

FOREST HARVEST

Woodmill Workshop, Dunstall Lane, Hadley End, Yoxall, Staffordshire. DE13 8PG

Telephone: 07802 401995 Email: info@forestharvest.co.uk

Registered Charity Number 1172085

Trustees' Annual Report

period 01.10.22 to 30.09.2023

The **charity objects:** to advance the education of the public, particularly in the West Midlands, in subjects related to sustainable development and the protection, enhancement and rehabilitation of the environment by the provision of workshops, advice and support about the promotion of sustainable living using technology and good practice.

Notes to the accounts:

Receipts: Grants were down on last year with only two received, 'Top Cashback' £500 for kitchen, and 'Lichfield City Council' £150 for a circular flower bed at the Curborough Community Centre.

Income from courses was up this year as were the course costs.

Payments:

With less capital projects most costs were down on last year. A provision of £400 has been made for any outstanding electricity payments. The Top Cashback kitchen was completed along with the micro-anaerobic digester to demonstrate a method of creating energy through technology.

Other improvements were to build a mobile library to hold reference books given by the community and better harvesting of the grey water.



Pic1. Working on the anaerobic digester

Achievements:

Alongside the mobile library, micro-AD plant and kitchen, a poly-tunnel has also been erected for all weather work and a longer gardening season. A saxifrage-house leek green roof is being propagated.



The Community Bloom Group has used the poly-tunnel and have also made improvements to the garden; new perennial carpark-border, vegetable bed; Sensory Garden.

The sensory garden has been designed by a local resident and started this year; it is slow-grow by design with 5 years to completion.

Pic2. Harvesting and sharing from the garden

The eco-therapy courses continue with excellent results in improving mental health thanks to the help of Burton and District Mind. The content has been improved to include more crafts and Forest Bathing, a Japanese style of meditation in nature.

These techniques have been used with other groups such as 'Open door for hope'.



Pic3. Ecotherapy

Aquaponics using coy carp has yielded good crops of watercress & herbs, but experiments with the aquariums has been less successful due to temperatures fluctuations. Research into small terrariums continues.

Our outwork volunteering continues at Dovehouse and the Festival Gardens in Lichfield



CHARITY COMMISSION
FOR ENGLAND AND WALES

FOREST HARVEST

1172085

Receipts and payments accounts

CC16a

For the period
from

01.10.22.

To

30.09.23.

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
DONATIONS	252	-	-	252	2,242
PRODUCT SALES	90	-	-	90	311
BRANTS	650	-	-	650	11,567
COURSES	2,817	-	-	2,817	818
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	3,809	-	-	3,809	14,938
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	3,809	-	-	3,809	14,938
A3 Payments					
RENT	1	-	-	1	1
INSURANCE	107	-	-	107	107
WATER	114	-	-	114	86
ELECTRICITY	-	-	-	-	637
OTHER	176	-	-	176	3,461
IMPROVEMENTS	2,232	-	-	2,232	8,627
PLANTS	326	-	-	326	913
STATIONARY	166	-	-	166	10
COST OF COURSES	1,198	-	-	1,198	826
Sub total	4,320	-	-	4,320	14,668
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	4,320	-	-	4,320	14,668
Net of receipts/(payments)	- 511	-	-	- 511	270
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	985	-	-	985	715
Cash funds this year end	474	-	-	474	985

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	CASH AND BANK	474		
		-	-	-
		-	-	-
	Total cash funds	474		
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details			
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	ELECTRICITY		400	01 January 2024
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	