-	13
	<u>10,264</u>	<u>10,264</u>	<u>11,261</u>

7 Other expenditure

	Unrestricted	Total	Total
		2023	2022
	£	£	£
Premises costs	4,382	4,382	3,089
Amortisation, depreciation, impairment, profit/loss on disposal of fixed assets	361	361	451
General administrative costs	3,598	3,598	3,632
Legal and professional costs	-	-	399
	<u>8,341</u>	<u>8,341</u>	<u>7,571</u>

8 Net income before transfers

	2023	2022
	£	£
This is stated after charging:		
Depreciation of owned fixed assets	361	451

9 Staff costs

There were no employees during the period

10 Tangible fixed assets

	Equipment	Total
	£	£
Cost or revaluation		
At 1 January 2023	6,417	6,417
At 31 December 2023	<u>6,417</u>	<u>6,417</u>
Depreciation		
At 1 January 2023	4,613	4,613
Depreciation charge for the year	361	361
At 31 December 2023	<u>4,974</u>	<u>4,974</u>
Net book values		
At 31 December 2023	<u>1,443</u>	<u>1,443</u>
At 31 December 2022	<u>1,804</u>	<u>1,804</u>

11 Creditors:	2023	2022
amounts falling due within one year	£	£
Accruals	-	1
	<u>-</u>	<u>1</u>

12 Movement in funds	At 1 January 2023	Incoming resources including other gains/losses	Resources expended	At 31 December 2023
	£	£	£	£
Restricted funds:				
Unrestricted funds:				
General funds	52,160	25,146	(18,956)	58,350
Total funds	<u>52,160</u>	<u>25,146</u>	<u>(18,956)</u>	<u>58,350</u>

13 Analysis of net assets between funds

	Unrestricted funds	Total
	£	£
Fixed assets	1,443	1,443
Net current assets	56,907	56,907
	<u>58,350</u>	<u>58,350</u>

CP Teens UK
Notes to the Accounts

14 Reconciliation of net debt

	At 1 January	Cash flows	At 31
	2023		December
	£	£	2023
			£
Cash and cash equivalents	50,357	6,550	56,907
	<u>50,357</u>	<u>6,550</u>	<u>56,907</u>
Net debt	<u>50,357</u>	<u>6,550</u>	<u>56,907</u>

CP Teens UK**Statement of Cash flows**

for the year ended 31 December 2023

	2023	2022
	£	£
Cash flows from operating activities		
Net income per Statement of Financial Activities	6,190	1,060
Adjustments for:		
Depreciation of property, plant and equipment	361	451
Dividends, interest and rents from investments	(265)	-
Decrease in trade and other payables	(1)	-
Net cash provided by operating activities	<u>6,285</u>	<u>1,511</u>
Cash flows from investing activities		
Dividends, interest and rents from investments	265	-
Net cash from investing activities	<u>265</u>	<u>-</u>
Net cash from financing activities	<u>-</u>	<u>-</u>
Net increase in cash and cash equivalents	6,550	1,511
Cash and cash equivalents at the beginning of the year	50,357	48,846
Cash and cash equivalents at the end of the year	<u>56,907</u>	<u>50,357</u>
Components of cash and cash equivalents		
Cash and bank balances	56,907	50,357
	<u>56,907</u>	<u>50,357</u>

CP Teens UK

Detailed Statement of Financial Activities

for the year ended 31 December 2023

	Unrestricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Income and endowments from:			
Donations and legacies			
General Donations	13,224	13,224	7,309
	<u>13,224</u>	<u>13,224</u>	<u>7,309</u>
Charitable activities			
Annual Ball	10,074	10,074	12,037
Other Events	1,233	1,233	546
	<u>11,307</u>	<u>11,307</u>	<u>12,583</u>
Other			
Bank interest receivable	265	265	-
	<u>265</u>	<u>265</u>	<u>-</u>
Total income and endowments	24,796	24,796	19,892
Expenditure on:			
Charitable activities			
Annual Ball	5,282	5,282	6,585
Other Events	4,982	4,982	4,663
Merchandise	-	-	13
	<u>10,264</u>	<u>10,264</u>	<u>11,261</u>
Total of expenditure on charitable activities	10,264	10,264	11,261
Premises costs			
Rent	4,048	4,048	2,843
Rates	334	334	246
	<u>4,382</u>	<u>4,382</u>	<u>3,089</u>
General administrative costs, including depreciation and amortisation:			
Depreciation of Equipment	361	361	451
Equipment expensed	61	61	364
General insurances	1,068	1,068	555
Information and publications	1,153	1,153	1,678
Software and IT support	504	504	852
Stationery and printing	457	457	-
Sundry expenses	226	226	54
Telephone, fax and broadband	129	129	129
	<u>3,959</u>	<u>3,959</u>	<u>4,083</u>

CP Teens UK

Detailed Statement of Financial Activities

Legal and professional costs

Other legal and professional costs	-	-	399
	<u>-</u>	<u>-</u>	<u>399</u>
Total of expenditure of other costs	<u>8,341</u>	<u>8,341</u>	<u>7,571</u>
Total expenditure	18,605	18,605	18,832
Net gains on investments	-	-	-
Net income	<u>6,190</u>	<u>6,190</u>	<u>1,060</u>
Net income before other gains/(losses)	6,190	6,190	1,060
Other Gains	-	-	-
Net movement in funds	<u>6,190</u>	<u>6,190</u>	<u>1,060</u>
Reconciliation of funds:			
Total funds brought forward	52,160	52,160	51,100
Total funds carried forward	<u>58,350</u>	<u>58,350</u>	<u>52,160</u>

CP TEENS UK

England & Wales - Charity number 1172105

Accounts

CP Teens UK

Charity No. 1172105

Trustees' Report and Unaudited Accounts

31 December 2022

CP Teens UK
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CP Teens UK
Trustees Annual Report

The trustees present their report with the unaudited financial statements of the charity for the year ended 31 December 2022.

REFERENCE AND ADMINISTRATIVE DETAILS

Charity No. 1172105

Principal Office

Northern Gateway
Saltergate
Chesterfield
Derbyshire
S40 1UT

Trustees

The following trustees served during the year:

Andrew Conneely
Jillian Hitchin
Karen Holland
India Hollingworth
Sarah Humphreys (resigned January 2022)
Timothy Lowe
Deborah Simpson (Chair of Trustees)

Bankers

Natwest
5 Market Place
Chesterfield
S40 1TW
Address Line 5

OBJECTIVES AND ACTIVITIES

The purposes of the charity, as set out in its governing document are the promotion of social inclusion among young people aged 10 to 25 years old with physical disabilities, who are socially excluded from society, or parts of society, because of their disability. To provide help, support and advice for young people with physical disabilities and their families. To provide workshops, forums, advocacy and general support along with recreational facilities and opportunities in the interest of social welfare and improving conditions of life.

Statement of trustees' responsibilities in relation to the financial statements

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the Trust deed. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Throughout 2022, we have worked extremely hard to ensure that the objectives have been met and that our work has been for the public benefit. We have continued to deliver both in-person and online events & activities to cater for all and remain accessible. In writing this report, the Trustees have had to consider the Charity Commission's general guidance on public benefit.

In 2022, CP Teens UK has:

- Delivered various in-person events & initiatives across the country catering for a range of interests. All of our events & initiatives are aimed at bringing young people with physical disabilities together in a social & supportive environment where they feel included and part of a network. In 2022, we delivered:
 - A social day in Sheffield with bowling & a meal
 - A mass 'Have A Go' Day with disability & adapted sports in Sheffield (see below)
 - An adapted dance & pamper afternoon in partnership with The Bobath Centre
 - A Boccia Taster/Talent Day
 - A day at Yorkshire Wildlife Park
 - A Summer Picnic with Giant Garden Games at Chatsworth
 - A day out at London Zoo
 - The CP Teens UK Annual Sponsored Wobble (see below)
 - The CP Teens UK Annual Ball (see below)
 - A Christmas Party in partnership with The Bobath Centre
- Delivered various online events & initiatives enabling youngsters to join in & get involved from wherever they are. Sometimes travel can be problematic for youngsters with physical disabilities & their families, so delivering online makes our charity & services accessible. Youngsters with physical disabilities also often struggle with confidence, so joining in from home in the first instance has shown to provide many youngsters with the confidence to then go on to attend our in-person events & initiatives. In 2022, we delivered:
 - 'Chit & Chat' - an online social initiative where youngsters from across the UK join virtually for an hour of socialising, chat and fun. Originally setup to keep our youngsters connected during lockdown, it quickly became apparent how needed 'Chit & Chat' is for a lot of our youngsters, many of whom are socially isolated as a result of their physical disability. In 2022, we delivered 20 hours of 'Chit & Chat'. One service user said, "I don't really do anything or see anyone outside of school, so Chit & Chat means a lot to me".

CP Teens UK Trustees Annual Report

- Information Workshops in partnership with LiveYou – we delivered a series of 3 information workshops in partnership with LiveYou, a specialist company working from first-hand lived experience of disability to provide physically disabled youngsters with the support packages & tools they need to live independent and autonomous lives. We delivered:
 1. Care Funding & Your Rights
 2. Getting The Best Out Of Your University Experience
 3. PA Recruitment & Managing The Relationship

One parent said, “I have two twins with Cerebral Palsy, both of whom are wanting to go to University next September (and different Universities). It is very stressful. This information is really helpful, thank you”.

- CP Teens UK Virtual Pizza Night – youngsters around the UK received a free pizza kit from CP Teens UK to make 2 pizzas at home. Everyone then shared their pizzas online before eating them. One youngster said, “That was so fun & the kit was brilliant, thank you CP Teens UK!”.
 - No Bangs Bonfire Night – youngsters around the UK received a free pamper pack from CP Teens UK to use on bonfire night to help with/distract from firework bangs, which can be problematic for people with Cerebral Palsy due to the ‘startle reflex’. Online chat & discussion also took place. One youngster said, “I’ve been chilled out for the first time ever on bonfire night, great idea CP Teens UK!”.
 - Peer Support – a trial of one hour group online sessions focussed on mental fitness, personal development and sharing problems/worries.
 - ‘Chat & Chill’ – in line with our age-expansion to put on services for people beyond 25-years, Chat & Chill is the same initiative as ‘Chit & Chat’ but for adult service users.
- Delivered our Annual Ball at the Casa Hotel, Chesterfield. We delivered the exclusive Pre-Ball Party for our ‘CP Teens’ and their accompanying family/friends – this consisted of personalised goodie bags and a complimentary drink for all youngsters, as well as a ‘Magic Mirror’. The main Ball, which is a fundraising event and is open to the general public, was a great success and raised £7,402.10. One family who attended said, “We’ve had a fabulous night, CP Teens UK does great work and gives our daughter such confidence”.
 - ‘Have A Go’ Day, Sheffield – a hugely successful mass disability/adapted sports day funded by Sport England. We hired out the 400m outdoor track & stadium at Sheffield Hallam University and put on a ‘festival-style’ sports & social day. Over 40 people signed up. The following sports were available:
 - Frame Running
 - Wheelchair Racing
 - Ambulant Sprinting
 - Throws – ambulant & seated
 - Cycling
 - Boccia

Sophie Christiansen CBE, Paralympic Champion, attended the day to encourage & inspire participants, as well as to try out the Para Athletics event of Frame Running. Sophie said that “days like this are so important to show and encourage young disabled people”. Sophie is also a freelance reporter for Channel 5; she brought along Channel 5 and did a feature piece on the day for Channel 5 news, which featured on the prime time show 3-weeks later. All participants received a free t-shirt, medal & certificate. In addition to the sporting activities and taster sessions, participants were given the opportunity and were encouraged to socialise with other participants and families. A dedicated ‘social area’ was allocated, emphasising the wider benefits of sport participation, i.e. social and mental health benefits.

- The Sponsored Wobble - a 5k accessible challenge providing the opportunity for youngsters & families to come together, and an opportunity to raise money for CP Teens UK.

CP Teens UK
Trustees Annual Report

- We have continued to work in partnership with likeminded organisations & charities with similar missions and goals. We have also made new partnerships with the following fantastic organisations:
 - The National Bobath Cerebral Palsy Centre
 - LiveYou
 - Jiraffe & Jenx

- Continued to connect and unite physically disabled youngsters in-person and online in a safe and monitored environments, enabling friendships and combating loneliness and social isolation.

- Continued the Ambassador Programme for youngsters 13-25 years old with a physical disability, which provides them with a point of responsibility and with a platform to be positive role models for other youngsters.

FINANCIAL REVIEW

- During the year to 31 December 2022, the charity received income from charitable events and donations of £19,891.
- The charity's overheads comprised £555 Public Liability/Safeguarding insurance, £2,843 rent, £246 non-domestic rates, £1,678 advertising/website, £129 telephone, £364 equipment, £852 administration/data collection and £54 sundry.
- No further fixed assets were purchased during the year. The depreciation charge on existing fixed assets was £451 (20% Reducing Balance)
- At the end of December 2022 the charity held cash funds of £50,357 and fixed assets of £1,804.
- The board of trustees considers the charity to be in a stable financial position to continue as a going concern and focus on delivering the objectives outlined in its governing document.
- The charity does not have any paid employees and has minimal monthly outgoings (premises overheads). As such, a formal Reserves Policy has not yet been established. The trustees will continue to review the situation on a quarterly basis and should the need arise a policy will be formulated.

STRUCTURE, GOVERNANCE AND MANAGEMENT

CP Teens UK is a CIO (Charitable Incorporated Organisation). The charity is controlled by its governing document and its Board of Trustees.

The appointment of trustees follows the procedure outlined in the charity's governing document. The Board of Trustees follow and adhere to the procedure. One third of the trustees stands down on an annual basis and are re-elected by the charity's members (i.e. the trustees).

New trustees undergo a formal induction process; they are provided with the charity's mission, aims and objectives and are provided with a full insight into the charity's work. New trustees are also provided with the charity's policies and code of conducts. All prospective trustees are DBS checked prior to successfully obtaining a role on the Board.

When considering the co-option and recruitment of trustees, the Board has regard to the requirement for ensuring that there is a balance of knowledge and expertise to govern the charity effectively. The Board also is careful to balance the number of parents of young people with disabilities to the number of people who are not parents of young people with disabilities.

Signed on behalf of the charity's trustees:

Deborah Simpson
Chair of Trustees

29 July 2023

CP Teens UK
Statement of Financial Activities

for the year ended 31 December 2022

	Notes	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Income and endowments from:				
Donations and legacies	3	7,309	7,309	3,143
Charitable activities	4	12,583	12,583	14,275
Total		19,892	19,892	17,418
Expenditure on:				
Charitable activities	5	11,261	11,261	6,967
Other	6	7,571	7,571	7,594
Total		18,832	18,832	14,561
Net gains on investments		-	-	-
Net income	7	1,060	1,060	2,857
Transfers between funds		-	-	-
Net income before other gains/(losses)		1,060	1,060	2,857
Other gains and losses				
Net movement in funds		1,060	1,060	2,857
Reconciliation of funds:				
Total funds brought forward		51,100	51,100	48,243
Total funds carried forward		52,160	52,160	51,100

**CP Teens UK
Balance Sheet**

at 31 December 2022

Charity No. 1172105

	2022	2021
	£	£
Fixed assets		
Tangible assets	9 1,803	2,254
	<u>1,803</u>	<u>2,254</u>
Current assets		
Cash at bank and in hand	50,357	48,846
	<u>50,357</u>	<u>48,846</u>
Net current assets	50,357	48,846
Total assets less current liabilities	<u>52,160</u>	<u>51,100</u>
Net assets excluding pension asset or liability	52,160	51,100
	<u>52,160</u>	<u>51,100</u>
Total net assets	<u><u>52,160</u></u>	<u><u>51,100</u></u>
 The funds of the charity		
Restricted funds	10	
Unrestricted funds	10	
General funds	52,160	51,100
	<u>52,160</u>	<u>51,100</u>
Reserves	10	
Total funds	<u><u>52,160</u></u>	<u><u>51,100</u></u>

Approved by the trustees on 29 July 2023

And signed on their behalf by:

Andrew Conneely
Trustee

29 July 2023

for the year ended 31 December 2022

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
Donated services and facilities	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.
Volunteer help	The value of any volunteer help received is not included in the accounts.
Investment income	This is included in the accounts when receivable.
Gains/(losses) on revaluation of fixed assets	This includes any gain or loss resulting from revaluing investments to market value at the end of the year
Gains/(losses) on investment assets	This includes any gain or loss on the sale of investments.

CP Teens UK

Notes to the Accounts

Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from tax on its charitable activities.

Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates to write off each asset over its estimated useful life:

Equipment	20% Reducing Balance
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Freehold investment property

Investment properties are measured initially at cost and subsequently at fair value at each balance sheet date and are not depreciated. All gains or losses are taken to the Statement of Financial Activities as they arise.

Stocks

Stock is included at the lower of cost or net realisable value. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Research and development

Expenditure on research and development is written off in the year in which it is incurred.

Foreign currencies

Monetary assets and liabilities denominated in currencies other than the functional currency of the charity are translated at the rates of exchange prevailing at the end of the reporting period.

Transactions in currencies other than the functional currency of the charity are recorded at the rate of exchange on the date that the transaction occurred.

All exchange differences are taken into account in arriving at net income/expenditure.

Leased assets

Where the charity enters into a lease which entails taking substantially all the risks and rewards of ownership of an asset, the lease is treated as a finance lease.

Leases which do not transfer substantially all the risks and rewards of ownership to charity are classified as operating leases.

Assets held under finance leases are initially recognised as assets of the charity at their fair value at the inception of the lease or, if lower, at the present value of the minimum lease payments. The corresponding liability to the lessor is included in the balance sheet date as a finance lease obligation. Lease payments are apportioned between finance expenses and reduction of the lease obligation so as to achieve a constant rate of interest on the remaining balance of the liability. Finance expenses are recognised immediately, unless they are directly attributable to qualifying assets, in which case they are capitalised in accordance with the charity's policy on borrowing costs.

Assets held under finance leases are depreciated in the same way as owned assets.

Operating lease payments are recognised as an expense on a straight-line basis over the lease term.

In the event that lease incentives are received to enter into operating leases, such incentives are recognised as a liability. The aggregate benefit of incentives is recognised as a reduction of rental expense on a straight-line basis.

Receipt of donated goods, facilities and services

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

2 Statement of Financial Activities - prior year

	Unrestricted funds 2021 £	Total funds 2021 £
Income and endowments from:		
Donations and legacies	3,143	3,143
Charitable activities	14,275	14,275
Total	<u>17,418</u>	<u>17,418</u>
Expenditure on:		
Charitable activities	6,967	6,967
Other	7,594	7,594
Total	<u>14,561</u>	<u>14,561</u>
Net income	<u>2,857</u>	<u>2,857</u>
Net income before other gains/(losses)	2,857	2,857
Other gains and losses:		
Net movement in funds	<u>2,857</u>	<u>2,857</u>
Reconciliation of funds:		
Total funds brought forward	48,243	48,243
Total funds carried forward	<u><u>51,100</u></u>	<u><u>51,100</u></u>

3 Income from donations and legacies

	Unrestricted £	Total 2022 £	Total 2021 £
General Donations	7,309	7,309	3,143
	<u>7,309</u>	<u>7,309</u>	<u>3,143</u>

4 Income from charitable activities

	Unrestricted £	Total 2022 £	Total 2021 £
Annual Ball	12,037	12,037	12,195
Other Events	546	546	2,034
Merchandise	-	-	46
	<u>12,583</u>	<u>12,583</u>	<u>14,275</u>

5 Expenditure on charitable activities

	Unrestricted	Total 2022	Total 2021
	£	£	£
<i>Expenditure on charitable activities</i>			
Annual Ball	6,585	6,585	5,943
Other Events	4,663	4,663	990
Merchandise	13	13	34
	<u>11,261</u>	<u>11,261</u>	<u>6,967</u>

6 Other expenditure

	Unrestricted	Total 2022	Total 2021
	£	£	£
Premises costs	3,089	3,089	3,089
Amortisation, depreciation, impairment, profit/loss on disposal of fixed assets	451	451	564
General administrative	3,632	3,632	2,831
Legal and professional	399	399	1,110
	<u>7,571</u>	<u>7,571</u>	<u>7,594</u>

7 Net income before transfers

	2022	2021
	£	£
This is stated after charging:		
Depreciation of owned fixed assets	451	564

8 Staff costs

There were no employees during the period

9 Tangible fixed assets

	Equipment	Total
	£	£
Cost or revaluation		
At 1 January 2022	6,417	6,417
At 31 December 2022	<u>6,417</u>	<u>6,417</u>
Depreciation and impairment		
At 1 January 2022	4,163	4,163
Depreciation charge for the year	451	451
At 31 December 2022	<u>4,614</u>	<u>4,614</u>
Net book values		
At 31 December 2022	<u>1,803</u>	<u>1,803</u>
At 31 December 2021	<u>2,254</u>	<u>2,254</u>

10 Movement in funds

	At 1 January 2022	Incoming resources (including other gains/losses)	Resources expended	At 31 December 2022
	£	£	£	£
Restricted funds:				
Unrestricted funds:				
General funds	51,100	19,892	(18,832)	52,160
Total funds	<u>51,100</u>	<u>19,892</u>	<u>(18,832)</u>	<u>52,160</u>

11 Analysis of net assets between funds

	Unrestricted funds	Total
	£	£
Fixed assets	1,803	1,803
Net current assets	<u>50,357</u>	<u>50,357</u>
	<u>52,160</u>	<u>52,160</u>

12 Reconciliation of net debt

	At 1 January 2022	Cash flows	At 31 December 2022
	£	£	£
Cash and cash equivalents	48,846	1,511	50,357
	<u>48,846</u>	<u>1,511</u>	<u>50,357</u>
Net debt	<u>48,846</u>	<u>1,511</u>	<u>50,357</u>

CP Teens UK
Statement of Cash flows

for the year ended 31 December 2022

	2022	2021
	£	£
Cash flows from operating activities		
Net income per Statement of Financial Activities	1,060	2,857
Adjustments for:		
Depreciation of property, plant and equipment	451	564
Net cash provided by operating activities	<u>1,511</u>	<u>3,421</u>
Net cash from investing activities	<u>-</u>	<u>-</u>
Net cash from financing activities	<u>-</u>	<u>-</u>
Net increase in cash and cash equivalents	1,511	3,421
Cash and cash equivalents at the beginning of the year	48,846	45,425
Cash and cash equivalents at the end of the year	<u>50,357</u>	<u>48,846</u>
Components of cash and cash equivalents		
Cash and bank balances	50,357	48,846
	<u>50,357</u>	<u>48,846</u>

CP Teens UK
Detailed Statement of Financial Activities

for the year ended 31 December 2022

	Unrestricted		
	funds	Total funds	Total funds
	2022	2022	2021
	£	£	£
Income and endowments from:			
Donations and legacies			
General Donations	7,309	7,309	3,143
	7,309	7,309	3,143
Charitable activities			
Annual Ball	12,037	12,037	12,195
Other Events	546	546	2,034
Merchandise	-	-	46
	12,583	12,583	14,275
Total income and endowments	19,892	19,892	17,418
Expenditure on:			
Charitable activities			
Annual Ball	6,585	6,585	5,943
Other Events	4,663	4,663	990
Merchandise	13	13	34
	11,261	11,261	6,967
Total of expenditure on charitable activities	11,261	11,261	6,967
Premises costs			
Rent	2,843	2,843	2,843
Rates	246	246	246
	3,089	3,089	3,089
General administrative costs, including depreciation and amortisation:			
Depreciation of Equipment	451	451	564
Equipment expensed	364	364	-
General insurances	555	555	856
Information and publications	1,678	1,678	919
Software, IT support and related costs	852	852	504
Stationery and printing	-	-	326
Sundry expenses	54	54	65
Telephone, fax and broadband	129	129	161
	<u>4,083</u>	<u>4,083</u>	<u>3,395</u>
Legal and professional costs			
Other legal and professional costs	399	399	1,110
	<u>399</u>	<u>399</u>	<u>1,110</u>
Total of expenditure of other costs	<u>7,571</u>	<u>7,571</u>	<u>7,594</u>
Total expenditure	18,832	18,832	14,561

CP Teens UK
Detailed Statement of Financial Activities

	Unrestricted Funds 2022	Total Funds 2022	Total Funds 2021
Net gains on investments	-	-	-
Net income	<u>1,060</u>	<u>1,060</u>	<u>2,857</u>
Net income before other gains/(losses)			
Other Gains	-	-	-
Net movement in funds	<u>1,060</u>	<u>1,060</u>	<u>2,857</u>
Reconciliation of funds:			
Total funds brought forward	<u>51,100</u>	<u>51,100</u>	<u>48,243</u>
Total funds carried forward	<u>52,160</u>	<u>52,160</u>	<u>51,100</u>

CP TEENS UK

England & Wales - Charity number 1172105

Accounts

CP Teens UK

Charity No. 1172105

Trustees' Report and Unaudited Accounts

31 December 2021

CP Teens UK
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CP Teens UK
Trustees Annual Report

The trustees present their report with the unaudited financial statements of the charity for the year ended 31 December 2021.

REFERENCE AND ADMINISTRATIVE DETAILS

Charity No. 1172105

Principal Office

Office 7 The Community Hub
East Stand Technique Stadium
Sheffield Road
Chesterfield
S41 8NZ

Trustees

The following trustees served during the year:

Andrew Conneely
Jillian Hitchin
Karen Holland
India Hollingworth
Sarah Humphreys
Timothy Lowe
Deborah Simpson

Bankers

Natwest
5 Market Place
Chesterfield
S40 1TW

OBJECTIVES AND ACTIVITIES

The purposes of the charity, as set out in its governing document are the promotion of social inclusion among young people aged 10 to 25 years old with physical disabilities, who are socially excluded from society, or parts of society, because of their disability. To provide help, support and advice for young people with physical disabilities and their families. To provide workshops, forums, advocacy and general support along with recreational facilities and opportunities in the interest of social welfare and improving conditions of life.

Statement of trustees' responsibilities in relation to the financial statements

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the Trust deed. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Throughout 2021, we have worked extremely hard to ensure that the objectives have been met and that our work has been for the public benefit. Following COVID-19, this year we have slowly started to return to in-person initiatives, whilst still delivering online events & activities in order to cater for all. In writing this report, the Trustees have had to consider the Charity Commission's general guidance on public benefit. During 2021, CP Teens UK has:

- Returned to in-person events from August. We delivered a social get together with a summer picnic and giant garden games in Chatsworth Park, Derbyshire as our first in-person initiative since the pandemic.
- Introduced and delivered our fortnightly 'Chit & Chat' sessions. 'Chit & Chat' is an online social initiative where youngsters from across the UK join virtually for an hour of socialising, chat and fun. Originally setup to keep our youngsters connected during lockdown, it quickly became apparent how needed 'Chit & Chat' is for a lot of our youngsters, many of whom are socially isolated because of their physical disability. In 2021, we delivered 38 hours of 'Chit & Chat'. One parent said, "My daughter really enjoys 'Chit & Chat' and we've seen a big difference in her overall happiness. She has made friends and gets so much out of connecting with others who just 'get it'."
- Delivered our Annual Ball after a 2-year gap due to the pandemic. We delivered the exclusive Pre-Ball Party for our 'CP Teens' and their accompanying family/friends – this consisted of personalised goodie bags and a complimentary drink for all youngsters, as well as a photo booth with props. The main Ball, which is a fundraising event and is open to the public, was a great success and raised £7,077.93. One youngster who attended said "I've had the best night of my life!"
- Delivered various virtual events both because of the pandemic, and to ensure that everyone could get involved. Our virtual events in 2021 included Pizza Night and No Bangs Bonfire Night. Our virtual events consist of youngsters receiving a free themed bundle/kit delivered to their home address and then participating as part of our virtual community at home. For example, for the Pizza Night, youngsters received a pizza kit consisting of dough, sauce, herbs and cheese for them to make a pizza and share the end result in our virtual community
- The Sponsored Wobble returned after being virtual for 2-years. The Sponsored Wobble is a 5k accessible challenge providing the opportunity for youngsters & families to come together, and an opportunity to raise money for CP Teens UK. It was very well attended with participants as young as 4-years-old. An amazing £1,678 was raised.
- We also held a Virtual Sponsored Wobble in April 2021 prior to lockdown restrictions being lifted. Youngsters and their families from Plymouth through to North Yorkshire participated in various ways. £290 was raised for CP Teens UK.

- We have continued to work in partnership with likeminded organisations & charities with similar missions and goals. In February, we hosted an online sports quiz & socialising partnership with Cerebral Palsy Sport for our youngsters and families. The quiz was fully interactive, and all participants received a goodie bag through the post.
- Continued to connect and unite physically disabled youngsters in-person and online in a safe and monitored environments, enabling friendships, and combating loneliness and social isolation.
- Continued the Ambassador Programme for youngsters 13-25 years old with a physical disability, which provides them with a point of responsibility and with a platform to be positive role models for other youngsters.

FINANCIAL REVIEW

- During the year to 31 December 2021, the charity received income from charitable events and donations of £17,417.
- The charity's overheads comprised £856 Public Liability/Safeguarding insurance, £2,843 rent, £246 non-domestic rates, £919 advertising/website, £326 office/stationery, £161 telephone, £504 software and £65 sundry.
- No additional equipment was purchased during the year. The depreciation charge on existing equipment was £564 (20% Reducing Balance)
- At the end of December 2021, the charity held cash funds of £48,846 and other assets of £2,255.
- The board of trustees considers the charity to be in a stable financial position to continue as a going concern and focus on delivering the objectives outlined in its governing document.
- The charity does not have any paid employees and has minimal monthly outgoings (premises overheads). As such, a formal Reserves Policy has not yet been established. The trustees will continue to review the situation on a quarterly basis and should the need arise, a policy will be formulated.

STRUCTURE, GOVERNANCE AND MANAGEMENT

CP Teens UK is a CIO (Charitable Incorporated Organisation). The charity is controlled by its governing document and its Board of Trustees.

The appointment of trustees follows the procedure outlined in the charity's governing document. The Board of Trustees follow and adhere to the procedure. One third of the trustees stands down on an annual basis and are re-elected by the charity's members (i.e. the trustees).

New trustees undergo a formal induction process; they are provided with the charity's mission, aims and objectives and are provided with a full insight into the charity's work. New trustees are also provided with the charity's policies and code of conducts. All prospective trustees are DBS checked prior to successfully obtaining a role on the Board.

When considering the co-option and recruitment of trustees, the Board has regard to the requirement for ensuring that there is a balance of knowledge and expertise to govern the charity effectively. The Board also is careful to balance the number of parents of young people with disabilities to the number of people who are not parents of young people with disabilities.

Signed on behalf of the charity's trustees

Deborah Simpson
Trustee

2 October 2022

CP Teens UK
Statement of Financial Activities

for the year ended 31 December 2021

	Notes	Unrestricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Income and endowments from:				
Donations and legacies	3	3,143	3,143	2,165
Charitable activities	4	14,275	14,275	4,944
Total		17,418	17,418	7,109
Expenditure on:				
Charitable activities	5	6,967	6,967	3,631
Other	6	7,594	7,594	5,232
Total		14,561	14,561	8,863
Net gains on investments		-	-	-
Net income/(expenditure)	7	2,857	2,857	(1,754)
Transfers between funds		-	-	-
Net income/(expenditure) before other gains/(losses)		2,857	2,857	(1,754)
Other gains and losses				
Net movement in funds		2,857	2,857	(1,754)
Reconciliation of funds:				
Total funds brought forward		48,243	48,243	49,997
Total funds carried forward		51,100	51,100	48,243

**CP Teens UK
Balance Sheet**

at 31 December 2021

Charity No. 1172105

	Notes	2021 £	2020 £
Fixed assets			
Tangible assets	9	<u>2,254</u>	<u>2,818</u>
		2,254	2,818
Current assets			
Cash at bank and in hand		<u>48,846</u>	<u>45,425</u>
		48,846	45,425
Net current assets		48,846	45,425
Total assets less current liabilities		<u>51,100</u>	<u>48,243</u>
Net assets excluding pension asset or liability		51,100	48,243
Total net assets		<u><u>51,100</u></u>	<u><u>48,243</u></u>
The funds of the charity			
Restricted funds	10		
Unrestricted funds	10		
General funds		<u>51,100</u>	<u>48,243</u>
		51,100	48,243
Reserves	10		
Total funds		<u><u>51,100</u></u>	<u><u>48,243</u></u>

Approved by the trustees on 2 October 2022

And signed on their behalf by:

Andrew Conneely
Trustee

2 October 2022

for the year ended 31 December 2021

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
Donated services and facilities	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.
Volunteer help	The value of any volunteer help received is not included in the accounts.
Investment income	This is included in the accounts when receivable.
Gains/(losses) on revaluation of fixed assets	This includes any gain or loss resulting from revaluing investments to market value at the end of the year.
Gains/(losses) on investment assets	This includes any gain or loss on the sale of investments.

CP Teens UK

Notes to the Accounts

Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from tax on its charitable activities.

Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Racerunning equipment 20% Reducing Balance

Freehold investment property

Investment properties are measured initially at cost and subsequently at fair value at each balance sheet date and are not depreciated. All gains or losses are taken to the Statement of Financial Activities as they arise.

Stocks

Stock is included at the lower of cost or net realisable value. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

CP Teens UK
Notes to the Accounts

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Research and development

Expenditure on research and development is written off in the year in which it is incurred.

Foreign currencies

Monetary assets and liabilities denominated in currencies other than the functional currency of the charity are translated at the rates of exchange prevailing at the end of the reporting period.

Transactions in currencies other than the functional currency of the charity are recorded at the rate of exchange on the date that the transaction occurred.

All exchange differences are taken into account in arriving at net income/expenditure.

Leased assets

Where the charity enters into a lease which entails taking substantially all the risks and rewards of ownership of an asset, the lease is treated as a finance lease.

Leases which do not transfer substantially all the risks and rewards of ownership to charity are classified as operating leases.

Assets held under finance leases are initially recognised as assets of the charity at their fair value at the inception of the lease or, if lower, at the present value of the minimum lease payments. The corresponding liability to the lessor is included in the balance sheet date as a finance lease obligation. Lease payments are apportioned between finance expenses and reduction of the lease obligation so as to achieve a constant rate of interest on the remaining balance of the liability. Finance expenses are recognised immediately, unless they are directly attributable to qualifying assets, in which case they are capitalised in accordance with the charity's policy on borrowing costs.

Assets held under finance leases are depreciated in the same way as owned assets.

Operating lease payments are recognised as an expense on a straight-line basis over the lease term.

In the event that lease incentives are received to enter into operating leases, such incentives are recognised as a liability. The aggregate benefit of incentives is recognised as a reduction of rental expense on a straight-line basis.

Receipt of donated goods, facilities and services

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

CP Teens UK
Notes to the Accounts

2 Statement of Financial Activities - prior year	Unrestricted funds 2020 £	Total funds 2020 £
Income and endowments from:	2,165	2,165
Donations and legacies	4,944	4,944
Charitable activities	<u>7,109</u>	<u>7,109</u>
Total		
Expenditure on:	3,631	3,631
Charitable activities	5,232	5,232
Other	<u>8,863</u>	<u>8,863</u>
Total	<u>(1,754)</u>	<u>(1,754)</u>
Net income	(1,754)	(1,754)
Net income before other gains/(losses)		
Other gains and losses:	(1,754)	(1,754)
Net movement in funds		
Reconciliation of funds:	49,997	49,997
Total funds brought forward	<u>48,243</u>	<u>48,243</u>
Total funds carried forward		

3 Income from donations and legacies	Unrestricted	Total	Total
	£	£	£
	3,143	3,143	2,165
General Donations	<u>3,143</u>	<u>3,143</u>	<u>2,165</u>

4 Income from charitable activities	Unrestricted	Total	Total
	£	£	£
	12,195	12,195	75
	2,034	2,034	4,869
Annual Ball	46	46	-
Other events	<u>14,275</u>	<u>14,275</u>	<u>4,944</u>
Merchandise			

CP Teens UK
Notes to the Accounts

5 Expenditure on charitable activities	Unrestricted	Total	Total
	£	2021	2020
	£	£	£
<i>Expenditure on charitable activities</i>	5,943	5,943	500
Annual Ball	990	990	3,111
Other Events	34	34	20
Merchandise	<u>6,967</u>	<u>6,967</u>	<u>3,631</u>

6 Other expenditure	Unrestricted	Total	Total
	£	2021	2020
	£	£	£
Premises costs	3,089	3,089	3,089
Amortisation, depreciation, impairment, profit/loss on disposal of fixed assets	564	564	705
General administrative costs	2,831	2,831	1,438
Legal and professional costs	1,110	1,110	-
	<u>7,594</u>	<u>7,594</u>	<u>5,232</u>

7 Net income/(expenditure) before transfers	2021	2020
	£	£
This is stated after charging:	564	705
Depreciation of owned fixed assets		

8 Staff costs
 There were no employees during the period

9 Tangible fixed assets

	Racerunning equipment	Total
	£	£
Cost or revaluation		
At 1 January 2021	6,417	6,417
At 31 December 2021	<u>6,417</u>	<u>6,417</u>
Depreciation and impairment		
At 1 January 2021	3,599	3,599
Depreciation charge for the year	564	564
At 31 December 2021	<u>4,163</u>	<u>4,163</u>
Net book values		
At 31 December 2021	<u>2,254</u>	<u>2,254</u>
At 31 December 2020	<u>2,818</u>	<u>2,818</u>

10 Movement in funds

	At 1 January 2021	Incoming resources (including other gains/losses)	Resources expended	At 31 December 2021
	£	£	£	£
Restricted funds:				
Unrestricted funds:				
General funds	48,243	17,418	(14,561)	51,100
Total funds	<u>48,243</u>	<u>17,418</u>	<u>(14,561)</u>	<u>51,100</u>

11 Analysis of net assets between funds

	Unrestricted funds	Total
	£	£
Fixed assets	2,254	2,254
Net current assets	<u>48,846</u>	<u>48,846</u>
	<u>51,100</u>	<u>51,100</u>

CP Teens UK
Notes to the Accounts

12 Reconciliation of net debt

	At 1 January		At 31
	2021	Cash flows	December
	£	£	2021
			£
Cash and cash equivalents	45,425	3,421	48,846
	<u>45,425</u>	<u>3,421</u>	<u>48,846</u>
Net debt	<u>45,425</u>	<u>3,421</u>	<u>48,846</u>

CP Teens UK
Statement of Cash flows

for the year ended 31 December 2021

	2021	2020
	£	£
Cash flows from operating activities		
Net income/(expenditure) per Statement of Financial Activities	2,857	(1,754)
Adjustments for:		
Depreciation of property, plant and equipment	564	705
Net cash provided by/(used in) operating activities	<u>3,421</u>	<u>(1,049)</u>
Net cash from investing activities	<u>-</u>	<u>-</u>
Net cash from financing activities	<u>-</u>	<u>-</u>
Net increase/(decrease) in cash and cash equivalents	3,421	(1,049)
Cash and cash equivalents at the beginning of the year	45,425	46,474
Cash and cash equivalents at the end of the year	<u>48,846</u>	<u>45,425</u>
Components of cash and cash equivalents		
Cash and bank balances	48,846	45,425
	<u>48,846</u>	<u>45,425</u>

CP Teens UK
Detailed Statement of Financial Activities

for the year ended 31 December 2021

	Unrestricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Income and endowments from:			
Donations and legacies			
General Donations	3,143	3,143	2,165
	<u>3,143</u>	<u>3,143</u>	<u>2,165</u>
Charitable activities			
Annual Ball	12,195	12,195	75
Other Events	2,034	2,034	4,869
Merchandise	46	46	-
	<u>14,275</u>	<u>14,275</u>	<u>4,944</u>
Total income and endowments	17,418	17,418	7,109
Expenditure on:			
Charitable activities			
Annual Ball	5,943	5,943	500
Other Events	990	990	3,111
Merchandise	34	34	20
	<u>6,967</u>	<u>6,967</u>	<u>3,631</u>
Total of expenditure on charitable activities	6,967	6,967	3,631
Premises costs			
Rent	2,843	2,843	2,843
Rates	246	246	246
	<u>3,089</u>	<u>3,089</u>	<u>3,089</u>
General administrative costs, including depreciation and amortisation:			
Depreciation of Racerunning equipment	564	564	705
General insurances	856	856	409
Advertising and website costs	919	919	793
Software, IT support and related costs	504	504	-
Stationery and printing	326	326	7
Sundry expenses	65	65	7
Telephone, fax and broadband	161	161	222
	<u>3,395</u>	<u>3,395</u>	<u>2,143</u>
Legal and professional costs			
Other legal and professional costs	1,110	1,110	-
	<u>1,110</u>	<u>1,110</u>	<u>-</u>
Total of expenditure of other costs	7,594	7,594	5,232

CP Teens UK
Detailed Statement of Financial Activities

Total expenditure	14,561	14,561	8,863
Net gains on investments	-	-	-
Net income/(expenditure)	<u>2,857</u>	<u>2,857</u>	<u>(1,754)</u>
Net income/(expenditure) before other gains/(losses)	<u>2,857</u>	<u>2,857</u>	<u>(1,754)</u>
Other Gains	<u>-</u>	<u>-</u>	<u>-</u>
Net movement in funds	<u>2,857</u>	<u>2,857</u>	<u>(1,754)</u>
Reconciliation of funds:			
Total funds brought forward	48,243	48,243	49,997
Total funds carried forward	<u><u>51,100</u></u>	<u><u>51,100</u></u>	<u><u>48,243</u></u>

CP TEENS UK

England & Wales - Charity number 1172105

Accounts

CP Teens UK

Charity No. 1172105

Trustees' Report and Unaudited Accounts

31 December 2020

CP Teens UK
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CP Teens UK
Trustees Annual Report

The Trustees present their report with the unaudited financial statements of the charity for the year ended 31 December 2020.

REFERENCE AND ADMINISTRATIVE DETAILS

Charity No. 1172105

Principal Office

Office 7 The Community Hub
East Stand Technique Stadium
Sheffield Road
Chesterfield
S41 8NZ

Trustees

The following Trustees served during the year:

Andrew Conneely
Jillian Hitchin
Karen Holland
India Hollingworth
Sarah Humphreys
Timothy Lowe
Deborah Simpson
Eleanor Simpson

Bankers

Natwest
5 Market Place
Chesterfield

OBJECTIVES AND ACTIVITIES

The purposes of the charity, as set out in its governing document are the promotion of social inclusion among young people aged 10 to 25 years old with physical disabilities, who are socially excluded from society, or parts of society, as a result of their disability. To provide help, support and advice for young people with physical disabilities and their families. To provide workshops, forums, advocacy and general support along with recreational facilities and opportunities in the interest of social welfare and improving conditions of life.

Statement of trustees' responsibilities in relation to the financial statements

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the Trust deed. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Throughout 2020, we have worked extremely hard to ensure that the objectives have been met and that our work has been for the public benefit. In writing this report, the Trustees have had to consider the Charity Commission's general guidance on public benefit. In 2020, CP Teens UK has worked with 'Help, Hope, Inspiration and Friendship' at its core and with the challenges of the Covid-19 pandemic. In March 2020, CP Teens UK went fully virtual but kept its service users connected, engaged & supported. During 2020, CP Teens UK has:

- Provided 2 'in-person' social events (January and early March, prior to lockdown). These were the heavily over-subscribed Bowling event followed by a meal in Sheffield (as part of the 'Social Series') and the annual Quiz. The Social Series was planned to continue around the UK throughout the year, including Glasgow, London & Plymouth, but unfortunately had to be cancelled due to Covid-19.
- Put on & delivered the Virtual Sponsored Wobble. Unfortunately, the 'real' Sponsored Wobble had to be cancelled due to Covid-19. However, the Virtual Sponsored Wobble was a huge success with youngsters & their families participating within their household bubbles across the UK at the same time. The challenge was adapted to any distance, however possible or however participants chose to do it. From tricycles, to cross running machines, to RaceRunners, over 15 youngsters and families joined in across the UK and over £4,000 was raised for CP Teens UK.
- Provided over 36 hours of interactive virtual socialising throughout lockdown with the initiative 'Coffee & Chat' in partnership with CP Sport. These were informal, chatty sessions every Thursday morning via Zoom for an hour & a half at a time. Special guests were also invited & attended each week, including Paralympians.
- Provided a weekly lockdown quiz with a prize each week. The prize always had lockdown in mind, e.g. a JustEat voucher or a chocolate hamper delivered to the winner's door, to keep service users engaged & spirits up.
- Put on 'Paint Your Own...' Day – service users were sent ceramic kits of their choice and everyone painted together virtually and a gallery was shared at the end of the day to the public.
- Put on the CP Teens UK Bake Off – service users were invited to bake something of their choice at home and send in photos, their recipe and their method over a 2-day period. All entries (with permission) were shared on CP Teens UK official social media as they came in. All entries were sent to a judging panel who then selected the top 3. The top 3 were then put to a public vote in a live 'results show' and the CP Teens UK Bake Off Winner was crowned.

CP Teens UK Trustees Annual Report

- Put on & delivered the CP Teens UK Virtual Award Ceremony – hosted by Ellie Simpson & Chloe Tear, and judged by the Board of Trustees, the ceremony recognised inspiring individuals. 82 people formed the virtual audience and 14 awards were ‘presented’ to deserving recipients, many of whom were service users. All award winners were sent a personalised engraved trophy.
- Loaned out a RaceRunner to Tobias Weller – ‘Captain Tobias’ was headline news when he completed a mighty marathon for charity during lockdown. CP Teens UK made it possible by hiring out a RaceRunner and the relevant equipment.
- Put on CP Teens UK Virtual Halloween – this included a fancy dress competition with different categories and a Halloween paint ceramic kit activity.
- Put on ‘#NoBangs Bonfire Night’ – due to an under developed moro reflex, people with Cerebral Palsy startle very easily and this can make Bonfire Night stressful & challenging. CP Teens UK sent out pamper packs and had online discussion & interactions to try and distract from the fireworks. The initiative was hugely popular and appreciated, as well as being heavily oversubscribed. We decided to double our capacity from 25 youngsters to 50 and they were UK wide.
- Put on the ‘Winter Warmer’ Cooking Competition – service users were invited to cook a dish of their choice at home and enter it into the CP Teens UK ‘Winter Warmer’ Competition. The entries were fantastic and included Hungarian Spiced Hot Chocolate, Winter Vegetable Bake and Belgian Chocolate Cookies.
- Put on ‘Paint Your Own Bauble’ Day – service users were sent plain baubles and paint sets. Everyone painted together virtually, and a gallery was shared at the end of the day with the public.
- Continued to connect and unite physically disabled youngsters online in a safe and monitored environment, enabling friendships, and combating loneliness and social isolation.
- Continued the Ambassador Programme for youngsters 13-25 years old with a physical disability, which provides them with a point of responsibility and with a platform to be positive role models for other youngsters.

FINANCIAL REVIEW

- During the year to 31 December 2020, the charity received income from charitable events and donations of £7,109.
- The charity's overheads comprised £409 Public Liability insurance, £2,843 rent, £246 non-domestic rates, £793 advertising/website, £7 printing & stationery, £222 telephone and £7 sundry.
- No additional equipment was purchased during the year. The depreciation charge on existing equipment was £705 (20% Reducing Balance)
- At the end of December 2020 the charity held cash funds of £45,425 and other assets of £2,818.
- The board of trustees considers the charity to be in a stable financial position to continue as a going concern and focus on delivering the objectives outlined in its governing document.

The charity does not have any paid employees and has minimal monthly outgoings (premises overheads). As such, a formal Reserves Policy has not yet been established. The trustees will continue to review the situation on a quarterly basis and should the need arise a policy will be formulated.

CP Teens UK
Trustees Annual Report

STRUCTURE, GOVERNANCE AND MANAGEMENT

CP Teens UK is a CIO (Charitable Incorporated Organisation). The charity is controlled by its governing document and its Board of Trustees.

The appointment of trustees follows the procedure outlined in the charity's governing document. The Board of Trustees follow and adhere to the procedure. One third of the trustees stands down on an annual basis and are re-elected by the charity's members (i.e. the trustees).

New trustees undergo a formal induction process; they are provided with the charity's mission, aims and objectives and are provided with a full insight into the charity's work. New trustees are also provided with the charity's policies and code of conducts. All prospective trustees are DBS checked prior to successfully obtaining a role on the Board.

When considering the co-option and recruitment of trustees, the Board has regard to the requirement for ensuring that there is a balance of knowledge and expertise to govern the charity effectively. The Board is also careful to balance the number of parents of young people with disabilities to the number of people who are not parents of young people with disabilities.

Signed on behalf of the charity's trustees

Deborah Simpson
Trustee

30 September 2021

CP Teens UK
Statement of Financial Activities

for the year ended 31 December 2020

	Notes	Unrestricted funds 2020 £	Total funds 2020 £	Total funds 2019 £
Income and endowments from:				
Donations and legacies	3	2,165	2,165	1,882
Charitable activities	4	4,944	4,944	14,944
Total		7,109	7,109	16,826
Expenditure on:				
Charitable activities	5	3,631	3,631	7,357
Other	6	5,232	5,232	2,531
Total		8,863	8,863	9,888
Net gains on investments		-	-	-
Net (expenditure)/income	7	(1,754)	(1,754)	6,938
Transfers between funds		-	-	-
Net (expenditure)/income before other gains/(losses)		(1,754)	(1,754)	6,938
Other gains and losses				
Net movement in funds		(1,754)	(1,754)	6,938
Reconciliation of funds:				
Total funds brought forward		49,997	49,997	43,059
Total funds carried forward		48,243	48,243	49,997

**CP Teens UK
Balance Sheet**

at 31 December 2020

Charity No. 1172105

	2020	2019
	£	£
Fixed assets		
Tangible assets	9 2,818	3,523
	<u>2,818</u>	<u>3,523</u>
Current assets		
Cash at bank and in hand	45,425	46,474
	<u>45,425</u>	<u>46,474</u>
Net current assets	45,425	46,474
Total assets less current liabilities	48,243	49,997
Net assets excluding pension asset or liability	<u>48,243</u>	<u>49,997</u>
Total net assets	<u><u>48,243</u></u>	<u><u>49,997</u></u>
The funds of the charity		
Restricted funds	10	
Unrestricted funds	10	
General funds	48,243	49,997
	<u>48,243</u>	<u>49,997</u>
Reserves	10	
Total funds	<u><u>48,243</u></u>	<u><u>49,997</u></u>

Approved by the trustees on 30 September 2021

And signed on their behalf by:

Andrew Conneely
Trustee

30 September 2021

CP Teens UK
Notes to the Accounts

for the year ended 31 December 2020

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Change in basis of accounting or to previous accounts

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Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
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Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
Donated services and facilities	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.
Volunteer help	The value of any volunteer help received is not included in the accounts.
Investment income	This is included in the accounts when receivable.
Gains/(losses) on revaluation of fixed assets	This includes any gain or loss resulting from revaluing investments to market value at the end of the year.
Gains/(losses) on investment assets	This includes any gain or loss on the sale of investments.

CP Teens UK
Notes to the Accounts

Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from tax on its charitable activities.

Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Racerunning equipment	20% Reducing Balance
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Freehold investment property

Investment properties are measured initially at cost and subsequently at fair value at each balance sheet date and are not depreciated. All gains or losses are taken to the Statement of Financial Activities as they arise.

Stocks

Stock is included at the lower of cost or net realisable value. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

CP Teens UK
Notes to the Accounts

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Research and development

Expenditure on research and development is written off in the year in which it is incurred.

Foreign currencies

Monetary assets and liabilities denominated in currencies other than the functional currency of the charity are translated at the rates of exchange prevailing at the end of the reporting period.

Transactions in currencies other than the functional currency of the charity are recorded at the rate of exchange on the date that the transaction occurred.

All exchange differences are taken into account in arriving at net income/expenditure.

Leased assets

Where the charity enters into a lease which entails taking substantially all the risks and rewards of ownership of an asset, the lease is treated as a finance lease.

Leases which do not transfer substantially all the risks and rewards of ownership to charity are classified as operating leases.

Assets held under finance leases are initially recognised as assets of the charity at their fair value at the inception of the lease or, if lower, at the present value of the minimum lease payments. The corresponding liability to the lessor is included in the balance sheet date as a finance lease obligation. Lease payments are apportioned between finance expenses and reduction of the lease obligation so as to achieve a constant rate of interest on the remaining balance of the liability. Finance expenses are recognised immediately, unless they are directly attributable to qualifying assets, in which case they are capitalised in accordance with the charity's policy on borrowing costs.

Assets held under finance leases are depreciated in the same way as owned assets.

Operating lease payments are recognised as an expense on a straight-line basis over the lease term.

In the event that lease incentives are received to enter into operating leases, such incentives are recognised as a liability. The aggregate benefit of incentives is recognised as a reduction of rental expense on a straight-line basis.

Pension costs

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the charity pays fixed contributions into a separate entity. Once the contributions have been paid the charity has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the charity in independently administered funds.

Receipt of donated goods, facilities and services

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

CP Teens UK
Notes to the Accounts

2 Statement of Financial Activities - prior year

Income and endowments from:	2019	2019
Donations and legacies		
Charitable activities	£	£
Total	1,882	1,882
Expenditure on:	14,944	14,944
Charitable activities	<u>16,826</u>	<u>16,826</u>
Other		
Total	7,357	7,357
Net income	2,532	2,532
Net income before other gains/(losses)	<u>9,889</u>	<u>9,889</u>
Other gains and losses:	<u>6,937</u>	<u>6,937</u>
Net movement in funds	6,937	6,937
Reconciliation of funds:		
Total funds brought forward	<u>6,937</u>	<u>6,937</u>
Total funds carried forward		
Unrestricted funds	43,059	43,059
Total funds	<u><u>49,996</u></u>	<u><u>49,996</u></u>

3 Income from donations and legacies

	Unrestricted	Total	Total
		2020	2019
	£	£	£
General Donations	<u>2,165</u>	<u>2,165</u>	<u>1,882</u>
	<u><u>2,165</u></u>	<u><u>2,165</u></u>	<u><u>1,882</u></u>

4 Income from charitable activities

	Unrestricted	Total	Total
		2020	2019
	£	£	£
Annual Ball	75	75	14,010
Other	<u>4,869</u>	<u>4,869</u>	<u>934</u>
	<u><u>4,944</u></u>	<u><u>4,944</u></u>	<u><u>14,944</u></u>

CP Teens UK
Notes to the Accounts

5 Expenditure on charitable activities	Unrestricted	Total 2020	Total 2019
	£	£	£
<i>Expenditure on charitable activities:</i>	500	500	6,048
Annual Ball	3,111	3,111	1,309
Other	20	20	-
Merchandise	<u>3,631</u>	<u>3,631</u>	<u>7,357</u>

6 Other expenditure	Unrestricted	Total 2020	Total 2019
	£	£	£
	3,089	3,089	233
Premises costs			
Amortisation, depreciation, impairment, profit/loss on disposal of fixed assets	705	705	881
General administrative costs	1,438	1,438	1,057
Legal and professional costs	-	-	360
	<u>5,232</u>	<u>5,232</u>	<u>2,531</u>

7 Net (expenditure)/income before transfers	2020	2019
	£	£

This is stated after charging:

Depreciation of owned fixed assets	705	881
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8 Staff costs

There were no employees during the period

CP Teens UK
Notes to the Accounts

9 Tangible fixed assets

	Racerunning equipment	Total
	£	£
Cost or revaluation		
At 1 January 2020	6,417	6,417
At 31 December 2020	<u>6,417</u>	<u>6,417</u>
Depreciation and impairment		
At 1 January 2020	2,894	2,894
Depreciation charge for the year	705	705
At 31 December 2020	<u>3,599</u>	<u>3,599</u>
Net book values		
At 31 December 2020	<u>2,818</u>	<u>2,818</u>
At 31 December 2019	<u>3,523</u>	<u>3,523</u>

10 Movement in funds

	At 1 January 2020	Incoming resources (including other gains/losses)	Resources expended	At 31 December 2020
	£	£	£	£
Restricted funds:				
Unrestricted funds:				
General funds	49,997	7,109	(8,863)	48,243
Revaluation Reserves:				
Total funds	<u>49,997</u>	<u>7,109</u>	<u>(8,863)</u>	<u>48,243</u>

11 Analysis of net assets between funds

	Unrestricted funds	Total
	£	£
Fixed assets	2,818	2,818
Net current assets	45,425	45,425
	<u>48,243</u>	<u>48,243</u>

CP Teens UK
Notes to the Accounts

12 Reconciliation of net debt

	At 1 January		At 31
	2020	Cash flows	December
	£	£	2020
			£
Cash and cash equivalents	46,474	(1,049)	45,425
	46,474	(1,049)	45,425
Net debt	46,474	(1,049)	45,425

CP Teens UK
Statement of Cash flows

for the year ended 31 December 2020

	2020	2019
	£	£
Cash flows from operating activities		
Net (expenditure)/income per Statement of Financial Activities	(1,754)	6,937
Adjustments for:		
Depreciation of property, plant and equipment	705	881
Decrease in trade and other receivables	-	500
Net cash (used in)/provided by operating activities	<u>(1,049)</u>	<u>8,318</u>
Net cash from investing activities	<u>-</u>	<u>-</u>
Net cash from financing activities	<u>-</u>	<u>-</u>
Net (decrease)/increase in cash and cash equivalents	(1,049)	8,318
Cash and cash equivalents at the beginning of the year	46,474	38,156
Cash and cash equivalents at the end of the year	<u>45,425</u>	<u>46,474</u>
Components of cash and cash equivalents		
Cash and bank balances	45,425	46,474
	<u>45,425</u>	<u>46,474</u>

CP Teens UK
Detailed Statement of Financial Activities

for the year ended 31 December 2020

	Unrestricted funds 2020 £	Total funds 2020 £	Total funds 2019 £
Income and endowments from:			
Donations and legacies			
General Donations	2,165	2,165	1,882
	<u>2,165</u>	<u>2,165</u>	<u>1,882</u>
Charitable activities			
Annual Ball	75	75	14,010
Other Events	4,869	4,869	934
	<u>4,944</u>	<u>4,944</u>	<u>14,944</u>
Total income and endowments	7,109	7,109	16,826
Expenditure on:			
Charitable activities			
Annual Ball	500	500	6,048
Other Events	3,111	3,111	1,309
Merchandise	20	20	-
	<u>3,631</u>	<u>3,631</u>	<u>7,357</u>
Total of expenditure on charitable activities	3,631	3,631	7,357
Premises costs			
Rent	2,843	2,843	-
Rates	246	246	233
	<u>3,089</u>	<u>3,089</u>	<u>233</u>
General administrative costs, including depreciation and amortisation:			
Depreciation of Racerunning equipment	705	705	881
General insurances	409	409	409
Information and publications	793	793	407
Stationery and printing	7	7	72
Sundry expenses	7	7	131
Telephone, fax and broadband	222	222	38
	<u>2,143</u>	<u>2,143</u>	<u>1,938</u>
Legal and professional costs			
Audit/Independent examination fees	-	-	360
	<u>-</u>	<u>-</u>	<u>360</u>
Total of expenditure of other costs	<u>5,232</u>	<u>5,232</u>	<u>2,531</u>
Total expenditure	8,863	8,863	9,888
Net gains on investments	-	-	-
Net (expenditure)/income	<u>(1,754)</u>	<u>(1,754)</u>	<u>6,938</u>

CP Teens UK
Detailed Statement of Financial Activities
for the year ended 31 December 2020

Net (expenditure)/income before other gains/(losses)	(1,754)	(1,754)	6,938
Other Gains	-	-	-
Net movement in funds	<u>(1,754)</u>	<u>(1,754)</u>	<u>6,938</u>
Reconciliation of funds:			
Total funds brought forward	49,997	49,997	43,059
Total funds carried forward	<u><u>48,243</u></u>	<u><u>48,243</u></u>	<u><u>49,997</u></u>